

The Alumni Magazine

Dalhousie

vol. 22 no. 3 winter 2006



**Courage in the most
unlikely places**

**Promoting healthy living
A parent's journey**

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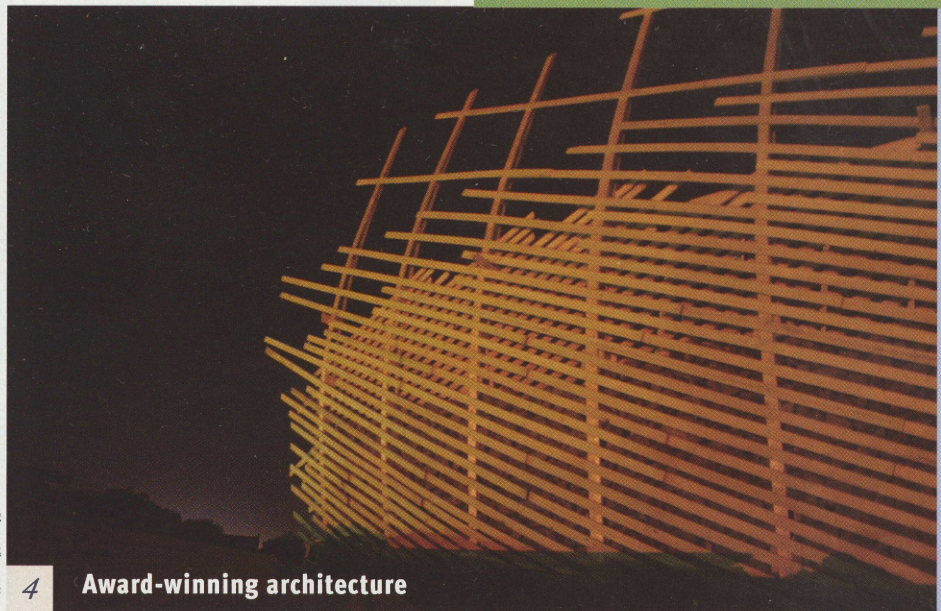


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On our cover

Peter Dalglish (LLB'83) is pictured with Shankar Nepali, a boy he found living and working on the streets of Kathmandu in 2002. Today, 14-year-old Shankar is preparing for studies at the InterCommunity School of Zurich on a full scholarship. Little wonder that he's known as "the luckiest child in Nepal." Shankar is holding his Japanese Spitz, named Kobe. (Photo by Chirkagee Maharajan)



Photos: Vincent Yen

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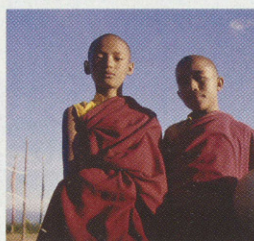


Photo: Dalglish

Advocate Peter Dalglish (LLB'83) shares his experiences from Kathmandu, where he continues his life's work with impoverished children.

Over the last two decades his journey has taken him around the world, to such locations as the Sudan, Zambia and Nepal.

by Carol Moreira

14 Decision time for students and parents

Been there, done that. Parents, alumni and university staff are fielding questions from potential students about how to make the right decision when choosing a university. Where to go? What to do? Cathy MacDonald invites us along for her journey as a parent as she and her daughter get to know Dal better.

by Cathy MacDonald

16 Kicking the habit

A cheeky awareness campaign is changing perceptions about smoking for young people. Nancy Hoddinott (BSChE'90) is a graduate of the Health Education program – recently renamed the Health Promotion program as part of its 25th anniversary. Hoddinott is changing how we live



Photo: Abriel

by promoting health and wellness to Nova Scotians every day.

by Keri Irwin (BA'98, BCom'01)

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Dalhousie, The Alumni Magazine

Dalhousie is the official periodical of the Dalhousie Alumni Association and appears three times a year. Editorial deadline for the next issue is March 21, 2006.



Photo: Ahrfel

The resilience of children around the world has been the focus of several initiatives engaging the talents of the Dalhousie community.

Our cover features Peter Dalglish (LLB'83), who has dedicated the past two decades of his life to working with the poorest children in the world. Peter shares a personal reflection from his current base in Kathmandu (see "Courage in the most unlikely places," pages 12-13).

Closer to home, the first Lloyd Shaw Lecture and Symposium on Public Affairs raised awareness of children's issues. Stephen Lewis, the United Nations special envoy on HIV/AIDS in Africa, is constantly struck by the "almost supernatural strength of children," whether they are orphaned by AIDS or scarred by the ravages of civil war. "Children are so astonishingly resilient and they're so determined to cut through the miasma of horror that surrounds them," he told a packed house at Dalhousie during the inaugural lecture (see "Taking Centre Stage," pages 20-21). He believes that the early years are a crucial time for fortifying children in crisis with the coping tools that can influence the rest of their lives.

In an effort to determine why some children survive and even thrive in adversity, Dalhousie has been spearheading The International Resilience Project (www.resilienceproject.org). This innovative global study is gathering insights from children and youth who succeed in spite of such threats to their well-being as poverty, war, homelessness, abuse, cultural disintegration and mental health issues. Since they survive against all odds, these young people are helping societies around the world learn to take better care of other children in turmoil, by developing more effective community supports and interventions.

Dr. Michael Ungar of Dalhousie's School of Social Work leads the team of researchers from 25 communities on six continents; they include faculty and doctoral students, social workers, child advocates and others. They have been examining the survival capacity of 1,500 children living at risk in 14 sites, from Halifax to Hong Kong and Tampa to Tanzania. The group is finding similarities in how children withstand unhealthy environments, regardless of their background or situation. Strong family support is universally important, but not necessarily a prerequisite to success. Other positive factors include good schools, safe communities, mentors and role models, peer support and strong cultural identity. The researchers are also finding many differences and variations across cultures and social contexts. The collaborative studies are funded by the Social Sciences and Humanities Research Council and the Nova Scotia Health Research Foundation. This research is already leading to meaningful policy changes and action around the world.

From grassroots activism, to raising awareness on campus, to research collaboration that enables change, members of the Dalhousie community continue to make a difference for children. I hope you enjoy the emphasis on young people in the winter edition of your magazine.

Sincerely,

TOM TRAVES

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Our contributors

Marla Cranston dove right into her new post as editorial manager with the Communications and Marketing team with a batch of Up Front stories and Alumni Spotlights. Marla has more than 15 years of experience with *The Daily News* and NSCAD University. She's an avid abstract photographer and budding oil painter.

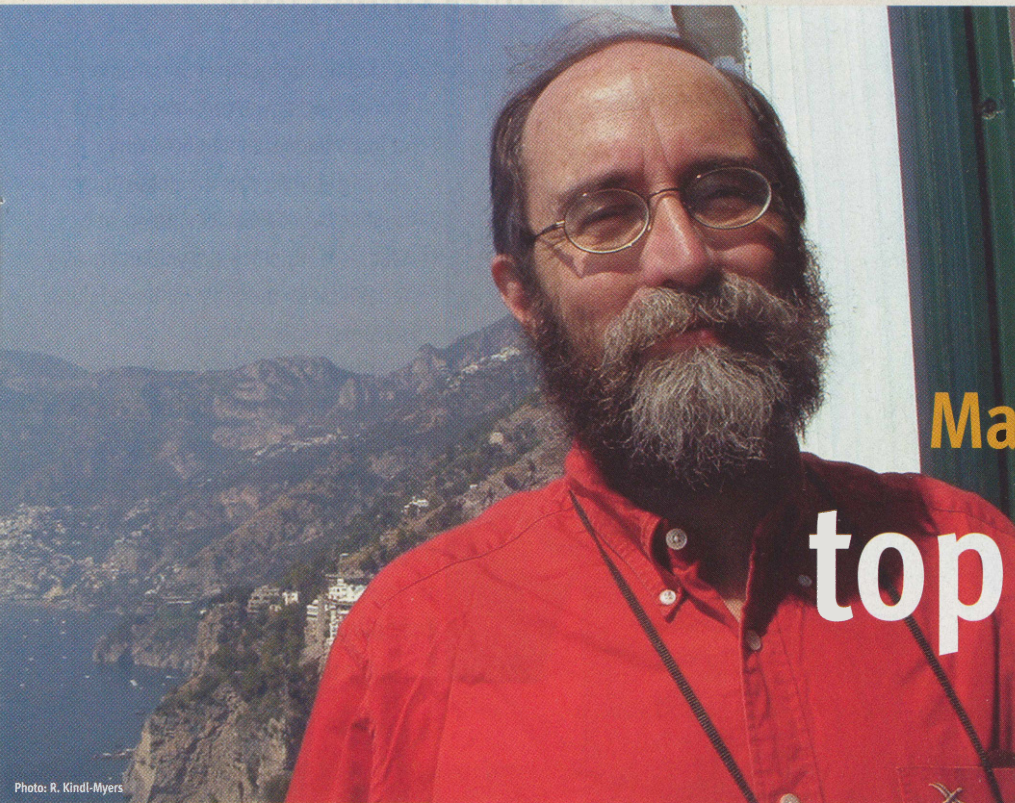


Keri Irwin (BA'98, BCom'01) becomes the assistant editor and advertising manager with the magazine, filing her first feature story on health promotion. Active herself, she oversaw the successful Junior League charity fundraising tour Homes for the Holiday in 2005.



Cathy MacDonald invites us along on her journey as a parent, as she and her daughter get to know Dal better. Cathy is a regular writer for the magazine, filing her stories from her home near Halifax.

Freelance writer **Carol Moreira** works out of her home in St. Margaret's Bay, N.S. Her work has appeared in many Canadian and international publications, including *The Chronicle-Herald*, *The Daily News* and *The Globe and Mail*.



Making *Fortune's* top ten list

overfishing, climate change and other conservation issues.

The world is in massive denial about the big fish species, which are destined to soon go the way of the dinosaurs if current fishing levels persist, warns Dr. Myers. Their survival depends on international agreements, drastic and immediate quota cuts, enforced fishing limits and the creation of ocean preserves to allow sea life to grow and multiply.

The ongoing depletion doesn't just affect fish stocks and the people whose livelihoods depend on them, but will ultimately cause a complete reorganization of marine ecosystems with unknown global consequences, Dr. Myers suggests. It's unfortunate that universities and biologists didn't have a stronger presence 15 to 20 years ago, before much of the damage was done.

"We could have avoided a lot of chaos," he says. As scientists, "it's also our responsibility as citizens to speak up. We have the right skill set, the knowledge base and the research capability. More and more, it's a matter of applying pressure and just speaking clearly about these issues."

—Marla Cranston

Photo: R. Kindl-Myers

JUST ONE CANADIAN appears on *Fortune* magazine's list of Ten People to Watch: Dr. Ransom Myers.

The American business journal ranked Dr. Myers third on the list in its special 75th anniversary issue (September 2005), for providing "startling evidence"

of the dramatic decline of large fish species from the world's oceans since the advent of industrialized fishing. *Fortune* lauded him and Dalhousie for "working to develop new and better ways to husband the wealth beneath the sea."

The editors chose people who won't necessarily be household names in the next 75 years but whose work will have a lasting influence. The Dalhousie marine biologist appeared between U.S. Senator Barack Obama and the founders of Google.

"They have a verb in every language — to google," Dr. Myers says of the fourth-place finishers, keeping his own fame in perspective.

He's pleased the business community has recognized his work, but he'll be much more satisfied if the coverage leads to worldwide government action and policy change on



Ready for Rhodes

Kimberly Rutherford's (BSc'05) love of the outdoors matched her love of learning, leading to a fulfilling university career at Dalhousie, and culminating in a prestigious scholarship to Oxford.

She graduated with a BSc, combined honours in microbiology/immunology and mathematics, and a University Medal. The Rhodes Scholarship recognizes high academic achievement, coupled with qualities such as leadership, volunteerism, selflessness and integrity. She volun-

teers with Big Brothers and Sisters, the Dalhousie Women's Centre, and the Camp Hill Veterans' Memorial hos-

pital. This winter, she's in India administering a Rotary vaccination program.

"I came here because I wanted to study microbiology, and the program here is excellent," she says. She was awarded a Natural Sciences and Engineering Research Council grant to work in Dr. Don Stoltz's lab (microbiology and immunology), where she does electron microscopy research.

Rutherford is feeling "pure excitement" at the thought of heading to Oxford in the fall, where she has applied for the Global Health Sciences Masters Program.



Photo: Abriel

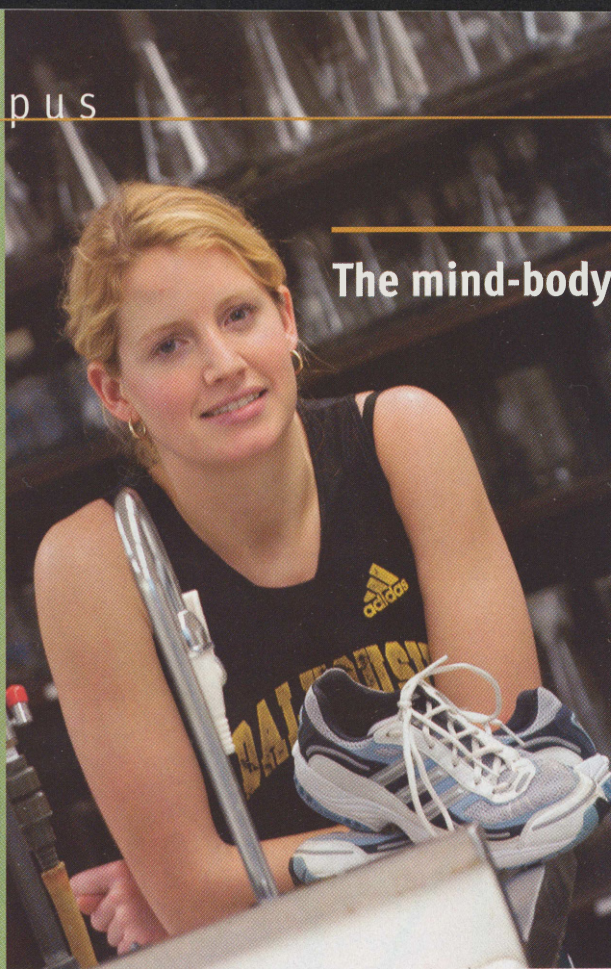


Photo: Abriel

The mind-body connection

A goaltending architect. A transplant immunologist who presents research at international conferences while earning gold medals for cross-country running. A volleyball champion who studies kinesiology and volunteers as a rehabilitation therapist for brain injury patients.

Miles Agar (BCD'05), **Ellen Vessie** (BSc'02, MSc'04) and **Leslie Marriott** (BScK'05) are just a few of the 73 exceptional students and recent graduates honoured for their academic and athletic achievements.

"One in three of our varsity athletes is an Academic All-Canadian, almost double the national average," says

Ellen Vessie is one of 73 Academic All-Canadians

Creating an understanding of the public service

Political science professor Peter Aucoin (MA'66) has received the 2005 Vanier Medal from the Institute of Public Administration of Canada. **Dr. Aucoin is the Eric Dennis Memorial Professor of Government and Political Science/Professor of Public Administration at Dalhousie. He is recognized both nationally and internationally as a leading theorist on the practice and reform of the public service, including the governance of the federal cabinet and of political parties. He has contributed knowledge to the governments of Canada, the United Kingdom and Cuba, as well as to provinces, municipalities, agencies, committees and courts.**

A true community effort

Le Théâtre Petit Cercle, an innovative children's amphitheatre project in Cheticamp, NS, took the top architecture honour at the National Post Design Exchange Awards in Toronto.

An outstanding example of community-based design, the outdoor theatre won the gold award in the Commercial Architecture category for public and corporate buildings. Led by professors Ted Cavanagh and Richard Kroeker, the Dalhousie team collaborated closely with the local population, drawing on the strong community spirit and sense of place for design ideas.

Moored to a playground slide, the theatre playfully engages les suêtes, Cheticamp's notorious brute winds of up to 150 kilometres per hour. Wooden cribwork walls are perforated and curved to reduce resistance to the wind, and rock ballasts provide further support.

"The thing that's really strong about it is that the whole community was involved," says Prof. Cavanagh.

Al Scott, director of Athletic and Recreational Services. In order to qualify, varsity athletes must maintain an 80 per cent average (GPA 3.43) in their studies.

Top honouree was **Hilary Burn** (LLB'05), a cross country runner who placed among the top eight student-athletes in Canada. A Dean's List student, she earned a gold medal at the CIS Track and Field Championships, and now works in Boston as special assistant to a judge.

The mind-body connection generates success in both areas, and it has long been recognized that one informs the other, Dr. Sam Scully, Vice-President, Academic and Provost, said in congratulating the students.

ATV rules toughened for young riders

In the wake of intense lobbying from health care professionals, the Nova Scotia government recently toughened regulations for younger riders of all-terrain vehicles.

"It's an improvement but it doesn't go nearly far enough," says Dr. **Natalie Yanchar**, medical director of trauma care at the IWK Health Centre and assistant professor of surgery in Dalhousie's Faculty of Medicine. "We need to set the bar much higher. We can't compromise on child safety."

Passed December 6, the revised laws ban children under age 14 from driving ATVs except on closed courses under strict parental supervision, after taking a training course, with a trained first responder or paramedic on site. Children must wear protective gear and safety training is also required for their parents or supervisors.

"All-terrain vehicles must be treated as motorized vehicles, not toys. No one under the age of 16 should be operating them anywhere, anytime, any size. Period," Yanchar said at an October news conference, calling for a mandatory driver's licensing system and other recommendations of the Voluntary Planning Task Force on Off-Highway Vehicles.

As ATVs have gained popularity as rural recreation in recent years, hospital admissions for injuries have increased by 50 per cent across Canada, and more than a third involve children. At the IWK, hospital admissions for ATV-related trauma have tripled in the past seven years.

The issue polarized politicians and the public throughout the fall, intensifying when two girls, ages 14 and 15, were killed in an ATV accident near Shubenacadie, N.S. The Canadian Pediatric Society advises banning children from even riding as passengers on ATVs until age 16, arguing they don't have the judgment, coordination or strength to operate the vehicles safely or react in a crisis.

"The risks of letting kids ride ATVs far outweigh any benefits to society," says Yanchar.

The medical community plans to monitor enforcement of the new laws and is in the process of establishing Injury-Free Nova Scotia, a coalition for advocacy, intervention and public education.

Due to take effect April 1, the amended Off-Highway Vehicles Act also limits areas where ATVs can operate, to protect sensitive ecological sites, waterways and beaches.



Photo: Abriel

Dr. Natalie Yanchar, advocate for stricter controls over all-terrain vehicles



Photo: Knecker

Award-winning Le Théâtre Petit Cercle was designed and constructed by a team of 27 students and professors from the Faculty of Architecture and Planning.

From idea to innovation

Why commercialize research? This was the question asked by Ronald Layden (BSc'79) at the official opening of the Industry Liaison and Innovation Office. Layden, the office's executive director, explained the benefits of commercializing research and Dalhousie's involvement in assisting the private sector through the work of the Industry Liaison and Innovation Office.

"We help to ensure that brilliant discoveries are further developed to serve society," he said, adding that when Dalhousie extends its expertise to industries in Atlantic Canada, everyone wins. "These partnerships generate research dollars, create jobs and strengthen the economy."

Dalhousie's National Research Council – Industry Research Assistance Program (NRC-IRAP) is managed by the Industry Liaison and Innovation Office. The program is a liaison service between Dalhousie and private industry, helping small and medium-sized businesses to compete and grow.

The program gives these companies the opportunity to get science and technology assistance from leading researchers at Dalhousie. Researchers here benefit from working on current and challenging industry problems, and developing relationships with companies.

The Industry Liaison and Innovation Office is the front door for linking the academic community and private industry opportunities, ensuring that those brilliant discoveries develop past the idea stage, into real research and tangible applications.

Journey to discovery

The planned Life Sciences Research Institute (LSRI) is one step closer to reality with the unveiling of architectural drawings. The LSRI, a joint project of Capital Health, Dalhousie University and the IWK Health Centre, will provide much needed research and incubator space for the region's growing life sciences and biotechnology sectors.

"The LSRI is the culmination of years of community effort to create a facility that will enable our life sciences sector to truly flourish," said **Stephen Dempsey**, president and CEO of the Greater Halifax Partnership and host of an unveiling event at Pier 21 in Halifax. "The life sciences are among one of the fastest-growing sectors in our region's economy. It has tremendous potential not only to create employment and attract investment, but to improve quality of health care – and life – for people in the region."

The lead tenant of the LSRI will be the Brain Repair Centre (BRC), a world-renowned collaboration involving a multi-disciplinary cast of basic scientists, clinicians such as neurosurgeons and psychiatrists, other health professionals and trainees. The centre, led by neurosurgeon Dr. Ivar Mendez, will be dedicated to finding treatments, cures and prevention strategies for such devastating conditions as Parkinson's disease, Alzheimer's disease and spinal cord injury.

WHW Architects Inc. of Halifax designed the \$34 million, five-storey LSRI, to be constructed



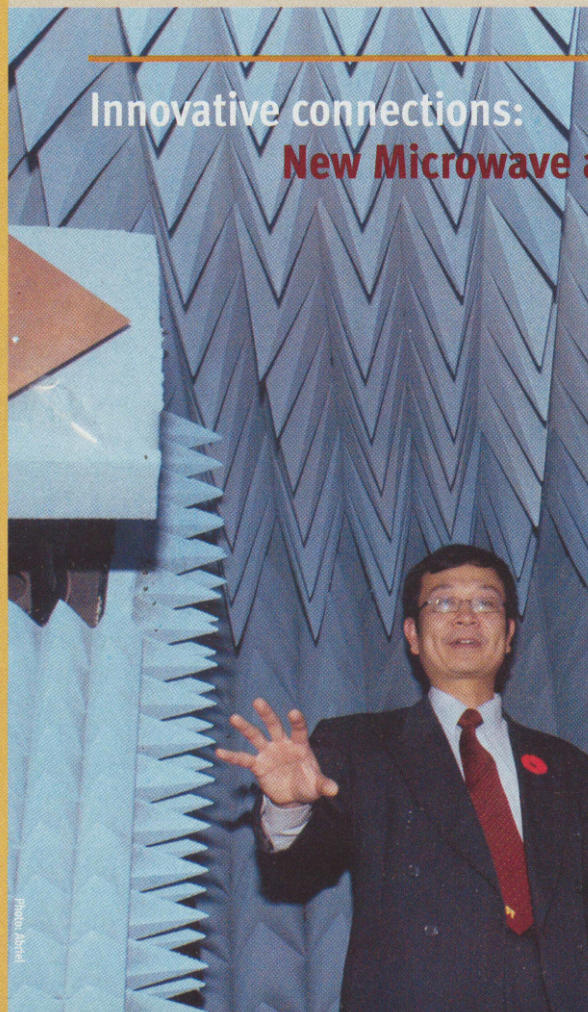
Innovative connections:

New Microwave and Wireless Lab opens

When Dr. David Chen, P.Eng was a boy in China, his father, a university professor, told him that the images of the tiny, green television screen he was looking at came from the sky. At that moment, the power of technology fired his imagination and became a concept that shaped his life. Now, many years later, Chen and his team have created a new Microwave and Wireless Laboratory at Dalhousie University.

The lab results from co-operation among Dalhousie, the Atlantic Canada Opportunities Agency and industrial partner Seimac Ltd.

Dr. David Chen inside the Microwave and Wireless Laboratory



Confidentially yours: Privacy and Security Lab opens

Privacy once meant not airing your dirty laundry with the town gossip, while security was as simple as being sure to lock your door before turning in for the night.

But keeping your personal business under wraps in this age of electronic data exchange is becoming increasingly complicated – so much so that a new research facility at Dalhousie will focus on the ins and outs of keeping confidential what's meant to be.

"Many of the technologies that we rely on for our day-to-day activities involve computer systems that are vulnerable to attack," says Dr. **John McHugh**, who will direct Dalhousie's new Privacy and Security Lab (PSL). "As we progress to significant computing power in home appliances and start connecting these with networks, there's greater potential for damaging attacks."

Dr. McHugh adds that growing reliance on computers and networks to operate essential systems like power distribution, transportation, banking and health care increases the risk that security breaches could impact large numbers of people.

Dr. McHugh joins the Faculty of Computer Science as Canada Research Chair in Privacy and Security. He'll bring together the university's computer scientists with its experts in law, medicine, management, public affairs and the social sciences to study how best to protect the electronic property of industry, government and individuals. Dr. McHugh says the challenges his lab will work to address are significant and growing, with the potential to have a negative impact on most any individual.

"As the information stored on computer systems becomes more valuable, we see more and more criminal involvement in things such as identity theft, credit card fraud, and so on," he says. "I suspect that criminal involvement in privacy and security breaches is an accelerating trend. On top of that, the national security interests that were dominant in the field are still there. Most of our research addresses parts of these problems, and even small steps towards solving them can be significant."

The facility's primary private sector sponsor is the world's leading IT security company, Symantec. Dr. McHugh says the Privacy and Security Lab will initially focus on studying areas such as wireless security, privacy of electronic information – especially medical records – detecting intrusion into online databases, and network security. He adds that because the lab is just getting started, its scope will grow and change.

"I hope to expand these projects and add research in the areas of secure systems development and secure interface design," he says. "We'll be working to partner with colleagues at Dalhousie and other institutions, both within Canada and elsewhere."

Dr. McHugh says the lab also has an educational mission. "Many security problems are the result of programming failures, and we see that the way programming and software engineering are taught contributes to these failures," he says.

As for how the work conducted at the Privacy and Security Lab might affect people in their day-to-day lives, Dr. McHugh says, "I suspect that retaining what little privacy we have is going to be the issue with the most everyday impact."

It's a challenging mandate, to say the least, but one with the potential to offer each of us a little more protection in an increasingly computerized – and insecure – world.

– Stacey Pineau

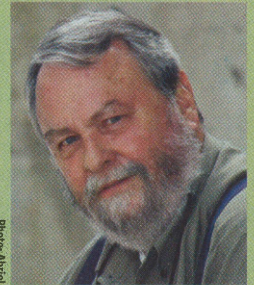


Photo: Aihnel

Dr. McHugh

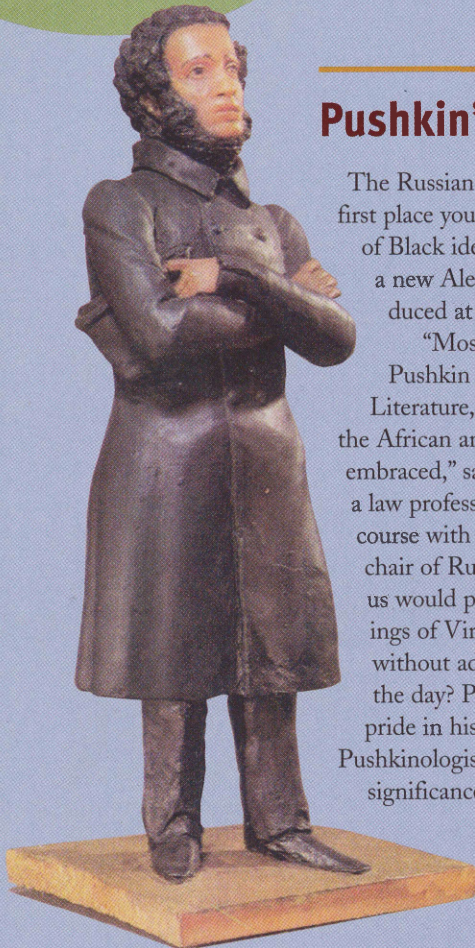
on property at College and Summer Streets, Halifax. Representatives of the LSRI governing council – Don Ford, CEO of Capital Health, Tom Traves, president of Dalhousie University, and Brian MacDougall, vice president of operations and support services at the IWK Health Centre – unveiled the architectural drawings.

– *Dalhousie Medical Communications*

Dr. Chen, the lab's director, holds the Killam Chair in Wireless Technology in the department of electrical and computer engineering. "Our goal is to make this Microwave and Wireless Laboratory a leading international research facility," he says. "The lab allows us to do research that will help create new wireless applications and provide high-quality training in wireless and space technologies." He adds that the new lab will also help attract more researchers to the Atlantic region.

"Our resources are now available for any wireless research and development in the region," Dr. Chen says. "That means we are capable of more rigorous testing and improved research results that relate directly to industrial applications. Ultimately, this leads to more commercialization."

Pushkin's African heritage explored in new course



The Russian Studies department isn't the first place you'd expect to delve into issues of Black identity, but that's the focus of a new Aleksandr Pushkin course introduced at Dalhousie this past fall.

"Most people are familiar with Pushkin as the Father of Russian Literature, yet remain ignorant of the African ancestry which he openly embraced," says Dr. Esmeralda Thornhill, a law professor who co-developed the course with Professor John Barnstead, chair of Russian Studies. "Who among us would purport to examine the writings of Virginia Woolf or George Sand without addressing gender issues of the day? Pushkin always maintained pride in his African heritage, yet Pushkinologists failed to investigate the significance of his racial identity in his life and oeuvre."

The class offers a detailed examination of the famed author's work and his background. His

paternal lineage was Russian aristocracy while his maternal great-grandfather, Ibrahim Gannibal, a Black African, was kidnapped as a child and sold into slavery. Adopted by Czar Peter the Great, Gannibal was educated in France and rose to the highest military rank in the Russian army, but this African ancestry is rarely broached in Pushkin studies.

The historical omissions and distortions about Pushkin's

ethnicity mean an enormous amount of research remains to be done. There are even racially motivated choices in some translations of Pushkin's writings, adds Barnstead. It remains a topic of concern in contemporary times – in October, singer Beyoncé was at the centre of a firestorm over allegations her skin was technologically whitened on a magazine cover.

"It is extraordinarily interesting," says Barnstead. "If you begin with the premise of a person of mixed race encountering discrimination, you find that the whole world of Pushkin's writing can be turned upside down. It gives you a much different perspective on his works."

The inter-faculty collaboration began in 1998, during Dr. Thornhill's mandate as first holder of Dalhousie's James Robinson Johnston Endowed Chair in Black Canadian Studies. She hosted a commemoration of the 200th anniversary of Pushkin's birth to celebrate his impact on world culture, with poetry readings and a public lecture by Dr. Molefi Kete Asante, the founder of Afrocentric theory.

Professors Thornhill and Barnstead have been amassing a solid corpus of production on Pushkin, presenting papers in Moscow and Canada, conducting funded archival research in the U.S., and establishing contact with a burgeoning community of scholars who are also interrogating the racial silences. It's worth noting that alumna Nicole Boudreau (BA'91) is president of the North American Pushkin Society.

Offered every two years, the Pushkin course is a great example of how the Johnston Chair is establishing Dalhousie at the forefront of Black Canadian Studies.

"It was a really visionary decision on the part of the university," says Prof. Barnstead. "It's had long-range effects and the focus can be cast over many departments. Students get the best of both our worlds."

Marimba madness!

The music department started the new year off with a bang when it presented "Marimba Madness" to celebrate the department's fabulous new five and a half octave Yamaha marimba. Dalhousie is one of only two universities in Canada to have acquired a five and a half octave model, used as an orchestral and a solo instrument.

In a myth of the Zulus of South Africa, there is a tale about a goddess named "Marimba" who made an instrument by hanging gourds below wooden bars. Marimba was brought to South America in the early 16th century by the Africans who were taken there as slaves. There, Guatemalan Sebastian Hurtado constructed a marimba with wooden resonator pipes instead of gourds, forming the basis of the modern marimba.

Plenty of room for all: the music department's new five and a half octave marimba being played by students Liz Kilpatrick, Ryan Gray and Ben Duinker.



A fitting tribute

The name of Dalhousie's chancellor, one of most celebrated figures in Canadian pediatric medicine, is going up in lights at the children's hospital he has served since 1967. The IWK Health Centre in Halifax

has announced its new addition will be known as the Dr. Richard B. Goldbloom Research and Clinical Care Pavilion.

"Flattered and deeply touching," was the way Dr.

Goldbloom described

the accolade. The salute really acknowledges a long-standing perception: the IWK and Dr. Goldbloom have been so closely linked over the years that in the public mind they have become nearly inseparable. The hospital has grown into a world-class regional children's medical centre with facilities for first-rate treatment and research.

– Betsy Chambers



Dr. Goldbloom

AAU honours 'distinguished teacher'

Professor **Stephen Coughlan's** (LLB'85) students have always known that they were fortunate to be able to study law with a gifted teacher. This year his teaching was recognized by the broader academic community when he received the Association of Atlantic Universities Distinguished Teacher Award that recognizes excellence in teaching over a number of years.

Having previously received the Dalhousie Law School Teaching Excellence Award, the Hannah and Harold Barnett Award for Excellence in Teaching First Year Law, and the Dalhousie Alumni Association Award of Excellence for Teaching, Professor Coughlan well deserves this external recognition for his commitment to his students and to the development of teaching and learning at Dalhousie University.

Steve, as he is known by his students, works extremely hard to ensure that his students truly master the material for themselves, not simply memorize it. He deals with complex legal concepts through innovative games and activities, through analogies or by using film characters like Indiana Jones. Students quickly and accurately engage with Criminal Code self-defence provisions after watching Indiana Jones shoot a sword-wielding villain. This approach is more

fun, but it also transfers an abstract discussion into real life terms. By doing so, he creates camaraderie between his students, and a desire in them to understand the law.

"Steve knows all his students by name early in the year, has a parade of eager student faces at his office door (which is always invitingly open) and is legendary for his ability to integrate sound learning with memorable techniques which make his brand of wisdom stick in students' minds," says law professor Bruce Archibald (BA'70, MA'71, LLB'74). Colleagues attest that Steve's classes are student-centred, active, engaging, and challenging. He starts from the premise that his students are intelligent individuals and that his job is to mentor them in their chosen profession. His students also enjoy his sociable nature and his commitment to spending time with them via extra-curricular activities.

Steve has taught not only at the Law School where he teaches a range of courses and has coached students in preparation for a number of external Moot competitions (travelling with them to cheer them on), but also at the Dalhousie Legal Aid Clinic as students test their theoretical knowledge in a practical setting. He also teaches an Introduction to Law course offered to the Faculty of Arts and Social Science which he helped to design as the only mandatory course for the minor in law and society. He is also a generous colleague sharing his time, experience, and expertise with others through formal mentoring programmes and on an informal basis when, for example, past students across the country contact him to ask his advice on legal issues. This is a true testament to a memorable teacher.

– Dr. Suzanne Le-May Sheffield, Centre for Learning and Teaching



Photo: Avriell



A helping hand for world's poorest children

Peter Dalglish, advocate for street kids, first identified his calling when he was a student volunteer.

by Carol Moreira

THE PHOTOGRAPH of the hungry boy published in the *Halifax Chronicle-Herald* of November 2, 1984, kept Peter Dalglish (LLB'83) awake.

The picture showed a boy in a refugee camp being carried on his father's shoulders in northern Ethiopia. It was one of the first images of the African famine to reach the West and Dalglish, a 26-year-old student at Dalhousie Law School, found it troubling.

"The child had his arms around his father's head, and you could see he had total trust in his father's ability to provide," Dalglish wrote years later. "But if you looked in the father's eyes, you recognized the look of a desperate man. He had no idea where their next meal would be coming from."

Dalglish felt moved to act and came up with the ambitious idea of organising an airlift of food and supplies out of Atlantic Canada.

His friend, Liberal MP John Godfrey, was president of the University of King's College at the time.

"I was standing in the provincial election," Godfrey recalls. "One evening about 9:30 I came in from canvassing and there was a knock on my door. It was Peter; he'd just seen televised images of the famine. He said, 'We've got to do something.'"

I said, "Can't it wait until after I've lost this election?"

But Peter, with typical high energy and impatience, said "No, we've got to do something now."

Dalhousie students, faculty and the Maritime community rallied round and made the airlift a success. The situation revealed Dalglish's talent for devising schemes to help poor children. Later, when he travelled to Ethiopia and had to bury youngsters for whom food had arrived too late, he experienced a moment of clarity that put paid to his fledgling legal career.

"Here in Gode on the last day of the year, in the presence of children who had just lost the great gift of life, I found my calling. I realized my place on earth was with desperately poor kids who had



few friends or allies," he writes in his sobering autobiography, *The Courage of Children, My life with the world's poorest kids*.

Twenty years later, Dalglish has won international acclaim for his efforts and is still working alongside poverty, violence and death. He has had to be emotionally tough. In 1985, a plane carrying two children he was evacuating from famine and war in the Sudan was shot

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Photo: Scott Murray

down. In Guatemala, he worked with the parents of children murdered by the police. Many times, he has had to leave vulnerable children.

"My experience in the Sudan haunted me," he writes in his book. "I felt profoundly guilty for leaving the projects I had started and for abandoning the children who had become my friends."

How does he cope with constant hardship and danger?

"I'm not courageous but I'm good at assessing risk," he explains in a telephone interview from Kathmandu, Nepal, where he's teaching a weekly class as a volunteer at the Shree Mangal Dvip Buddhist School that educates the children of poor, low-caste Himalayans. He's also working on an educational project with the children of Calcutta sex workers.

"I'm basically optimistic and I believe people have the strength to deal with adversity," he says. "I have to believe I can make a difference in the lives of a few children. If your day ends with the cremation of an 11-year-old girl, you find a few friends and drink some cold beer. The next day you've got to be good because other kids need you."

His spiritual beliefs also help.

"I believe in something bigger than ourselves and I see religion as a device to understand that. When I was a boy in Ontario, my Catholic teachers had a positive impact on me although I have struggled to find a place for myself in the Catholic church of the 21st century which seems more like the 16th-century church in matters of social justice."

In his autobiography, Dalglish writes that if not for the Ethiopian famine, "I suspect that today I'd be practising law, wearing red suspenders and attending Upper Canada College reunions to check on the progress of my age mates."

Dalglish was motivated to study law as an instrument of social justice but soon found he disliked desk work.

"Peter would have been an impatient lawyer and I don't know how the daily grind would have suited him," says Godfrey. "Peter has a high taste for adventure. He is clever and quick with a flair for drama. He has great presentation skills and pretty complete self-confidence."

Mary Clancy, another of Dalglish's friends and a lawyer and former Liberal politician in Halifax, describes Dalglish as idealistic and pragmatic.

"He's an instigator; he talks people into putting something in place and then moves on," she says. "He has a restless

spirit and a restless mind. He's a fine human being but he's no saint. He likes his creature comforts, such as a good steak, and he likes his own way."

Dalglish's focus has always been on creating ways for poor kids to become self-sufficient. His legal training has helped.

"Law is a great training – for writing, diplomacy, politics," he says.

But diplomacy is probably not Dalglish's greatest strength. He is vocal in his criticisms of institutions, particularly the UN. He was director of the UN program, Combatting Child Labour, in Nepal from October 2002 to May 2005. He's now senior adviser in Nepal to the Swiss NGO Terre des Hommes on working children, child soldiers and street children.

"Many UN employees care most about their salaries, their per diems and their next postings," he says. "I've met some courageous and dedicated people in the UN system but they are the exception."

Dalglish also brings youngsters from the developed world to work with children in developing countries.

"The volunteers usually say it's the most powerful experience of their lives," he says.

There are many things he misses about Canada – most obviously, the fact that wealth inequalities here are not extreme.

His Dutch wife, Nienke Schaap, and their eight-year-old daughter, Annelie, live in Amsterdam but the family returns to Canada every August to enjoy this country's vast open spaces. Dalglish loves Canada's pristine lakes but is not planning a retirement slumped in an Adirondack chair. The work that began 20 years ago in Halifax continues to absorb him because children continue to suffer.

"I bounce to work every day," he says. "I feel poor kids deserve the best."

Peter has suggested that contributions from readers to support the studies of girls and boys at Shree Mangal Dvip School in Kathmandu would result in changed lives. For information, visit www.himalayanchildren.org.

Peter Dalglish has chosen the road less travelled. He shares his perspective from two decades of helping children around the world – from Ethiopia to Sudan, from Zambia to Nepal.

Courage in the most unlikely places

by Peter Dalglish (LLB'83)

OVER THE LAST 20 YEARS I have worked with bruised and battered children confined to squalid cells in jails and mental institutions, with girls struggling to read and write in Taliban-ruled Afghanistan, and with semi-nomadic children living on abandoned oil barges on the White Nile in South Sudan. My original career path would have seen me practising law, and enjoying the charms of Halifax, a city I came to know and love while attending Dalhousie Law School.

Everything changed on account of the Ethiopian famine of 1984, and the experience of visiting feeding centres in the Ogaden Desert with John Godfrey in December of that year. John was president of King's College, and had conscripted some of his best students to help with Ethiopia Airlift, the charity that we ran out of the college basement. George Cooper, the member of Parliament for Halifax, successfully lobbied Ottawa to provide two Air Canada cargo aircraft to transport the 80 tons of emergency relief items that we had collected. The planes took off just before midnight on December 24th and headed out over the Atlantic Ocean, where they were greeted by light of Christmas day. I can remember the exact moment while walking amidst the sick and hungry

Children employed at a brick factory in Pakistan.

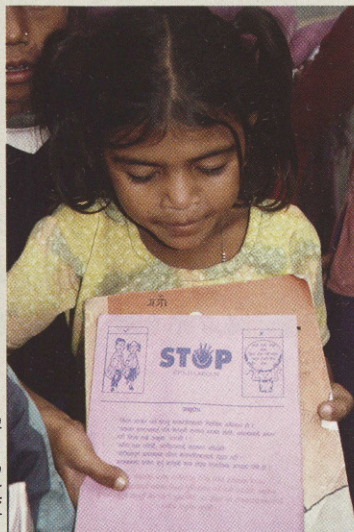


Photo: Dalglish

Child domestic worker with her first school book near Pokhara, Nepal. Nearly one-third of all children in Nepal are working, many full time. Domestic workers rarely have the opportunity to attend school.

(Far right) Peter in Kathmandu with leadership class students from Shree Mangal Dvip School.

Photo: Daljish



in one of the Ethiopian camps when I understood for the first time that I needed to find a way to help these kids, and that this would be my profession.

In the summer of 1985, only days after being called to the bar of Nova Scotia, I bought a one-way ticket for Khartoum, Sudan, and ended up organizing humanitarian assistance for children displaced by a drought of biblical proportions in Darfur. I was 27 years of age, and was assigned a team of 60 men, including drivers and mechanics and radio operators. The experience of burying dozens of dead Chadian girls and boys in empty food grain bags seared me for life. In 1986 I began the Sudan's first technical training school for street children, funded by Bob Geldof of Band Aid. Pickpockets, petty thieves and housebreakers were transformed into carpenters, welders and electricians; the graduates were hired by local businesses.

I went on to launch Street Kids International with the idea that poor children deserved the best programming that the world had to offer – and that a small group of people could make a big difference in lives of children living thousands of miles away. In 1994 we were the first Canadian NGO to be awarded the Peter F. Drucker Prize for Non Profit Management in recognition of our efforts to use animated films to teach street children about the danger of HIV/AIDS.

I am sobered by the fact that many of the children whom we worked with in Zambia have since succumbed to the disease – and even some of the adults whom we hired as HIV/AIDS educators. When I was recently in Rio de Janeiro leading a

youth seminar I searched for two children I had befriended more than 15 years ago only to learn that they had died young as victims of gang violence. I was offered the chance to visit the cemetery where they are buried but I refrained: I wanted to remember them as beautiful and strong kids, working hard to keep their families together, and spending any spare moments playing in the waves of Ipanema beach, happy and free.

Since October 2002 I have been serving as the chief technical adviser for the International Labour Organization's program to combat the most exploitive forms of child labour here in Nepal. The nation is on the edge of anarchy, and tens of thousands of destitute children have been lost to India, where they search for peace and legitimate work, but where most end up employed in brick kilns, factories, and brothels.

The worst part of my job is losing a child to disease or violence, or witnessing a child's total despair after having his shoe shine kit confiscated by the policeman who demands a bribe, or visiting jails and recognizing kids who once were enrolled in our programs. Now all hope is lost. They reach their fingers through the steel bars to make contact, and a few words are spoken between us. And then I move on.

The best part of my work is being associated with remarkable children – spontaneous and ingenious and extraordinarily optimistic girls and boys despite their abject



Photo: B. Maharjan

poverty. Since I arrived in Kathmandu I have had the honour of teaching a weekly class on global issues to talented Buddhist children from the Tibetan border region – children whom have been hand-picked for the privilege of studying at a school associated with one of Nepal's most important spiritual leaders, Thragu Rinpoche. Their day at Shree Mangal Dvip School begins at 5 a.m. with one hour of prayers in Tibetan, followed by two hours of self study. Five of the students from my class have won scholarships to study overseas, including three young women now studying at United World Colleges in Norway and Italy. I keep a card from one of them on my desk in Kathmandu: "I am aware of this golden opportunity and I will try to do my best," writes Ms. Dawa Dolma, age 16.

Dawa Dolma is one of ten kids, and is the only one to finish grade 10. She has promised to return to her village for at least two years after she completes her studies overseas to serve her community. Her dream is to see all the children in her village finish secondary school – especially the girls.

You can find courage in the most unlikely places – in a refugee camp, a jail cell, or a classroom full of Tibetan kids struggling with their English grammar lesson. I have the extraordinary privilege of being allowed into their world, on their terms. After 20 years along this path, I know that there's no turning back. dal

Decision time

for students and parents

by Cathy MacDonald

I'm not sure where the time went, but the daughter who wanted a Little Mermaid backpack for her first day of Primary is all grown up and heading to university this fall.

IT'S AN EXCITING, YET STRESSFUL time for us both. As decision-making deadlines approach, a lot of questions have to be answered, ranging from our shared academic concerns – “What university offers the best program?” – to my motherly worries: “Where will my ‘baby’ live? What will she eat?”

Dalhousie is one of the universities she's been interested in since attending Discover Dal Open House last fall. Now, I'm sure she asked a lot of great questions while she was there, but if I'm going to pay more for four years' tuition than I did for my first house, I have a few questions myself.

I started right at the top, with Dalhousie University president Tom Traves, whose first experience with Dal was as a dad in 1991 when his daughter enrolled.

“I'm like Victor Kiam and the Remington razor company, I liked it so much I became president,” jokes Dr. Traves, who was vice-president of UNB during his daughter's time at Dal. “My daughter had an excellent experience, and as a father, I had a very positive one as well.”

Set to begin his tenure following his daughter's spring 1995 graduation, the incoming president opted not to sit on

stage, but instead sat with all the other dads in the audience.

“Dalhousie is really the best of both worlds,” he says, speaking from personal and professional experience. “We're the largest university in the Maritime region. Nationally we are a mid-sized university, but we offer a huge and excellent academic program. On top of that, we have the best student to full-time faculty ratio in Atlantic Canada at 14 to 1, according to the 2005 Canadian Association of University Teachers (CAUT) Almanac of Post-secondary Education.”

About the only words sweeter to a mother's ear would be, “You look too young to have a daughter going to university!”

As well as high academic standards, Dr. Traves points to the university's commitment to offer students as many course choices as possible to fit their interests. “The reality is, students often change their mind as they go along,” he says. “We continue to diversify to benefit our students, offering choices you cannot access in smaller schools.”

As any parent knows, flexibility is a good thing. It certainly helped student Krysta Gallivan. Now in her final year of pharmacy, she discovered she also had a

strong desire to study languages. She chose to do a BA, two years with a declared double major in French and Spanish. By careful selection of electives, she was also able to complete the prerequisites for pharmacy over the two years. Her younger sister Lindsey is in her second year of a BSc program, but is also taking classes with eye to a possible transfer to business.

Both are the daughters of Terry Gallivan, one of Dal's recruitment leaders. He was next on my list of people to talk to. As recruitment leader, he answers a lot of questions about meal plans, which include vegetarian options, and about residences, which include older traditional buildings like Shirreff Hall, or new modern buildings such as Risley Hall and Fountain House (Howe Hall). And with single rooms comprising about 80 per cent of Dal's residence space, there's a good chance my kid could have her own room – something she doesn't have at home.

“I let both my daughters know that they were welcome to live in residence,” says Gallivan. “One chose to do so, one didn't. And I encouraged them to find opportunities that were open to them, like the varied extra-curricular life,” he continued. “As a father, I wanted to be sure they made an informed decision to come to Dal. I encouraged them to attend school college fairs, to visit Dalhousie, to chat with other people on campus.”

While there are many on-campus groups and societies to join, Dalhousie is also provides a doorway to the rest of

the world. Dr. Traves spoke highly of the university's international profile, which sees about eight per cent of the university's 15,000 students coming from other countries. The university also has partnerships with about 100 different organizations worldwide – including Oxford University – allowing 400 students per year to study abroad.

It all sounded good, but seeing is believing. What did former students have to say about their time at Dal? Philip Duguay (BA'05) said international study opportunities formed the basis of what he calls his "excellent education."

"I did two exchanges, one to Senegal, and the other to Glasgow, Scotland," says Duguay, Dalhousie Student Union's Vice-President (Internal) for 2005-06. "They gave me tremendous life skills."

Duguay grew up in a suburb of

strongly influenced Irish hurley star Tony Griffin's decision to travel thousands of miles and enroll in the kinesiology program. "I talked about Dalhousie to him, spoke about the great programs here," remembers McDonough, who met the man he calls 'the Wayne Gretzky of hurley' while establishing his own highly successful chain of chiropractic clinics in Ireland. (In fact, during our interview, McDonough readily offers to speak to my daughter, when he learns she's interested in the same program, and he later suggested faculty she might contact.)

At Susan Zed Barry's home near Rothesay N.B., potential students don't have to go further than the kitchen table

demographic reputation has always been attractive," Barry says, acknowledging her youngest child is also considering Dalhousie after high school graduation. "As a student, you're exposed to a lot of programs."

In Ottawa, Todd Burke (LLB'90) is a partner in Gowlings, one of the largest and most diverse law firms in Canada. Last year he offered to host a Dalhousie evening for prospective students and parents. The event, held in a room overlooking the Parliament Buildings, was highly successful and Burke plans to host another.

"Very often Dalhousie comes up in conversations I have with people in the context of students looking for good law schools," Burke says over the phone. "I

"I encouraged both my daughters to find opportunities that were open to them . . . As a father, I wanted to be sure they made an informed decision."

Hartford, Conn. When it came time to attend university, his twin brother chose one in Vermont. Duguay almost went to an American university, but settled on Dal because his neighbor recommended it. Like many alumni, Dr. Montgomery MacNeil (DDS'80), associate dean for academic affairs at the University of Connecticut School of Dental Medicine, speaks proudly of his Dalhousie roots.

"Monty was the guy who reassured me Dal was an excellent institution," recalls Duguay, a member of the varsity cross-country team for two years. "I was here three days and I knew it was the right place for me. I flourished here."

Another alumnus spreading the news is Travis McDonough (BScK'94) who


to meet alumni. "Our family ties are very strong," says Zed Barry, (BSc'79, DDS'83) the second eldest of seven children who attended Dalhousie. While there, she met husband Michael Barry (MD'82). Three of the couple's four children chose to attend their parents' alma mater.

The oldest, Amelia, (BSc'05) has graduated from Dalhousie, while daughter Kaitlyn is in her second year of a business degree, and Caroline is a first year science student.

But university decisions were based on more than family tradition. "Dal's aca-

went to Dal, and I had a fabulous experience there," he says. "I believe we have a responsibility when we graduate to continue promoting the university. Now, more than ever, it's important for students to make the right decision."

It's February, and like thousands of other high school students, my daughter has taken the step of applying to Dalhousie, and over the winter is thinking about her final destination.

As soon as she decides though, I'm sure she'll quickly let me know where to send the cheques. 



Dal dad Terry Gallivan with daughters Krysta and Lindsey at Risley Hall

Kicking the h

An award-winning health promotion campaign motivates young people to kick the habit

by Keri Irwin (BA'98, BCom'01)

WE HAD JUST SETTLED into our seats at Empire Theatres, anticipating the movie and leaving the stresses of the work week behind, when the previews came on. Instead of advertising the latest film, the picture showed a pair of thin, poorly groomed young men standing in front of a burning barbecue, smoking nervously. The seemingly friendless, leather-and-flannel-clad duo, were about as far from the suave Marlboro Man as you could imagine. The two awkwardly began commenting on their 'Great Reasons to Smoke' – including developing better manners. Smoking has made them more polite because, "When you are a guest in someone's home you ask your hosts where to butt out" or ask others to, "Please accept that I am smoking," or when in a non-smoker's presence you ask them, "Do you mind if I smoke while you eat?" Ironic and satirical, these catchy ads cause you to think. While "Great Reasons to Smoke" might sound bizarre, so does justifying the habit.

The mover behind this innovative public education campaign is Nancy Hoddinott (BSHE'90). The face of healthy living, she works at keeping herself healthy and she has been working to improve the health of Nova Scotians, currently as the manager of Social Marketing for Nova Scotia Health Promotion.

With Nova Scotia reporting the highest smoking rates in the county, Hoddinott had to do something different. Her background in health education provided the founda-

tion for the edgy and unorthodox anti-smoking campaign. To target the hard to reach, media savvy 19 to 24 year-olds, she commissioned Andrew Doyle and Halifax-based Extreme Group.

Rather than guessing how to reach this audience, they went to the source – holding focus groups to gain insights about why young people smoke, who they smoke with, when they smoke, and even when and why they wouldn't smoke. The result – "Great Reasons to Smoke."

The unorthodox characters were developed as an alternative to the Marlboro Man. "Youth were embarrassed to admit that they also rationalized their habit in a similar fashion," recalls Hoddinott. "That's when we knew we were onto something."

The creative artwork was edgy and it had the intended impact. Nancy believed in what she was doing and was passionate to bring about change. She worked with stakeholders to educate them about the approach and key campaign messages, giving them the tools to answer questions that arose.

To evoke change, Hoddinott also built on awareness with a comprehensive campaign, including taxation, legislation/policy, treatment programs and community based programs. Policies that restrict or ban smoking made it inconvenient to start up or continue smoking. In addition it created an environment that made it more convenient to quit. Hoddinott engaged leaders throughout the province

abit



GREAT REASONS TO SMOKE

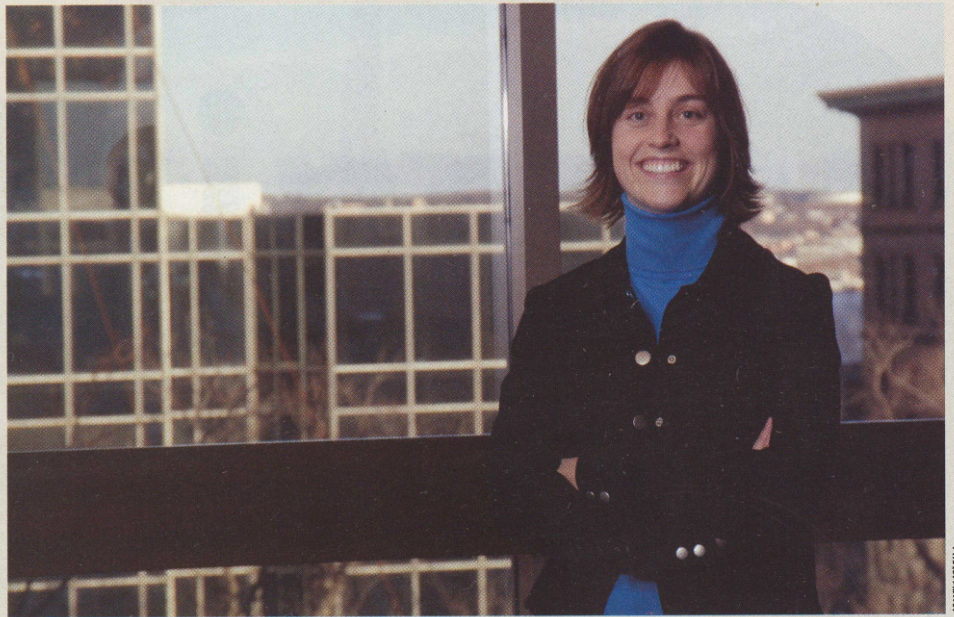
#13: Better Manners

"Since I started smoking I've been a little more - you know - generally I'd say - polite."

"Like if you're at a party or somethin' you're like 'hey can I butt out in your plant? Or like do you mind if I just throw it on the floor?' I mean - you ask them. Where to butt it out... 'Do you mind if I, like, smoke while you're eatin'? You know like, generally be more polite that way, too."

Images from the Great Reasons to Smoke campaign courtesy of Extreme Group

Nancy Hoddinott of Nova Scotia Health Promotion spearheaded an innovative anti-smoking marketing campaign.



at all levels, from grassroots to government. By juxtaposing a marketing model over a social issue, she was able to do something exciting, generating awareness, shaping attitudes and then changing behavior.

The ads generated a breakthrough among the 15- to 18-year-old group. Within three days of the launch of the website (www.sickofsmoke.com), interest spread across North America. The campaign started generating calls. "If you don't hear complaints about your smoking campaign, you aren't doing your job," says Hoddinott. "When the calls come in you know that the ads are being seen and heard. It's even better when you hear that people are using the ads as a catalyst to talk to their children about smoking."

Hoddinott and Doyle documented a shift in behavior among their respondents. There was a new shame associated with smoking. Smokers didn't want to be seen as smokers anymore.

There is still work to be done. Youth smoking rates remain higher than any other age group. Hoddinott continues to push for legislation to increase barriers to smoking, ideally leading to an increase in the number who will quit or not take it up.


Hoddinott is not alone in her fight. Dr. Andrew Lynk (MD'82, PGM'90) spearheaded the lobby for smoke-free legislation in the Cape Breton Regional Municipality. Named the Atlantic Canadian Specialist of the Year, 2004, by the Royal College of Physicians and Surgeons of Canada, Lynk shares a desire for change.

While their approach is working, change takes time. "The key to advocacy is passion, persuasion and persistence," says Dr. Lynk. He advises doing homework, understanding the opposition and decision makers, and being prepared to compromise. "There is no limit to what you can accomplish if you don't care who gets credit for it," remarks Dr. Lynk, reciting a favourite Harry Truman quote. Tobacco companies are becoming very creative and aggressive with their advertising. Dr. Lynk points to the number of young actors lighting up in movies as an example

of product placement. "I know that to effect real change it takes patience and persistence, there are no shortcuts," explains Dr. Lynk. "It doesn't mean that I still don't get impatient, it just means I know how to refocus my sights on the medium and long term view of the world."


Not only are Dalhousie graduates making an impact on the health of young people, the university itself is a trailblazer. Dalhousie was the first university in the country to go smoke-free and has been recognized by the Lung Association of Nova Scotia, the Heart and Stroke Association of Nova Scotia, the Nova Scotia Provincial Health Council and Smoke-Free Nova Scotia. In addition, over two dozen post-secondary education institutions across Canada, and several from the United States, have approached the university for information on its smoking policy.

More recently Dal has introduced support for smoking students who want to reduce their tobacco use. The program, Leave the Pack Behind, was developed by the federal and Ontario governments. Funding has been obtained from Health Canada and the program will be another first. Depending on the success of the program it could be expanded to other N.S. campuses – more good news for Hoddinott.

The biggest challenge for Hoddinott is to remain focused – to try not to tackle it all at once and acknowledge that a very directed campaign has a much greater impact. And impact is something that this graduate has. The ads have been short-listed with Cannes and won an ICE award. In 2004 thanks to the 'Great Reasons to Smoke' campaign, Nova Scotia Health Promotion was named one of 10 marketers that matter by *Marketing* magazine. 

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Alumni celebrate excellence

The A. Gordon Archibald Awards recognize alumni for outstanding personal service, commitment and contribution to Dalhousie University. Many programs and services that are offered by the university exist as a result of the loyalty, generosity, and dedication of our alumni. The Archibald Awards are named in memory of A. Gordon Archibald; the first person to be recognized as an outstanding alumnus of Dalhousie.

In the fall of 2005, the Dalhousie Alumni

Association (DAA) was pleased to present the Archibald awards to Joel Jacobson, Bob Parkin and Sheri Price.

As a student **Joel Jacobson** (BCom'63) was involved in campus life, serving as a staff member and sports editor of the *Gazette* and on various committees. Today, Joel is known for his inspirational columns in *The Chronicle-Herald* newspaper. Although a tireless volunteer and always in demand, Joel retains strong ties with Dalhousie, claiming "his blood runs black and gold."

Bob Parkin (BScPharm'51, MD'56) was involved in inter-faculty hockey and was a member of the Phi Kappa Pi fraternity. Living in the U. S. since 1969, Bob is one of Dalhousie's most loyal and valued supporters in the New York area and has played a leading role in the success of the Dalhousie University Foundation in New York City.

While studying at Dal, **Sheri Price** (BScN'92, MN'01) was involved with the Nursing Faculty Workshop and Curriculum committee. As an alumna, Sheri has served as

president of the School of Nursing Alumni Association and is an adjunct faculty member at the School of Nursing.

Award of Excellence for Teaching

Thousands of Dalhousie students and alumni know Dal's reputation for excellence in teaching. The DAA Award of Excellence for Teaching recognizes our professors who take teaching to an exceptional level. This year, the alumni association was pleased to present the award to Professor **Dennis Phillips**.

Phillips has made an impact on many psychology students since arriving at Dalhousie in 1983. He has held a number of faculty positions and is currently a Faculty of Science Killam Professor in psychology.

As it is his sincere wish that all students experience the joy of discovery, Phillips makes it a priority to be available to his students and to make each class informative and entertaining. He shows great enthusiasm for the material he teaches, bringing life to his lectures leaving students hanging on his every word.



Award winners (l.-r.): Dennis Phillips, Bob Parkin, Sheri Price, and Joel Jacobson

Classes of 1935 and 1945



Class of 1950



Dentistry 1950 and 1955



Engineering 1955



Reunions 2005 You've got class

Dal came alive for members of anniversary classes who gathered on campus to reminisce and reconnect. Receptions, class lunches, university tours and beautiful fall weather were all on the agenda. All alumni are invited again this year to **Reunion 2006, October 18-20.**



Class of 1955

Events

www.dal.ca/alumni

Taking Centre Stage

The vital role that early childhood education plays in shaping global citizens took centre stage on the Dalhousie campus on November 21, 2005. **Stephen Lewis**, former Canadian ambassador to the United Nations and current UN special envoy for HIV/AIDS in Africa, presented an inspiring speech to over 650 in Ondaatje Hall. A free public talk, this was the inaugural **Lloyd Shaw Lecture on Public Affairs**, established in memory of the late Lloyd Shaw. Shaw was a prominent Nova Scotia businessman and activist dedicated to creating opportunities for citizens to enact change and shape their own lives. Lloyd Shaw's family established an endowment at Dalhousie University to support a regular lecture series on critical public policy issues.

Below (l.-r.): Alexa McDonough (BA'65, MSW'69) Stephen Lewis, Robbie Shaw, (LLB'66).



Pub nights, Potter and Parliament Hill!

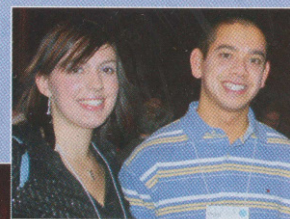
From the Dalhousie Annual Dinner, to pub nights in Ontario, a movie night in Halifax and our traditional holiday reception on Parliament Hill, our fall alumni events had us bouncing between Nova Scotia and Ontario.

In true Maritime style, Alexander Keith's birthday celebration spanned over two nights in October with back-to-back pub nights in Ottawa and Toronto. In November, more than 300 anxious Harry Potter fans gathered in Halifax for our movie night during the movie's opening week.

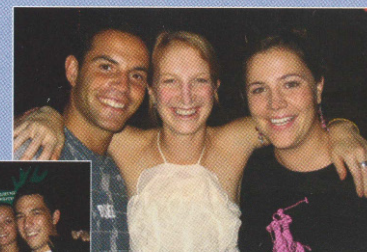
At our traditional Ottawa Parliament Hill reception, more than 200 guests mingled inside the West Block's stately Confederation Room, with light snow falling outside as the Hill's holiday lights were being lit, marking a nice start to the season.

Watch for spring events in Halifax, Toronto, Vancouver, Victoria

For event details and updates, visit our events schedule online at www.dal.ca/alumni



At the Parliament Hill reception: (top) Stephanie Collins (BSc'04), Philip Seeto (BSc'04); (middle) Senator James Cowan (BA'62, LLB'65), Judith Maxwell (BCom'63, LLD'91) with Dale Godsoe, Vice President External; (bottom) Senator Donald Oliver (LLB'64, LLD'03), Curtis McGrath (BMgt'04)



Happy birthday Alexander!
Dal alumni get a taste of the Maritimes at our Toronto pub night.

LAST CALL FOR 2006 ALUMNI AWARD NOMINATIONS

The **Dalhousie Alumni Association** is committed to recognizing the dedication, excellence and inspiration of our alumni. Help us celebrate by nominating a fellow grad for one of our 2006 Awards:

- A. Gordon Archibald Alumnus/a of the Year Award
- Outstanding Young Alumnus/a Award
- Alumnus/a Achievement Award

DEADLINE: MARCH 17, 2006

For further information, contact Shawna Burgess
e-mail: shawna.burgess@dal.ca
phone: (902) 494-6051 or 1-800-565-9969
fax: (902) 494-1141

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Friday, May 5 - 6 p.m. reception, 7 p.m. dinner
Glencoe Club, 636 - 29 Avenue SW, Calgary
For more information, please contact:
Joseph Macdonald (MBA'91) at angus.jmacdonald@telus.net or
Wendy Mullane (MBA'02) at cibo@shaw.ca

Calgary Engineering Lobster Dinner

Sat., May 6 - 6 p.m. reception, 7 p.m. dinner
Big Rock Brewery, 5555 - 76 Avenue SE, Calgary
For more information, please contact:
Jon MacConnell (BEng'97) at jmacconnell@slb.com

For further information about events, please contact
Allison Himmelman, Alumni Officer at
Allison.Himmelman@dal.ca

Let us know what you've been up to:
alumni.records@dal.ca

1 9 5 5

Gail MacDonald Crawford, BA, published her second book in 2005, *Studio Ceramics in Canada 1920-2005*, with Goose Lane Editions in Fredericton. A history specialist and journalism graduate, she spent six years of travel and research across Canada to compile this illustrated history.

1 9 5 8

James Burchill, BA, PhD'79 (Rochester), FRCO, organist at All Saints Cathedral, Halifax, was awarded a Distinguished Service Award by the Halifax Centre of the Royal Canadian College of Organists at the Church Music Conference in October 2004.

1 9 6 2

Herman Cohen, BA, received an honorary doctor of divinity (DD) in November 2005 at a special convocation of the Jewish Theological Seminary of America in New York City.

1 9 6 3

T. Jock Murray, MD, was given the award of Professional of Distinction by the Discovery Center in Halifax.

1 9 6 5

Shirley DeBow, BA, Chancellor of the University of Lethbridge, Alta., received the Lethbridge YWCA Woman of Distinction Award for 2005.

1 9 6 6

Peter Aucoin, MA, renowned researcher and expert in the area of public administration was awarded the Vanier Medal, one of the highest honours in the Canadian public service, in 2005. Noted as an outstanding teacher and one of Canada's most respected political scientists, his teachings and research have helped shape government policies and inspire civil servants. Aucoin has been a faculty member with the the Dalhousie department of political science since 1970, has chaired that department and been director of the School of Public Administration, and is now the Eric Dennis Memorial Professor of Government and Political Science/Professor of Public Administration.

1 9 7 0

David C. Colville, BENG (NSTC), was recently inducted into the Canadian Telecommunications Hall of Fame, which honours industry leaders and pioneers and

serves to educate Canadians about the significance of telecommunications and technological advances. David also received the 1998 Canadian Business Telecommunications Alliance Presidents Award for Outstanding Contribution to the Telecommunications Industry and the 1999 Canadian Information and Communications Technology Industry Award of Achievement.

1 9 7 2

Sterling Eddy, BCOM, would like to announce that after eight years as president and CEO of the Certified Management Accountants of Alberta, he has recently become a director of Western Management Consultants in Calgary. Sterling's 14 years of expertise in executive consulting and extensive leadership and governance skills combine to bring distinctive, lasting and substantial improvements to clients' performance. Friends and others can contact him at eddy@wmc.ca

1 9 7 3

Lourdes Romano-Jana, PGM, completed his rheumatology fellowship with Dr. J. F. Woodbury. Prior to that, he was senior resident in hematology with Dr. Langley and senior resident in medicine with Dr. Davis.

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SPOTLIGHT ON ALUMNI

Achieving a lifetime goal

When **Chuck Wheeler** (BA'00) retired, his children convinced him to return to Dalhousie after a 50-year hiatus from his studies.

"Finishing my degree was a lifetime goal," says the 79-year-old great-grandfather, who remains closely involved with the university as a dedicated varsity hockey volunteer.



Photo: Pearce

Chuck Wheeler at the Dal Memorial Arena

He was a freshman in 1945, after a short stint of army training that ended with the Second World War. Enrolment was about 700 students and tuition just \$195.

"Even that was a lot at the time," he recalls. The military covered his first year but the allure of a steady paycheque beckoned. Chuck spent the next dozen years working in meteorology for the Canadian Air Force. During that time, he met his wife Dawn and they had three children. His next position was general sales manager for an insurance company in Europe. Upon returning to Canada, he worked in the tire business until retiring in 1994.

That's when his youngest son Robert (BA'02) planted the idea of returning to school. It was difficult and a poor mark deterred him early on, but his wife and children urged him to stick with it. He studied more, got to know the library very well and enlisted help from tutors and professors.

"After awhile, I didn't feel out of place at all. The students accepted me, and my age didn't make any difference," he says.

His years in postwar France and Germany gave Chuck a unique perspective on his history major, and he also delved into comparative religion and political science courses and active volunteering. For the past decade, he has served as president of the board of directors for the Friends of Dalhousie Men's Varsity Hockey Society. These alliances were a godsend in his final year of study, when he lost his wife.

"If it hadn't been for my family and going to school, where there were so many friendships nurtured over the years with young athletes and coaches, I don't know what I would've done with myself," he says.

The next spring at age 75, Chuck beamed with pride when he graduated, hoisting his degree in the air amid hoots and hollers from the crowd. He finds a Dalhousie degree especially meaningful, given the university's research initiatives and the priority it places on promoting a healthy and balanced lifestyle. Best of all, it's a friendly and down to earth place: "People say hi and they treat each other with respect. It makes no difference if it's the guy who's doing the floors or the president of the university."

One of his best friends is Fabian Joseph, varsity men's hockey coach and director of hockey operations.

"Chuck has been my right arm," says Fabian. "I always ask for his advice because we have a special trust between us and I respect his opinion immensely. The players appreciate all that he does for the team."

As part of his volunteer efforts, Chuck maintains the arena's varsity hockey office and coordinates team fundraisers and community events. He never misses a home game.

"It gives me something to do with my life. My mind would go to seed otherwise; I want to keep it active. It makes me feel younger to be here!"

— Marla Cranston

Romano-Jana returned in 1975 to the U.S. where he practiced until retirement, and has continued to manage his office for the past three years.

1 9 7 5

D. Alan Jones, MBA, has been appointed the volunteer treasurer for the Mills Community Support Corporation in Almonte, Ontario, which is now a part of Mississippi Mills, Ontario.

1 9 8 0

Glenn Barnes, BEDS, BARCH'81, has been appointed chair of the Junior Achievement of Newfoundland and Labrador Business Hall of Fame. He is also a board member with both Junior Achievement of Newfoundland and Labrador and Labrador Business Hall of Fame.

Jo-Ann M. Oakley, BSc, and Joel D. Stewart were married on May 20, 2005, in Royersford, Pa. Jo-Ann is zone director at Shire Pharmaceuticals US. Contact her at jmoakley1@yahoo.com.

Donna Wheeler-Usher, BSc(PHARM), hosted a 25-year reunion for alumni of the College of Pharmacy class of 1980 during the last weekend of October 2005, in Sackville, N.B.

1 9 8 5

Kelly L. Greenwood, BCOM, LLB'98 (Osgoode), has joined the law firm of Burchell Hayman Parish, where she provides legal advice to business organizations and individuals on corporate and commercial matters, estate planning and administration, and commercial and residential real estate transactions. Kelly lives in Halifax with her husband, Karl Penney, and their children Kyle, 5, and Kira, 2.

1 9 8 7

Douglas Lochhead, LL.D, is the first non-Italian winner of the prestigious Carlo Betocchi International Poetry Prize for his landmark collection of poetry, *High Marsh Road*. The award is offered by the Carlo Betocchi Study Centre in Florence. Originally published in Canada 25 years ago, *High Marsh Road* was also shortlisted for the Governor General's Award for Poetry in 1980. Douglas Lochhead is a Fellow of the Royal Society of Canada, and is currently Poet Laureate of the town of Sackville, N.B.

1 9 8 8

Jennifer Poulos, DH, and **Martin Patriquin, MARCH'05,** are pleased to announce the birth of their daughter, Sophie Renee Patriquin, born on Oct. 23, 2004.

1 9 9 1

Wendy Roberts, MSW, would like to announce that she returned to Halifax from Prince George, B.C. in August 2004, with her twin daughters, Madeline and Kate, and

partner Allan. She is pleased to be working at the QEII Health Sciences Centre with the Multi-organ Transplant Program and to be back in the Maritimes.

1 9 9 2

Jane (Hallett) Beers, BA, and Richard Beers were married in Halifax in October 2003. They are happy to announce the birth of their son, Nathan "Nate" Thomas on Aug. 14, 2005.

Suriahni Abdul Hamid, BENG (TUNS), is currently employed with Digi Telecommunications Sdn Bhd, as head of Rewards and Resourcing. Aripin and I are the proud parents of four children. Friends may contact me at suriaba@digi.com.my.

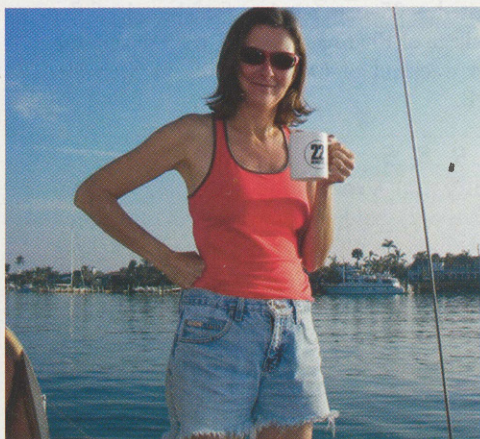
Janine MacDermid, BSCK, and husband **Ken MacDermid, BA'97,** are proud to announce the birth of Kenneth Owen on Sept. 17, 2005, a little brother for Fiona Gwendolyn, 3. They reside in Dartmouth,

SPOTLIGHT ON ALUMNI

Hauling anchor for life aboard a ketch

We've been living aboard our our 42' Cheoy Lee Clipper ketch, the *Nancy Dawson*, since September, 2005, and we've been headed south ever since. No phone, no car, no fixed address. And no TV.

Why would I haul anchor and leave a great editing job, a home we loved and friends and family? The combination of my partner's early retirement; an able boat, and a willing teenager provided real incentive.



Sue Brown now hoists her CBC mug somewhere to the far south.

In spite of a lot of concerns (money, storms, sinking, sharks), I just couldn't imagine looking back years from now, saying, 'gee, we could have gone cruising, but I was too chicken.'

Barring 15 years of sailing around Halifax Harbour on weekends, with forays to Mahone Bay and the Bras d'Or Lakes on vacations, I'm still the novice of our crew of three when it comes to sailing. My partner, Randy Sherman, is a master mariner and has been sailing most of his life, and my son, Tom Eidt, has been

sailing since he was small. Now 6'3", he has an inch to spare in the quarterberth. He's our able seaman, a wicked crib player, great guitarist and good company on night watches.

When Randy finished work at the end of 2003, we started making lists, spending money and clearing out the house. It took more than a year and a half to rebuild the interior of the boat (still not finished), upgrade a lot of systems, sell and store a lot of our stuff, leave my job, rent the house, sell the car, say goodbyes to the rest of our family. Ready or not, we left the dock and that's been the hardest part so far.

I packed up my worries and brought them along, but I've been slowly shedding them as I get acclimatized to this lifestyle. Yes, we've had bad weather, and we've managed just fine, although we have a "never again" list involving winds and wave height and crew tolerance. If you follow up any miserable day (and chase irrational fears) with a safe harbour, a good meal and a rum toddy, it turns into another bit of the adventure, and you carry on.

Mostly it's a terrific life. I've read more books than I've had time for since I was a student. The domestic part of cruising is a bit like pioneering: wardrobe decisions are always about temperature, not style, and hot water is never guaranteed. We've spent quality time in laundromats in 14 states so far. Grocery shopping can be a challenge. But we eat well, sleep well (except in roll-y anchorages), and almost every day we go somewhere new. We have no date picked to

turn around and head back to work. Now that's freedom.

For details about our route, boat, weather, laundromats, food, fish, birds, friends and weirdos we've met along the way, go to <http://captainrandy.blogspot.com>.

— Susan Brown (BA'85, MA'89)



where Ken is a senior consultant with Johnsons Inc. and Janine is a pharmaceutical sales representative with Servier Canada.

Rebecca Redmond-MacLean, BSc, LLB'95, and husband **Brian MacLean**, BSc'92, are pleased to announce the arrival of Finlay Jacob, born Nov. 21, 2005, in Gander, Nfld. He is welcomed by sister Reaghan, 6, and brother Ewan, 3.

1 9 9 3

Pam (Tweedie) Deschenes, BSc(PHARM), and her husband Meddley would like to announce the birth of their son William David on Sept. 29, 2005, a brother for Sam, Noah and Jack. They reside in Quispamsis, N.B.

Colleen Rodgeron, BENG (TUNS), and **Sean Avis**, BENG (TUNS), are thrilled to announce the birth of Piper Lillian, a baby sister for Nehiley, on Oct. 17, 2005.

1 9 9 4

Michael Bowser, BSc, has received the 2005 ACS Division of Analytical Chemistry Young Investigators in Separation Science Award. It will be presented at a symposium in his honour at the 2006 PittCon meeting. He is an assistant professor of chemistry at the University of Minnesota and would be delighted to hear from friends and classmates at bowser@chem.umn.edu

Jennifer (MacDonald) Gardner, BSc, and husband Eric are pleased to announce the birth of their first child, Daniel Alexander, born Oct. 28, 2004, in Saint John, N.B. Jennifer is a staff pharmacist at Lawtons Brunswick Square, Saint John.

Lionel Roberts, BENG (TUNS), and wife Jill (Wagg) would like to announce the birth of Jack Michael Roberts, Nov. 16, 2005.

1 9 9 5

Andrew Peter Wallace Bennett, BA, received his PhD in politics from the University of Edinburgh in 2002, and moved to Ottawa to work in the Privy Council Office. Since January 2005, he has been working as a political risk analyst at Export Development Canada, and is responsible for assessing risk in South and Southeast Asia.

Shaun T. Marchand, BCOM, joined the RCMP in July 2004, after six months of training in Regina, Sask. He is currently stationed in Red Deer. He urges old friends to contact him at shaun-marchand@hotmail.com.

1 9 9 6

Geoffrine Boudreau-Arsenault, BSW, and husband Mark Arsenault are pleased to announce the arrival of daughter Gabrielle Marie on June 16, 2005, a new sister for Benjamin. The family now lives in Antigonish and Geoffrine is a clinical social worker with Family Service of Eastern Nova Scotia.

Kristin Eckland, BA, graduated with MSN (acute care nurse practitioner program), Vanderbilt University in August 2005. She is now interning as a registered nurse

first assistant. She lives in Nashville with her husband Peter Gustafson.

1 9 9 7

Elinor Cameron, BSc, married Steve Grover on Aug. 6, 2005, at an informal ceremony at their cottage on Wallaback Lake behind New Ross, N.S. Elinor's proud parents Stan and Elizabeth Cameron are Dalhousie professors in chemistry and math respectively.

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Gisele Melanson, BScN, married Rick Thibodeau in September 2003. They are pleased to announce the birth of their daughter, Lisette Diane, on June 22, 2005. They reside in Carleton, N.S., where Gisele works for the VON.

1 9 9 8

Dave Finlayson, BCOM, recently purchased the King of Donair franchise on Herring Cove Road in Halifax. Dave previously worked in sales and event management in Halifax and then graduated with an MBA in Football Industries from the University of Liverpool, England. He is looking to expand his number of franchises in the coming years and invites Dal alumni to visit him at his restaurant.

Nirah (Jordan), DCS, and **Eric Villeneuve**, BA'95, are delighted to announce the birth of their first child, Benjamin Samuel on Aug. 14, 2005, in Halifax.

1 9 9 9

Christina Marea Dorcas, BScOT, is currently working as an occupational therapist at the Dr. Everett Chalmers Regional Hospital in Fredericton, N.B. She is also president of the New Brunswick Occupational Therapy Association. Christina was in Regina as a swimming coach for the 2005 Canada Games and attended the 2001 Canada Games in London, Ont. For the past five years, she has been volunteering with the local Special Olympics as the head coach of the swimming program. She is in the process of becoming a certified medical classifier for the NB SWAD (Swimmers with a Disability) program.

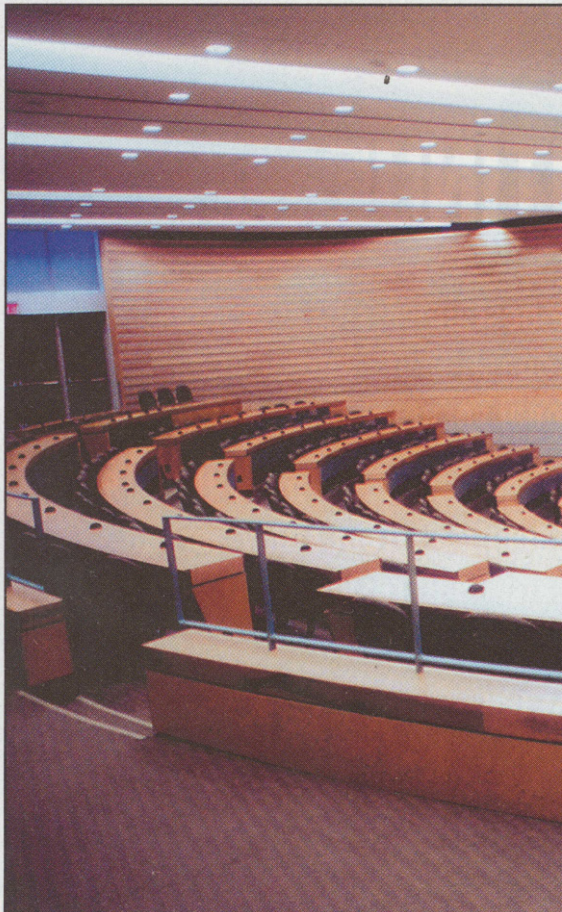
2 0 0 0

Ruth E. McClelland-Nugent, PhD, joined more than 20 new faculty members at Augusta State University for the fall 2005 semester. McClelland-Nugent is an assistant professor of history in ASU's department of history, anthropology and philosophy.

Adrian Oehmen, BENG, has written his PhD thesis for the environmental engineering program at the University of Queensland in Australia and has won a prestigious award from the Association of Environmental Engineering and Science Professors (AEESP) in the U.S. This is the first time that anyone from a university outside the U.S. has won the award. He thanks Dalhousie for providing the foundation for his academic career. He is currently a postdoctoral research fellow at the Universidade Nova de Lisboa in Portugal.

2 0 0 1

Satyendra Satyanarayana, MD, and Suma celebrated the birth of their first child, Shreyas, at St. Boniface General Hospital in Winnipeg. They are residents in psychiatry and obs/gyn, respectfully.



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2 0 0 3

Peter J.W. Lindsay, BSc, finished his bachelor of education at Memorial University in Newfoundland in August 2005. He is now the science teacher at Mecatina School, La Tabatiere, Quebec.

Kristy Spear, BScOT, and **Pierre Daigle**, BScK, live in Sydney, Australia. Kristy works in private practice for Rehab Management and Pierre is completing a masters in biomedical engineering at University of New South Wales. Kristy would like to hear

from any OT's who are planning to attend the 2006 WFOT conference in Sydney. She can be reached at kspear@canada.com

Ingrid Gillian Perry, BM, married Ryan Dillon of Waverley, N.S. in August 2003. They are pleased to announce the birth of their first child, Joshua, in June 2005.

2 0 0 4

Amanda Carew, LLB, would like to announce that after a busy articling year (and a late start since she was on exchange in Australia) she

was called to the bar in September 2005. Carew is currently residing in Halifax and is practicing with Morris Bureau.

SPOTLIGHT ON ALUMNI

The world at your door

Learning to speak English can be stressful enough for international students in Halifax, so imagine writing a term paper or postgraduate thesis.

That's where **Elizabeth Horlock** (MA'68) comes in. The spry senior offers language coaching to foreign students and visiting researchers, providing editing tips and tutorials in her apartment near the campus. Lately she's assisted several scholars from China, but has helped thousands of students from more than 30 countries over the past four decades.

"I have always been interested in words. Language is also a way to meet very interesting people," says Miss Horlock, who arranges many of her tutorials through the InterVarsity Christian Fellowship.

A Bangladeshi diplomat requested weekend language lessons one summer while in town for a project at the Bedford Institute of Oceanography.

"I don't normally take students in the summer, nor do I take them on Saturdays. For the sake of international relations with Bangladesh, I thought I could make an exception," she recalls with a smile.

Though her father was British, Miss Horlock has maternal roots in Nova Scotia. Her mother's brother, Colonel Kenrick Laurie, was Chair of Dalhousie's Board of Governors during the 1940s. Their father, General John Wimburn Laurie, arrived in Canada in 1861 following service in the Crimean War. He acquired a tract of land along Grand Lake and built a house at Oakfield, about halfway between Halifax and Truro. The property later included cottages, a school, a church and a farm noted for its Guernsey cattle. Now the land is mainly home to Laurie and Oakfield Provincial Parks and the Oakfield Golf and Country Club.

Miss Horlock grew up in England, completing undergraduate studies at the University of Bristol. She immigrated to Halifax in 1956 and after receiving her master's degree in English from Dalhousie, she was asked to run a volunteer non-credit English class for international students as an experiment for a year.

"That's how it all started," she says. "It went on for 18 years, so the experiment was obviously a success! Now it's taught in every school but in those days, it was the only program east of Montreal."

The class came to an end when Miss Horlock retired, but she finds it rewarding to continue her volunteer teaching at home. She is also a long-time supporter of student endowment through the Planned Giving program's Eagle's Nest Egg, which matures on Dalhousie's 200th birthday in 2018.

Through the years, Miss Horlock picked up a smattering of French and German, which came in handy during lessons. One Polish student struggled terribly with English, but persevered after she assured him "there is nothing that varies more than the speed at which an adult learns language, so you must not be discouraged." A few years later, she spotted him chatting freely with friends at the Halifax International Airport.

"He came rushing up to thank me for all my help, and spoke English so fluently and easily. I have seldom felt better than I did that day, to hear him speaking so well!"

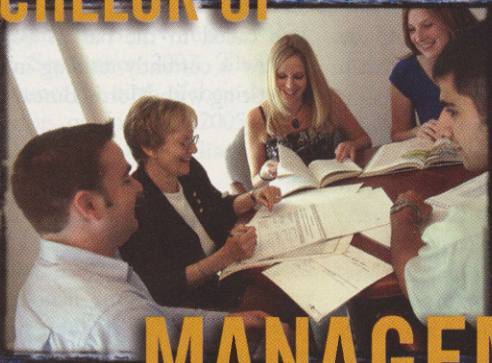
— Marla Cranston



Photo: Cranston

Elizabeth Horlock

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Carman Roy Brookbank, ARTS & SOCIAL SCIENCE, Halifax, N.S., on Sept. 12, 2005.

Calvin Elias Percival Lopes, ARTS & SOCIAL SCIENCE, Three Mile Plains, N.S., on Oct. 16, 2005.

John E. MacDonell, MD, Inverness, N.S., on Sept. 2, 2005.

Philip Lawrence Partington, ARTS & SOCIAL SCIENCE, Lockeport, N.S., on Sept. 17, 2005.

Murray Barnson Emeneau, BA'23, LLD'70, Berkeley, California, on Aug. 29, 2005.

Ross Harrington, DDS'30, Shoreham Village, N.S., on Nov. 3, 2005.

Enid Elizabeth Johnson, BA'31, Halifax N.S., on Sept. 19, 2005.

Sarah Geraldine Simms, BA'31, MA'32, Halifax, N.S., on Nov. 13, 2005.

Philip Byron Corkum, DENGR'32, BENG'34 (NSTC), Port Williams, N.S., on Aug. 2005.

Maurice Gascoyne Clennett, BCOM'34, Ottawa, Ont., on Nov. 8, 2005.

Ruth Allison Avison, BA'35, Burlington, Ont., on Nov. 25, 2005.

Sylvia 'Kaye' McMillan, BA'37, Bridgewater, N.S., on Oct. 29, 2005.

Arthur "Douglas" Brannen, BENG'38 (NSTC), Collingwood, Ont., on Nov. 17, 2005.

George Charles Piercey, Q.C., BCOM'38, BA'39, LLB'41, LLD'95, Halifax, N.S., on Oct. 3, 2005.

Wallace Moffatt Roy, MD'38, Oakville, Ont., on Nov. 14, 2005.

Marian Elizabeth (Apold) (Westhaver) Langille, BA'39, Halifax, N.S., on Nov. 15, 2005.

George Alexander MacLeod, DENGR'40, BSc'40, BENG'51 (NSTC), Pictou Co., N.S., on Nov. 10, 2005.

Gordon Allan Pollett, DPHRM'40, Sydney, N.S., on Aug. 26, 2005.

Frederick J. Barton, MD'41, Datmouth, N.S., on Sept. 18, 2005.

Alexander Kerr "Lex" Roy, BSc'41, MD'44, Duncan, B.C., on Nov. 18, 2005.

John Esmonde Cooke, DPHRM'42, BSc'50, LLD'92, Sydney, N.S., on Nov. 26, 2005

Harley Havelock Walker, BENG'43, (NSTC) Liverpool, N.S., on Oct. 31, 2005.

George S. Hawkins, BA'44, LLB'48, Halifax, N.S., on Sept. 24, 2005.

SPOTLIGHT ON ALUMNI

Believing in your product

Marc St. Onge (BSc'98), the president of Ascenta Health, was recently chosen as the Business Development Bank of Canada's 2005 Young Entrepreneur for Nova Scotia.

More and more people are making his Omega-3 fishoil supplements part of their daily routine. The company conducts research, development and marketing of Omega-3 fishoils from a home base in Dartmouth, N.S., with a reach that extends through North America and to Europe and Asia.

"Through a personal journey, I have become a firm believer in natural products and encourage people to be proactive about their health," says St. Onge.

As an entrepreneur with a start up company, the 30-year-old has thrown himself into many aspects of business development, including graphic design for his products which are marketed under the NutraSea label. It makes for a hectic pace and a demanding travel schedule.

Although he's young, his entrepreneurial experience spans 16 years and five different businesses. This on-the-job practical experience, combined with his formal science studies at Dalhousie, have come together in Ascenta Health.

The company's identity, the product of brainstorming sessions in local coffee-shops, draws on the root of the word *ascend*. "Our company slogan is 'Take your health higher' which was meant to inspire people to achieve new levels of wellness," he says.

While he wore many hats in the startup phase, today his role is focused on new business development and creating a vision for where the company needs to go in the future. The natural products industry is high-growth, and this company is no exception, with 100 per cent growth annually.



Photo: Abriel

Young entrepreneur St. Onge focuses on nutritional fishoil products.

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Allan Hawkins Butler, LLB'46, Dollard des Ormeaux, Que., on Oct. 2, 2005.

Joe Roach, MD'47, New Waterford, N.S., on Sept. 5, 2005.

J. William E. Mingo, Q.C., BA'47, LLB'49, LLD'98, Halifax, N.S., on Nov. 25, 2005.

Gordon Lockhart Milton, MD'48, Petrolia, Ont., on Nov. 8, 2005.

John S. Davidge, PGM'49, Sidney, B.C., on Nov. 8, 2005.

Colin Barnhill, BA'49, DED'50, Halifax, N.S., on Sept. 22, 2005.

Francis John Fleming, Q.C., LLB'49, Calgary, Alta., on May 14, 2005.

Eric James Myers, BENG'49, (NSTC), Eastern Passage, N.S., on Sept. 2, 2005.

George Hubert Flight, MD'50, Halifax, N.S., on Nov. 25, 2005

Weldon C. Matthews, Q.C., LLB'50, Halifax, N.S., on Sept. 20, 2005.

Stanley Arthur Pearson, BSc'50, Toronto, Ont., on Oct. 25, 2005.

George Warburton Bate, MD'51, St. John, N.B., on Dec. 2, 2005.

Ralph B. DeWare, DDS'51, Shediac Cape, N.B., on Sept. 10, 2005.

Burton Howard, MD'51, Charlottetown, P.E.I.

Arthur Robert MacKenzie, DENGR'51, BSc'51, BENG'54 (NSTC), Liverpool, N.S., on Oct. 5, 2005.

Gerald George Orser, DDS'51, Fredericton, N.B., on Sept. 23, 2005.

George F. Curtis, Q.C., LLD'52, Vancouver, B.C., on Oct. 23, 2005.

Carman Garth Carson, BA'52, Windsor, N.S., on Sept. 2, 2005.

William Murray "Bill" Sitland, BA'52, Halifax, N.S., on Nov. 25, 2005.

Vernon K. Rideout, MD'53, Yarmouth, N.S., on Aug. 12, 2005.

Verne Ross Waldorf, MD'53, Oakville, Ont., on Sept. 7, 2005.

Johnny Miles Williston, BSc'53, MD'56, New Glasgow, N.S., on Dec. 4, 2005.

Albert Martin Smith, Q.C., BCOM'54, LLB'58, Halifax, N.S., on Nov. 18, 2005.

Murray David Elman, BSc'55, MD'60, Santa Barbara, Calif., on Nov. 5, 2005.

Louise Marie Murray, DPH'55, Shelburne, N.S., on Nov. 8, 2005.

John Gerard Webb, MSW'55, LLD'86, Cape Breton, N.S., on Oct. 15, 2005.

Carole Sitland, BSc'56, Halifax, N.S., on Sept. 29, 2005.

Maxwell Davis Clattenburg, LTH'58 (K), BA'56, Halifax, N.S., on Oct. 4, 2005.

William S. 'Bill' Crooker, DENGR'58, BENG'61 (NSTC), Halifax, N.S., on Nov. 9, 2005.

Peter Fransblow, DDS'60, Vancouver, B.C., on Aug. 22, 2005.

John Arthur Bishop, MD'62, Baytown, Texas, on Feb. 10, 2005.



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J. Dale Cunningham, BENG'62 (NSTC), Truro, N.S., on Nov. 25, 2005.

Rebecca Munroe Kerr, BED'63, Bedford, N.S., on Oct. 20, 2005.

Ross Thompson-Dennis, DED'64, BED'69, BA'69, Herring Cove, N.S., on May 17, 2005.

Darrell Erlyn Harrigan, BA'65, BED'67, Herring Cove, N.S., on Aug. 26, 2005.

Wah Jun Tze, MD'65, Vancouver, B.C., on Dec. 12, 2001.

Richard Henry "Dick" MacLean, BA'66, BED'66, DED'66, Halifax, N.S., on Sept. 19, 2005.

Terence Richard Boyd, LLB'67, Halifax, N.S., on Oct. 30, 2005.

Terence R.B. Donahoe, Q.C., LLB'67, Halifax, N.S., on Nov. 29, 2005.

Evelyn May Negus, DNSA'67, BN'70, Truro, N.S., on Oct. 14, 2005.

John J. Hajdu, DDS'69, MSc'77, Arizona.

Clara Louise (Corcoran) Hatfield, DNSA'69, BN'72, Harrow, Ont., on Sept. 21, 2005.

Helen Patricia "Pat" Smith, BED'70, Sydney, N.S., on Aug. 26, 2005.

Norma (Smofsky) Stacey, BA'70, Dartmouth, N.S., on Sept. 7, 2005.

Gwenyth Louise Sterns, BA'70, Pictou, N.S., on Sept. 13, 2005.

John Chipman Earle, BA'71 (K), Dartmouth, N.S., on Nov. 10, 2005.

David George Greenland, MD'71, Grand Falls-Windsor, Nfld., on July 21, 2005.

Neil C. MacLean, BENG'71 (NSTC), Port Hawkesbury, N.S., on Nov. 26, 2005.

Leslie Alexander Foster, MSc'72, MLS'78, Halifax, N.S., on Aug. 22, 2005.

Stanley Gelfand, LLB'72, Montreal, Que., on June 27, 2004.

John Robert "Bear" MacNeil, BA'72, BED'72, Sydney, N.S., on Aug. 28, 2005.

Bonita Jane "Bonnie" Boyd, MLS'74, Halifax, N.S., on Aug. 13, 2005.

William Gary Clark, BSc'74, Truro, N.S., on Aug. 15, 2005.

James Roderick Ferguson, Q.C., BCom'75, LLB'78, Calgary, Alta., on Sept. 1, 2005.

Patricia Lynn (Whitehead) Hare, BA'79, BED'79, Halifax, N.S., on Nov. 19, 2005.

Peter A. Hacquebard, LLD'80, Halifax, N.S., on Sept. 7, 2005.

James Alan Good, MA'81, Toronto, Ont., on Oct. 30, 2005.

William Merle Bancroft, DDS'82, New Glasgow, N.S., on Aug. 21, 2005.

Jane Madonna Crawley, BSW'82, Cape Breton, N.S., on Sept. 11, 2005.

Robert David "Bob" Honour, MBA'83, Duncan, B.C., on Sept. 17, 2005.

Donald Bruce MacKinnon, BCom'83, LLB'87, MBA'87, Lwr. Sackville, N.S., on Aug. 11, 2005.

Mary Jane White, MSc'86, Halifax, N.S., on Oct. 2, 2005.

Stephen Michael Evans, BENG'91 (TUNS), Westville, N.S., on Aug. 31, 2005.

John T. McMillan Jr., BA'92, Saint John, N.B., on Aug. 31, 2005.

Renate Barbara Marion McCarthy, CCS'93, Halifax, N.S., on Sept. 7, 2005.

Ernie Earl Simmons III, BA'98, BSW'00, Halifax N.S., on Sept. 18, 2005.

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Photos: Renée

Name: Dr. Alex Speers

Jobs: Professor, Food Science and Technology and Director of the Canadian Institute of Fisheries Technology

Lifetime passion: Understanding and brewing beer

Personal Favorite: Kokanee

Notable Achievements: Principal Investigator for a \$300,000 Natural Sciences and Engineering Research Council (NSERC) study on the process of beer fermentation, specifically premature yeast flocculation, together with food biochemist Dr. Tom Gill.

"I can talk forever about beer and brewing science. It seems everybody has either made or drank beer."

I started working in a brewery in my hometown of Creston, B.C. as a student, and later doctoral studies at UBC evolved into a research and teaching career.

- Food science is very interdisciplinary – we'll employ the principles of many of the sciences to solve applied food science problems.
- We have about 10 undergraduates a year and that is growing with the addition of a food engineer needed to launch the program. Last year's class is fully employed, with the agri-food industry being the largest in the country.
- Beer is certainly as complex as wine and the health benefits are now being researched and explored further.

Research: Amanda Pelham (BA'00)

Provincial health plans cover less than you think

*Alison Naimool
Product Manager
Manulife Financial*

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[†] As of January 2005, there were 2.47 million self-employed Canadians out of a total of 16.057 million in the labour force. There was also a 1.6% increase in self-employment from January 2004 to January 2005. Source: Statistics Canada's Labour Force Survey, February 2005.

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