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Dalhousie University Student Newspaper

Free

Dal Tiger soccer

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SCIENCES > 21 SPORTS > 23 photos by Sabrina Thurlow and Richard Gilmore



DSU
ANNUAL GENERAL MEETING
OCTOBER 18 AT 7PM IN THE GREEN ROOM
FREE PIZZA AND POP.

COUNCIL ORIENTATION OCTOBER 15 AT 1PM.

FOCUS FORUM ON STUDENT ASSISTANCE

WILL BE HELD ON OCTOBER 25 AT 3PM IN
THE SUB LOBBY.

STAY TUNED FOR MORE DETAILS.

WANT TO GET INVOLVED?

JOIN THE DSU COMMUNICATIONS COMMITTEE.

QUESTIONS CALL BRIANNE AT 494 1106.

HEALTH PLAN CARDS WILL NOT BE ACTIVATED UNTIL THE 3RD WEEK IN OCTOBER. IN THE MEANTIME KEEP ALL YOUR RECEIPTS. IF YOU HAVE ANY QUESTIONS CALL 494 2850.

SOCIETY AUDITS ARE DUE!!

GET YOUR BOOKS INTO THE VP. FINANCE ASAP.
ANY QUESTIONS CALL 494 1278.

THE HOSTAGE BRAIN IS COMING TO THE DALHOUSIE STUDENT UNION BUILDING.
STAY TUNED...

THE MATRIX AT MIDNIGHT
FRIDAY OCTOBER 6, 2000
ALL PROCEEDS GO TO SHINERAMA

THE GRAWOOD

PRESENTS:

VARSITY NIGHT

SAT., OCT.7/00

9pm-1am

"We'll give you something
to be thankful for this
holiday week-end!"

GIVEAWAY'S, DO JOIN THE FUN.....





Learning the 'Brain Drain' terrain

by rita henderson

the gazette

While Canada cries "unfair" to the

United States for snatching up its

specialists by the dozens, so too

does South Africa cry to Canada

Canada can do math.

Lately, it would seem that Canada's young minds can do math rather well. In counting that opportunity knocks much more than just once and on much more than this back door. The increasing amount of young Canadians who choose careers abroad is putting pressure on the public and government alike to re-establish how an educated workforce can be kept in this country.

This is the stark madness

unavoidable that he needed to obtain training abroad, since at the time Canada did not have a similar project requiring such specific skill, he notes that a large problem is drawing those already fled back again. Of the eight directional drillers on the Hibernia rig, where he no longer works, he was one of two Canadians on the predominantly American team, and one of two with university degrees.

"As an experience based career, it was not to say that there were not already Canadians experienced enough to do the job," said Dow. "Canadians working overseas already could have been employed [on Hibernia], but due to

> lifestyles, they cost much more [than the Americans] to draw back".

> According to Mr. Dow who remains in Halifax for

behind the coined "Brain Drain," whereby the country has born witness to clusters of its fresh, postsecondary educated offspring, flocking in response to higher in Canada.

Where mainstream news gasps at the numbers and gawks at the government policies behind this subtle migration, perhaps a few practical pointers on digesting the data can help some future Dalhousie pilgrims approach what could soon be their fate with a little bit of confidence. There is in fact, much more method than madness driving these caravans.

paying, career boosting, job

incentives.

The world has a market of minds.

Canada is not alone in this game, and it is not victim alone, either. Many European countries bid farewell to their technically trained minds, like Canada, facing the prospect of never having the competitive economic edge to ever be able to buy them back.

The South African medical system has certainly suffered with the loss of over a thousand qualified, much needed physicians taking up what are to them very lucrative positions in Canada's more isolated posts. There are 1,500 South African trained doctors working in Canada, largely in rural areas.

South Africa is in a far more pinching situation.

South Africa is still trying to effectively adapt with opening up its health care system to the millions who were denied access during its Apartheid years.

While Canada cries "unfair" to the United States for snatching up its specialists by the dozens, so too does South Africa cry to Canada. It is a picture of more than just Canadians marching south, and of much more than just flowing with the American tide.

Blaine Dow, an engineering graduate from UNB, spent a year and a half commuting off the coast of Bull Arm Newfoundland, to help obtain the necessary experience needed to work on the Hibernia rig as a directional driller several years

Admitting that it was rather

positions in their careers and would have

largely lifestyle, and family incentives. Canadian ex-patriots, once abroad, are paying as much as 25% less income tax when all is said and done than if they were working

Popular consent seems to be that this trend is driven by money.

More funding for research draws the neuroscientists, urban lifestyles serenade to the rural doctors, competitive experience goads the engineers, but lucrative salaries beckon to all. In response, think-tank newspapers such as Canada's National Post have pumped out an abundant supply of analysis on the topic.

Questions asked are in the lines of why our professionals are high-tailing to the United States, and what tragic flaw Canada must bear that the USA must not to be able to fall victim to this process.

Insightful questions, that if Canada keeps asking, could give failworthy and shortsighted solutions. Canada bears very little in common with its southern neighbor in terms of social policy, taxation patterns, and fund disbursing goals.

It would do better to compare one's failures with one's kin.

None falls closer than Scandinavian Europe.

Scandinavian populations are centralized with vast rural regions of diverse public interest much the same as Canada's. The people support public health care programs just like our majority, and their governments embrace wide ranges of taxation just like our own. Nordic countries can draw much of their professionals' loyalty from fully subsidized post-secondary education, athletic funding, and other such programs, making tangible tax sacrifices.

Income tax on the individual is burdensome for Canadian professionals who earn plenty of money that many feel they never see in social programming. Our understanding should draw comparison to how the Canadian government approaches corporate taxation, and how it approaches individual taxation with ambiguity, cultivating frustration and

resentment in those eating the raw and pirouette socialism at home. end of the stick, sitting in the upper-income brackets. Where a government like Sweden's is able to commit to a socialist system in its approach to businesses and individuals alike, more and more. Canada's educated young can only see their government trying to jazz-step like a capitalist at work,

There is an enormous "brain

drain" issue that is not indicating it shall slow anytime soon.

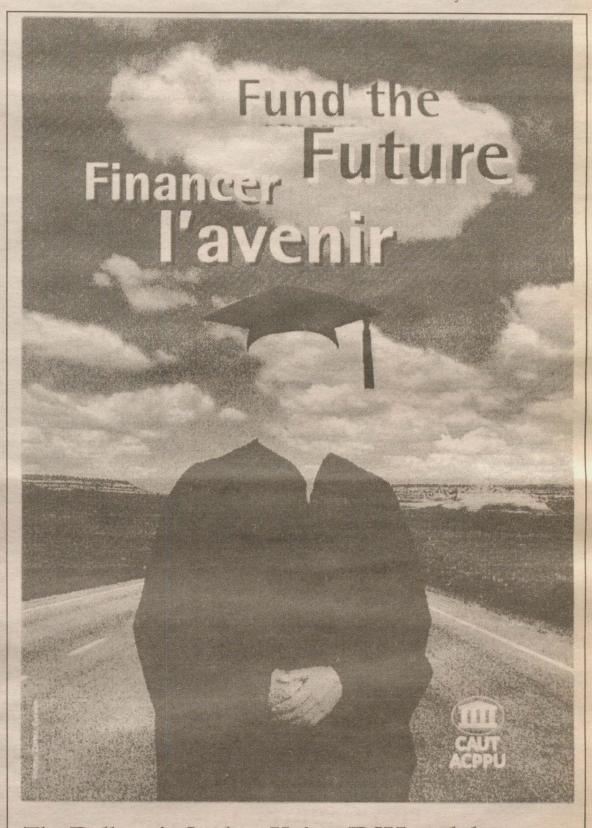
Something to keep in mind is that it does not orbit the 49th parallel, and there are many more players in this theatre than 'us and

Many Dalhousie students will

not face this income tax truth until after graduation.

It is important to keep in mind that there will always be another end of another barrel pointing back at you.

When it comes time to choose what Canada embodies for your future, it might not be so abundantly clear.



The Dalhousie Student Union (DSU) and the Dalhousie Faculty Association (DFA) want YOU to help lobby government to increase funding for postsecondary education. Drop by the DSU Council Offices in the SUB to participate in a postcard campaign, and sign on for high quality learning. Education lasts a lifetime, so now is the time to better fund our future. For more info, please call the DSU 494-1275, or e-mail the DFA at dfa@dal.ca.

A joint initiative of the DSU and the DFA.

Students open up their veins

Dal hosts a 'good donor clinic'

rob banerjee

the gazette

Dalhousie students took time out last week to participate in the first blood donor clinic of the school year.

Held twice each school year by Canadian Blood Services, the first clinic marked a chance for Dalhousie students to contribute to the evershort blood supply.

"The demand is always there," said Maxine Coles, a CRN working at last week's clinic.

The drive took place over Wednesday and Thursday of last week in the McInnes Room.

In all, 215 students attended and 167 units of blood were collected.

According to Canadian Blood Services Donor Services Manager, Joe Gauthier, this number fell short of the goal of 204 units and the mark set at Dalhousie last February of 178 units.

Not discouraged, Gauthier still considered it "a good clinic" and pointed to the importance of coming to Dalhousie to encourage first time donors.

"We have to draw more new blood into the system," he said. "By university, people have seen more of real life. They see how giving blood may one day save the life of the person sitting beside you [in class]."

In order to encourage participation in the event, the pharmacy department issued a challenge to other health professions.

"We decided to have an interfaculty challenge to see who could have the most people come

out," said pharmacy student Bethany Lund who, with fellow students Tanya Foley and Marsha Murchison, spearheaded the challenge.

In the end, pharmacy won the challenge with 29 students attending the clinic.

"We were hoping to have more people come out," noted Lund, though the challenge greatly contributed to the overall donation from Dalhousie students. She fully expects another challenge for the next blood donor clinic and hopes "even more will come out next time."

The next clinic will likely be held in February.

"We really want to come back to Dal more often," said Gauthier, who indicated he would like to see Canadian Blood Services at the university up to four times a year, pending the availability of the McInnes Room.

Demand for blood would certainly warrant four clinics per school year

"We are in the era of transplants, and surgeries that demand a large supply of blood," said Coles.

"An accident victim or someone going through a bone marrow transplant could require a day's worth of donations," explained Gauthier.

The Halifax Blood Center requires 39 000 units per year in order to serve 50 hospitals in Nova Scotia and PEI.

Giving blood requires about one hour of time, most of which is time spent ensuring you ought to give blood. Canadian Blood Services checks for low iron levels and irregular blood pressure levels, as well as other factors which may prevent donation. One unit of blood (450 mL) is withdrawn within about 10 - 15 minutes. It is safe to donate blood once every eight weeks.

Canadian Blood Services notes that if each of the 650 000 donors in Canada who give blood once every 18 months decided to donate twice per year, the Canadian blood supply would be adequate.

"Ask how many people know someone who has required a transplant, then ask how many have given blood," said Joe Gauthier, implying the disparity need not exist.

To give blood, check out the next blood donor clinic at Dalhousie or visit Canadian Blood Services on Gottingen Street: Monday — 12-3 & 5-7 p.m., Tuesday, Wednesday, Friday 11 a.m.-2 p.m., Thursday 12-7 p.m. Those interested in volunteering call (902) 423-9181.

Who Should Give:

— Those in good health between 17 and 61 (up to 71 if you have donated in the last 2 years), weighing over 50 kg and standing over 5 feet tall

Who Should Not:

— If you have had a piercing or tattoo, you have to wait a year before being eligible to give blood

— Those taking insulin to control diabetes

--- Anyone not feeling well

What You Need to Know:

--- Take an ID

— Eat within four hours of donating — It will likely take about an hour

The wage gap goes on

by rachelle dumas

the gazette

Canadian men are still earning

According to the latest findings from Statistics Canada (1997), women working full year/full time make 72.5 cents for every dollar a man in the same category makes.

This has risen from 1967 when they would make 58.4 cents per dollar. There have been numerous

studies done on pay inequity.

"[There is] a consensus by

"[There is] a consensus by economists that there is gender discrimination in the workplace and that there is still occupational segregation," confirms Dr. Shelley Phipps, a Dalhousie economics professor.

The gender composition of jobs tells the story: when there is a very female dominated profession, Dr. Phipps explains, it is generally less paid than a male dominated one.

While there are men who drift into female dominated occupations, one can suspect that he will be the highest paid. Nearly 57 percent of single parent mothers under 65 years of age are poor in Canada.

Dr. Phipps explained that some reasons that women are more likely to be poor are that men work overtime more and women are more likely to take time off for their kids.

Studies also show that countries like Sweden, Norway and Denmark have smaller wage gaps and have supportive policies that help women combine work and family. Men and women are allowed longer maternity/paternity leave and sick days to stay with their children.

"Women do more unpaid work, housework for example, that restricts what they can do at the office.

"If they were not paid before [for doing the job] it's easy to undervalue it," says Dr. Phipps, explaining one facet of the pay gap. "[Most of the jobs women] are doing nowadays with low pay are the traditional home jobs they were doing in the past," said Dr. Phipps.



Join the gang all weekend long for...

After Dark @ MA'FIA's

With the live musical stylings of...

Thursday Oct. 5: Friday Oct. 6: Saturday Oct. 7: Gia Greer
Ryan Roberts & Julian West
Charlie A'Court
See ya tonight!

Spring Garden @ Queen, The Thirsty Duck Building (422 - 9007)

National News

compiled from the Canadian University Press newswire by Wendy Sawatzky

Former Simon Fraser president settles "pornogate" lawsuit with UTV

BURNABY (CUP) — Two former Simon Fraser University student association executives have settled out of court with Global Television for slander in a case known on campus as "pornogate." The infamous scandal began in March 1996 and centred around then-president-elect Arnason and treasurer-elect Frank Karabotsos. A pornographic image downloaded from the Internet was found in one of the Simon Fraser Student Society's Print Shop printers. A subsequent search by a computing services department linked the image to computers shared by Arnason and Karabotsos and turned up a total of 124 pornographic files on student association computers.

In November 1996, UTV (now Global Television) reported that Arnason and Karabotsos had downloaded scenes of rape, "kiddy porn" and bestiality onto student association computers, tarnishing the university's reputation.

Karabotsos sued the television station within days of the report, and Arnason followed with his own lawsuit early the next year. In July 1998, the B.C. Supreme Court ruled that despite "three images of bestiality" on a computer Arnason and Karabotsos shared with several others, the evidence available did not justify the allegations made in UTV's report. The judge advocated that a court case proceed to determine whether the television station had slandered them. Global TV agreed to settle out of court. Arnason said he could not disclose the amount of the settlement, but that it was "certainly more than any student society presiden; has ever made in a year."

Newspapers pull escort agency ads

MONTREAL (CUP) — Student newspapers in Montreal are pulling an advertisement from an escort agency looking to employ female university students. The ad promised university students that "all your dreams will come true," if you work for Angelic Devils Escort Services.

But both the Concordian and the McGill Daily have decided to ban the company and other sex trade companies from running any further ads in their papers, although neither paper said they received complaints from readers.

Angelic Devils Escort Services' owner said he was looking for college girls because he knows "they're not into drugs." However, he will have to look for other venues to target the student population. "We just saw it as it was going out, and there was no way to stop it at that point," said McGill Daily co-ordinating editor Ben Errett. "This ad was particularly offensive to us. There are [similar] ads in other papers, but this one is specifically targeted to a student population."

Concordian co-editors said similar factors resulted in the publication of the escort ad and their subsequent ban on sex trade advertising.

Universities forge link with media mogul to offer on-line courses

MONTREAL (CUP) — Private, for-profit education sold by Rupert Murdoch's Newscorp may carry three Canadian universities' names as early as next year.

McGill University, the University of Toronto and the University of British Columbia are all part of Universitas 21, a consortium of 16 universities around the world that have banded together to forge private-sector links and market their prestigious names.

Newscorp, which owns the Fox Network and major newspapers across the globe, has partnered up with Universitas 21 this May in a bid to compete for the increasing market for online education, Canadian University Press has learned.

While Newscorp will design and deliver the courses, Universitas 21 will accredit the courses and lend its name and the prestige of its member universities.

Student and faculty leaders don't have a rosy view of the deal with Newscorp, a corporation worth \$40-billion and with no previous experience with education.

They argue that there will be less discussion of ethical and political issues as corporate control over the curriculum grows. They also say the high tuition costs in private universities will prevent low- and middle-income people from having access to education. Universitas 21 will offer courses designed by Newscorp as early as 2001.

Date rape drugs return to British Columbia campus

VANCOUVER (CUP) — Campus groups are concerned about recent reports suggesting that drugs have been used in attempted sexual assaults at the University of British Columbia (UBC).

"Recently, several reports indicate that individuals have had memory loss drugs slipped into their drinks at UBC. This is occurring in bars and parties, so please take precautions," reads a poster sponsored by a coalition that includes the Women's Students Office and the student association.

Individuals who have ingested these drugs — among them the high-profile Rohypnol — suffer from symptoms that are similar to the effects of consuming alcohol, including disorientation, a lack of co-ordination, slurred speech and drowsiness.

Despite the warnings on the posters, campus RCMP said no conclusive cases of Rohypnol use have been reported to the police, although they added that the lack of reports did not mean the incidents are not occurring. They advised people to be aware, keep their drinks covered and keep an eye on their drinks when they're out.

According to Vancouver Rape Relief and Women's Shelter, roughly one-quarter of the 1,400 calls that it receives on its crisis line implicates drugs or alcohol as a factor in an attack against a woman.

Rally ends protest at University of Ottawa

OTTAWA (CUP) — Three hundred screaming students rallied on the lawn of a University of Ottawa administration building on Sept. 27, ending a three-day protest against increasing administration costs

From the morning of Sept. 25 to noon on Sept. 27, students occupied administrative offices in a 1960s-style sit-in. The students were protesting a new tuition payment plan at U of 0 that requires all tuition and fees for the year to be paid in September, with a S40 penalty for students who don't pay on time. On Wednesday, hundreds of students gathered on Tabaret Hall's lawn to hear university rector Marcel Hamelin address the crowd — a major event for an institution that traditionally ignores student protests. While refusing to repeal the controversial S40 late charge, the administration acknowledged that the timing of the announcement of early tuition payment — July — could have caused problems for students. To a mix of boos and cheers, Hamelin announced the administration will be creating a task force to review tuition and administrative fees. The task force will consist of three students and three administrators, with the university's vice-rector as chair. It will make a list of recommendations by Dec. 15.

DALENDAR

Discover

Japan!

The Japan Exchange and teaching Programme is looking for

candidates to participate as assistant English teachers in a one year cultural exchange, beginning in July 2001

Live, work and experience first-hand the adventure of disco-

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TO APPLY

Application forms can be obtained at your university placement center or downloaded from our website

www.consuljpmtl.org

Information: (514) 866-3429

Deadline: Nov. 24, 2000 (postmarked)

Sept. 28 — Oct. 5

Black Student Advising Centre is holding its annual meet and greet on October 18 from 11:30a.m to 200p.m. Registration is in room 100 of the SUB. Reception — room 307 SUB.All welcome.

Eastern Front Theatre's season opener, The Drawer Boy, is playing October 12-22 at the Alderney Landing Theatre on the Dartmouth waterfront at 8p.m, Saturday matinees at 4p.m and Sunday at 2p.m. Tickets are \$18, \$15 for students/seniors, Saturday matinees \$15 and Sunday evening pay-what-you-can. Call 461-8401 for tickets and information.

School for Resource and **Environmental Studies** is addressing causes promoting solutions enhancing sustainability, October 12 Ian McAllister is the speaker for the topic "Toward a Green Plan for the International Red Cross" and October

19 Sharon Batt will speak on the topic "The Environment — Breast Cancer Link.

Sunday Evening Chamber Music at Dalhousie presents Guitar in Combo Sunday October 1 at 8:00p.m at the Sir James Dunn theatre. Prices are \$15 for single concert tickets and \$50 for the series of four. Tickets are available from the Dalhousie Arts Centre Box office at 494-3820 or 1-800-874-1669.

The 2000 E.W Guptill Memorial Lecture will be given by Professor Steven Chu of Stanford University. This public lecture will be given on Wednesday, October 11 at 8:00p.m. in room 117, Sir James Dunn Science Building, Dalhousie University. All are welcome to attend.

The Velvet Olive is having an all Disco night with DJ Flexman from CKDU fm this Thursday night, Oct. 5, from 10:00-2

Classifieds

WANTED IMMEDIATELY BA/BSc to teach English in Korea, Japan, and Taiwan. Any age, either sex. No experience, teaching qualification needed. Good schools, good management. First year earn up to \$36K, then up to \$80Kor more. Call 477-8469

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Gazette classified ads 494 6532



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LESS THAN \$20,00
OFFER VALID TO
SEPTEMBER 30, 2000

PIZZA & COKE 3 TOPPINGS & 6 PACK MEDIUM LARGE \$15.48 \$17.78

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FREE DELIVERY
LIMITED DELIVERY
AREA. DRIVERS CARRY
LESS THAN \$20.00
OFFER VALID TO
SEPTEMBER 30, 2000





STUDENT EMPLOYMENT NEWS

Dalhousie's Student Employment Centre is your one-stop student employment location. Offering on- and offcampus employment opportunities as well as permanent placements, summer and part-time.

SEC services are available to Dalhousie, DalTech and Kings students as well as recent Dalhousie graduates. Visit us on the 4th floor of the SUB, 9 am to 4:30 pm, Monday to Friday, or on our web site www.dal.ca/sec. The Dalhousie Tutoring Service and Dalhousie Student Volunteer Bureau are also services of the Student Employment Centre and are located next to the Centre in the SUB. Visit your Student Employment Centre today!

CHECK OUR WEBSITE FOR CAREER OPPOFTUNITIES FOR SPRING 2001 GRADS AND FOR SUMMER 2001 JOBS

WITH....

Procter & Gamble (New Grad and Summer) Ernst & Young, KPMG Consulting LP, Pricewaterhousecoopers, Bank of Canada, HSBC Bank Canada, Highliner Foods, 3M, Bell Canada, Stelco, Ontario Teachers Pension Plan Board, and many more...

FEDERAL STUDENT WORK EXPERIENCE PROGRAM (FSWEP) STARTING OCTOBER 12, 2000

FSWEP gives full-time secondary school, cegep, college, technical institute and university students: fair and equal access to student jobs offered by the Public Service of Canada; and opportunities to learn about the federal government and gain valuable experience while developing and improving their employability skills. You can a oply starting Oct. 12/2000. Visit their website at http://jobs.gc.ca

INFORMATION SESSIONS

Ernst & Young - (For Business Undergrads and MBA's), Oct. 10, Room 224/226, SUB, 7:00 pm.

EDITORIAL

Olympic perspectives

The games of the 27th Olympiad have been distinctly different from the games I've become used to in years past. This isn't because of the fact that this year they didn't begin until the summer was almost over, it's because these were the first Olympics I've ever seen as a resident of Canada.

It's true, I'm a lifelong American citizen, and I've become how many records he breaks, I

got it in there, but it must have been expensive.

What kind of statement does that make to the majority of participants, who saved for months and trained for years to compete for their country with no realistic chance of actually winning a medal?

I don't care how many championships Johnson wins or

I don't care how many championships Johnson wins or how many records he breaks, I hope somebody steals those shoes.

used to hearing "I don't care who wins this event, as long as it's not an American," from other spectators during the past two

Good-natured competition is fine with me, if it doesn't have a place in sports, then where is it allowed?

By now, however, I'm starting to think that being a spectator in Canada is a very different occasion than what I am used to. About two and a half weeks ago I was watching one of the first days competition at a friend's apartment when she told

hope somebody steals those

The majority of athletes aren't Michael Johnsons but it's not easy to hear much about these exceptions. I worked at a local magazine in Massachusetts this summer, and there was an Olympic judo athlete who ran a school in the neighbouring town. Apparently, he had a fairly realistic shot at a medal, as well.

When one of the members of our staff suggested writing about him, our editor wasn't even sure who she was talking about. We get enough news about our

Anyone who has won a chance to compete among the world's best certainly deserves it. But they don't have to be so aware of that fact.

me that she and her roommates had decided that it must be sad to be an American watching the Olympics. "You guys win medals every day!" she said. "It's not as exciting for you, you probably don't know what all of the event's you've won are." There is definite truth in that statement. For one thing, a lot the athletes that we hear about and make sure to watch are the mega stars. The Marion Jones's who arrive with the intention of winning five gold medals for athletic immortality's sake. Cries of "competing for my country, not for myself," seem few and far between

I certainly don't begrudge

nationally recognised athletes to pay much attention to someone who already hasn't taken up permanent residence in the media

It's hard to say whether or not I would have appreciated someone like Simon Whitfield had I not been in Canada watching the event. Triathlon is far from an internationally famous sport with a fanatical following and Whitfield himself wasn't exactly shipping off to Australia to get a medal handed to him. Instead, he was ready to give his audience an example of a stellar athletic performance. As I saw him

It's very unlikely that I'll ever get tired of hearing the USA's National Anthem play during the presentation of the medals.

any athlete his or her chance at Olympic competition. Anyone who has won a chance to compete among the world's best certainly deserves it.

But they don't have to be. so aware of that fact.

I mean, a guy like Michael Johnson shows up at the Olympic village with golden sneakers to run around the track. Not just golden as in the colour, but golden as in the element itself. They got real gold in there somehow; I don't know how they

sprinting the last leg of his race, the dozen people gathered around our television rose to their feet and yelled loud enough to wake up most of our street. It's not a moment that I'll soon forget. It's very unlikely that I'll ever get tired of hearing the USA's National Anthem play during the presentation of the medals, but it's certain that seeing these Olympics in a new light has changed the way that I think of the Games.

jonathon dieli colburn

THE GAZETTE

NO MEETING MONDAY OCT 9 due to Thanksgiving festivities and drunkeness.

MEETING

Every Monday at 4:30pm

Room 312 SUB 494 2507

Writers, photographers, editors, and people who would like to contribute are welcome.

Due to an umfortunate lack of errors last week, we would like to offer the following mis-statement: Inverted curve data distortion in sub-genre postulate tracings can lead to significant linear variance in gradient spectrum results.

THE DALHOUSIE GAZETTE

editorial board

Volume 133, no. 5

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The Gazette welcomes letters to the editor and commentary. All letters will be printed up to four per week. The printing of additional letters will be at the discretion of the Opinions Editor. Letters may be edited for length above 300 words and we reserve the right to edit commentary.

All submissions must be e-mailed, or on a Mac or IBM 3.1/2 inch disk, in a "text" format. The deadline is Mondays at 4:30 p.m.

Founded in 1869 at Dalhousie College, the Gazette is Canada's oldest student newspaper. With a circulation of 10,000, the Gazette is published every Thursday by the Dalhousie Gazette Publishing Society, of which all students of Dalhousie University are members. The Gazette exercises full editorial autonomy and reserves the right to refuse or edit any material submitted. All editorial decisions are made collectively by the staff. To become voting staff members, individuals must contribute to four issues. Views expressed in the Gazette are not necessarily those of the editors or the collective staff. Unless otherwise noted, all text © 1998 the Dalhousie Gazette Publishing Society.

is2.dal.ca/~gazette

FEEDBACK

DSS position on Killam Library amalgamation

We, the Dalhousie Science Society, as representatives of all Science students at Dalhousie University, are vehemently opposed to the amalgamation of the Science Library with the remainder of the Killam Library.

We feel that this amalgamation will hold nothing but negative consequences for all students of Dalhousie, indeed, for all users of the Killam Library.

We believe this move will incite confusion and frustration, and lead to a decreased efficiency in terms of library service. Dalhousie is considered one of the elite universities in Canada, and is recognized for its excellence in its Science Program, Especially within Atlantic Canada, it is the Science Program which sets Dalhousie above all other universities, and which draws in students from around the globe. Excellence in the Science Program is not only dictated by its Faculty, but by the resources which it has available to it.

One of the major resources available to all within the scientific community at Dalhousie is the Killam Library, specifically, the Science Section of the Killam Library. That resource is essentially defined by its separate literature, its Reference Desk, and its own library

Functioning as a separate entity, it easily caters to the needs of all of its users. The ramifications seen as results to this move are

Combining literature sections will lead to crowding of the space. Having all staff function from one desk will lead to longer lines. Additionally, a combination of all staff (at one desk) will mean that questions pertaining only to science and its literature will not be easily answered by all staff approached. Furthermore, it is the exceedingly difficult questions related to the scientific resources that will be least likely answered by whatever staff simply happens to be at the conglomerate desk. It is important to remember that the efficiency of the Library should not be judged by how easily it deals with the medial questions; rather, by the manner in which it deals with the much more difficult queries.

One further consequence of having all staff located downstairs is the likely reluctance of the staff to venture to the materials located on the floors above, to show the library users where, exactly, a desired resource may be (not to mention the likely reluctance of the users, especially students, to ask them to

From these outcomes, it can easily be seen that certain areas of the Library will be fraught with confusion, frustration, and crowding. This can lead to a significant depletion of one of the students' most precious resources time. Longer lines and crowding will lead to lower-year students being intimidated from using the Library by the mass of people. Upper-year students, whose schedules are highly constrained, cannot afford to "waste time" with such issues in the Library, and will be thoroughly frustrated.

Science students come to Dalhousie based on the strength of its Science Program. They persevere through such strikes against them as high tuition and large class sizes, just to have access to the outstanding Faculty and resources. Such a prominent strike against a major resource may prove to be too much for the students.

In such issues, the University should remember that it functions both because of and for its students. Without students, a university will cease to exist; thus, it should be of utmost importance to the University to both attract new students, and keep its current students returning.

An action such as the amalgamation of the Science Library, truly a loss of a great resource, causes one to question the University's ability to maintain its student base. This amalgamation hurts all faculties, students and it will eventually damage Dalhousie itself. The programs and resources that this university holds in such a high regard are in jeopardy. By this amalgamation, it has shown that Dalhousie has forgotten their objectives and goals. This University is hurting those that make this Dalhousie what it is. We stand firmly against this amalgamation.

> Johanne Galarneau - Chair Dalhousie Science Society

To Mr. Bellefontaine

We write to you as members of the Metro Coalition for a Non-Racist Society, a ten year old organization committed to fighting racism in our communities.

But more importantly, we write to you as citizens of Canada, overwhelmed with outrage and shame over the actions being taken by the DFO, an agency of our democratic country.

Your actions in ramming the boats of Aboriginal fishers and beating unamed people are reprehensible. As some of the citizens who mandate you, through our elected officials, to manage the fishery in our name, we demand that you stop. Your tactics are NOT representative of the views of the majority of Canadians. The fundamental issues at the root of the conflicts with the peoples of Burnt Church and Indian Brook will not be resolved by institutional violence and police state behavior. These actions will not save the fishery or resolve the issue of fair distribution of resources on the water.

We call on you to back off in the name of justice and democracy. Stop enforcing regulations with violence and intimidation.

We call on the minister of fisheries to meet with Aboriginal leaders in their communities or resign.

> Yours truly Jeanne Fay, Anne Leblanc for the members of the Metro Coalition

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Fuddleduddle

So there is a pressure here to say something uniquely intelligent and thought-provoking.

This is about Pierre Trudeau.

There is a distinction here that I hope you see.

To be quite honest, I fancied myself really rather knowledgeable on the man, and so when I heard of his death I did not feel as though I was jumping on the grief bandwagon, or having my thoughts heard without really saying anything at all.

I imagined I knew everything about the man there was to know. And so when I heard the CBC commentator say that the Canadian youth really had no idea of the man, I did not include myself in this group he spoke of.

It was not until I sat down to edit last night and realized that no one had done anything on Trudeau for this week's issue of the Gazette in fact no one, to my knowledge, had even suggested running anything on

It wasn't until then that I began to believe the commentator was

And it wasn't until I started to write this piece that I included myself in with the rest of my peers.

I am tempted, I must admit, to give a brief summary of Trudeau and his work. But to do that — to skim over an entire lifetime in 50 words or less is demeaning and pointless.

He quickly captivated most of the country with his wit and charm. He united us and inspired us to feel pride in our nation.

I don't think any other politician will ever have the ability to take hold of an entire country's attention like that. He was, like many say, the last of an elite, intellectual group.

The thing I've been wondering, through all of this mourning an old Prime Minister, is where does he stand in Canadian history and even in the future of Canada.

I'm 21, around the same age as most of you. I was never there for the Trudeaumania and so, have only ever been able to read his books and listen to stories of him

I can only say how he changed things by the time lines plastered on every national newspaper. I can't say how he made us feel, I can really only go on what I've been told. The only thing I can say for sure is that any pride I have felt for $% \left\{ 1\right\} =\left\{ 1\right\}$

Canada, any absolutely intense, passionate thoughts I have had for this country can be directly linked to Trudeau.

So, going on this, knowing that we were not there, what do we do as the future leaders of Canada? Do we take his ideals and words in stride and carry Trudeau on with us to the future? Or do we instead shelve his ideals because they are something of the past, and you never look behind when your goal is ahead?

We are in a way doing the latter.

We march down the street for women's equality, or increased rights for homosexuals, or against anti-abortion groups, yet never question where these whole concepts developed from.

We never credit Trudeau for starting Canadians to think about and question these issues. We just hold those signs up high — for everyone to see that change must occur.

We take for granted what we know and what we see, but never thank how we got this far.

Amy Durant

LIFESTYLES

Fashion Expo not stylin'



URGENT NOTICE

To All Students Planning to Travel During Christmas



Due to the consolidation of airlines, there are fewer seats this year. All students are therefore urged to book their flights NOW to avoid disappointment later.

Student ClassTM airfares are available exclusively from Travel CUTS, Canada's national student travel bureau.

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by johneen manning

the gazette

Last weekend I went to an event at the Halifax Forum called FX (Fashion Expo) 2000; sponsored by Visual Impact Modeling Studio &

Given that I'm interested in the world of fashion design, I was really excited when I heard that Halifax would be hosting a fashion expo. I was going into it with realistic expectations — I didn't expect to see Donna Karan D. Versace or Tommy Hilfigher, but I did expect to see some talented Canadian designers with professional presentations of their

I was even excited about just seeing an assemblage of the top fashion authorities in Halifax, trying to foster a sense of style in

There is a point to all this build-up: I was sadly disappointed.

I wouldn't have been so let down if the organizers of the event hadn't falsely claimed they would be hosting guests from the fashion industry. Most of what I viewed in my two hours at the FX 2000 had little to do with fashion.

The expo consisted of a mish-mash of photographers and local modeling agencies; cosmetic retailers; special effects make-up artists and cosmeticians; physiotherapy and massage consultants; crafts; local hair salon representatives, people selling their practical inventions (which had more to do with grocery shopping and surfing the net than fashion), and even a man selling floor

Many of the booths appeared to be hastily thrown together, some even displaying signs with their company name written in black marker on brown craft paper. It was more like a bazaar than a fashion

Thoroughly disheartened upon first viewing the disappointing assemblage of displays, I proceeded to go from booth to booth to see what people had to offer — I was already there, I figured I might as well take a look at what was there even if it wasn't what I had expected.

As I walked around the circuit of booths, I was pleased to see that among the numerous booths advertising cosmetics, laser hair removal, central nervous system analysis, and virtual makeovers, there were a few representatives of local retail stores which set the benchmark for fashion in Halifax and a few adventurous new retailers carrying top design labels or stylish originals of their own.

One such business present at FX 2000 was En'Gear Ltd, one of the newly established urban fashions retailers in Halifax, catering to the hip hop market in tunes and threads. En'Gear hopes to become the "one-stop shop" for (unisex) urban clothes in Halifax carrying mainly imported brand names such as Karl Kani, Dada, and FuBu, to name a few. They're also trying to support Canadian designers by carrying several Montreal designers.

The new retailer has only been open for a few months, and is big again. Also, men's clothes are just beginning its struggle to make more fitted and tailored this a mark in a city where tastes are

often very conventional.

In addition to the traditional baggy, casual look of urban wear, En'Gear wants to expand the look by aiming towards the dressy side of urban wear. The samples presented at the expo ranged from ball caps and jerseys to leopard patterned skirts and ladies tops with faux fur trim.

Other retailers also introduced some less conventional clothing.

We've all heard about organic food, how about organic pants?

Another new name on the fashion frontier of Halifax is Wave Handmade. Designer, craftswoman, and store owner Wave Weir has perhaps exploited a relatively new niche in Halifax's fashion scene. Operating out of Annapolis Royal, Nova Scotia, Wave Handmade produces and sells their own organic clothing.

"It was first comfort and then an understanding of the role that chemicals play in our world and how they affect us individually, that brought me to the point of going beyond natural to organic," says Weir. "You will see a continual evolution of design and fabric choices to reflect this move toward chemical free clothing, accessories and home products in the future."

Wave Handmade's booth displayed a variety of samples of the environmentally friendly comfort clothes and even an impressive catalogue of the various styles they produce.

"The philosophy behind my designs is to have simple, comfortable clothing in fabrics which minimize the 'footprints' we leave on the earth,"

Weir's collection reflects her philosophy of life.

"Clothing that is simple to wear and does not restrict movement. Life is a dance. Clothing should reflect this by not inhibiting our freedom to move to its rhythm. Clothing should allow for the individual changes in shapes and sizes that we all go through in life. A favourite should stay a favourite for many years, not just a season. My garments are of classic lines."

Wave Handmade designs epitomize simplicity and practicality. Most styles are shown in natural unbleached hues, although some colour does appear in the catalogue. They've selected fabrics such as hemp (in a variety of weaves), organic cotton, recycled cotton, wool, linen, silkcotton blends, and pure silk.

David's of Park Lane is a name you're probably familiar with for carrying high-end menswear in Halifax. Lorna Slauenwhite, the store's representative at the expo, was eager to discuss and display the current trends in menswear in David's of Park Lane's professional presentation including mannequins and samples, catalogues, magazines, and videos of top fashion shows.

I got the impression that even this well established retailer is feeling restricted here in Halifax.

"People here are scared to try anything different. Halifax is at least two to three years behind."

This season, tone-on-tone is season, inspired by a more



European look.

"Names to look for this season are Kenneth Cole, Bertoni, and Matinique," said Slauenwhite. She emphasized the importance of the suit in a man's wardrobe for both formal and more casual occasions.

Popular colours for men this season range from bright hues such as orange, lime green, and red, to pale blue, to earth tones. And of course, black always works. If a man can buy only one thing for his wardrobe, it should be a quality black suit; from day to night, it will do the job.

A new extremely high end ladies fashion retailer has recently graced the Spring Garden Road shopping district: Me & Max. Me & Max exclusively carries the designs of Max Mara fashions from Italy. Max Mara is carried in some of the finest fashion retailers in the world, and Halifax now has access to his designs. The designs are absolutely incredible.

I don't think you could get any furthe from Wave's environmentally friendly clothing — Me & Max carries such items as sweaters with real mink cuffs. It's not for everyone, and the high-end imported prices will quickly decide who will be sporting around town wearing Max Mara.

I really hope that those who can afford to support Me & Max do; it would be a shame to lose one of our few direct connections with what's hot in the fashion world

Special effects make-up and mouse-pads aside, the few relevant fashion exhibitors present at FX 2000 made the visit worthwhile.



Walking for wishes

by johneen manning

the gazette

Most of us have dreams or aspirations we would love to see realized. Winning the lottery. Travelling around the world. Becoming famous.

Many of these hopes are extravagant and fanciful, and we often take for granted one of the greatest gifts of all — our health and the prospect of a new day.

Tragically, there are children out there who are suffering from terminal illnesses, and braving procedures and issues that most adults don't even want to think about. These children, facing their own mortality, deserve to have a chance to realize their wildest dreams and most whimsical imaginings. The Children's Wish Foundation of Canada is diligently working to make these children's wishes come true.

The mission of The Children's Wish Foundation of Canada is to work with communities to provide children with high-risk, life-threatening illnesses the opportunity to fulfill their most heartfelt wish. The organization has grown significantly since its inception in 1984. Today, The Children's Wish Foundation consists of 12 provincial chapters and one National Office.

The individuals who help make children's wishes come true believe that every child should enjoy the best quality of life possible, including the experience of laughter, shared joy and treasured memories with the important people in their lives — especially those children whose time here is precariously uncertain.

Children under 18 and over three years of age are eligible for sponsorship by The Foundation. The child must be a legal resident of Canada and have an illness meeting the diagnostic criteria determined by the Foundation's medical advisors. The wishes are as individual as the children who make them. Children often wish to meet a famous celebrity, or travel to a special place such as Disney World.

The goal of The Children's Wish Foundation is to provide a child with a once-in-a-lifetime experience, one that will inspire a fantastic memory within the child and their family.

The Foundation insists they do not solicit children, and all cases must be referred by medical care providers, family or community members. Parents or legal guardians must indicate their longing to have their child receive a special wish.

The average cost of granting one child's wish ranges from \$6,000 to \$8,000. Consequently, the organization relies heavily on corporate and individual donations and support. Provincial chapters of The Children's Wish Foundation raise funds within their own communities by organizing events and receiving financial sponsorship from local service groups and businesses.

Although financial support is essential to the success of The Children's Wish Foundation of Canada, the organization stresses that they could not achieve their goals without the assistance of numerous volunteers, donors, staff, health care professionals, and the friends and families of children in need.

The most important numbers aren't dollars, but the number of children whose wishes have been granted.

Miraculously, since 1984, The Foundation has granted over 6,800 wishes. The Nova Scotia chapter,

established in 1987, has provided wishes for 314 children in this province.

In Atlantic Canada, over 900 children have received their wishes.

The primary fundraiser for the chapters in Atlantic Canada is The Children's Wish Foundation of Canada Wishmaker Parade. Last year, the parade was held in 55 communities throughout Atlantic Canada and raised more than \$500,000. All of that money goes to granting children's wishes.

This year, The Children's Wish Foundation of Canada Wishmaker Parade is being held in 60 communities across the Atlantic Region on Oct. 14.

Cheryl Matthews, the Provincial Director for Nova Scotia is enthused about this year's parade.

"The Children's Wish
Foundation of Canada Wishmaker
Parade presented by Air Nova is our
largest fund raiser of the entire year.
It is through corporate sponsors ...
and many, many hours of hard work
by hundreds of our volunteers that
this event is so successful — and a
successful parade means we can
grant even more wishes."

The parade gives people the chance to lend support to a very worthwhile cause while enjoying a fun and entertaining day.

According to the itinerary, you'll also get a chance to win a wish of your own — participants will have two chances to win a trip for two anywhere Air Nova flies, as well as other prizes donated by sponsors of the event.

"We've forged a great relationship with The Children's Wish Foundation of Canada and this event offers Air Nova a wonderful opportunity to reach out to many Atlantic Canadian communities," said Joe Randell, president and CEO of Air Nova.

Joining Air Nova in its corporate sponsorship of The Foundation are ATV/ASN, McCains, Maritime musical favourite Great Big Sea, Air Canada, Beaches, Royal Bank, Sameday Right-O-Way, HMCS Preserver, Pharmasave, Wacky Wheatly's and Maritime Broadcasting System.

Information that will Help you Walk for Wishes:

- This year, The Children's Wish Foundation of Canada Wishmaker Parade will be held on Saturday, October 14 (Rain or Shine)
- Registration begins at 11:30 am; parade starts at 1pm.
- There are 17 parade sites throughout Nova Scotia
- To obtain a pledge sheet and more information all you have to do is call 1-800-267-WISH-(9474)



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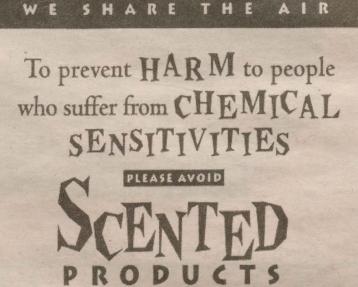
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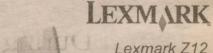
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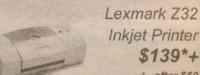
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Vanessa's Closet

advice from someone completely unqualified

Dear Vanessa,

I'm a twenty-two year old university student. I fell in love last September with my English TA. Unfortunately; he kept his distance, and just wanted "to be friends." Now he's overseas teaching English, and I can't forget him. Anyway, I got my phone bill today and I owe \$938 dollars for all the psychic readings I've had. (I needed to know what the future was between us.) I guess I'm the dumbest person in the world. I know he wants to travel and teach overseas, but the psychic keeps telling me that we'll be a "very happy couple" and are "perfect for each other." Now I'm facing the phone bills, and worrying about my bank balance and paying my tuition. Please tell me what to do!

Psychically Confused

Dear Confused,

Okay, here is a question: If those psychics are so clairvoyant, why didn't they tell you about your impending financial disaster? If they did 'see' it and didn't tell you, that doesn't make for a very good friend now does it? Honey, if any of those fruitloops were for real do you think they would be sitting on the phone talking to wing nuts like you at all hours? HELL NO! They would be in the Caymans, sipping champagne and thinking about all the money they had just won in the lottery. Accept reality, the guy isn't interested in you. Hang up the phone and find yourself some other nice boy to obsess about. If you get really desperate, go out and buy yourself some lovin'. They still charge by the hour, but definitely want to be more than 'just friends.'

Dear Vanessa

I saw that you had gotten your belly pierced recently and it made me think about getting my clit pierced. I really wanna get it done but I'm afraid it will hurt. My friend said he knows a lot of girls who have had it done and now they have orgasms easier. Do you know if this is true? Does this increase your frequency of having an orgasm?

Hoochie

Dear Hoochie

First of all, I have no idea why my belly makes you think about getting your clitoris pierced. Unless of course, the sight of my flat and muscular tummy turned you on so completely that sex was all you could think about. I DO have that effect on some people...but anyway, I digress. In response to your question, I am not convinced that the addition of a piece of metal will assist you in achieving orgasm. Unless of course, it is phallic shaped and vibrates. The most common piercing that people brag about being a sexual panacea is the tongue barbell. Without a doubt, as soon as a potential mate makes mention of the jewelry, the piercee will smile suggestively and (hopefully tactfully) imply their oral sex talent as a result of the added hunk of metal. Please! The simple fact of the matter is if you couldn't move your freaking tongue worth a damn before, how is that hunk of metal going to magically turn you into a fellatio/cunnilingus champ?! Now I can see SOME merit in the clitoris piercing as it may increase the pressure to the area during sex. But the clit is so full of nerve endings why risk damaging any of them girl? You may want to think about getting a clitoral hood piercing instead. Go to a shop and discuss all of your questions with a certified piercer. And be rest assured, it is gonna hurt like hell!

Send your important questions to vanessascloset@Xweb.ns.ca



* Enjoy great sunsets, good good food, and good company on our enlarged rooftop patio.

LIVE THIS WEEK:

Every Saturday- Matinee
Tony Smith & The
Mellowtones

Oct. 5, 6, 7
Tony Smith &
The Mellowtones

Oct. 12, 13, 14 The Harbour Sharks

Oct. 19, 20, 21 Clam Chowder * Meet old and new friends at the Duck in a very comfortable atmosphere.

* An extensive 5 page menu... something for everyone.

SPRING GARDEN & QUEEN 422 1548

Recipe Showcase My Famous Oatmeal Raisin Cookies

by johneen manning

the gazette

They're big, they're moist, and they're fattening. But, hey, with the long weekend fast approaching, we may as well indulge, right? Besides, you can always do what I do when I'm trying to convince myself that the raw cookie dough is too delicious to be sinful — just say the oats and raisins are actually healthy treats. Oh, by the way, they taste even better when they're baked.

Oatmeal Raisin Drop Cookies

1 cup butter or margarine, softened

1 cup brown sugar, packed

1 egg

1 tsp. vanilla

1 1/4 cups all-purpose flour

1 tsp. baking soda

1/4 tsp. salt

1 1/2 cups rolled oats

1 1/4 cups sultana raisins (seedless)

Preheat your oven to 350% F

Cream butter and sugar together in a large mixing bowl. Beat in egg

Add remaining ingredients, mixing well. Drop by heaping spoonfuls onto a parchment-lined or greased cookie sheet. Bake for ten to 12 minutes, depending on the size of your cookies and your oven. The cookies are perfectly done when they are lightly browned and still soft to the touch. It is best to monitor the cookies once they've been in the oven for eight minutes to make sure they don't brown too much. Allow cookies to "set" for about ten minutes after they've been removed from the oven. They are best eaten warm.

Note: To recreate that "fresh out of the oven taste and texture" in cookies that are a few days old, simply microwave one or two cookies for fifteen seconds.

Johneen's cookies rock - ed.



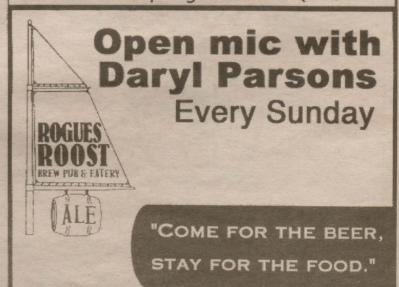
Entertainment

Open Mic with Daryl Parsons Every Monday

> CD Release Party Sense Amelia Project Friday Oct. 6th

Elephant Caravan Saturday Oct. 7th

Corner of Spring Garden & Queen



Both locations at Spring Garden & Queen

Dal Women's Centre — more than just pamphlets

by neeti tomar

Attention women at Dalhousie University! Some of you may or may not know that there is a centre here on campus that was set up with the intention of being a resource for women in the area. This resource is the Dalhousie Women's Centre located at 1229 Lemarchant Street. The Dalhousie women's centre has been in place for more than seven years as a centre where women can turn to when in need, or even when they just want a place to

"The Dalhousie Women's Centre opened on March 8, 1993 to coincide with International Women's Day," said Patty Thomson, director of the Dalhousie Women's Centre. "It is the product of two years worth of work by an incredible group of women that had a vision for the centre.

The purpose of the Dalhousie Women's Centre is to help establish the recognition of what is important for women, and to help meet their needs.

It is a place where women have the opportunity to come together and learn from one another.

"The Dalhousie Women's Centre exists in recognition of women's common social, cultural, cognitive and physiological needs. The centre provides a meeting place for women to collaborate in groups, seek support for individual problems, share and find collective solutions, learn new skills, assert themselves and gain confidence and determination," Thomson.

The centre facilitates a number of programs and events. Take Back the Night, International Women's Day, Week of Reflections, December 6th Memorial, and Person's Day are some of the big dates during the year that pertain to women specifically, and are some of the dates that the Dalhousie Women's Centre focuses in on.

"We always have events the gazette highlighting the day," said Thomson.

> The Dalhousie Women's Centre's first event of the year was the Take Back the Night march, which took place on September 29.

There is a wide range amongst the referrals and the resources that the centre has to

"We have pamphlets on everything from alphabet soup to zebras, and if we don't have it, I'll know where to find it for you," said Thomson.

Amongst these resources and referrals are phone numbers and addresses of agencies and services throughout the area, including lawyers, STD clinics, sexual assault centres etc.

"We're kind of an information clearing house," said Thomson. "We get posters and flyers regarding a lot of stuff; a lot of information crosses my

An effort is made to keep the Dalhousie Women's Centre involved with the awareness of social and political issues that relate to women. The people involved with the centre do things to stay active socially and politically, such as writing letters to newspaper editors and giving media interviews. Thomson herself sits on various committees and boards around the city. She also attempts to stay up to date on the current political issues affecting the city, province and

"If it's affecting women adversely, we're going to speak out about it."

The Dalhousie Women's Centre also helps women on an individual basis, as needed. The centre attempts to help women in the community and on campus by doing things such as accompanying women to court, helping to file Peace Bonds, helping to deal with police etc. The centre also does letter writing on behalf of women.

lending library where resource books are either available for borrowing, or for use in the centre

The Dalhousie Women's centre is more than just a place where women can go to spend time and socialize, it is also a centre of resources and services. It offers services that have to do with programming, referrals, social and political activism, as well as basic advocacy and support. Thomson recommends that women make use of the Dalhousie Women's Centre.

"There is strength in numbers, it is a good place to hang out and eat lunch, do some school work or reading, and it is a place to meet like-minded individuals. We're here and don't know what women's concerns are unless they bring them to us. If there is something that we're not doing, that women would like to see, then the matter needs to be brought to our attention.'

GNATED DRIVER

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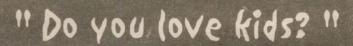












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STREETER

This week The Gazette asks:

How many cups of coffee do you drink in a day?





"400 a day during exams, none normally'



PHOTO OF THE WEEK





Grant Spence

"three"

" four if I have stuff to do, six



Karen Endres

"actually zero"



Peter Marshall

"zero"

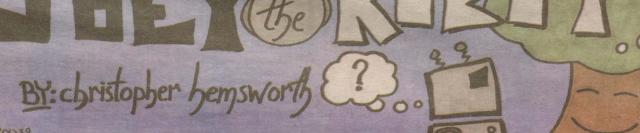


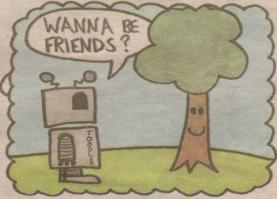
Bonnie Butt

" I drink four to five cups of coffee a day, wich is far too many!"







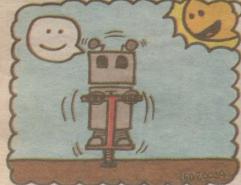


















ARTS & ENTERTAINMENT



Tony Smith and the Melotones

all soul — all the time > 15

KING KONQUEROR SKA-LICIOUS & SKANKY > 16

LOST
right, left or straight, we don't know > 17

Vancouver group puts off sweet live show

by patrick blackie

the gazette

When gob lunged on the stage at the Marquee last Friday, I didn't know what to expect. I had never seen them live, and I had the impression that the more refined album, The World According to gob, would maybe translate into a somewhat softer show.

I learned my lesson. The World According to gob, released on 'R'Ocktober 10th, is a different album for the band. It has a softer feel than some of their other songs, and is generally a softer album than the last

But the feel of the album, according to Theo, is not because they've softened at all.

"But you can't compare it to the last two albums," said singer/guitarist Theo.

'Too Late, No Friends and As Seen on TV were both different than The World According to gob. We worked on this one a bit.'

just an hour (or so) of high energy Canadian punk mixed with a healthy dose of carnival-style comedy. Co-guitarist/singer Tom even did a brief dance number for the rambunctious drunks, and Theo managed about 20 or 30 different facial expressions, some of which called for the independent movement of each eyeball, a skill I have long aspired to have.

They played an active set that included all of their old (and a few newer ones) rockin' tunes, including their first single, "I

"Driving in the van for hours at a time sucks, not being able to sleep properly sucks, not finding good food sucks. But seeing people cheering and singing along, it makes us feel good, like we are welcome. It's like our energy pours out into the audience."

> Hear You Calling." The song is a lot more poppy than their other, more recognized, stuff (sorry guys, it's true) but when they hit the stage with it, they managed to keep the crowd rocking as solidly as any other song.

"Driving in the van for hours at a time sucks, not being

finding good food sucks," said Theo. "But seeing people cheering and singing along, it makes us feel good, like we are welcome. It's like our energy

pours out into the audience." "The main reason we are here is to play. It's like we let a whole

bunch of people

into our jam space to listen," added Tom about the live show.

Also, gob are tight. They play fast, and they play well. Each song they played, even the older stuff that lends more towards NOFXish punk than pop-punk, was spot on, no mistakes and generally inspiring. It created probably one of the biggest mosh pits I've ever seen at the

gob are as much performers as they are musicians. They are one of the few bands that can get a crowd as focused and enthused as much as they did.

At one point, they allowed a drunken audience member on the stage to sing "You Shook me all Night Long" by AC/DC. When the drunkard failed to recite the lyrics, he was booted off for another, more competent inebriate and two girls who danced moronically for the song.

The stunt worked to the crowd's delight, and the last few tunes were much appreciated by the audience.

gob then announced that they would meet and greet their fans who wanted to buy merchandise, and they went from the stage to the back of the bar to sign women's underwear and mingle with the commoners.

- more

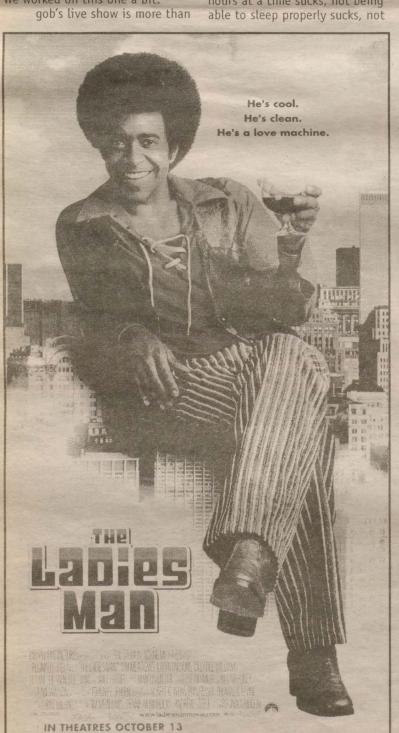
fairies

These guys don't seem like rock stars, but a bunch of young guys who use their musical abilities and well-toned sense of humour to entertain drunk people for a job.

The post-show interview was interrupted by a chickenhead lass who somehow got the impression that someone cared what she thought. She rambled

like "Hey Pat, get your mom outta here," and "Who let the Laura in," and "Hey, shut up."

The only real thing I learned from the interview is that gob are a cool group who are focused on their goal, despite the occasional semblance of insanity. For those who remember Theo's heroic ingestion of insects or Tom's BMX proficiency from Soda, put her in her place, with remarks, their heads on straight.



The Fairy Faith nuts than

pamela smith

the gazette

So, you have a thing for fairies, eh? Well, hip-hip-hooray for the National Film Board of Canada because The Fairy Faith is seventy-four minutes of pure

unadulterated pixie action to satisfy your... um... fetish.

Filmmaker John Walker investigates the historic roots of these "little people" through art, literature, and a handful of selfproclaimed fairy experts.

Unfortunately, the documentary ends up being less about the fairy tradition and more about the people who interact with fairies on a regular basis. Apparently, when the fairies aren't horsing around in the underworld, the little buggers are hanging out in the forest chatting it up with the local folk.

I've concluded that these people are nuts (ever notice that people who see things are always

To John Walker's credit, the

movie is beautifully done. It's filmed in picturesque green rolling hills and forests around the world, and integrates oodles of colourful fairy artwork. The travel across time and culture is slightly interesting, but the film is mostly bogus. As a documentation of fairy mythology, The Fairy Faith just doesn't deliver the goods.

The potential is there, but the interviewees are simply too harebraine I to take seriously. I mean, come on, these are the type of people who make headlines in The National Examiner.

Then again, I'm biased the Tooth Fairy scares me and crazy people freak me out.

Prejudice aside, does this movie get a recommendation? Sure, see it if you dig nuts and fairies.

Tony & The Mellotones dish it out



Warming things up — the Mellotones creating a little anticipation

> Soul man when Tony finally hit the stage his smooth understated vocals and flirtatious spirit made the ladies smile and the gentlemen envious.





Rebel rebel -Mike the flamboyant and saucy Mellotones' bassist was an energetic contrast to Tony's shy sexy style.

Leggo my ego — not a band to hog the stage, Mark Green, among others, was invited to share the spotlight.





Variety is the spice of life triangle, baritone sax, trumpet and trombone — they had them all.

Cover me alive.

Faithful but not bored renditions of Sex Machine and Low Rider kept the dance floor

Rugs to wipe your shoes on

by jodi magliaro

the gazette

So far I have reviewed four things for the Gazette and I haven't liked any of them. Well, this isn't going to be an exception. Now I know how subjective art is so my opinion here shouldn't really matter. First though a little info on what Suzanne Swannie's work is about.

Each woven rug was made from cow's hair (yuck) and dyed by Swannie herself.

There are nine rugs in the

show, each one representing a different place Swannie has lived. There are four for the Northwest Territories, three for Newfoundland, and one for Nova Scotia and Denmark.

Now the idea for the show is cool — the carpets are supposed to "draw attention to the nature of weaving as a metaphor for the act of walking over, or traversing a service." All I saw were things to wipe your feet on. I didn't know whether I was looking at art or a floor mat.

I could buy just as good a rug at Zellers and call it Alberta

and people wouldn't know the difference. In fact, I'd like to bring a mat from home, tell all the artsy people it was made by Suzanne Swannie, and watch as they praise it for it's detail and

When I think of Nova Scotia I don't see green and brown lines, but, like I said art is subjective, maybe that's what Swannie sees when she thinks of Nova Scotia.

Now, I know what all you Gazette readers are thinking "Like you could weave those mats, dye them yourself, and get them displayed in an exhibition."

Well, I know I couldn't. I tried to make a scarf once for art class and it turned out looking like my dog ripped it apart (That's actually what I told my art teacher and she believed it.

Sucker).

I'm not saying that Suzanne Swannie doesn't have talent, I'm just saying that she should use it for something a little more interesting than a carpet. I mean, the colors were pretty and her attention to detail was awesome, but they didn't make me feel anything. Whether you love art or hate it, it is supposed to make you feel something. I just felt like wiping the gum off of my shoe on one of them.

Since I don't know much about art, I decided to ask the curator, Pam Pike, what she thought of the exhibit.

"It shows European influence and Scandinavian design - known for it's excellent design" (yeah, I heard they had good rugs over there.)

Now Pam Pike knows art. I do not. So maybe you should listen to her and not me. It would be a mistake but, hey, it's your

Okay, I'm going to start getting a bad reputation for writing negative reviews, but it takes a lot to impress me, as it should you. If I'm spending my money, or my time, on something, I want it to be worthwhile. Pretty soon though there'll be posters up around the city with my face on them that say "Danger, too critical — do not let her review your show." Cool.

Suzanne Swannie's work is part of Design Week 2000 and is being shown at the exhibition room in the Dal Architecture building on Spring Garden road until October 13.



by caitlin kealey

the gazette

Dragging my sick sorry ass to the Marquee on Saturday night to see local favorites King Konqueror and Montreal's Kingpins was a mistake.

King Konqueror were good as usual but no matter how hard I tried, the Kingpins' poppy version of ska combined with a fever could not make it worth it.

King Konqueror played an entertaining, happy set of their self-described "peace-love-ska-

It is a suiting description. The eclectic mix of freaks that showed up for the show were all hyper but the good kind of yper. That kind of good hyper

you need to keep up with an evening of high paced skankin'.

King Konqueror, time after time, fill the bar and make everyone dance. They've quickly become one of the most popular bands in Halifax. They have excellent stage presence and crowd interaction. The band seems to be all about fun, which abounds when King Konqueror hit the stage to make the crowd bounce. And bounce they did for the full set the audience was skankin' their little hearts out.

More beer bottles meet their doom at a ska show than at any other type of show swinging arms and jumping bodies read disaster for the poor, innocent glasses. With the end of the King Konqueror set was a way

too long break, and then it was the Kingpins turn to woo the

And woo the crowd they did. The crowd didn't grow or get any more hyper but it remained at a constant full dance floor. Touring to support their new album, Plan of Action, the Kingpins returned to Halifax with one change. They got rid of their other lead singer, so now there is only Lorraine Muller heading the

The resulting band is one

that is not as full. Muller used to play the saxophone for some songs but now she just sings. It takes something away from the horn section because now there is only the one saxophonist. (It should be mentioned that the guy really tried hard to imitate Clarence from Bruce Springsteen and the E Street band — the result was the cheesiest saxophone playing I've ever seen — he arched his back and blew with the best of them.)

Blowing aside — the Kingpins impressed the crowd and

played a tight set of new mixed with old songs. They played a full set and an encore — but the encore was delayed by a blown power fuse.

Between the last song and the encore the drummer and the saxophonist did a little improv jazz. Interesting, but a bit bland, but not bad for an on the spot upbeat jath, especially with half of their instruments gone.

All in all, King Konqueror should be closing those shows and even the Kingpins say that.

Jazz **Demons** in Hell

by louise matheson

Quatrain — formally The Pete Johnson Quartet - played at Jazz night in Hell Thursday.

Jazz fans mingled around the free Garrison beer dispenser, while in Hell, Quatrain were playing like demons.

Quatrain consists of four band members. It even includes one of Dal's very own French professors, Christopher Elson, who plays the piano. Teamed up with Elson are Dustin Lindensmith on the saxophone; Benn Ross — a former Thrush Hermit-er on

drums, and Pete Johnson playing standup acoustic bass.

Johnson is responsible for composing roughly 80 percent of Quatrain's original tunes.

The group has a smooth effect that would take the edge off of Garrison's beer any day. They also provide a relaxing atmosphere - one that can make a person both appreciate jazz and

If you haven't heard of the gazette Quatrain, it's because they're relatively new. They started out by rehearsing a few times and then went on to play at events such as the Atlantic Jazz Festival in Halifax and The Economy Shoe

> The tunes defiantly ignite a flame within.

"It's a type of rural jazz, a gospel shuffle rock swing, we like to call it seaboard soul," says Elson. Their recognition is growing and especially now since they have a brand new live CD coming out at HMV — look for it — it's called Adamant Shoals.

The Boys are back in town

The Flashing Lights Heading Home

by melanie hawkins

the gazette

You've seen the video for Elevature 500 times and you miss the snappy guitar of Halifax natives, Matt Murphy, Henri Sangalang, Steve Pitkin and Gaven Dianda.

What to do? Well you are in luck!

The boys are heading to Halifax as part of their Maritime tour starting Oct. 10. Starting off in Montreal and then heading here on Oct. 14, they will be at the Pavilion playing an all-ages gig, then at the Marquee with The Heavy Blinkers.

Have you heard their latest

Elevature EP? If not, do so now. You will be singing along before you know it.

The boys have been busy rehearsing to make their set tasty and packed full of flashy tidbits. If you listen closely to the show, you will get a chance to hear some new songs that will be on their future release.

Flashing Lights are working in Toronto on a new release coming out in February, 2001, with Ian McGettigan of Thrush

During a telephone interview, Matt Murphy made his excitement at returning home and the release of his upcoming CD

"This new one is a

foreshadowing of what's coming up, it is going to be slightly different but the same range of styles are still there," he says. The future holds many promising funfilled opportunities for the band.

Working closely with The Blinkers lanel dude, Dennis Stewart, the Lights hope to release their new CD in Europe and then take the place by storm.

To me, the returns are greater getting to tour Europe than just having our CD out there. We'll be well connected with a good distributor," says Matt.

The band plans to work on some videos that will be on the new albumin the new year, so keep your eves peeled. And get your buns down to the Marquee on Oct. 14.

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And the Cool Kids will

Tonight (Thursday Oct. 5) go see the Holy Body Tattoo. Described as being somewhere between ballroom and brothel, it's gotta be good. It's playing at the Dal Arts Centre. It's between \$11 and \$17, worth it though.

Friday the 6, brings the Datsons to the Attic - BUT I'm torn — it also offers Scratching Post at the Marquee. Two great bands — maybe you can sprint between the two? Scratching Post is eight bucks and they are playing with The Weekend, and The Datsons are playing with Dust Radio and it's five bucks.

Saturday night someone should have a party and invite me. Email the gazette at

gazette@is2.dal.ca if you have any suggestions..

Sunday night if you are into DJs and don't have any turkey, maybe you should go check out the Thanksgiving Weekend Party at the Marquee (but you won't see me there.) Not a bad deal though, two floors and lots of DJs for five bucks.

Thursday Oct 12, GO SEE SLOWCOASTER. That's all I have to say about that. Marquee four bucks with Rock Ranger.

Friday the 13 -00000000 - Bad Luck #13 are playing the Pavilion as per usual. Always a good time, it's six bucks and there's some screaming goodness of Falling Short before them. If you aren't into that there's also the buddin' blues boy,

Mark Green playing at the Attic with Vallviler. And if you still don't like that there's Newfoundland's pop diva, Damhnait Doyle at the Marquee for eight bucks. And hell if you still aren't happy with those options, come to PEI with me for a huge show at the Barn, Buck 65, Flush, Bucket Truck, Slowcoaster, and Mike O'Neill to name a few.

Saturday the 14, Flashing Lights — Flashing Lights — Flashing Lights. Everyone chants like in the video, damn that part of the song gets stuck in my head. Anyway they are playing the Marquee it's only seven bucks and you get the Heavy Blinkers and the Salteens thrown in for good measure.



Sucks to be Lost

by jodi magliaro

the gazette

More people get lost in Nova Scotia than anywhere else in North America.

What? Do you find that as weird as I do? Of all the places to get lost, it's here in Nova Scotia; the place where people won't only give you directions, they'll drive you there themselves. We are known in the Maritimes for our kindness to strangers, so I ask, why are we called "The lost person capital of North America?"

Well, it's not because of the unwillingness of people to help, so maybe it's the lack of people themselves. Forest covers 80% of the province and we are sparsely populated (there's also the stubbornness of men to ask for directions to factor in.)

Being lost, whether that be spiritually or physically, is one of the scariest ideas to people. What could be worse than not knowing

your place in the world, or the thought of never seeing home again?

Lost, a National Film Board of Canada documentary, directed by Teresa MacInnes, deals with the fear of being lost and the relief of being found.

It brings up questions like what should you do - stay in one place, as we were always told, or find our own way? Why do people usually make the worst possible decision when lost?

The documentary attempts to answer these questions, but it fails to do so.

I found that it jumped from being one type of lost to another. It went from search and rescue, to walking in a Labrinyth to find yourself, and then never actually answered the questions it raised. I found the search and rescue parts scary and the spiritual parts boring and uninteresting.

There were a couple of cool facts — like the one about Nova Scotia being the lost person

capital of North America. It also said that 2000 people get lost in the West Edmonton Mall every year. Why? Not only because it's the largest mall in the world, but because it is designed to get you lost so you'll have to wander around and look at all of the merchandise.

I don't know about you but that pisses me off. Can't you picture the architects giggling to themselves as they figure out where a person would least likely look for an exit. The thing is, people are that dumb — "I'm lost, I can't find my way, but hold on, that shirt is only twenty bucks?

I would not recommend curling up in front of the TV, with a bowl of popcorn and watching Lost. Even for a documentary it's quite boring. It didn't dwell on why being lost is such a big fear

So here's my advice — if you have to choose between Lost and a Pauly Shore movie. What do you do?

Choose Lost! God, nothing's that bad.

Great Big Sea — ragin' all over the country

by cheryl beckett

the gazette

It's the middle of a live Great Big Sea show. Singer and guitarist Alan Doyle breaks a string. Sean McCann decides to fill the silence with "just something I've been working on." That's the story of how "Hanging Johnny" landed a spot on Great Big Sea's new live CD Road Rage almost by accident.

"That's the spontaneity that's a live show," says GBS bass player Darrell Power.

GBS recorded Road Rage during a tour to promote Turn, their most recent studio release. The cross Canada tour produced a live recording that is almost as good as the real thing.

'There's definitely no substitute for a live show," says Power, "This CD basically encapsulates what coming to a

live Great Big Sea show is all about."

In an unconventional move, the band decided to record every show on the tour. They played all ten provincial capitals, selling out venues like Toronto's Massey Hall and Winnipeg's Walker Theatre. The tour ended as the new millennium began in St. John's where the band hosted a free concert to over 90,000 fans on the waterfront.

Recording so many shows was important, Power says.

"I think the thing about a live show is songs are slightly different each night. It's not static, it's changing."

Power says the band felt it was time to record a live CD. He says GBS had a large enough repertoire of live shows, but ultimately they chose to do a live CD because "people were asking for it". Fans are a big part of an endeavor like this.

"Everything you do depends on fans," he says. "Playing isn't one-tenth as much fun if people aren't out enjoying it."

Power says GBS fans are "devoted." They were out in full force at every show. Incorporating their reactions into the CD was important to the band.

"Different places have different reactions," he says. "It's interesting to listen to different shows after they're done. Sometimes small places provided great renditions of different songs. You can hear the differences in audiences in different rooms."

Power says it also illustrates the strength of the band's fan base.

"It's interesting to hear cheering at the same level in Victoria and St. John's," he says.

Power has no doubt about why GBS gets the reactions it does across the country.

"[The music] invites people to participate and join in," he explains. "It allows people to put life on pause and have some

Fun is what it's all about for Great Big Sea. Even the title Road Rage reflects this ideal.

"The concept of road rage

has negative connotations, we never looked at it that way," Power says. "It was four guys tearing across the country, from Victoria to St. John's, playing 40 shows in one or two months. If that's not a rip across the country, nothing is."

The band is taking a break from touring this fall, so the only way to capture the energy and action that is Great Big Sea is through Road Rage. It may not be the real thing, but it's close. The CD is in stores now. Great Big Sea goes back into the studio this winter to record another release.

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Mark Browning charms the East Coast as the Dalai Lamas get it on down

by melanie hawkins

the gazette

Friday night's get together at the Attic with Vancouver's folky Mark Browning and Saskatoon's - something special - the Dalai Lamas, started off quiet and ended up with the usual mass of influenced Haligonians wandering the streets in search of the perfect piece of pizza.

Unfortunately for Halifax, in the early evening the Attic was so quiet you could have heard a pin drop as Mark Browning started his set. Perched on a chair like a pet canary, with acoustic guitar in hand, he sang with so much feeling there wasn't a dry eye in the house. This songbird presented music that was garnished with stories — intense, passionate and downright tasty off his newest release entitled Years of Sadness.

He mixed the soothing guitar and added a touch of the harmonica. For a one-man band, he sure can belt it. With his furrowed brow he continued to stun the small quiet crowd, or that's how it seemed until some idiots started "Woooo-hooing" inappropriately.

Years of Sadness is his second release. It is more refined than his first 'indy homejob.'

"This one is intended to be more of a full-band record following in the footsteps of Bob Dylan," says Browning.

He has been migrating across Canada with nothing more than a guitar, a backpack with some clothes and CDs to sell at his shows, and maybe a few good books to read on the bus. He says it's hard being away from home, but that's the life you live when you enjoy this kind of job. He's spent time in Italy, New York and has been coast to coast in Canada.

"Touring has its rewards, you meet lots of people and see lots of places but really the most important is seeing the diversity within the country."

Browning's been to the East Coast before — not too long ago — during the spring.

All this touring would make most of us homesick but the rumbling engine of the Greyhound beckons him. Feeling sad, feeling homesick, feeling anything is good and he says that it is easier to create when you're not completely happy, you deal with it and accept it because it's the life you have chosen.

Intriguing, most definitely.

You can hear various musical influences in his songs, it's no surprise that they are artists such as Neil Young, Bob Dylan, and The Band. In the song "Dark Globe" you can hear Pink Floyd. He made cover songs sound original and totally his own style. Browning is fortunately unlike most artists these days, who regurgitate well-known songs without adding their own personal

So, even if you don't dig folk music, his life and story are bold and he'll make you proud to be a Canadian, minus the

After a short booze hounding break, the six-piece Dalai Lamas started jamming effortlessly with their horns, guitars, keyboards and the like. This was the last leg of their cross-country hike from Saskatchewan to the west and swinging back to the east.

The guys have not only been busy touring, but also making a video with a Montreal based videographer who recently shot them goofing around after a show. They hope it will be seen on Much West

"If you are on the road or not, videos are an excellent opportunity to get your music out fast," says Dalai Lama saxophonist Tim Bender.

Out promoting their new super funky release, Return to Funk-Fu Alley, the rest of the guys, Sean Pion (guitar), Larry Ghenakew (bass), Vince Spilchuk (trumpet and keyboards), Brian Hankewich (drums) and last, but not least, Richard Kapronczai (lead vocals and guitar), are making it look easy to play good music that is easy to get up and dance to.

Dancing would be an understatement for Friday's show. The crowd thoroughly enjoyed the band during both sets, most likely increasing the band's energy in doing so. It was unclear if the crowd enjoyed the Dalai Lamas or the covers that they reproduced.

"This next song's about being broke."

Well, for sure the starving student crowd can relate to that one as they spent their student loans on booze dancing the night away.

The Dalai Lamas are definitely a good party band,

A night with Carolyn Mark

by thomas cameron edelson

the gazette

The show started late and ended even later. By the end I had had enough. Don't get me wrong, I liked Carolyn Mark and her entourage's performance, but my advice to them is "Do Not Quit Your Day Jobs."

I personally think there isn't enough variety in the Halifax music community, oh cries from the peanut gallery, I hear you already. Halifax is diverse musically in its private life but for a night on the town, any show that doesn't include any Stan Rogers or turntables but will cover a Johnny Cash song wins praise from me.

This group of three members, all from Victoria BC, Carolyn Mark singing and playing guitar, Tolan McNeil playing rhythm guitar, and Mark's

creative Hip Hop which has been resurfacing lately.

These three locals literally 'host'

this event through inviting the less experienced and hard practicing DJs and

emcees of Halifax to join them as guests
for a set on the tables and microphone.
If you've been down in your
basement spinning some sweet silken vinyl,
or filling your cerebellum with freestyles

and wish to share and exhibit your styles

and skills this is the perfect platform. Able-bodied DJs and emcees can either go straight to the club and network or just

No matter what your preference: down, up, House, Drum & Bass or Hip Hop, you'll find something tangible to take in. The varied composition of the crowd and music at Conception (and maybe the drink

special) lifted up my spirits and reassured me that, yes, differences between individuals is a blessing and not a problem.

The boundaries that seemed to define and isolate so many of the DJ music

send some pertinent text to

swapextramayo@hotmail.com.

husband - manager - drummer Garth Johnson, have a good thing, but that's just it, one good thing.

Their music is their own, written and played — which is cool. It just sucks to listen to an hour and a half of one good thing — it quickly tiresome.

The show started strongly with clever lyrics, easy guitar solos from McNeil, who was clearly the most musically talented, and an upbeat attitude, which made for an easy drinking environment.

The band started their country wide tour, which included nothing more than a Honda and a lot of gas money, in Vancouver and came east for several weeks before starting the long drive

The band cited a number of different '80's musicians as influential in their own career. Mark said Blondie, Johnson said the Smiths, and McNeil listed Slayer as his favorite.

Could be a difficult ride home guys.

I think everyone enjoyed the show, the bartender said "I like it" but that was early. I didn't ask him his opinion later on.

He may have felt like I did. The show wore on, the same chords, the same little 'When -Ihit-my-drum-everyone-jumps-atthe-end-of-the-song' Johnson trademark, and even Mark's dress was overdone packaging for a low-grade musical product.

God bless the band for trying a lot harder than I would.



genres and cultures melted as inconspicuously as the ice in my appropriately opaque drinks.

The bar itself permeated a casual and dark atmosphere, with plenty of tables to sit and soak in the beats or just shoot the

breeze with comrades.

If dancing is your forte, there is a floor big enough for the breakers and then some. The night usually starts off with some smooth lounge or reggae and as the moon rises a little higher body-moving beats lead into some intense sets later on in the night. Committing to bigger parties and

'raves' usually causes me some anxiety, mostly because of the S35 plus that I'm about to pay to listen to a handful of DJs I've never heard of. I am not disrespecting these parties but they do not seem to occupy a

constant niche in my lifestyle.

On Wednesday nights I found I could form my own opinions on the emerging DJ and turntable music forms and styles. Some DJs and styles I liked less than others, and I found some beats a little too fast and rugged for my sensitive mental condition — but then again to each his/her own. When questioning one of Conceptions hosts, sol despot, on what the event was all

about, he emphasized the importance of music culture's great diversity and its role in communicating ideas, cultivating creativity and celebrating differences. The hosts of Conception hope to showcase more DJs and also seek out DJ-MC, live music . Next week on Oct. 8, the heads behind the turntables at Conceptions invite

all beat junkies to a night of friendly DJ and Emcee competition, Funkiero, where local and out of province DJs and Emcees will spar and demonstrate their battle methods.

The event takes place at the Marquee Club on Gottingen , and will occupy both floors. Turntable battle sessions will include Andy Haigh vs. Sammy D [drum+bass], Steve Bath(VanCity DJ) vs LG [trance], Gordski vs. Drunkness Monster [hip hop] plus five more sets that will include house, tribal house, and breaks DJs. The night's activities also include an MC freestyle battle featuring Kunga 219, Taichichi, Fermented Reptile and the hungriest MCs from the crowd seeking rhyme recognition.

If the outcome of the battle is not too devastating, I'll see you next Wednesday night at the bar.

Classics, I says...

different person to share their idea on movie, and CD.

by andrew gillis

the gazette

Film -

The Sweet Hereafter (1998)

Set among the stunning winter landscapes of western Canada, a schoolbus filled with kids crashes into a lake and sinks to the bottom. This film is about the lawyer that comes and makes a profit off the misery, but is also about how a town copes thereafter.

This is a quality, classy film. This film explores greed, love, hate and all that jazz that makes life interesting.

The cinematography is fantastic, and is the first thing that struck me about this film. The scenes are unbelievably clean and beautiful. The angles are fresh. The scenes are real. There is no pretentiousness about it. There is no covering up that method of film making mirrors exactly what the film is about: not covering up.

The acting is raw and real. The dialogue is fantastic and the script is flawless. The melange of characters that see the accident differently bring a larger dynamic to the film.

I love Canadian cinema. I believe that this is one of the best Canadian films out there. I also think that The Sweet Hereafter could be used as example to show the dynamic of Canadian cinema and how Canadian cinema differs from American

Canadian cinema is real, it is an industry based on quality and telling stories, not about making the big bucks.

Book -

The Lost Salt Gift of Blood (Alistair MacLeod)

Love, loss and sadness; three of many themes that run deep in every short story MacLeod creates in this masterpiece collection. I can't imagine a more poetic and accurate piece of eastern Canadian literature than The Lost Salt Gift of Blood.

Each story is vividly written, taking the reader and placing them within the fabric of the story, whether it is on a poor farm in Cape Breton or on the rocky edge of Newfoundland's east coast.

I feel like I am in each of these stories every time I read them, and react accordingly. I feel the undertones and emotions in each short story. I feel like I have lived some of them, as most take place in eastern Canada, and I grew up in Cape Breton. The acute description of every single thing and time lends to the overall beauty of the stories.

If you read this, get ready to cry, to swear, to scream; most of all get ready to appreciate one of the best literary geniuses Canada has ever produced.

I had to list two, I just had to.

Automatic For the People (REM), and Music Sounds Better With You (Stardust)

The first is a sentimental favourite; a CD | listened to when I was growing up in Cape Breton. The other, I feel reflects my new attitude to life and has a permanent spot in my CD player.

Automatic For the People is my first CD choice. It's an album created by the artistic genius of Michael Stipe and the rest of the REM gang. Automatic For the People is beautiful in it's unpretentiousness. A simple drum beat, like in "Everybody Hurts", plus the unfiltered emotion poured into every single word by Stipe, makes for a musical experience like none other.

My second choice is Music Sounds Better With You by the House group Stardust. This track was created in France, and eventually made it's way to Canada, It eventually made its way onto an Air Conada flight from Halifax to Calgary- where I heard it for the first time. If you ask anyone I know, they tell you how often I listen to this. It is an energetic mix, and makes me really happy.

CD REVIEWS

Shyne — Self-titled

(Bad Boy)

It's been a while since Puffy told us that "Bad Boy Can't Stop," but since then it seems that that is exactly what has happened. With the Bad Boy empire literally falling apart after the death of Biggie Smalls and the Lox jumping ship to join their fellow Ruff Ryders, Puff and Co. have lost what street credibility did exist. But then along comes Bad Boy's new 'gangster,' the highly publicized Shyne. Unfortunately his self-titled debut album leaves much to be desired.

This new 'gangsta' on the block fails to provide the listener with any creativity or originality. When Shyne isn't shooting up the club with Puff, he's rapping about bitches, slangin' rocks and bustin' caps. While some 'gangsta rappers' do show great lyrical ability, Shyne definitely does not. Tracks such as "Spend Some Cheese" and "That's Gangsta" are boring and party tunes like "It's O.K." (which I'm sure you'll hear at the Grawood soon enough) make the album very monotonous. Even the stronger tracks "Bad Boyz" (feat. Barrington Levy) and "The Hit" are overshadowed by their incredible resemblance to prior work by the late great B.I.G.

I'm happy to say that this album isn't crowded with guest appearances and Puffy's shiny suit ass is practically non-existent (except for a couple of co-production credits.) The fact remains that the album is still unoriginal and (minus a shitload of talent) and a carbon copy of some of Biggie's earlier work — even Shyne's voice sounds almost exactly the same. Maybe someday the Bad Boy empire with be revived, but for now it seems that Puff just can't let go to what used to be. — Simon

Steve Earle — Transcendental blues

(Epic)

Buy this. There is no way to mistake the sheer genius on this album. Every track is worth its weight in gold.

The title track rocks. Track six, "Steve's last Ramble" is a phenomenal song about settling down. "I only lived to hear that highway sound/High and lonesome — low.and blue/Now I'm thinkin' 'bout givin' up this ramblin' 'round/And find my way back home to you."

The outlaw Steve Earle seems to have disappeared along with the booze and drugs and has left a more thoughtful and mature Steve Earle. The closing track "Over Yonder (Jonathan's Song)" are Earle's interpretation of Jonathan Nobles last thoughts and prayers. Nobles was a man executed for murder, an execution that Earle witnessed at the invitation of the condemned. Steve Earle has made an incredible album that deserves every award and trite little bauble that the music industry can throw at it. — Jason

Koufax — it had to do with love (Heros and Villans)

For me, emo has always been the early days of Ebullition records. Bands like Downcast and Sawhorse, bands that are loud and largely unintelligible. Bands that sound heavy, angry and very punk. To my surprise I have learned that Koufax is not only considered a punk band, but an emo one at that.

Listening to this got my toes tapping (as opposed to my foot stomping) and my head nodding. A good solid pop band taking the best of the '80's and updating it, and it sounds good. I like it. The synthesizers are used sparingly, the piano gives it a Burt Bacharat lounge feel that isn't so over done that I want to puke, and the vocals remind me of The Wedding Present.

It's a strange mix of sounds that are not easily pigeon holed. I do fear that by the time you read this, Koufax's first full length album will be jumping up and down on my last nerve. The theremin is a nice touch, and gave some of the songs a sweeping grand dramatic feel, which was entirely in keeping with the melodramatic themes of love that makeup the topic of every



an Aliant company

Homecare Hell

by jason hooper

the gazette

Six years ago "Jim" broke his neck in a diving accident. Now he lives in the south end of Halifax near Point Pleasant Park. He is a C4/C5 quadriplegic, meaning that the fourth and fifth vertebrae in his neck were damaged. As a result he is paralyzed and confined to a wheel chair with limited use of his arms.

Last week I spoke with him and his attendant in his small two bedroom apartment where he has been on bed rest for two weeks. We spoke about his experience with home care, a service he depends on for attendant staff and the maintaining of his quality of life. He asked that I not use his real name for fear of repercussions from his case worker.

Jim believes that the repercussions would take the form of his social workers, "taking longer to return calls." Calls that he would make if he had a problem or was in need of additional care or assistance.

As an example he and his attendant cite the problem he had last January with his bed. At the time his bed was an old hospital style that had been donated by a nursing home. It had full length safety rails and a hand crank for raising and lowering the bed. The

gears for the crank had begun to strip, making the use of it difficult. Metal shavings had begun to pile up under the bed.

A call to his social worker brought a repair man who said that the bed was too old to fix. There were no replacement parts available. Six months past before he had a bed suitable for his needs and that had to be borrowed from the Red Cross. During the six months two other beds were brought in but neither was appropriate for his needs or his attendant's ability to do her job

"The one bed was two low, I had to bend over the whole time and it got to be exhausting."

Not to mention hard on the lower back, and without workers compensation coverage or any medical benefits, injury would have cost her income, and Jim a valued and trusted staff. Because the side rails on the bed were not long enough, Jim's legs would spasm out in the middle of the night.

"I'd wake up in the morning with red marks on my shins and knees from where they'd bang against

The other bed sagged in the middle when Jim was in it, folding itself into a "V." By the morning I'd have slid to the bottom of the bed and have to be pulled back up before getting washed and dressed."

By June the two had had enough. They demanded an appropriate bed. Jim's attendant said she "told off" the social worker.

"We had known that red cross had a bed and we finally demanded

They haven't seen or heard anything from the social worker

This is not necessarily a bad thing. Before the falling out over the bed, a social worker would come by once a month. Jim says the visits made him nervous.

"It felt like they were looking for something wrong, so that they could put me in some kind of home."

When Jim's attendant asked what the purpose of the visits were, she received an answer that was less than satisfying.

"She seemed to get nervous and avoided the question." Jim said. "She said she was here to see that everything was all right and to see if

I needed anything." He is in need of assistance; last June he began to develop a pressure sore on his coccyx, (tail bone), this is a skin break down where the skin is thinnest and can result in infection if untreated. He requested a new cushion for his wheel chair, his first in four years. The request was made to his occupational therapist. Her response was that the style of cushion he used, a J2 gel cushion, in violation of the laws of entropy, doesn't wear out. She suggested that he was sitting in his chair improperly. He and his attendant disagreed but tried shifting him around to alleviate the pressure. It didn't work and he went to his doctor. Immediately his doctor put in a request to the same therapist who then began the work needed to secure a new cushion. She put in a

company he deals with. They in turn informed his case worker who got the funding. When the funding is secured she lets the medical company know. When the funding and cushion are in place the company calls the occupational therapist who then informs Jim. Throughout this process Jim must make sure that all are doing their part as any breakdown in the chain of events further delays things. It took three weeks from the time the occupational therapist received the request from his doctor to the time he received the new cushion. During those three weeks Jim had to keep a close eye on his skin to make sure there was no further break down. His new cushion was not the J2 gel that he had originally been using.

Nine months later his new cushion began to fail him and the process was started all over again.

This time he received another completely different cushion, an air filled "roho" and is now back to square one with it. He is hoping to go back to the J2 gel cushion.

He hasn't yet spoken to his case worker about purchasing a new J2, and dreads it. He and his attendant are planning to do so this week. Since last year when the problem started Jim estimates having spent two months on bed rest. Pressure sore only take a day to develop, but for Jim the healing process takes two weeks. Provided the skin has not become open or ulcerated. When I asked him what so much bed rest meant for his quality of life he said "well it's pretty depressing, especially with all this good weather.'

Jim also has some problems with the Access-a-bus system. With a two week waiting period for booking a ride he must know well in advance what it is he wants to do, where he wants to go and for how long he will be there. Once last year he was unable to book a ride for three weeks.

"It's ridiculous, he's in his thirties, sometimes he just wants to get up and go. It's a terrible terrible system," said his assistant.

Jim has tried to do something about the access-a-bus. He says he has been nominated to the board several times but can't get enough votes. The voting he says is done by sitting board members.

"I guess I have a bit of a temper, and they know it. It may be a while before I'm elected." He and his attendant both say that there needs to be more people with disabilities on the board. "If you're not disabled you can't understand what the needs are." For Jim the only way to improve the system is to get more people involved who will listen and take the problems

John Lord and Peggy Hutchinson, in their article, "Summary of Living with a Disability in Canada: Toward Autonomy and Integration" have written their own model.

"Independent Living Resource Centers (ILLCs), a major force in the promotion of this model, offer individuals with disabilities a consumer-controlled, cross-disability, community-based alternative to traditional rehabilitation services. Within ILRCs, most staff, volunteers, board members and general members are persons living with disabilities. Consumers of ILRCs report a greater sense of empowerment and control over their lives, more community connectedness, increased autonomy, improved skills and increased selfesteem.'

The independent Living model is practiced throughout Canada and there are many such resource centers through out the country. They avoid having to deal with the kind of issues that Jim finds so frustrating, while providing high levels of care and quality of life.

Canada takes home 14 medals...that's all

request to the medical supply

by jonathan dieli colburn

the gazette

During the two weeks of Olympic competition, it seems safe to say that we've witnessed a set of plot twists and personalities that could compete with most soap opera

We all have a clearer understanding of what the triathlon entails, the term "doping" has entered our collective vocabulary for who knows how long, and everyone seems to have an opinion that explains why Canada's medal count is lower than in years past.

Rowing certainly does not have a high Olympic profile, but it has been an anchor of the Canadian delegation. In 1996 in Atlanta, six medals came from rowers, which accounted for more than a quarter of the total medals won at the

This year, challengers who were previously in no place to challenge for medals proved to be too strong competition. It appeared that Canada would be shut out of the medal count completely until the final night of rowing, when Canada's team of eight women managed to muscle out a third place finish behind Romania and the

Facing a much improved international rivalry, the eight women were racing to prove that Canada had not been completely left behind in the world of rowing. With

medal pressures compounding the fact that this team of women may not race together again, the group said that they still felt no pressure on the last day of competition.

"We just wanted to focus on what (cox Lesley Thompson) was saying," said Laryssa Biesenthal of Walkerton, Ont., who rowed in seat No. 7. "She told us: 'Put your heads down and keep going.' A few times we heard that we were in third place, hold on it and that's all we

The athlete chosen to march with the flag during the closing ceremonies will perhaps be the most remembered of these Games. Simon Whitfield fought through the gruelling triathlon, a sport which made its Olympic debut in Sydney, coming from behind to win a surprise first gold medal for Team Canada. The triathlon consists of a 1.5km swim, followed by a 40km bicycle ride and a tenkm run. Whitfield, an underdog in the race, beat out 51 other contestants and dealt with a near crash on the bicycle course to claim victory.

"I've dreamed of this my entire life. I dreamed about winning a gold medal. I can't tell you how proud I am and how proud I am to be Canadian," said Whitfield. "I was hitting the zone the whole way. It felt so good. I crashed (during the bike race) into the back of an American, screamed a bit and got back on my bike."

Whitfield's teammates voted

for him to carry the flag during the closing ceremonies saying that his positive attitude and inspiring presence exemplified a great Olympic athlete.

Several countries felt the sting of drug abuse charges; athletes were charged and penalized for drug violations from cocaine to cold medicine.

Canadian Sprinter Donovan Bailey was unable to take several types of over the counter cold medications and failed to qualify for the final round of the men's 100m

One of the most covered incidences of drug penalties was that of Andreea Raducan, who was stripped of her all around gold medal in gymnastics after taking an over the counter cold medication which contained a banned substance. The IOC did not seek further disciplinary action in her case, admitting that the drug that she took would give her no competitive advantage.

"We consider it was an accident," said Prince Alexandre de Merode, the IOC drug chief. "She is not directly responsible. The fault falls with the medical doctor. But we have rules and we have to apply the rules."

Raducan had a hard time understanding what it was that she did wrong, according to the President of Romania's National Olympic Committee. Other members of the gymnastics competition were also confused by the ruling.

"I thought this was impossible because in gymnastics, we rely on technique to complete our moves," said Liu Xuan of China, who won the bronze medal after Raducan was relieved of her gold. "It's not possible to rely on drugs or strength to complete them. You have to rely entirely on skill. So I just didn't think it was possible."

Reporting on the mass of charges, an Australian newspaper ran "Drugs cheat our Games" across its headline. The article read, "The Sydney Games are in danger of coming remembered as the drugs Olympics as three more athletes were caught up in doping scandals yesterday. . . with predictions of more to come.'

Canada will take home 14 medals this year, a drop of eight medals from the Atlanta Games.

One of the most significant drops occurred in the rowing events, and several people had explanations to offer toward that anomaly. Most of the Canadian rowers start competing while they are in university, according to Allison Korn, a member of the bronze medal winning women's team. In contrast, she says, Australians begin training their athletes to row at around age ten. Rowing Canada's budget this year is two million dollars, which is not enough to send athletes across the world to train in international regatta's, as other countries have been able to do.

Diane Jones-Konihowski, a three-time Olympian in the pentathlon and chef de mission of the Sydney games distinctly blames the lack of funding for amateur sports for a drop in medal winnings

"It does come down to dollars to support our athletes and give them the competition they need," she said. "The rest of the world has surpassed us," she added. "And we have to lock at how to make Canada's sports system better. We have to take a good, hard look at the future."

She did not hold out much hope for improvement in Athens, saying that it could be a minimum of eight to 12 years before things begin to change.

Denis Cordere, the secretary of state for amateur sport, said that a medal count was the wrong way to judge the value of the country. He pointed out that money has been added to the Athlete's Assistance Program and to the federal budget to pay for amateur coaching, and also that the team in Atlanta which brought back 22 medals was working with the lowest budget in Sports Canada's history.

Adding more regular physical education to the lower school levels could change the nation's health for the better. This involves changing our attitude that sports involvement is a luxury instead of an important health factor.

With files from the Globe and Mail

SCIENCE & ENVIRONMENT

Too much paper used at Dal?

by erin johnson

the gazette

A class project produced some incredible results for students Amelia Clarke and Joshua Campbell. In the spring of 1999, the two began an audit of the fine paper used at Dalhousie University. Statistics were gathered from the purchasing and printing centres around campus and compiled to produce a review that was finished last month.

Amelia Clarke says that an estimated 43,106,813 pieces of fine paper are used for handouts, registration information and other

things each year within the Dalhousie campus, not including the calendars that the registrar's office produces or the loose leaf used by students. This statistic is daunting when examining the environmental impact of using this much paper.

The report, An Environmental Review of Fine Paper at Dalhousie University, shows some of the comparisons.

The production of this much paper destroys 3,657 trees per year, uses 327,612 litres of oil per year, 16,726,563 litres of water per year, 1,366,654 kWh of energy per year and produces 8,105 kg of air pollution per year.

When comparing Dalhousie with other universities, such as the University of British Columbia, Tufts University and Mount Allison, Dalhousie has the highest per student use of paper at an amount of 3,368 sheets per year.

Amelia Clarke says that the next step in this study is to present the information to the Senate Environmental Committe of Dalhousie to encourage the reduction of fine paper use around campus and propose better alternatives, such as recycled paper.

Information Hash

news & facts

The Mad Scientist

y kip keen

Urban Transplantation Myths

"If you heard the story about the travelling businessman who blacks out after having drinks with a stranger and wakes up in a bathtub full of ice with staples in his back from having his kidneys surgically removed, then you have heard one of the untrue legends about organ transplantation." It is considered a myth for several reasons, among which are that an incision is never located on the back and an ice bath is not necessary for kidney removals. source: www.urbanlegends.com

Xenotransplantation: transplanting cells and tissues from animals to humans Genrich class: The pool of genes of the elite and powerful Natural class: The pool of genes of everyone else, i.e. working Joes

Fruitless Attraction (to monkeys)

Molecular biologist Lee Silver of Princeton University, in his book Remaking Eden: How Cloning and Beyond Will Change the Human Family, says that because of genetic engineering "the Genrich class and the Natural class will become entirely separate species with no ability to cross-breed, and with as much romantic interest in each other as a current human would have for a chimpanzee." Source: Campaigning for Responsible Transplantation

Brain donation and you

"If you or someone you know is a 'successful ager' and would like to contribute to science, please consider brain donation" says the Institute for Brain Aging and Dementia.

Are you a successful ager thinking about brain donation?

Successful Ager: A healthy, active person in their 70's or 80's.
Unsuccessful Ager: Boris Yeltsin

Future Successful Agers: Suzanne Summers, Hal Johnson, and Joanne Macleod

Successful Aging Program

If you enroll in this program they will test your cognitive functions for free each year, and monitor your mental health. In return the institute only asks you "to consent to a post-mortem auropsy". (i.e. surrender your brain when you complete successful aging.) Contact institute for further information.

Religious Conflict?

They state that most mainstream religions allow for organ donations, with the exception of Christian Scientists and Jehovah Witnesses. The former relies "on spiritual rather than medical means for healing". The latter doesn't "encourage organ or tissue donation, but believe(s) it is a matter for individual conscience." For further questions they suggest you contact your spiritual leaders.

FAQ: Brain Donation and Open Casket Funerals

Will an autopsy interfere with my funeral arrangements?

The Institute says "if viewing at the funeral is contemplated, in most cases autopsy procedures should not interfere." Thus successful agers need not worry about looking less successful in

In the meantime, keep fit and have fun.

Happenings Scientific and Environmental

Goings-on at Dalhousie and the surrounding area

Looking for a ride? Log onto www.carpool.ca to find someone with a car who's willing to transport your ass around the city. Dalhousie, along with other colleges and universities across the country, is participating in a growing Rideshare Network, which allows a web surfer to input information about themselves and their route in order to find an energy and cost effcient way of getting to and from work or school.

Titz 'N Glitz On Oct. 12, this sixth annual breast cancer fundraiser and celebration of breast cancer survivors will be held at the Via Rail Train Station in Halifax. Halifax comedian Bette McDonald is this year's Master of Ceremonies. Also scheduled to perform is local

musician Doris Mason. Organizers hope to raise \$50,000 this year for services, prevention and education regarding breast cancer throughout the province. Tickets are for female patrons only and are \$40 and are available exclusively at the Barrington, Quinpool, Bayers Lake and Portland Atlantic Superstores.

Native Fishing Treaties A two day conference on First Nations and fisheries management treaties will be held at the Westin Hotel from Oct. 11-12. The agenda includes an overview of treaty relationships between indigenous nations and the crown, as well as concepts, approaches and international experience in fishery management. Trends and issues in fishery science will be explored, as will the future of fishery use.

Got Environmental Questions?

Want to see them addressed in the Gazette's Science and Environment section? Send in your queries for our soon-to-be-debuting environmental columnist. Call the office at 494-2507 or e-mail at gazette@is2.dal.ca



Discover the advantages of a Branksome Hall education

Branksome Hall is a university preparatory independent day and boarding school for girls from JK to Graduation. Scholarship and bursary assistance is available.



Please join us at The
Halifax Club, 1682 Hollis Street,
on Tuesday, October 17, 2000,

Admissions Open House

from 5:00 pm until 7:30 pm.

Scholarship and bursary information will be available at the Open House. For further information, please contact Joanne COOK'73 at 902-423-3073 or jcook@cefconsultants.ns.ca

Alumnae Reception

Branksome Hall alumnae are invited to a reception from 5:00 pm - 7:30 pm.

Kenneth Cole Rockport Bostonian **Timberland Teva Sandals** Clarks of England Dr. Martens **Harley Davidson** H.H. Brown Blundstone Sperry Topsider Steve Madden **Nine West** Birkenstock Enzo Bass Bondolino **Hush Puppies Aerosoles** Sebago **Nickels** Via Spiga Me Too Frye Diesel

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Mr. Minimal's reconciliation

by knonede minimal

the gazette

Greetings comrades and civilians, my proper name is Knonede Minimal, I have migrated on a marine vessel through many seas and months to the city of Halifax from a Southeast Asian Pacific island.

I have been exiled from my island because I signed a property agreement allowing a fishing conglomerate to fish the waters surrounding my island. The fish have been harvested by brutally efficient machines and the remaining life has left the waters of the island leaving a stillness surrounding the island that smells of sulphur. I am completely responsible for the violent silence squeezing my little island and seek my retribution.

I am writing in the Dalhousie Gazette because I seek freedom from untruth and misled beliefs through reducing the

illusions of modern man to their essential origins and causes. I hope that you will aid me in my odyssey.

It would honour my ancestors and myself if you would send a letter through the electronic network, known as the Internet, to indicate events and situations surrounding us which you think need to be disrobed and reduced to the grey matter that I am sure that we all have sprouted from.

I wish to spotlight socially and environmentally conscious creative and scientific works of individuals like yourself that believe in their words, and are not afraid to word their beliefs.

I will accept and attempt to recognize and publish all written forms of work, poetry, essays, opinions, rants, informative papers, and news briefs.

Send all works to mr_minimal@hotmail.com.

The Mind Mr. Minimal

To give you my first offering of literary expression I have included a translated scripture of my family name's history and a detailed recipe. Enjoy, ponder and respond.

The warm rock island's south shore Minimal.

Booking inwards, admitted self criminal

Silk worm inch slowly

Come the cocoon in the morn

Peel back the shell, peer into the core

Path predestined, like needle to the fabric

Sewing seams tight, karma-garment magic

Observe the animal, man and the leaf

Speak the truth — minimal with accent and belief.

Knonede Minimal

Yellow & Green Bean — Avocado Salad

Notes:

A cold salad, high in protein and fiber and very filling. Easy to prepare, requires little time and absolutely no cooking

Recipe and Preparation

1- 1 1/2 cup green + yellow beans (chop in half)

1 onion (cooking or red)

1 tbsp basil, or your favourite savoury herb

1 Avocado (halved, pitted, peeled then sliced)

1 block normal or silken tofu

1 tbsp vinegar

1-2tbsp olive oil or vegetable oil

3-5 green onions (sliced or chopped)

1 tsp salt, or salt to taste

[one can replace tofu with feta or some other strong cheese]

Prepare vegetables. Sprinkle and pour on seasonings and oils. Mix well. Serve with a whole grain bread. Enjoy with friends.

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When we eat lower on the food chain, the protein grains is used directly by humans. In order to eat meat we must feed livestock with grains. The conversion of these grain-proteins into beef-protein is extremely

To produce one pound of meat, 16 pounds of grain and soy feed are used. That could otherwise have been directly consumed by humans.

With the exception of Vitamin B12, non-meat sources provide more than half of our intake of each of the 11 most frequently cited vitamins and minerals. B12 is available through dairy products and algae.

By eating a variety of vegetables, legumes, and

protein sources; we can more effectively fulfill our Essential Amino Acid requirements and increase our usability of legume and bean protein. Eating rice with beans increases the protein content of the combination by 25 percent in relation to eating them separately.

By eating variety and combination of whole

starches, vegetables and legumes we can assure that all of our 8 Essential Amino Acids (EAA) are present. If one of the EAAs are missing, protein synthesis will fall to a very low level or stop altogether.

By eating whole grain or whole wheat breads with your beans, the amount of protein usable by your body increases by 33 percent.

Dalhousie women back in the hunt

Women's soccer team defends title

by paco loco

the gazette

It's one thing to win it all, but it becomes a totally different game when you have to defend it all. Well that's the problem that this years Dalhousie Women's Soccer team faces. After rising to the top of the Women's CIAU soccer division, and winning gold, the hometown girls have a lot riding on this season. The pressure of defending their title has forced head coach Dave Douglas to make some interesting changes in the Dalhousie lineup.

Some all-star returning veterans expected to take leadership this year are Steph Finateri, Julie Pigozzo, and Patricia Norman. Starting rookies added to the lineup include Gillien Clayton, Erin Howell and Laura Scharf.

At five wins, two losses and one tie, and with five games

remaining, the girls are well on their way to top of their season, and will definitely slide into the playoffs.

However, being defending champs isn't easy.

Most of the members of the team feel an obvious pressure from their high rank. Losing the only a few of their next five games would not only bring them down in the rankings but also dismantle their motivation to win.

They are the best in the country and they are expected to perform as such.

These next five games are also crucial to dictate team morale. A Dalhousie sports analyst added, "These next five are so important because it will determine weather they breeze into the playoffs or stumble into them."

This past Friday the girls were knocked off by Memorial

University of Newfoundland by a marginal score of 1-0. The disappointment was evident in all the girls faces.

Despite the negatives of being a champion there are many positives. Their team has the confidence to win and now knows that it is not an insurmountable task. In fact, when watching the girls play, it is obvious. They play as a cohesive whole and their "sweeping" defense shows that they have the self-confidence to know when to go for it and when to hang back.

Irrefutably, if the girls keep up the pace that they are displaying now then they will do fine in the playoffs. Currently they are rated sixth in the country from not even being rated two weeks ago. However, they must finish strong in the final leg of the season to bring momentum into the post season and retain their title.

Dalhousie Athletes of the Week

Gail Whittaker

Women's Swimming 2nd Year, Bachelor of Arts Montreal, Quebec

Gail Whittaker of the Women's Swimming Team is the Dalhousie Tigers Female Athlete of the Week, for the week ending Oct. 1, 2000

Gail captured the 50 Metre Freestyle and the 100 Metre Backstroke in a dual meet versus UNB on the weekend. Her performance led the Tigers to a 58-50 victory in the first Atlantic University Sport dual meet of the year.

Gail is a 2nd Year Bachelor of Arts student from Montreal, Quebec.

Mike Lockett

Men's Swimming 2nd Year, Bachelor of Science Pickering, Ontario

Mike Lockett of the Men's Swimming Team is the Dalhousie Tigers Male Athlete of the Week for the Week ending Oct. 1, 2000. Mike captured the 100 Metre Backstroke, 100 Metre Butterfly and was a member of the 200 Metre Medley Relay Team that won first place as well.

His performance led the Tigers to a dominating 83-19 team victory over UNB in the opening dual meet of the year. Mike is a second year Bachelor of Science student from Pickering, Ontario.

Canadian wrestler brings home gold

by c.j. foote

the gazette

At a ripped 69 kilograms, Daniel Igali from Surrey, Ontario, turned out to be the best wrestler in the world. He was one of only two people to get a medal for Canada in the last day of the

In the semifinal against American Lincoln McIlravy, Igali led 2-0, but fell behind 3-2. With amazing skill, he swept the American to tie the match and then hooked his leg and slammed him to win 6-3. After the match Igali put out his hand as a sign of good sportsmanship only to have it slapped away by the American.

Subsequently, in the final, he faced Russia's best chance for gold, Arsen Gitinove. This was the best wrestling match of the Olympics. After two minutes, they were tied 4-4 which lasted until the second period when Igali used a gutwrench move to go up 6-4. He then

American to tie the match and then slammed the Russian for the final point making the score 7-4.

This win marked the first gold for a Canadian wrestler who only accomplished a silver prior to this Olympics.

After the match, Igali draped a Canadian flag over his shoulders placed it on the mat and kissed it.

When speaking to the CBC, Igali was overwhelmed with joy.

"Awesome. I couldn't have done it for any other country. I've been saying it over and over."

Dal Tiger soccer standings

Womens Soccer

1.McGill

2.Calgary

3. York

4. UBC

5. Laurier

6. Dalhousie*

7. Ottawa

8. Victoria

9. Laval

10. St. FX

Mens Soccer (Dalhousie slips from 4 to 6)

1.Toronto

2. UBC'

3. McGill
4. Victoria

5. SMU

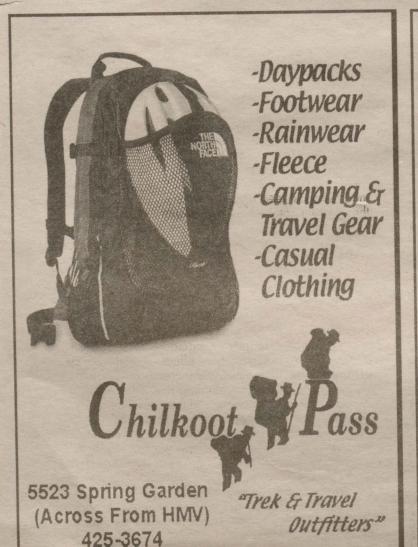
5. 5MO

6. Dalhousie*

7. Laurier

8. Western

9. Concordia
10. Laurentian





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