

# Dalhousie School of Physiotherapy 2011

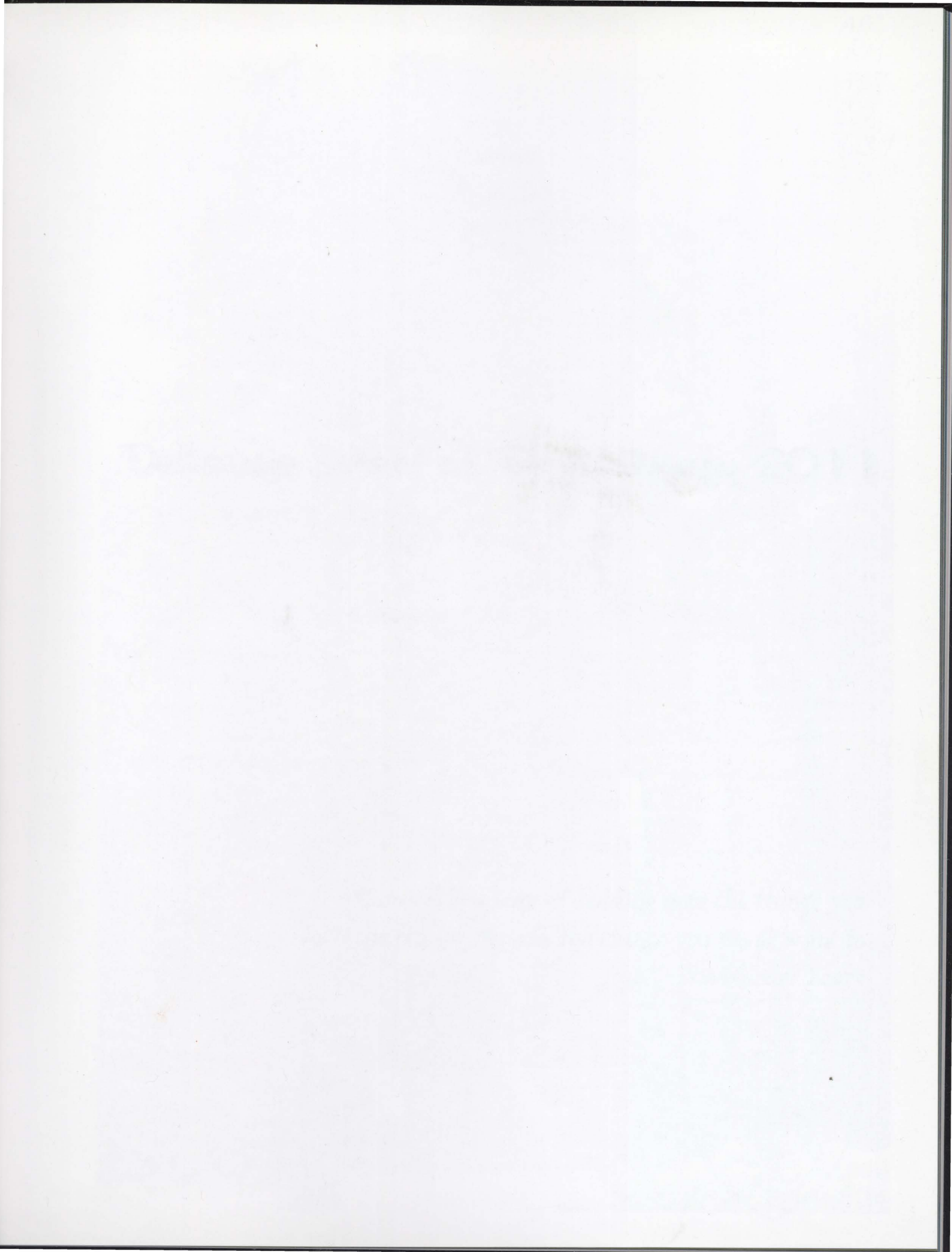
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DALHOUSIE UNIVERSITY  
LIBRARIES  
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2011

# Dalhousie School of Physiotherapy 2011

*Memory is a way of holding onto the things you love, the things you are, the things you never want to lose. ~The Wonder Years*





# A Message from our Beloved Director:

*To our Physiotherapy Students and Yearbook Readers:*

*To me, a yearbook is a series of "windows and mirrors". This may sound like an odd combination so let me explain.*

*Yearbook "windows" are the pictures and words that you, the students use to tell your story. Readers can look through these windows to see who you are, what you did or are doing, who and what influenced you, and what you have learned in the physiotherapy program at Dalhousie. Pictures and words are replacements for actually "being there", so readers will need to try to grasp your reality, how you came to do the things you did and learned the things you learned.*

*When readers look at these pictures, and read the words written, they could be asking what are the people doing? How much fun are they having? What are they trying to learn? What were they doing in that lab? And maybe ask - what are they going to do after they leave? Your pictures and words are your indelible marks on your time here.*

*The "mirrors" are your own reflections, as students, about what you remember and recount during your time in the School of Physiotherapy. What did you learn? How did you change - or did you change - while in the program? What reflections will you bring with you as you move from year 1 to year 2 in the program? What reflections will you take with you as you enter the world of professional practice? In the end, what you take away from this experience, this program, this School, this University, will entirely depend on you. You have been, and will continue to be, influenced by your classmates, friends, family, teachers, clinicians and patients. And now you will influence others as you head into the professional world of physiotherapy practice. We know that you will do well because we have a strong physiotherapy program and you have done well here with us.*

*For the class of 2011 congratulations on your success here in the School of Physiotherapy. All the best to you as you embark on your physiotherapy career.*

*For the class of 2012, we have thoroughly enjoyed our time with you so far and we look forward having you back for another year as you complete your physiotherapy program.*

*Very best wishes,*

*Sandy Rennie, PT, PhD*

*Director, School of Physiotherapy*





# And a Note from our Student Society President:

so proud of every single one of us, PT LOVERS! We have made it through 26 intense months together more or less mentally intact.

I can still remember our first class together, when we drew names out of a hat and wondered if the people we met would become our best friends over the next two years. From that class on, we continued to grow together from events like For the Health of It, Wildcat Cups, the Rafting trip, pub-crawls, St. Paddy's Day, and Halloween house parties to the stress of OSCEs and the need to get a 70% to pass our courses. Nothing bonds you like being sequestered with twenty other stressed, sweaty, and nauseous students. (Although charades can help!)

Now here we are, with our Masters of Physiotherapy, an achievement that seemed so far away that very first class. We can commend ourselves for all our hard work, but we should make sure to thank anyone who dealt with our roller coaster of emotions during the tough times, Neuro anyone?

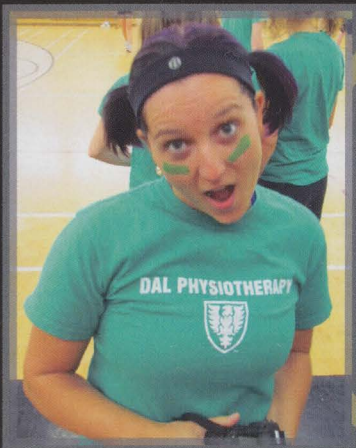
From everything we have learned at Dal: like how to cram enormous binders of material into our brains and backpacks, how to think on our feet when faced with an attractive marker or "standardized client", or how the more bodies you get your hands on the better you can palpate; we have been given something tangible that we can take into any profession that we choose.

First years, we leave this legacy to you! Hopefully, you are more successful with it than you were at Wildcat cup.

We entered this program as students and we are leaving it as friends and colleagues, here is to each and every one of us!

"Will we be friends forever, Pooh?" asked Piglet. 'Even longer,' answered Pooh." — A.A. Milne

Ainslee Cassidy - Physiotherapy Student Society President



Two years are at last done. We have had a lot of fun,  
Through good times and bad. We will try not to be sad,  
As we go our separate way, And finally work for pay.  
Please take time to look, Through this wonderful book,  
And remember the times shared, And how much we all cared,  
About each other, Our PT Lovers!

2nd years: Will miss you all dearly xox  
1st years: Neuro is really NOT that bad! And thanks for sharing an  
awesome year with us!

Julie Woodroffe - Editor 2011



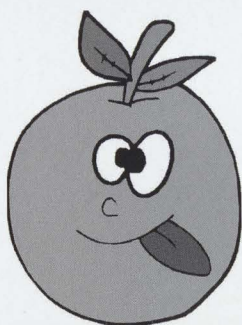
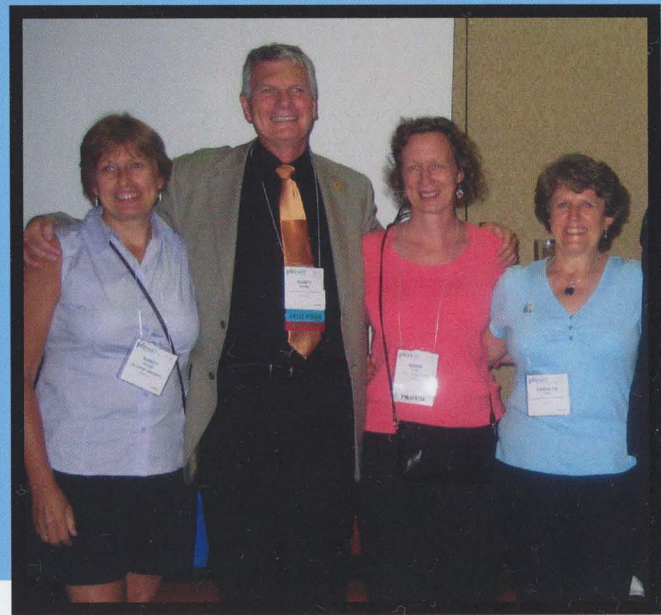
# Our AMAZING Staff



Dalhousie University  
School of Physiotherapy



"You don't have to be crazy to work here, but it sure helps!" - Judith Hollet



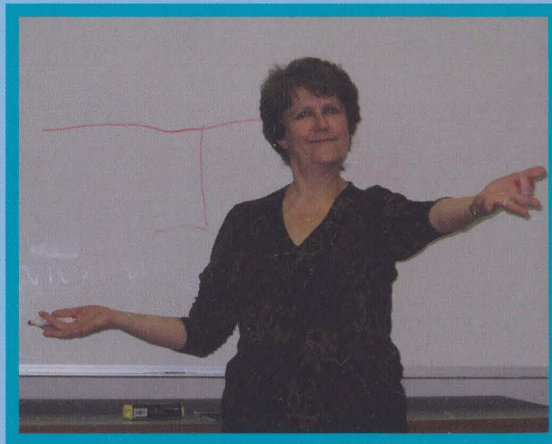
**"OH FRIGGIN  
SPASTICITY!!" -  
GAIL CREASER**







"Don't eat Big Macs; Cut up your food; Porridge is good, lots of brown sugar!" - Jill Robertson



"You can go to the Rehab Centre and ask for a Vibrator and they will say, 'Which kind would you like; we have lots!'. -Marilyn



"As long as your patient doesn't have legs like a Mountain Side Chopper" - Gail Creaser





# CLASS OF 2011



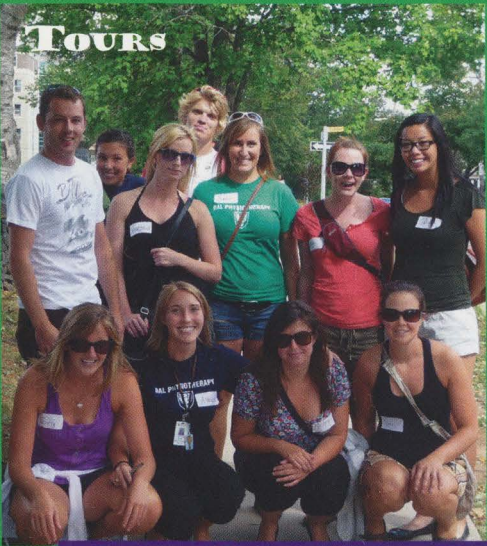




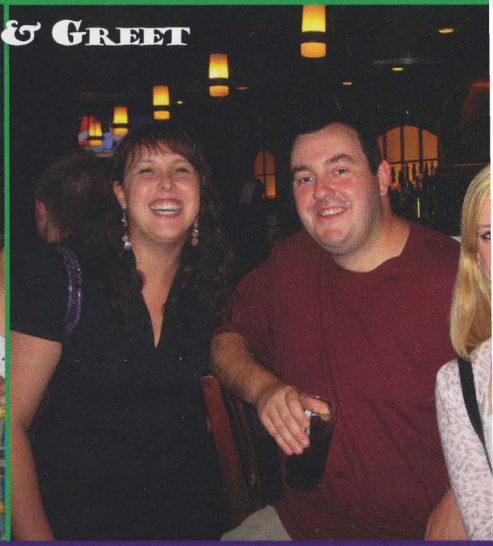
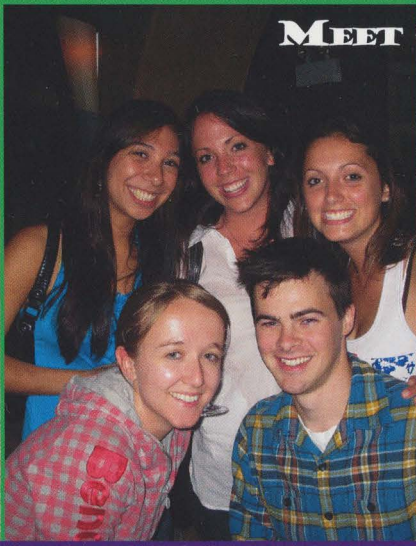
**CLASS OF 2012**



**TOURS**



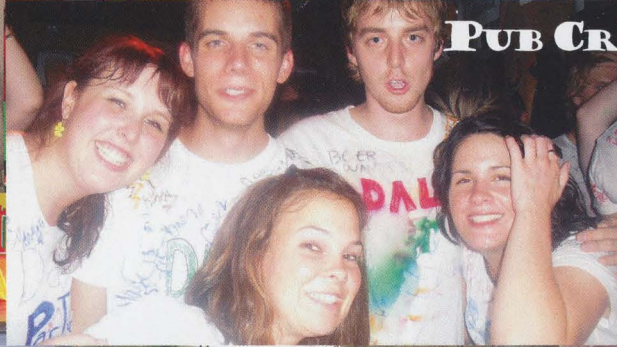
**MEET & GREET**



# ORIENTATION WEEK FUN!!!



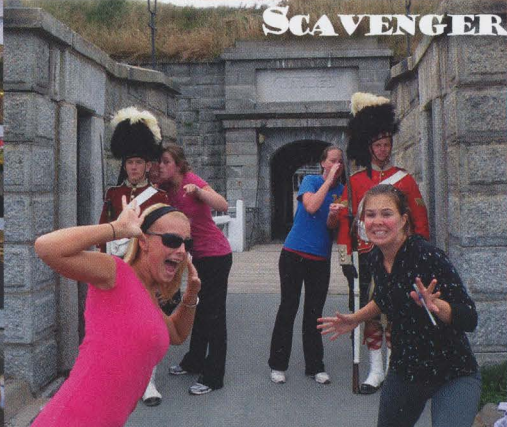
**PUB CRAWL**



**Pete's Pub**  
ENTRANCE



**SCAVENGER HUNT**



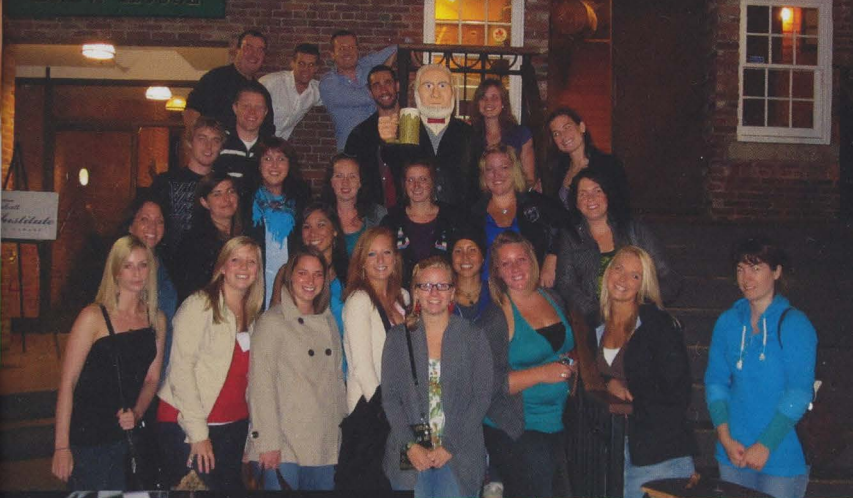
**TAKING THE**



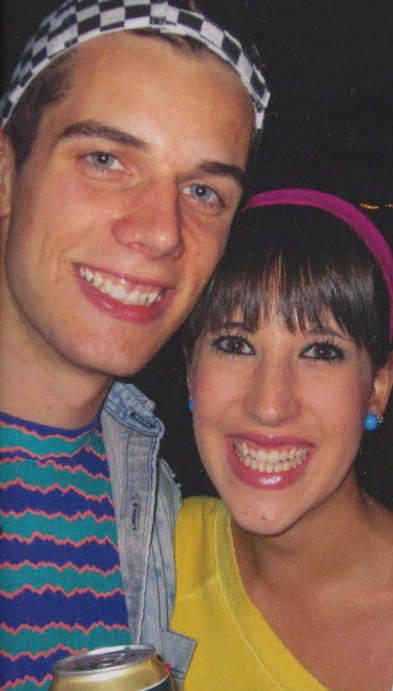




**KEITH'S BREWERY TOUR AND LOWER DECK**



**80's PARTY ON THE SILVA!**

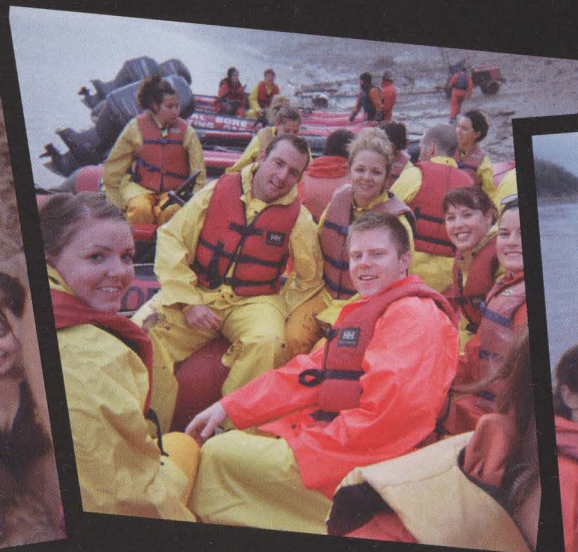
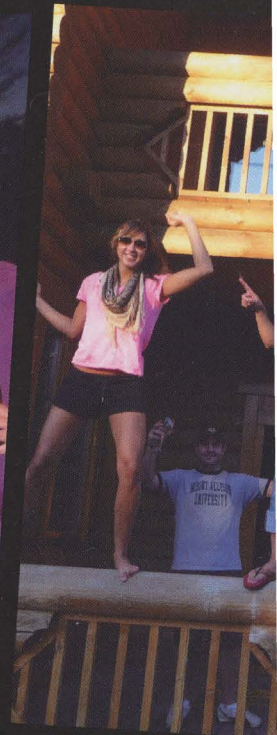
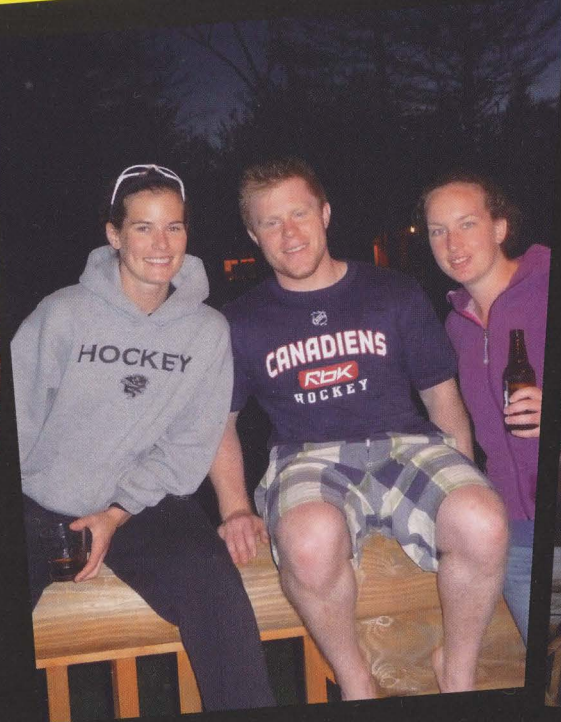


**RAFTING TRIP**





# Rafting Tri



Were here for a good time, not a long time

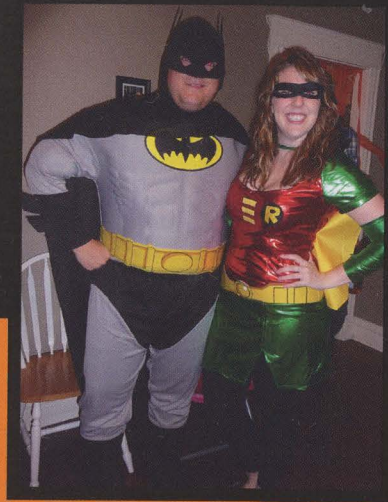


# Extraordinaire!!



to have a good time, the sun won't shine everyday!!

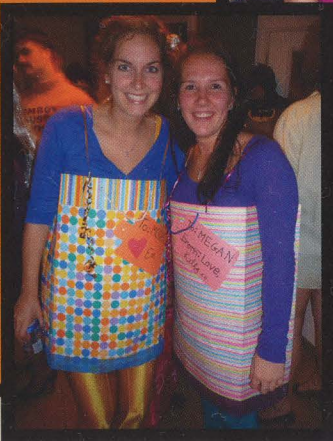
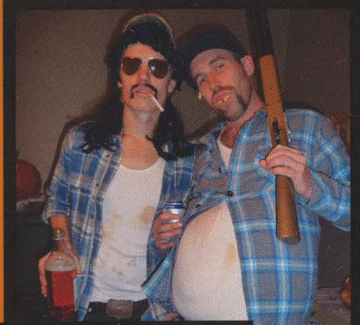




Cause this is thriller, thriller night and no one's gonna save you from the beast about to strike



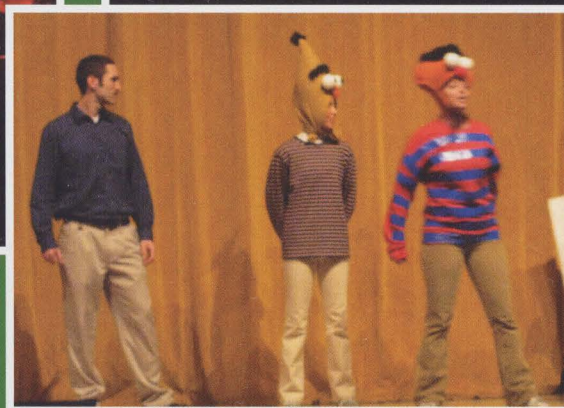
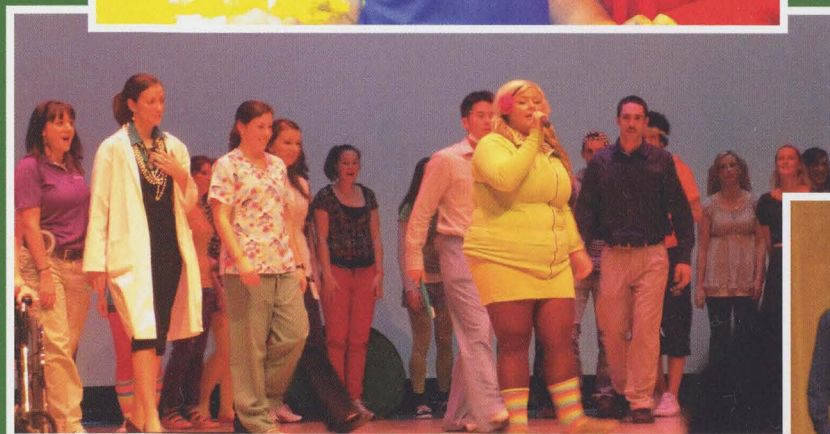
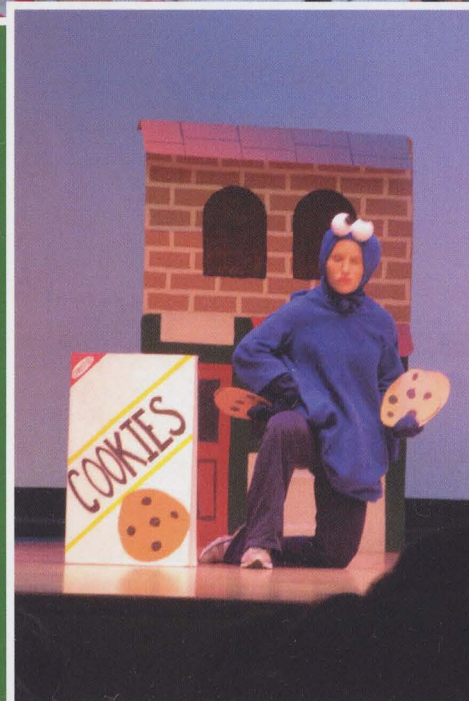
# HALLOWEEN



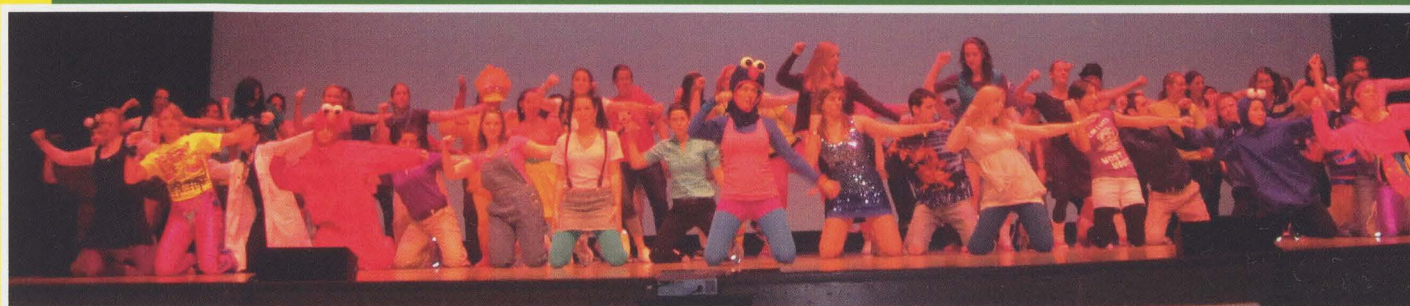


# ETHOI

PHYSIOS ON  
SESAME ST.

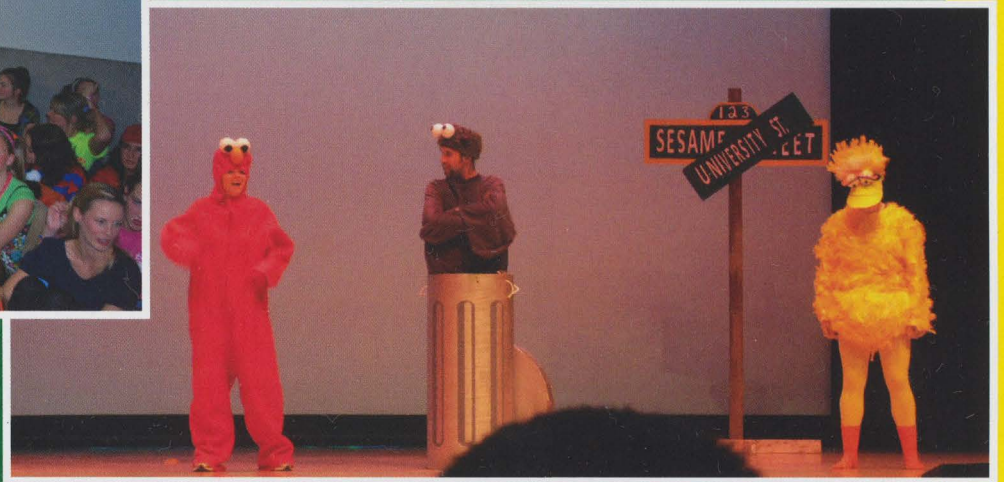
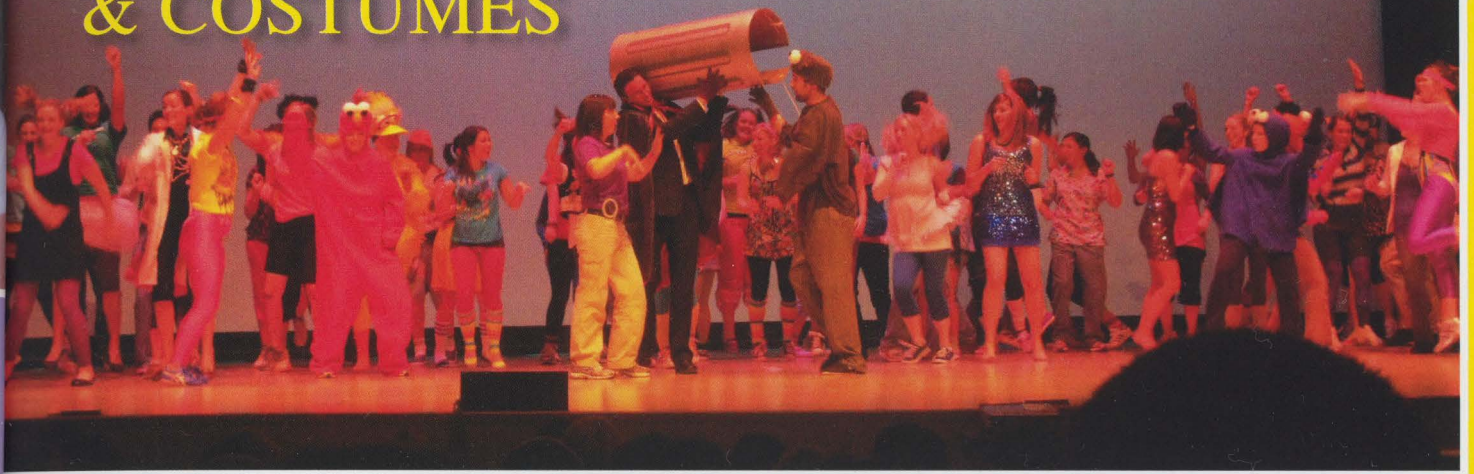


FUNDRAISED  
OVER \$4000!!!

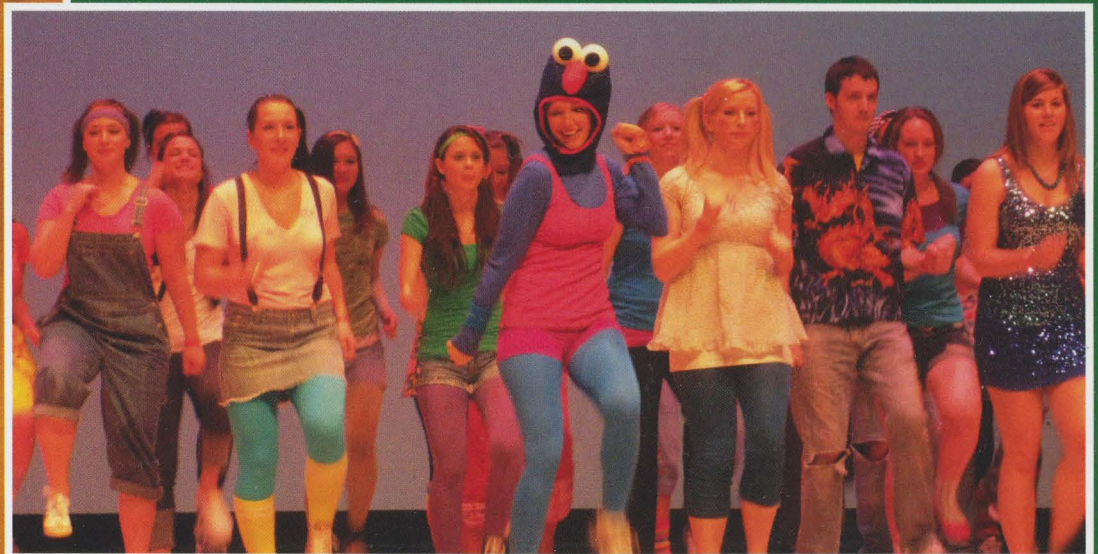




# BEST SET, PROPS & COSTUMES

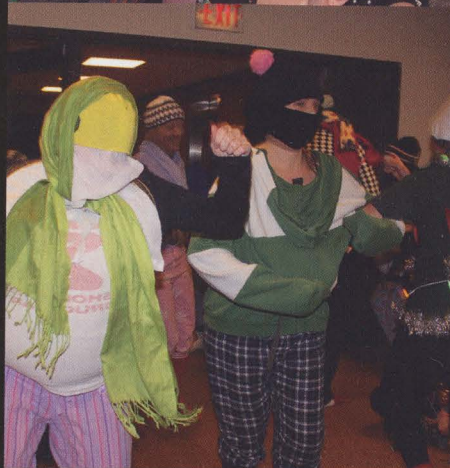


OH! HI HO THERE HEALTH LOVERS!





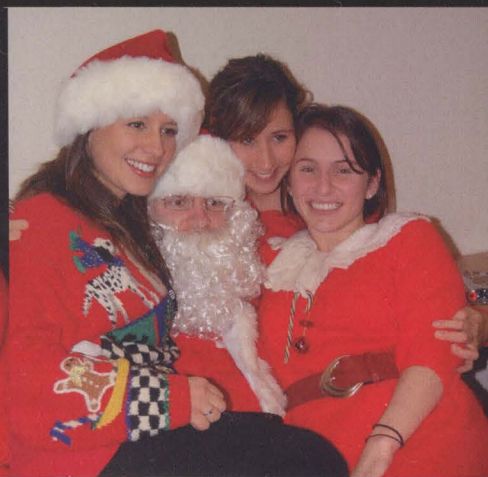
# Christmas Potluck





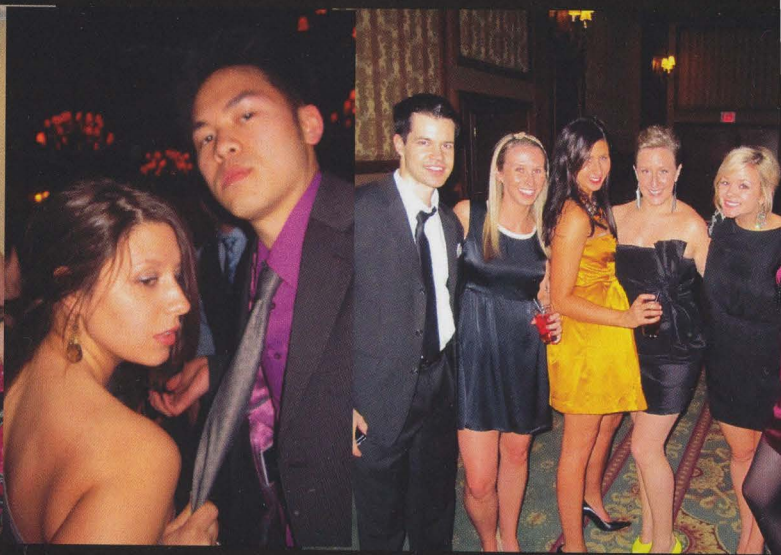


That a bright time, it's the right time To rock the night away.  
Jingle bell time is a swell time To go gliding in a one horse  
sleigh...That's the jingle bell rock!!

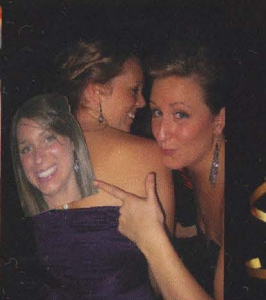
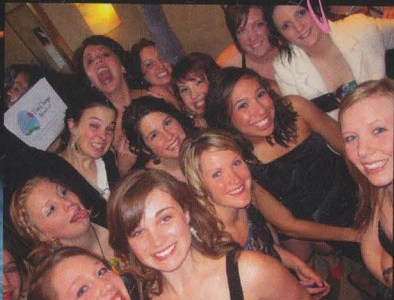




*One fine evening,, a bunch of physio students got dressed up...*



*Sharing the PT lo*





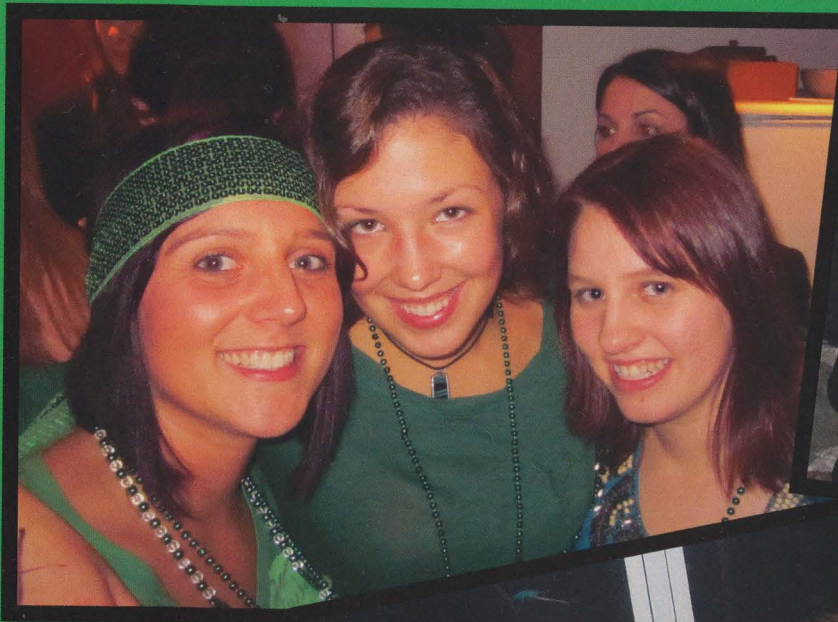
... and headed to the Halifax Casino for dinner and dancing!



# Physiotherapy Ball 2011



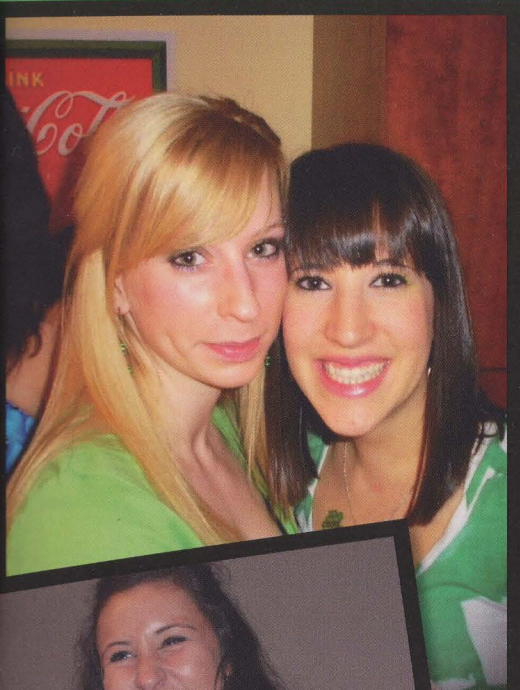




# St Patty's Day







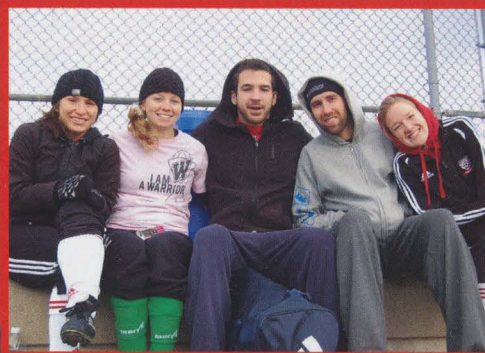
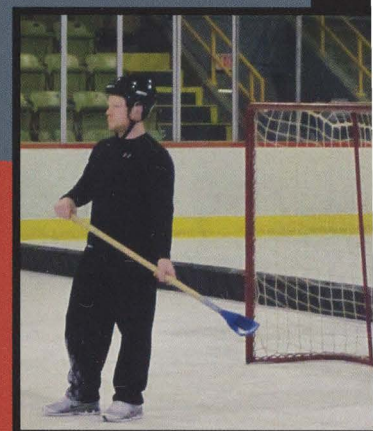
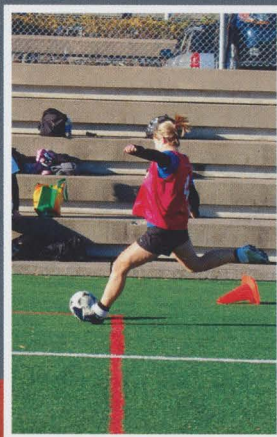


October is not only a beautiful month but it marks the precious year

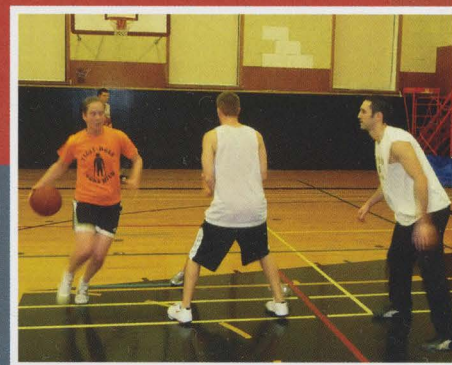
# Intran



## BASKETBALL



## WATERPOLO



If a tie is like kissing your sister, losing is like kissing

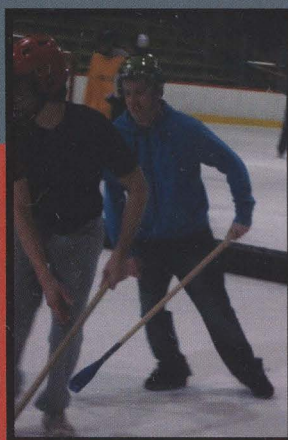


...ing overlap of hockey, baseball, basketball, and football. ~Jason Love

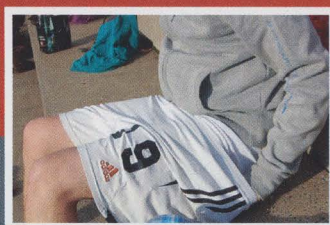
# ...urals



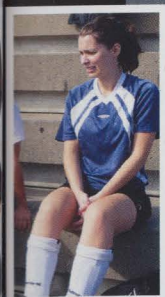
## BROOMBALL



## CURLING



## SOCCER

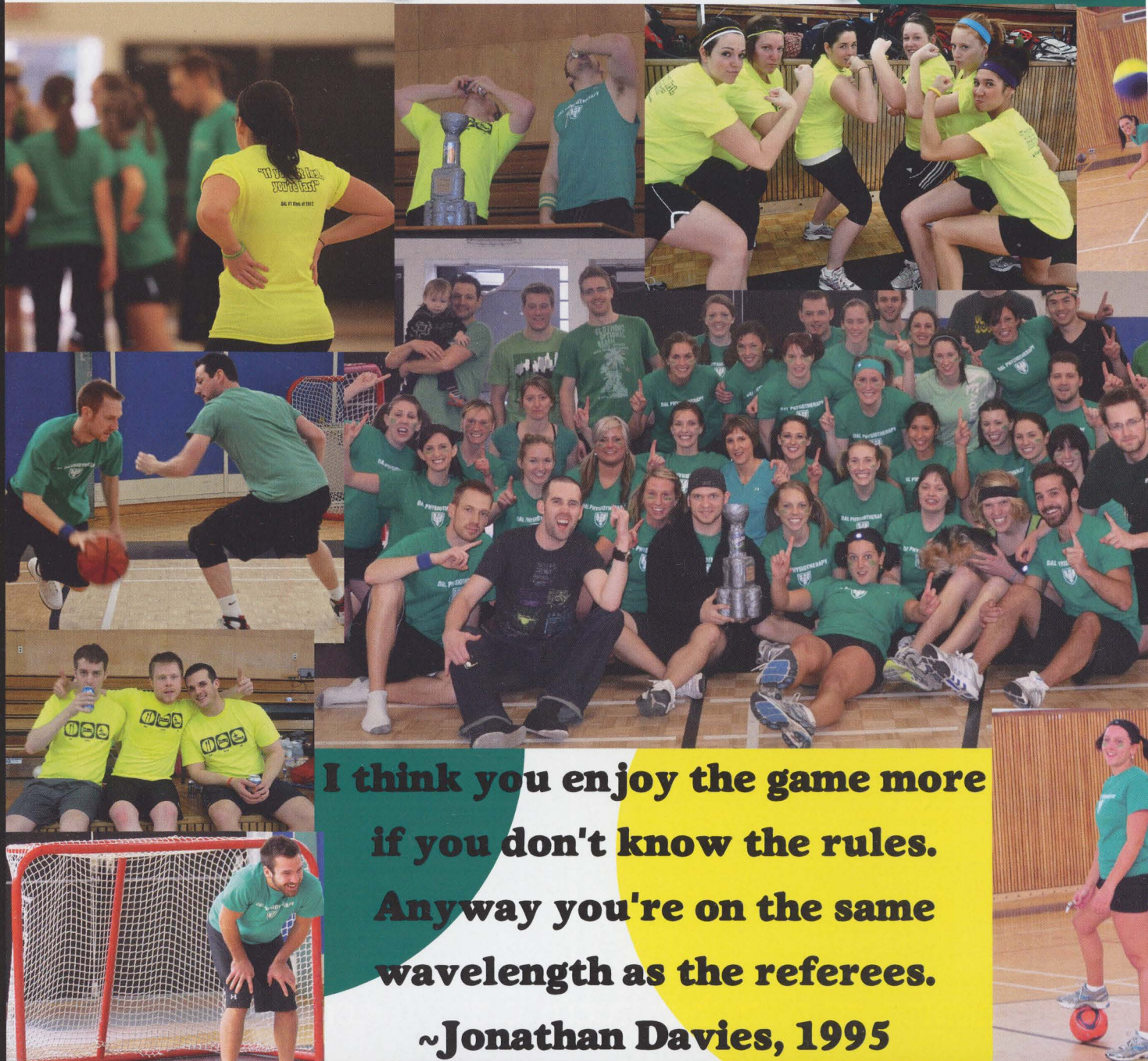


...ng your grandmother with her teeth out. ~George Brett, 1986





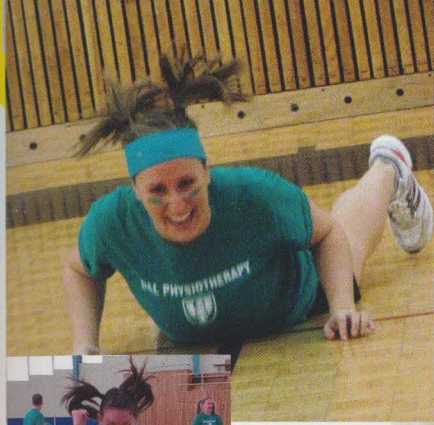
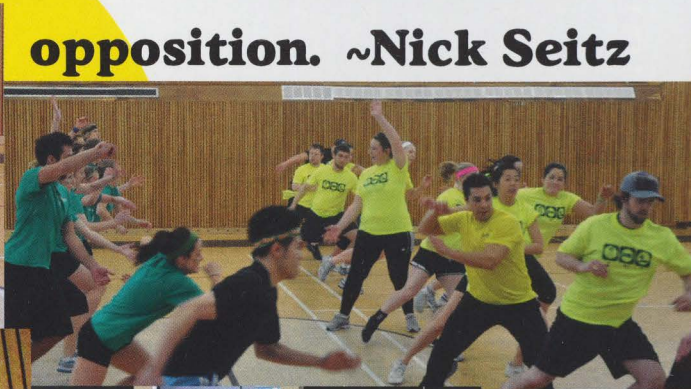
# 2nd Annual WILDCAT



**I think you enjoy the game more if you don't know the rules. Anyway you're on the same wavelength as the referees.**  
**~Jonathan Davies, 1995**



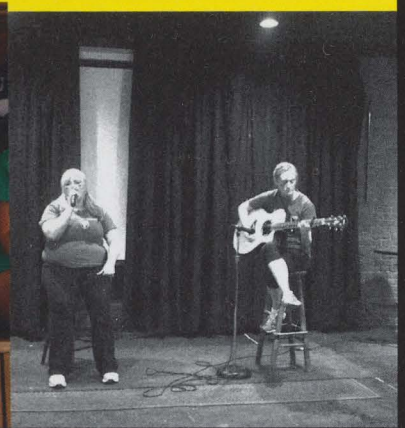
**The breakfast of champions is not cereal, it's the opposition. ~Nick Seitz**



# INVITATIONAL

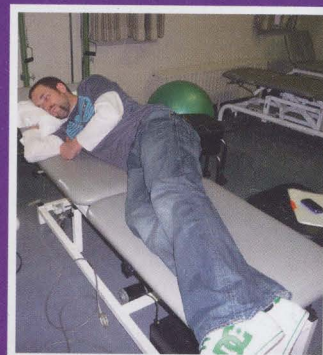
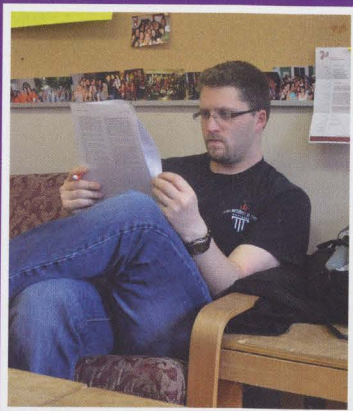
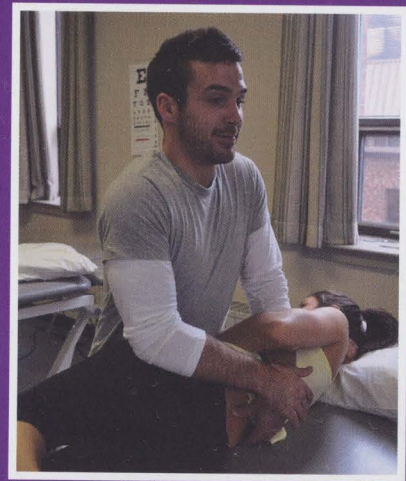
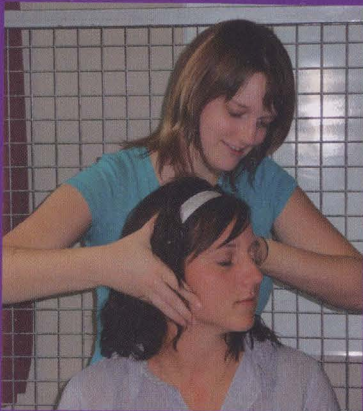
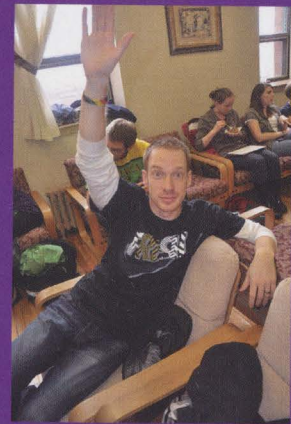
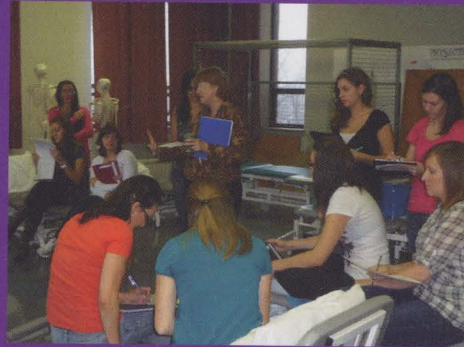
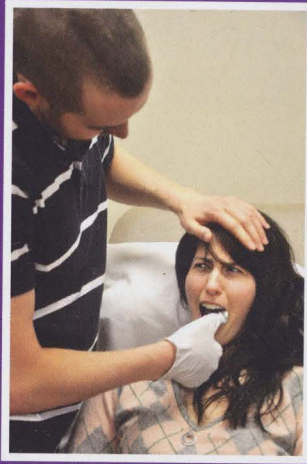


**It's not whether you win or lose - but whether I win or lose. ~Sandy Lyle**

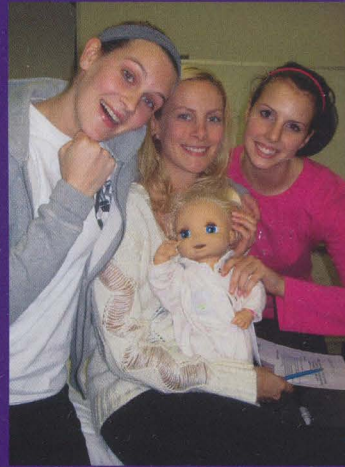
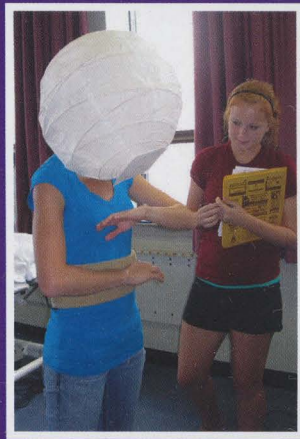
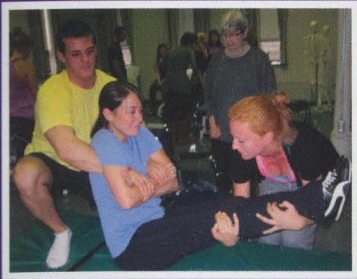
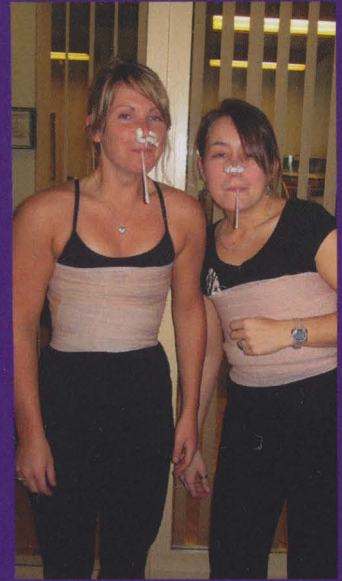




# ●● Learning ●●







Tell me and I forget. Teach me and I remember. Involve me and I learn.



# RUN FOR THE



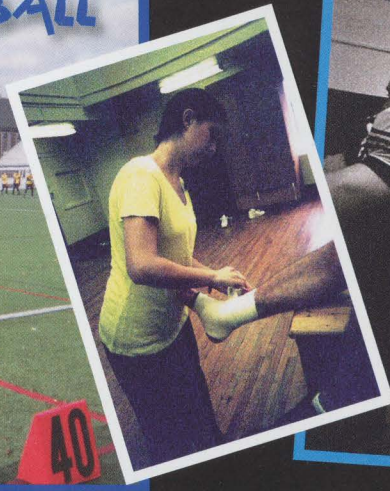
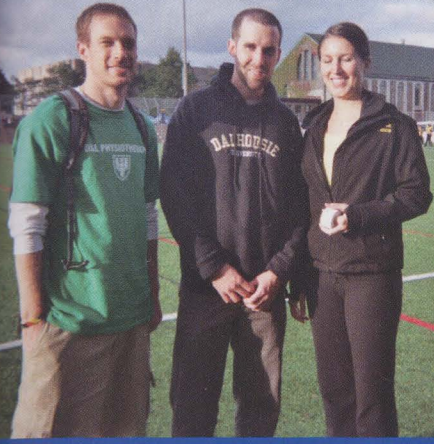
# CURE!!



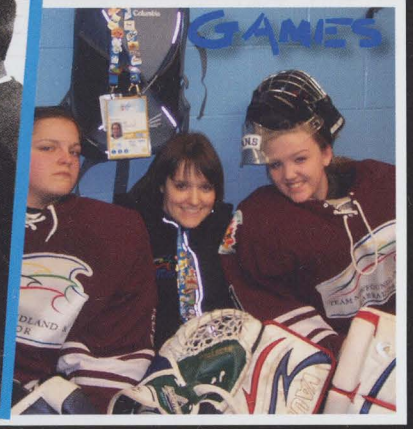
We raised almost \$30000



DAL FOOTBALL



CANADA GAMES



# VOLUNTEERING

SPECIAL OLYMPICS



# AND RAISING MONEY!!!

NOVEMBER

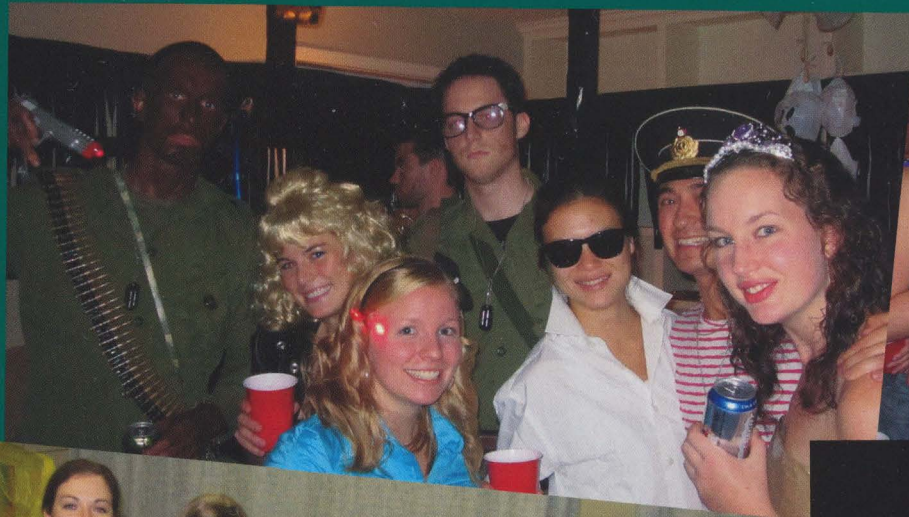
TIGHT AND BRIGHT



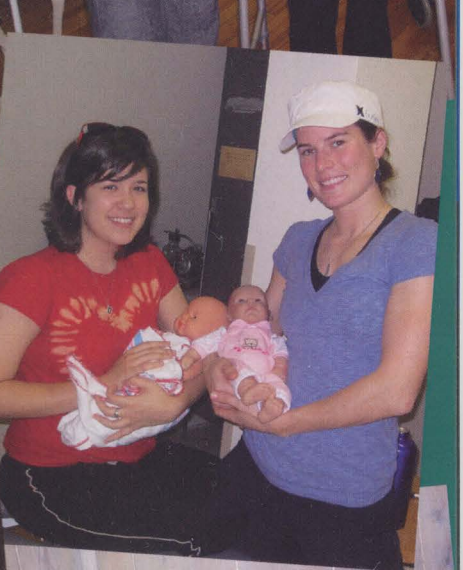
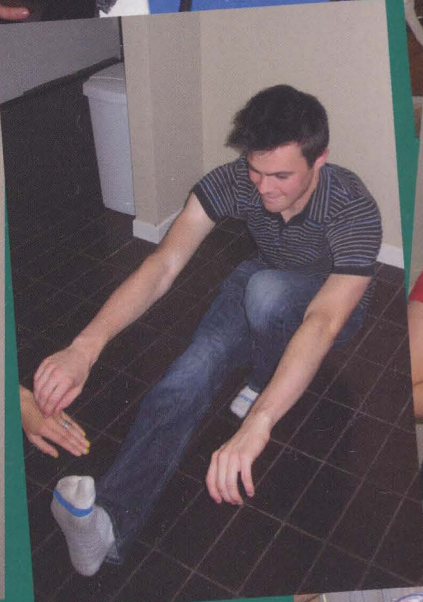




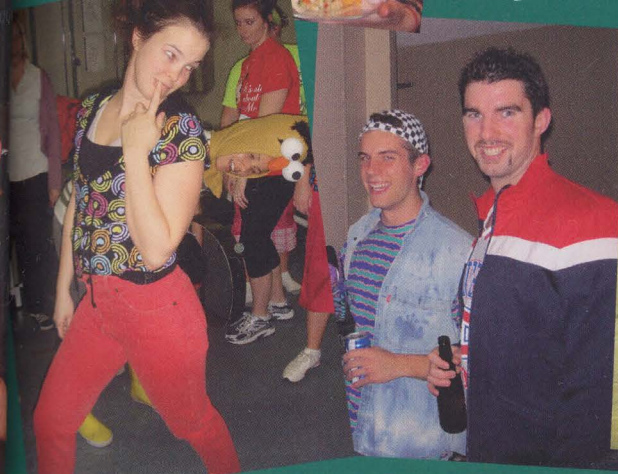
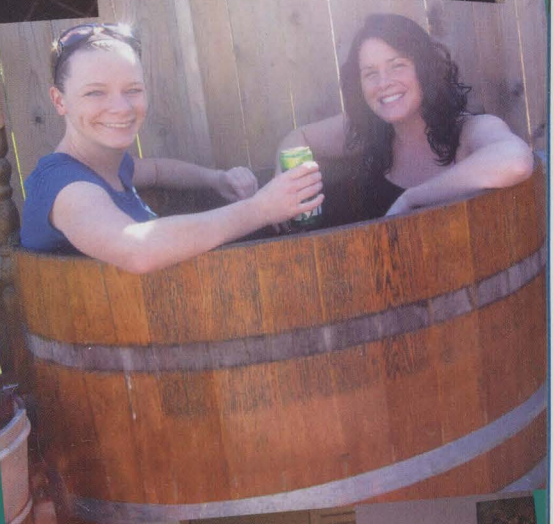
# Class of 2012



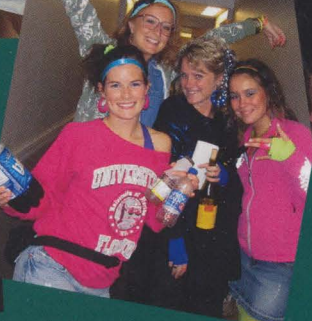
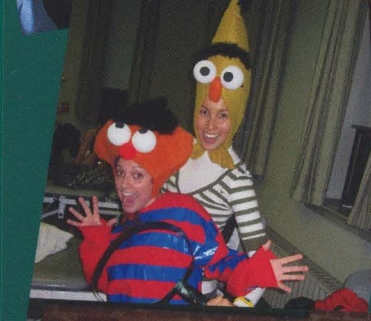




Since we met its been you  
and I, a tear for a tear  
baby eye for an eye and  
you know that my heart  
gonnna cry if you leave  
me lonely 'cuz you not just  
my friend you my homie!





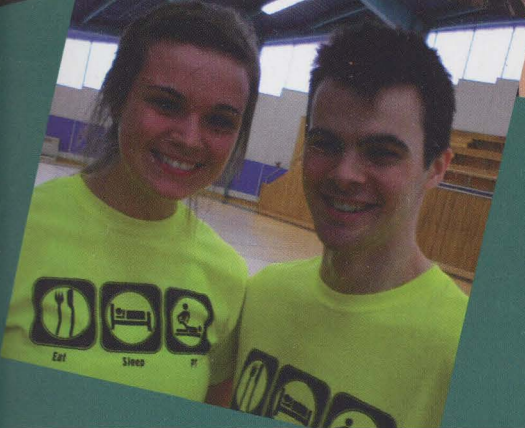
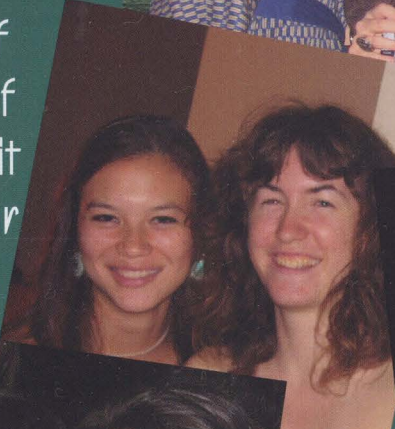


Dedication and commitment are what transfer dreams into realities





What really matters isn't the things you did, but what its effects are today, not the knowledge you have learned, but how you have applied it, not the words that were said, but how they made you feel, and most of all, not the moment of occurrence, but how it is now just part of our journey





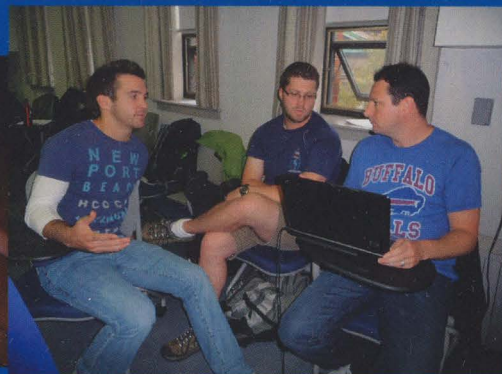
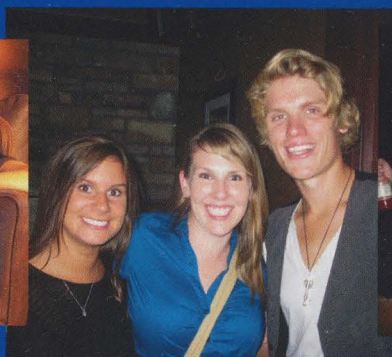
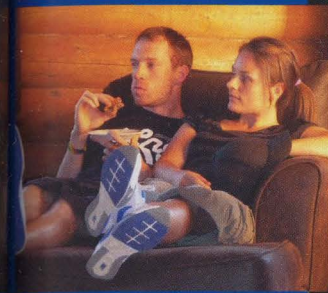
# Class of 2011



MAKING YOUR WAY IN THE WORLD TODAY TAKES  
EVERYTHING YOU'VE GOT.  
TAKING A BREAK FROM ALL YOUR WORRIES SURE  
WOULD HELP A LOT.  
WOULDN'T YOU LIKE TO GET AWAY?







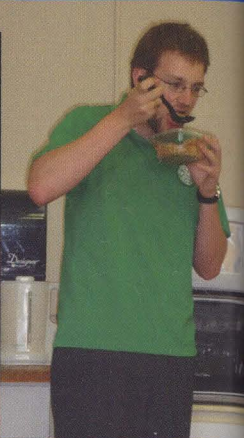
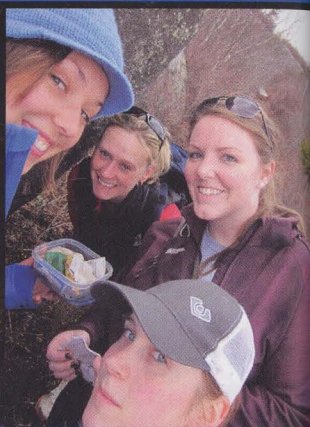
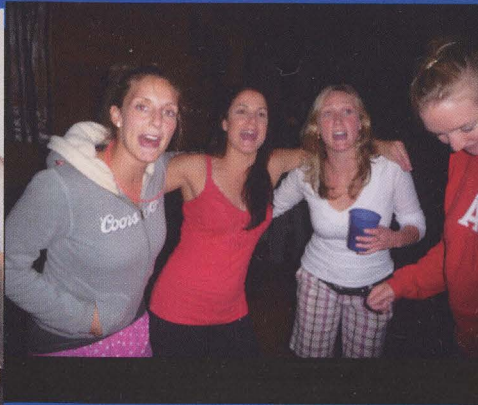
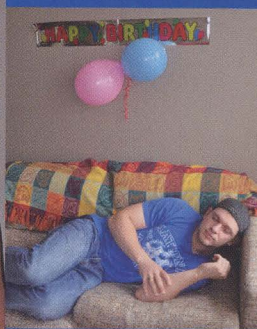
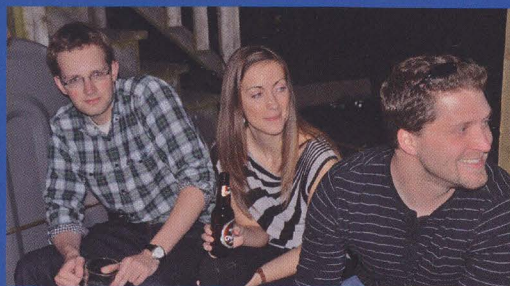
SOMETIMES YOU WANT TO GO  
 WHERE EVERYBODY KNOWS YOUR NAME  
 AND THEY'RE ALWAYS GLAD YOU CAME  
 YOU WANNA BE WHERE YOU CAN SEE  
 OUR TROUBLES ARE ALL THE SAME  
 YOU WANNA BE WHERE EVERYBODY KNOWS YOUR NAME







WELL IT'S FUNNY HOW IT'S THE LITTLE THINGS IN LIFE THAT MEAN THE MOST NOT WHERE YOU LIVE, THE CAR YOU DRIVE OR THE PRICE TAG ON YOUR CLOTHES







THERE'S NO DOLLAR SIGN ON A PIECE  
 OF MIND  
 THIS I'VE COME TO KNOW  
 SO IF YOU AGREE HAVE A DRINK WITH  
 ME  
 RAISE YOUR GLASSES FOR A TOAST



Here's To Us!!



**“Behind every success is endeavor...  
Behind endeavor, ability...Behind ability,  
Knowledge...Behind Knowledge, a seeker.”**

**Melissa Abbott**

**Photo  
Not  
Available**

**Martine Allain**

“Fake it ‘till you make it! But be smart about it!”  
Favorite memory: Making the B2 videos and presentations! Oh and the morning football practices??  
Where I see myself in 5-10 years: Working in the best physiotherapy clinic at my home! Mine!!



**Ashley Barrieau**

“Life isn't about staying dry; it's about learning to play in the rain.”

Favorite Memory: Rafting trip and FTHOI 2010  
Where I see myself in 5-10 years: Filthy rich and retired...no really.



**Meagan Beaton**

“Good gravy”  
Favorite Memories: Morning runs in Point Pleasant Park, living life as a gypsy bag lady, making too many chocolate milk purchases, my 25th birthday thanks to my PT lovers, and celebrating all together after every exam.  
Where I see myself in 5-10 years: I hope to own a wellness centre, perhaps near the equator on a white sandy beach with an abundance of coconut trees and toucans. The invite to join will always be open!



**Monica Bondre**

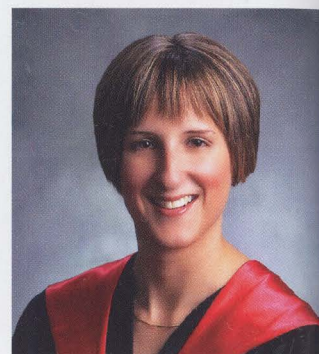
“Life is not measured by the breaths we take, but by the moments that take our breath away.”

Favorite Memory: The moment I learned that I could finish my degree with my PT family.  
Where I see myself in 5-10 years: I will pick up this yearbook and remember all the people that made my physiotherapy experience unforgettable.

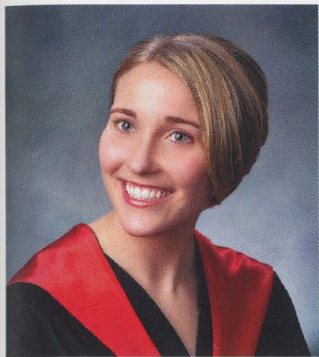


**Joline Boudreau**

“Live like you're gone tomorrow, but learn like you're here forever”  
Favorite Memory: Joline: [J-awl-in]  
Where I see myself in 5-10 years: Working and still loving every second of it!







**Aineslee Cassidy**

"My darling girl, when are you going to realize that being normal is not necessarily a virtue? It rather denotes a lack of courage."  
~Alice Hoffman, Practical Magic  
Favorite memory: The rafting trip!!  
Where I see myself in 5-10 years: Working towards my dream of running my own wellness center. Hopefully living in Scotland, married with 2 kids and one in the oven.



**Vanessa Champion**

"The most important thing in life is to learn how to give out love, and to let it come in." ~Morrie Schwartz  
Favorite Memory: Daily hugs with Meg K



**Christina Chase**

"The cure for anything is salt water- sweat, tears, or the sea." ~Isak Dinesin



**Sarah Christopher**

"That's what she said."  
Favorite Memory: Non-stop dancing almost every Friday night followed Alexandra's poutine



**Alison Coleman**

"I can't wait to weightbeaaaaar"  
Favorite Memories: Friday nights, learning how pickles are made  
Claim to fame: abbrevs and peace signs



**Danielle Cooper**

"Stressed is desserts spelled backwards"  
Favorite Memories: Doing the Fredericton Half Marathon with Laura and Christina and the looks on people's faces when they saw us dressed up as oompa loompas for FTHOI.



**Tara Correia**

"Every new beginning comes from some other beginning's end."  
~Closing Time by Semisonic  
Favorite Memory: Physio Ball 2011  
Where I see myself in 5-10 Years: Working a busy practice, well read and well travelled



**Carah Davis**

"I would sell my SOUL to know what is on the next OSCE!"  
Favorite memories: Travelling Europe and post-neuro celebrations.



**Jenny Dickson**

"Let's have chicken....bach-bach"  
Favorite Memory: Feeling like a proud momma to the girls of WWW  
Where I see myself in 5-10 yrs: Can't wait to see all the fabulous things all the PT lovers of 2011 will do!



**Sarah Dickson**

"Learn from yesterday, life for today, hope for tomorrow." ~Einstein  
Favorite Memory: FTHOI  
Where I see myself in 5-10 years: Hopefully traveling, laughing and enjoying life!



### Jenna Estey

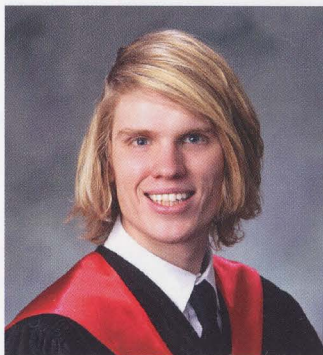
"Appreciation is wonderful thing, it makes what is excellent in others belong to us as well"  
~Voltaire

Favorite Memory: Cheryl Kelm falling out of her chair during the Mod 4 final presentations!  
Where I see myself in 5-10 years: Married with two children, a boy and a girl (Harper and Ella) one dog, two cats and a house with a pool;  
Successful Physiotherapist who reminisces and misses all her fellow PT lovers.



### Shane Gill

Where I see myself in 5-10 years: Waterfront home in Victoria....alright so maybe more like 20 years, sadly haha



### Natasha Hai

Happy graduation to my fellow classmates. Good luck in this new beginning. In 10 years I will be dancing to Justin Beiber on my Hello Kitty bedspread.



### Kelly Himmelman

"The days are long but the years are short."  
~Gretchen Rubin



### Ashley Joy

Facorite Memory: Congress 2010 and Tidal Bore Rafting Trip!



### Terri Fenton

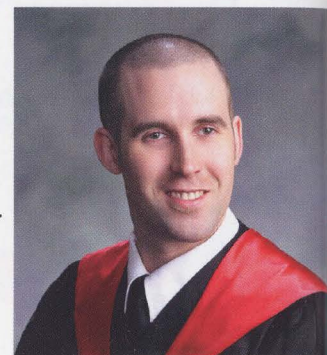
"Steve's pregnant!" ~Megan Robertson

Favorite Memory: Jumping up and down back stage at FTHOI at the end of our play because I was so proud of all my PT Lovers!  
Where I see myself in 5-10 years: Who knows! That's what I get for marrying a sailor!



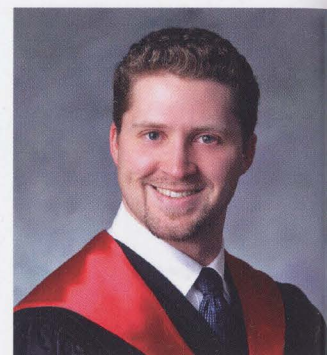
### Justin Grundy

"Hey hey hey; get your hands off my junk!" ~Oscar the Grouch  
Favorite Memory: My entire trip to Scotland with Shane... Specifically the night of AC/DC...  
Where I see myself in 5 years: Working at my beach side clinic in NZ  
10 years: still there...



### Paul Hendry

Favorite Memory: Inappropriate lunchtime lounge conversations and late night golf cart riding on the rafting trip.  
Where I see myself in 5-10 years: Being treated by one of us for arthritis



### Stephanie Hughes

"Hide your kids, hide your wife"  
Favorite Memory: Dominican with Al, Amanda and Mark  
Where I see myself in 5-10 years: PEI, obviously.



### Megan Kavanaugh

"Pretend like you don't have any pain." - Alison Coleman  
Favorite Memory: PT dance parties!







**Steven Lawlor**

"I'm not old, just a child with lots of experience."

**Favorite Memory:** Learning non-weight bearing crutch walking from a Newfie  
**Where I see myself in 5-10 years:** Not in school



**Miriam Lewis**

"Dance as though no one is watching you. Love as though you have never been hurt before. Sing as though no one can hear you. Live as though heaven is on earth." ~Mark Twain  
**Favourite Memory:** Physio Congress in St. John's, NL!!

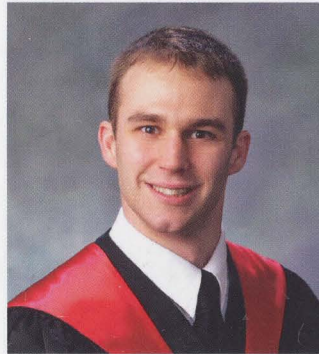
**Where I see myself in 5-10 years:** Physio with a NHL team



**Rebecca Long**

"Be who you are and say what you feel, because those who mind don't matter and those who matter don't mind." ~Dr. Seuss

**Favorite Memory:** Laughing uncontrollably in front of the class instead of giving a presentation.  
**Where I see myself in 5-10 yrs:** Successfully happy and underpaid physio



**Justin MacIsaac**

"You miss 100% of the shots you don't take." ~Wayne Gretzky  
**Favorite Memory:** Finding out that we all passed neuro-anatomy/physiology  
**Where I see myself in 5-10yrs:** Living in Nova Scotia and running my own private practice.



**Colin MacKenney**

**Favorite Memories:** Congress 2010 -"found on George St.", Road trips, Beaches, BBQ's and Nights down town with amazing people  
**Where I see myself in 5-10 years:** A seasoned sailor, Not having diabetes from all my cookie eating, and a damn good Physio!



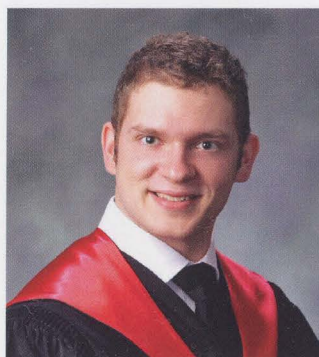
**Christine McCavour**

"Go confidently in the direction of your dreams. Live the life you've imagined."  
~Henry David Thoreau  
**Where I see myself in 5-10 years:** Living happily ever after.



**Giselle McCormick**

**Favorite Memories:** Teaching patients to sound like dragons, nights at Park Vic and that time Meg spilled her grapes, twice.



**Darcy McSorley**

"Can't stop...(See Kyle Stton for end)"  
**Favorite Memory:** The birth of my first child.  
**Where I see myself in 5-10 years:** Backup dancer for Beyonce



**Emily McVittie**

"Sure Em, we'll watch you walk home"  
**Favorite Memories:** laughing fits, road trips, living at PV



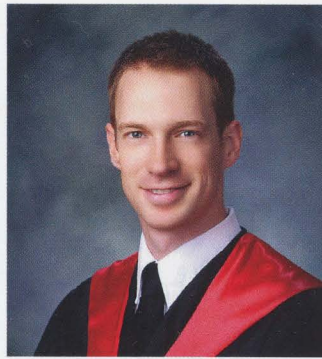
**Alyson Moore**

"Time you enjoy wasting, was not wasted". - John Lennon  
**Favorite Memory:** CPA Congress 2010 in the heart of St. John's Newfoundland  
**Where I see myself in 5-10 years:** Where ever I am meant to be.



**Doug Murray**

"Wrench my digit!!" ~Rebecca Long (playing Catch Phrase)  
Favorite Memory: Derrick's facial expression when Amanda said she was pregnant.  
Where I see myself in 5-10 years: I will be riding my motorcycle to Ninja practice



**Megan Robertson**

"Go out on a limb...that's where the fruit is"  
Favorite Memory: All of Group B2's famous videos including Superpump250 and our version of Grey's Anatomy which resulted in Cheryl falling out of her chair laughing so hard.  
Where I see myself in 5-10 years: Wherever Prince Charming is hiding "...it increases my heart raaaaaaaate!"



**Laura Sawler**

"The past is practice."  
Favorite memories: Running with Dee and Christina, Ireland, huffing with Giselle and 3min TUG  
Where I see myself in 5-10 years: Halifax Alehouse



**Brendan Smith**

"We have the Asians to thank for Acupuncture!  
Favorite Memory: Lunchtime food conversations in the lounge with the byes  
Where I see myself in 10 years: Apologizing to Steve Lawlor for all the old comments given that I too, am now old.



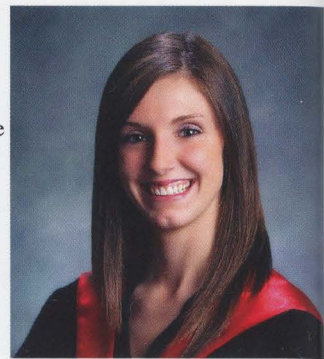
**Nicole Sooley**

"Stealing ideas from one person is plagiarism, stealing ideas from many people is research."  
Favorite memory: FTHOI especially when Lauren got stuck folded in a chair.  
Where I see myself in 5-10 years: Who knows? Perhaps practicing physiotherapy on the moon!



**Julie Pepin**

"If I'm the Chai Tea Master...uh I mean Tai Chi Master"  
Favorite Memory: First night out at the Split Crow with my PT lovers, salty beer and the beginning of Rhonda and Ronda, WWW, MC-ing the PT Ball and skipping to YFM with Jenny the night we all passed Neuro!  
Where I see myself in 5-10 years: Living the dream!



**Lauren Robicheau**

"I'm all business" Favorite Memory: Being stuck in a chair at FTHOI practice & you all graciously saved me



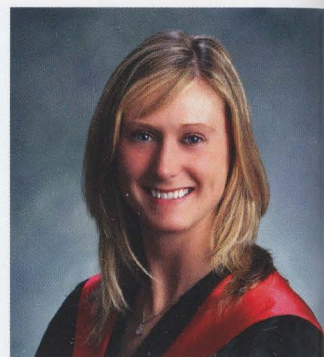
**Amanda Simmonds**

"Anterior Serratus"  
Favorite Memory: Friday night insanities: dancing, Antoine impersonations, squat comps, etc.



**Jennifer Smith**

"Knowledge is knowing a tomato is a fruit. Wisdom is not putting it in a fruit salad."  
Favorite Memory: Tidal bore rafting; good food, good friends, a dance party, hot tub and golf cart  
Where I see myself in 5-10 years: Only time will tell



**Amanda Stanley**

"Dream as if you'll live forever, live as if you'll die today." -James Dean  
Favorite Memory: Riding the tidal bore waves and hot tubbin' it in Shubenacadie with the PT lovers!  
Where I see myself in 5-10 years: Living somewhere exotic with my own physio clinic on a beach







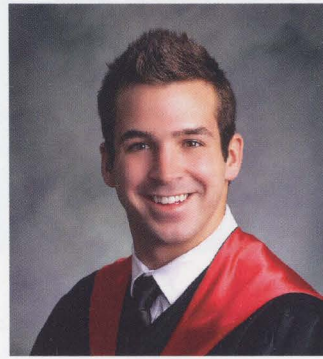
**Ozge Suleyman**

"Little drops of water, little grains of sand, make the mighty ocean and the beautiful land"

Favorite Memory: Watching funny presentations in our cardio-resp class, pizza lunch and learns, and watching our school's FTHOI skit on stage.

Where I see myself in 5-10 years: Lying down on a sunny & sandy beach of a foreign tropical island!

"Un dia dulce!"



**Kyle Sutton**

"Won't stop"

Favorite Memory: Australia  
Where I see myself in 5-10 years: Living common-law with Darcy in Australia



**Erin Thompson**

"You must be the change you wish to see in the world." - Mahatma Gandhi



**Erika Turner**

"Oh, that bruise is just from laying out in Ultimate frisbee..."

Favorite Memory: Wildcat Invitational 2011!

Where I see myself in 5-10 years: Hanging out in an out-patient ortho department, icing one of my joints beside my patient receiving IFC.



**Shazia Wani**

"I am back in my profession thanks to Dollhouse"

Favorite Memory: I will always remember that warm welcome to me and my culture

Where I see myself in 5-10 years: A mother of MSc PT



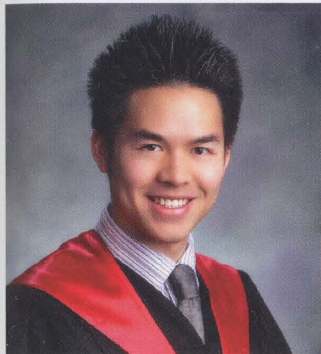
**Julie Woodroffe**

"How lucky I am to have something that makes saying goodbye so hard."

~A.A. Milne (Winnie-the-Pooh)  
Favorite Memories: Broomball, Impromptu pot lucks with catch phrase, post exam dance parties, rafting trip and Wildcat x 2!

Where I see myself in 5-10 years: Co-owning Justin's clinic on the beach in NZ

"Promise me you'll always remember: You're braver than you believe, and stronger than you seem, and smarter than you think."  
~Christopher Robin to Pooh"



**Jonathan Wu**

"Central Stability = peripheral mobility. Nuff said."

Favorite memory: Any time on placement where I've made a difference in someone's life with these hands... which of course is all the time.

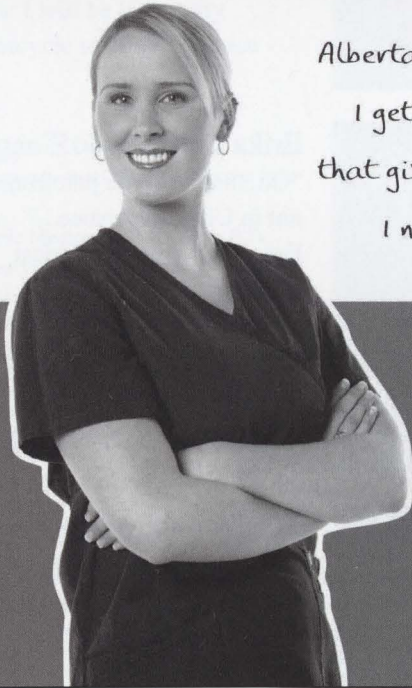
Where I see myself in 5-10 years: The next huge physio guru sleeping on a pile of money and heat packs, OR still drowning in my ginormous student debt.

*"You have brains in your head. You have feet in your shoes. You can steer yourself in any direction you choose. You're on your own. And you know what you know. You are the guy who'll decide where to go." ~ Dr. Seuss*





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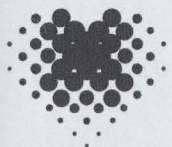
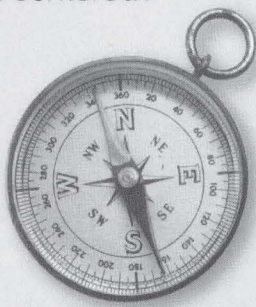
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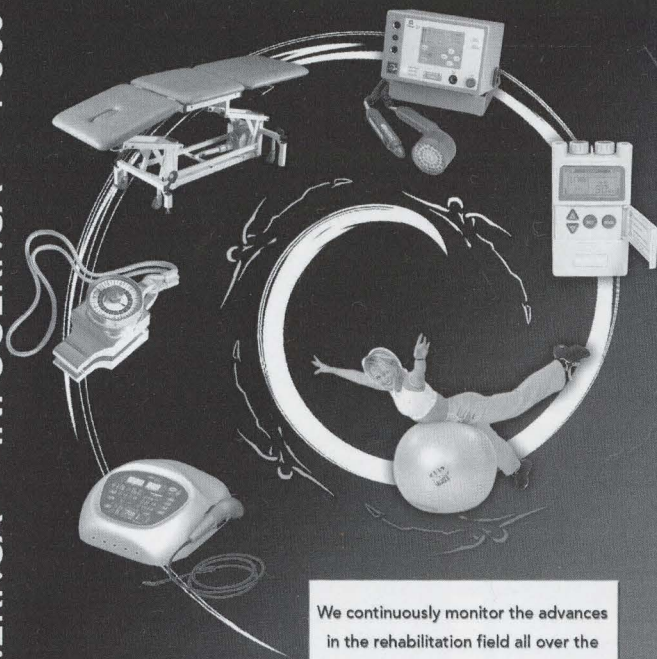
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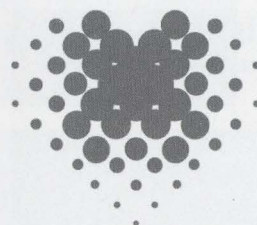
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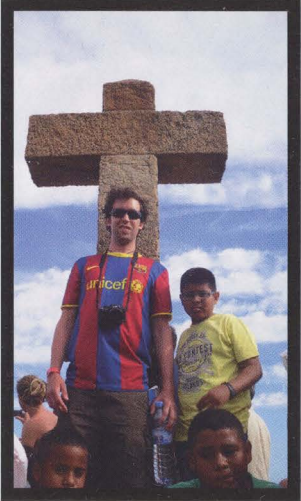
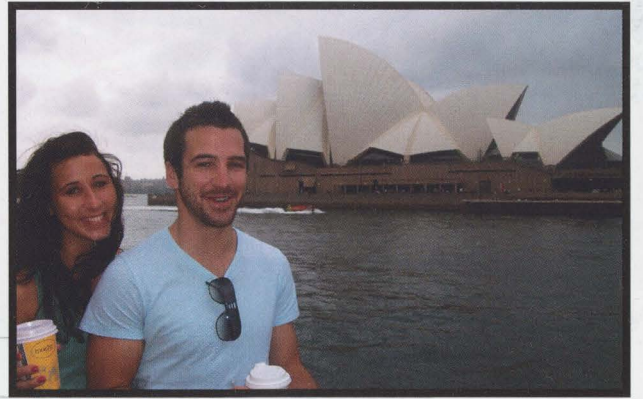
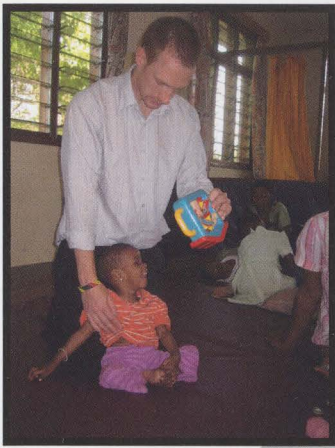
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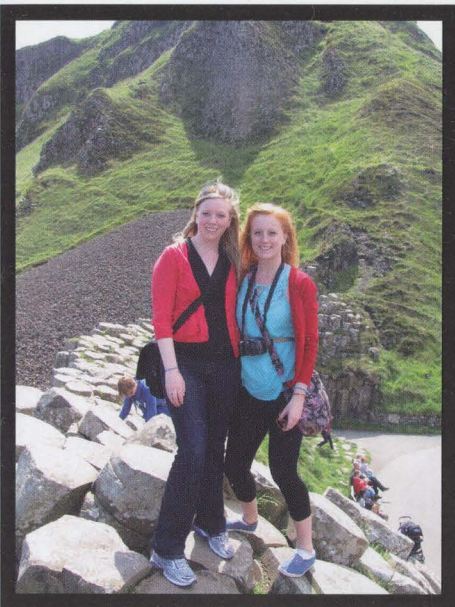
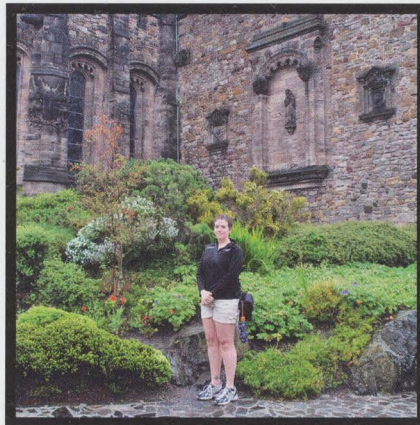
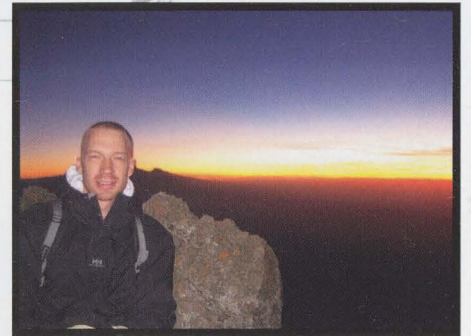
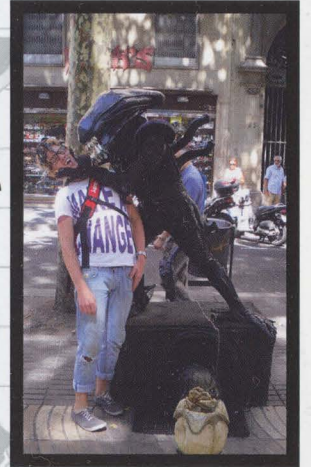
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Contact: Anna Babin, District Manager Human Resources  
902-742-3542 ext 307 [hr.yrh@swndha.nshealth.ca](mailto:hr.yrh@swndha.nshealth.ca)  
[www.swndha.nshealth.ca](http://www.swndha.nshealth.ca)





# PTs Around The World!!





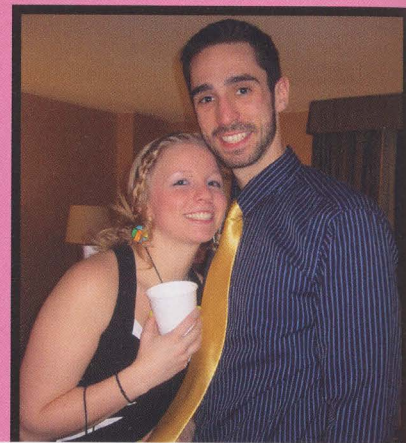
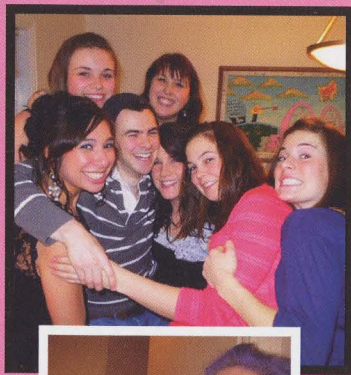
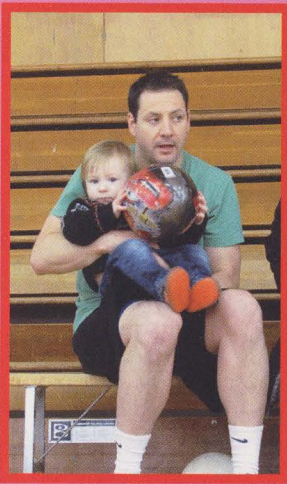




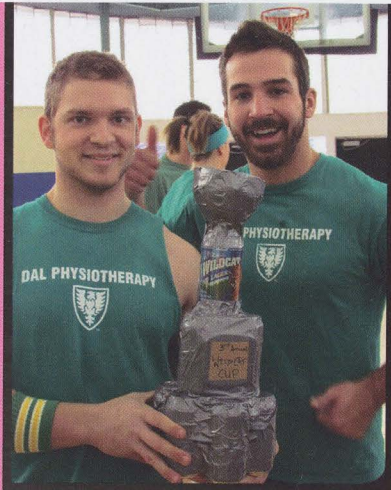


I Gotta Feelin'!!



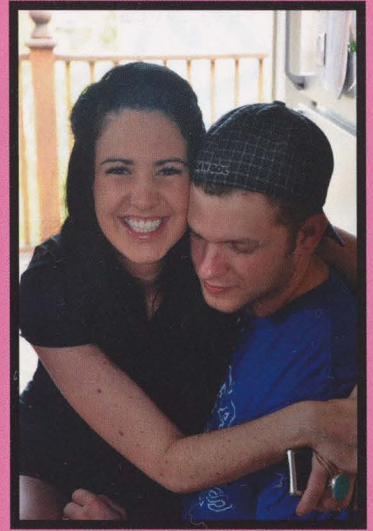


**PT**

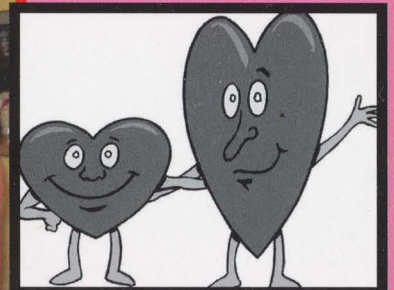
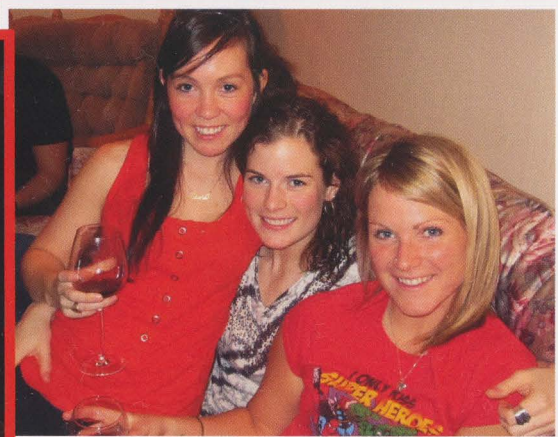


**A LITTLE BIT  
OF BROMANCE**





# LOVE





# Signatures Memories



# Signatures Memories



# Signatures Memories



# Signatures Memories



# MEMORABLE QUOTES

"I'm gonna talk about the black elephant."  
- Justin Grundy

He's TOTALLY a Belly Fatter!!  
- Martine Allain

"I don't want to be a Master in CHAI TEA!" - Julie Pepin

"Derek is here!!!!!!!" - JB

Pat Young (in reference to his biceps): Yeah...only thing big on my body!

"SARTOOOORIUS"

"I'll be sexy anything you want!"

- Christina Chase

"NOW BACK IT UP!" -

"Jessica, can you take

Julie W: Marty, you look a little out of breath!

ASHLEY MacDONALD

your shirt off so I can

Martine: I am. I seen the pizza man downstairs and I ran all the way up to beat him here!

JULIEP: ASHLEY, ARE YOU A LITTLE EXCITED?!

see everything?"

- Tom Atkinson

ASHLEY J: YEAAH! 'CAUSE I KNOW A WORD!!

"Watch your faces, there might be some squirting." - John Scaplen

Justin G: Is that what a yawn is for?

Steve L: Yeah, to release surfactant

Marty (yawns): oooo I feel moist!

"How low can you actually go?" - Heather Burke

"I was so jealous of Jon this morning; pluggin away on that sausage...I was like OH GOD"

"I have a friend who was arm wrestling and shattered his tibia" - Mitchell Squarey

Steve Lawlor

"I saw Steve coveting my sausage." - Jon Wu

"Remember, if you want to make it bigger you just spread your fingers" - Kristen Shea

Ash Mac: You just have to straddle it

Jon B: I do it all the time. Not really, but I wish

Ashley Mac: Do me up?

Danyel: Awww. That's not the fun part.

Ashley Mac: You can do me down Later

Carolyn King: What is ordinal data??.....Darcy?  
Darcy: Can I phone a friend? I'd like to phone Shane

"I just removed your Knowledge Gap" -

Danyel (regarding safety belt): I'm going to grab here

"NO CANDICE! TIME IS UP!" - AS THE GENTLEMAN STORMS OUT OF THE GSCIE STATION STRAIGHT TO THE GRAWGID

Giselle McCormick

Ash Mac: You can grab

ANYWHERE

"I just wanna get in my sand box and play with my Tonkas!"

- Justin Grundy

Gail W: Shane, no Justin. You don't look like Shane.  
Justin G: Thank you. You go girl!!  
- OZGE

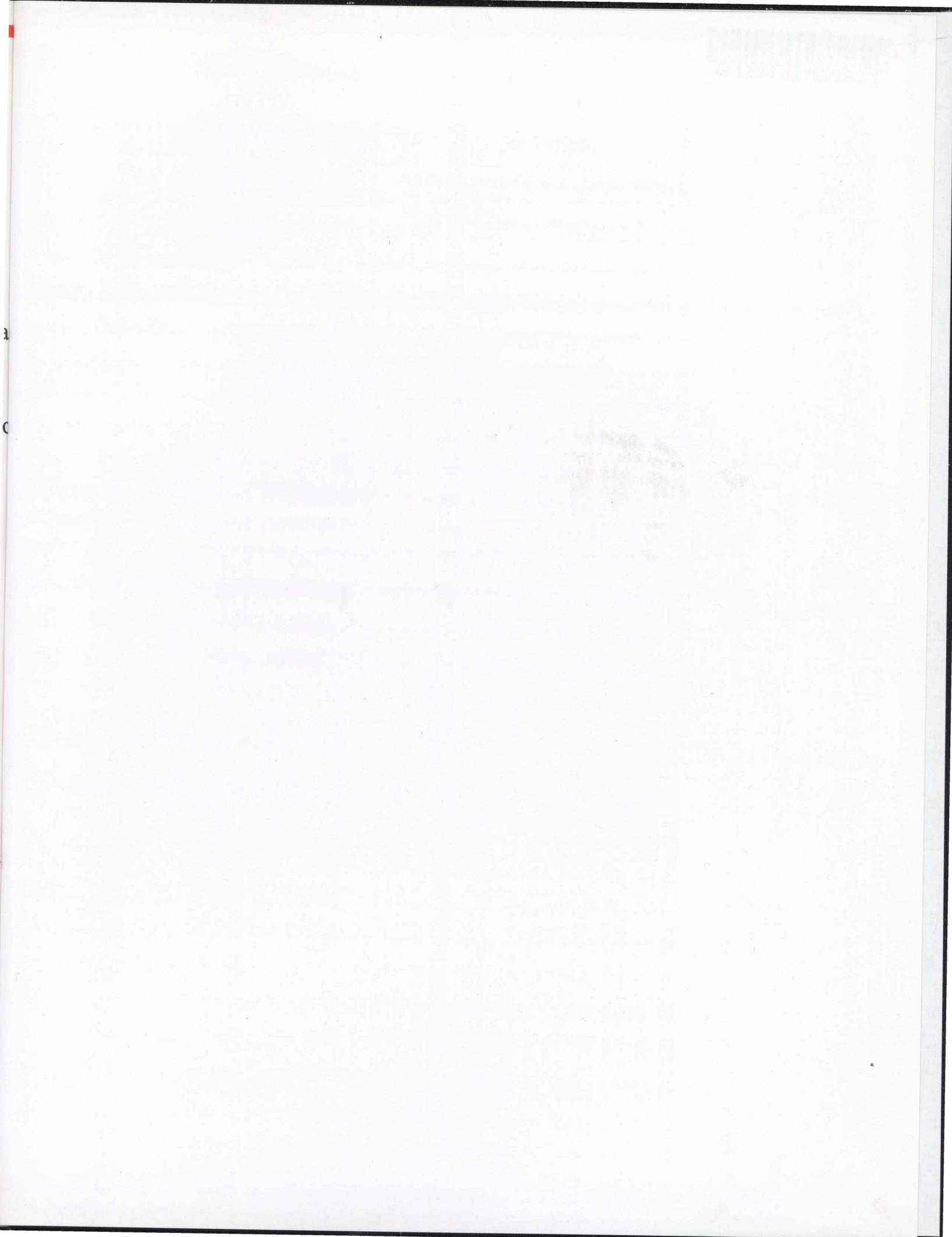
Marilyn: "Why do we have arms?" a scrapbook of all his

Danielle: "So we can eat ourselves!" favorite children" -

Steph Hughes

"We'd be some HOT BABES in wheelchairs."  
- Natasha Hai













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