

DOLORADO RIVER WAR RELOCATION PROJECT
Poston, Arizona - February 9, 1943

Capt. Theodore Lidz (MC)
18th General Hospital
APO 37, %Postmaster
San Francisco, California

Dear Ted:

I am appalled at the length of time which has elapsed since I received a letter from you last spring in Pensacola. I have thought about you many times and intended to write but every day seemed to be full of things that had to be done at once and so it went.

In October, I was in Baltimore for half a day and saw Ruth at Phipps who gave me your address. She looked very well and handsome as usual and seemed to be thoroughly enjoying her work though not at all enjoying grass widowhood.

My assignment to duty in the Navy has turned out very strangely though satisfactorily. There have been many times when I wished I had your critical advice. At Pensacola I got emersed or perhaps I should say elevated in the effects of high altitude flying on behavior and was about to dig in there for a period of work when I got transferred to the Surgeon General's office in Washington whence I was told to place myself at the disposal of the Indian Service. It turned out that the Commissioner of Indian Affairs had made some kind of a deal with the Navy whereby I was on loan to the Department of the Interior to make some studies of the relocation center at Poston, Arizona which was filled with Japanese evacuated from the west coast. I arrived at Poston on the 26th of June and have been here ever since except for a few brief excursions. As I understand it, the interest that the Department of the Interior has in my work concerns gathering data and making interpretations which will aid with the administration of the community and help in formulating plans for the post-war settlement of the camp residents. The Navy's idea is to learn things that will be useful in the administration of occupied areas.

Life in the camp has been hectic and full of frustrations but I have enjoyed the work immensely because I have found the people attractive and likeable. I would like to give you the details of the work as I think you would find it interesting and I am sure I would value your comments, however, since I don't know where this letter is going and am not sure to what extent the work is to be considered confidential I had better not say too much or the censor may crack down on me.

Capt. Theodore Lidz, (MC)
February 9, 1943
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I have had time for a few hikes in the desert of southern Arizona and along the Colorado River. Dot has been over to see me a number of times and we have camped out one or two nights. Along the river, there are a number of ducks and geese of the same variety we found nesting in St. Lawrence Island and the sight of them makes us feel that we have now completed the circuit by seeing their summer and winter homes. The nights are wonderfully brilliant and clear and full of moonlight and coyotes.

Dot is still working for the Indian Service continuing with her study of personality with particular emphasis on trying to find out what effects the educational system is having on the children. She has a pretty good time touring around from one side of the reservation to another and enjoys the kids. She should be finished by the end of the summer. There is a parallel study being made in New Mexico and on various occasions she has been threatened ^{with} being sent down there. One of the things the government hopes to get out of her work is some generality about Indian education which can be spread south of the Rio Grande as part of the good neighbor work.

A few weeks' ago, I was in Phoenix and imagine to my amazement of discovering Herbert Harms living there. He is a Captain in the army and is psychiatric consultant for the whole district. He seemed to like his work in his quiet, cynical way and expected to remain there for the duration. Margaret and Martin looked fine and all were asking about you. Their news related that Ebaugh is a Lieutenant Colonel in the army and so is Billings. Rymer is running the Denver Clinic. Mabel Ross is in Rochester, New York.

I hope you will write soon and tell me all you can about what you are doing. Ruth said that you had been playing with Rorschachs and other special tests. I have done little, very little, of the same.

Sincerely,

Personal file

Capt T. Lidz M.C.

March 16, 1943

18 Gen. Hoop.

APO 913, San Fran.

Dear Alex,

Your letter was a pleasure no longer anticipated. The war had swallowed you for the past few months and I had thought that some day I would listen to your tales of adventures in India, the Gold Coast and not unlikely Tibet. I had scarce thought that the Navy would place you in a spot where you would be fully useful such as in Arizona or Alaska.

It is a pity that you cannot write of your present life and duties. It sounds like a very good job and one that will be fruitful to you as well as to the government. The mention of hikes along the Colorado filled me with envy and with regrets for the fine summer we might have spent together had not the war intervened. Dot's job sounds perfect. You are very lucky to be so near one another and I hope that you will remain where you are.

There is a great deal that I would like to tell about life here. The censorship is extremely rigid though. We risk mentioning that we are treating patients, -lots of patients. Our location is a dark secret even though the newspapers have mentioned it several times. We are on an island in the S.W. Pacific, probably the best island in the Pacific, quite quiet and peaceful. From the latter part of Oct. until two weeks ago my days were filled to the bursting. My department was overflowing all over the hospital. The cases presented new and intriguing problems, my reading was of little help and improvisation was needed at every turn. Chief, consultant, O.P.D. Clinic, interne and occupational therapist. I was happy to have had the training that let me feel fairly certain of myself. It is a sudden change to emerge from the Clinic, with all the indecision and numerous conferences, to find that it is all dumped into one's lap; that one's word is gospel and decisions rarely questioned. That alone has been good experience for me. It has its bad side; the loneliness for discussion, the need for constant care lest one become careless and think that one's opinions are really as well founded as others believe. Last week I closed my ward and took a five day vacation. We lolled in the Pacific, examined the reef, slept and slept. It was a lazy time and extremely pleasant. I assure you that I'd been far more confined than any of my patients.

It may interest you to know that my service has been run completely in open wards with patients free to come and go just as they wish with a very few exceptions. There are razors, knives, chisels, hammers and what you will lying about- we unload revolvers when patients are admitted. Some of the boys have been very sick; without facilities for seclusion we had to keep one or two patients practically asleep for two or three days until rapport could be established, but to my surprise there have been no suicides, no attempts at elopement and excellent cooperation. It requires accepting the risk but it has been very much worthwhile.

I'd feel guilty about not having done any ethnological work but I had started before we became very busy. There was a very nice opportunity at the school for native practitioners for there are students from many islands in the South Seas, but the project had to be abandoned when the hospital opened. There have been two jaunts into the interior, exciting for novelty, scenery,

and living with the natives in their huts. We went far from the beaten path and I was disappointed to find that thorough mission work has altered the native life so thoroughly that few vestiges of the old ways remain. Of course long sojourn in the center of the island may reveal more of the native than apparently exists, but in my conversations with educated natives who came from native villages, it seemed quite clear that the old customs have practically disappeared. Despite this there are many points of interest, for this is a happy go lucky, smiling, friendly people who not more than two or three generations ago were among the most savage on the earth, suspicious of a person from the next village, constantly on the alert and always at war.

The gang in the unit are very swell to live with and most cooperative. It is a very lonely life and it is fortunate that we are kept busy. You probably know my "hutmates", Wick Taylor, Dick Whitehill, Martin Singewald and Phil Tumulty. We are nicely quartered in native huts, made more habitable by cement flooring and wooden windows. Although we have made good progress in building the hospital, tentage still remains a necessity but in the pleasant climate here they are no hardship.

When you return to Phoenix send Herb Harms, and Mrs. Harms my very best. Have had no news from Henry but know he is busy, but with a civilized set-up. There was a rumour that Dick Lambert might join him. Tommy Rosenberg is now Lt. Col. and has a brand new baby. I hear from Vic. Rosen fairly regularly and he reports on patients I've sent back.

My best to Dorothea. I will say - "please write", your letter made me feel much less isolated.

Yours,

Ted.

*Congratulations on your promotion.
Note new APO.*

Joggin Bridge,
Digby County,
Nova Scotia, Canada

June 12, 1947

Dear Ted:

We are finally here and settled in, waiting for the summer. The spring has been glorious and very long, since we started in Washington in April and came slowly north keeping pace with it up the east coast. It was like being carried along on a wave of blossoms.

Things on our trip went pretty well according to plan. We first stopped for a while with my folks at Paoli and then with Dot's folks at Lunenburg, Mass. During each sojourn the baby was on display to admiring relatives. They had to be admiring since Dot and I generally stood one on each side of them.

Since arriving at Joggin Bridge, we have turned to the job of fixing our farm on the shore for living. It is mostly ready, but there are some final touches and so temporarily we are in mother's summer house that has a hill and a view. We shall get shoved out in a couple of weeks, however, when mother arrives and wants her living space. Therefore, daily we go to the shore and paint, hammer, wall paper, make roads, garden and otherwise collect blisters and splinters. It really would not take long to do what we have to do, but it has to be woven in and around 8 hours a day of paper and typewriter work and the raising of a baby who is always getting bigger ideas about how much attention she needs.

We often think of you and would like to know how things are going. Out best to Ruth.

Yours,

P. S. How were the APA meetings?

2407 WEST ROGERS AVENUE

BALTIMORE 9, MD.

July 25, 47

Lidy

Dear Alex,

Part reason for the delay in writing was summoning energy to tell about the meetings and the new Mental Hygeine Movement that is afoot. Last night we were with Jerry Frank in Washington and learned that he would visit with you next month. He will tell you about it. We miss your guidance badly in the current effort to foster group discussions to formulate a program for the United Nations Health Org. We flounder trying to gain perspective.

The summer moves by rapidly while I try to get one or two papers written. My struggle with Mr. Frankton is on again. I am determined that I will be finished with him shortly- and try to brush all else aside. Currently I am vacationing for a couple of weeks. We will not get away this summer as the baby is due in three weeks. Gradenhang and rearranging the house keep me fairly busy.

The APA meetings were again marked by an urge to activity to the former military group, now organized into GAP. I gained an impression of much planning behind the scenes. Sam Hamilton, as President, and as one of the old guard, seemed almost pathetic. Good papers were rare, but a new note in the form of papers on techniques of teaching was present. Business meetings are now important and well attended. As usual, the social functions were most important. Everybody

and his brother were there. We missed a number of old friends in the mob. New York impressed us as fantastic. I felt like a stranger in my native town. The N.Y. psychiatrists seemed stranger than the city-but bizarre enough to make it fun. Jules Colman was in a quandry. He has done a fine job in Denver and was offered a job in St. Louis as Prof. of Pediatric Psychiatry. Last I heard from him, he had decided to stay in Denver. I gathered that Ebaugh was going to make him full Prof.

I am anxious to learn something of the nature of your book and how it progresses. I feel the need for a statement of my own basic orientation more and more. As I fear that I will never get down to setting it down, I have hope that your views may come close. The current group discussions direct my own thinking around a few simple premises that now seem too obvious to mention. Yet I know that it took me years to reach these few platitudes. Here in Baltimore I grow to believe that psychiatrists are beginning to think in common terms. The N.Y. meetings shook this a bit-but it is still astounding how much alike most of the Washington and Baltimore crowd think.

I've not had a chance to look into Dorothea's latest productions, but have heard favorable comments. We would like lots of news. Ruth wants to know details about the baby--. Our two grow rapidly. Victor never shuts up- Charles never says anything but never sits down and never stops eating.

Yours;

T. S. A.

Saw him in Chicago
May 28-~~29~~30

THEODORE LIDZ, M. D.
5112 LEVINDALE ROAD
BALTIMORE 15, MD.

20 April 46

Dear Alex,

We are sprry that you can't come to spend a day with us but very happy over the cause. I hope that things go smoothly to term this time, and we will try to descend upon you with the entire family some Sunday in May.

I have asked around about a small house. There is little to be had, but you may be able to find an apartment in a house in the suburbs. Jerry Hartz is going to Trudeau for the summer, and he has a small apartment in one of the apartment Houses along Druid Hill Park. He said that he didn't think that you would be interested as it is very small, but if you would like to have it for a few months while looking about, he would be glad to let you have it.

We are looking for a new home too. It is not urgent but we hope that Ruth's mother will be able to come to the U.S. before very long. Houses are available but only because people are trying to sell at greatly inflated prices. We will probably be gone on vacation most of July, and if you would like to live here for the month, or three weeks at least, it would be fine with us. However we are not completely certain that we will go away for if we buy a new house, we'll stay around town.

I've started my analysis with Hill. Thus far it has been no strain but it cuts into my time. I'm taking my Boards next month and spend almost every evening studying neurology, pathology, and neuroanatomy. I enjoy it, but rather resent spending the time on it when there is other reading I'd like to do and a lot of writing to get off my chest.

I'd like to spend some time discussing the Kardiner-Linton approach to ethnology for it approached most closely the orientation towards psychiatry that I've been trying to formulate for myself during the past few years, and which I hope to work on next year or the year after.

Ruth has started seeing her regular patients again and is kept far too busy for a nursing mother, -but the baby is flourishing.

My best to Dot-

Ted

May 20, 1942

Dear Alex.

It was good to hear from you. Here we sit stranded on the West Coast, daily expecting orders for embarkation that do not come. It will not be very long before we sail but quartered in the office of a warehouse along with 100 officers in one room we are keen to be moving. We fill the days with drill, lectures to enlisted men + soft-ball baseball. We're all damned healthy as the result of two weeks in South Car. + ten days of loafing here. Bob has happened to see for we moved fast until arriving here along with many other medical outfits. Saw Henry Fox last week. His outfit has been leading a luxurious sort of life; no drill, no exercise, hotel accommodations in S. F. -

We have a fine outfit + I doubt that I could have found a better job in the army. Though I knew very few of the men before everyone has been very friendly, even to a psychiatrist + it will make the war much easier to be with them.

Concerning your low pressure experiments. The week before I left I worked with Thorne + Hoffman, testing intelligence etc. on men who

were in a chamber with O_2 reduced to what it would be at 30,000'. Took brain waves at the same time. In these patients found no abnormalities in brain waves, Kohns, Memory tests + concentration tests. It was something of a surprise. We kept them in the tent for 4-5 hours. I don't know what has happened to the data - I left my protocols w. Hoffman + they were supposed to forward material & never did.

Ruth is out w. the husband as you probably know. She has far too much to do running hub, brain waves + Paul's Clinic but refuses to cut down. It is a shame that Dorothy could not stay with you in Pensacola as the separation will be long enough without her premature removal.

I still have some hope that we may see some primitive people - in New Caledonia or Java or where have you + have Kohns along just in case.

Drop me a line from time to time - I'll have more leisure to write later on. My address for the duration

Capt. T. W. H. M. C.

18th Gen. Hosp.

A. P. O #37

90 Postmaster.

San Francisco

Have not seen the movie article as yet - send copies of your other articles please -

Write airmail (6c) as it may save months.

See you in Manila.

Ed.

Convalescent Hosp.
Ft. Story Va.
30 April 45

Dear Alex,

Just to let you know what is happening. When I arrived here I found Lt. Col. Brosin who is consultant for the 3rd Serv. Cmd. I again objected to my assignment here because of the geographical location. He finally agreed that the assignment was an error because of my desire to be someplace where I can get home occasionally and promised that I would be reassigned very rapidly. I'm waiting unassigned to any duties here.

I've heard nothing from the agency in Washington but remain hopeful. I sent a note to Dr. Eli Ginzberg who is a civilian in the Surgeon General's Office asking if he knew anything about how a release is obtained. He is a very close friend and I am told has considerable influence.

The job here is a big one with great potentialities and many headaches. I would like to have a crack at it but the fact that week-end passes are never given, and leaves extremely rarely, gave impetus to the decision to try as hard as possible to be moved. If I had my family here it would compensate for the many aggravations and tough battles which would be necessary to whip things into shape.

I hope that Dorothea is well again and things are going smoothly. We hope that it will not be long before Ruth is pregnant again but unless we were lucky when I was last home, there may be a long wait.

Sincerely,

Ted.

Major Theodore Lidz M.C.

Cdr. Leighton

May 18, 1945

Major Theodore Lidz, M.C.
Convalescent Hospital
Ft. Story, Virginia

Dear Major Lidz:

Dr. Leighton left last night for California to be gone for about two weeks. Before leaving he asked me to call Dr. MacKinnon and secure the latest information regarding your assignment.

Dr. MacKinnon reports that they are trying to get you and the request is going through the regular channels but was not too hopeful about arranging a transfer. He said he imagined it would be some time before there is any word.

If I hear anything further before Dr. Leighton's return I will notify you immediately.

Sincerely yours,

Frances Paine,
Secretary

Foreign Morale Analysis Division,
Room 1646-B, Social Security Bldg.

THEODORE LIDZ, M.D.
Psychiatrist-in-Chief
STEPHEN FLECK, M.D.
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July 20, 1955

Dr. Alex Leighton
c/o Psychiatric Clinic
Digby, Nova Scotia

Dear Alex and Dorothea,

Without fair warning Ruth and I have made reservations at Kedge Lodge. We expect to arrive there on August 5th. We are bringing our youngest son, Jerry, along. I hope that we'll be able to see something of you and perhaps see something of the project. For various reasons we will only be able to stay about two weeks, this year.

I have felt so apologetic about cancelling our plans about coming to Nova Scotia on two previous occasions that I felt we had best say nothing until we were certain that we could make it. If nothing intervenes, we will be there. My major activity will be fishing with Jerry. I hope I manage to sandwich something in between. We hope that both of you will be around Digby. Will you let us hear from you concerning your plans of the second two weeks of August.

We are very much looking forward to seeing you, particularly the elusive Dorothea.

Yours,
Red.

TL/dh

*Please excuse typing & grammar - contents
essentially correct.*

July 25, 1955

Theodore Lidz, M. D.,
Psychiatrist-in-Chief,
The Yale Psychiatric Institute,
333 Cedar Street,
New Haven 11, Conn.

Dear Ted:

Dot and I are delighted at the prospect
of seeing Ruth, yourself, and Jerry.

We do not plan to leave for Cornell until
August 28th. If all goes well, we shall be vacationing
during August also, but will be in and out of this general
neighborhood. Our home telephone is Digby, 506 ring 2.
The Clinic phone is Digby, 498. Why not phone after you
are settled and oriented at Kedge so we can plan something?

All the best.

Yours,

Alexander H. Leighton, M.D.

AHL/bgb

Lidz

Smith Cove,
Aug 20 1955

Dear Ted and Ruth,

Dad and I have been saying to each other ever since Wednesday "What a bust that day was. What a mess that it had to mean our chances of seeing the Lidz".

We are, indeed, full of sorrow that life gauged up on us in this manner and at the moment you started out to see us. We had anticipated the visit for so many years. Had things not happened so fast,

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we would have called and spared you the trip,
but, as you may have heard, the original
plan for the Halifax trip was for Thursday
and it got metamorphosed into Wednesday
with me the driver, all in a rush. There
was no escape since the man the Cummings had
to see was getting ready to go to Chicago and
I had to be present to solemnize their marriage
contract to the Province of Nova Scotia.

The glimpse we did get of you was
fantabulous. Still, it served to a surprising
extent to refresh our fundstuffs, particularly for

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Dad who had not seen you for so long. It strengthened the resolution to over-leap the barriers to New Haven.

You may be interested in the outcome of the various themes that collided in our life that busy Wednesday.

1.) New Staff for the Crew - we and the Commings decided to accept each other.

2.) Hospital Fees - made \$3,000.

3.) Wedding anniversary - Decided to stay married.

We hope that you liked Nova Scotia so well
that you will come back. You have only
smelled the cork - come back for a drink.

Ad come nearer Digby!

you.

Al.

Aug 1 1951

Dear Ted,

Many thanks for your care and trouble in answering my inquiry. It is extremely helpful to have this guidance.

Looks up Henry Bausling in pathology at Yale if you get a chance. You will find him a very nice person.

We all send our best,

you
Aly

(P) Lidz

YALE UNIVERSITY
INSTITUTE OF HUMAN RELATIONS
333 CEDAR STREET
NEW HAVEN, CONNECTICUT

DEPARTMENT OF PSYCHIATRY
AND MENTAL HYGIENE

July 23, 1951

Dr. Alexander Leighton
Box 410
Digby, Nova Scotia
Canada

Dear Alex,

I do not have any references or reprints immediately available, but I think I can summarize the situation very briefly. A number of fairly serious emotional reactions have been recorded. Most of these have been elations or depressions during or immediately following a course of ACTH. From what I can find in the literature, psychoses have been rare except during the treatment of disseminated lupus or in persons who have been virtually suicidal before treatment was started. The people in Boston report some pretty serious reactions in chronically invalided arthritics, including psychoses, but I gather from personal talks that these occurred in persons who have been totally incapacitated for many years. Our experience at Hopkins was quite different. We saw no psychoses except in a few cases which had organic brain damage from the illness, and the mood changes were not particularly striking. At the moment my hunch is that a major difference in observation is due to difference in amount and duration of treatment. I think most places have tended to cut out very heavy dosage over long periods of time and now give it as we did at Hopkins, in relatively short courses with tapering dosage. There may be some renewed danger now that they are using intravenous ACTH, but this is only conjecture. It seems clear from various sources that some of the psychoses clear immediately with administration of intravenous potassium, even when the serum potassium has not fallen very appreciably. All in all I do not think that there is very much danger if the patient is observed reasonably carefully and intensive treatment is not carried on too long. Even the group at the Mayo Clinic who have reported many dramatic findings in the last few years find that when therapy has been moderated they have seen much less emotional disturbance.

It is good to hear that your mother has been helped. Is she being carried on some sort of maintenance dosage, or does she just intend to go back from time to time for a course of treatment? I do not know much about rheumatoid arthritis, but in other ^{cases} it seems very clear that ACTH is far more effective than cortisone.

We missed you during the two weeks we were in Ithaca. It is a shame that you could not have attended the conference, as it was a very stimulating experience.

I must apologize for not having written you about the protocol for your study, but I became so involved in winding up affairs in Baltimore and now in getting settled in New Haven, that I haven't been able to get around to it.

-2-

We are pretty well settled now in Hamden. Ruth will not see patients until the fall, and I am spending the summer trying to get orientated.

Our best to Dorothea. We hope that sometime we will manage to get together. I realized in Ithaca that it is many years since I have seen Dorothea, and I have never seen the children.

Yours sincerely,

TLD.

Theodore Lidz, M.D.

TL:OS

Lidz (P)

July 12 1951

Dear Ted,

I wonder if you have moved yet, but will send this to Hopkins to be forwarded, as the safest procedure.

If you have any reports, carbons or references to the psychological effects of ACTH and/or cortisone, I would be grateful. As you know, my mother had the course at Hopkins with Wainwright. She has had a lot of benefit in being relieved of pain, but I want to be conversant with psychological that might turn up.

As soon as you have settled at Yale, please drop a line. We would like to know how things seem to you there - and what work you and Rutter will be doing.

We all send our best to all of you,

Yr.

Al