

THE GAZETTE

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Thursday, October 8, 1998

Groups warn students of date-rape drugs *Preventative brochure distributed at Dalhousie*

BY LEE PITTS

The creators of a new pamphlet on date-rape drugs hope the information makes its way around Dal before the drugs do.

The brochure, called *It's all fun, games and a good time until someone gets drugged* warns about the date-rape drugs rohypnol and gamma hydroxybutrate (GHB).

It was produced by the Dalhousie Women's Centre, the Dalhousie Student Union (DSU) and the Avalon Sexual Assault Clinic.

The pamphlets were distributed in frosh packs and around campus — including the sexual harassment office, Counselling and Psychological services and Security. The pamphlets will also be distributed

throughout the city.

Patricia Thomson, director of the Women's Centre, says it's important to warn students about the drugs.

"We want to be proactive and [inform] both women and men that these things take place," she said. "We must make people realize we don't live in a bubble here at Dal."

While there are no confirmed cases of the date-rape drug used at Dalhousie, there have been several cases at McMaster University in Hamilton, Ontario.

McMaster has since devoted a website to informing students of the drugs.

Brian Kellow, executive vice-president of the DSU, says these pamphlets are Dalhousie's way of getting on top of the situation before anything happens.

"It's important to act before it happens rather than after," he said. "I didn't want us to respond after the fact and maybe not [prevent] something we could have."

Thomson says the brochure had nothing to do with the arrest of William Shrubbsall, who was charged with several incidents of sexual assault dating as far back as last October and ending on June 22.

The date-rape drug GHB was reported to be in his possession.

Const. Gary Martin, a spokesperson for the Halifax Regional Police, is pleased with the initiative to inform students about the drugs.

"The best way to combat [the use of date-rape drugs] is through education," he said.

And Martin says while there

are no confirmed cases of date-rape drugs in Halifax, he believes the drugs are here.

"We'd be pretty naive to say that it's not here," he said. "There have been reports from time to time of people believing they had been drugged."

On one occasion, Martin says

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Smoke signals

DSU against tobacco money, but rocks with Belvedere

BY MARY KUNA

Smoke is rising over the student union's stand on cigarettes and tobacco companies.

About a month ago the Dalhousie Student Union (DSU) stopped selling cigarettes in the Student Union Building (SUB) and said it wouldn't accept money from tobacco companies.

But two weeks ago the SUB's walls were plastered with posters for Belvedere Rocks performances by Big Sugar, the Matthew Good Band, and Pluto. The bands were sponsored by Belvedere, a subsidiary of the tobacco company Rothman's-Benson and Hedges. Also, Belvedere cigarettes were sold at the concert.

Brian Kellow, executive vice-president of the DSU, says there is no written policy stating the DSU won't accept money from tobacco companies, but it's just not done.

"[Cigarettes are] a product that makes our staff at the Grawood who choose not to smoke sick. There's no need for us to sell them," he said.

He says there are a lot of other stores around campus where cigarettes are sold.

"We're not making a choice for people... we're just saying we don't want to make money off it."

The DSU says letting Belvedere sell cigarettes in the building wasn't a conscious exception, but that it was part of the Belvedere contract. Cigarettes will not be sold at future shows.

Kellow says while he is

personally opposed to sponsorship by a cigarette company, his professional feelings differ. He says the arrangement benefits students.

"We shouldn't take money from them, but it provides revenue which provides jobs. For some people, it makes it possible for them to go to school... I wish there was another way."

But not everyone has mixed feelings on the issue.

The Nova Scotia Public Interest Research Group (NSPIRG) is against corporate sponsorship at universities in general, and



Belvedere ads at a recent Big Sugar concert.

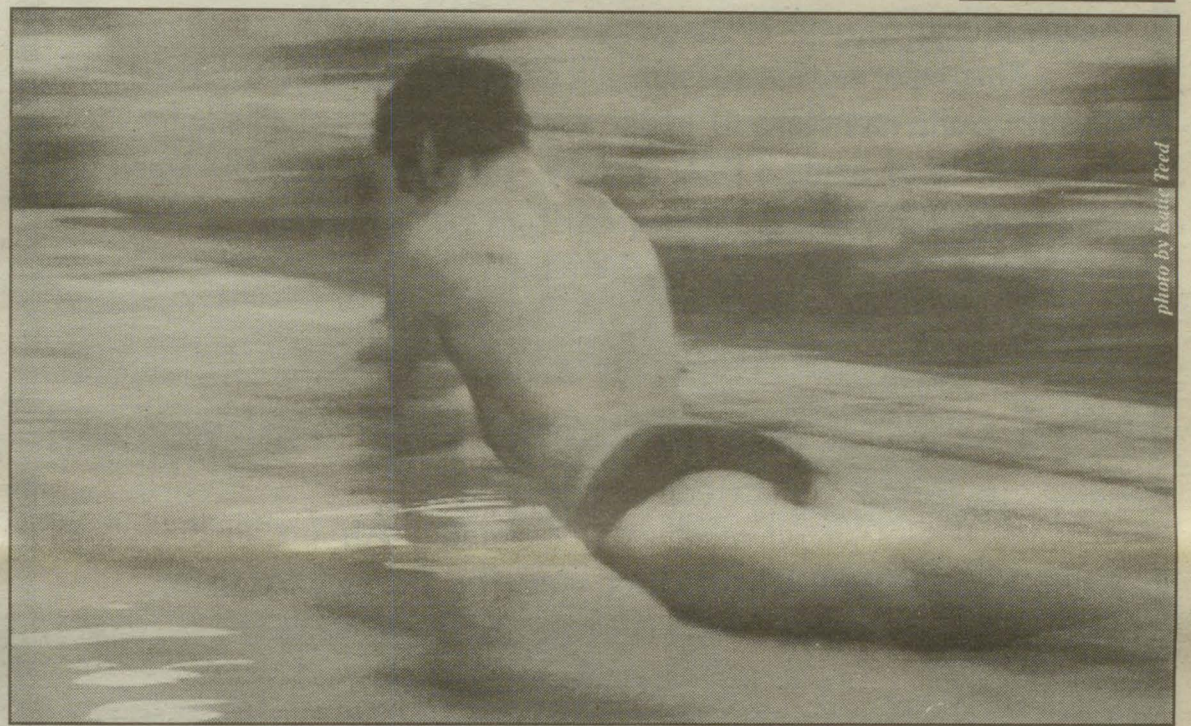
definitely opposed to sponsorship by a cigarette company in particular.

"Even indirectly taking money from a cigarette company is wrong," said Linda Pannozzo, executive director of the group.

"I can't believe a university would do that... it's mind-boggling. Cigarettes kill people."

But Andrea Gagliardi, in charge of marketing and promotions for the DSU, says sponsorship is much more helpful to students than it is harmful, since it means the DSU is able to put on shows it wouldn't

continued on page 3



The Dalhousie men's and women's swim teams got off to a fast start this weekend. While the women won their match, the men suffered a narrow defeat. See story page 17.

Student employment a difficult balancing act

BY KATIE TINKER

On top of classes, school work and wrestling, Logan Ward expects to work about 28 hours at his part-time job this week.

He represents an increasingly common trend: students are putting in more hours at part-time jobs to support themselves, even though it means limiting their involvement in the very experience they are paying more for each year.

Ward has had to learn to balance a full-time course load with a part-time job. And while his hours vary a lot — 28 hours is unusually high — he estimates he works an average of 16 hours a week.

"It's hard," the third-year kinesiology student said. "It's kind of a catch-22. If I gave up working, I'd have to give up wrestling too. Student loans only cover the bare minimum — tuition and board."

Catherine Cottingham, manager of the student employment centre, says part-time jobs can be beneficial for full-time students — but only if hours are kept to a minimum.

"We've found that, as a general rule, if students work more than ten hours a week their grades begin to slip," she said.

And Logan Ward admits he could probably get better marks if

he wasn't trying to hold down a job.

"I'm not as bad off as some people, though," he said. "At least I have a loan — some people don't even get that."

Most on-campus employers are not permitted to hire students for more than ten hours a week, but there is no way to regulate off-campus jobs. Consequently, a lot of students seek work away from campus to boost their hours.

"We recognize that some students need and can cope with more hours," Cottingham said. "It's one of those hard choices... I know students struggle with money a lot — but it's so important to have good grades."

"[Job] recruiters tend to want at least a B average. They also look at involvement in extracurricular activities. Having a part-time job with a lot of hours can really limit you."

Although 10 hours a week is what the university recommends, recent statistics show that most students who have jobs are working a lot more than that.

A survey of Dal students done in 1996 — the vast majority of whom went to school full-time — showed that 46 percent of students were working part-time. Of these, the average number of work hours per week was 15.7.

Eric McKee, the university's vice president student services, says students have to be careful with part-time jobs.

"Obviously students need to work to support themselves," he said. "[Jobs] can interfere with your studies, [and they can] limit your involvement in university life."

Audra Lynn, a third-year biology student, has just started a part-time job at Ronald MacDonald House — one 24-hour shift a week.

"I could get through this year without a job," she said. "But it wouldn't be a very fun year."

Lynn estimates that most students with part-time jobs are working to cover the extras, the hidden costs of university.

"Student loans — they pay the rent, they feed you, and once you pay your tuition and buy your books, that's it."

Lynn says it comes down to a choice between focussing on school or being financially secure. Having both at the same time is becoming a rare luxury.

"It's kind of ironic — in order to have the money to do something fun on the weekends, I have to give up one full day of my weekend."

But she says the sacrifice is better than the alternative.

"To be worrying about money all the time — it's detrimental to your health."

DSU Dalhousie Student Union

More fun than an artificial lung!

Come out for the Society Roundtable

All societies are required to attend the society roundtable. You must send at least two members of your executive, one being the treasurer of your organization.

This information session will allow you to meet the DSU executive and members of other societies. You will also learn all the benefits of being a DSU society. So come on out and learn about all the FREE stuff you're entitled to! Be there:

**October 19th, 7pm
McInnes Room, SUB**

1998 Lamb's Rum Student Golf Tournament

Friday, October 16th
must register by October 14th
\$40 + non-perishable food item for Metro Food Bank
contact: Gord Dickie at 423-7536 or
e-mail: gord.dickie@dal.ca

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Oktober 21-24

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Get Involved TODAY!!

Academic/External Committee

Meeting at the Grawood on Friday, October 9th at 4:00pm. Help make students aware of their political and academic rights and privileges! Call Kelly at 494-1275 for info.

Community Affairs Meeting

Meets on Wednesday, October 14th at 5:00pm in Council Chambers. Help your community while planning excellent events for students!! Call Dean at 494-1281 for info.

Dalhousie Student Union, 6136 University Ave., Halifax, NS, B3H 4J2
<http://www.dal.ca/dsu>

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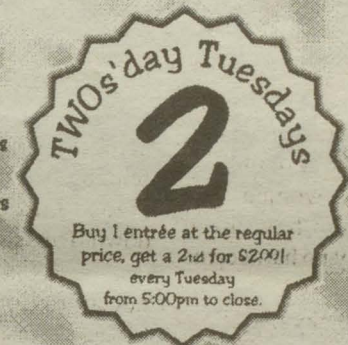
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LADIES get FREE POOL LESSONS and HALF PRICE TABLE time

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MONDAY NIGHT BREAKS!

423-8BALL

corner of SPRING GARDEN and QUEEN (Bank of MONTREAL building)

Mount paper retracts sexist, racist article

BY PHIL E. LEWIS AND
SHELLEY ROBINSON

Following complaints of sexism and racism, the student newspaper of Mount Saint Vincent University is printing an apology and retraction about one of its articles.

The Picaro printed the piece, called "Take back the bullshit" in the paper's opinions section of their Sept. 29 issue.

It was written by Stephen Brown, a Mount student in response to the recent Take Back the Night march held in Halifax to raise awareness of women's safety and violence against women.

Patricia Thomson, director of the Dalhousie Women's Centre, was one of the first to complain to both the paper and the Mount's student union.

"A lot of people are trying to turn this into a freedom of press issue," she said.

"What the frig is that? This is

Date-rape drugs

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several vials of GHB were found at JJ Rossy's, a downtown bar, but an investigation proved the drug was used recreationally by a group of consenting adults.

Thomson says during the past year she's met with several women who believe they were drugged.

"Over the last 12 months I have talked to five women who have suspected they have been drugged. Fortunately no harm came to them.

"They're the lucky ones."

Excerpts from *It's all fun, games and a good time until someone gets drugged:*

Street names of Rohypnol:

Roaches
Trip and Fall
Mind Erasers
Stupefi
La Roche
Rib
Rophy
Rope
Mexican Valium

Street names of GHB:

Easy Lay
G
Vita-G
Grievous Bodily Harm
G Juice
Soap
Liquid X
Gook
Liquid Ecstasy

You may have been drugged if...

You feel a lot more intoxicated than your usual response to the amount of alcohol you have consumed;

You woke up feeling confused, experiencing memory lapse and cannot account for a period of time;

You took a drink but can't remember what happened after drinking it;

You feel that someone had sex with you but you can't remember any or all of the incident.

sexist. This is racist. This went over the top by bragging about getting laid on the anniversary of the Montreal Massacre. This is an issue of self respect and is tasteless."

Alison Druhan, the executive vice-president of the university's student union, says she received complaints from Thomson as well as at least fifteen students.

In response, the council

executive voted unanimously in favour of asking *the Picaro* to apologize for the article.

Tim Boudreau, editor-in-chief of *the Picaro*, says it was the article's language that was the problem.

"The biggest reason I feel I should apologize... is the number of people who've been offended.

"I'm not apologizing for

giving an individual a forum for expressing their opinion because fundamentally that's what a student newspaper is for."

Brian Kellow, executive vice-president of the Dalhousie Student Union, said he called Boudreau for an explanation after the women's centre complained about the paper being distributed in the Student Union Building (SUB).

"[Boudreau] promised me that this kind of racist, misogynist terminology would never be used again," Kellow said. "I don't want to censor anyone for their point of view, but by having it on campus we are giving tacit approval."

Within the week it was distributed, all issues of *the Picaro* had been anonymously removed from the SUB lobby.

No rooms — students have tough time finding shelter

BY JANET FRENCH

More people may be crashing on your floor than usual this fall.

An off-campus housing shortage around Dalhousie and downtown Halifax is causing an accommodation crisis for students, but a pleasant surprise for local landlords.

The notice board outside Dalhousie's off-campus housing office, usually cluttered with "Room for Sublet" signs — is littered with "Room Wanted" or "Apartment Needed" posters.

Derrek Jennings, who works at the office, says they are still being approached by two to three people a day looking for places to live.

"Things have slowed down considerably in the past week-and-a-half," he says, "but we have seen some students' faces a few times. They can't get too picky anymore."

Although there are a fair number of postings at the office, Jennings says many of them are in areas far from school and downtown, such as Clayton Park.

And living in the suburbs is not an option for most students because transportation to and from class is too expensive and time

consuming.

Fenwick Towers has also seen a dramatic increase in the demand for their apartments.

Linda Wright, one of Fenwick's facilities co-ordinators, says the apartment-style residence complex was completely full earlier than usual this year.

"Normally we fill up by the end of August, but this year it was the end of July," she said.

Local landlord Faye Askri has felt the push for more accommodations as well.

"Usually by this time of year I have ten to eleven vacancies, due to cancellations," she said. "But right now, I'm all full, and still receiving calls."

But Landlord Duncan McAdam, another Halifax landlord, says he doesn't think the housing demand is greater, but just that it came sooner.

"People were most keen to rent in the last week of July [this year]," he said. "Usually the last two weeks in August are the busiest."

Of apartment buildings surveyed in the areas of Halifax where most students live, only Quinpool Courts said they hadn't

seen an increase in demand for their apartments.

There are a variety of opinions on the apparent cause of the shortages.

Increased student enrollment may contribute to the lack of living spaces available around Dalhousie.

Official statistics regarding the number of students registered aren't currently available, but the registrar's office says Dalhousie is growing, citing an increase in enrollment the past two years.

Derrek Jennings says some housing, normally inhabited by students, is being renovated or repaired.

Askri agrees.

She also says more city by-laws have been implemented restricting housing development on the Halifax peninsula, so housing contractors are building in the city's outskirts.

And both landlords Askri and McAdam attribute some shortage to Halifax's booming economy.

McAdam says people involved in new industries like film production and the Sable Island gas project arrived in the city earlier than the students did — taking a lot of the available housing.

Smoke & mirrors

continued from page 1

be able to afford otherwise and allows lower ticket prices for students.

"It costs \$15,000 to \$30,000 to run a show in the McInnes room. If the ticket price for a show is \$16, it would have been \$20 or \$21 without [Belvedere's sponsorship]."

Gagliardi is also quick to point out that no exchange of money takes place between the student union and Belvedere.

"The way it works is there's a band on tour, looking for a venue, and they're sponsored by Belvedere. No money comes directly from Belvedere. They cover the cost of advertising, we cover everything else."

Brian Kellow recognizes there are many different opinions on the subject. He believes students should be involved in decision-making as well.

"If students don't want to, then we won't do it. I don't think this decision should be made by me alone," he said.

"We shouldn't be developing the ideology for the students, they should tell us what to do."

York students required to remove anti-Pepsi banner

BY ANGELA PACIENZA

TORONTO (CUP) — "Pepsi owns York."

That's the message a couple of York University students wanted to get across to football fans at the school's homecoming game last week.

But the banner proclaiming that statement, which the students had hung on a fence at York's stadium, was taken down by school officials just 40 minutes after kickoff.

"We aren't doing anything that Pepsi isn't already doing," said Yves Zhender, a fourth-year Environmental Studies student who helped put up the sign to protest York's recent 10-year exclusivity contract with Pepsi.

Zhender and Diane Simon, the other student behind the sign, say they had the right to express their opinion at the stadium because it belongs to all students, not just paid sponsors.

"This (stadium) is mine as much as anyone else's," said Simon.

Zhender added the incident represented an information war between Pepsi and students about who gets to inform the public.

But an official from the university's athletics department,

who asked the students to remove the banner, says he was simply enforcing York's regulations about signs at sporting events.

"The only mounted signage that we permit, which includes banners, are those which are approved and [from] paid sponsorship," said Stephen Dranitsaris, executive officer for York's School of Physical Education.

The incident has caused some York students to wonder about their ability to publicly protest York's contract with Pepsi.

But the university maintains students can protest the deal provided they comply with the rules of the institution.

"If students want to protest the Pepsi deal... they can book (York University space)," said Sine MacKinnon, York's media relations officer. "There are lots of different ways to legitimately protest and nobody has any problems with that."

She added any sign that hadn't been approved would have been removed from the stadium.

"It's not about the fact that it was Pepsi," MacKinnon said.

The agreement between York University and Pepsi provides \$7.5 million to student organizations, including \$250,000 each year toward stadium upgrades.

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Solicitor General denies pre-judging APEC inquiry

BY ALEX BUSTOS

OTTAWA (CUP) — Federal opposition parties demanded the resignation of Solicitor General Andy Scott Tuesday for allegedly prejudging an RCMP inquiry investigating police actions at last year's Asia Pacific Economic Co-operation conference.

The demands came a day after Dick Proctor, an NDP member of parliament, said he overheard a conversation between Scott and another passenger aboard an Air Canada flight to Fredericton on Oct. 1.

Proctor, who was sitting two seats away in the same row as Scott, took notes as he listened in on the conversation.

"[Scott] talked very openly about the APEC inquiry and he said that as far as he was concerned it would come out that there was excessive force used by four or five Mounties," Proctor said Monday.

"[Scott also] said, 'I'm the cover. I wanted to go to the World Series in New York next week but I can't because I'm the cover.'"

When asked to interpret the meaning of the word "cover", Proctor said it meant Scott was protecting the prime minister from the RCMP public complaints commission.

Dozens of students were pepper sprayed, arrested without charge and had their protest banners confiscated during the APEC conference last November.

The alleged discussion on the plane, the opposition charged, was proof Scott had prejudged the commission's results.

Scott has said publicly that people looking for answers about the treatment of protesters at the summit should wait and see what the inquiry concludes.

When asked to respond to the allegations on Monday, Scott told the House of Commons he couldn't recall who he spoke to on the flight, or if they discussed the APEC affair.

Outside the House, Scott said Monday he would consider quitting if Proctor's story was confirmed, the Globe and Mail reported.

But on Tuesday, Scott told the House he recalled talking to lawyer and Liberal Party supporter Frederick Toole on the

Fredericton-bound flight.

He said he discussed APEC with Toole but didn't engage in "an inappropriate conversation that in any way would prejudice the outcome of the (public complaints commission) inquiry."

The opposition wasted no time in rejecting Scott's assurances.

"How is it that the solicitor general could not recall any of the conversation yesterday, but today has total recall of that same

conversation?" asked Reform Leader Preston Manning.

Moments later, Reform member of parliament Deborah Gray demanded that Scott step down.

"Great Scott, we have gone from 'I can't recall' to total recall, now to a rebuttal. When will we go to the resignation?" Gray asked.

The other opposition parties joined Reform's call for Scott's resignation.

"In light of this controversy, will the solicitor general now show some integrity, take responsibility for his actions and resign immediately?" asked Progressive Conservative House leader Peter MacKay.

Scott refused the calls to step down.

"As I said this morning, I said nothing that would interfere with the process of the [hearings] or with the outcome," he said.

University of Victoria compromises on "corporate classrooms"

MARY VALLIS AND MIGUEL MACDONALD

VICTORIA (CUP) — Classrooms in the University of Victoria's Centre for Innovative Teaching, slated to open in January, are still nameless thanks to pressure from students who oppose naming the rooms after corporate donors to the project.

University President David Strong agreed to take the proposed corporate room names back to the drawing board following a board of governors meeting last week when student representatives Sandra Guarascio and Ritu Mahil voiced their opposition to the plan.

The proposed names for the rooms include the BC Tel-Royal Bank of Canada lecture theatre, a Fletcher Challenge Canada seminar room, and a BC Sugar Imasco Limited reception room.

The university's recently revised recognition policy says that a minimum \$125,000 donation warrants a named classroom for the donor.

"It would be insulting to walk into a room recognizing the Royal Bank of Canada when we're going to be indebted to this institution for 20 years," Guarascio told last

week's meeting.

Board members directed Strong to explore naming the rooms after an individual within each organization instead of its corporate entity. If the corporations agree to the change, each donating organization will still be recognized on the centre's donor wall.

The decision to reconsider the plan was met with resounding applause from students who packed the gallery.

The issue has highlighted how private donations are becoming increasingly important to the university. Private sector contributions represent 60 percent of the building's \$3.7-million fund while the provincial government kicked in \$1.13 million when the project first got underway.

And with \$6.3 billion in cuts to federal transfer payments to the provinces since 1993, in addition to a tuition freeze, the BC government has its hands tied when it comes to new expenditures.

In other provinces, cash-strapped universities have already turned to naming classrooms and buildings after donors. At the University of Toronto, for example, one professor is sponsored by the Royal Bank and

students study in the Xerox library. At the University of Calgary, students have courses in the Husky Oil classroom and charge their books in a library with a Petro-Canada logo on its doors.

But critics warn that naming classrooms after corporate donors and other similar tactics are a threat to the university's academic integrity.

Richard Tones, a member of the students' society at the University of Victoria, opposed the proposed corporate classrooms at the Centre for Innovative Teaching because the donors in question have enjoyed large tax breaks.

According to the Globe and Mail's Report on Business database, the amount of deferred taxes saved by Canadian Pacific — one of the donors — was well over \$1.3 billion.

"There is enough money there to re-establish the funding we've lost for the next five years," said Tones.

Guarascio agrees.

"(It's) appalling that we are recognizing corporations that have cheated us out of the taxes that they owe, let alone the taxes that people feel they should be paying. That's money that's not coming back to the

provinces."

Dr. Alexander Briggs, who also opposed the proposal, says naming classrooms may eventually lead to corporate-sponsored classes and teachers.

"I view the naming of academic buildings and classrooms after corporations as another [slide] on the slippery slope toward loss of academic freedom," Briggs wrote in a recent letter to the university's Board of Governors.

But Strong says corporate donations to the university needn't raise alarm bells.

"Corporations will never, in my mind, be big enough to significantly drive the direction of the university," he said.

And while students like Guarascio hope Strong's decision to reconsider the classroom proposal may lead to a general review of corporate donations in general, Strong places less emphasis on his concession.

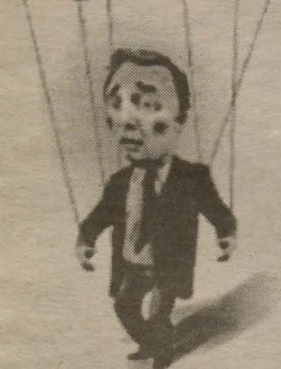
"All we did was accept a motion that I go back and try again," he said.

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write for
THE GAZETTE
rm 312, SUB

PAN-CANADIAN DAYS OF ACTION OCTOBER 13-16, 1998

From coast to coast, students are calling on federal Finance Minister Paul Martin and the federal Liberals to:

WHO'S
PULLING THE
STRINGS?



- Restore transfer payments to 1993 levels
- Fund a tuition fee freeze
- Transform the Millennium Scholarships into grants
- Stop punishing students and end student loan bankruptcy discrimination
- Prohibit private, for-profit education: some things are not for sale

If students are not satisfied with the federal government's response, a Day of Strike and Action will be called for February 1999.

Call 1-800-789-5870
[494-8132 in Halifax] to get involved

Canadian Federation of Students
www.cfs-fcee.ca

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Canadians lose their virginity early

But sex education remains inadequate, international survey says

BY ANDREA BREAU

WINNIPEG (CUP) - Young people are learning about sex from their peers, books and sexual partners instead of from school programs and parents, an international study says.

Commissioned by condom manufacturer Durex Canada, the study looked at sex attitudes and behaviour among nearly 10,000 youth over the age of 16 in 14 countries.

"[The survey tells us that] kids are learning about sex from their peers, which can lead to misconceptions and ignorance about safe sex and prevention of disease," said Sonya Agnew,

director of marketing for Durex.

Only 14 percent of those surveyed cited their parents as their primary source while 24 per cent said they'd like them to be.

The survey, which was administered by independent research consultants, also indicates that, globally, one in four youth have had sex before age 16. In Canada, the survey found the average age teens first have sex is 16.6 years, a year earlier than the global average of 17.6 years.

"With Canadians experiencing sex for the first time at a relatively young age, the need for parental influence and organized sex education programs in schools early on becomes increasingly important," said Agnew.

Several students echoed the findings of the survey.

Ruth Roberts, a University of Winnipeg student who used to volunteer at a community centre, says she often saw 13 year olds coming in with questions about sex and sexually transmitted diseases (STDs).

"By that example, I'd say education is less than adequate," she said.

Darren Kramble, a graduate student at the University of Manitoba, says his formal sex education was minimal.

"By the time they taught us [sex education] in school, we'd already learned it all," he said.

"My school was expecting the parents to teach us, and the parents

were expecting the school to teach us. They both missed out on an important opportunity."

Dr. Patricia Mirwaldt, an associate dean with the faculty of Medicine at the University of Manitoba, says schools need to improve their sex and STD education programs.

"My sense [is that] people are asking a lot of questions, and I wouldn't gauge this as being that they're ignorant about [sex], but at least an understanding that they have a gap of knowledge," said Mirwaldt, who helps run a campus program that allows students to ask sex-related questions on bathroom stalls.

Mirwaldt isn't the only one who thinks there should be more

sex education in schools. Of the people surveyed by Durex, 83 per cent said sex education should begin before the age of 14.

But Mirwaldt says it should start at a younger age.

"I think [sex education] should begin as soon as kids begin thinking and talking about sex, and I think that happens well before the age of 14," she said.

Other findings of the survey state that Canadians are among the most faithful lovers in the world, ranking fifth — with only 34 percent admitting to having more than one sexual relationship at a time. Americans were found to be the most unfaithful — half of that country's respondents admitting to cheating on partners.

The survey also placed Canadians second for sexual stamina, making love for 22.7 minutes on average. Americans outlasted us in that category with an average of 28.1 minutes.

Student union to appeal Quebec's differential policy

BY SONIA VERMA

MONTREAL (CUP) — McGill's undergraduate students' society has hired controversial lawyer Guy Bertrand to appeal last February's Quebec Superior Court decision upholding the province's differential tuition fee policy.

Bertrand is best known for his role in the recent Supreme Court case which centred on Quebec's unilateral right to separate from Canada.

The decision to hire the Quebec City lawyer has raised concerns among some students that the case will shift away from the issue of accessible education and toward Canada-Quebec relations.

The two year old fee structure effectively doubles tuition at Quebec universities and colleges for out-of-province students. Students from Quebec continue to

enjoy a tuition freeze.

"I was very surprised and disappointed with the decision," said Louis Messier, francophone commissioner with McGill's students' society. "I think the last thing students at McGill want is to get involved in a battle between Quebec and Ottawa."

Messier says he's worried Bertrand will misconstrue the differential fee policy as an "expression of Quebec isolationism." He says the real issue is a financial one.

As federal transfer payments drop, differential tuition fees are being considered by a number of provinces, including British Columbia and Alberta.

"By turning this into a federalist argument, the case becomes less relevant to students in BC who may be facing tuition hikes," he said.

In its original challenge to

differential fees, Andre Durocher, the group's former lawyer, argued the policy contravened the Charter of Rights and Freedoms by restricting the mobility of students pursuing post-secondary education.

Durocher also argued the policy violated the Quebec Education Act which prohibits discrimination.

In his Feb. 11 decision, Judge Claude Tellier ruled firmly in favour of the Parti Quebecois government, finding that an increase in tuition for out-of-province students doesn't pose a significant barrier to Canadian students' mobility.

He also ruled the fees don't violate the Charter, which prohibits discrimination on the basis of nationality or ethnicity but not provincial origin.

It's expected that Bertrand will try a different approach, emphasizing Quebec's

responsibility to act as a province of Canada and the primacy of constitutional responsibilities.

"As Quebecers, our lives have to be based on the principle of federalism. Quebec needs to respect the authority of its citizens, and that means respecting citizens from another province," said Bertrand.

He says the province's decision to implement differential fees was motivated by nationalism.

"For 30 years the nationalists of Quebec have been trying to say there is no such thing as a Canadian in Quebec, there are only Quebec people. They're trying to introduce legislation so that we are *de facto* not Canadian," he said.

Paul Ruel, the named plaintiff in the case, questions Bertrand's approach, wondering if it will divide students along linguistic lines.

"He has always focused on national unity and linguistic issues, but there's too much more to it than that and the case seems to be getting away from issues like discrimination and accessibility," he said.

The students' society hired Bertrand for \$20,000 after Durocher failed to file the necessary paperwork for an appeal as the deadline approached.

But both Bertrand and student councillor Jeffrey Feiner expect the cost of the case to exceed that, anticipating it will proceed to the Supreme Court of Canada.

It is hoped a private fundraiser will be able to cover the additional costs.

A court date for the appeal will be announced Oct. 15.

APEC protestor names Chretien, others in class-action suit

BY SARAH GALASHAN

VANCOUVER (CUP) — A law student who was arrested at last year's Asia Pacific Economic Co-operation summit has launched a class-action suit against prime minister Jean Chretien, Finance minister Lloyd Axworthy and former ambassador to Indonesia Gary Smith.

The suit, which was announced by University of British Columbia student Craig Jones last Tuesday, alleges the three officials conspired to limit the constitutional rights of protesters during the meeting of 18 Pacific Rim leaders.

According to Jones' statement of claim, any other interested parties who choose to join the class-action lawsuit may do so.

"What it allows us to do really is to roll up a whole bunch of different actions that otherwise wouldn't be able to proceed on their own," Jones said.

Jones was arrested for refusing to remove a protest sign during the Asia Pacific Economic Co-operation (APEC) conference held at the University of British Columbia last November. The RCMP arrested 49 people at the meeting.

He says he decided to launch the suit after documents surfaced that suggest Ottawa ordered the

RCMP to limit protests at the summit to avoid embarrassment to then-Indonesian president Suharto.

Although it may take years before the lawsuit is heard, Jones says it was necessary to pursue it because the RCMP complaints commission, which is investigating security measures at the summit, has no legal jurisdiction.

"There's no robust means of redress in this hearing. They can make recommendations to the police commissioner and that's it. What good is that going to do against the PM or Axworthy or any of the rest?" Jones said.

Portions of a recently released email from Robert Vanderloo,

executive director of the APEC co-ordinating office, implicate the Prime Minister's Office in the handling of student protesters at the summit.

"PMO has expressed concerns about the security perimeter at UBC, not so much from a security point of view, but to avoid embarrassment to APEC leaders," the September 1997 email reads.

"We have to find a balance that meets both concerns... we do not wish student demonstrations and efforts by the government to suppress the freedom of expression to become a major media story..." the email states.



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SCIENCE & ENVIRONMENT

Lake Louise threatened by hotel expansion, environmentalists say

BY NATALIE MACLELLAN

Environmentalists in eleven Canadian cities protested the expansion of Chateau Lake Louise Monday, saying the resort's planned new facilities threaten the park's wildlife and contradict a Canadian moratorium on commercial expansion within national parks.

Canadian Pacific (CP) Hotels plans to build a 7-story conference centre in Lake Louise, located in Banff National Park. The centre would include meeting rooms, a dining hall, and 81 new guest rooms.

The plans for the expansion were passed in May 1998, six

weeks before Canadian Heritage Minister Sheila Copps announced a one-year moratorium on all commercial accommodation development in Canadian national parks.

The National Day of Action was co-ordinated by the Bow Valley Naturalists and the Banff Environmental Action and Research (BEAR) society.

A Halifax protest was held in front of Hotel Halifax, a CP hotel, and was coordinated by the Nova Scotia Public Interest Research Group (NSPIRG). The number of people who attended the event was low, and that disappointed NSPIRG co-ordinator Dave Caulfield.

"There weren't as many people out as we thought," said Caulfield. "It's not a very pedestrian area. But a lot of people took postcards and there was a lot of support from cars driving by."

Protestors carried a banner reading "Lake Louise — for Canadians or for CP Hotels' Profits?" and handed out postcards addressed to prime minister Jean Chretien, asking him to keep his 1996 promise to protect Banff National Park.

A protest was also held in Lake Louise, near the site of the Chateau.

"It went really well. We got incredible feedback," said Ricardo

Hubbs of the BEAR society. "A lot of people were quite shocked when we told them what was to be done. From where we were standing we could say 'right there is where they're planning to build a massive 7-story convention centre'."

Dr. Stephen Herrero, Chairperson and research supervisor for the Eastern Slopes Grizzly Bear Project, stated in a letter to the Alberta Wilderness Association that "the proposed expansion of overnight capacity at Lake Louise will very likely have significant impacts on grizzly bears and wolverines, thus decreasing ecological integrity."

Herrero says the increased number of people staying in the area overnight will increase the stress on the ski hills, an important grizzly habitat.

In 1994, the federal government announced the creation of the Banff Bow Valley Study, which in 1997 provided a basis for the Banff Park Management Plan. The plan states that ecological integrity must be given first priority when considering human use of the park, and that only "basic and essential facilities" will be allowed in Lake Louise.

Conservation groups disagree that the convention centre is basic or essential.

"Basic and essential does not include schools, it does not include hospitals, it does not include churches," said BEAR's Ricardo Hubbs, "but suddenly it includes a massive 7-story convention centre and a luxury shopping arcade and up to 100 extra rooms."

"When you consider a massive 7-story convention centre and luxury shopping arcade as portraying what we feel about our national parks—something's gone amiss here,"

Hubbs said.

Janet Eger, director of public relations at Chateau Lake Louise, says that contrary to what the Bow Valley

Naturalists and the BEAR society are saying, there is no luxury shopping mall, and no retail shopping at all, included in the new complex.

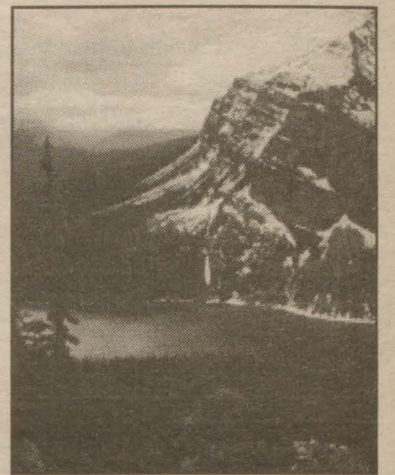
"We appreciate that people may have opposing views and we respect their right to express their opinion," Eger said.

"As far as Chateau Lake Louise is concerned, we've been involved in over three years of discussion and public consultation related to the proposed expansion and we're confident that the development meets all the Canadian Environmental Assessment Act requirements."

She also said that the new facility will not disturb wildlife habitats.

"We're not building our

meeting facility on previously undisturbed land. Currently on the site there is a boiler house which has not been used in 15 years. It's previously disturbed land [that is]



Lake Louise, Alberta.

currently completely unused."

She said the Chateau will also be taking further steps to minimize the environmental impact.

"As part of our conditional approval provided by Parks Canada, Chateau Lake Louise will implement a comprehensive environmental management strategy, which includes a formal environmental management system to be in place by the end of 1999," said Eger. "The Chateau has appointed a full time environmental manager to administer all aspects of the system."

On July 15 of this year, the BEAR Society and the Bow Valley Naturalists filed a lawsuit against Canadian Heritage Minister Sheila Copps, Parks Canada, and CP Hotels, claiming they violated Canada's park policies and environmental laws. They say the environmental assessment conducted by CP Hotels was not

satisfactory.

The BEAR society and the Bow Valley Naturalists met with CP Hotels on Sept. 15, when it was suggested that if CP

Hotels withdrew their proposal and complete a new environmental assessment, the lawsuit would be withdrawn. To date, CP Hotels have not responded to this proposal.

The National Day of Action is the most recent action attempting to stop the expansion.

"I think it's very important that the steps we take in Lake Louise set a precedent on steps to be taken in other national parks across the country," said Hubbs.

"If the Liberal government is going to say there is a moratorium on all commercial development, yet at the same time they're saying they can build a 7-story conference centre, there's a dual story happening here."



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Too many sleepless nights

BY JIM HALL

My Greek text climbs up onto my desk and stares into my ten pound eyes. I realize I have 34 new terms and endless grammar to know by Monday morning, but as I open the book's pages the words meld together, forming a huge ink stain that has become my attention span. I feel like I've been up since antiquity. I am not alone.

As students, we often have to make sacrifices of our marks simply because we are too exhausted from our commitments to perform at our peak. We work to eat while many of our friends get to party, and as a result, we tend to party when our bodies wish we'd just go to bed.

This pattern of abuse may also become a recurring problem known as insomnia.

"Between twenty and thirty percent of the general population complain of insomnia," said Dr. Margaret Rajda, of the Sleep Disorders Clinic at the Queen Elizabeth II Health Sciences Centre. "Insomnia is a symptom rather than an illness in itself. It can be compared to pain due to a broken leg or due to a bad cough.

"At least fifty percent of insomniacs have a mental disorder

caused by depression and anxiety," Rajda said.

Insomniacs may suffer from what is known as psychophysiological insomnia. In this

proper night's sleep for the average person is impossible, Rajda says. Many people are well serviced after as few as six hours of sleep an evening, and many people need

"I would not encourage anyone to artificially reduce their sleep," Rajda warns. "[An individual's sleeping need] is mostly genetic. Instead of trying to re-organize their sleep, insomniacs should re-organize their schedule."

"Students who do not get enough sleep at night will experience cognitive defects," Rajda said. "It has been proven that the occurrence of alertness accidents increases with the lack of sleep."

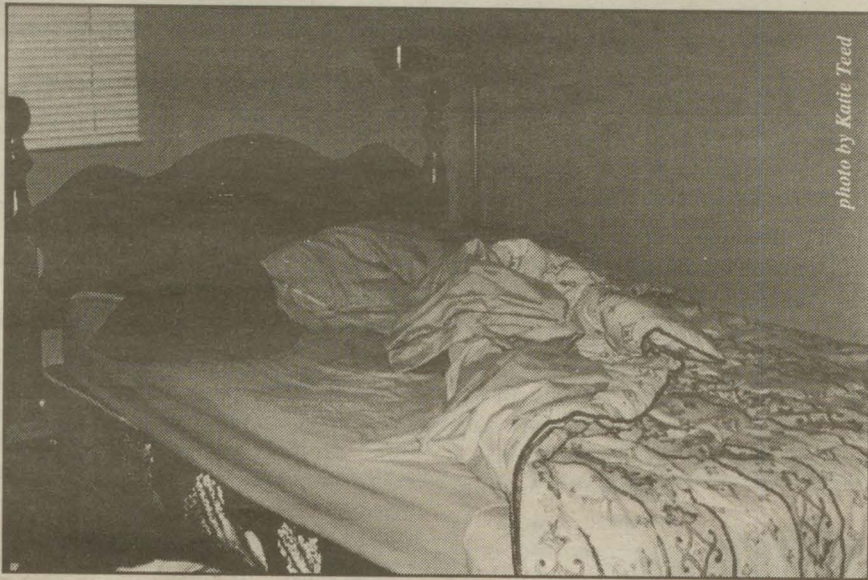
The human body is designed to function during daylight hours and to maintain a regular schedule. Work, party, or study at night causes a disruption in the body's natural rhythm.

Insomniacs should avoid substances that may also disrupt our sleeping pattern such as caffeine, nicotine and alcohol.

"People may say [alcohol] actually helps them sleep, and it does initially," said Rajda. "But they will actually be seeing their sleep fragmented over days."

Rajda also warns against the use of sleeping pills. She says they are temporary solutions that do not attack the root of the problem.

"Some medication will produce tolerance, and some dependence," Rajda said. "If you have a broken leg you don't take Tylenol, you get your leg set."



While most insomniacs own beds, they often have little use for them.

case, the patient conditions himself or herself unconsciously not to sleep. Often times when sufferers of these conditions try to go to sleep they are so worried they won't be able to fall asleep that they build exuberant amounts of somatic tension.

"It becomes a self fulfilling prophecy," Rajda said.

Generalizing the length of a

more than ten hours of sleep a night. Rajda advises that the amount of sleep that is necessary to keep a person feeling primed is "highly individualistic" to that person's physiology.

Likewise the amount of sleep our body needs cannot be supplemented by other stimuli, such as a little extra exercise or coffee in the early morning.

Fun with science

BY CHRISTINE PRESTON

Science majors — do you remember the days before you were sweating it in a lab, trying to crystallize an organic molecule or discover the genetic code of a fruit fly?

The Adventures in Science program is offering science students the opportunity to help children aged 7-12 become interested in science and technology. The program needs volunteers to participate in workshops for Sparks, Brownies, Beavers, Cubs, Girl Guides and Scouts in the metro Halifax area.

This year's theme is the body's senses, as well as a workshop on digestion for Girl Guides. The activities are hands on and prepared in advance by the program's co-ordinators. The activities are usually about two hours long and are on weeknights.

Many of the workshops are held in the Halifax area and students can arrange volunteer times around their schedule.

Students can participate in the program a few times a year or once a week depending on the time they have available.

"This is a really good opportunity for students who are interested in an educational science outreach," said Karen Rockwell, the Adventures in Science co-ordinator. "The kids get very excited about the activities."

The program begins in November and continues until March, excluding the month of December. During the week of Oct. 19 there will be training sessions for interested students.

For more information you can contact the Adventures in Science office at 494-6751, or visit room 4609 in the Centre for Marine Geology.



Note: The Dalhousie Gazette disclaims all liability in the use of coathangers as anti-depressants. This is a suggestion only, and not a good one at that.

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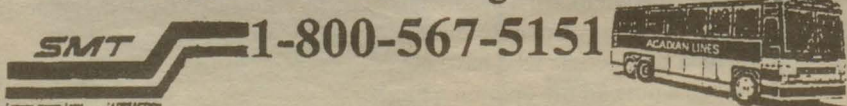
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Happy rocks you'd never find here

"There is no truth but in transit." — Ralph Waldo Emerson

"Be nice to the person behind the counter, what makes you think you're better than them." — Piggy

Sarah had met Hugh in Siberia, and now I was driving to Alberta so she could move in with him.

And on the way we drove through a lot of small, Canadian Siberias — small towns that made up small counties that eventually made up big provinces. Small towns so small they escaped jokes about small towns and are reduced to being quaint as people drive through them.

Small towns are a lot like teenagers.

Both feel the need to stand out from their peers. So every town has a different mascot, fruit festival and bizarre highway claim to fame — like the inexplicable "Happy Rock" outside Gladstone, Manitoba — the same way leagues of teenagers have piercings, dolphin and butterfly tattoos and limp, processed hair of some particularly unnatural Kool-Aid colour.

But just because they are small, and maybe a bit weird, doesn't make them insignificant.

Dal's population is easily 10 times greater than most of the places I drove through this summer.

And the implication is that all the people traipsing

around campus are infinitely more than the people who shop at the Co-op.

More in touch. On the edge. Faster.

Whatever.

University is a place populated by a parade of similarly-aged, similarly-dressed, similarly-

blessed people — mostly from similar backgrounds.

Small towns are populated by everybody else.

So this country may be run by people in Ottawa who use lots of words that end in -ize, but it is

Everybody loved it.

I have a feeling it would've got nothing but eye rolls here.

So yeah, more and more Canadians have gone, are going, or will go to university. But lots didn't, aren't and won't. And thinking they suffer for it is unspoken, condescending and completely untrue.

Students are more insulated

against the 'real world' than almost anyone — regardless of their hick status.

So how come we're so much better than people who don't go to school? When we get drunk downtown, are our slurrings more enlightened? Does the ability to cram for a calculus midterm and having the time to discuss the finer points of *Dawson's Creek* versus *Party of Five* elevate our decision-making ability?

See, the problem isn't that university students don't actually learn as much as they think they do, or aren't exposed to enough different types of people or ideas. That'll all come once we actually graduate. The problem is if when we encounter different types of people and their ideas we automatically disregard them.

Superiority complexes are pretty insidious.

So, unless things change, the people in Ottawa who make decisions will always likely have come through university.

And if they think they're above everybody now, what kind of decisions will they make then?

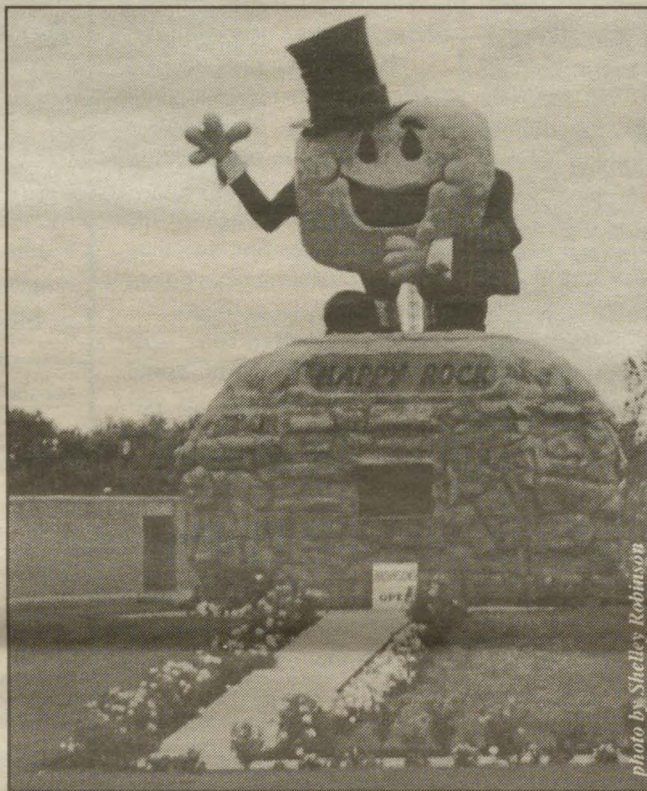
SHELLEY ROBINSON

Editorial

populated largely by people who watch *The Wheel of Fortune*. and drive pickup trucks.

And we are probably better off for it.

Canada is full of the people who paid 15 bucks to sit in bleachers in the middle of a field in



Happy Rock, Gladstone, Manitoba.

the middle of nowhere-prairie-land — population: haybales — to catch two plays in *Bob's Wild West Adventure Show*. The plays featured a chubby, hairy guy who dressed up as a woman, a 10 cow "cattle run", cap guns, crackling microphones, and cheesy, cheap costumes that matched the acting.

THE DALHOUSIE GAZETTE

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All submissions must be typed double-spaced on paper, e-mailed, or on a Mac or IBM 3 1/2 inch disk, in a WP version not greater than Word 6.0 or equivalent. The deadline is Mondays at 4:30 p.m.

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Letters

Talking to the Ad-man about honesty

To the editor,

There has been a lot of debate recently concerning sponsorship of events and advertising on campus. The debate has centred around tobacco companies sponsoring concerts and Pepsi Cola's campus-wide contract. We as a community need to talk honestly about these issues. These issues in my mind consist of three significant questions. First, what is the significance of these agreements in a whole community context? Secondly, should we continue to allow tobacco interests access to our Student body through co-promotions at any level? Thirdly, and perhaps most importantly in my mind, who should make this choice for all of campus?

The Pepsi contract and the presence of tobacco advertising are in fact insignificant when compared to the trend towards a greater commercial presence. For example, the top two floors of the new computer building will be devoted to private industry; the revenue generated by this arrangement will be used to offset the cost of construction and other related costs. This arrangement begs the question: what will the future hold for departments with less obvious commercial applications? Can we look forward to a new Philosophy wing with the top two floors devoted to private industry?

While the presence of Pepsi may irritate some, it is unlikely that it will have an effect on the price of tuition or change the quality of education at Dalhousie. I do not know what the effect of 20 million dollars in research grants means to tuition. I do know however that research grants rarely cover the overhead associated with these projects. These costs add up, into the millions. I am not suggesting that we should not solicit research dollars, however we need to ask where these dollars come from. What access to the research conducted do the donors receive? Who owns the research and who owns the intellectual property produced? Is there a point when these research dollars make it possible for the donor to begin to determine the results of the work and the mandate of the university? Is there a point when tenure will be granted in part on the ability to generate research dollars? Have we already reached that point? We as a university community need to examine our priorities; we need to look less to the easy targets for conversation and look directly to the issues that effect the quality of education at an institution we are all stakeholders in.

There still remains the question of tobacco sponsorship at the Student Union. Personally I think the world would be a better place without tobacco companies. I cannot think of a product or industry that has brought more pain and wreckage into this world than tobacco. We as a society have allowed them to sell a product that makes addicts of our children and which kills people who have never taken a puff. In my opinion a more

hateful cynical, deceptive group of villains you would be hard pressed to find. That is my opinion, and that's the rub. That's all it is, for what it's worth. With regard to continuing sponsorship, I suggest the following solution. We are a community of educated adults; I cannot off-hand bring to mind a community more qualified to make a choice, or form an opinion independently.

Here are the facts to date: (1) no student has complained about the Belvedere concert advertising to the Student Union, and (2) the Student Union made no money through this sponsorship, through savings or otherwise (the savings translated into lower ticket prices).(3) The show was a complete sell out.

Does that mean students don't care or that they approve of the product being promoted? Absolutely not. With no protest or complaint should one person make a moral decision for every Dalhousie student? Absolutely not. I will be the first person to say that we should make a decision about this relationship, but we must make that decision by using the democracy that exists in our community. I will be the first to pose a question; however, I would never be so arrogant as to answer that question for anyone other than myself.

It does not take a great deal of wit or effort to say that Government should contribute more to education — of course it should. And in fairness, while despising tobacco interests is both understandable and appropriate, both positions are of limited usefulness. We certainly do not need any more coffeehouse self righteousness. What we need is viable alternatives and approaches to returning funding to a reasonable level. Once again a more qualified group of adults to produce these alternatives I cannot bring to mind.

Brian Kellow
DSU executive vice-president

Playboy espousing hate against women

To the editor,

I am writing with respect to "Playboys respond", a letter that appeared in the Oct. 1 issue of the Gazette. Playboy campus reps Yip and Wildsmith imply that Shelley Robinson's critique is a personal view, and thus insignificant. I'd like to clarify some points for the Hefner reps. Ms. Robinson's opposition to hate literature is neither personal nor is it insignificant.

Yes, you heard me right — Playboy reps Yip and Wildsmith are advocates of hate literature on campus. The fact that pornography represents hate literature against women is not the insignificant personal opinion of this writer. Rather, it is a codified element of Canadian Human Rights legislation. Let's be perfectly clear on this issue — Hugh Hefner's pornography conglomerate has nothing to do with free speech and everything to do with the subjection of women.

Yours truly,
Mary MacDonald

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The Letters/Opinions section of the Gazette is meant as a campus forum for all Dalhousie students. The opinions expressed within may not necessarily be those of the Gazette staff or editorial board. We welcome all submissions, but reserve the right to edit for style and content. It is the Gazette's mandate not to print racist, sexist or homophobic material.

Limited careers control job fair

Oh, where have all the Arts jobs gone?

On October 5th, I set off to the First Annual Halifax Joint Career Fair with a folder full of resumes, hoping to find information on career possibilities in many fields that I was interested in. Unfortunately, it was a complete waste of my time.

I guess I must have walked past the sign reading "Attention Arts and Science Students: Please F*** Off" without even noticing it.

It took a mere fifteen minutes for me to realize that the companies with booths at this career fair were only interested in hiring commerce, computer science and engineering students and graduates. It is without debate that these three fields are currently booming, but they are certainly not the only career choices available for students. It is possible that jobs in these fields are the most abundant because they are not the

most interesting and appealing career choices for many of us.

This non-equitable representation of a wide variety of fields is both astounding and offensive. For starters, although most of the booths were representing the three aforementioned fields, it would be ridiculous to say that most students are doing studies and preparation for these fields. The whole point of such an event is to show students the wide variety of opportunities available for summer employment and a career following graduation, which this fair certainly did not do.

Secondly, the idea that a Science or Arts degree is useless for a career in industry is preposterous. I found only a few booths interested in science graduates, and most of those were directed to environmental science and biology.

Strange, I thought that biotechnological industries were also booming, yet not one biotechnology company was at the fair.

Arts students were seriously shafted at the fair. There were a few employment opportunities for people with "any bachelor's degree", but if there was so much specialization represented for the field of computer science, then where were the according specialized career opportunities for Arts students? There were no

booths from the media, film, publishing or Fine Arts. So many industries were completely ignored in this fair that it was essentially a case of false advertising. If a general career fair is going to be held, ideally it should represent more than just three careers. Possibly the most frustrating aspect of the fair is that it was hosted partly by our university, using our money, but only represented the interests of a small percentage of students. This misrepresentation is

thoroughly frustrating and disheartening. As students educating ourselves in a diverse range of studies, we need to ask ourselves why our tuition rises astronomically every year to fund such useless, biased events as the Halifax Joint Career Fair.

JANET FRENCH

An utterly useless Chemistry, Biochemistry major

Women defending themselves, again!

The annual Take Back the Night march took place Sept. 18 at Grand Parade Square. Since that night we have been asked a number of times to justify the exclusion of men from the march. We have also been asked how violence against women differs from violence against men. A recent article in The Picaro, Mount Saint Vincent's student newspaper, attacked the motives of women attending the march and feminists in general. This article is an attempt to clarify the differences between violence perpetrated against women and violence perpetrated against men in order to understand the need women feel to Take Back the Night alone.

Violence under any circumstances is unacceptable. Men are victims of violence and we, as women, do not want to demean this fact, only to understand the ways in which violence against women is different. And it is. Violence against women is different because we live a patriarchal society. What does that mean? Women and men are not equal in society. Even though formal equality is there, substantive equality is lacking. How is substantive equality lacking? Women are people, equal before the law and yet societal institutions have failed to implement that equality. The realities of women's lives are that women are not equally represented in positions of power; women are paid less than men for work of equal value (as determined by a recent Human Rights Tribunal ruling); women's history is not represented in school curriculums; "feminine" attributes are not valued by society, and our justice system treats issues such as rape, domestic abuse, stalking and sexual harassment as "women's issues" and refuses to address the systemic nature of the problem.

Violence perpetrated by men on men lacks the power dynamic which is created by a patriarchal society. When women are victimized it is often the

combination of physical assault with economic, emotional and sexual dominance. Male on male violence is often a battle of physical strength, as the courts like to put it, a "bar room brawl" mentality. Domestic violence against women has only recently been understood by law as criminal behaviour. It is not a private affair, it is the result of a patriarchal society which condones violence against women. If you're not following what we're saying, start by looking up the phrase "rule of thumb".

Violence against women is different because if a man is attacked he does not get asked "What were you wearing?", "What were you doing there?", "Why were you out that late?", "Why were you alone?" or "What's your sexual history?" And the list goes on. Perhaps more importantly, the reality is that men are rarely attacked sexually. And if it occurs, it is most likely a case of male on male violence which does not have the same patriarchal dynamic as male on female violence. The reality of violence against women is that research estimates that one of two females has been the victim of one or more unwanted sexual acts. Those are your numbers. There is your violence.

Results from a recent Gallup poll indicate that 50 percent of women are afraid to go out after dark in their own neighbourhoods. This is another distinction between violence against women and violence against men: fear. One of the first critical aspects of violence is intimidation. Women do not walk alone at night because they do not want to be attacked — this is an important aspect of violence against women because women are forced to take responsibility for the acts that men may or may not perpetrate against them. Women are made to feel responsible for actions that men may or may not commit against them rather than demanding the substantive equality and social change necessary to remove their fear. This is the whole point of Take

Back the Night.

Take Back the Night is twenty years old and is a global event. It is an affirmation of women's commitment to fighting for environments where we can work, live and play safely. The are several reasons why the march is women-only. The night is one where women's voices, which have historically been silenced, can be heard. Every other night of the year women are forced to rely on the implied protection of a male companion in order to feel safe. The women marching to Take Back the Night are angry. They want to be able to walk alone at night and they do not feel they are able. Individually these women want to be free to live without fear.

Women banding together in protest of a situation that uniquely affects them is both empowering and necessary. It is empowering to be amongst 200 women demanding the realization of the equality which we have supposedly been granted. It is women demanding the privilege that men are currently afforded, that is, to be safe and without fear. It is necessary that women walk alone so that they can realize that they are able to walk alone. Women must walk alone in order to claim the individual right to be safe at night. You are not just walking among a group, you are walking among a group of women that share the same fear you have. You, as an individual, are claiming the right to personal safety. Walking alone amongst a group of women you are claiming not only the right to walk alone every night but the right to live free of the systemic violence that permeates women's lives in a patriarchal society.

Funny how women getting together one night to protest the atrocities that they face daily causes such a stir. What's everyone so afraid of anyway?

CHERIE BENOIT,
HEATHER FERRIER,
KIRSTI MCHENRY,
PATTY THOMSON.

The perils of the free market

Democracy = one person, one vote. Free Market = one dollar, one vote.

As world currencies and markets crash, we are being told who to blame. Stockbrokers and the rich are assured their monetary status will remain strong while there is little support offered to the poor. The human greed inherent in capitalism-as-religion will force society into two niches — those who can pay and those who can't.

It is, to many down here on the ground, rather disturbing how increasingly hard it has become to survive in today's market economy. No matter how much the economy grows or will grow, the ability to pay for this growth does not seem to increase by the same margin. Canada may be the number one nation in which to live, but only if you live in a big house in Toronto, Burnaby, or Oakville.

What bothers some of us is that a market-driven economy is just that — market-driven. The market (not plural, as it does act as one) determines everything from government policy to minimum wage rates. It always seems out of the people's control. And yet, it is indeed operated by someone.

Stockbrokers.

More than just brokers though, it's the greed that drives them. Stockbrokers will buy and sell on a rumour, any rumour. They will react simply because they *must* make a profit, either for themselves or others, at all costs (or rather no costs). The economy seems out of our control because it is. We did not elect a handful of animal-like greed-machines to assist our lives. If you

don't play the stock market you will get left behind, so they say. But seriously, how many of the poor in both Canada and the rest of the world have money with which to play.

But I digress. We have lost fundamental control of a human creation, not some ethereal or eternal spirit which has and will exist for all time. Many "expert" economists say we cannot impose controls on the market. Perhaps we cannot restrict it, as it is; however, we can shut it down.

And what I suggest is markets shut down until the middle of next year. This will give time for countries like Japan and Russia to overhaul and stabilize their economies, without having to worry about panic investors.

Russia already tried it.

They halted trading of the ruble on international markets for a few days to keep it from dipping too low. Currencies or stocks can't dip if they can't be traded.

Malaysia has taken this one step further. They have halted all exchange of their currency around the globe and have imposed strict limits on the influx of foreign currency. Many say this may set a dangerous precedent. Perhaps it is the only choice.

The rich get richer and the poor get poorer and the abyss betwixt the two grows ever larger. There is a lack of understanding or sympathy toward either side while all the time, suffering increases. In the past, this has set up for revolutions. An anti-capitalist revolt may be an inevitable result.

TRISTAN STEWART-ROBERTSON

I headed off to a dreaded lunch at Grandma's house. This was a yearly event, sponsored by my unflinching ability to be manipulated by guilt. Do you ever notice the quirky little comments made by your grandmother? The subtle yet undeniable statements enclosed in a terrible cliché aimed directly at your life? I think it must be a pre-requisite to being classified as a full-fledged grandmother. I believe there is a school for this type of thing. I arrive at her house, precisely at the stroke of 1:00. "You're late," she says. I smile. "Sorry, I got caught up in traffic." A lame excuse, but **who wants to argue** with a woman I only get to see once a year? "What is new," she wants to know. I show her an article I had written for a weekly paper. She reads it or at least pretends to. "Everyone is gifted dear, some people just open the package later than others," she said with a smile, filled with ultra-bright dentures. **I am sure she meant that I had opened the package sooner.** She has fixed these little finger sandwiches, filled with baloney processed with bits of macaroni and cheese. The condiment of choice is mustard. I have no idea what baloney is, nor what it is doing with macaroni and cheese. The mustard is anyone's guess. I gingerly pick up a tiny morsel dreading the moment it will be forced upon my pallet. "So did you like my article?" I inquire, feeling the need to extend the moment of suspense for my mouth. "Don't feel bad dear, **a lot of people have no talent.**" She again gave me that denture friendly smile. "Would you like some tea?" Isn't it funny how after you are insulted by your grandmother, she wants to feed you. I put the sandwich down. She continues about various other things, trivial in the general scheme of life, but important if you are single, wearing diapers and 85 years old. She tells me about a new man at her singles club. "He's so dark and handsome," she muses. "**yeah, right.**" I think, "**When it's dark, he's handsome.**" But I keep my opinions to myself. "How's school dear?" I tell her about a mistake I had made on a recent French exam. "Oh, well dear, that can happen to anyone, but **it happens to the stupidest people first.**" Followed by a pat on the head. "**Huh?**" **Another point for Grandma.** So with Grandma I have no outlet, nowhere to express what only comes out in murmured groans over stale tea. But there is the Gazette, and there is an **opinions section** and that's for me to express myself, for all to express themselves, to write what Grandma's ears could never handle. **Gazette opinions. My relief, my solace, my vented frustration.**



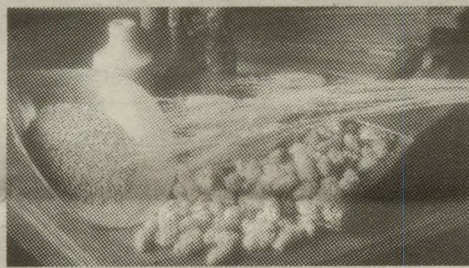
A blast with the past.

Back in the 1820s, the Maritimes were the place to be. Ships loaded down with goods from around the world berthed at the port cities. While down on the docks, soldiers and sailors, adventurers and merchants brought cosmopolitan flavour to the local scene.

It was in Halifax, on Lower Water Street, that a very fine India Pale Ale was born, forever changing the social swirl. The brewmaster was Alexander Keith.

He refused to compromise, insisting on using only the finest ingredients. Then brewing slowly, carefully, taking the time to get it right. With an unrivaled commitment to quality. Once Alexander decided his was finally ready, barrels were

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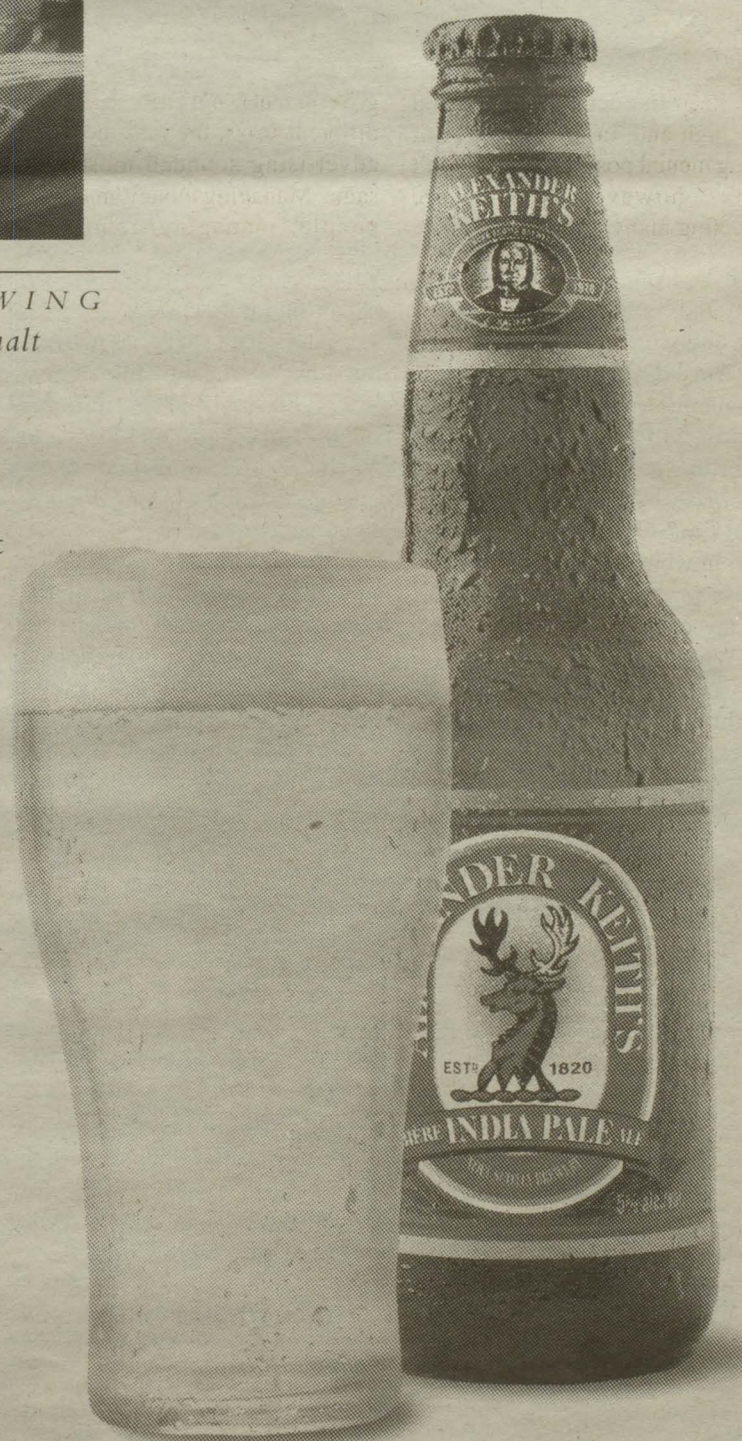
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FOCUS

Kiss-ass careers for the uninspired

Aspiring corporate gimps join the boot-lick line up

BY ANDREW SIMPSON

Careers come in all shapes and sizes, but Monday's university-sponsored career fair at the World Trade and Convention Centre in downtown Halifax came in the solitary shape of a corporate love-in.

Arriving at the convention centre with a closed mind, I was happy to discover my scepticism could not be shaken — representatives from major corporations filled most of the 95 booths.

I'm no rabid idealist, unwilling to work for large corporations (although I would like a career with meaning), but I'm also not naive enough to think that any corporation would hire me, except as a retail gimp — and I've been there.

Corporations are glad to have access to university commerce graduates, but they're even more thrilled that schools continue graduating Arts students, like me, who keep the demand for menial jobs high and, in turn, the cost of filling menial positions low. I don't think, however, they were expecting many of us at the fair.

Milling among the career-seekers, with resumes, firm handshakes and solid eye-contact flying in all directions, I was impressed with the myriad boot-licking opportunities available.

The day's first revelation was that most of the students there, in spite of their job-envy and power-suits, were not much different than me; they were just lining up to become higher-paid gimps.

For those interested in middle-management positions — paper-pushing nowhere, as far as I'm concerned — there was opportunity at every turn. If you possessed the right set of intangible commerce skills to excel or "to win in business" (as many of the brochures put it) there were all sorts of jobs just a screening process or two away.

The day's second revelation was that while the companies came from different parts of the private and public sectors (finance, industry, information technology, government), and each operated in different ways, the jobs they were advertising sounded mostly the same. Managing money, managing people, managing computers,

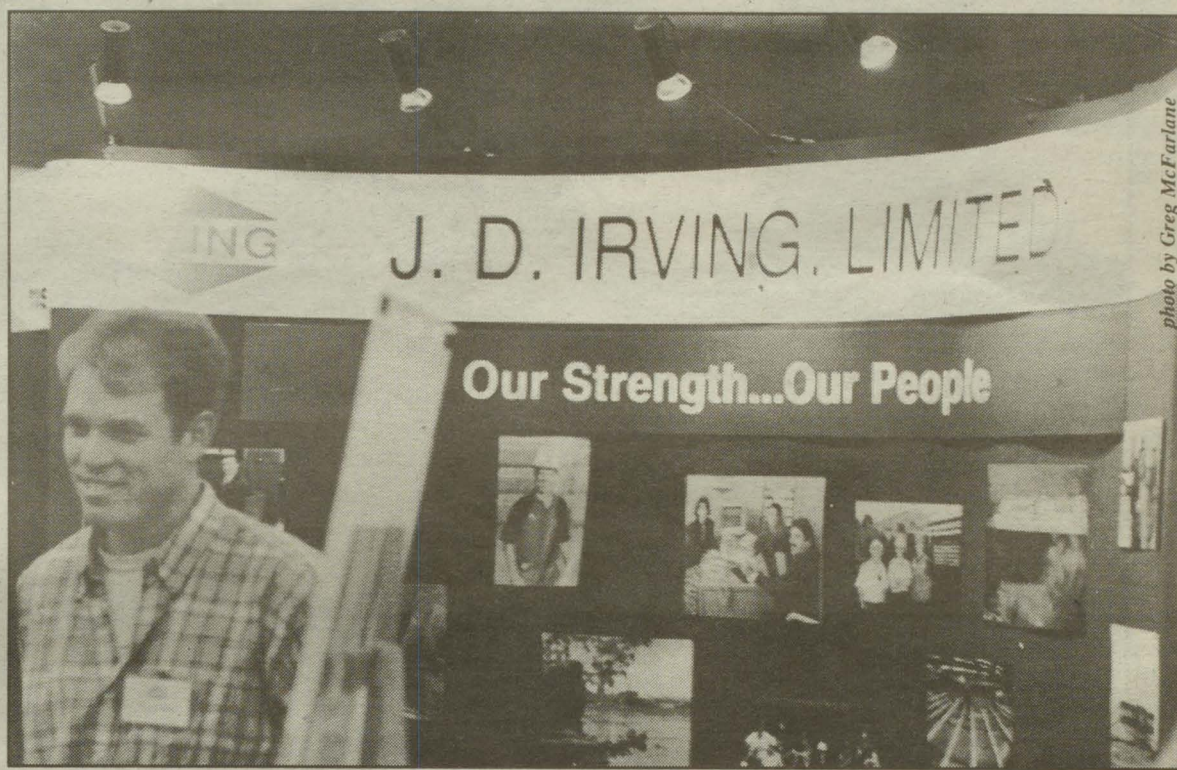


photo by Greg McFarlane

"So, how about those damned monks?"

managing piles of paper, managing to stay sane as the years slide by and four white walls, fluorescent lighting and a faux-wood desk begin to define your existence — they're all one and the same.

It didn't matter who anyone gave their resume to as long as the company name carried a cachet of corporate respectability, ensuring suitable salaries and benefits.

It seemed the questions "who to work for?" and "what to do?" were irrelevant. And, as a result, the questions "how much?" and "can I wear a suit, carry a briefcase and use a cell phone?" were the only determining factors.

As a child I had a similar notion of work.

I dreamt I'd wear grey flannel, carry a briefcase and work in an indistinct office tower. At my desk each day I'd unload a wad of files from my briefcase and begin work.

The work itself was

immaterial. What I actually did and who I worked for was as trivial as the paper-thin day jobs of comic book heroes. As I saw it, work wasn't something you actually did, it was just some sort of place, or state of existence in which people floated from nine to five. And from the campy confines of kindergarten that seemed exciting enough.

But I'm no longer five, and I'm no longer happy with that notion of a generic business career. I know with unwavering certainty that, whatever career I choose, it will mean more to me than a paycheque.

As I said at the start, careers come in all shapes and sizes. Sadly, the career fair — which was more like a commerce fair — provided a narrow view.

Near the end of the event, a representative from a major financial institution explained that after collecting over 500 resumes

through the career fair and several campus visits, his institution would begin a hiring process lasting several months, and might (he emphasized "might") hire one student.

It sounded more like corporate cherry-picking than a career fair.

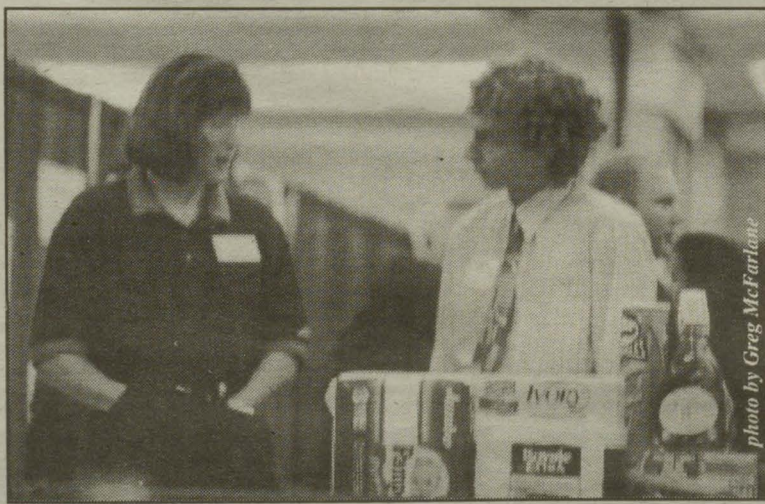


photo by Greg McFarlane

"Have you ever read *Death of a Salesman*?"

Gazette Career Fair

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Interviews by Greg McFarlane, Photos by Avi Lambert.

How do you feel about tobacco companies sponsoring and subsidizing events on campus?

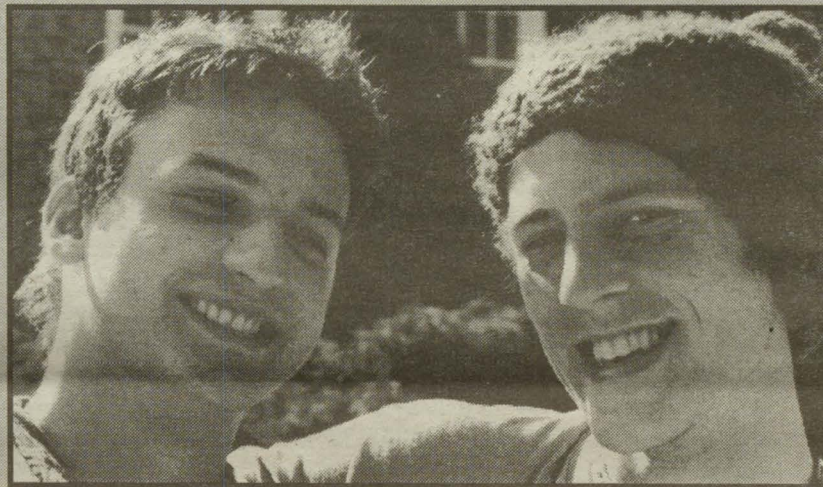
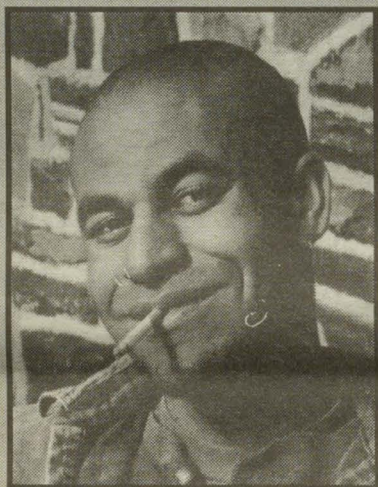


"I think its good."
Jill Campbell, Toronto, ON,
 2nd-year Theatre.

"I can't really say much because I smoke, but it is supporting the campus. It's for a good cause, so I agree with it."
Jen Lochhead, Ottawa, ON,
 2nd-year Arts.

"I think its ecellent."
Caddy Ledbetter, Kitchener, ON,
 2nd-year Arts.

"I think it's wrong, tobacco companies being involved... I have moral issues with that."
Tara Srinivas, Halifax NS,
 Masters in Biological Engineering.

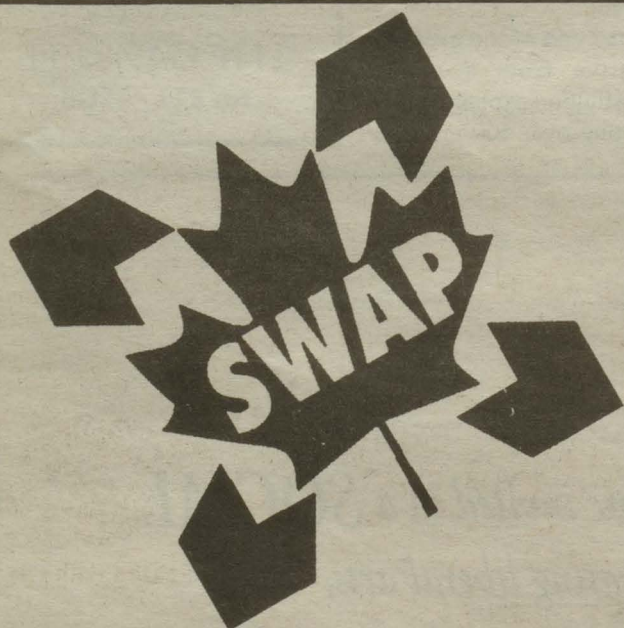


"Why not? Big business subsidizes everything else, and they're just as crooked. When you look at it, promotion of smoking is an individual choice. If someone gives money for an event, it helps with a good time. Money is money. Capitalism lives!"
Bruce Saunders, Halifax, NS,
 4th-year Psychology.

"There's a lot of financial support by tobacco companies and perhaps the school can incorporate better ways of advertising rather than having ads that are so blatant and in your face."
Jann Ticknor, Winnipeg, MB,
 1st-year Health Education.

"They've got the money, so why shouldn't they spend it on something worthwhile. I don't have a moral objection to the 'big, evil tobacco company'."
Tyler Compton, Dartmouth, NS,
 2nd-year BSc.

"If they're giving money, let them dole it out. As long as they're not shoving cigarettes down people's throats, it's okay."
Scott McCormack, Halifax NS,
 1st-year Arts.



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ARTS & CULTURE

Committed: an exercise in comic choreography

BY JANET FRENCH

A tantalizing combination of works ranging from morose to delightfully silly best describes choreographer Veronique MacKenzie-Bourne's latest creation, *Committed*. On Oct. 1 and 2, four of MacKenzie-Bourne's wackiest explorations of movement came to life at the Dunn Theatre.

Humour was the prevailing theme of the evening, for there was much blatant physical humour, but also some more subtle situational and emotional humour in the pieces. "The Seeds of Time" is a piece that stretched the limits of the imagination, with bizarre, colourful costumes and eccentric movements. Inspired by the short story *Pawley's Peepholes*, an exploration of the ideas about time travel in the 1950s, "The Seeds of Time" is an eclectic take on an average citizen's encounter with some zany futuristic visitors. Wildly hilarious, this piece kept the audience in perpetual fits of laughter.

"In the Wings" was yet

another effervescent piece, depicting the reality of backstage occurrences in contrast to the fantasy world and untenable perfection that the audience sees on stage during a performance. This spoof was created to remind the audience that despite talent and hard work, performers are indeed human and are equally susceptible to exhaustion, injury and of course, chain smoking.

With the introduction of such a character whose presence instills immediate fear into the hearts of all the dancers, this piece also takes a stab at the pretentiousness of more prestigious dancers and choreographers.

"Vent," a musically unaccompanied piece, explored the ultimate frustration and anger that life sometimes brings. It appears that MacKenzie-Bourne feels that the ultimate outlet for this frustration is... a telephone book! An emotional quartet, "Vent" explained that phone books can be thrown, stomped on, yelled at, and have their pages ripped to very

small shreds in a matter of seconds. A physical explanation of a mental breakdown, "Vent" accurately portrays what we do inside of our minds every day when feeling such intense frustration.

Inspired by a *Discover* story of a bog-preserved mummy found in Denmark, termed the "Huldremose Woman," "Crypt" is a haunting and eerie exploration of

physical and emotional remains. Netting, cobwebs and much flowing material kept these escaping souls tangled in their physical pasts. Overall, *Committed* was an impressive collection that teased the audience and pushed MacKenzie-Bourne's creative limits to the unimaginable.

Of the prevailing humour in her pieces, MacKenzie Bourne says

"I'm an observer of human behaviour and of the human condition. Can I help it if a lot of what I see is funny?"

Although she brings ideas to life that seem initially crazy and unfathomable, MacKenzie-Bourne and the talented dancers who brought her visions to life should be commended rather than "committed."

Tribe bids adieu with fifth album

BY KARAN SHETTY

Being a rabid fan, I admit it's a bit hard to stand back and be objective in my appraisal of A Tribe Called Quest's newest (and presumably last) album, *The Love Movement*.

The songs may mean a lot more to a person like myself, who owns all four previous albums and has traced the evolution of their music since the release of their ground-breaking *Peoples Instinctive Travels and the Paths of Rhythm* album back in 1990. Tribe's decision to disband this summer is based, they insist, on professional rather than personal reasons. The group feels that they have said everything they could possibly say and don't want to turn out music that isn't real. After the lukewarm reception to their last album, *Beats, Rhymes and Life*, A Tribe Called Quest is wary about putting out albums that do not live up to the standards of their first three classics.

Ali Shaheed Muhammad, Tribe's DJ, was quoted in this month's issue of *The Source* as saying, "It'll just get worse [until]

it doesn't mean anything to anyone. And while it does mean something to us, and to people — our fan base and our peers — we wanna leave it on that high note."

Do they succeed? The answer is a not-so-enthusiastic "yes". While *The Love Movement* has a couple of tracks which can stand in comparison with anything from Tribe's previous albums, there are a few sloppy compositions which keep this release from achieving "classic" status. The first single from the album, "Find a Way", is solid enough to keep fans happy and catchy enough to get radio play. Other tracks which stand out are "Busta's Lament", "Hot 4 U" and the album's opener, "Start it Up", where Q-Tip showcases lyrical ingenuity and creative delivery reminiscent of "Skypager".

Not to be outdone, Phife also delivers in "His Name is Mutty Ranks" by revealing his well known talent for coming at you with a barrage of innovative rhymes. One improvement on the last album is the more obvious co-operation between Tip and Phife, whose vocal chemistry had so much to do with the success of their first three

albums.

The weak tracks on the album suffer from having choruses that are just a little too cheesy. The chorus in "Like it Like That" ruins what would have been a perfectly good song.

Since the release of *Midnight Marauders*, which is undoubtedly Tribe's most accomplished album and worth its weight in platinum to hiphop aficionados everywhere, the group has been cursed with having to always duplicate their success with all their subsequent releases. While *Beats, Rhymes and Life* was in no way Tribe's best album, it came under harsh criticism because everyone expected it to be even greater than *Midnight Marauders*. Like *Beats, Love Movement* will always be an under-rated album because it lacks the level of inspiration which gave birth to *Marauders*.

Regardless of the public's verdict on this new album, Tribe's place as one of hiphop's great innovators remains secure. If Tribe kept their credibility intact even after playing *Lollapalooza*, I'm sure they'll survive a little critical backlash.



Veronique MacKenzie-Bourne's *Committed*, at the Dunn.

BUCK OFF!

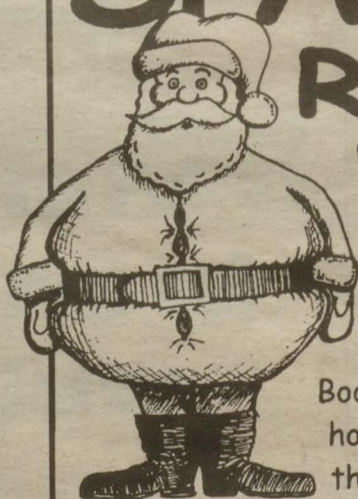
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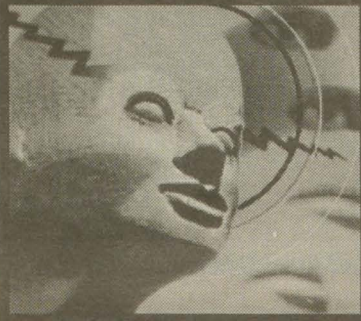
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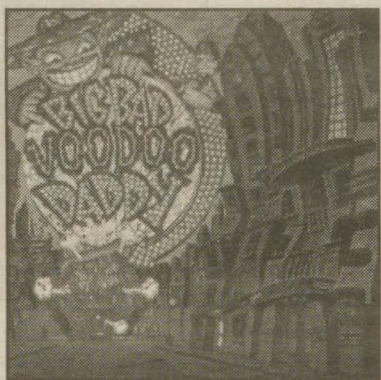


+ SPEWS

Big Bad Voodoo Daddy
Big Bad Voodoo Daddy
Coolsville Records

Swing is back baby and these cool cats sure know how to cut a rug.

Here's the skinny on these eight swingers: they're from the US, based out of Hollywood, and have been together since 1992. Their style is definitely one of the 1940s but it has a jazzy 90s twist.



This self-titled album is their first major label release and has just

gone gold, with a lot of promise of going higher. You may have seen these guys giving it their all on the show *Party of Five*, or in the movie *Swingers*, which was written by a friend of the band.

BBVD are made up of the usual swing orchestra, with the hopping horns, pounding piano, groovy guitar, and dazzling drums and wild vocals. Eleven of the twelve tracks are originals, with one being an "old-time favourite". Most of the tunes will definitely get your toes tapping and your body wanting to get up and do the Lindy Hop. The most jiving track is definitely "Go-daddy-o", which starts off with a crazy sax intro with the cool cats in the background yelling, oddly enough, "go-daddy-o". Later the tune goes into a smokin' horn solo.

If you want to get into swing music (which seems inevitable these days), go pick up this album, get some gin and tonic, a nice striped three-piece suit and do the

jitterbug.

DAVE MACDONALD



Art Gallery of Nova Scotia: *Drawings of Helga Weissova Hoskova*

Drawings depicting life in a Jewish ghetto during World War II are the focus of this exhibit. The artist was a twelve year old Czech

girl who was eventually deported to Auschwitz along with her mother. The exhibit is part of the Terezin Studio Project in celebration of the 50th anniversary of the Universal Declaration of Human Rights, and is ongoing to October 25th.

Upstream Music Ensemble presents a benefit concert for the Maritime Conservatory of Performing Arts. (Thursday, Oct. 8, 8:00 pm) For ticket info or reservations call 423-6995.

Saint Cecilia Concert Series: *Dinner With Gershwin*
Paula Rockwell, *mezzo-soprano* and Peter Allen, *piano*

This supper hour concert lasts approximately one hour and is followed by an evening meal. Tickets are available at the Dalhousie Arts Centre Box Office or at the door. (Friday, Oct. 9, 5:30 pm, St. Andrew's United Church, 6036 Coburg Rd.)

Saint Cecilia Concert Series: Wei Liang Zhang, *flute*, Patricia Creighton, *flute*, Robert Kortgaard, *piano*

Wei Liang Zhang is China's leading performer and composer on the Chinese flute and her Halifax performance shouldn't be missed. (Saturday, Oct. 10, 8:00 pm, St. Andrew's United Church, 6036 Coburg Rd.)

PHOTO OF THE WEEK

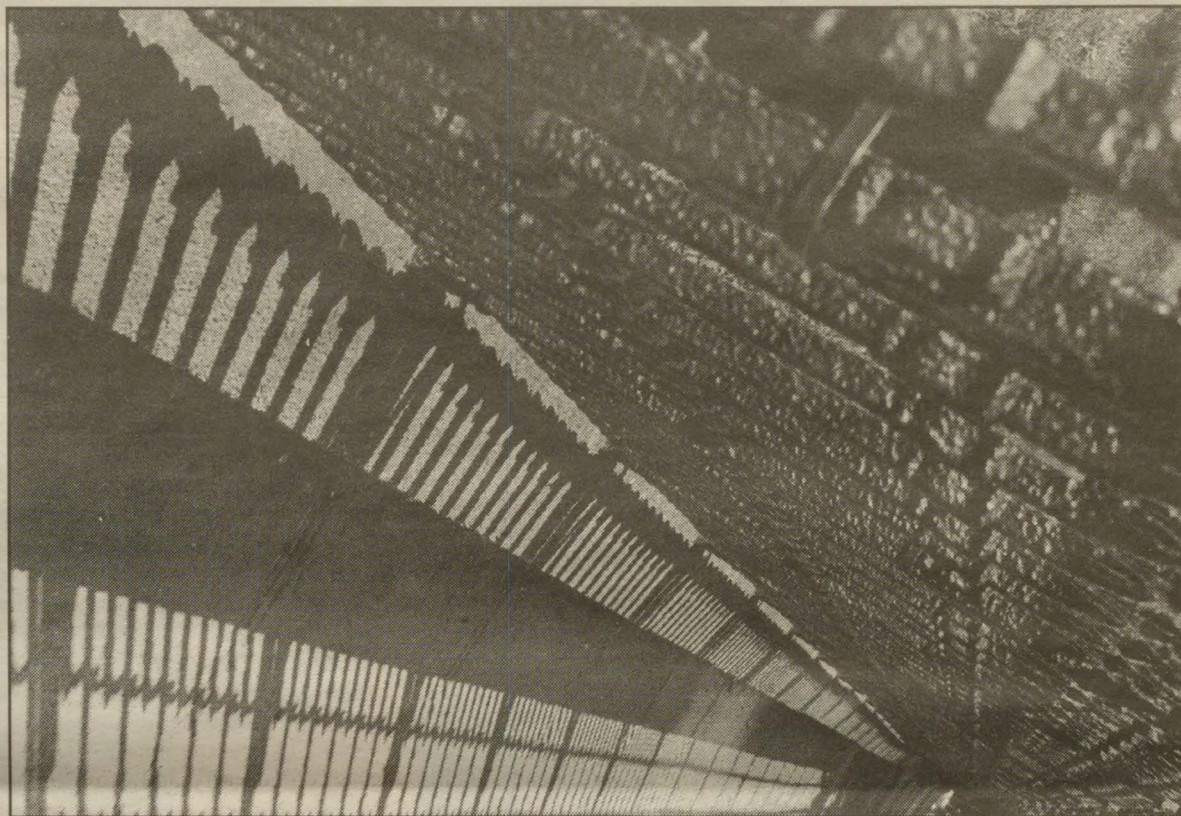


Photo of the week: Gazette photo editor Pascal Languillon enjoys hanging upside down on historic wrought-iron fences and taking photos of the shadows in the late afternoon sun.



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Arts & Culture**

THE GAZETTE rm 312 SUB

"A BONE-CHILLING TALE!"

-Dennis Dermody, THE PAPER

from the director of
THE USUAL SUSPECTS

from the author of
MISERY and THE SHINING

IAN McKELLEN
BRAD RENFRO

BRYAN SINGER FILM

Apt Pupil

PHOENIX PICTURES PRESENTS A BAD HAT HARRY PRODUCTION

IAN McKELLEN BRAD RENFRO "APT PUPIL" BRUCE DAWSON

ELIAS KOTEAS AND DAVID SCHWIMMER MUSIC BY JOHN OTTMAN PRODUCER THOMAS DeSANTO

EXECUTIVE PRODUCER TIM HARBERT SCREENPLAY BY BRANDON BOYCE BASED ON THE NOVELLA "APT PUPIL" BY STEPHEN KING

PRODUCED BY JANE HAMSHER, DON MURPHY AND BRYAN SINGER DIRECTED BY BRYAN SINGER

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SPORTS

Dalhousie men's soccer keeps on rolling Women struggle to a winless weekend

BY TERRY HAWES

While Dal's women's soccer team failed to score a victory this weekend, the men's team extended their unbeaten streak to eight games after victories in Antigonish and Sydney and a draw against the Saint Mary's Huskies on Sunday. The women's team suffered through it's worst weekend of the season, losing 2-1 to St. F.X., tying UCCB 4-4 and losing 3-2 to SMU.

Women's Soccer

SMU 3 Dal 2 — The Huskies took over first place with an exciting victory over the Tigers. It was 0-0 at halftime but the energy level and scoring immediately increased after the break and it was SMU who got the first break when Lynn Wright converted a penalty shot at 49 minutes. Saint Mary's continued to pour it on, extending their lead three minutes later when Marie Rasmussen's shot beat Tiger goalie Roxanne Murphy to the right side.

Dalhousie finally got the break it wanted when Andrea Gillespie scored in the 60th minute and Kelly Larkin tied the game five minutes later.

Both teams continued to press, but SMU got the winner at 73 minutes when Danielle Hotchkiss headed the ball home to secure the three points.

The win was satisfying for SMU coach Stephen Hart.

"Today was an important victory. We realize that Dalhousie is one of our main competitors and keeping our focus was the key," Hart said. "Today we showed character and I think we can challenge for the title, although we will take it one game at a time."

Dal 4 Cape Breton 4 — Cape Breton rallied from a 4-1 deficit to salvage a point against the Tigers. The Capers opened the scoring, but Dal scored four straight goals from Dayle McNabb, Tami Joseph, Natalie Lindthaler, and Kelly Larkin.

It appeared as though the three points were only a formality, but the Capers made it 4-3 on a pair of goals from Narina Delaney. Sarah Drake knocked home the equalizer to give UCCB the single point.

St. FX 2 Dal 1 — Dalhousie squandered the lead at halftime and lost to the X-Women in a game marred by the ejection of two players.

The Tigers were ahead 1-0 on a goal by Gillespie when Dalhousie's Patricia Norman and St. FX. goalkeeper Beth McCharles were ejected for violent play in the 35th minute. With both teams down to 10 players, the ejections seemed to spark the X-Women in the second half.

Veteran Maureen MacSween equalized eight minutes into the

second half and rookie Michelle Chisholm scored the winner at 66 minutes to give St. F.X. the three points.

The two teams meet again at Wickwire Field on Oct. 23.

Men's Soccer

Dal 1 SMU 1 — The Tigers and Huskies had to settle for a draw in an evenly played contest at Huskies Stadium.

SMU took the early lead off a free kick converted by Ewan Lytle in the 15th minute. Dalhousie came close twice in the late stages of the half as Tomas Ernst's effort from 30 yards out went two inches wide and Joey Fraelic's shot shaded the right crossbar.

Dal knotted the score in the 62nd minute as Fraelic's low shot beat the keeper to the left side. It was Fraelic's third goal of the season.

A re-match at Wickwire Field is set for Oct. 16 at 6pm.

Dal 8 Cape Breton 0 — The Tigers scored early and often on Saturday to bury the Capers in Sydney. Dal led 2-0 at the half on goals from former Saint Mary's player Gareth Smith and Nador Awanen.

Cape Breton had probably wished the game was over at that point as Dal scored six more times in the second half. Awanen scored his second goal five minutes into



photo by Katie Teed

A SMU player attempts to boot the ball past Dal's Alan Jazic.

the half and Jeff Hibberts added a hat trick. Graeme Allardice and Marco Cesario also tallied for the Tigers.

Dal 3 St. FX 0 — In a rematch of the AUA championship, the Tigers outplayed and out-hustled the X-Men over the 90 minutes to

claim the win.

Smith opened the scoring at the 32nd minute with a lot shot that beat goalkeeper Jackie Chisholm to the inside post. Fraelic scored Dal's second goal six minutes later and Hibberts finished X off with a goal at the 67th minute.



photo by Katie Teed

Dal's Alan Jazic fakes out a SMU defender.

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Tigers roar to win at Point Pleasant Park Hosts dominant at Dalhousie Open

BY AMY HIGGINS AND SARAH GILES

This past weekend the men and women of Dalhousie's Cross Country team blew away the competition at Point Pleasant Park, adding to Dal's streak of victories in AUA competition.

In the women's race, Kristin Lewis took advantage of the perfect conditions to be the first varsity runner in the shoot, a mere second behind independent runner Heather Goodfellow. Goodfellow was lucky to escape with the win after Lewis' inspired kick with 500 metres to go. Because Goodfellow is not a member of an AUA team, Lewis continues her six-race undefeated

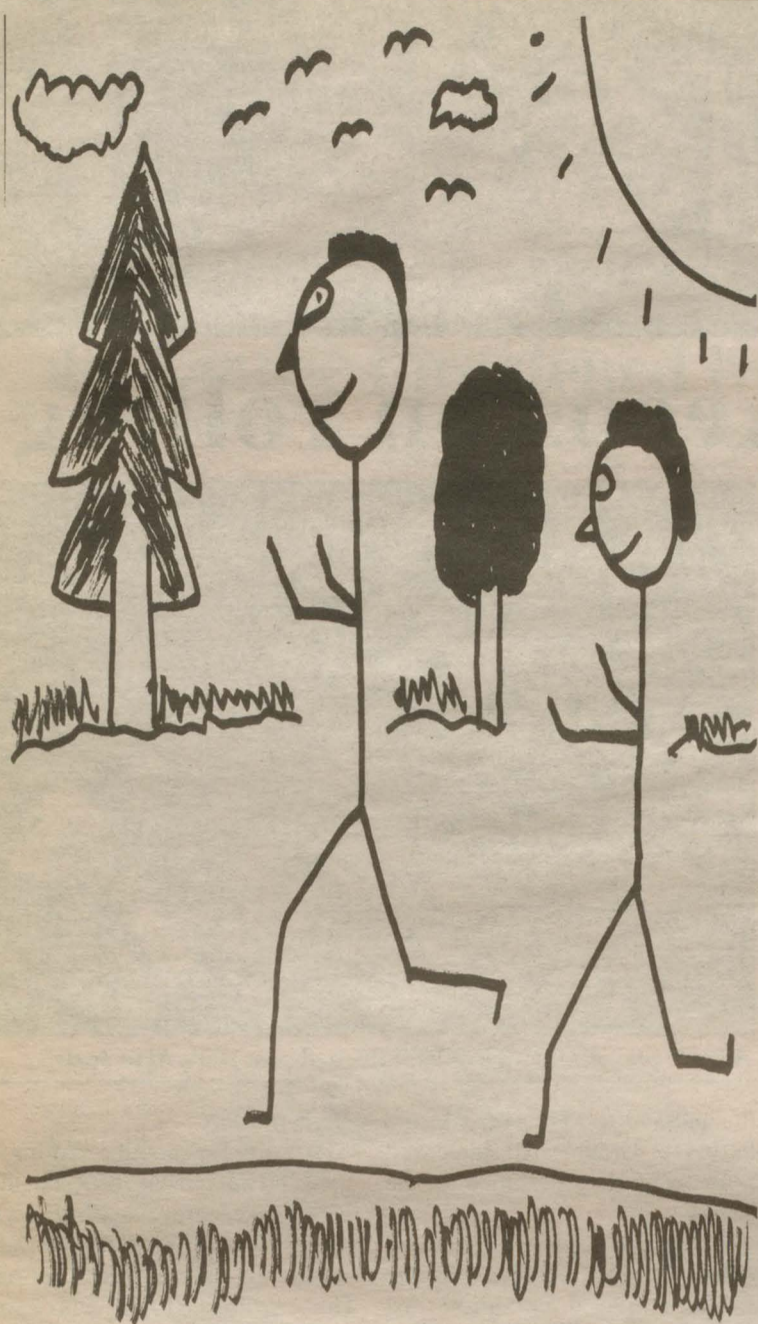
streak in AUA competition. Taking the number two position was Sandy Smith. Despite the fact that Smith refers to herself as one "giant slow twitch muscle", she put in a very solid effort to overcome the challenge posed by Andrea MacDonald (independent) over the final meters. Team captain Juliet Thornton finished fifth.

The Tigers were thrilled with their 36 point victory over Memorial University, which they achieved without core team member Kelly McKean, who was sidelined by illness.

In the men's race, Dal finally fielded their entire squad and were determined to take the Dalhousie

Open title — which they did by a stunning margin of 59 points. Leading the way were veterans Dan Hennigar and Neil Manson. The two duked it out over the ten kilometre course, with Manson shielding Hennigar from the harsh wind for most of the race. Hennigar passed his teammate down the final straight to take the title. A relaxed looking Scott Simpson finished third. Tom Wallace, a transfer student from Queen's who is ineligible to compete for the Tigers this year, finished seventh.

Next weekend, the Tigers travel to the University of Maine to compete in a NCAA Division One meet.



This is Greg's idea of what a cross-country race in Point Pleasant Park looks like. Greg is 20.

Dalhousie Athletics Upcoming Events

Men's soccer

Friday, Oct. 16 Dal vs SMU 6pm @ Wickwire Field
Saturday, Oct. 17 Dal vs ACA 3pm @ Wickwire Field

Women's Soccer

Friday, Oct. 16 Dal vs SMU 4pm @ Wickwire Field
Saturday, Oct. 17 Dal vs Acadia 1pm @ Wickwire Field

Men's Hockey

Saturday, Oct. 17 Dal vs Acadia 7pm @ Memorial Arena

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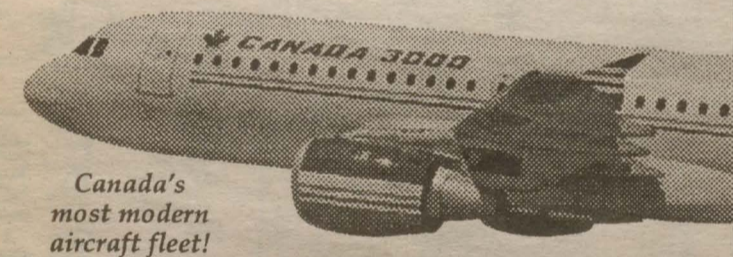


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VANCOUVER	18:45	16:10	18:45	13:55	10:35 ^a	—	—
EDMONTON	—	16:10	—	—	10:35	—	—
CALGARY	18:45	—	18:45	13:55	—	—	—
TORONTO	15:35	14:35	11:45 ^b	12:40 ^c 15:40 ^d	10:20 ^e 11:30 ^f 12:30 ^g 23:35 ^h	10:35 ⁱ	—
ST. JOHN'S	—	19:55	—	18:35	—	—	—

^aBegins October 12 ^bEnds October 11 ^cEnds October 25 ^dWeek of October 5 only ^eWeek of October 26 only
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Technology invades the wilderness

Going over the edge at Cape Split

BY GREG MCFARLANE

Camping — the last refuge of society's non-conformists. Sick of cities and tired of industrialization, campers retreat to the great outdoors to escape the encroaching confines of civilization. Or so my biases led me to believe.

Stressed out from work and school, I was ready to become one of them. I called a friend who regularly takes to the woods and asked if he'd drag me along on his next trip.

"Well, we're going to Cape Split tomorrow," my friend Rob explained.

Great. Cape Split, jutting into the Bay of Fundy about 30 minutes north of Wolfville, ranks among the most picturesque spots in Nova Scotia. I could use the scenery, I thought.

"We're leaving at five tomorrow night," Rob said.

"Five?" I questioned in a complaining tone. "Five usually means 5:30, and then we won't get there until seven and it'll be dark. Shouldn't we go earlier?"

I was being honest. I wanted time to relax and watch a glowing sun fall into a western horizon. The thought of trekking through the woods in the dark didn't exactly appeal to my urban senses. Apparently Rob didn't share my touristy views.

"With the hike we won't get there until 8:30, but the rest of us have jobs on the weekend —

not everyone is lucky enough to have their weekends free, pretty boy," Rob chided. "So we can't leave until 5:30."

"5:30 means six," I murmured. The idea of this camping trip was starting to wear

thin, but I wanted to belong. So if it meant hiking through the dark woods and having a flashlight as the only thing connecting me to the person in front of me, then so be it. I was eager to test my virility against the challenges of nature.

At five the next day we met in the city to set out for Cape Split. It turns out that I didn't have the adequate equipment for this trip, so I spent the day stocking up. A maxed out credit card later, I was angered. I thought we were going to test ourselves against nature, but it turned out that the only thing we were testing was the latest round of outdoor gear — waterproof boots, the almighty Gore-tex, expensive sleeping bags and futuristic packs. The human element was taken right out of it.

Kelty, Banff, Columbia, The North Face, Trekk, you name it. Every company that ever decided to sink money into creating high-performance outdoor gear was represented on this trip, and I began to get suspicious. These trips had nothing to do with getting back to

tools that look great hanging on the wall, but no one, myself included, really knows how to use.

I was wondering what exactly was going on. Was I being drawn into a conspiratorial web at the hands of these big-name outdoors manufacturers? Would I be the next to purchase a pricey Columbia jacket without thought? Were the campers I was with in on the act, or were they pawns in the system, already bought out by the companies? My paranoia reached a fit-like extreme the closer we got to the cape. I couldn't relax. The whole trip was backfiring.

We parked the car and began to hike. The physical exercise relieved my tension — there's something about walking at night that is wholly peaceful. No sun beating on your neck and no nagging insects, it seemed to good to be true. And it turns out it was.

About halfway through the hike, I stopped. I heard growling. Everyone else stopped, too.

"Where is it?" I asked nervously.

"What is it?" another camper asked as we heard rustling in the underbrush.

Now it has to be understood that I'm not a brave man — I'm a small, petty, weak boy on the verge of manhood. So, when someone says, "If it's a bear, it's every man for himself," even in a half-assed joking way,

my heart starts ticking a little faster. In all truthfulness, I was looking for the nearest tree to scale.

The rustling continued and whatever it was, it got faster. It seemed to be moving away from us.

Everyone else starting



The tides of the Bay of Fundy crash against the shores of Cape Split.

nature at all. Instead, it was all a sleek ploy engineered to entice nature lovers and even those ambivalent towards nature into buying the latest round of equipment. Sure it's expensive, but it all looks so good — like power

Dal womens' swim team start on good note

Men's team not so fortunate in loss to UNB

BY SCOTT SANCTON

The Dalhousie Women's swim team started their season with a win against the UNB Varsity Reds Friday night at Dalplex. The Tigers' team of 18 women dominated the Reds 13 member squad, defeating them by a score of 86-37.

Individual event winners for the Tigers included Angela MacApline (200 freestyle and 100 free), Amy Woodworth (400 individual medley & 400 free), Sarah Mathieson (800 free), Megan Hannam (100 butterfly) and rookies Caitlin Peterson (100 backstroke) and Amy Clattenburg (100 breaststroke). The rest of the squad helped in the defeat by providing valuable back up points in second and third place finishes.

The mens' team did not enjoy the same luck as the women, but kept the Reds on their toes, losing only by a margin of three points. This early defeat didn't set the Tigers back too far, however, as the

Tigers have a few tricks up their sleeve, with several athletes becoming eligible to swim in the new year.

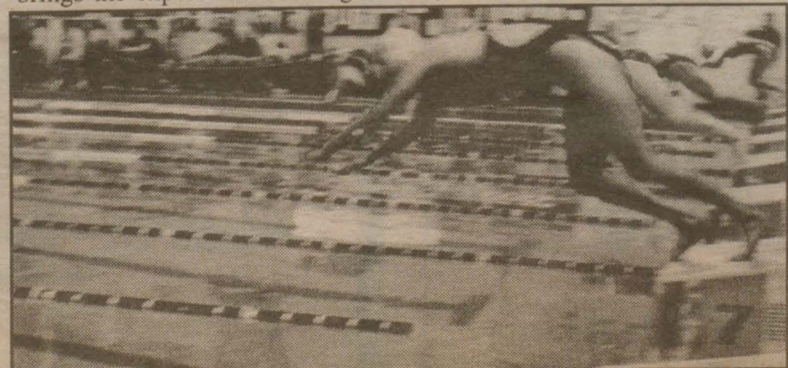
Top placing male athletes included Stuart Kemp (200 free & 400 free), James Wildsmith (400 individual medley) and Chris Stewart (100 breaststroke).

This year brings some change to both Dal swim teams as David Fry takes over the reigns of head coach from Nigel Kemp, who retired after 27 years of service. Fry brings the experience of being an

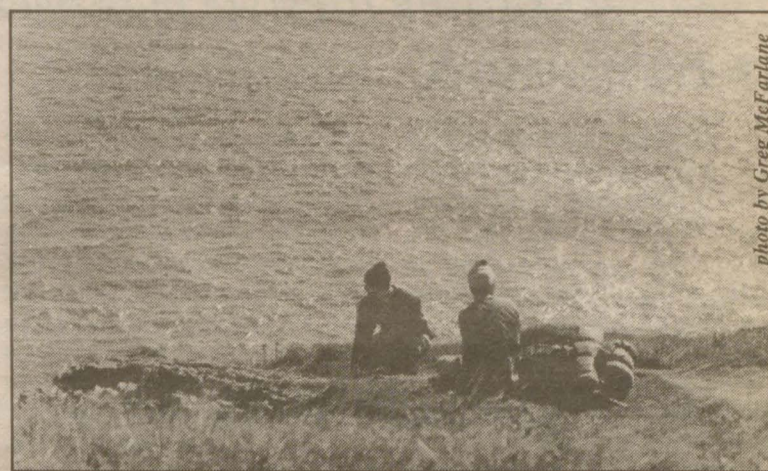
assistant coach with the Tigers for many years, as well as forming a top swimming consulting team composed of coaches from around Nova Scotia.

In the future, the Tigers will compete in many non-varsity events, including the Ontario Senior Championships in November and the Senior National Championships in Victoria BC in March.

The Tigers will compete at UNB the weekend of Nov. 17, and will compete at home on Nov. 23 against Mount Allison.



The Dal womens' swim team dives into a winning performance.



After an arduous hike, two campers realize there's nothing to do here.

breathing sighs of relief, but not me. I wanted the bright lights of the city. I craved the safety of cheesy dance music in a Halifax bar. I was saddened by this revelation, too. My whole self-image began to dwindle.

When we got to an adequate campsite, we set up tents. It was heartening to see one tent that looked like the one my parents would drag around on camping trips when I was younger. But all the technical masterpieces going up around that one again summoned my Luddite paranoia.

We weren't camping for the night, we were setting up a hamlet, replete with systems of barter and exchange. I ignored the growing civilization around me and made my way down to the beach to set a fire.

But there, if I wasn't bothered enough, everyone took out tins of meat and some hard boiled eggs they pre-cooked at home. Roughing it, my ass.

I was steamed.

"You mean to tell me you carry tins of ham and tuna with you," I asked. "All I have is a bag of trail mix, granola bars and a bottle of water. Whatever happened to man against the elements? I wasn't thinking about wrestling squirrels to their deaths for food, but I felt guilty when I packed a bag of Rold Gold. And you have tuna... ham?"

"Daniel Boone would spin in his grave," I yelled, disgusted.

"Hey, calm down," the group implored.

"Calm down? I made a special point not to bring my walkman — and the portable TV stayed at home, too," I exclaimed. "But do I taste the sweetness of fire-roasted pork?"

"I'll give you some," Rob shouted.

"No," I retorted flatly and finally. I'm a coward, I'm weak and I probably belong in a bar on Saturday nights — but I'm no sellout.

I sat and sulked at the end of a log with a Nutri-grain bar. Eventually, out of pragmatism, I calmed down. My serene weekend was turning into a *Lord of the Flies* nightmare, and I realized that if I didn't relax I'd soon become Piggy.

Eventually, everyone went to sleep and the next morning we hiked up to the bluff at the end of the cape. The view here made the weekend worthwhile. Back to nature we were. Standing directly over two hundred-foot drops into the ocean makes one feel relatively small — a mere slip would send you careening to your grave. For once I felt earth's strength, for there were no man-made inventions that could save you here, only common sense. Oddly enough I relaxed.

I spoke little on the way back and felt less than relieved when I made it home. I thought of Cape Split and the trip, and I didn't look forward to a week of work and school ahead. Somehow, despite the knowledge I acquired, I enjoyed myself.

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Finding motivation to move off the couch

The couchsurfing lifestyle may beckon, but following a simple plan could get you in shape

BY JULIETTA LOEFFLER

The biggest problem that both new and experienced exercisers have is motivating themselves to start and keep moving. Once you have made up your mind to exercise, you still have to overcome the biggest barrier — getting started, keeping focussed and staying consistent.

Although motivation comes from within an individual, there are many ways to boost one's motivation and create a rewarding experience. Eventually physical activity will become second nature and you will not think twice about

working up a good sweat.

A useful motivational tool is a personal journal. In it you can record the day you exercise, what activity you participated in and for how long. You should write down one sentence on how you felt before and after your workout. This will help you see the improvements in your mood and other mental benefits. This sentence will help you keep track of your progress.

And progress is the key to staying inspired. It is easy to see improvements in your overall health, your level of physical activity and your mental well-being if you set goals.

First, set a long-term goal (for example, running for 40 minutes), then break the long term goal into many short term goals (run 10 minutes in two weeks, 15 minutes in four weeks, 20 minutes in six weeks and so on). This goal setting is useful for weight training, building aerobic capacity and improving self-esteem.

Many people make weight loss their long-term goal. Rather than focussing on an ideal weight as a goal, it would be better to concentrate on how you feel. By using weight as a way to measure progress, you may never see a noticeable difference. A number

does not define who you are and how you feel — only you can do that for yourself.

Exercising with a partner is extremely helpful in staying motivated. It is easier to stick to a schedule if you know that by not working out you may be letting someone down. Partners can help you stick to a workout time and make you push harder while engaging in physical activity.

Whenever you reach your goal or have stuck to your exercise plan for a set amount of time, reward yourself in whatever way you see fit — as long as it is something that makes you happy and keeps you wanting to go back to the gym for more.

The best part about participating in physical activity is the fun that you can have doing it.

The key is looking for activities you really enjoy — for example, basketball, volleyball or football; or try something completely different, such as rock climbing.

Everyone has what it takes to



Exercising with a partner is extremely helpful in staying motivated.

make physical activity part of his or her life, and you do too.

Julietta Loeffler is a contributing writer with the Queen's Journal in Kingston, Ontario.

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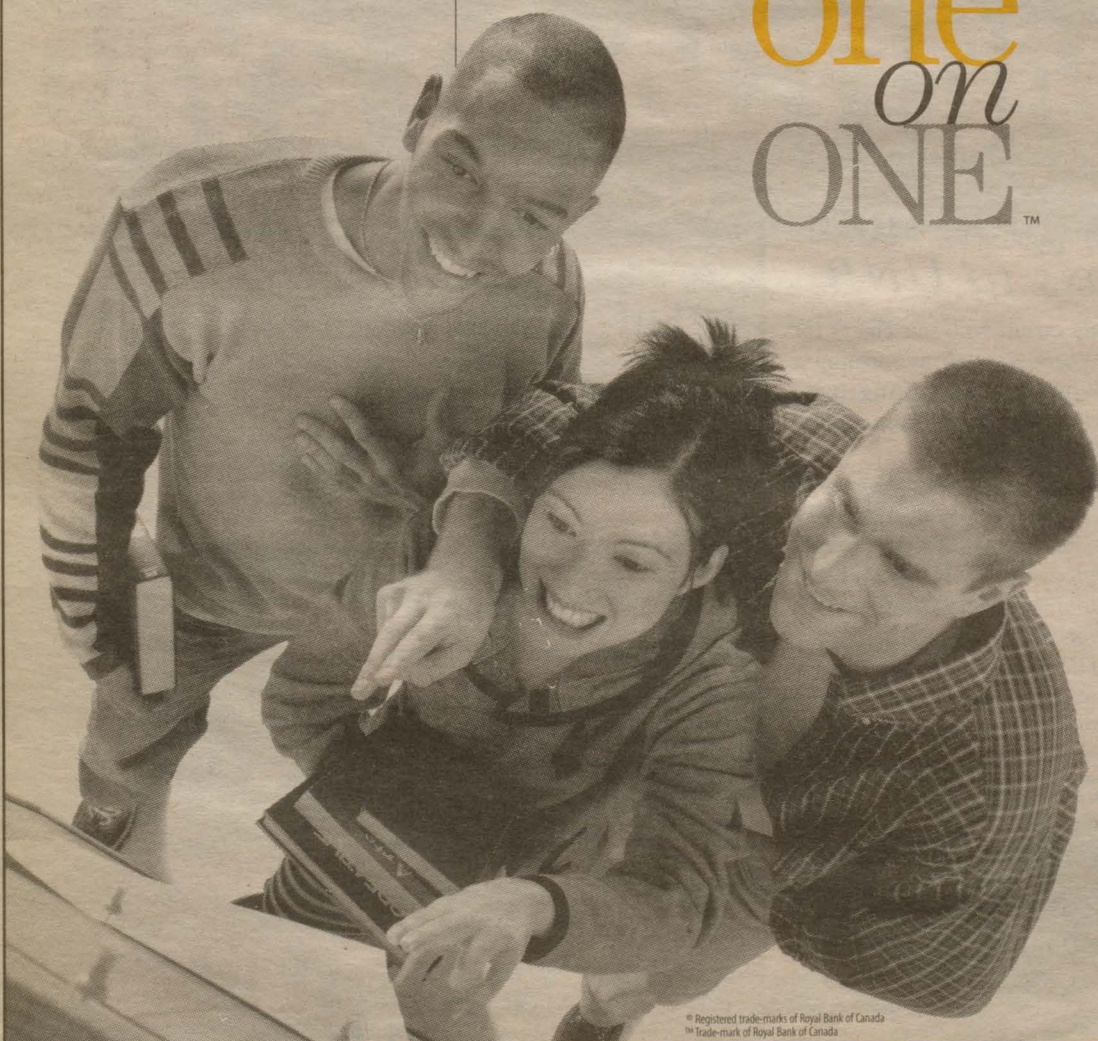
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October 8 - October 16, 1998

Friday, October 9

Dalhousie Christian Fellowship, Power Praise Evening. 7:30 pm, Rm 307 SUB. Everyone welcome.

Sunday, October 11

Fall foliage tour of McNab's Island: 10am to 4pm. A boat will leave Murphy's on the Water Cable Wharf in Halifax. Price is \$6.50 for the members, sponsor societies and children, and \$8.50 for non-members. Bring your own lunch and supply of water. Contact Cathy Kelly (443-2261) or Catherine McCarthy (434-2254).

Monday, October 12

A solo piano recital will be performed by Ian Hominick at 8:00pm. Tickets are being sold at the Saint Mary's Art gallery in advance or at the door between 7pm and 8pm. \$10 for adults and \$7 for students and seniors. Call the art gallery at 420-5445 for more information.

Tuesday, October 13

Public lecture on Irritable Bowel Syndrome. A doctor, dietitian and a psychologist will share their proven approach. The lecture will be held in the Royal Bank Theatre of the new Halifax Infirmary. Call 473-2196 or contact Melanie Jollymore at 494-3728 for more information.

"DRUMSPEAK" will celebrate the 50th Anniversary of the signing of the Universal Declaration of Human Rights. For more information contact Mark MacLean of St. Matthew's United at 423-9209 or Jean Hill of the Nova Scotia Gambia Association at 423-1360.

Friday, October 16

The 1998 Occupational Therapy open house is being held in the Forrest Building (2nd and 3rd Floors, beside the Dentistry building — Carleton Campus) on Friday, October 16th - 5:30pm to 8:30pm and on Saturday, October 17th - 10:30am to 2:00pm

Announcements

Parliamentary Guide

Program: Looking for bilingual, full-time university students from across the country to work as Parliamentary Guides in Ottawa from Victoria Day to Labour Day. Application forms available on the Parliamentary Internet Parliamentaire at www.parl.gc.ca. For more information call the Library of Parliament Information Services at (613) 992-4793. Application deadline is Monday, November 9, 1998.

The Bachelor Stripped Bare: The male nude in paintings and drawings from the renaissance to the 20th century is now on display at the Dalhousie Art Gallery. Gallery Admission is free. Open Tuesday to Sunday 11am-4pm. Call 494-2403 for info.

Peers Against Sexual Assault (PASA) needs male and female volunteers. PASA is a student run peer education group whose goal is to promote healthy sexual relationships and to educate students, staff and faculty about the prevention of sexual assault and sexual harassment. No experience is necessary as training is provided. For more info, please contact 494-1137, or susan.brousseau@dal.ca.

The Adventures in Science program is looking for volunteers to help get children interested in science and technology. They are looking for science students (undergraduate or graduate) to help facilitate workshops for Sparks, Beavers, Brownies, Cubs, Girl Guides, and Scouts in Halifax. Contact the Adventures in Science office at 494-6715, email sits@is.dal.ca, or visit room 4609 in the Centre for Marine Geology.

Volunteers Needed: match your skills and interest with a program that makes a difference at the QEII Health Sciences Centre. Volunteer opportunities available now. Call 573-

5420 to make an appointment with either Carol or Roy about openings.

Speakeasy Program: Learn how to talk to groups calmly and confidently. This five session program will be of particular interest to students who find that anxiety makes it difficult for them to give class presentations. A \$20 deposit, refundable upon attendance, is required. See Victor Day at the Counselling Centre (4th floor SUB) or call 494-2081.

Overcoming Procrastination: A five session group program will take place in the Counselling Centre (4th floor, SUB) for students who want to learn how to get their academic work done on time. The program starts Thursday, October 15, 11:30am-1pm. Pre-registration required.

The World University Service of Canada invites students to apply to participate in the 1999 International Seminar program in Zimbabwe (English) or Benin (French) for 6 Weeks in May and June. Students will gain international development experience. Applications available on 2nd floor SUB or email schandra@is2.dal.ca.

In Celebration of Canada's first "Leave a Legacy Week", a seminar entitled "Women and the Financial Marketplace" will be held on Tuesday, October 27th from 2:30 to 4:30p.m. in classrooms 1 & 2 of the Dartmouth General Hospital, 325 Pleasant Street, Dartmouth. Call 1-888-868-4474 for more information.

In Celebration of Canada's first "Leave a Legacy Week", a display will be held at Scotia Square Mall from October 27th to October 31st from 11:30am to 2:00pm Information on

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the importance of planned giving and how to effectively leave a gift to charity in a will, insurance policy or estate plan can be picked up. Call 1-888-868-4474.

Volunteers Needed: Ward 5 Community Centre is looking for Volunteers to help with their afternoon programs, especially with cooking and arts & craft classes. Volunteers will be needed 3 afternoons per week. Contact Chris Jennings at 454-0018 or 454-0019. **DAGS Advocacy Committee** — developing strategies to address political issues which affect graduate students: student debt, funding levels, etc. We need more members. Contact dags@is2.dal.ca

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DALHOUSIE STUDENT EMPLOYMENT CENTRE

Export Development Corporation is having an *Information Session*, Thursday, October 15/98, 9:30 am - 11:00 am, Council Chambers, 2nd floor, Student Union Building. Students from Dalhousie and St. Mary's who are in Commerce or MBA majoring in Finance are encouraged to attend.

Canadian Airlines International Information Session: Tuesday, October 27/98 at 3:00 pm., Room 224/226, 2nd floor, Student Union Building. Currently seeking MBA and B. Commerce. Please sign up at the Dalhousie Student Employment Centre before Oct. 22/98.

Also a Job Posting: Canadian Airlines have posted for 5 positions. Deadline date is **October 30/98** at 1pm.

Bank of Canada is conducting its annual recruitment program to meet the 1999 staffing requirements. Degrees & deadlines: Students in Business, October 9, 1998 and students in Economics, November 13, 1998.

Procter & Gamble Inc. has entry level positions available in: Product Supply Manufacturing, Customer Business Development (Sales), Information Technology, and Marketing. **Deadline date is 1:00 pm, Wed., October 14/98.**

Sales & Merchandising Group (S&MG) has exciting job opportunities for students seeking part-time and/or summer employment. Apply on-line (www.jobs.samg.com) or drop your resume off at the Employment Centre.

AMS Management Systems Canada, Inc. has a career opportunity for consultants who will fulfill a variety of roles such as System Analysts, Application Developers and Business Analysts. **Deadline: Oct. 13/98.**

The Federal Student Work Experience Program (FSWEP) application kits are now available at the the Employment Centre. Jobs available are across Canada, year-round, during academic term (part-time), and summer (full-time or part-time). Students can also apply on-line via PSC website: www.psc-cfp.gc.ca/jobs.htm.

There is no deadline for applying to the general inventory. You can apply starting October 13, 1998. Note, certain departments hire students earlier than others, so apply as soon as possible.

Summer Recruitment for 1999 Parliamentary Guides. Interested students are asked to print the application form off the Internet site: www.parl.gc.ca and mail it in. **This years application deadline is Monday, 9 November 1998.**

If you are a Dalhousie, Daltech, Kings student or recent Alumni, please visit the Dalhousie Student Employment Centre.

Website at <http://is.dal.ca/~sec/>

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