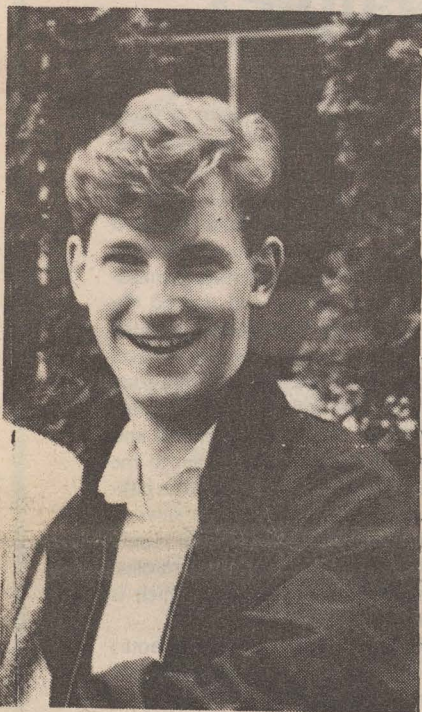


Sept/86

# ORIENTATION DISPATCH

## A service of the Dalhousie Student Union

### The Pres says . . .



Dear new and returning students:

On behalf of the Dalhousie Student Union — Welcome! Sandra Bell, our Vice-President, Sean Casey, our Treasurer, and many other student councillors, committee members and staff have been working together all summer long to make your year at Dal a happy and prosperous one. Our student senators and Board of Governor representatives are prepared to effectively and efficiently represent your interests on the two university governing bodies.

As well, the orientation committee has been hard at work putting together what may very well be the best frosh week ever! So make sure you take in the events planned and have some fun.

In closing, I hope everyone has a great year and remember, we are here for you, so come and see us sometime.

Sincerely,  
Jamie MacMullin  
President  
Dalhousie Student Union

### And from the Vice . . .



Greetings from the world of societies, services and the SUB. We have a great year planned for you. Keep your eyes peeled and hold onto your hats, 'cause once September starts there's no stopping 'Campus Activities Unlimited.' Get your hands on your Campus Activities poster calendar which is chock-full of events and activities to keep you busy outside the classroom. Don't miss any of it, because these are all great Dal events.

There are almost 150 clubs and societies available on campus. There are bound to be one or two of them that are just right for you. So join the majority and get involved.

In the SUB we have CKDU radio, 97.5 on your FM dial, for you to listen to, Dal Photo and the Dal Gazette for you to get involved in, as well as our Grawood Lounge and Garden Cafeteria. The cafeteria has undergone major renovations this summer, so we hope the new atmosphere is one you like. As well, keep your eyes on the look-out for the LED light board in the cafeteria for events and advertising. It's new and exciting for everyone.

If you need anything through the year, please come up to the council offices and say hello to Jamie and myself and Sean, your Treasurer. There are a lot of councillors who would like to hear from you. Jamie and I will be spending our year promoting the DSU and all that it has to offer, both academically and socially. Welcome to your university.

Sandra Bell  
Executive Vice President  
Dalhousie Student Union

## Off Campus Frosh Squad

When you walk into Downtown Dalhousie (on Tuesday, Sept. 2nd, 1-4 p.m., or Wednesday, Sept. 3rd, 10 a.m.-4 p.m.), you won't be able to miss the Off Campus Frosh Squad booth. And it's there for one reason: To get you (that's the first-year students from Halifax-Dartmouth) involved.

Traditionally, the residences on Dalhousie campus have had frosh squads consisting of senior students who are familiar with the ins and outs of Orientation Week. Frosh Squadders make sure their Frosh get out to all the events including the 5:00 a.m. city walk (the morning after the first inter-residence dance) and give out advice and just plain fun.

This year, the Orientation Committee is making a special effort to include First Years from Metro in Orientation, your first big week on campus. We decided to try the same approach that has been so successful in residence — the Frosh Squad. The Off Campus Frosh Squad is made up of second- and third-year students. Some have been in residence and their frosh squads in previous years; some are from Metro. Wherever we are from, we've all been through the trials and tribulations of Orientation Week. Through the summer, the Squad mailed personal letters to all those Halifax-Dartmouth frosh who registered prior to June 24.

The Off Campus Frosh Squad will be at all the fun-filled events of this jam-packed Orientation Week but will be especially noticeable at the Beach Party, Shinerama, and Alumni Afternoon. And, of course, there'll be the OCFS booth at Downtown Dalhousie.

If you want to meet people, incoming frosh just like you, and participate in the events of the week to the max, join the Off Campus Frosh Squad.

Your health plan — it's not junk mail!

In the very near future, Dal students will be receiving, in the mail, information and a certificate of insurance with a policy number of your student health plan. Do not throw this information away. It is not junk mail and it is already paid for. \$20 of your \$100 Student Union fee goes towards this plan. It is to your benefit to read the material and understand the benefits available from this plan.

The Reliable Life Insurance Company, in cooperation with M.H. Ingle and Associates, have put together an extensive plan that we believe is the best for Dalhousie students. Ingle Insurance is a well-established broker company that has been serving Dalhousie students for almost 10 years. We are pleased with the service we have received from them at a very reasonable premium price. The following are some of the highlights from the plan:

- full reimbursement for prescription drugs (minus \$1.00)
- \$5000 out-of-Canada coverage, 24 hours per day, anywhere in the world
- \$50 per wisdom tooth extracted
- \$1000 for dental accident
- family coverage
- 1 eye examination
- and much more

This plan is effective from September 1st to August 31st of the next year. If you do not receive any information on this plan by late September or early October, come up to room 222 of the SUB. We have a listing of all Dal students and their policy number, plus brochures on the plan itself. The Ingles company also have a toll-free number if you have any questions you would like to ask directly to their company in Toronto. The number is 1-800-268-9059.

If you have any further questions about the plan, coverage or how to claim the benefits, please do not hesitate to call the council office at 424-2146 and ask for Sandra Bell or Andrew Beckett, or you can come up to the office yourself and ask one of the secretaries to look up your policy number.

We hope everyone has a healthy and safe year, but accidents and illness happen. We are sure that you are glad that this plan is available for you . . . just in case.

# ICEBREAKER '86

featuring

## PLAYFAIR

plus

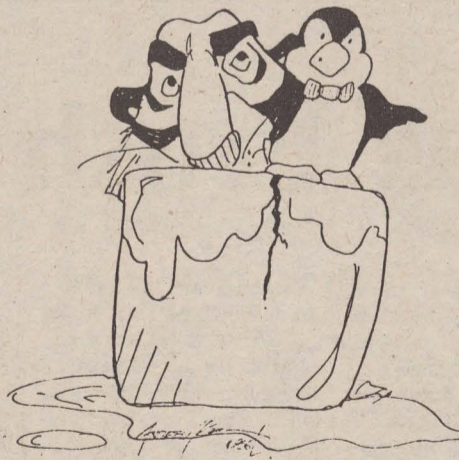
## Rollerskating and Casino

### Absolutely Free

### Tuesday, Sept. 2nd

### at Dalplex

### 8:00 p.m.



For those of you still looking, you are probably aware of the Metro area's problem with student housing. But don't panic. We are here to help. If you need help in your search for housing, come and see us on the main floor of the SUB in the Housing Office of give us a call at 424-3831. You can also come in and pick up a copy of the Housing Guide, which gives you eight pages of helpful hints and information to make your housing search a little easier. Pick up a copy in our office and don't give up. Come and see us for help and we'll do our best to help you get settled.

**ICEBREAKER '86!**  
Want to meet a lot of people? Icebreaker '86 is a completely unique way of doing just that. There is **PLAYFAIR**, **ROLLERSKATING** and a **CASINO!** Come and join the fun and find out what it's all about.

**SEE YOU SEPTEMBER 2nd!**

## The Dalplex

Dalplex opened in the fall of 1979. It has a total of 180,000 square feet of activity space, which includes an Olympic-size pool, squash and racketball courts and a 50,000-square-foot fieldhouse. The fieldhouse is used for almost any kind of activity, such as golf lessons, fitness classes, basketball and volleyball games, tennis, gymnastics and weightlifting. Above and around the outside of the fieldhouse is an indoor running track which has a special polyurethane surface. Six laps around the track is a mile — if that gives you some idea of the size of the building. Dalplex was designed for use of Dal students, staff and faculty and alumni, but it is also open to the public (Halifax community). Dalplex offers babysitting services, lounging areas, towel services and saunas in the locker rooms. The roof is only 1/16 of an inch thick and is made of stainless steel. It is supported by air pressure which is supplied by fans.

For more information about the facility, hours of operation, and varsity and intramural programs, please call them at 424-3372.

### YOUR OFFICIAL "DAL WELCOME"

—Thursday Morning—

The Welcome Show — "Making It" — starts at 9:45 a.m. in the Rebecca Cohn at the Arts Centre

Orientation Convocation — 11:00 a.m. followed by Lunch on the boulevard at noon.

What does your Student Union Fee go towards?

\$35.50 . . . . . General Income for Operations  
\$20.00 . . . . . Student Health Plan Insurance  
\$15.00 . . . . . Contribution to Capital Campaign  
\$10.00 . . . . . Capital Payback for Student Union Building \$9.00 . . . . . CKDU-FM  
\$4.50 . . . . . Yearbook Fee  
\$4.00 Canadian Federation of Students Membership \$1.50 Students' Union of Nova Scotia Membership \$.50 . . . . . Course Evaluation

\$100.00

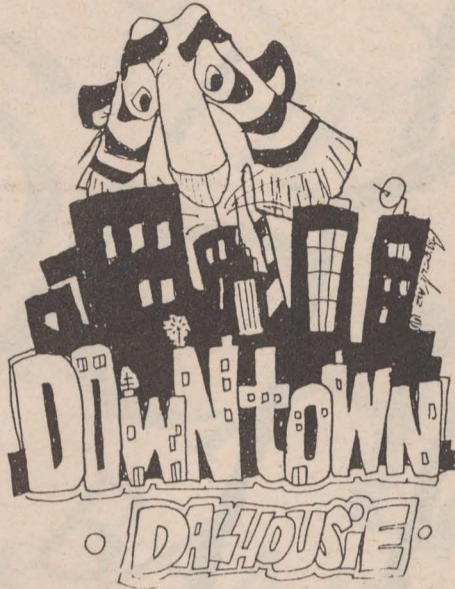
PHI RHO SIGMA  
 Canada's #1 Medical Fraternity  
 Presents  
**TONY QUINN**  
 Tuesday, September 9th  
 9 p.m. - 1 a.m.  
 5725 Inglis Street  
 (by South Park Street)  
 ADMISSION \$2.00



**SAVE MONEY . . . MAKE MONEY!**  
**DALHOUSIE SECOND HAND BOOK-**  
**STOR** We will be buying books 11:30 a.m. to  
 3:00 p.m. September 5,8,9,10,11 and 12 in the  
 SUB lobby. We will be selling books on the 10th  
 through the 12th and again from the 15th to the  
 19th at the same time in the same place. You can  
 collect your money or your books September 23  
 and 24 in room 100 from 11:30 a.m. to 2:30 p.m.  
**SEE YOU THERE!!!**

Kim Coughlan  
 Magda Nicola

**CAMPUS AND LIBRARY TOURS**  
 Tuesday — Killam Library (from lobby) and  
 Campus Tours (from SUB lobby) leave at 1:00,  
 2:00, 3:00 and 4:00 p.m.  
 Wednesday — Killam, MacDonald Science  
 Library and Campus tours at 1:00, 2:00, 3:00 and  
 4:00 p.m.  
 Friday — MacDonald Science Library tours at  
 10:00 and 11:00 a.m.



**IS THAT NEW ROOM OR APARTMENT  
 LOOKING BARE?**  
 Come to the annual **ORIENTATION FLEA  
 MARKET!!!!**  
**SATURDAY, SEPTEMBER 6th, 10 a.m. to 4  
 p.m.** in front of the Student Union Building.  
**POSTERS, PLANTS, BOOKS AND MANY  
 OTHER ITEMS**

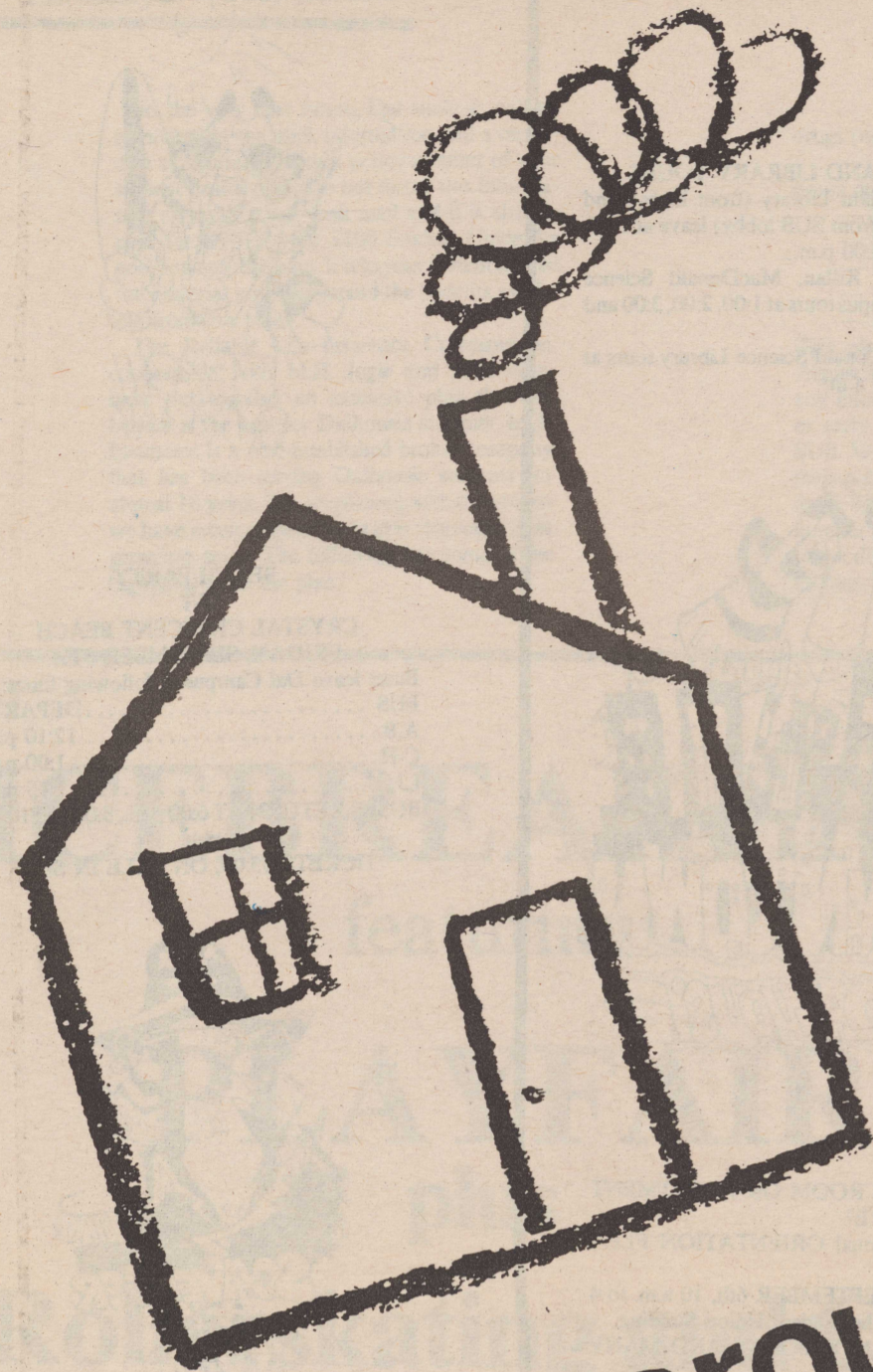


**BEACH PARTY  
 AT  
 CRYSTAL CRESCENT BEACH  
 FRIDAY, SEPTEMBER 5TH**  
 Buses leave Dal Campus at following times:  
 BUS .....DEPARTS  
 A,B ..... 12:10 p.m.  
 C-H ..... 1:00 p.m.  
 I,J ..... 1:15 p.m.  
**BUSES RETURN AT 6:00 p.m., 8:00 and 10:00  
 p.m.**  
**TICKETS \$3.00, ON SALE IN SUB**



# DOWNTOWN DALHOUSIE

**DOWNTOWN DALHOUSIE**  
 — Clubs, societies, services, fraternities and  
 organizations of Dalhousie waiting for you!  
 — Come and sign up, or just get some info.  
 — Tuesday, September 2nd, 1-4 p.m. and Wed-  
 nesday, September 3rd, 10a.m.-4 p.m., McInnes  
 Room, SUB.



steps around the house

and

# THE SYNDICATE BAND

plus



*Tommy Quinn*

A guaranteed  
**SELL-OUT**  
Get your tickets  
early

## ORIENTATION

## SUPER SUB

September 6/86  
9.p.m.-1.p.m.

Dalhousie Student Union Building  
Doors open at 8:30.p.m.

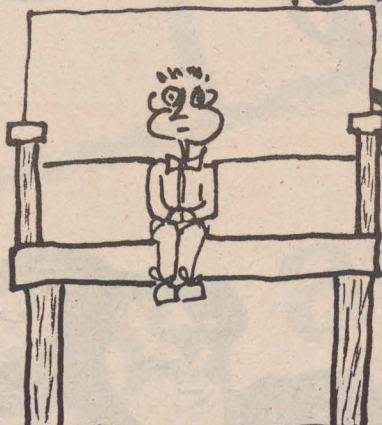
\$5.00 advance  
\$6.00 door

# THE FRANK FROSH STORY

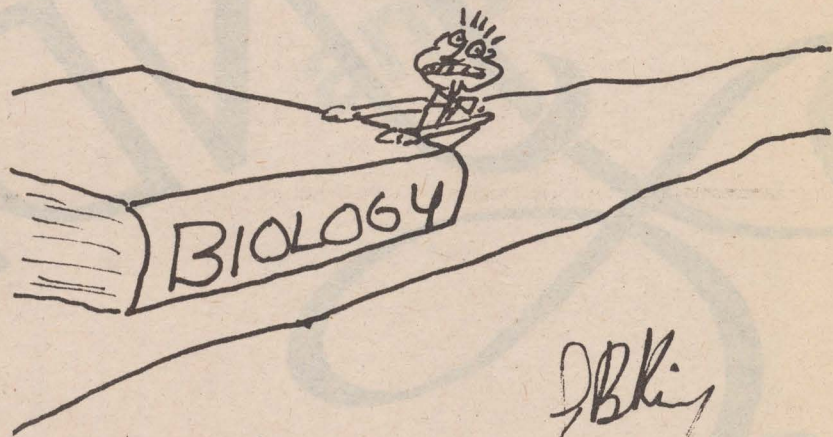
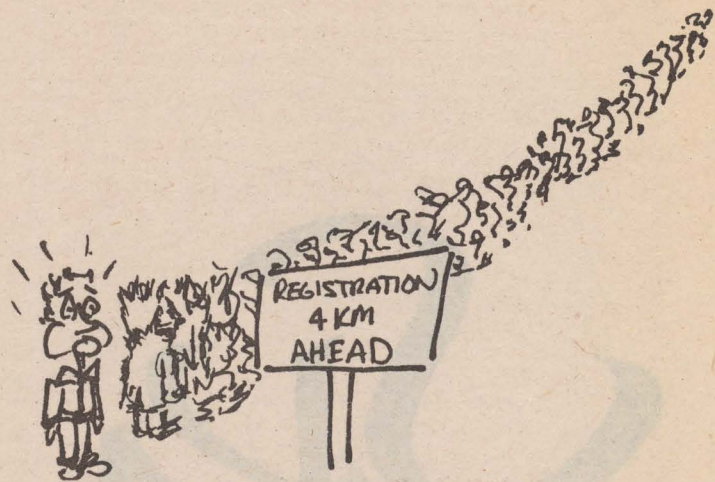


AT THE GRAYWOOD LOUNGE

STUDENT  
AID  
OFFICE



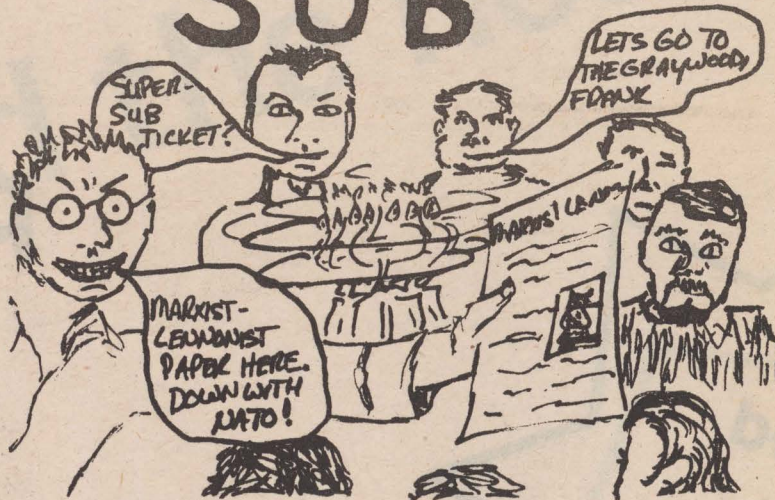
AND FROM THE STUDENT AID OFFICE...



TO THE BOOKSTORE

*J. Bliz*

SUB



## What is an ombud?

For most people, the university experience proceeds fairly smoothly. Occasionally, however, people will encounter a situation or problem at university that they either can't resolve by themselves or simply want advice about.

The Dalhousie Ombud's office helps students with university-related concerns. Our jurisdiction takes in virtually all of the functions of Dalhousie University, including academic, financial, and disciplinary matters. Persons with problems in these areas, or of a more personal nature such as sexual harassment, are encouraged to contact us. We provide guidance in dealing with university procedures and, when necessary, act as a mediator between students and the university administration. Of course, all inquiries are kept strictly confidential.

Hopefully, you won't require our services while at Dalhousie. We would, however, like you to know that we are approachable and are willing to help should you need us. Feel free to come by and talk. You can find us on the fourth floor of the SUB or you can give us a call at 424-6583, 24 hours a day.



## CONFUSED? DECONFUSION CENTRES

Don't worry about asking any "stupid" questions — the people at the Deconfusion Centres have probably asked the same questions themselves!

Deconfusion centres are open

—SUB lobby

—A&A Building

—Tupper Building Link

Tuesday, Wednesday and thursday 10 a.m. to 4 p.m., Friday 9 a.m. to noon.

See us for Campus Maps and Schedules.

## MOVIE NIGHT

"the Breakfast Club" and "Revenge of the Nerds" in the McInnes Room, SUB, starting at 7:15 p.m. Tickets \$3.00, go on sale at the door at 6:45 p.m.



September 1986 marks the beginning of a new year for all of us at Dalhousie. While most of us are returning to this familiar campus, many are just entering Dalhousie as freshmen. So, on behalf of the 1986 Orientation Committee, I'd like to extend a warm welcome to the freshmen of 1986.

The Dalhousie Student Union gave me the opportunity to become involved by appointing me Chairperson in October of 1985. Since then, the Committee has been working with staff and students across campus to put together a fun-filled week. We hope this week holds something for everyone.

A special message to the freshmen class of 1986: Your Orientation Week is the opportunity to get involved and meet others. The week promises to be a busy time, so relax and take part in what interests you. Remember; a good balance between academic and extracurricular life leads to a successful and enjoyable University experience!

Have a great year!  
Craig Cummings  
Chairperson,  
Orientation '86

#### ALUMNI SPORTS DAY!!!

1 p.m. on Studley Field — Touch Football game, Fun Run . . . and much much more! Don't miss the barbeque to follow!

## The Terry Fox Run Get involved! Sept. 19, 1986

#### DO YOU HA?VE ANY ENERGY LEFT?

Dalplex Open House  
Aerobics class in the Fieldhouse and Dalplex  
tours!

IT ALL STARTS AT 1 p.m.!  
SATURDAY, SEPTEMBER 6th

## The Dalhousie Student Handbooks are arriving soon!

Pick yours up at the SUB or  
various other places on campus

# shinerama



#### What is Shinerama?

- Nation-wide, university students shine shoes (or anything) to raise money for CF research.
- You meet lots of people, have lots of fun and know you are helping a very worthwhile cause.

#### Dalhousie Shinerama 1986 Goal; \$3000.00

#### Why shine for Cystic Fibrosis?

- Cystic Fibrosis is a life-threatening disease affecting the lungs and the digestive system.
- CF takes the lives of more Canadian children than any other inherited disease.
- One in 20 Canadians carries the gene for CF.
- There is no known cure or control for CF . . . yet.

WHERE? Meet in the SUB lobby at 1:00 p.m.  
WHEN? Thursday, September 4th

HELP GIVE THE BREATH OF LIFE!!

#### "Welcome to Biology Reception"

The Dalhousie Association of Biology Students (DABS) presents a reception for all new and returning biology students on **Friday, September 12** from 4:30 p.m. in the 5th floor **Biology Lounge**. Come out and get to know us and the department and remember, it's FREE!!

Get out your road maps, sunglasses and Hawaiian shirts 'cause you're going to dance to the Swell Guys at Studley Garden's "Tacky Tourist Party." It's on Wednesday, September 3rd, 8-12 p.m. and there'll be prizes for the tackiest outfits. "Look, Mavis, a party for us!"

# Orientation Week Schedule

## Tuesday, Sept 2/1986

Registration for Law, Medicine, Dentistry, Dental Hygiene and Graduate Programs in Library Service, Human Comm. Disorders and Business Administration.

10:00-1:00 p.m.; Frosh Packs available in the SUB lobby.

1:00-4:00 p.m.; Downtown Dalhousie in McInnes Room

1:00-4:00 p.m.; Campus and Killam tours hourly in respective lobbies

8:00-12:00 p.m.; Icbreaker '86!! featuring PLAYFAIR, Casino, Rollerskating in the Fieldhouse at Dalplex

## Wednesday, Sept. 3/86

Registration for undergraduates only, 10:00-4:00 p.m.

10:00-4:00 p.m.; Downtown Dalhousie in McInnes Room

10:00-4:00 p.m.; All Video Games in Games Room — FREE!

1:00-4:00 p.m.; Campus, Killam and McDonald Sc. Library Tours

1:00-3:00 p.m.; Scavenger hunt begins in SUB Lobby

6:30-7:30 p.m.; Ecumenical Celebration, Green Room, SUB

8:00-12:00 p.m.; "Tacky Tourist" party with "The Swell Guys" at Studley Gym

## Thursday, Sept 4/86

All first year students requested to be on campus

9:45-10:30 a.m.; The Welcome Show, "Making It", Rebecca Cohn, Arts Centre

11:00-12:00 p.m.; Orientation Convocation, Rebecca Cohn

12:00-1:00 p.m.; Lunch on the Boulevard

1:00-5:00 p.m.; Shinerama, begins at SUB lobby

7:15-10:30 p.m.; Movie Night featuring "The Breakfast Club" and "Revenge of the Nerds" — McInnes Room, SUB. Tickets on sale at the door at 6:45 p.m.

## Friday, Sept. 5/86

10:00-11:00 a.m.; McDonald Science Library Tours

12:15-1:10 p.m.; Buses leave for Crystal Crescent Beach

4:30-5:30 p.m.; Canteen open

6:00 p.m.; First bus returns to Dalhousie

10:00 p.m.; Last bus returns to Dalhousie

## Saturday, Sept. 6/86

Registration for new and returning students, 10:00-4:00 p.m.

9:00-3:00 p.m.; Returning to Learning, Henson College

10:00-4:00 p.m.; Flea Market on the Boulevard

1:00-3:00 p.m.; Dalplex Open House (Aerobics classes and tours)

3:00-6:00 p.m.; Inter-Fraternity Council Barbeque, Studley Field

6:00-9:00 p.m.; Fraternity Open House, meet at SUB Lobby at 5:45

9:00-1:00 p.m.; SUPER SUB featuring Steps around the House, Syndicate and Tony Quinn

## Sunday, Sept. 7/86

11:00 a.m.; Sung Eucharist with Coffee Houe, King's College Chapel (Anglican)

1:00-4:00 p.m.; Alumni sports (Games) afternoon on Studley Field

4:30 p.m.; Barbeque, Studley Field

7:00 p.m.; Roman Catholic Mass, MacMechan Room, Killam Library

7:00 p.m.; Lutheran Services — Worship and Fellowship, SUB

7:00 p.m.; United Church Welcome Celebration, SUB

7:00 p.m.; DSU Movie Night in McInnes Room, featuring "Casablanca" and "Play it Again, Sam"

8:00-12:00 p.m.; Unicorn Cafe in the Grawood, SUB

\* Remember to buy your tickets early for Tacky Tourist Party, Beach Party and Super SUB.

## Who Done It



Orientation '86 Committee from left. Michele Gagnon, Shinerama Director; Sara Gorelick, Assistant Chairperson; Lori MacLean, Off-Campus Frosh Squad Leader; Craig Cumming, Chairperson.