

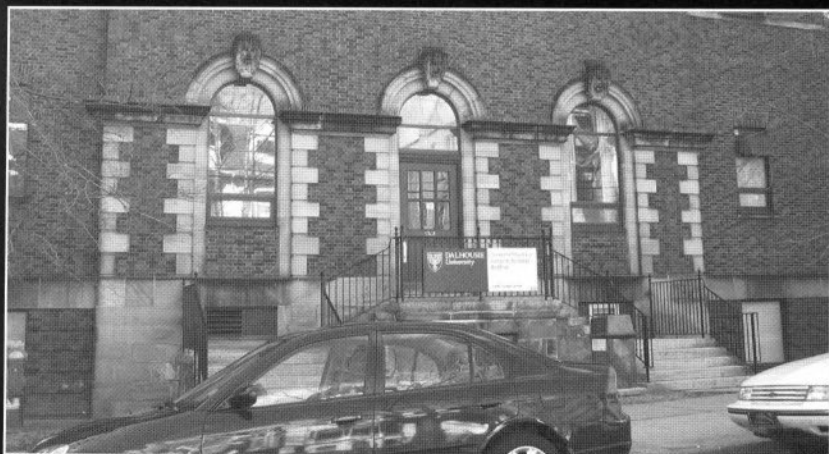
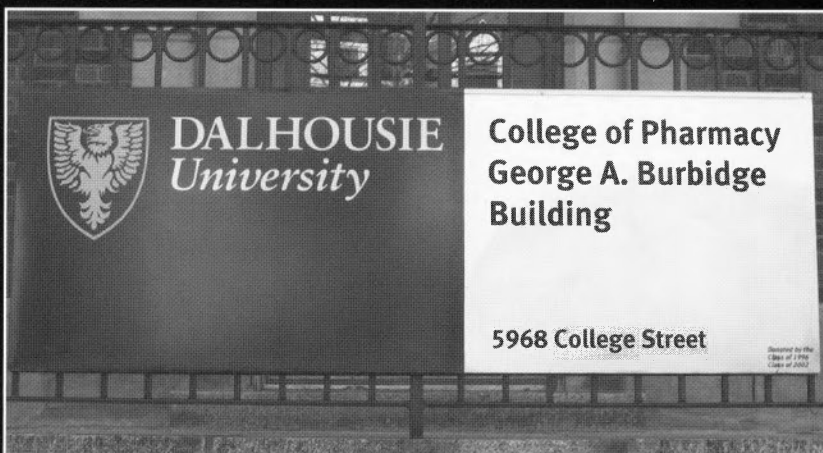
Dalhousie College of Pharmacy





2004

*Dalhousie
College of
Pharmacy*



2005

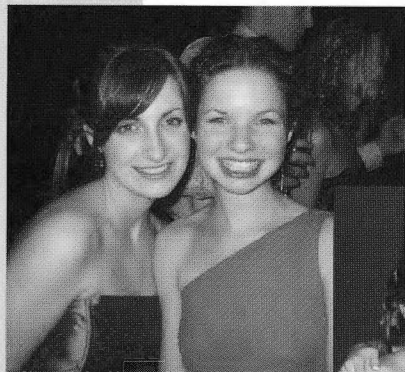
Yearbook Directors



Kelly MacLean



Amber
Mercier



Erika Jones



Leah
Morrison



Erica Walsh



This year has been a great year at The College of Pharmacy and we were glad to be able to capture the important moments in this book.

Thank you to those who submitted pictures throughout the year. You made our job much easier! Big Thanks goes to Leslie (our Josten's Representative) and to the DSPS for all your support. Thanks also to Amy Cheverie & Gabrielle Richard for your help throughout the year...you are honorary yearbook directors!

The graduating girls on this committee will miss working on the yearbook very much and wish you all the best in the future.

We hope that you enjoy this book as much as we have enjoyed putting it together. We hope that as you look through it, you will be reminded of all the great times that were had at The College during this past year.

~Amber, Erika, Kelly, Leah, and Erica~

DIRECTOR'S *Message*



On behalf of Faculty and Staff, I am pleased to have the opportunity to extend sincere congratulations to the Class of 2005.

It's hard to believe it was just four years ago you entered the College of Pharmacy and now it's time for you to move on to the challenges of your new careers in Pharmacy or to continue on with your education. The past four years have been an exciting time in the College's history. Your class will be remembered as the largest class to ever graduate from the College of Pharmacy. It will be remembered as the year the College of Pharmacy won the "For The Health Of It" and the year the Dalhousie College of Pharmacy won the PDW Patient Interview Competition and came in second in the Compounding Competition.

These also are exciting times for our chosen profession of pharmacy. The scope of practice for pharmacists continues to expand and pharmacists are finding new roles within primary healthcare reform and prescribing select medications in some provinces. Patient safety is one of the hottest topics in healthcare and pharmacists in both community and hospital settings are taking leading roles to improve the medication use system.

Our profession is not without its own challenges. With prescription drugs now the second largest healthcare category, and one of the fastest increasing cost areas, both public and private payers are struggling with how to provide coverage for essential medications. Cross-border pharmacies continue to dispense over \$1 billion of prescriptions to American patients and this issue has captured the attention of politicians on both sides of the border. The debate over the educational requirements for entry to practice in Canada still continues.

Still, I am confident that as graduates of the Dalhousie College of Pharmacy, you will have the skills needed to overcome any of these challenges and to take advantage of all the opportunities.

Congratulations and best wishes in the years ahead. Please be sure to keep in touch.

Rita K. Caldwell, BSc(Pharm), MHSA
Director



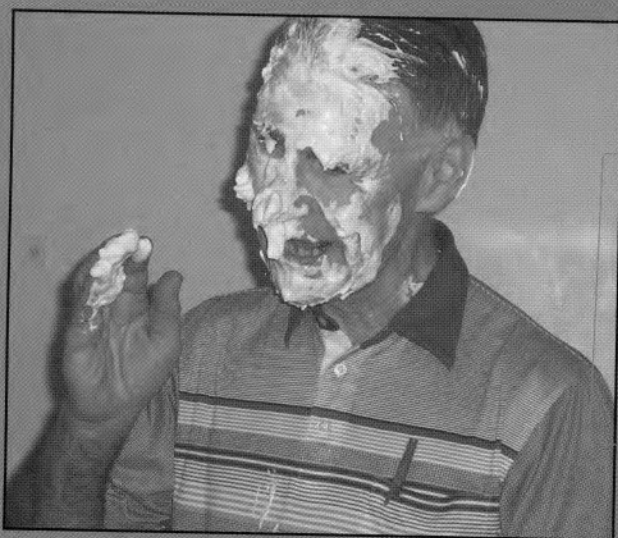
Thanks to our hard working faculty for helping to make this such a great year!!!

College of Pharmacy Faculty



A few representatives of the "skills lab lady" clan are making an appearance at the cupid auction

Why is Kathy on the faculty page? I thought she was a student? No??? We love you Kathy!



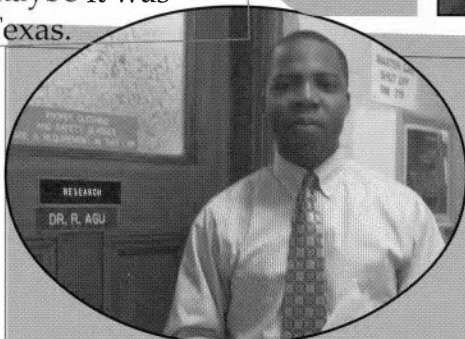
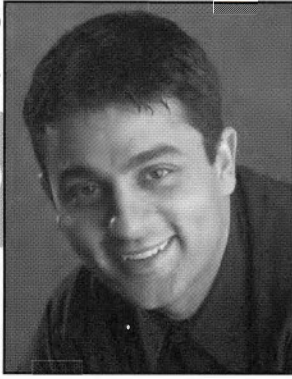
-Pat Farmer's annual pie in the face for charity. Mmmmmm pie.



Neil's in the office, getting ready for his big trip to Montreal! Or was it BC this week... or maybe it was Texas.

A SAD FAREWELL

We all wish Adil the best of luck in BC... Thanks for everything!



We all hope Dr. Agu enjoyed his first year at the college of Pharmacy!

David Gardner

Q: What would you buy with a million dollars?
A: An investment planner who scoffs at those silly little "insider trading" rules.

Q: What would have been your alternate career choice, had you not gone into pharmacy?
A: International footballer

Q: What is your biggest pet peeve?
A: Like, um, like I don't know, like, I wonder what that would be. Like what do you mean "peeve", like (end with uncomfortable laugh).

Q: What was your favorite subject in University?
A: Anthropology 100: Can you believe they identified a new hominid species that was 3 feet tall and lived up to just 15,000 years ago?

Q: If you were a drug, which one would you be, and why?
A: Amphiboteracin, because I'd be scary but effective.

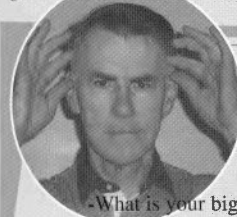
Neil MacKinnon 1. What would you buy with a million dollars? I would spend it all at the Health Sciences bookstore, buying about 20,000 copies of the Seamless Care book, sending it to #1 on the bestseller list.

2. What would have been your alternate career choice, had you not gone into pharmacy? Javelin catcher.

3. What is your biggest pet peeve? When our pet dog, Winnie, jumped in our lake for the first time and started to drown and I had dive into the lake to rescue her.

4. What was your favorite subject in University? Pharmacy administration, of course!

5. If you were a drug, which one would you be, and why? I would be whatever the pharmacy students are putting into their bake sale goods because those treats are highly addictive!



Pat Farmer

-What would you buy with a million dollars? retirement

-What would have been your alternate career choice, had you not gone into pharmacy? a pharmacologist (or is that too close?) Never wanted to be anything else, although sometimes,

when I was a prof, I wished I was a bus driver.

-What is your biggest pet peeve? illiteracy among the educated

-What was your favorite subject in University? physiology (really good prof - unfortunately I don't think he ever got tenure)

-If you were a drug, which one would you be, and why? amantadine (Symmetrel) - only 'cause it's better looking than me.

Joanne Wilson

What would you buy with a million dollars? waterfront property with a sailboat

What would have been your alternate career choice, had you not gone into pharmacy? Gardening consultant

What is your biggest pet peeve?

Slow drivers

What was your favorite subject in University? Therapeutics

Susan Mansour

What would you buy with a million dollars? Houses for the kids, trust funds for our granddaughter, trips for family and friends and I have often hoped I would be "good" enough to give a big chunk of money to the college. What would have been your alternate career choice, had you not gone into pharmacy? A Dancer - still wish I could! What is your biggest pet peeve? Dishonesty. What was your favorite subject in University? Hmm - Cant's remember any (Too long ago...)

Adil Virani Q: What would you buy with a million dollars? A: A trip around the world, a boat, university \$ for the kids and charity. Q: What would have been your alternate career choice, had you not gone into pharmacy? A:

Fantasy- singer. Realistically- opened a restaurant. Q: What is your biggest pet peeve? A: Parents that neglect their kids. Q: What was your favorite subject in University? A: Abnormal Psychology Q: If you were a drug, which one would you be, and why? A: Prozac- Makes some people happy

Sue Sampson

What would you buy with a million dollars? -A maid, a cook, a personal hairdresser, and a masseuse!

What would have been your alternate career choice, had you not gone into pharmacy? -A well-kept wife of a millionaire...no....billionaire!

What is your biggest pet peeve? -A crappy cup of coffee!

What was your favorite subject in University? -Is there such a thing??

If you were a drug, which one would you be, and why? -Amphetamine....because it is most like me!

Prof Profiles

David Jakeman

What would you buy with a million dollars? A ski chalet in Switzerland and a mass spectrometer for my research laboratory.

-What would have been your alternate career choice, had you not gone into pharmacy? Hmmm. Seeing eye dog trainer.

-What is your biggest pet peeve? Doggy breath.

-What was your favorite subject in University? The chemistry and interactions between living systems. Obviously that sentence translates into biological chemistry.

-If you were a drug, which one would you be, and why?

Vancomycin, because nobody (bug) can resist it. Or at least that's the theory.

Tannis Jurgens

Q- What would you buy with a million dollars? A- A farm with horses Q- What would have been your alternate career choice, had you not gone into pharmacy? A- gardener/farmer

Q- What is your biggest pet peeve? A- Bad grammar!!

Q- What was your favorite subject in University? A- Pharmacology Q- If you were a drug, which one would you be, and why? A-no idea!!

-What would you buy with a million dollars? retirement

-What would have been your alternate career choice, had you not gone into pharmacy? a pharmacologist (or is that too close?) Never wanted to be anything else, although sometimes,

when I was a prof, I wished I was a bus driver.

-What is your biggest pet peeve? illiteracy among the educated

-What was your favorite subject in University? physiology (really good prof - unfortunately I don't think he ever got tenure)

-If you were a drug, which one would you be, and why? amantadine (Symmetrel) - only 'cause it's better looking than me.

Dannette Beechinor

What would you buy with a million dollars? I would buy a small vineyard in Italy (not sure if a million would be enough cash for what I want!)

What would have been your alternate career choice, had you not gone into pharmacy? Minister or teacher.

What is your biggest pet peeve? Policies that are unjust and are obstacles to evidence-based appropriate patient care - drives me crazy!

What was your favorite subject in University? Mary MacCara's Drug Information class (it was an elective way back then!)

If you were a drug, which one would you be, and why? I'd be an antibiotic, probably liquid amoxicillin, banana flavored.

Mary MacCara

1. What would you buy with a million dollars? I'd go on a spending spree at the grad class bake table.

2. What would have been your alternate career choice, had you not gone into pharmacy? It was a toss up between being a bouncer or an astronaut.

3. What is your biggest pet peeve? Telemarketers who phone at mealtime.

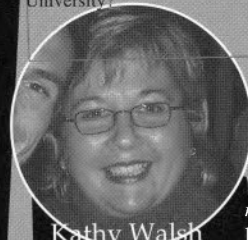
4. What was your favorite subject in University?

Two favourites - Med chem and therapeutics.

5. If you were a drug, which one would you be, and why?

I can't decide!

Kim Sponagle - What would you buy with a million dollars? \$1000000 would buy a nice golf course around here (or part there of) - could give my favorite students occasional free green fees! 2. What would have been your alternate career choice, had you not gone into pharmacy? I was fast-tracking for a career as a civil engineer and urban planner when I switched to pharmacy - I probably would have kept pursuing that! 3. What is your biggest pet peeve? hmm... don't think I really have one. 4. What was your favorite subject in University?



Kathy Walsh

Physics- met my husband there laughing about our crazy professor. 5. If you were a drug, which one would you be, and why? The "superpill" that makes everyone want to eat well, exercise and sleep well (most of the time!). I still believe it would decrease the number of all the "other pills" required!

What would you buy with a million dollars? -a sailboat large enough to sail around the world!

What would have been your alternate career choice had you not gone into pharmacy? -Hmmm... singer songwriter

What is your biggest pet peeve? -Racism

What was your favorite subject in University? - Zoology

If you were a drug, which one would you be, and why? -Aspirin because it is tried and true and effective in small doses! :)

Carol Chamberlain

#1 What would you buy with a million dollars? I would use "some of it" to buy five years worth of lab demonstrators for second year skills lab and pay them their "hourly salary rate".

#2 What would have been your alternate career choice, had you not gone into pharmacy? Career option #3, something in the line of radio television arts or some other artsy endeavour like pottery since all my career options have been in the scientific field. Career option #1 was research technologist and #2 was pharmacy, I did consider going back to school to do medicine but decided I did not like the hours !!!!!

#3 What is your biggest pet peeve? Students sleeping during my lectures and I reject the suggestion that my lectures are boring !!!!!

#4 What was your favorite subject in University?

My favorite subject in university (that is very long ago) was probably any course relating to biology or psychology.

#5 If you were a drug, which one would you be, and why? I would be a placebo because I believe in the power of the mind and that positive thinking and attitude can heal a lot of perceived physical societal ills.

Pollen Yeung

Q: What would you buy with a million dollars? A: Buy a peace of mind if possible...

Q: What would have been your alternate career choice, had you not gone into pharmacy?

A: May be a doctor, or an engineer

Q: What was your favorite subject in University? A: Pharmacokinetics and

metabolism

DSPS Executive



Secretary
Jeanette
MacQueen



Vice-President
Craig Connolly



Treasurer
Anna
Tasiopoulos



President
Phil Doiron

A message from the DSPS president...

What a year it has been for the DSPS! Taking a quick look at our jam-packed calendar of events, it's easy to see why last year the DSPS was named the Dalhousie Student Union's Academic Society of the Year! The 2004/05 academic year saw the DSPS maintain popular events, give a new spin to some others, and create a few complete originals.

We kicked off with an amazing Orientation Week to welcome the first year class and reunite the upperclassmen, beginning a trend of great social events which has lasted throughout the year. The month of October was home to the College's first White Coat Ceremony, an event conceived by the faculty and DSPS to encourage a sense of professionalism within the College. Career Day also "Evolved" from a purely educational event into one which encompassed exhibitors from all areas of the



Canadian pharmacy industry. The DSPS's fundraising efforts included many Pacifico Nights and record clothing sales. Our varied and numerous charitable efforts included the Run for the Cure, adopting a family at Christmas, Red Cross Tsunami Relief and blood donation drives, and a Valentine's Day Cupid Auction for the Heart & Stroke Foundation. InPharmation was given a vibrant rebirth, and as per usual - our intramural performance was remarkable! November was highlighted by our stellar "Alice in Pharmacyland" skit - which rose to new heights of humor, song and dance to capture the coveted first prize at "For the Health Of It!". The fall semester came to a close with

yet another beautiful Christmas Ball held at the World Trade & Convention Centre. Whew!

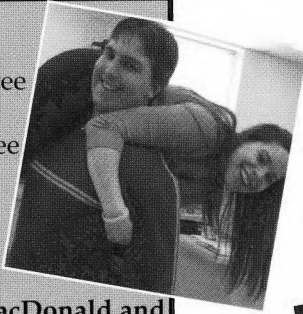
Second semester plays host to a highly successful Pharmacist Awareness Week, the annual Awards Ceremony/Professor Auction and Pharmacopeia! When you add in a variety of educational talks from local community leaders and several financial institutions vying for our business, it's a wonder some of us get any school work done...

Many thanks to the faculty (especially Sue Sampson!) and administration, an amazing DSPS executive, CAPSI & IPSF reps, class reps, resource managers, social directors, sports directors, DSU rep, chair, FTHOI production crew, community service directors, fundraising directors, public relations directors, InPharmation & yearbook editors and innumerable liaisons for making this year another record one for our truly (to borrow a phrase) "Cadillac" society!

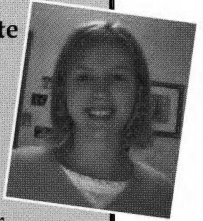
Wishing everyone the very best for the coming years,

Phil Doiron
DSPS President

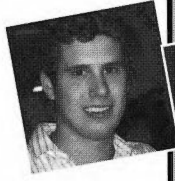
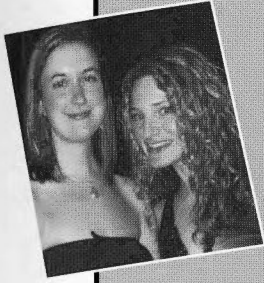
Adam Somers
 DSPS Chair *And*
 Curriculum Committee
Annick Gagnon
 Curriculum committee



< **Andrea Levesconte**
 and
Megan Poole >
 <Senior Resource
 Manager *and*
 Junior Resource >
 Manager

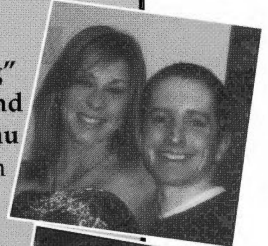


**Jen MacDonald and
 Julia Paterson**
 Community Service
 Directors



**Ben Gunter and
 Christine Hager**
 PR directors

**Adam "Bling"
 McDowell and
 Sarah Comeau**
 Inpharmation
 Editors.



Brodie McMurrer
 and
 < **Katie Gammon**
 Athletic
 Representatives



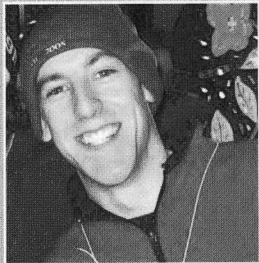
<**Jacqueline
 Mouris**
 Committee on
 studies *and*
 self assessment
 committee



< **David
 Quinn**
 self
 assess-
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 Commit-
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**Fundraising
 Directors**

Greg Gil
 Heather Goodland



Louis Deveau ^
 DSU Representative

**Gisia Pisegna and
 Juanita MacAulay**
 PEP Committee



Lindsay Cameron

DSPS Council

**Felicity
 Mitchell** >
 Promotions
 Committee



**Katherine
 Dalziel and
 Jeanette
 MacQueen**
 Admissions
 Committee



Class SAC reps
 < **Craig Meek**



Greg Maichele>

**Zainad Abidali
 and Lucy Wang**



Amanda Hayden >
 PEP Committee



Rebecca Prince
 CSHP Representative



< **Social Directors**
 Jordan Clark, Alistair
 Bursey, & Emily Black

Class Reps >



Leah Morrison- 4th year



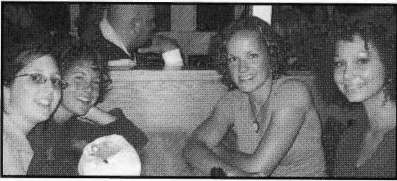
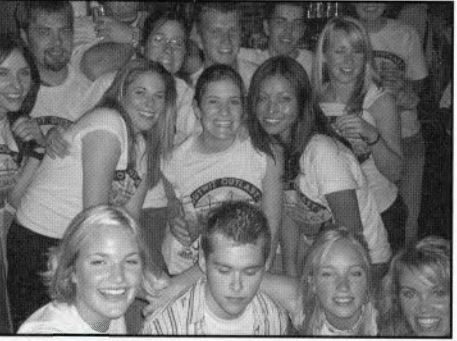
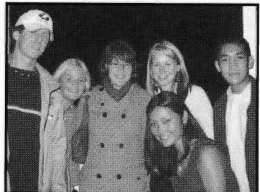
Sarah Comeau- 3rd year



Marlene Ma- 2nd year



Aiysha Al-Wardian- 1st year



The year was non-stop with incredible events starting with Survivor Frosh Week! First years met up with their Big Bro or Sis and danced up a storm at the T-Room. After the Harbour Hopper and shooting pool, SDM treated us to a night on the Harbour Queen I, followed by Signal Hill at the Lower Deck! Saturday night saw over 220 students go on a "tour" of the city, witnessing the proud tradition of Alexander Keith's Brewery and several establishments bearing his fine products.

HPL's were a grand success during the year at Halloween, Valentine's Day, & St. Patty's Day. Pharmacy continued to be the envy of all faculties, winning best Halloween costume (Erika Maher!) and capturing the FTHOI Crown! Numerous classy and professional events occurred all year, such as Karim's Cocktail Parties, Wing Nights, Margarita Monday's, and the Moosehead Hockey Game.

ORIENTATION WEEK

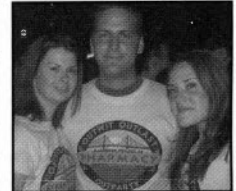
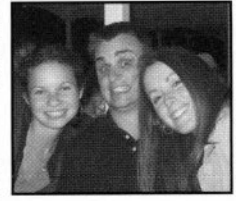
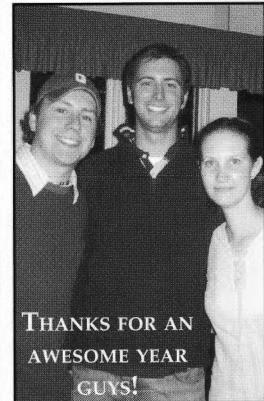
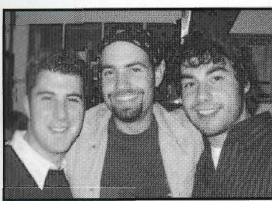
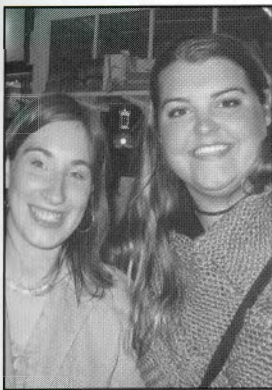
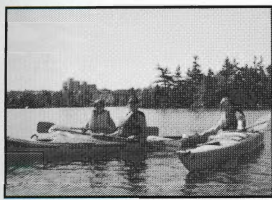
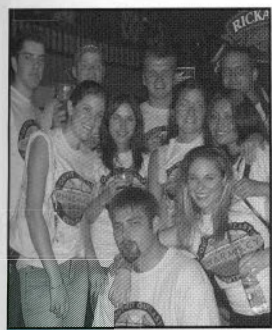
The Pharmacy Ball saw all years, in their best dress, fill the WTC. An amazing slideshow looked back on the year, saluting the Class 2005 (courtesy of Corms Creations). The Ball will always be remembered because of the emergence of the "Dancing Machine" and "The Hidden Singing Talent" exhibited by certain upper years (who will remain nameless). The semester finished up with a HUGE HPL shaker hosted by the Class of 2005, which some people to this very day, insist was one of the greatest parties ever to adorn the classy HPL!

2nd semester continued with an awesome Tsunami Relief fundraiser (\$1300). The events continued with the Cupid Auction (\$700 for the Heart & Stroke Foundation), a Garrison Brewery tour, and a festively-green St. Patty's HPL hosted by the 3rd Years.

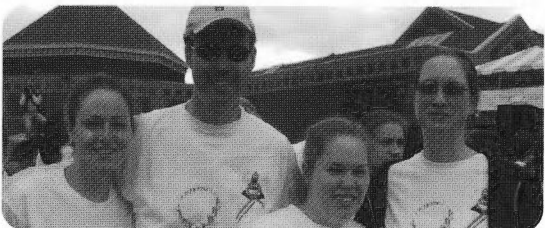
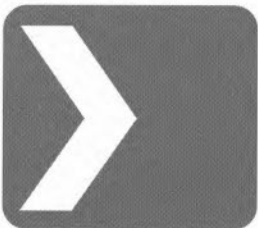
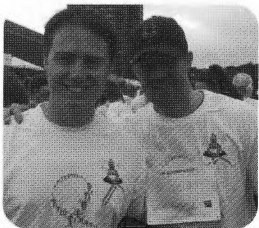
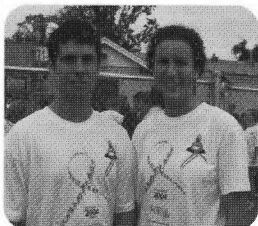
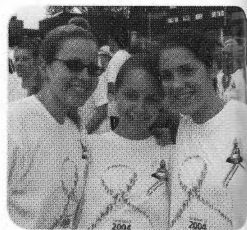
Pharmacopeia saw all years vie for bragging rights, with amazing skits ranging from "1st Day at the College", Napoleon & his dancing ladies, Awesome Powers, and "4th Years Top 5". Third years won "Best Skit", and the whole College danced all night at the Grawood to finish off a remarkable year of celebrations!

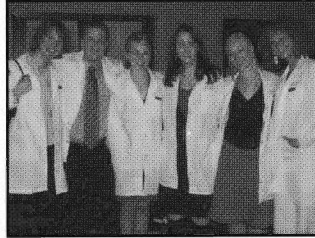
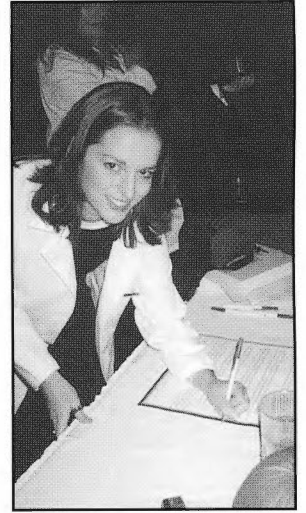
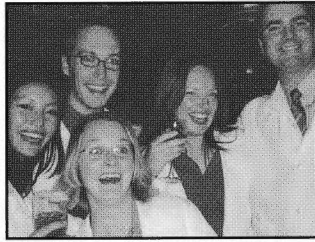
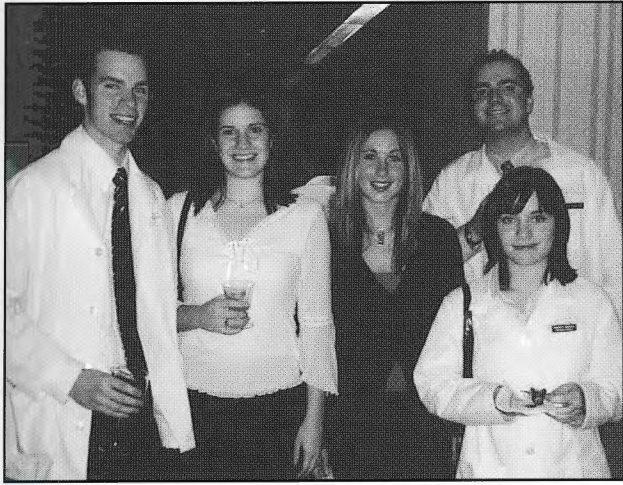
This amazing year would never have been without everyone's tremendous participation and support; we felt very lucky to be your Social Directors 2004-05, and hope that everyone will have very fond memories for many years to come!

Cheers,
Emily Black, Jordan Clark, & Alistair Bursey

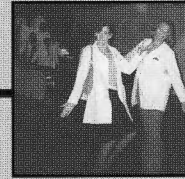
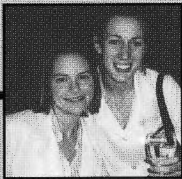


run for the cure

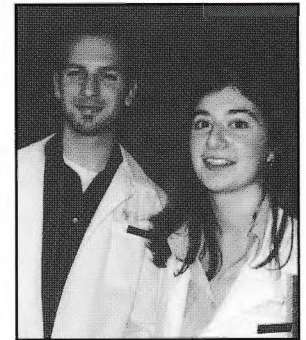




White Coat Ceremony



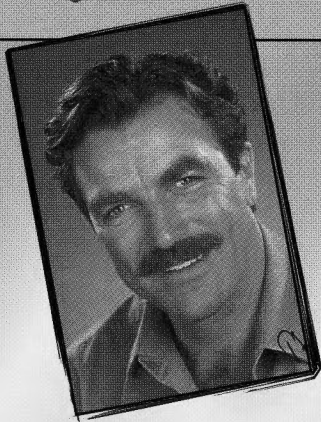
October 2004



Moustache MANIA

1st Annual

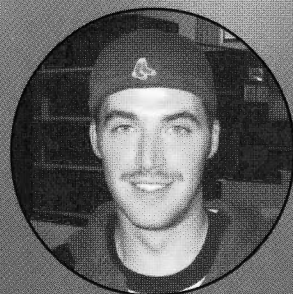
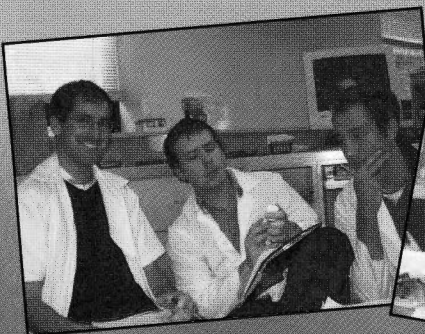
"I think there's some dirt on your lip!"



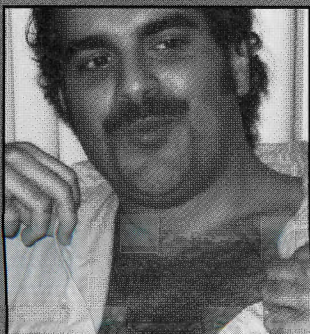
Adam Priddle

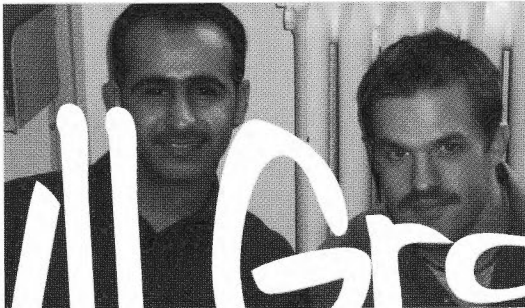
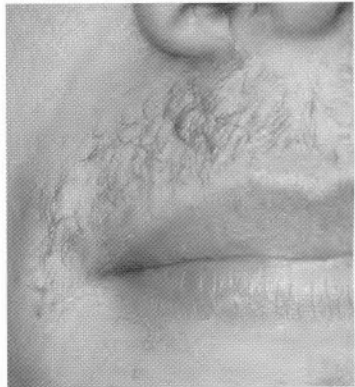
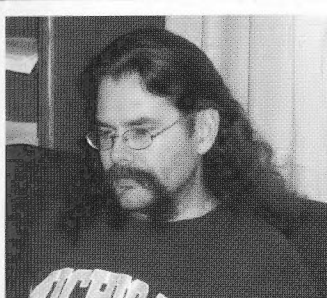
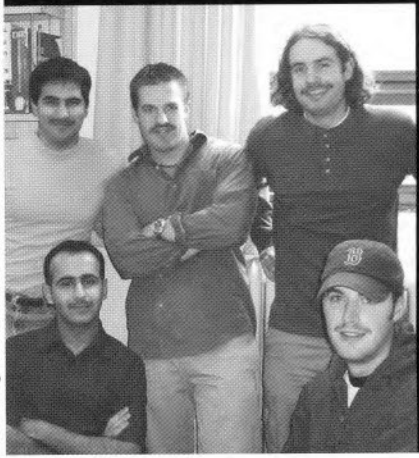


Khalid Al-Siyabi



Rob McManus





EWW!! GROSS!!



The Class of 2005...

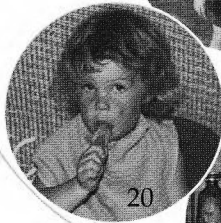
WEREN'T WE CUTE!

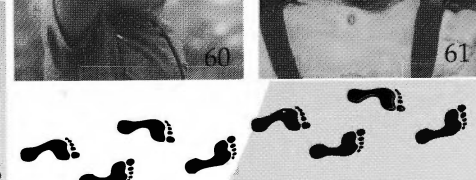
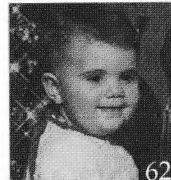
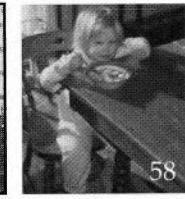
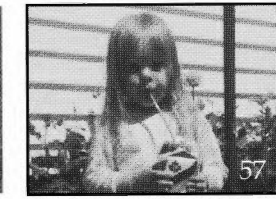
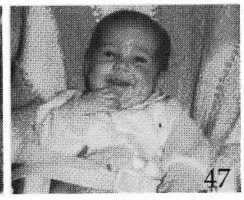
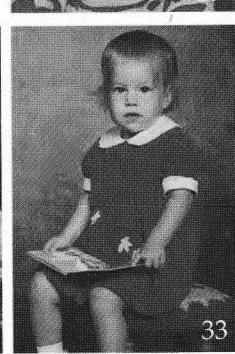
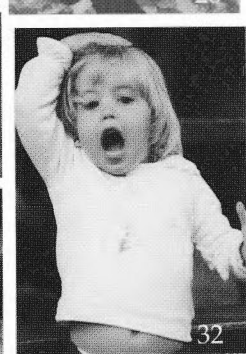
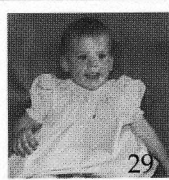
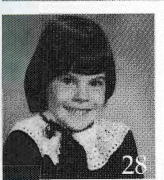
You'll never guess who's who!!!

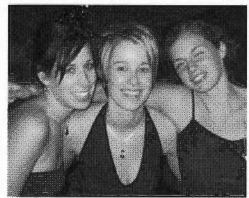
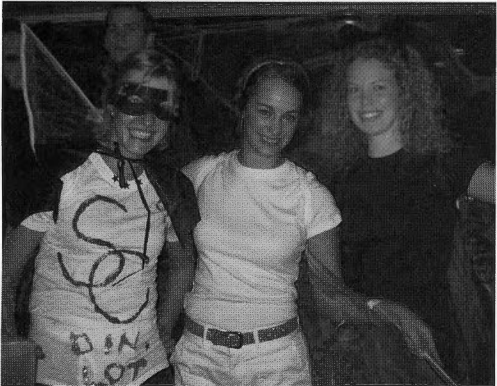
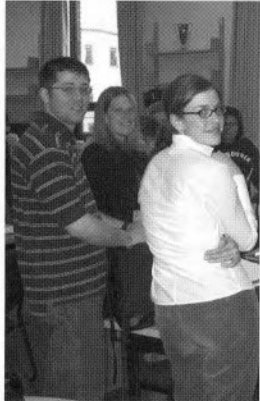


1. Yoko Dozono, 2. Amanda Hayden, 3. Angela Feltmate, 4. Gavin Morgan, 5. Greg Boutillier, 6. Angela Blazevic, 7. Amber Mercier, 8. Jenn Moore, 9. Karli Mayo, 10. Lauren Gillis, 11. Carolyn Walsh, 12. Danielle Robichaud, 13. Jenn Whalen, 14. Kim Larade, 15. Melody Wheaton, 16. Chelsea Hatcher, 17. Davida Marsh, 18. Elke Wissmann, 19. Fady Kamel, 20. Fausta Charlong, 21. Heather Gilfoy, 22. Molly Trueman, 23. Kelly Peters, 24. Melanie Bryden, 25. Sarah Murphy, 26. Leah Morrison, 27. Melissa Hines, 28. Janet MacMullin, 29. Jenn Cahoon, 30. Karrie Tong, 31. Loa Barendregt, 32. Laura MacDonald, 33. Candra MacDonald, 34. Kelly MacLean, 35. Pam Kennedy, 36. Rene Doucet, 37. Vanessa Benoit, 38. Kent Hayes, 39. Nicola McLellan, 40. Norma Welch, 41. Paul MacKinnon, 42. Rob McManus, 43. Sarah McNally, 44. Kendra Bernard, 45. Phil Doiron, 46. Tiffany Hodder, 47. Robin Shaw, 48. Melissa MacKenzie, 49. Sarah Dunville, 50. Stephanie Keith, 51. Tina Caldwell, 52. Darlene Currie, 53. Gisia Pisegna, 54. Pierre Samson, 55. Tasha McNutt, 56. Tanya White, 57. Jolene Sonier, 58. Lesley McLaughlin, 59. Louis Deveau, 60. Josephine Tracz, 61. Joanna Kelly, 62. Natasha King, and last but not least, 63. Melissa Hicken.

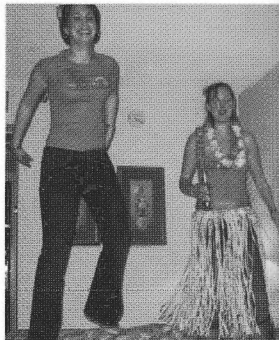
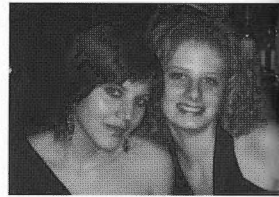
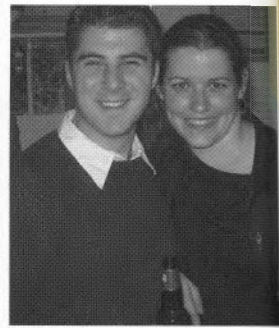
Thank you to all of the Graduates who submitted baby pictures!

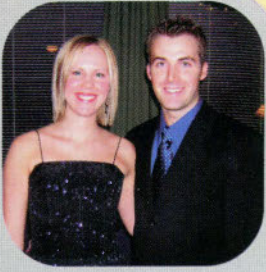






C a s s a f





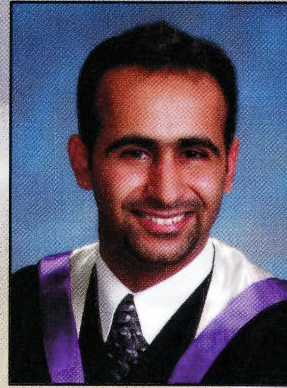
Alina Magdalena Alam

"Ask, and you will receive. See, and you will find. Knock, and it will be opened to you." *Matthew 7:7*. I am truly blessed to have met each and every one of you—you definitely will not be forgotten. It's hard to believe that four years have passed by so quickly. I have absorbed the spirit of the Maritimes and have grown to love both the places & people. I would like to express my gratitude to Jesus, my parents, and to my two sisters for their never-ending love and support. I wish you, Class of 2005, success in all your future endeavors, and may you continue to bring joy to all those you encounter. ps. Thanks for all the pencil shavings ;)



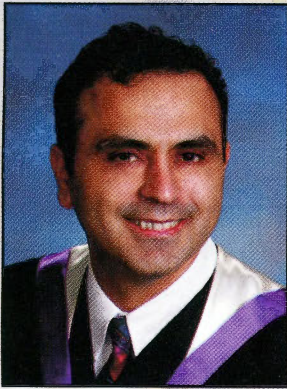
Khalid Al-Siyabi

It is amazing how these past four years have flown by. They have definitely been a great learning experience for me with the PBL and fun times. I have met so many amazing Canadian friends who supported me and I will never forget the exciting memories we have had during my pharmacy degree. I would like to thank my family and friends who believed in me. Congratulations and best of luck to the class of 2005. I am off for another life adventure.



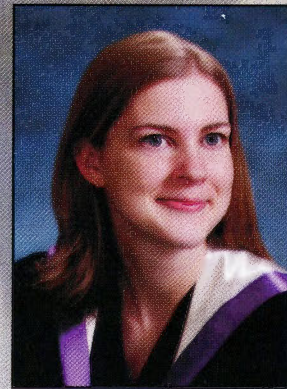
Masoud Amidi-Mazaheri

Mason wishes the best of luck to the class of 2005.



Christine Baines

Oh MY! I can't believe that it is finally over. After 4 years of surviving PBL we are finally off into the real world of pharmacy. Thanks girls for the education AB, HC and AR and a listening ear. Thanks to my family for putting up with me while i studied for all those exams. Being the youngest of the class, I look forward to my many years of practice. God Bless



Loa Barendregt

It seems like yesterday I was walking into class on the first day hoping no one would notice I was not from the Maritimes! Fortunately I sat beside AH and the rest was history. I have been welcomed by all of you and will always remember my classmates by your kindness, humor, and friendliness. To the PEI girls, AH and GP thank you for welcoming me into your homes, even with my strange ways! Good luck to all of you and keep in touch!

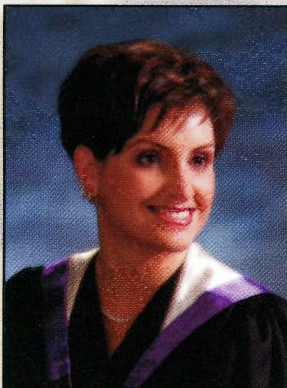


Josie Barrett

Well guys, we finally got here, we've graduated and are about to start another adventure! It's strange, I've spent the last 4 years anxiously awaiting the end and now that is here, I'm overwhelmed with excitement, nervousness and sadness to leave behind such an amazing group of friends. I would like to send out a special thanks to MB, SM, and JM (front row buddies) for all their support and friendship. Good luck to everyone and I wish you all the best in the future!

Vanessa Benoit

Finally!! Thank you to my family for all their love and support over the past four, well, ten years really. I could never repay all you have done for me and I love you all very much! Thank you to Lenny for supporting (literally) my various career changes and for not divorcing me during cardiology! To the class of 2005: It has been a pleasure, and I wish you all the best of luck! To Dar, Greg, Amy, and Tash: From the six-seater booth at Darrell's and drawings in CAS to murdering defenseless cockroaches in Costa Verde, I will never forget all the laughter and encouragement. Viva Air Ativan!



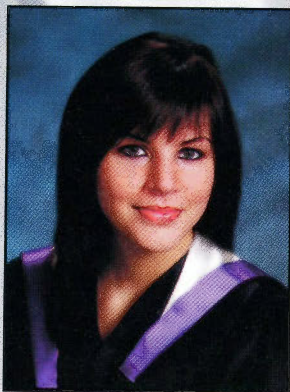
Kendra Bernard

Well...four years have come and gone! We've laughed together, we've cried together, and of course, traveled together (my Ireland crew!). I would like to thank my family and friends for their continued support and prayers. Congratulations to the class of 2005! Thank you all for creating such fond memories. We are coming to a time of transition, however "I can do everything through Him who gives me strength" *Philippians 4:13*



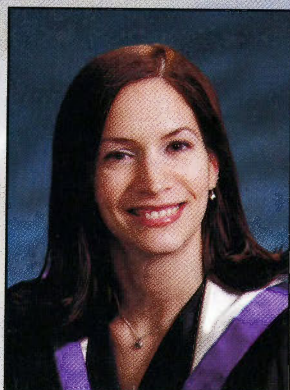
Angela Bitar

I would like to thank my parents and three sisters for all of their love and support. Thanks to my fellow classmates especially Ivana for being a wonderful and true friend. It was great spending the last four years with such an amazing and motivating group of people. Congratulations and best of luck to the class of 2005!



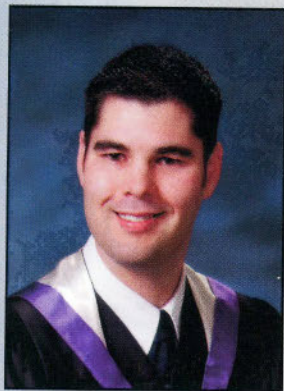
Amanda Blazevic

Amanda has been a proud Ms. Waverley for 24 years. *Likes:* Dallas, Hawaiian 5-0's, "pretty men." *Dislikes:* Dal parking, small p values, PB-Hell, dating "pretty men." Great friendships lead to great memories: Heidi's PK narcolepsy, Christine's TGI breakdown (OH MY *****), Alicia's BIG spill before Pacifico, Tasha & Sarah helping me start my Pacifico stage dancing career, Alina's bar-molester detecting, multiple CVA's.



Greg Boutilier

This journey has been challenging and rewarding, friends have been made and will endure. "You cannot help but learn more as you take the world into your hands. Take it up reverently, for it is an old piece of clay, with millions of thumbprints on it. ~ John Updike. "At last! time to mould the world! Burmp! Move your car." Congratulations and best wish wishes to everyone! We've made it now let's go do it.



Erin (Brand) Reiben

Thanks to my family and Brett for all the love, encouragement and support. I really wouldn't be where I am without you. I have met some great people over the last 4 years, and made some truly amazing friends. Joanna, Tanya, Elke and Tina: thanks for being there through it all and for all the great times. Congratulations and best wishes the all my fellow grads!



Melanie Bryden

Over the past four years, Pharmacy school has been one of the most challenging and yet wonderful experiences that one could ever endure. Although there were many hours of hard work, countless memories and friendships were made that will last a lifetime. I will be forever grateful for the love and encouragement from my family and friends. Congratulations Class of 2005, we have finally made it!



Jennifer Cahoon

Jennifer arrived at the college of pharmacy after spending 4 years at STFX where she completed her BSc in Chemistry. Jenn is originally from Bridgewater, and returns home often to spend time with her family and friends. She plans on staying in the Halifax area upon graduation, and will spend the next several years working at Sobeys in Tantallon. Jenn would like to thank her family and friends for all their continued support and encouragement throughout her education. She would also like to thank her classmates for all the great memories and knowledge they have given her over the past 4 years. Best wishes for happy, successful futures!



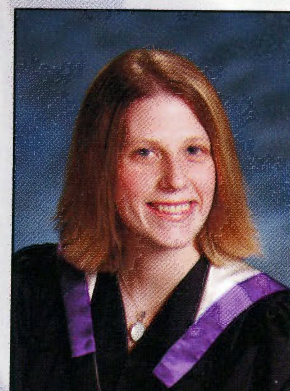
Heidi Caldwell

My time at the College of Pharmacy has passed by so quickly. Fond memories include attending 4PDWs, studying/shopping with Alicia and Amanda and getting an "Oh my" from Christine on Monday mornings. I would like to thank my parents, my brothers and friends and family for all their support throughout the last 5 years of university. Best of Luck to all the grads of 2005!



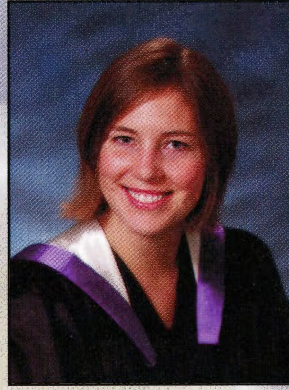
Tina Caldwell

First, I want to say best to luck to all us future pharmacists. My 4 years at the college went by fast but I am totally ready to start making some money, instead of paying it out. I'd like to thank all my PBL groups for teaching me whatever they knew about that subject in 10 minutes or less. I think we will all have great careers ahead of us and good luck to everyone, especially the Fab 5 in the front row and Kamel too, it was a blast!



Stephanie Chaisson

Congratulations to "BIG class", the class of 2005. It's been a long and windy road, but we've made it to our destination - graduation! I want to thank Colin, my parents and my friends for always providing me with the confidence and support I needed to help me get where I am today. To the grads of 2005, I wish you all the best! I hope that if you're in the Calgary area in the next few years that you'll look me up!! (Just remember, I'll be Stephanie MacAdam).



Fausta Charlong

"Obstacles are those frightful things you see when you take your eyes off your goal". Grad class, we've finally reached this milestone - "it's been a long time running, and a long time coming, but it has definitely been well worth the wait!!" (TH) It has been four years of fond memories, lots of PBL headaches and many new friendships. REMEMBER - "the doors we open and close each day decide the lives we live. Best of luck to all in your future endeavors. Thanks M,D & B for EVERYTHING!!!!



Darlene Currie

It seemed like only yesterday that Darlene left Bosidale C.B. to head to the city. After 4 years at Robie St High (SMU) she decided to attend a real university and entered pharmacy at Dal. Darlene would like to thank her friends and her family for their support over the past 4 years. Her next stop is in Moncton where she will pursue her pharmacy career with Shoppers. Best of luck Dar!!

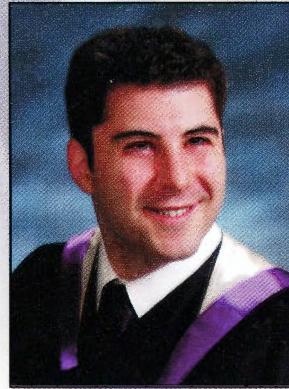
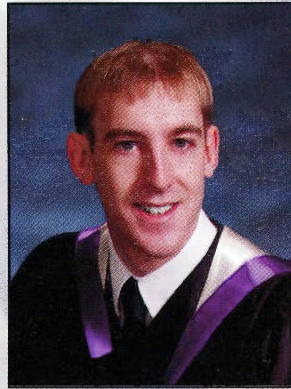
Ashley Cyr

Ashley wishes the best of luck to the class of 2005.



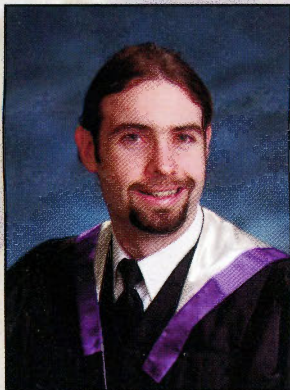
Louis Deveau

Louis, or "Frenchie", is the pride of his hometown Cheticamp. He could often be heard in the halls saying "Let's make a party" or "I'm a suppository". He lists among his achievements at the CoP acting roles as Chris Field and David Jakeman as well as the infamous "night at da rotary". Au revoir Lou-Lou!



Philip Doiron

An adventure that began at Moncton High School and Mount Allison University has culminated at the College of Pharmacy at Dalhousie. What an unforgettable experience it has been! Phil will never forget his extraordinary times while in Halifax, highlights including: lots of DSPS craziness, PDW and CPhA conferences, a summer spent in South Africa, KMx2@1483 Carlton St, the sexy bi*\$es of Razzle Dazzle and "lighting up" the stage in FTHOI. Best wishes to all, always!

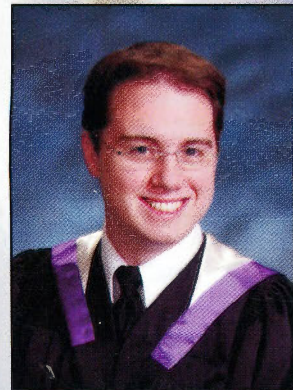


Chris Dolan

No Regrets. Chillin': McNabbs, Tickle Trunk, Marquee, Cheers to recruitment. Good times: on the slopes ski bunnies, Broomball forever. Game for a bet...Wagg? 4 years served with L-dog and co. Finally: MOUSTACHE MANIA. VK: show me your... Summers:IPSF Brazil,YT,Montreal. Smile like you mean it. Thanks Kel.

Rene Doucet

A fixture in the back row of room 109, René is known for being "on time" when everyone else is early. After seven years at Dalhousie (only four in pharmacy) he is looking forward to entering the working world. At the same time, he'll miss the CoP routine, the camaraderie of classmates, and the many rockin' good times. He is unsure where his career in pharmacy is headed but he hopes it's someplace nice and lucrative.



Yoko Dozono

Yoko "Doesn't Know" is fresh off the boat from Belleville, ONT. She has waxed on & waxed off her whole life, but hung up her Karate-Gi when she came to Halifax in exchange for a 40 pound book called the CPS. Shout outs to her family, friends, and her 17 year partner in crime Crys, who reminded Yoko "to always laugh at ourselves, and most importantly, laugh at others."



Sarah Dunville

Sarah came to the College of Pharmacy from the small town of Windsor, NS and wherever else she has lived in the world. When not studying Sarah could be found surfing the internet or talking to her e-boys. Her blonde hair, her love of the colour pink, JENGA and the night on the Halifax will never be forgotten. Best of luck with your future career in pharmacy. You will be successful in whatever you do. We love you Sarah. Best wishes to the class of 2005.

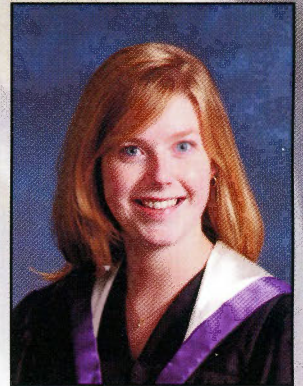


Angela Feltmate

Angela, when not in the halls of the school, could either be found in front of the TV or in a mall...or if all else fails, check down at LGs. She'll never forget PDW, FTHOI, or HPLs. She'll miss the last minute sleepovers and needs one more dinner out at AB's. She looks forward to her future karaoke reunions with the girls.

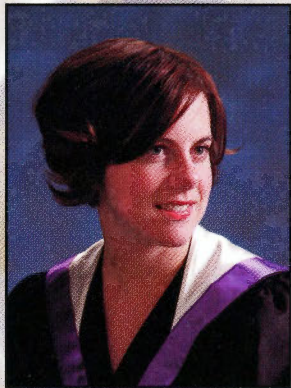
Susan Gallivan

Thanks so much to my family, Chris, the Ladies and Kimmy for all the great times and the support I needed to get through the past four years. To the pharmacy crew—I'll never forget the parties at the HPL and PMs house, 3:30 at the Ale House (Every Rose), Razzle Dazzle, Oktoberfest, Melissa's stag, Waterloo and of course the Tues Night music club at cheers. I can't wait for the reunions to start!



Heather Gilfoy

Heather wishes the best of luck to the class of 2005.



Lauren Gillis

Lauren will always remember HPLs, Balls, FTHOI, PDWs, and she's really happy she discovered karaoke nights! She never turned down a dinner out with the girls AF, AB, LM, and IJ and loved to be the hostess with the mostest. And on her way home to Cape Breton we're sure she's thinking "If I could turn back time..." she'd do it all again!

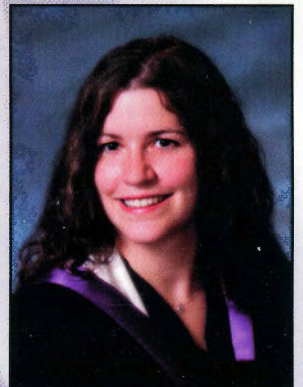


Chelsea Hatcher

Hailing from New Haven, Chelsea arrived in the big city after 4 years at "X". Chelsea will miss her luxurious apartment in Fenwick Tower, where she narrowly missed becoming Fenwick Tower Karaoke Idol due to a microphone malfunction. Thanks to her family and her personal secretary Natasha, who made sure Chelsea came to class! Best of luck everyone!

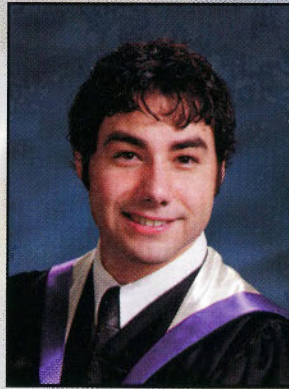
Amanda Hayden

I came from the small town of Woodstock, NB to join the best group of pharmacy students ever assembled. As the first big class to ever crowd the hallways of Burbidge, we sure taught the rest of the college how to party. I will always cherish the many times we spent together (potlucks at Park Vic, HPLs, Grad Class, DSPS, hockey, waterpolo, PDW). See you in the real Rx world where LI's don't exist. Cheers!!



Kent Hayes

Four years have come and gone so incredibly fast. From learning issues to hurricanes and everything in between, we've been through it all. I couldn't have done it with a finer group of people. Fond memories include parties on Brussels St, Karaoke at Cheers, tandem study sessions, and leaving each and every assignment to the last minute. An especially big thanks goes out to the last two rows for keeping me entertained for the past four years. I would also like to thank my family, for their unwavering love and support. Best wishes to all of us... the Class of 2005.



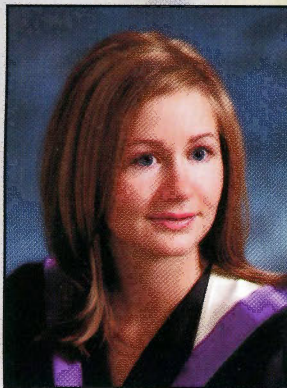
Melissa Hicken

I wish lots of luck and happiness to the class of 2005. So many unforgettable memories and friendships have been made in my time at the college and I look forward to making many more. Thanks for keeping things fun girls!! Thank you to my family for your never ending love and support, you have made me the person I am today. To Andy, thank you for your patience and understanding over the past 8 years. You are my constant source of strength, I love you. Now lets get the rest of our life started!!!



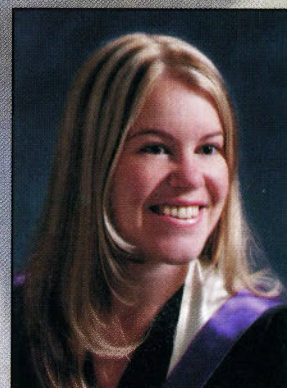
Melissa (Cameron) Hines

Melissa wishes the best of luck to the class of 2005.



Tiffany Hodder

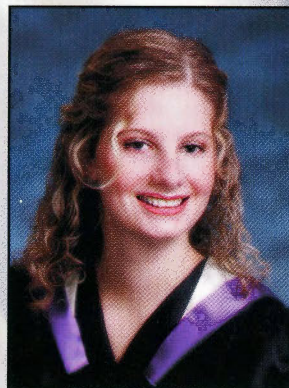
Perpetually in motion, Tiffany multitasked her way through four years at the college of pharmacy. With a constant supply of chocolate she managed to follow in the footsteps of family members. She could often be heard saying "No more school, I just want to work". Don't let her drink more than a couple of drinks and everything will be okay. We love you Tiff. Best wishes to the class of 2005.



Ivana Jankovic

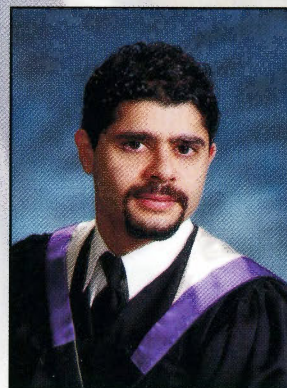
Don't be dismayed at goodbyes for goodbyes are necessary before we can meet again and meeting again after moments or life times is certain for those who are friends.

The past four years have been full of laughs, cheers and tears. Thanks to everyone for the unforgettable memories of good times we had. Mom and Dad, thank you for your support and encouragement. To the class of 2005, my best wishes and best of luck in your future endeavors.



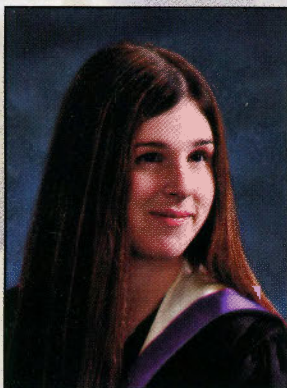
Fady Kamel

I would like to start by confirming to Elke that yes I am a Christian. During the past 4 years I have successfully sucked up to most of my profs, and I would like to thank them for answering my questions. 4 years flew by and with all the knowledge I gained from LIs, especially the baking ones, nothing can go wrong. Thanks to my parents for their continual support. Thanks to my sisters. I would also like to thank my friends, for always keeping me focused on the right track. Finally some advice to the grad class (especially Natasha)...anytime you see an old man with an antibiotic for his "pneumonia"...put on your thinking caps and suspect chlamydia!



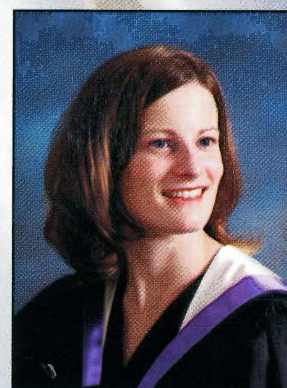
Stephanie Keith

I can't believe its all over! Coming from the very small town of Havelock, NB (where the alfa-alfa fields bloom!) all the way to Dal - I thought I'd never make it. I'm so glad that I had the chance to meet each and every one of you. There are so many memories... Baking cupcakes (no - 2/3 full does NOT mean the pan!), late night "study" sessions, road trips, and hanging out with the girls. I'll never forget all the good times we had. To my friends and family - thanks for all the laughter and support! Good luck to everyone- and remember to keep in touch!



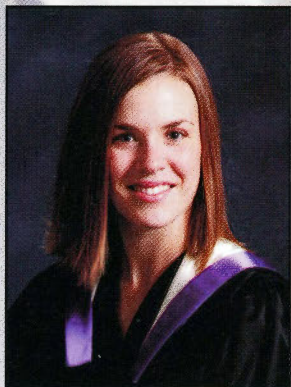
Joanna Kelly

Time has gone by so quickly. It seems like only yesterday we were sitting in room 109 awaiting orientation to Pharmacy. I would like to thank my family for their love and support and the girls (EB, TW, EW and TC) for their friendship and encouragement - I couldn't have done it without you! Thanks as well to our teachers, especially those who took the extra time for us and truly made a difference. I wish all the best to the Grads of 2005.



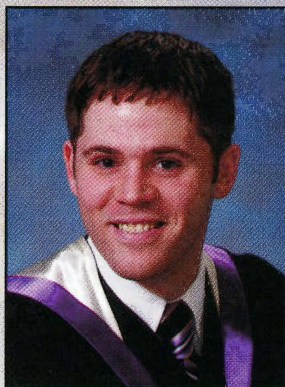
Pam Kennedy

It is so hard to believe that we are at the end of our four years at the College of Pharmacy. It has been four years of fun and hard work, but now it is our turn to make our mark on the profession of Pharmacy! I have to thank Andrew and my family for all of their support over the past few years...I don't think I could have made it without them. I want to wish all of my fellow grads the best of luck in the coming years - we have so much ahead of us to look forward to!



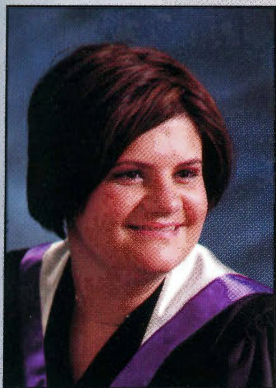
Matthew Kerr

Congratulations to all the RX Grads of 2005. Hope you have great careers in whatever you do. Thanks to everyone along the way. I've got a great idea for next year. Our class should start a Learning Issue Journal Club? P.S. Do not take that seriously. It's a joke.
(Golf 07/04, pump 0825/04)



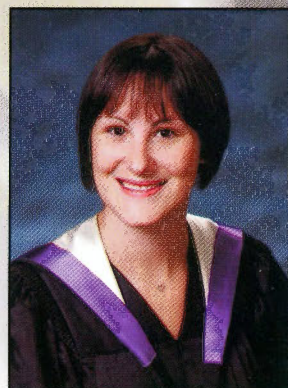
Natasha King

Natasha has had a busy four years. Despite the many L's, labs and TV table demolitions, she still had time to claim the title of Fenwick Tower Karaoke Idol. In the future Tash hopes to tour with Bon Jovi, but in the mean time will practice pharmacy in Moncton. Thanks to her parents, Brad, and the gang!



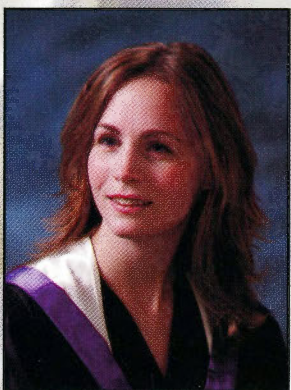
Kim Larade

I want to thank all my family, friends, and roomates for their support and encouragement during the last four years. And I especially want to thank DG and SG for putting up with me during the crazy times! Thank you to all my classmates for all the great fun we had and for the many amazing friendships that were developed. We'll always have parties at the HPL and PMs house, Irishfest, Razzle Dazzle, Missy's stag party, 3:30 at the Ale House (Every Rose) and who could forget the Tuesday night music club at Cheers (Paradise)! Congratulations everyone!



Michelle MacAskill

Michelle wishes the best of luck to the class of 2005.



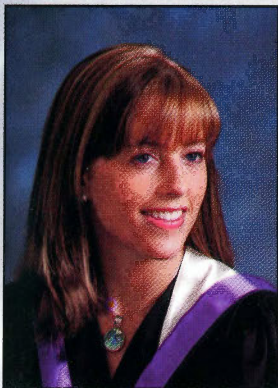
Candra MacDonald

It's been a great four years and I would like to wish everyone endless happiness, health and success in all that you pursue. A special thanks to my Mom and Dad and two amazing sisters. You've allowed me to become the person I am today and I love you and thank you for the support and encouragement. To all the great friends I've made here in pharmacy - I'll treasure the memories and look forward to future adventures! Take care and keep in touch. "The best way to predict the future is to invent it" ~author unknown



Laura MacDonald

Laura wishes the best of luck to the class of 2005.



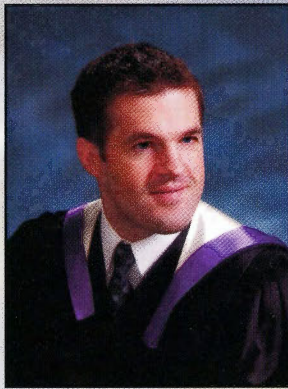
Melissa MacKenzie

What's that? It can't be! We're finished already?! Where did the four years go? It's all a blur of pharmaceutical care, DRPs and CYP450s. I would like to thank my family and friends for all their love and support along the way. And I would also like to thank my classmates; it has been a giant group effort and I could not have done it without you. Congratulations to the class of 2005! Best of luck as you conquer the world!



Paul MacKinnon

Hard to believe the time has come. The past 4 years have been a delight. The Class of 2005 is an incredible group to have been a part of. Going back to school wasn't something I was looking forward to, but you guys have made it fantastic. Thanks to my family for everything they do and to my friends for everything you do.



Kelly MacLean

After four years of dancing her way through the CoP, Kelly can't believe the show is over! She was one of many who came to us from Cape Breton after completing one year at UCCB. When asked about her fondest memories, she recalls her 2 favorite roomies @ 1483 Carlton (KM & PD), best gals AM & LM, helping put together this book, and choreographing skit night & FTHOI (we finally won!). She thanks her family for their continual love and support and the Class of 2005 for all the laughs and memories!



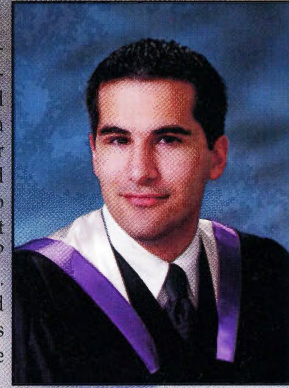
Janet MacMullin

Well, I can't believe we're finally here! The past four years have gone by so quickly. There are so many great memories, both academic and social experiences that have made the College of Pharmacy such a great place to be these last four years. Thanks to all of my family and friends, especially SM, MB and JB for all of their support and friendship throughout this degree. It's been great getting to know everyone, and good luck with whatever the future may bring you!



Sanjay Mahabir

As we prepare to become "pillars of the community" I extend warm wishes for a future of happiness to the class of 2005. I will miss the good times, friendly faces and sporting events. On a brighter note the acronyms PBL and LI will never again enter my vocabulary and the title "spoiled spoon fed brats" will be lost in the past. Thanks to my family for their constant compassion, support and encouragement. Special thanks to DT and VP for the laughter and love throughout the years. I'll never forget the movies, parking lots, and pizza. So lets celebrate graduation as we always have, raise a glass, have a toast, and sleep in the next morning.



David Marsh

"Well it's over and we can finally go out into the "real world". Good luck Class 2005 in whatever path you choose. To my parents, thank you for everything. Thank you also to Ryan, my family, and friends. To the love of my life, Jason thank you for being there through it all. Seo duinn, aon duine nios brea."



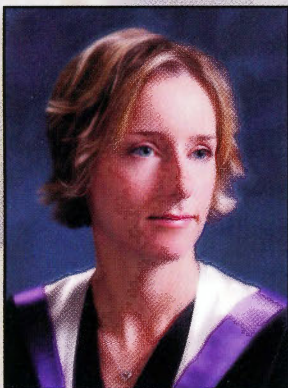
Karli Mayo

Congratulations Class of 2005! I am very proud to no longer call you my fellow "pharmacy students" but now my "pharmacy colleagues." I would like to credit each of you all for making these four years memorable. I can think back to conversations with all of you that either changed my perspective that day or just made me smile, and for that I am grateful. When you surround yourself with great people, we all achieve great things together. This is true for me in school and with family. I am blessed with a father, mother and brother who exude support and love and to whom I credit any and all success. Have fun everyone!



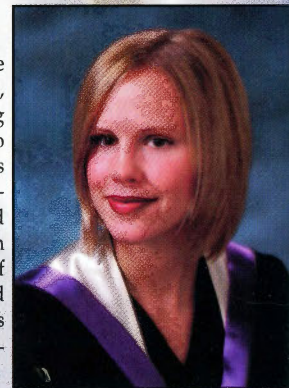
Jody McArel

I would like to thank my family and friends for all their support over the past four years (or eight years but who's counting). I will never forget the hour long drives across the bridge to school in the morning and the endless searches for a parking spot. Thanks for the great parties and JENGA at the cottage Tiff. And yes bathroom floors are fun to sleep on. Boot camp is finally over now let's see what the future holds. Best wishes to the class of 2005.



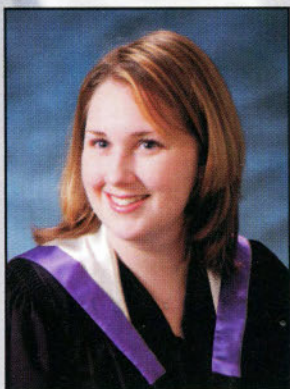
Lesley McLaughlin

Wow! It's hard to believe we've finally made it! The last four years have been incredible, as I have grown close to many amazing people. "If I Could Turn Back Time," I'd go back to long nights of dancing, sleepovers with L and A, PDWs, FTHOIs, HPLs, Christmas balls, skit nights, karaoke at Cheers, and to Portland, Maine where it all began with Rob. I would like to thank my family for all of their love, support, and encouragement and my professors for their inspiration. This is not an end, but a new beginning. Congratulations and best of luck to the class of 2005!



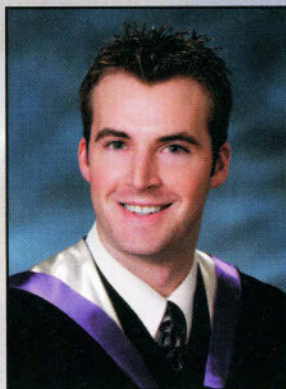
Nicola McLellan

Nicola is one of the many Cape Bretoners in the class of 2005. Hailing from River Ryan (which we all know is still New Waterford!), she stays true to her Cape Breton roots by always enjoying a good night out. She was rarely spotted without her sidekick Michelle, and often could be heard in the library defending PBL (while the rest of us complained). Her future plans include returning home to work and to chase after a hardworking pharmacist from Marion Bridge



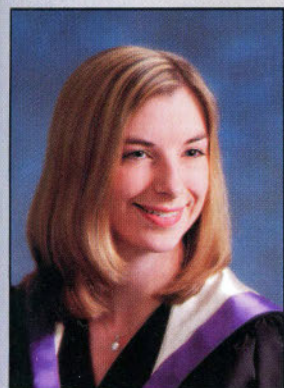
Robert McManus

Wow! We made it! The first class of 90...it's hard to believe we came in so timid yet now are one big family. So many great memories and nights out: HPLs, PDWs, apt crawls, soccer games, FTHOI, skit nights, abolished pub crawls, and infamous dance moves. To my family, thank you for all of your love and support. I came to Halifax not knowing anyone, but I love now with many friends and the love of my life. Congratulations & best of luck to all the grads of '05!



Sarah McNally

"Wherever you go, no matter what the weather, always bring your own sunshine"- Antony J.D'Angelo. I would like to take this opportunity to thank my family and friends for all their love, support and encouragement over the past four years. Congratulations to the class of 2005, and best of luck in the future!



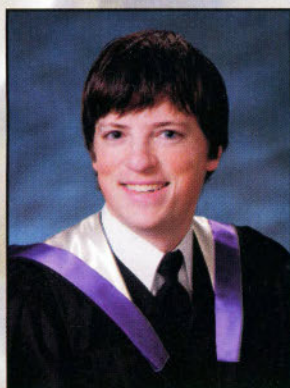
Tasha McNutt

"Don't cry because it's over, smile because it happened." - Unknown I would like to thank my family for their continued love and support, without it I would not have made it this far. Thanks to my friends and classmates for all the memories from the past four years, it's been a lot of fun! Best of luck to everyone in the future!



Craig Meek

Well, the last four years have been.....well let's just say interesting. I left my family, friends, and cat in Stratford, PEI to come all the way (3.5 hrs drive) to Halifax, NS. I'll always have fond memories of the College of Pharmacy - I will especially miss PBL, PEP, CAS, NHPs, Pollen, and most of all, medchem. Good luck to everyone in the Class of 2005 - and just remember: "Blessed are the Meek: for they shall inherit the earth" (Matthew 5:5)



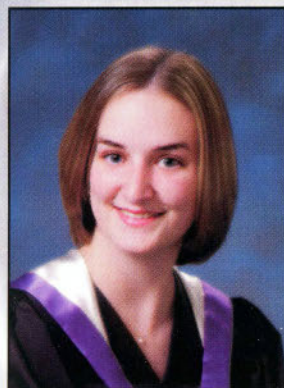
Amber Mercier

It has come and gone and now I smile, as I remember all the great times & great friends. Big thanks to my 2 families. Your support is so greatly appreciated. To A: You could pass PEBCs at this point too...we can do anything! KM & LM: I'm so glad that I experienced your friendships...the CoP experience would not have been the same without you girls! To the Fab 4: You made it all worth it! I'm honored to have gotten to know the class of 2005...we are an interesting bunch of pros! Best of luck in the future.



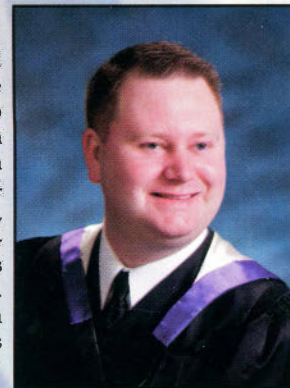
Jennifer Moore

It is amazing how quickly the last four years have gone by. I was born and raised in Fredericton, NB and made the move to Park Vic and the College of Pharmacy after two years at UNB. I have made many lasting friendships along with great memories over the past four years. I will never forget the HPLs, karaoke Tuesdays, skit nights, potlucks, PDWs, intramurals and the "back row" boys. I would like to thank my family and friends for all of their love and support over the years. Congratulations and best of luck to the Class of 2005



Gavin Morgan

Straight outta Compt, er, Cape Breton, and via Acadia University, it is more than mere coincidence that Gavin's meteoric rise to fame has coincided with that of a certain white rapper out of Detroit. Armed with da skillz to pay da billz and a politically incorrect brand of unconstructive criticism, Gavin's impact on our class has been undeniable. As Kent's creative consultant, he's kept us laughing and damaged our minds. He's even managed to balance school with his day job as a 3rd line winger for the Dallas Stars. A model for all...



Leah Morrison

Well...here we are! Can't believe it's over. It truly is a bitter sweet end. I will miss the sleepovers @ 1483 Carlton, Razzle Dazzle and always getting in over my head! Thanks to KM & AM I would have never made it out alive without you! And to my parents and family thanks for your unconditional love and support through all the years (and the moves!) Best of luck to Class of 2005!



Sarah Murphy

"You must have been warned about letting the golden hours slip by, but some of them are golden only because we let them slip by." - James M. Barrie

It seems like only yesterday that we received our acceptance into the CoP. I can't believe that four fantastic years have passed by so quickly. I would like to thank my parents and friends for all of their support. Girls, always remember the trips home to CB, sitting in the front row, posing for pictures before the XMas Ball as well as FTDOI practices and our big win in 2005. I wish everyone the best of luck!



Kelly Peters

I came to the big city of Halifax from small-town PEI. I've enjoyed these last four years at the College very much but look forward to returning home to begin my career. I will be most remembered by my classmates for my frequent trips home on the weekends and the outrageous number of questions I asked in each and every class. As I leave the halls of Burbidge behind, I take with me many fond memories, enough laughs to last forever and several life-long friends. My sincere best wishes go out to the class of 2005. Thanks for the memories!!



Gisia Pisegna

I would like to wish the Class of 2005 best of luck in the future and thank them for the unforgettable memories. I would also like to thank my family and friends for their continued support and encouragement.



Alicia Roberts

Wow! The past four years have been packed with tutorials, photocopying, Skills Lab, rotations, and even a few classes thrown in along the way! Though we may all have our doubts, I'm confident that it has prepared us for our future careers! I'll never forget the great friends I have made and the fun times we all had. To the Class of 2005: you are the most ambitious and motivated group of people I have ever met. I wish you all the best of luck...keep smiling and drinking coffee!



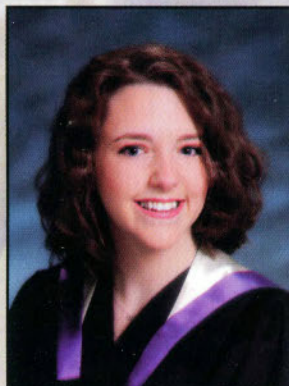
Danielle Robichaud

Danielle came to us seemingly shy and innocent but proved to be quite the character. She can be found apologizing, worrying and taking on too much. She's been through a lot, but always pulls through proving how strong she is. Danielle... Should you be in St Stephen? Watch out for glasses & magic mirrors. Results are neg! You have a huge heart, we love you and we're lucky to have you as a friend. Jenga Pals TH, JM, SD



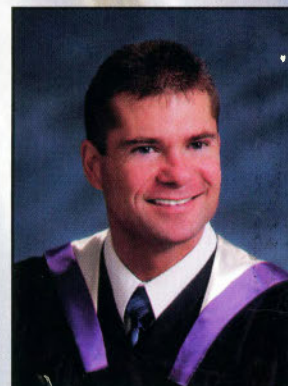
Courtney Roy

Looking ahead on the first day of class, four years seemed like a lifetime. Now it seems to have flown by. I wish the best of luck to all of my colleagues and friends in all the years to come.

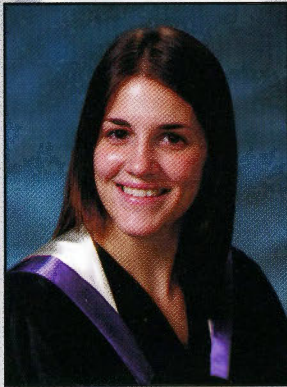


Pierre Samson

Well, my long educational road is finally over! I feel very fortunate to have been a part of the college, and I am very proud to be a graduate of Dalhousie's College of Pharmacy. To my classmates; your drive, determination, and professionalism are very inspirational; and I feel privileged to have been part of this class. I would like to wish the class of 2005 a successful and fulfilling future. I would also like to take this opportunity to thank my family for their support and encouragement over the years. Good luck and God bless!

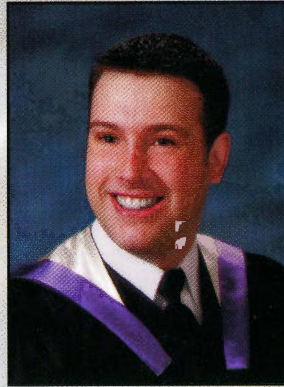


Robin Shaw



Thank you to my family for your continued love and support. To my classmates, thank you for making it a great four years at the CoP. Best of luck in your future endeavors! As many have said before "Choose a job you will love and you'll never work a day in your life."

Mark Sinclair



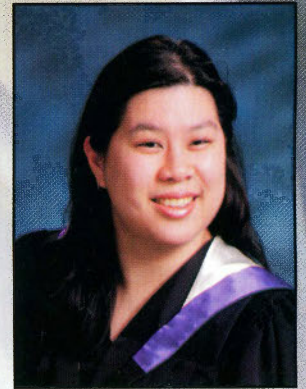
Thanks for all the memories boys and girls, it was great fun, the Irishfests and the Oktoberfests were a blast. Thanks to all of you party hosts who let me have my chair. Thanks to all of you who accompanied me for that late night walk to Alexandra's for a poutine and a slice. I hope you all find success and happiness in your careers. Good luck Class of 2005.

Jolene Sonier

It's hard to believe that 4 years have passed so quickly! Thank you all so much for the comraderie and support - you are the Spirit of the College! I will never forget: Issues, Late L.I. Club, "My" computer, Pacifico, skit nights, jammin', really tiny apartments, Pharmx, and nights on the town with Mel and the girls. I am proud to be a member of the really really Big class of 2005! Good luck, keep on smiling, and keep in touch! Mel - We finally made it! Congrats! Jenna - thanks for being my sis and roommate, your turn is coming! Mom & Dad - thanks for supporting me in all I do. ~Later Gator!

Karrie Tong

I stumbled into Pharmacy 4 short years ago, but now I leave with a profession I love, a future full of opportunity, and friendships that will last a lifetime. Between PBL and constant exams, we still found time to socialize: Nights out at Pacifico; pot lucks, eating at Darrell's, and even a trip to Vancouver! Thank you to all the profs, lecturers and my classmates for teaching me. Thank you to my family for their love and support in all that I do and to my friends for keeping me sane. I am going to miss the CoP, with its broken photocopiers, crowded halls and all! Good Luck Class of 2005!!!

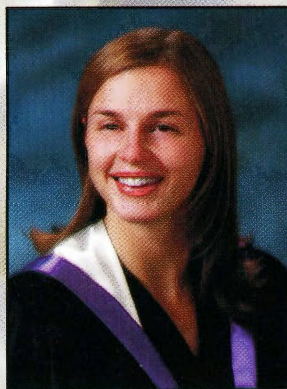


Josephine Tracz

To the Grads... "and will you succeed? Yes, you will indeed! 98.75% guaranteed! Kid, you'll move mountains." - Dr. Suess

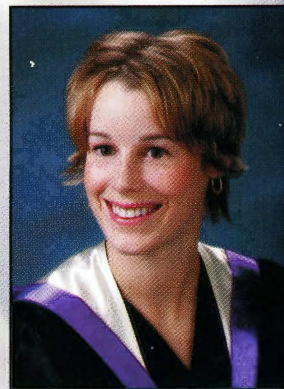
To my girls...you're so beautiful, unique & silly...thank you...

To my family...Dziekuje Mama, Tata I Julka na wszystko. Ja nie moglam zrobic bez was. Sciskam serdecznie.



Molly Trueman

Congratulations and best wishes Class of 2005! Thanks to my friends for all the great memories I have of the past 4 years. Irish Fest and the Ale House will never be the same unless you're there with me. Thanks to my parents for their support and encouragement during my university years.



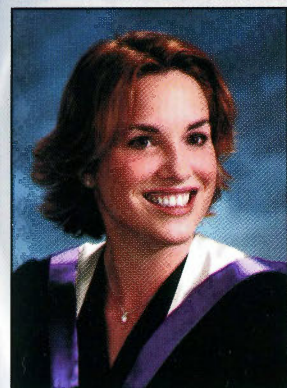
Carolyn Walsh

I came to the CoP after 4 years at the UPEI. Though the thought of another 4 years in an undergrad program was daunting at times, these last 4 years have flown by and turned out to be some of the best years of my life. Fondest memories while at the College include Park Vic #705, Pharmacy XMas formals, potlucks with the girls and ditching LIs for a trip to the mall instead. My time at the College would not have been the same without my two roomies, Kelly & Stephanie. Armed with a pharmacy degree, great memories and treasured friendships, we head out into a bright future. Best of luck to the class of 2005!

Erica Walsh

Congratulations to the class of 2005 and best of luck with your future endeavours! To my family and friends, my most sincere thanks for your continuous support.

"Today is your day! Your mountain is waiting so...get on your way." Dr. Seuss

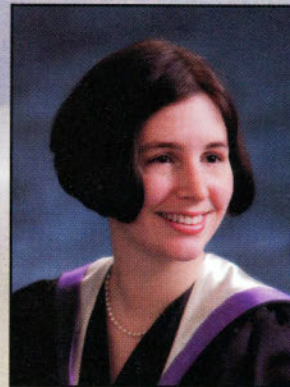


Norma Welch

It's amazing how fast four years can go by. We have made lifetime friends and memories that will last forever. While I'm happy the end of my formal education is here remember ...

"There is a reason they call these ceremonies 'commencement exercises'. Graduation is not the end, it is the beginning." - Orrin Hatch

Congratulations and all the best to the class of 2005.



Jennifer Whalen

After three years in chemistry at Dalhousie, Jennifer ventured up to the College of Pharmacy. She has enjoyed her four years and has many great memories. She will miss her friends, as everyone follows different paths. Jennifer would like to wish all of her classmates Good Luck in the future and much happiness and success.



Melody Wheaton

At the end of the day, we're about to rejoin a world who thinks that 'learning issues' means trouble in school. Who knew that 4 years would go by so fast? Thanks to my friends for the great memories (Blue angels, game nights) and the multipurpose trips to Macdonald's. Thanks to my family who let me come home even when I had an exam to study for. *This is not a dress rehearsal.....please keep in touch!*

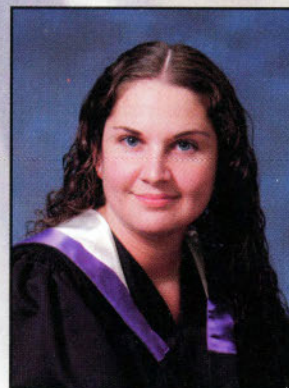
Tanya White

I would like to thank my friends and family for their love and support. Their constant encouragement has carried me through and has helped me believe in myself even when I didn't. To Mark for loving me unconditionally and for being patient - Yes I am coming home soon! To the girls (EW, JK, ER, TC) for all the memories, our friendship is just beginning and I know it will grow stronger. Congratulations everyone - we're finally finished! I wish you all success and happiness in the future.



Amy Wilson

I'd like to thank my family and friends for their endless support and encouragement. Darren, I couldn't have done this without you—you gave me the courage and strength I needed to be where I am today. Darlene and Vanessa, if it weren't for the poems and cartoons I'd still be asleep in CAS2. Greg, thank you for making me study in 3rd year. I hope this isn't the end of our university friendships. Good luck to everyone and best wishes in the future.



Elke Wissmann

I would like to wish everyone the best of luck and to congratulate us all on four years of hard work. I would also like to thank all of my professors and preceptors for their inspiration and support. Lots of love to the girls (EB, TC, JK & TW) - Thanks for putting up with me and good luck with that marriage thing...

"Live as if you were to die tomorrow. Learn as if you were to live forever."
— Gandhi

Nadya Ninos

Best wishes to the class of 2005! I feel everyone in this class will become a great pharmacist and contribute well to the profession. I will be waiting for the newspaper headlines! My daughter first, I am second - I did not find time to have a grad picture taken. I am secretly hoping to look the same 30 years from now. So let's see what happens when this time comes...

Derek Roberts

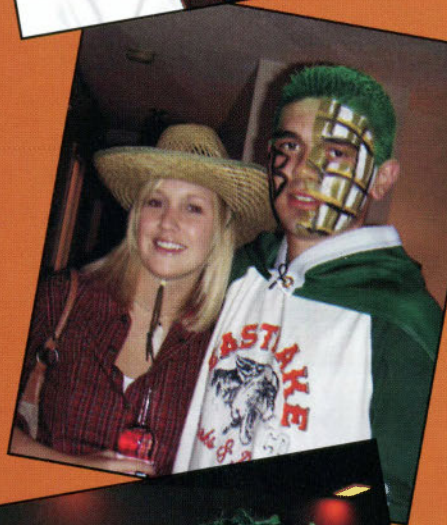
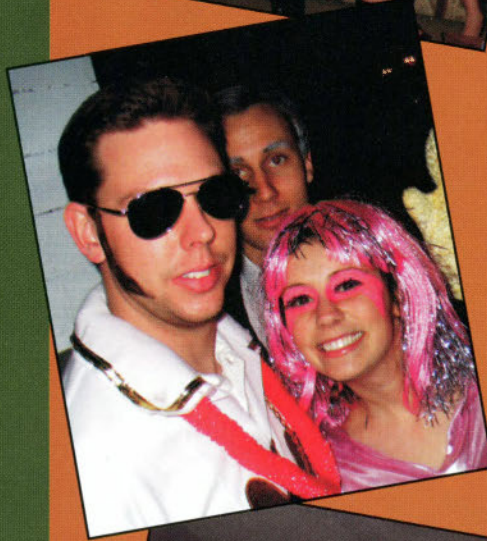
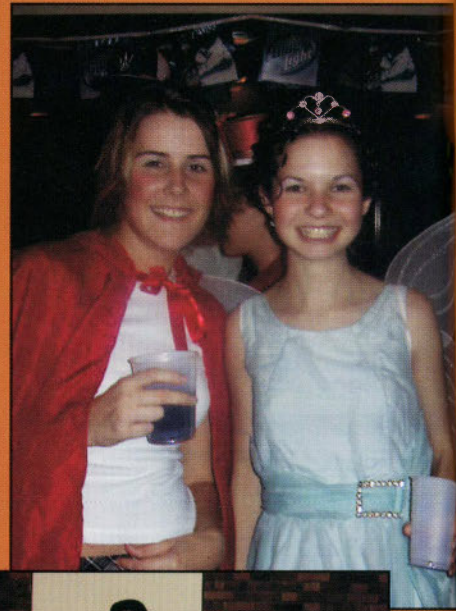
Camera shy & speechless!! Best of luck Derek.

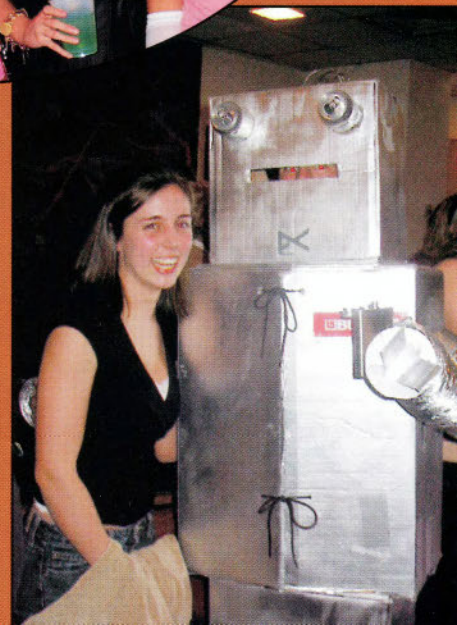
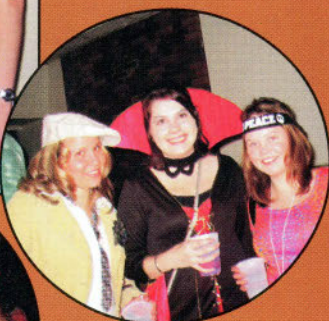
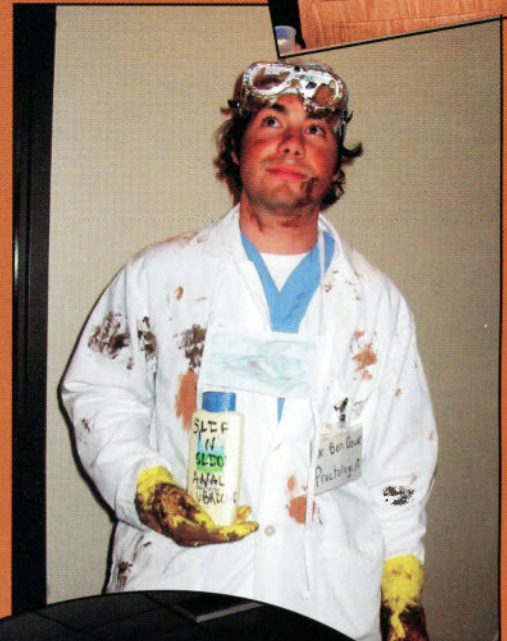
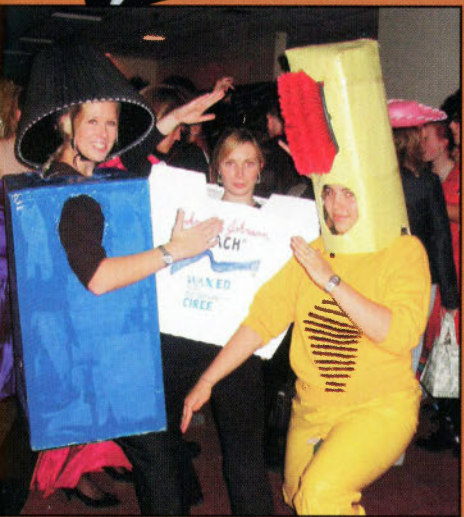
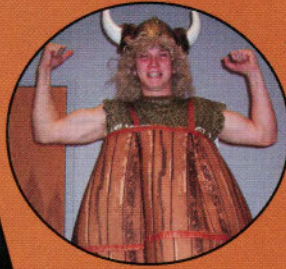


Dalhousie Pharmacy - Class of 2005

©Calnen

HAIRGLOW





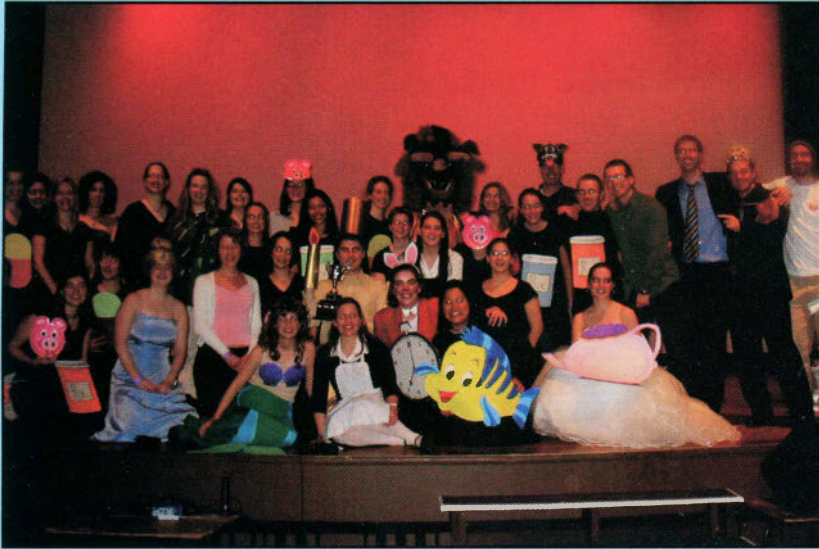
We
Kicked
A\$\$!



THE CREW...



STAGE DIRECTORS:
*Loa Barendregt & Andrea
LeVesconte*
CHOREOGRAPHERS:
Kelly MacLean & Nicole Gallant
PROPS:
Felicity Mitchell



ALICE IN PHARMACY LAND 2004

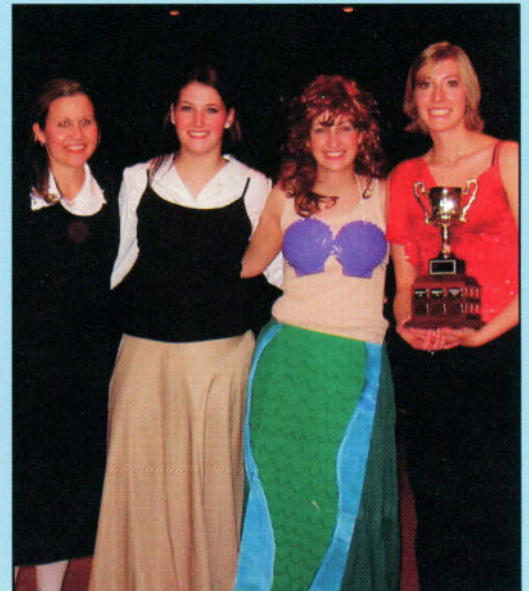
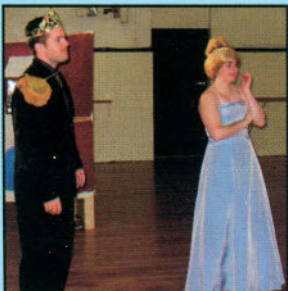
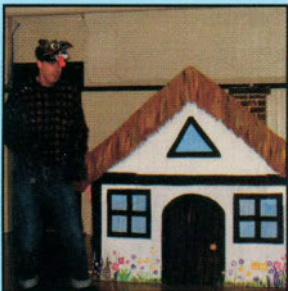
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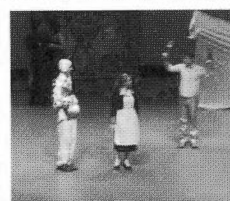
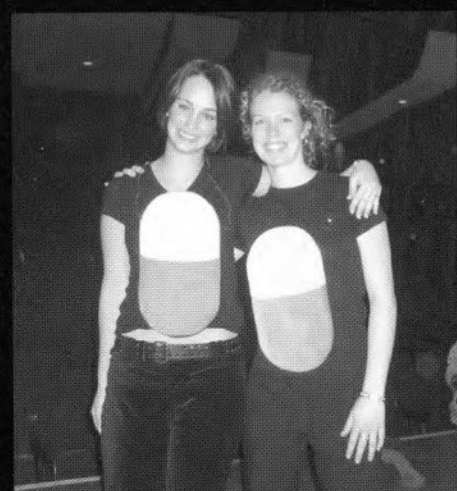
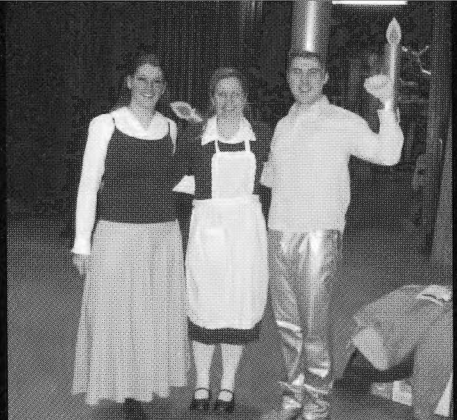
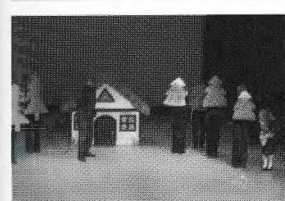
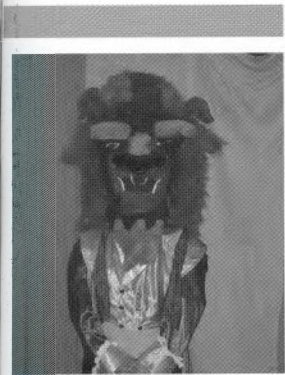
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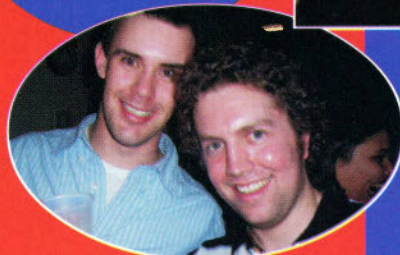
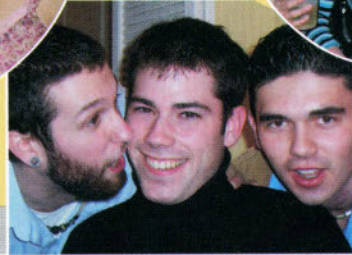
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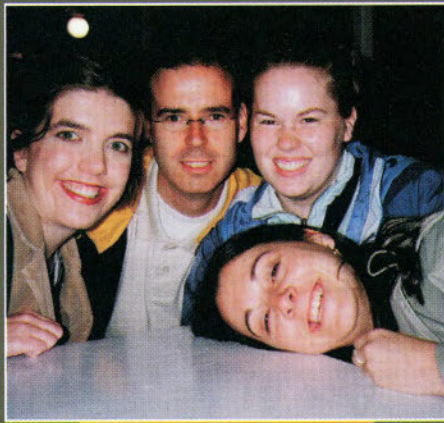
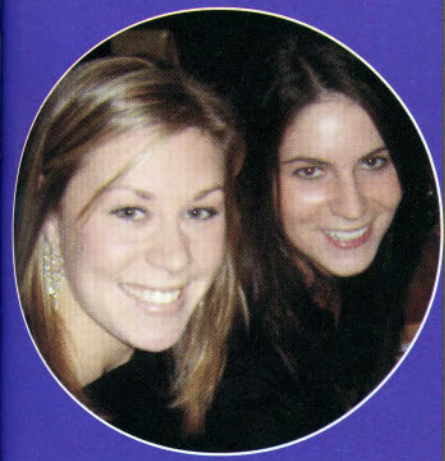




CLASS OF

2006





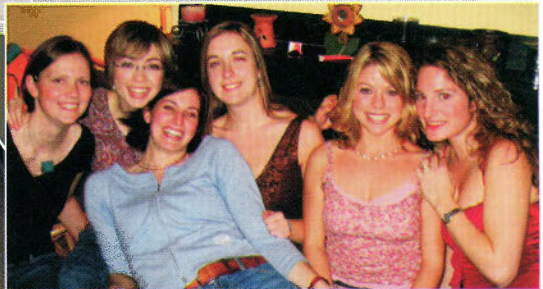
Well, another year done, and another year closer to the real world- kind of scary when you actually sit down and think about it. This year, we kicked it off with BBQ followed by the Big Brother/Big Sister Potluck...yet again! Apparently some of us couldn't get enough of Orientation Week and decided to be part of it for another year! What a week it was with the T-room, Boat Cruise and Pub crawl...we were right back into the swing of things as if we'd forgotten all about the summer and were back where we belonged.

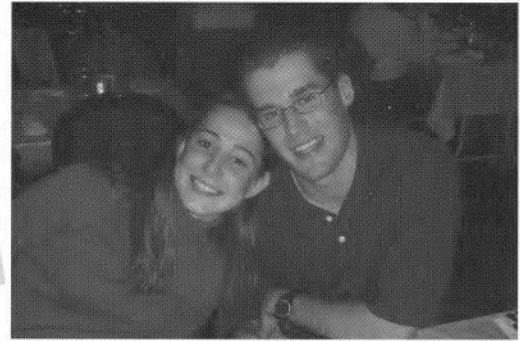
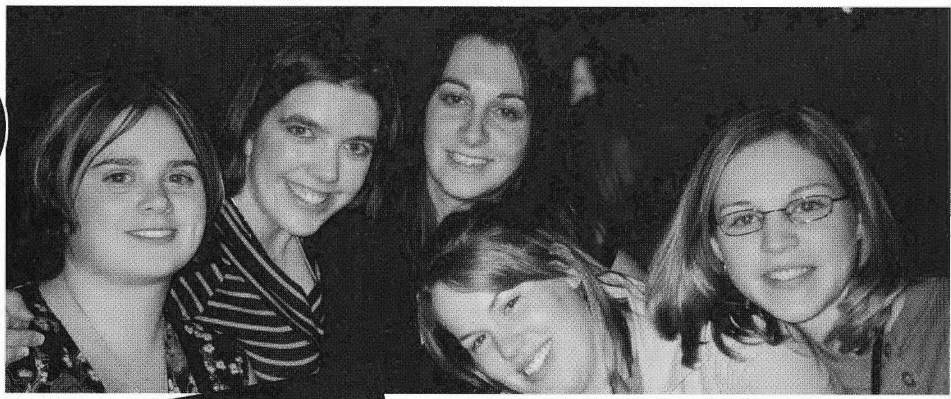
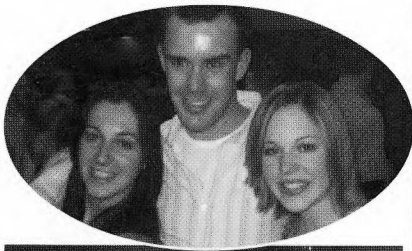
We have certainly had our fair share of laughs this year about profs including Kit's famous lumberjack outfit complete with fanny pack (Best Impersonation goes to Jacqueline, hands down!), Kathy Slayter and how she says abstinence is 'Just no fun', and how Adil doesn't seem to ever get a whole lot of sleep because he was too busy packing the blue AND the pink boxes! Not only did we laugh at profs this year, we had Jeff to leave us with more memories from the year than we could have ever wanted! Some will always be remembered and some, I am sure, we would rather forget (I think Jeff in a bikini is pretty high on everyone's Things to Forget list...)! But, in his honor, the Bloopers Awards have been affectionately renamed "The Boutlier Awards" (Jeff, that's just cause I love you man, seriously though!).



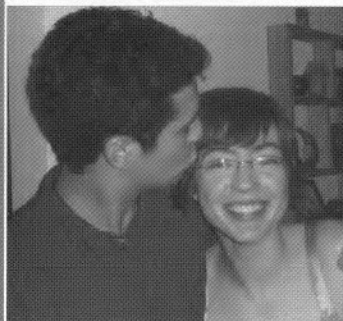
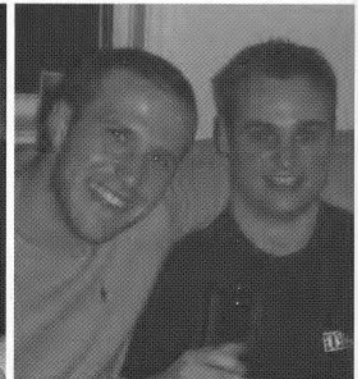
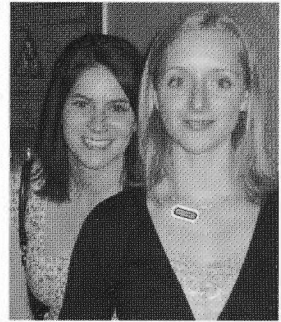
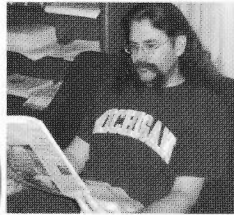
This year proved to have our most challenging courses, which allowed us many nights of bonding in the Kellogg, late night adventures in tutorial rooms, and forced us to take over the Pharmacy Library!!! However, aside from the drill sergeant profs and hours of cramming, I think its fair to say that, all in all, we had another amazing year. I mean after all, we did finally take our long deserved victory on Skit Night! (It was about time)! It will soon all be finished, so we have to make the most of what we've got left. I look forward to another remarkable year with all of you and would like to finish off with a quote from the guy we have all grown to love "It's not the destination, it's the Ride" (Thx Jeffrey... CoCo loves you!)

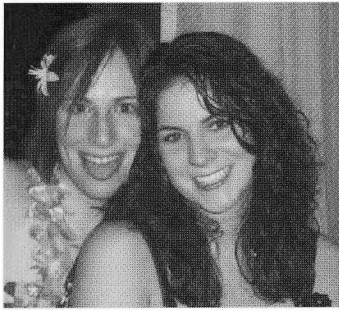
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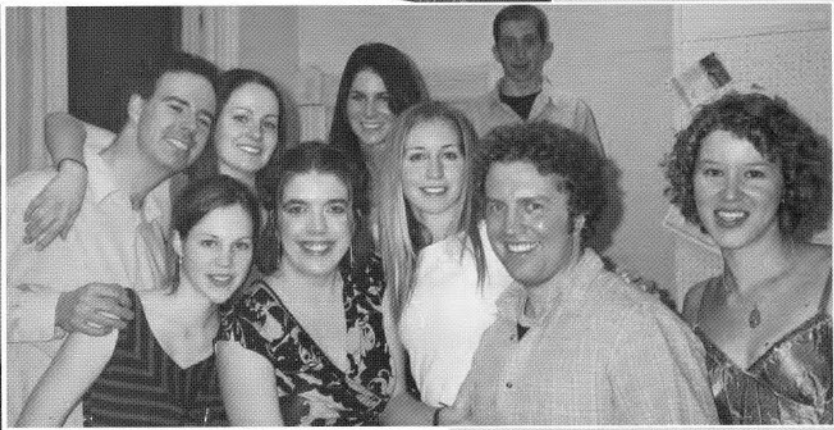
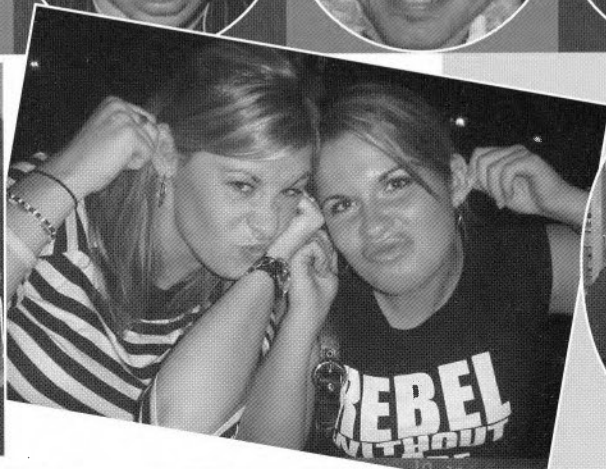
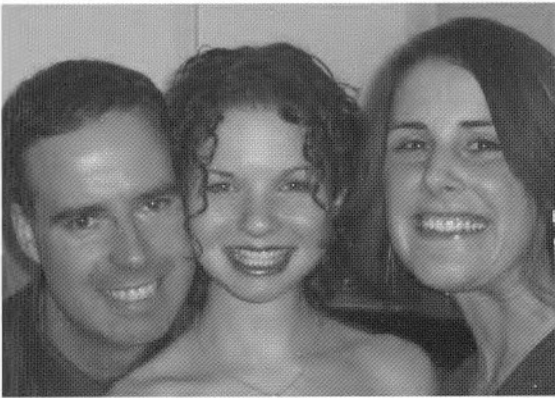
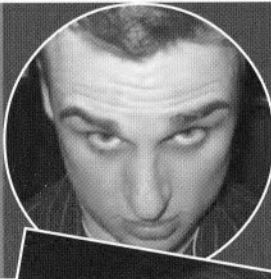


One Year Left?!





Aren't we cute???



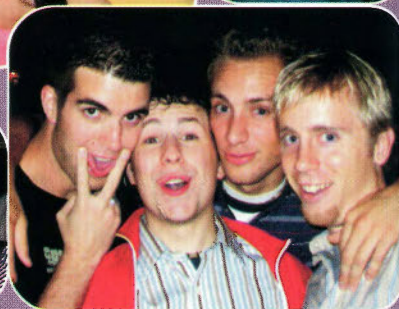
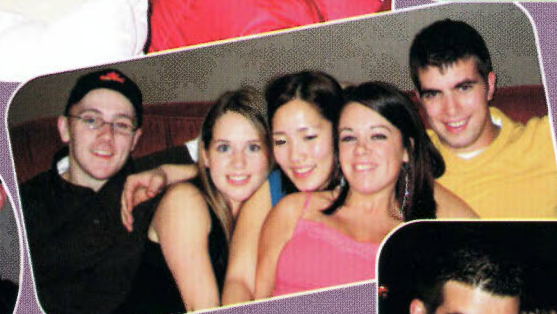
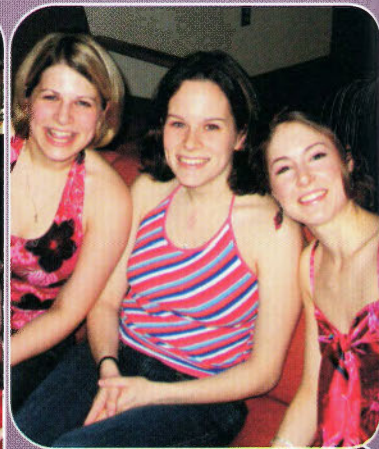
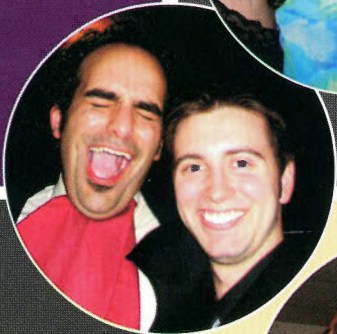
Class of

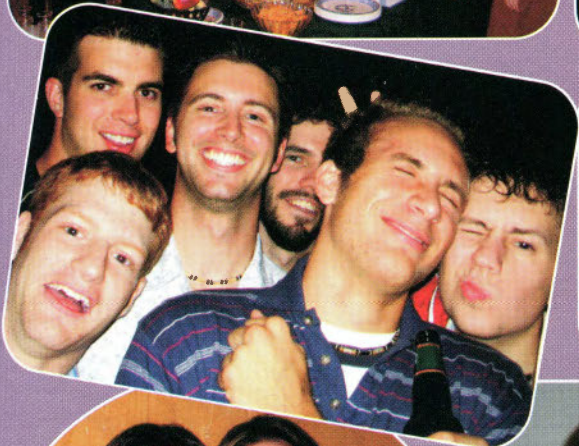
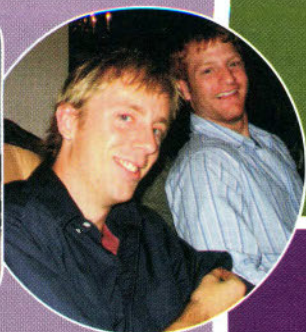
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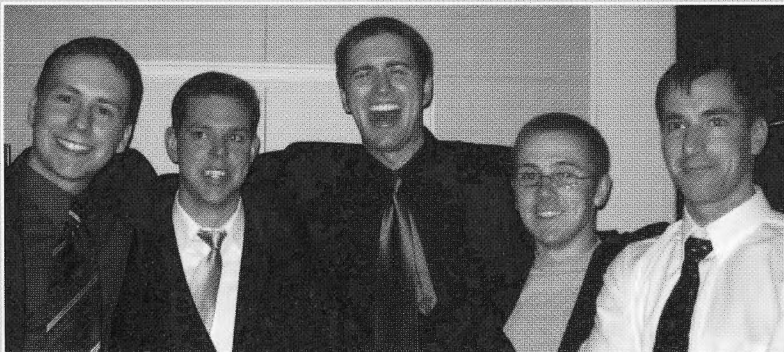
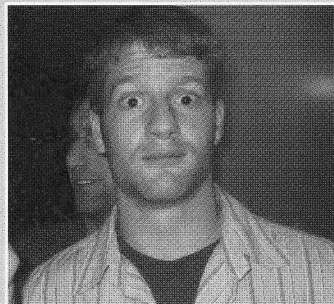
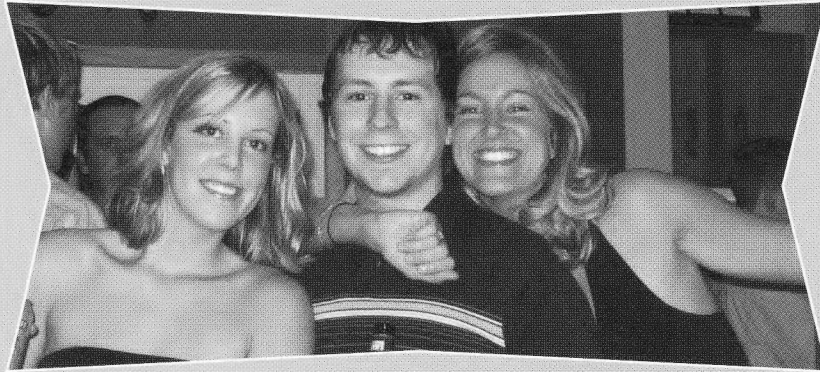
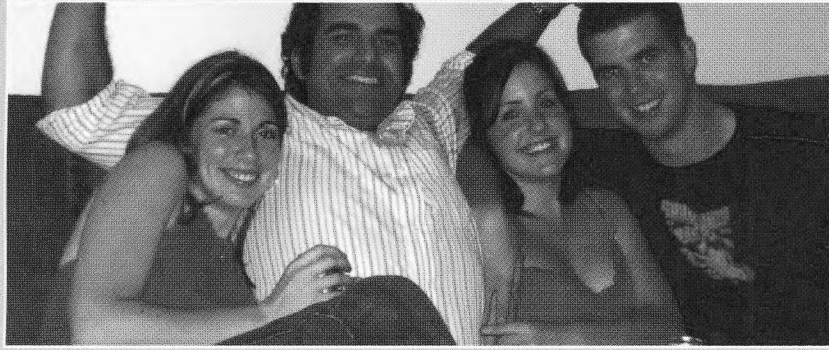
After another fantastic year, it's hard to believe that we're at the halfway point to getting out in the "real" world. After reuniting from the summer break, the year started off and running and it hasn't stopped since. We were immediately swept up with showing the first years a good time, honing our DRP skills, and of course learning about the magical world of therapeutics from Susan. Professors, being the upstanding leaders, have made our year all the more memorable. We were first shocked to find Mr. Feeny teaching us kinetics (Does that man ever leave school?) and found after taking medicinal chemistry we only remember something about airy fairies. Next we learned that if your research shows some relevance you can be wined and dined and flown to Cannes and finally we learned that we should always "stay calm". Outside of school hours we were also able to squeeze in some fun, from singing at karaoke night, to dancing and acting in FTHOI and Pharmacopia, to playing intramural sports, having potlucks and house parties and going to PDW (6 of us went!). And who could forget about our mad dancing skills at the Winter Formal (Well, one of us in particular). It was an incredibly memorable year and next ones promises to be just as exciting with more events and the new DAL-MUN conference in the fall. And remember:

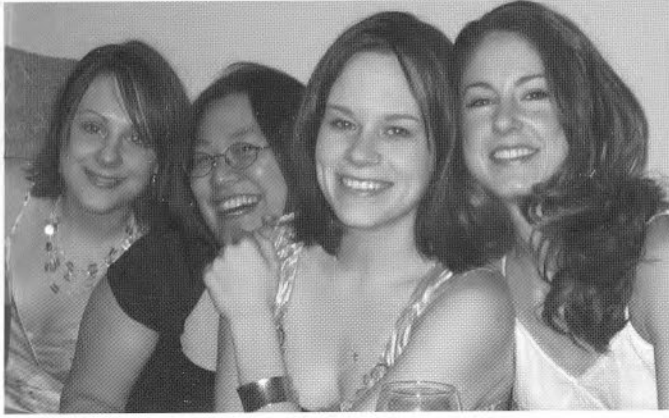
"Stop being so anal, you're all going to get bleeding ulcers!!" - Dr. Bahn
 Marlene Ma, Class of 2007

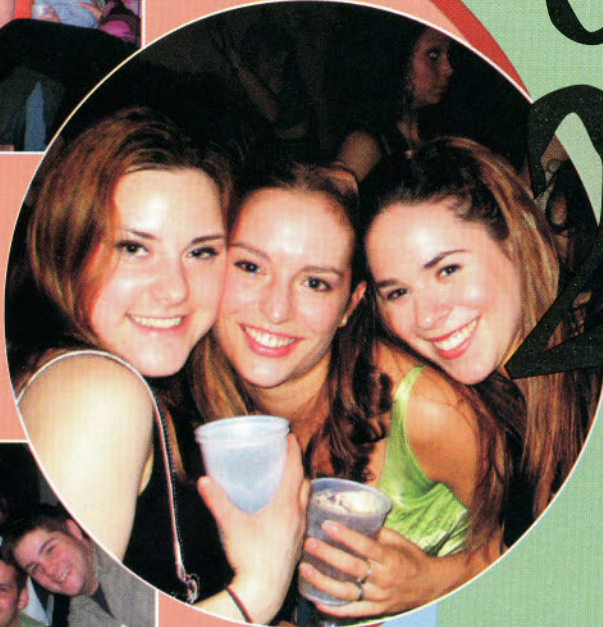


HALFWAY DONE...

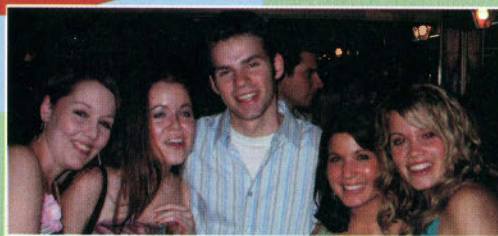
STILL HAVIN' FUN







Class of 2008



Beginning our first year of Pharmacy, we were all a little unsure of what was ahead of us. The first week was bit overwhelming and exciting at the same time as we tried to remember the names and faces of 89 other people that would be our classmates for the next four years. At the potlucks hosted by our big brothers and sisters we were able to gain some information about what was in store for us during our first year. From the Walmart Buddy Barbecue to the Pharmasave Welcome Luncheon to the Shoppers Boat Cruise to an introduction to Halifax's great nightlife, orientation week was definitely jam-packed with lots of great events.

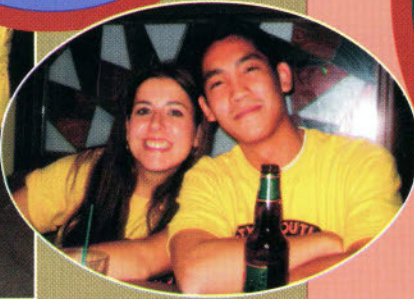
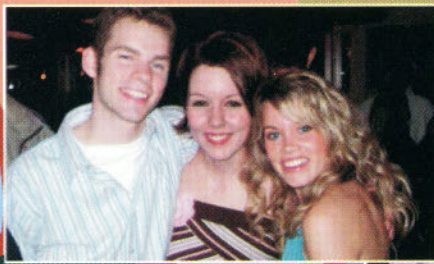
I think our first year can be summed up as just that; a year of "firsts." As a class, we had our first crack at the PBL process and at learning issues, our first visit to the HPL, our first attendance at PDW in Quebec City, our first of many Medical Terminology quizzes which we grew to love and look forward to throughout the year as well as many other new, exciting and sometimes scary experiences. Scary is a word that describes the dark abyss of Biochemistry and Organic Chemistry we experienced at the end of first term which most of us would much sooner forget.

After a much-deserved Christmas break, we were back to the books with the start of Physiology. We continued to work hard but also managed to enjoy ourselves with parties, HPLs and nights on the town. The year finished up with a great night at Skit Night and the feeling after our final exam of having finally finished first year!

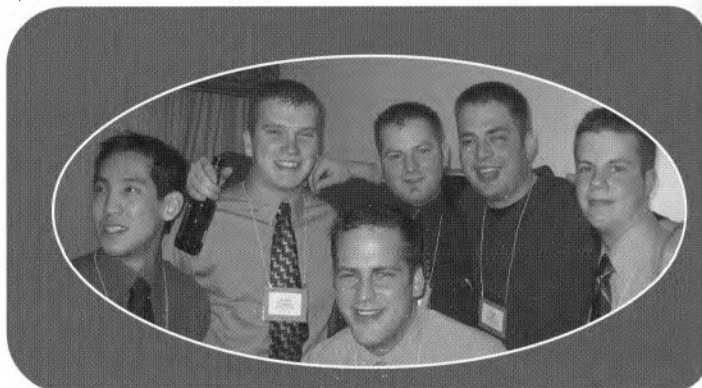
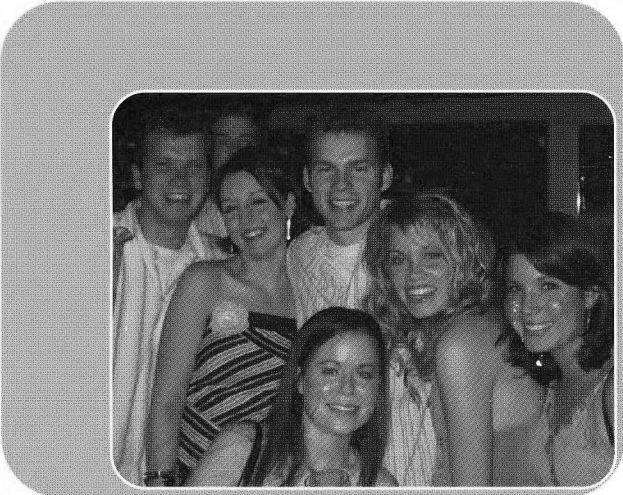
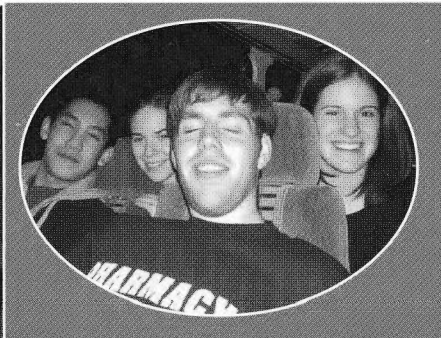
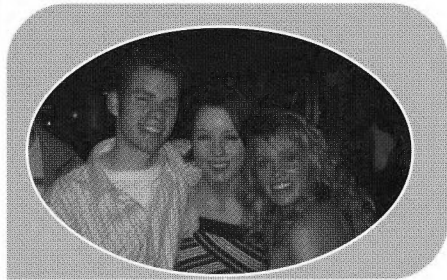
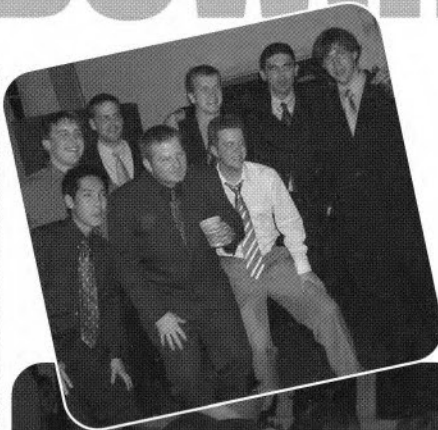
As first year ends, we're taking with us new knowledge, new experiences and new friendships. The 90 strange faces that arrived at the College in September are now faces of people we call our friends. Thanks for making this year unforgettable and I look forward to more great memories in second year!

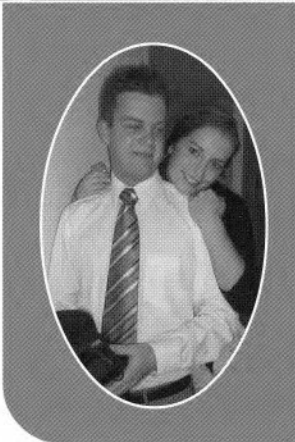
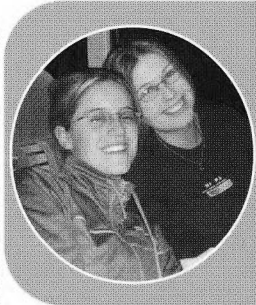
Aiysha Al-Wardian, First Year Class Rep, Class of 2008





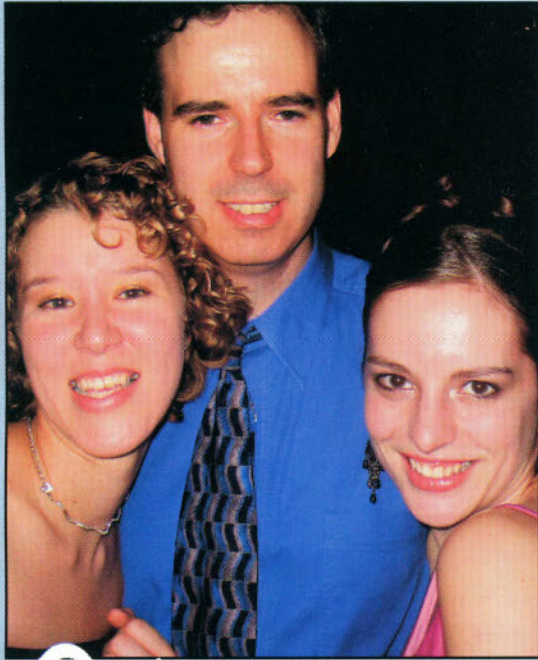
One Down...





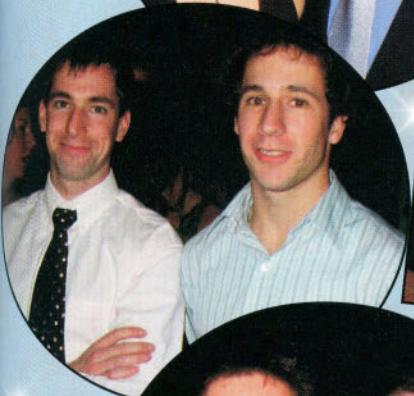
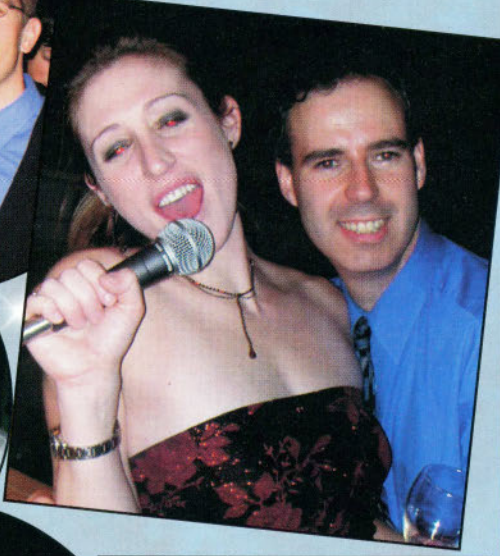
...Three to Go

One enchanted evening in December.



Pharmacy Ball 2004



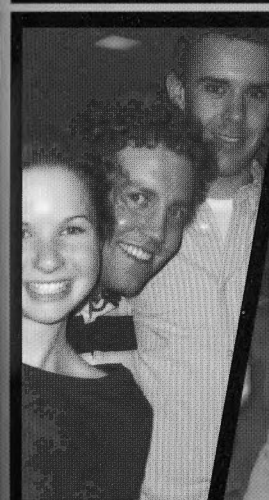
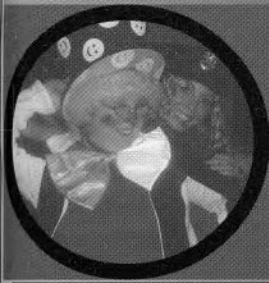




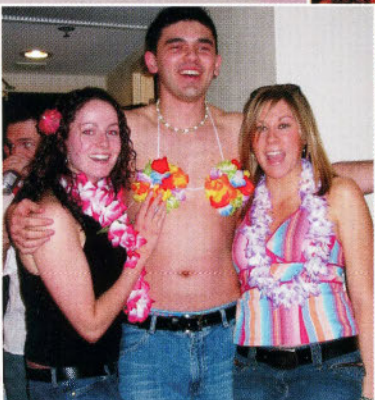
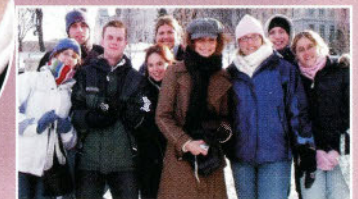
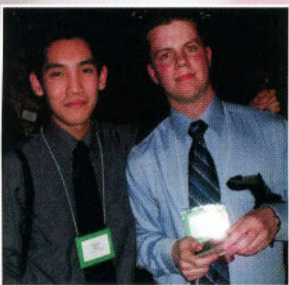
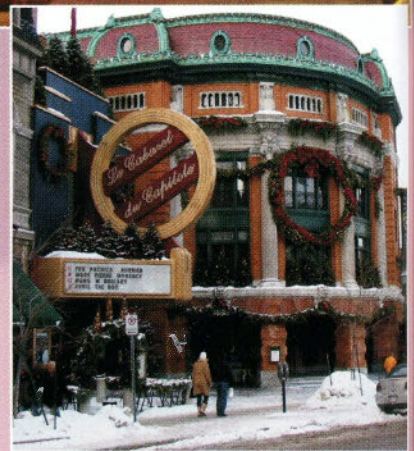
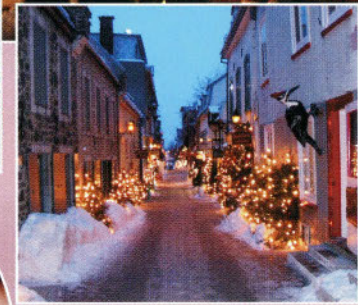
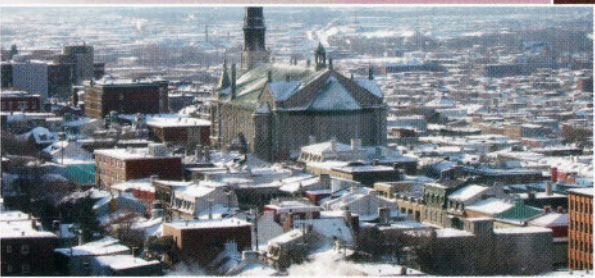
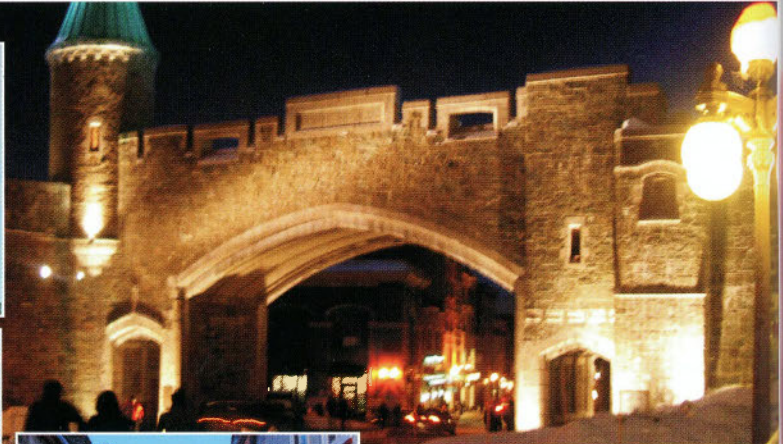
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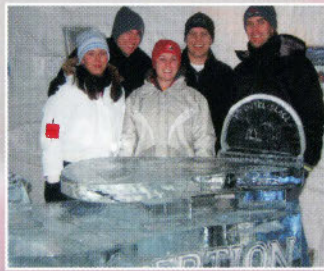
Where the pharmies go to party!



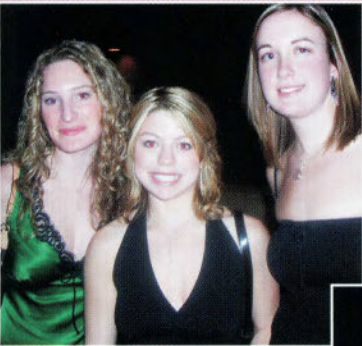
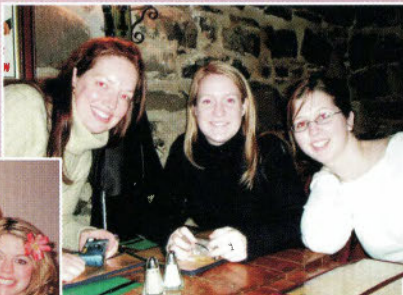
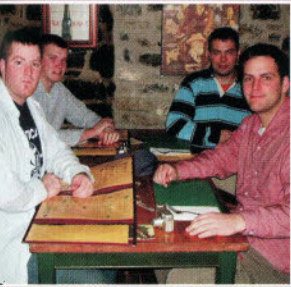
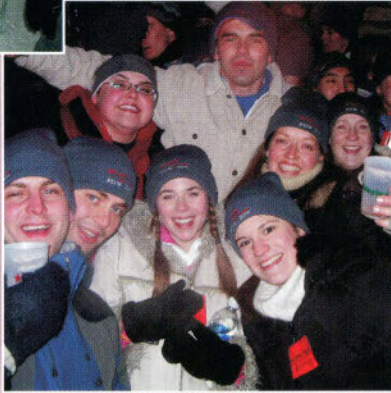
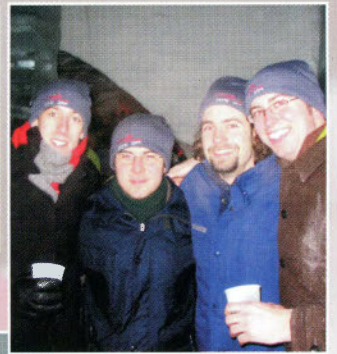


PDW 2005 Quebec City





Does +2 mean -30 in french?



C.A.P.S.I.

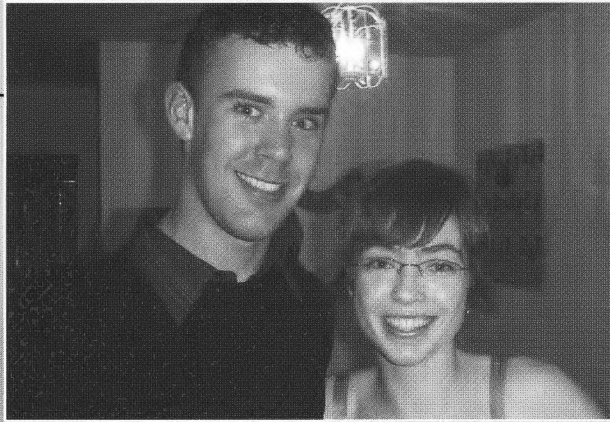
Canadian Association of Pharmacy Students and Interns



President Elect
Our very own
Adam Somers



Senior CAPSI rep
Chris Dalseg
and
Junior CAPSI rep
Rachel LeBlanc



4th year rep
Kent Hayes



1st year rep
Kirk Maddox



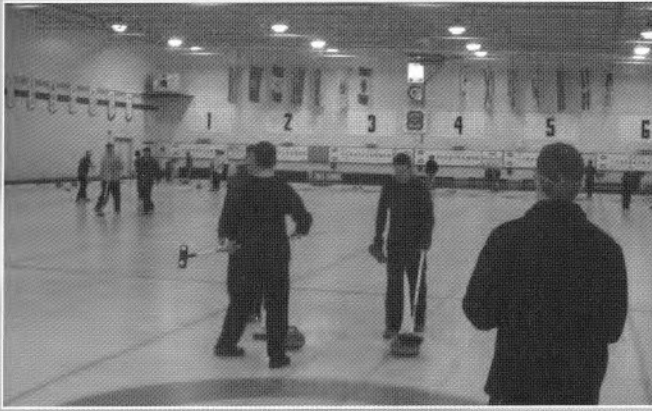
2nd year rep
Colleen Johnston



3rd year rep
**Suzanna
DeWolfe**

The Most anticipated event of the year...

CAPSI Curl!



Contrary to popular belief, curling is not a contact sport. Get those brooms down before someone gets hurt!



Drew is sticking out his tongue for balance.



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Events

2004/2005

- CAPSI awareness week went off with a bang, featuring the much needed financial talk with Mike Sullivan
- It wouldn't be the same without the Apotex backpack presentation, and the Novopharm binder presentation in 1st year. How else are we supposed to be able to recognize fellow pharmacy students on the street?
- The first ever "evolve" career night was a HUGE success! A big thanks to all who came out.
- CAPSI competitions let our students show off their skills: Compounding competition, Patient counselling competition, and Student literary challenge.
- Sure it was freaking cold, but everyone still managed to have a blast at PDW 2005 in Quebec City!
- CAPSI curl was super fun, as usual!
- Students enjoyed their burgers and hot dogs at the end-of-year BBQ

Competition Winners

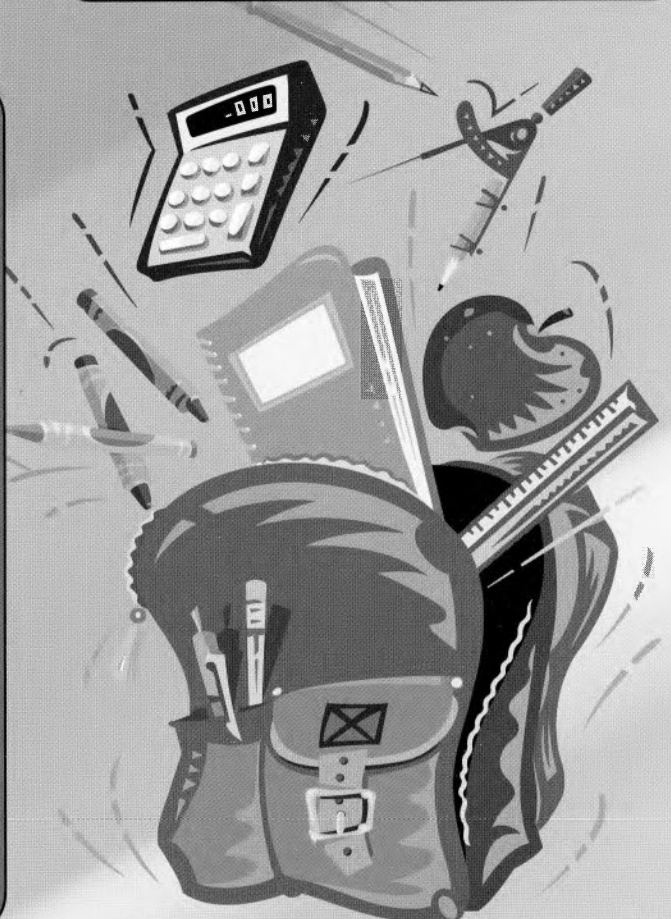
Student Literary Challenge:
Felicity Mitchell

Patient Counselling Competition:
Jeff Boutilier
Janet McMullen

Congratulations to Janet for a 1st place finish at the National Competition in Quebec city, PDW 2005!!!!

Compounding Competition:
Katie Gamon
Erika Jones
Russ MacDonald
Felicity Mitchell

Congratulations team, for a 2nd place finish at the National Competition in Quebec city, PDW 2005!!!!

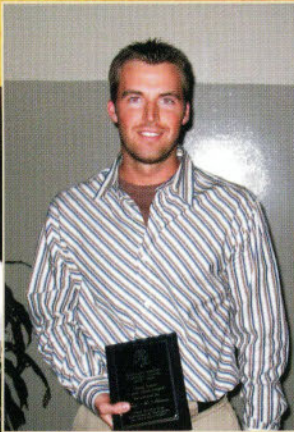


JG Duff Awards Banquet



Platinum P Award

Michael Head, Megan Ricketts, Louis Deveau, Greg Maichele (Missing)



Doug Baker Good Sport Award

Rob McManus



Blood Donor Shield

Class of 2008



Unsung Hero Award

Khalid Al-Siyabi, Jennifer Moore, Darlene Currie (Missing)



Senior Stick Award

Craig Connolly



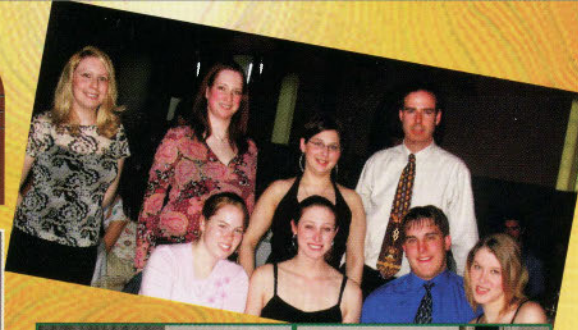
4th Year Leadership Awards

Amber Mercier, Kelly MacLean, Molly Trueman, Leah Morrison, Phil Doiron, Amanda Hayden, Loa Barendregt, Chris Dolan



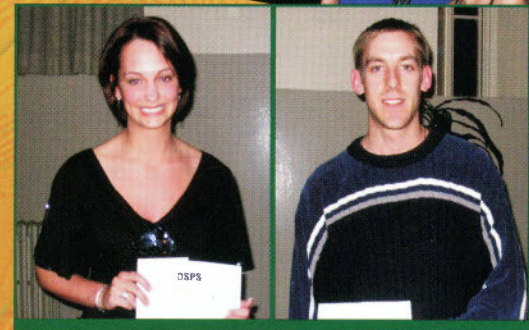
1st Year Award

Aiysha Al-Wardian



2nd Year Award

Alistair Bursley

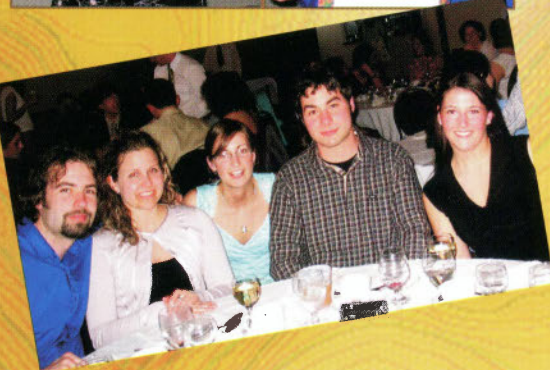
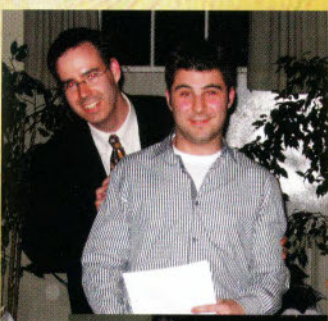


FTDOI Awards

Angela Feltmate & Louis Deveau

Library Lifetime Achievement

Kelly Peters, Chris Dolan, Tasha McNutt (Missing), Alina Alam (Missing)



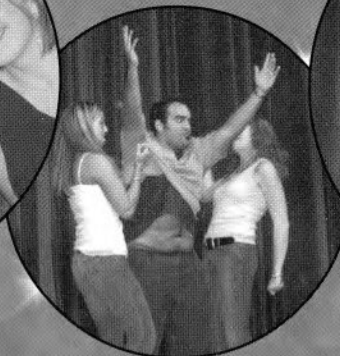
Dr. Jessie I. MacKnight Award

Dr. Hoan Linh Banh





Pharmacoeopia 2005



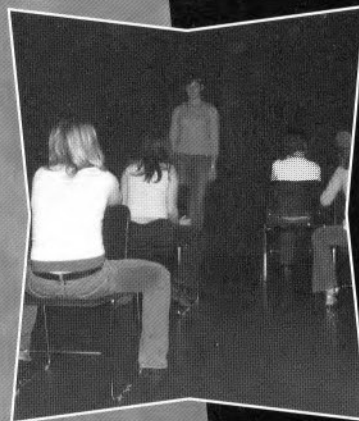
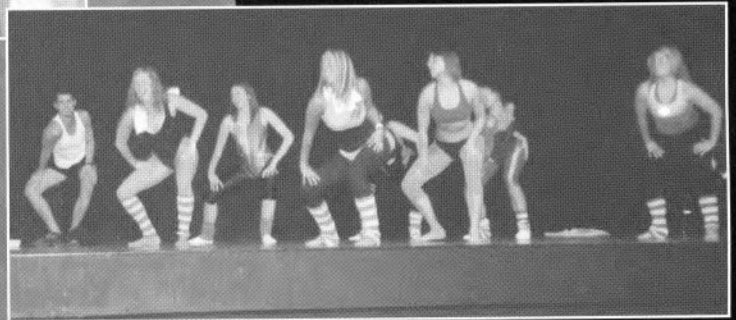
superstar



First Years –
*1st Day at the
College*



Second Years –
*Napoleon & His
Dancing Ladies*



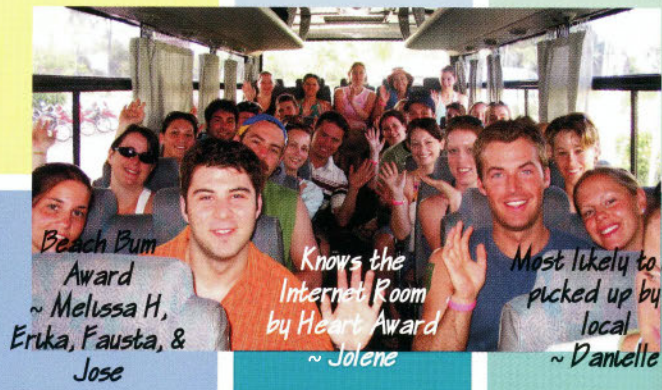
Third Years –
*Awesome
Powers*

Fourth Years –
4th Years Top 5

BEST OVERALL Class of 2006

My Aunt Got Punched by a Stripper Award
~ Christine

Most likely to hump a tour guide
~ Amanda H



Beach Bum Award
~ Melissa H, Erika, Fausta, & Jose

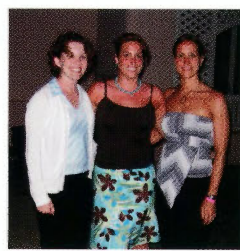
Knows the Internet Room by Heart Award
~ Jolene

Most likely to get picked up by a local
~ Danielle

Sneaky Skinny Dipper Award
~ Fausta, Heather, & Jose

Most likely to come out of their shell in the DR
~ Candra & SMurphy

Best Couple Award
1. Rob & Leslie
2. Mark & Louis



Honorary Members of the Class of 2005
~ John F, Rob B, Angie, Kathleen, Travis, & Mark M



Most likely to lose their head if it wasn't attached
~ Leah

Taking Beach Volleyball a Bit Too Seriously Award
~ Fausta

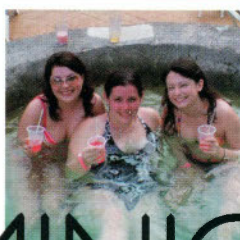
Most likely to bounce back from sea sickness
~ Janet

Barney the Purple Dinosaur Award
~ Pierre

Dusk 'til Dawn Award
~ JMo

Most likely to make up for lost time
~ Kelly & Carolyn

The Cape Breton Endurance Award
~ Kum & Susan



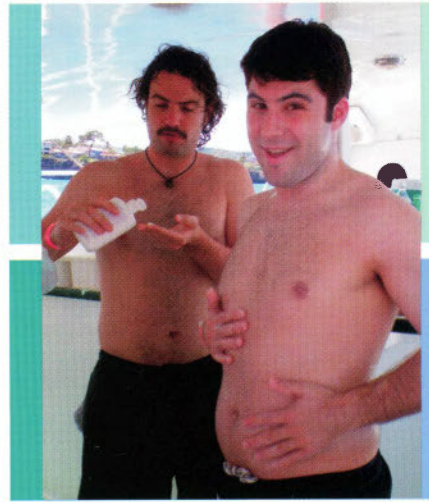
"So glad you could make it!!"



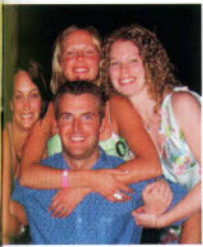
DOMINICAN Puerto



Snow Prince & Snow Princess Award
~ Phil & Lauren



Most Kisses in the Hot Tub Award
1. Kent
2. Angela F
3. Michelle



Way to Pop the Question in Front of 54 Friends to Ensure a Yes Award
~ Rob M

"Hot As Balls" Award
~ Amber

Spanish Marilyn Munroe Award
~ Robin

Spank Bank Award
~ Melissa H

Most likely to be mistaken as a local
~ Heidi

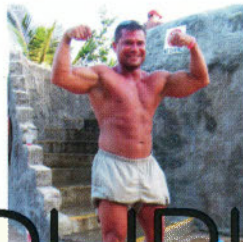
Most likely to be mistaken for a floating device
~ Tasha & Sarah Mc

Most likely to describe to you in 25 000 words why his favorite color is orange
~ Rene

Most likely to smoke a cigar with the locals
~ Karl



Best Wake-up Call Award
~ Melissa Mac & SMurph

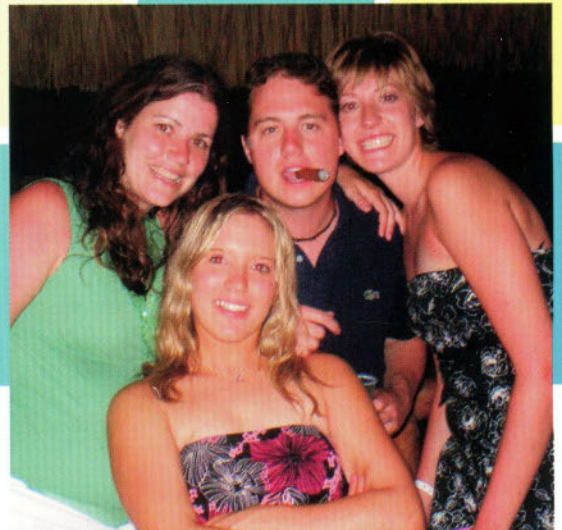


Longest Shower Award
~ Stephanie

Best Bikini Wax Award
~ Louis

Cock Block Award
~ Paul

REPUBLIC Plata



REMEMBER WHEN



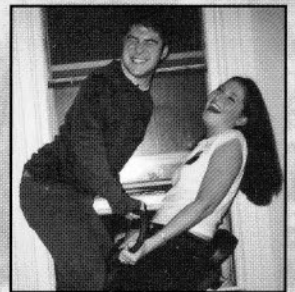
First Year



Second Year



Third Year





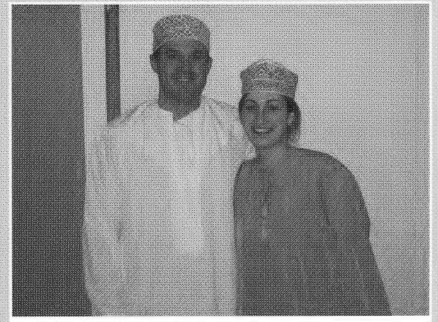
>> REMEMBER WHEN...

Angela, Leslie, and Lauren sang "If I Could Turn Back Time" for the first time.



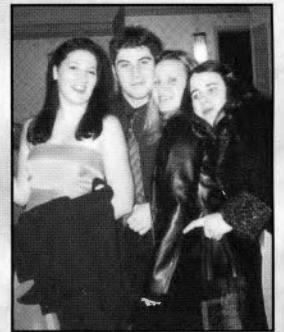
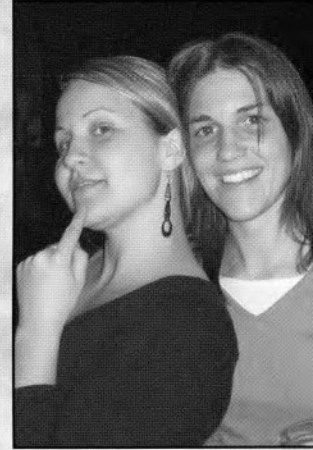
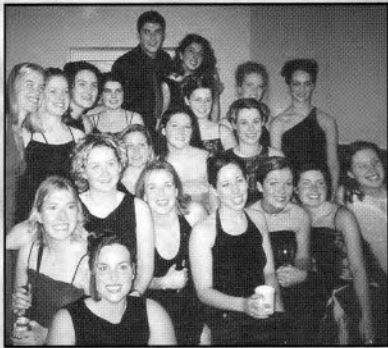
>> REMEMBER WHEN...

We used to gather at Molly & Jose's place in first year.



>> REMEMBER WHEN...

Paul and Amber dressed up in Khalid's robes.





As far as the places we call home, well, they really do dot the map. From relatively local and familiar places like Halifax, Dartmouth and Truro to distant and exotic places like Egypt, Oman...and Glace Bay. As far as our ages, well, we range from relative youngsters of 22, to well, let's just say some of us are a little older than 22. Not too many 31 year old valedictorians out there... Our talents are varied. We've got some excellent musicians, martial artists, amateur boxers, marathon runners and varsity athletes. As far as our acting talents, well, have you seen our skits? We think we're hilarious - too bad no one else does. Oh, and if you've dropped into Cheers on a Monday night, well, let's just say that if we had one more year of "Live on Monday Night", we'd probably have groupies.

A big part of today involves reflecting on how fortunate we are to have gotten to this point. A lot is due to all the hard work we've invested over the years. But you know what? We've had a lot of help. To my classmates, I would ask you to stop and think for a moment of all the teachers you've had over the years, especially the ones whose teachings have expanded beyond academics. Think of those teachers who were your role models. We are lucky to have such an outstanding faculty here at the College of Pharmacy. A faculty that in my mind does not get enough credit for the lengths that it goes to so that we might benefit. On behalf of my classmates, I would like to extend our deepest thanks, to you the faculty, for everything you've done for us. It has made all the difference in the world.

Where would we be today without you, our parents? Personally, I can't say that I know many of you very well, but in a lot of ways I feel like I do. As my classmates and I have gotten to know each other over the past few years, we've shared a lot of stories about growing up. Looking back, we've made the following conclusion about you, our parents: we don't know how you did it, but we're sure glad that you did. To all our parents, on behalf of my classmates, thank you, thank you, thank you.

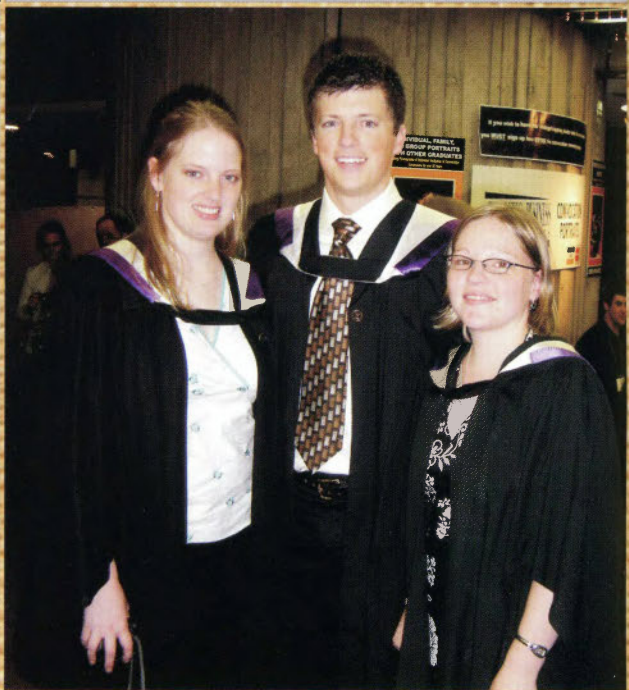
Valedictory Address

By: Paul MacKinnon

Parents, faculty, spouses, children, fellow graduates, welcome to our big day. Last fall, just as we sat down to write an exam, it was announced that I would have the privilege and honour of delivering our valedictory address. It took me 15 minutes to get through the first question, kind of like the PEBC's on Tuesday. In short, I was floored by the decision my classmates had made. So thank you again for bestowing upon me this great honour.

Next came the hard part - deciding what to say. After figuring out that Chapters didn't have any books called "Valedictory Addresses for Dummies", I decided that I would take time to sit down, reflect, and just speak from the heart.

Now, I'm willing to bet that many of our parents are sitting here today, probably having met some of us over the past few years, whether by way of offering a bed to sleep in during rotations, meeting us at weddings, or by hosting Irishfest and Oktoberfest parties. But for the most part, you are wondering who we all are. Well, it's part of my job to tell you.

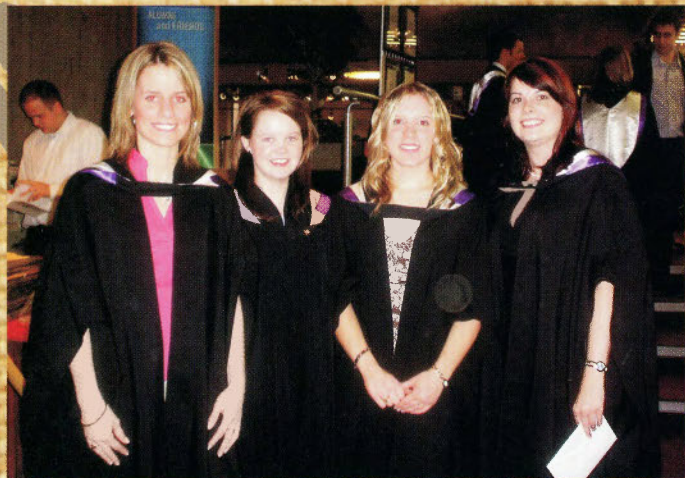


"Live as if your were to die tomorrow. Learn as if you were to live forever."
-Ghandi

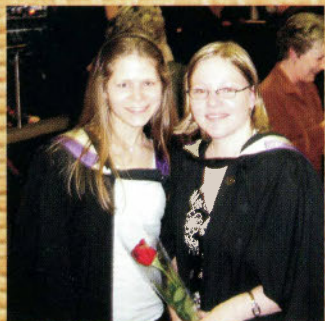
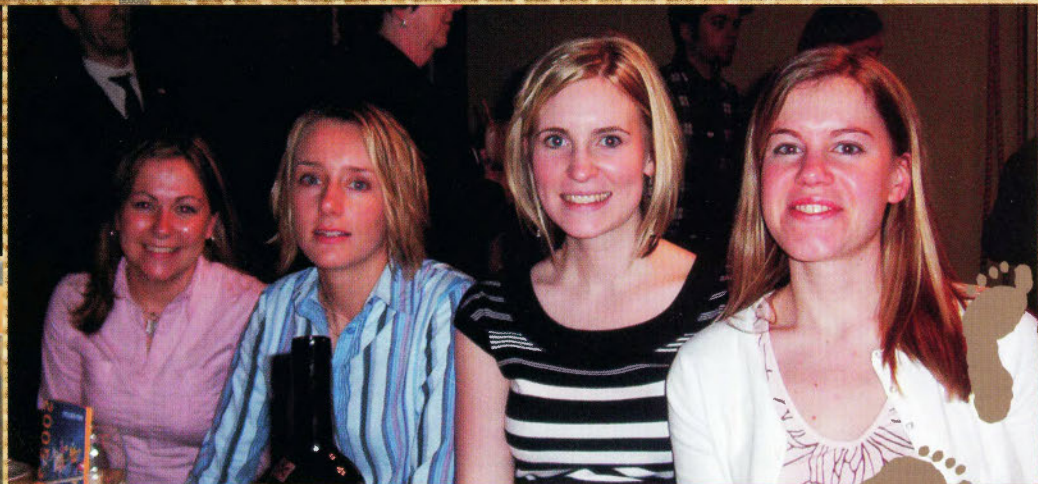
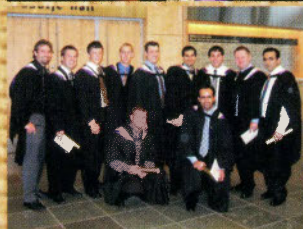
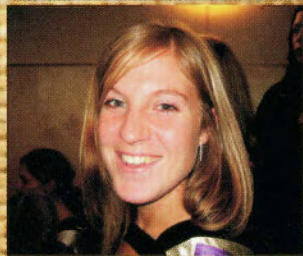
THE »

Graduation

| May 26th, 2005 |



About five years ago, I decided that I was going to pursue pharmacy as a new career. On one hand, I was very excited with this decision but at the same time a little upset, thinking that I had wasted too many years pursuing other options. I said to myself at that time "I'm 26 - I should be a pharmacist by now" But you know what? Things do happen for a reason. I couldn't imagine having gone through this program with anyone other than you guys, my classmates. I couldn't imagine not having made the friends I've made. I couldn't imagine not having had the times we've had. I'm sure many of you feel the same way right now. As we sit here today, there is another group of people we should thank - each other.



Gisia Pisegna, Pam Kennedy, & Candra MacDonald

Melody Wheaton & Jolene Sonier

As we prepare to leave this institution, we look to the future with much excitement. However, we can't help but feel a certain sense of loss as to what it is that we leave behind. But stop for a moment and think of all you've gained. All you've gained from the experiences you've had. All you've gained from the contributions you've made. And most importantly, all you've gained from making some of the best friends you'll ever have. Charles Darwin said "A man's friendship is one of the best measures of his worth". If that is the case, then each of us can leave here today knowing that we're worth a heck of a lot.

When I try to think of one word to describe my classmates several come to mind. But I'll settle on one: inspirational. And virtue of this rare and special quality my classmates have the ability to go out there and do the greatest of things; the ability to change people's lives. This I know for a fact - they changed mine.

Thank you and God bless the Class of 2005.

Graduation Week

May 23 - 29, 2005



WEDNESDAY

Round 2 of PEBC exams. We were some glad to be done...some may have even celebrated this evening, despite graduation being the next morning!

THURSDAY

Brunch with parents in the morning at the Westin Hotel. The graduation ceremony was in the afternoon...it was raining cats & dogs!!! Therefore our evening boat cruise was cancelled, but we still managed to have a great time at Murphy's On The Water.

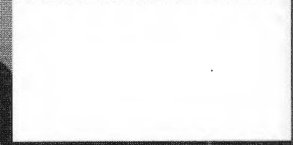
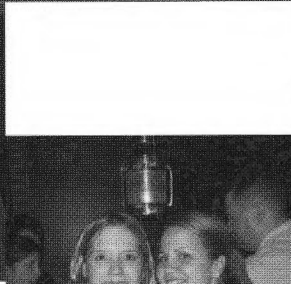
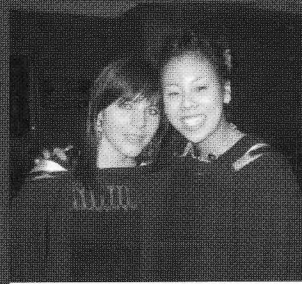
PEBCs

MONDAY

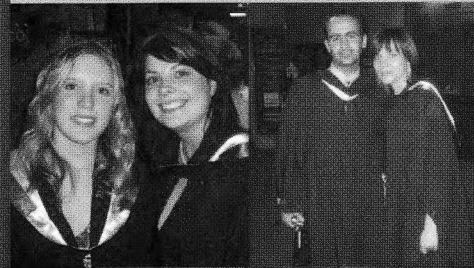
Most of us were probably doing some last minute cramming for PEBCs...the rest of us were shopping or watching *Napoleon Dynamite*.

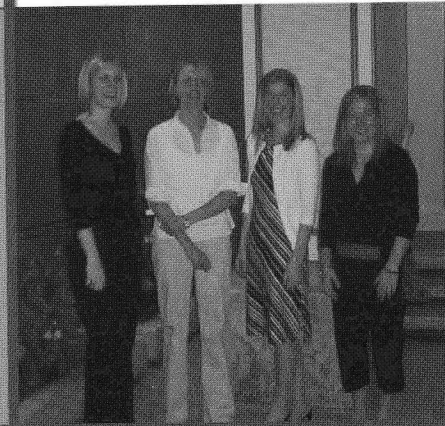
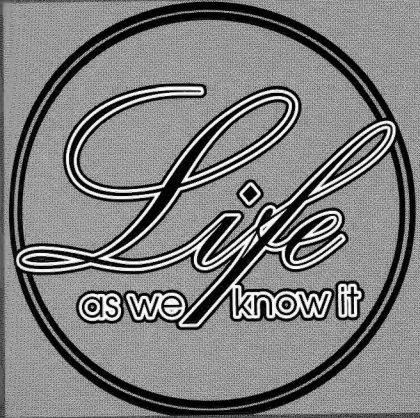
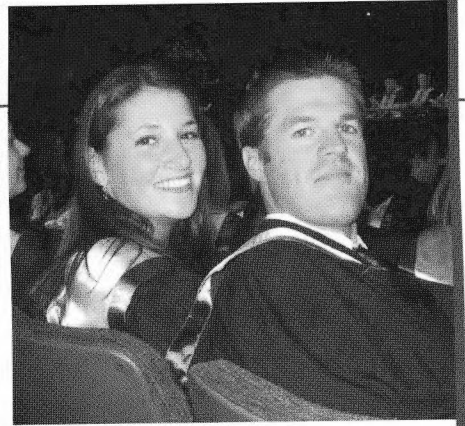
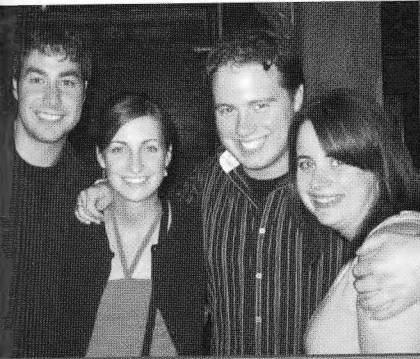
TUESDAY

We wrote our first day of PEBC exams. This evening was full of more last minute cramming or shopping or sleeping!



OSCEs





FRIDAY
 We enjoyed a great meal and lots of wine at the Grafton Street Dinner Theatre as we were entertained with *Farewell to Nova Scotia* ...very appropriate for some. No doubt some ventured off to the Ale House afterwards.



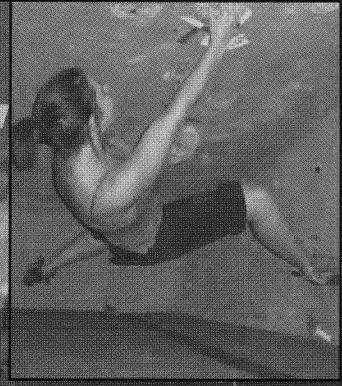
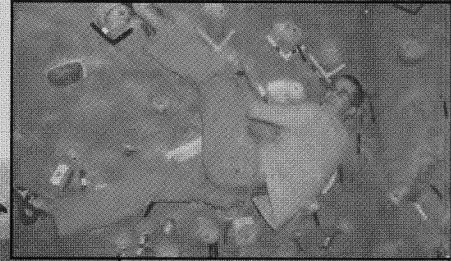
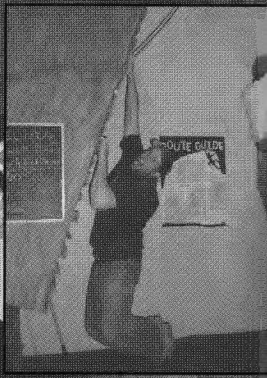
SATURDAY
 Relaxation (or shopping) before the big day of OSCEs.



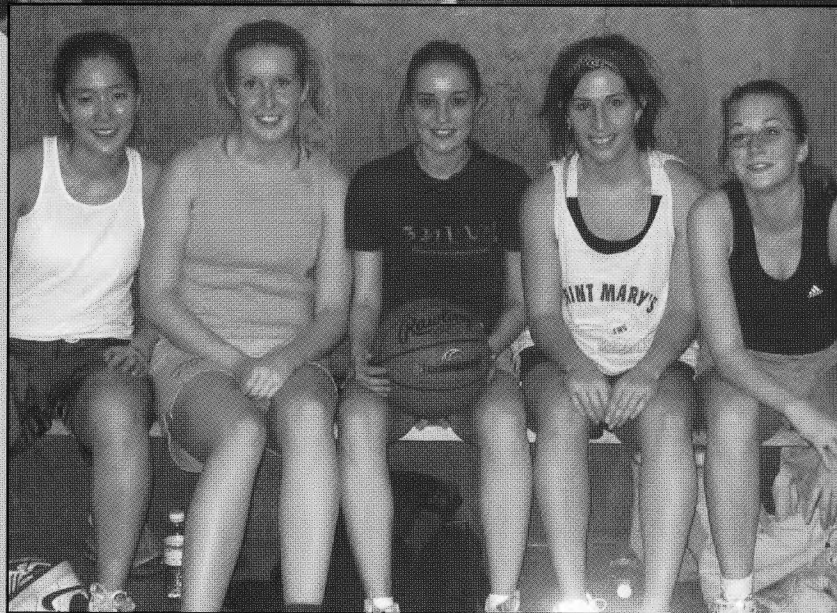
SUNDAY
 OSCEs most of the day. Some then headed to the Grawood for Alumni Night and to say their goodbyes. Was it this night that we landed at the Lower Deck and then later the Ale House? Too many beers and tears!

Goodbyes





INTRAMURAL SPORTS



Congratulations girls on another HUGE season! Who ever said pharmacy students couldn't jump?



Awards:

Male Athlete: Fady Kamel
Female Athlete: Katie Gammon

Most Dedicated Male: Russ MacDonald
Most Dedicated Female: Jen Moore

MVPs:

Coed Vball
Male: Dustin Gavin
Female: Kate Swetnam

Coed Ultimate Frisbee
Male: Chris Dolan
Female: Katie Gammon

Coed Soccer:
Male: Fady Kamel
Female: Natalie Gaudet

Men's Soccer:
Fady Kamel

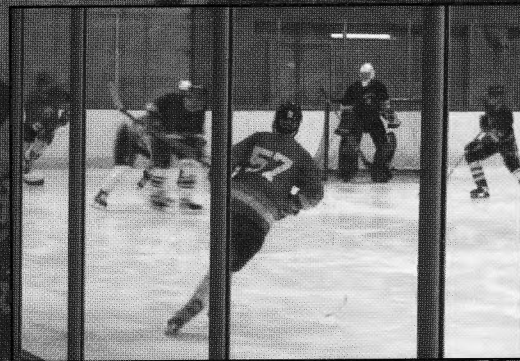
Coed Basketball:
Male: Andrew Johnson
Female: Katie Gammon

Coed Broomball:
Male: Chris Dolan
Female: Katie Gammon

Coed Rock Climbing
Male: Tim Rees
Female: Amy Cheverie

Men's Hockey: Al Bursey

Women's Basketball:
Fausta Charlong




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- When you injure a muscle, tissue or joint, inflammation, swelling and stiffening may occur.
- Swelling delays the healing process, because it restricts blood flow to the injured area.
- For the injured area to heal, increased blood flow to the injured area is required.
- Therefore, swelling must be reduced to promote healing.



Reduce swelling by using R.I.C.E. Therapy

Within 72 hours of your injury occurring, follow the medically recommended R.I.C.E. Therapy:

R
I
C
E

REST

Avoid exertion.

ICE

Apply cold to the injury using a TENSOR™ Reusable Cold Compress Wrap.

COMPRESSION

Apply compression with either a TENSOR™ Elastic Bandage or a TENSOR™ Woven Brace product.

ELEVATION

Elevate the injured area to help drain the area of excessive fluid.



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By following these 4 steps, you will help reduce the swelling in the injured area and the amount of time it will take for the injury to heal. This will allow you to get back to your regular activities sooner.



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- ◆ Long Term Care Institutional Pharmacists
- ◆ Asthma Certified Pharmacists
- ◆ Men's and Women's Health Specialty Pharmacists

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- Vision Care Plan
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- Education Reimbursement Plan

We also offer moving reimbursement and relocation allowance programs for employment in select locations.

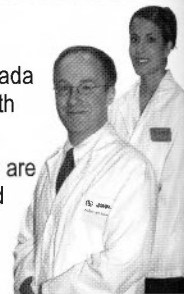
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FARZIN RAWJI

Pharmacy Recruiting Co-ordinator, CANADA SAFEWAY LIMITED

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calea.

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ACADIE-BATHURST Health Authority
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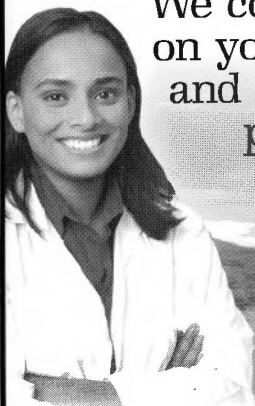
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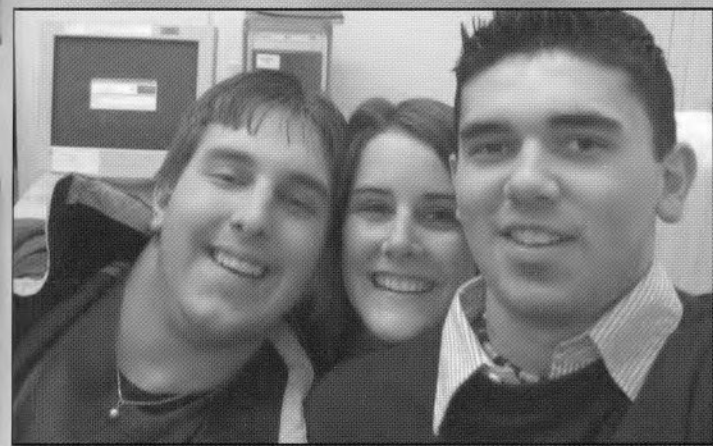


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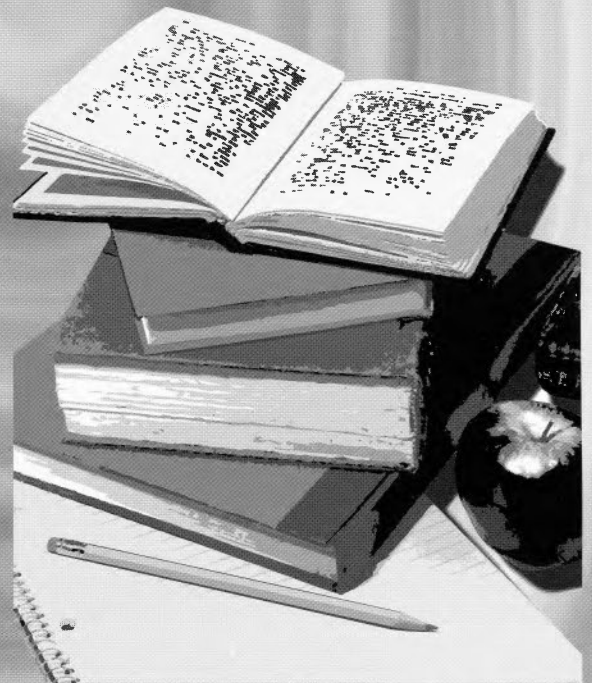
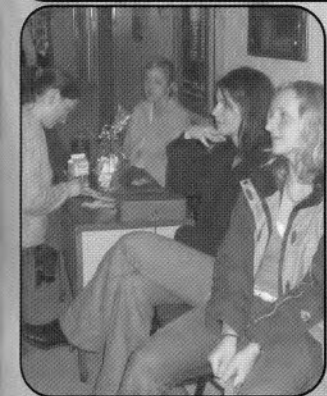
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Life at the College





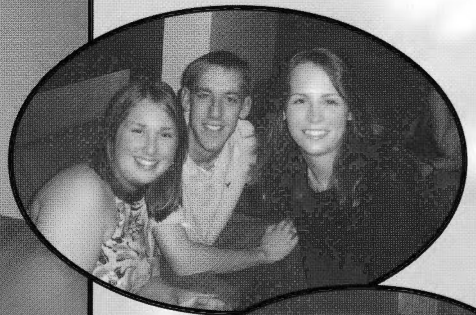
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School's Out!



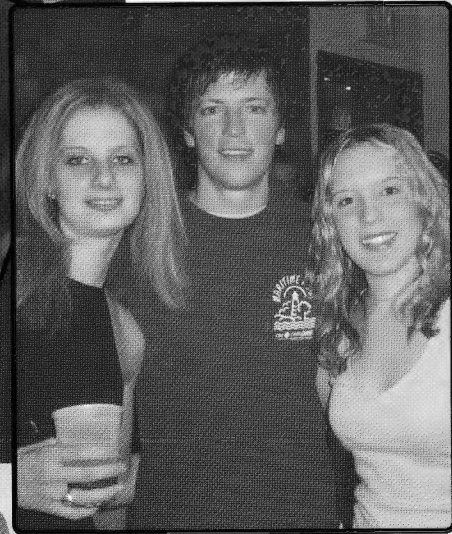
Last Class Bash





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WILD!



Welcome to the



Funny Photos



