



Dalhousie University
PHYSIOTHERAPY
2007-2008



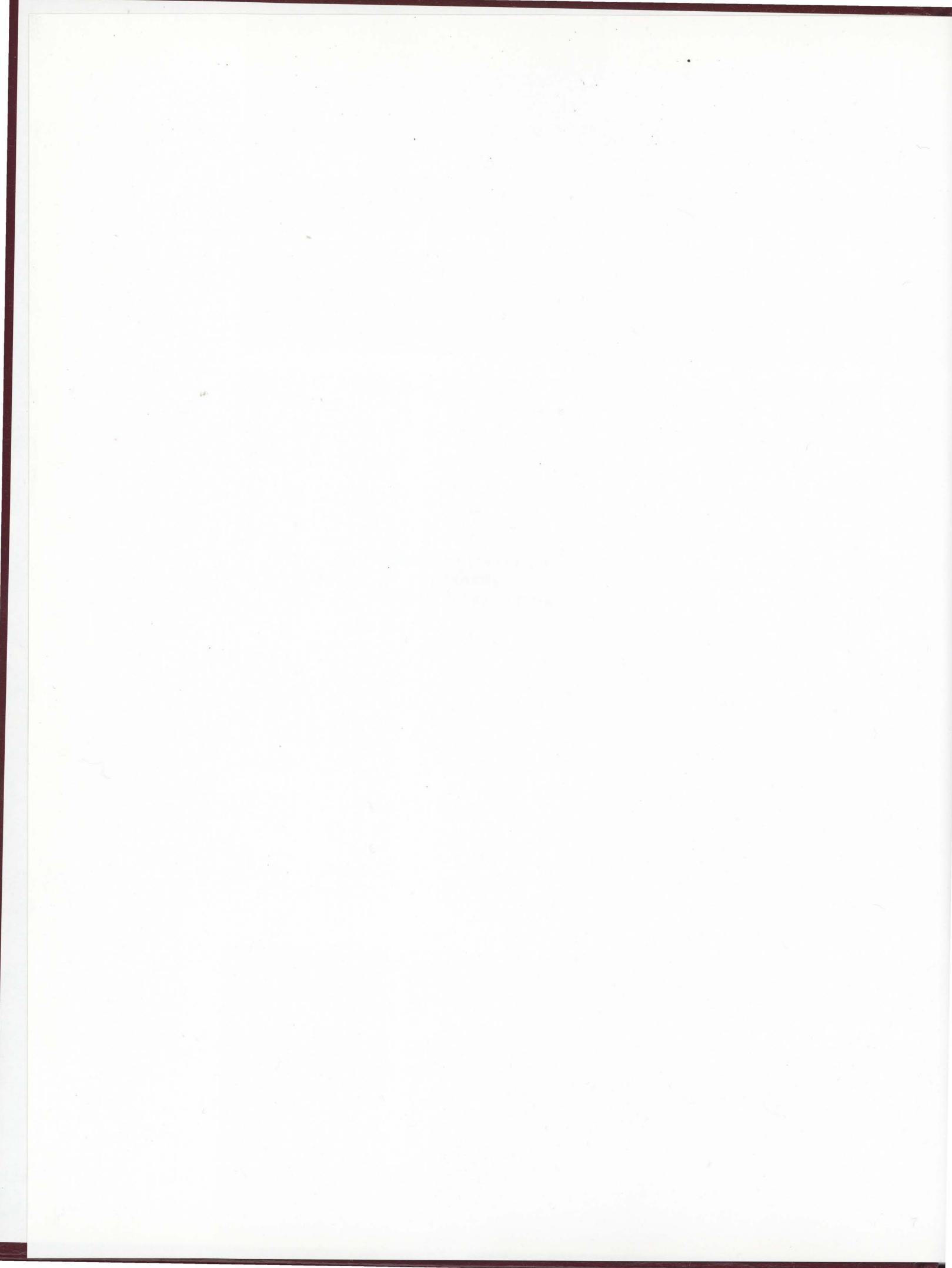
DALHOUSIE UNIVERSITY
LIBRARIES
HALIFAX, NOVA SCOTIA

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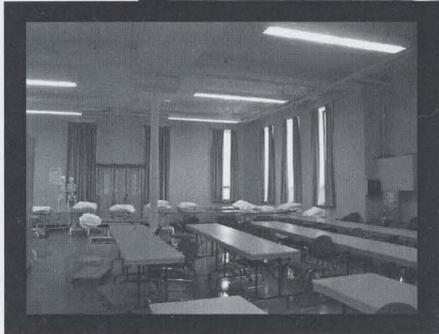


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2008

Dalhousie School of Physiotherapy



Yearbook 2008

Letter From the Director

To our Physiotherapy Students:

To me, a yearbook is a window to the world of the students, faculty, staff, friends and family who are part of your lives here in the School of Physiotherapy at Dalhousie University. Through this window, readers will gain insight into who you are, what you did and what you are doing, who and what influenced you, and what you learned in the program.

Pictures and words are replacements for actually being there, so readers will need to try to grasp what your reality was and is, and how you came to do the things you did, and learned the things you learned. Like the slide shows we see at the Physio Ball and at Graduation, pictures in a yearbook are reminders of those people and events that are a big part of your lives.

When one looks at these pictures, and reads the words written, they should conjure in the mind a sense of wonderment and what really are these people doing? How much fun are they having? What are they trying to learn? What are they going to do after they leave?

In the end, what you take away from this program, this School, this University, this experience, will entirely depend on you. You have been influenced by your classmates, peers, friends, family, teachers and clinicians. And now you will influence others as some of you head into the professional world of physiotherapy practice. We know that you will do well because we have a strong physiotherapy program and you have done well here with us. You are, remember, professionals in training, not training to be professionals.

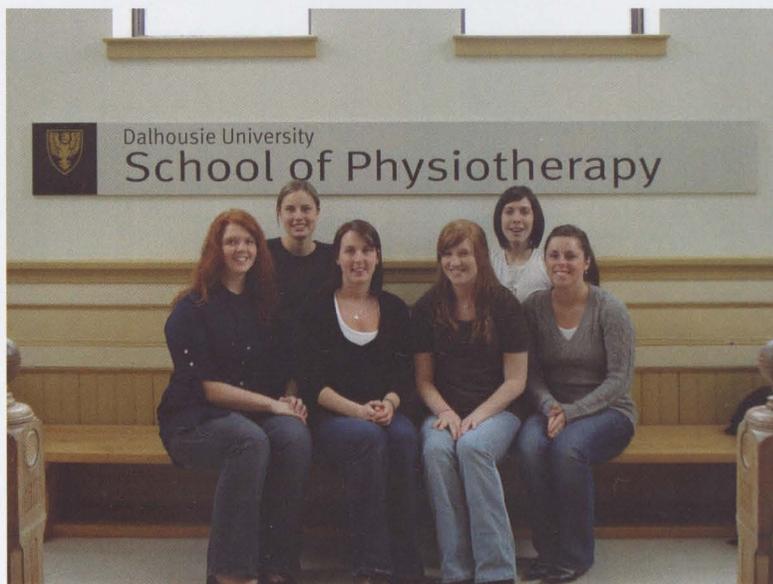
For the class of 2008 - congratulations on being the first MScPT entry-level class to graduate from the School of Physiotherapy at Dalhousie University. That, my friends, is a legacy you should be proud of. We certainly are proud of you.

For the class of 2009, we have thoroughly enjoyed our time with you and we look forward having you back for another year as you complete your physiotherapy program.

Very best wishes,

Sandy Rennie, PT, PhD
Director

Yearbook Committee



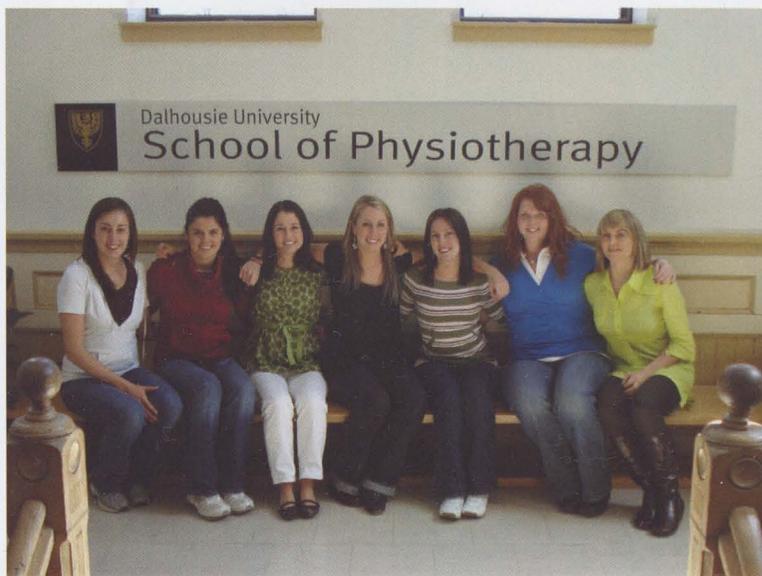
*Left to Right: Sherry Lythgoe, Melanie Haire, Dana O'Brien,
Katie Walsh, Amy Topshee, Angela Nicholls*

On behalf of the 2008 Yearbook Committee, I would like to thank both the class of 2008 and 2009 for their help over this past year. By contributing pictures and supporting our fundraising efforts, you have helped make this years book a success.

To the class of 2008: We hope this yearbook will help keep the memories of the past two years alive and well for years to come. It's been a blast.... now here's to our future.

- Dana O'Brien

Dalhousie Physiotherapy Student Society



*Left to Right: Rebecca Walker, Logan Kirkpatrick, Jolie Gale, Shauna Forbes,
Erin MacPherson, Sherry Lythgoe, Heidi McLellan*

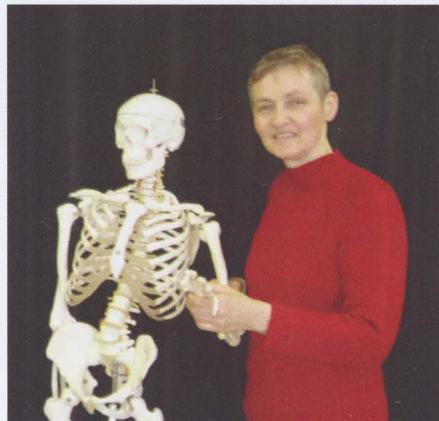
Faculty and Staff



To the 'Pioneers' in the Class of 2008 from a 'Pioneer' in the Class of 1979.... Remember always that 'Kites rise highest against the wind' !
Carolyn King



Never forget
"Every patient
is a cardioresp
patient."
Cheryle Kelm



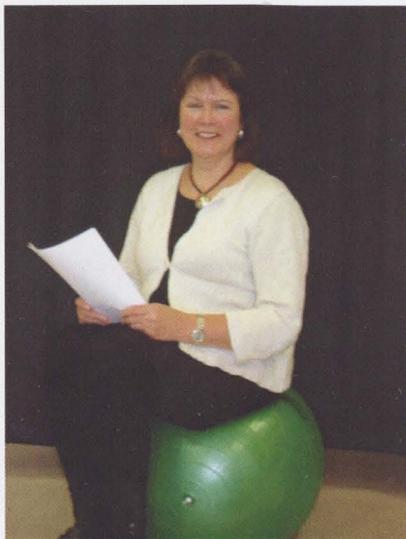
Anne Fenety



Jane Matheson



Joe Coade



Marilyn Mckay- Lyons
"Max out your life with your
heart in your hands and your
feet on the ground."



Nancy Walker



Cheryl Koze



Gail Dechman

It's better to burn out than to rust away."
- Neil Young.



Gail Creaser



Gail Wainwright



Jill Robertson



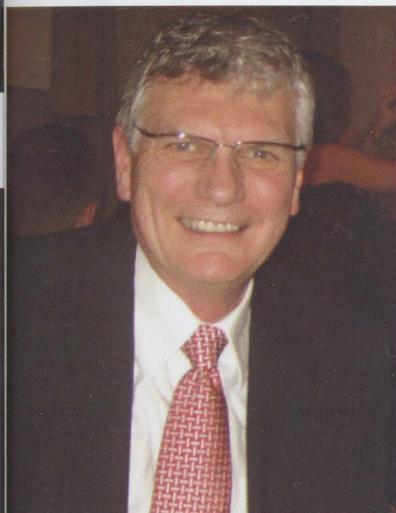
Marie Earl



Katherine Harman

"The cure for all things is salt water; tears, sweat and the sea"

~Isak Dinassen

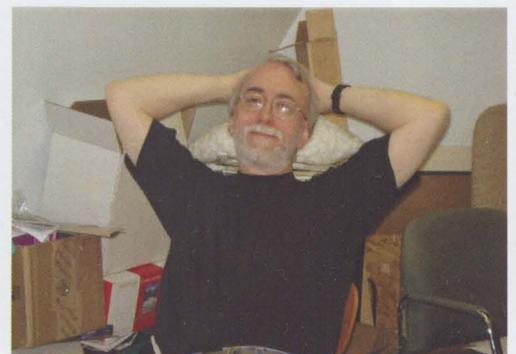


Sandy Rennie

People don't really care how much you know..... until they know how much you care."



Judith Hollett



James Crouse

Class of 2008

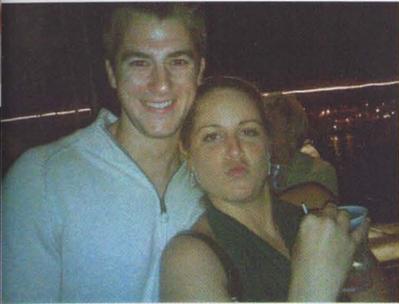




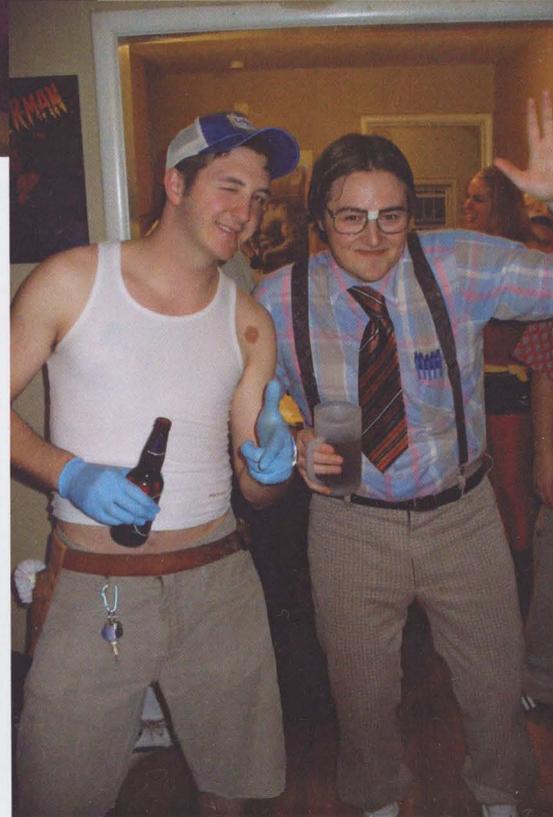
Class of 2009

Orientation

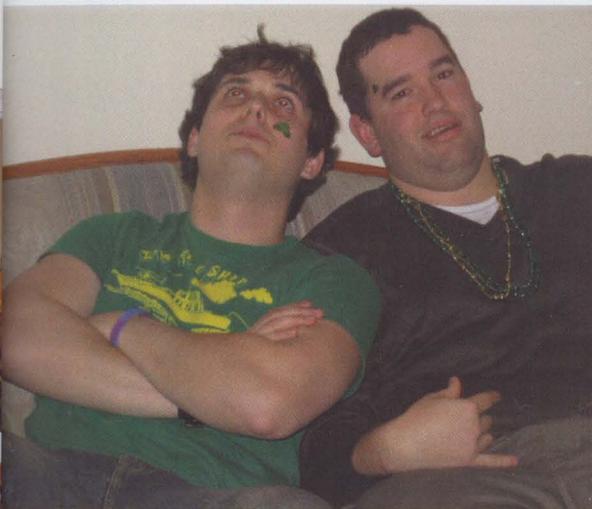




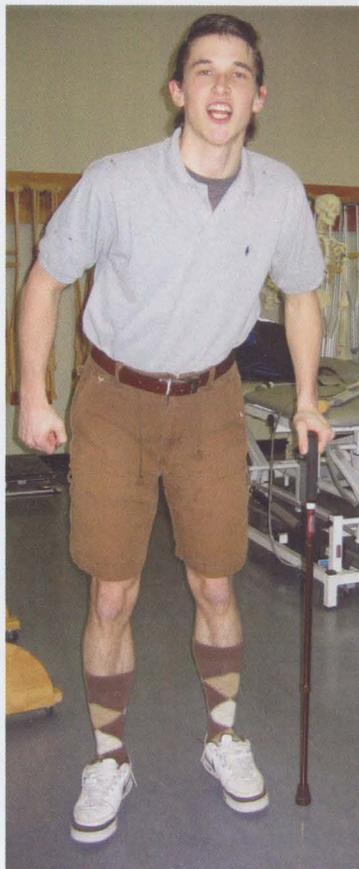
HALLOWEEN



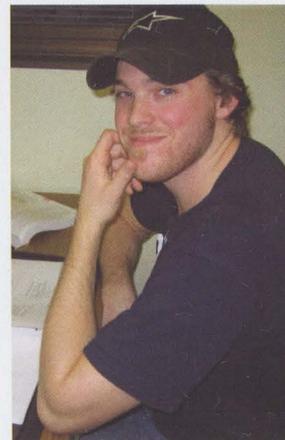
T. PATTY'S DAY

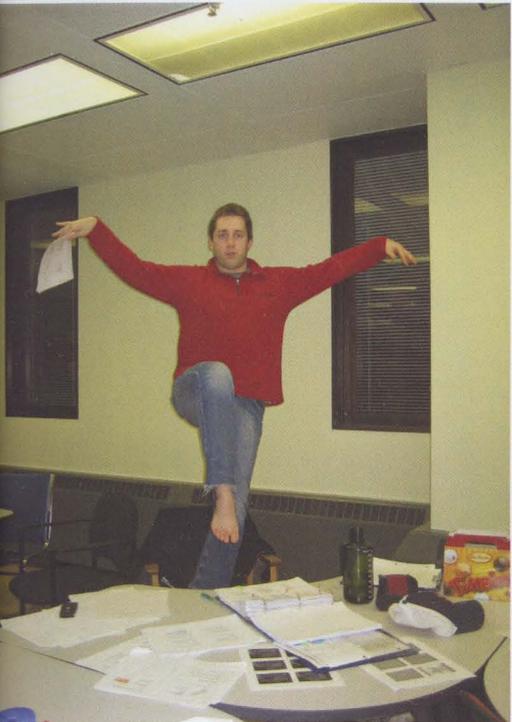


CLASS ACT

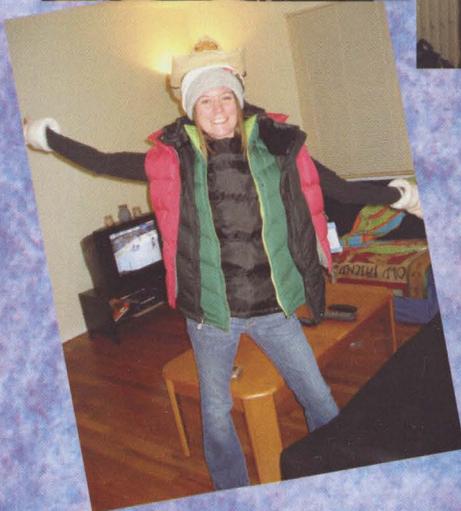
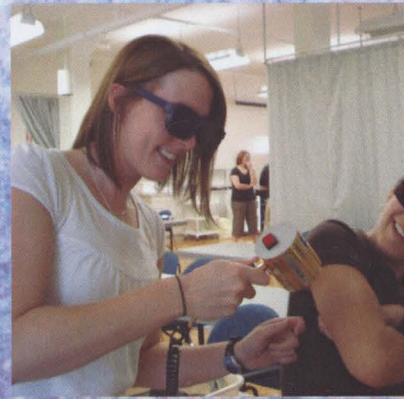


CLASS OF 2009

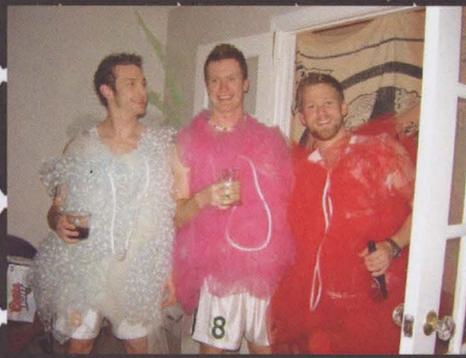




2008







HALLOWEEN



ST. PATRICK'S DAY



Our secret talent !!



GOOD TIMES . . . GREAT FRIENDS !!

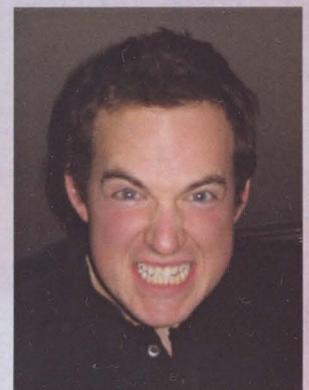
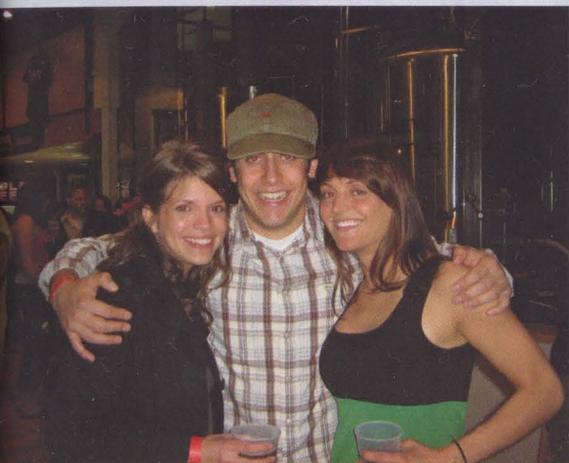
Was it all really



August 2006 -
October 2008



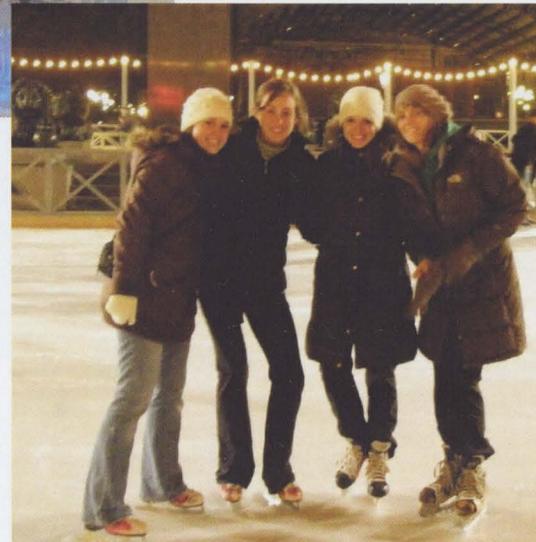
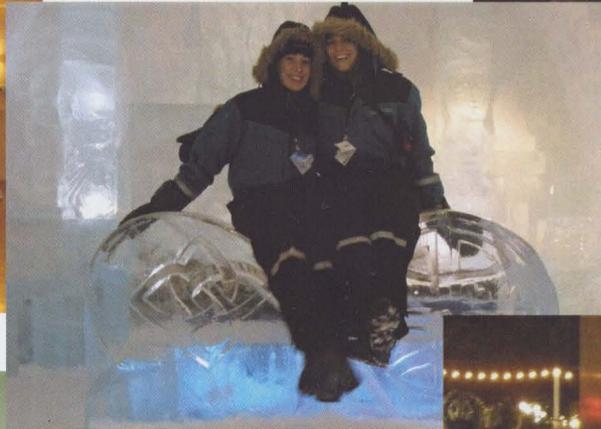
just 2 years?!?!



"We do not remember days, we remember moments"
Cesare Pavese

CLINICAL PLACEMENTS

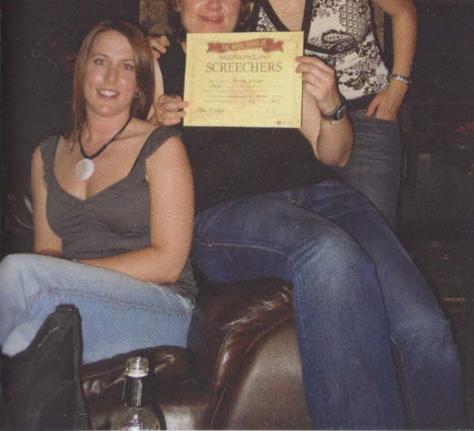
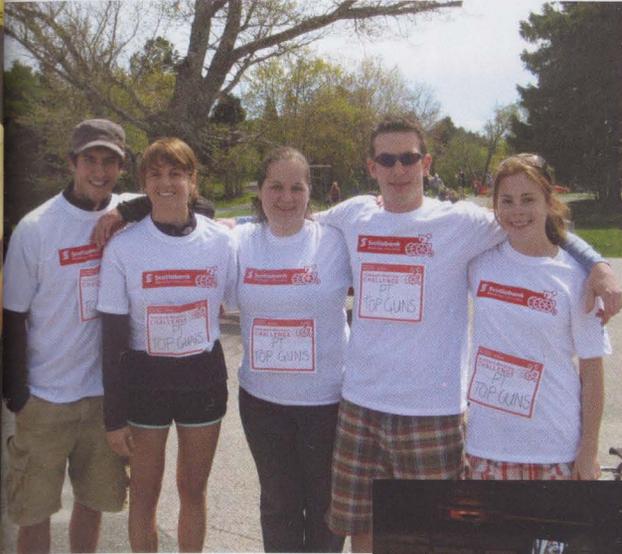
Sweden



Scotland



Newfoundland

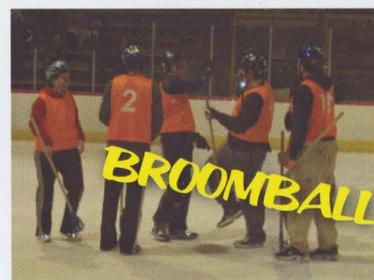
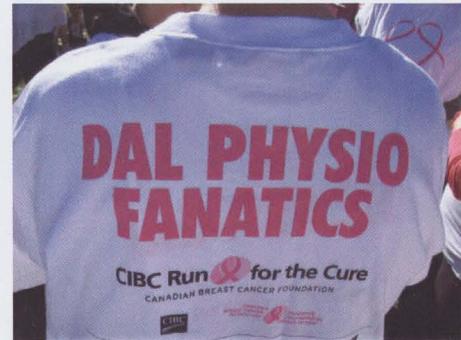
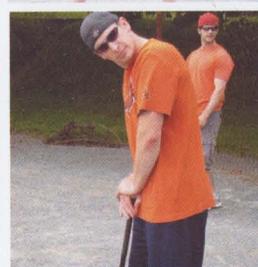
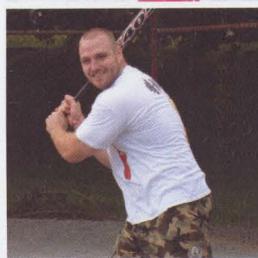


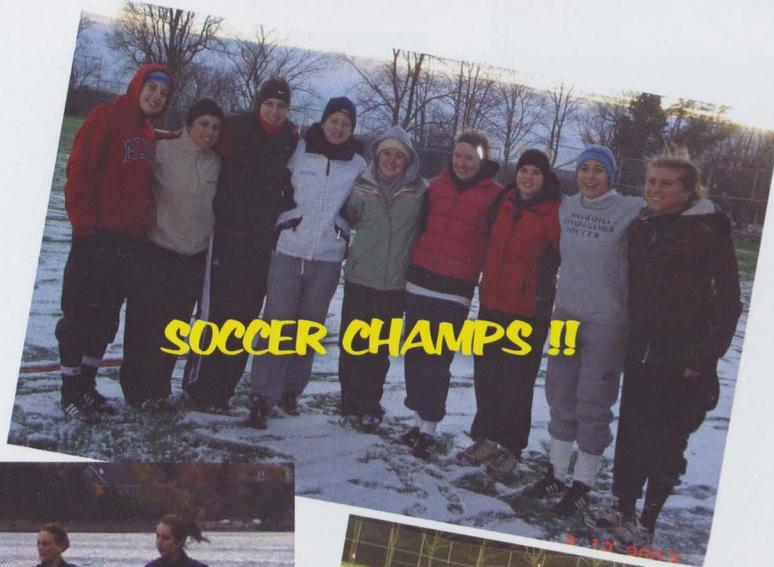
Vancouver



Ireland

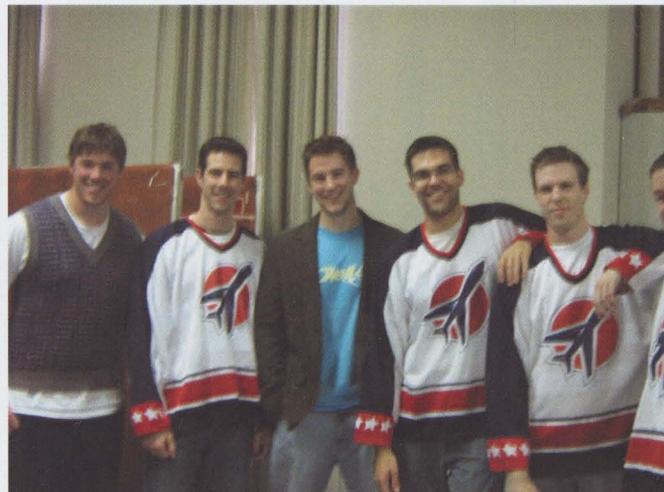
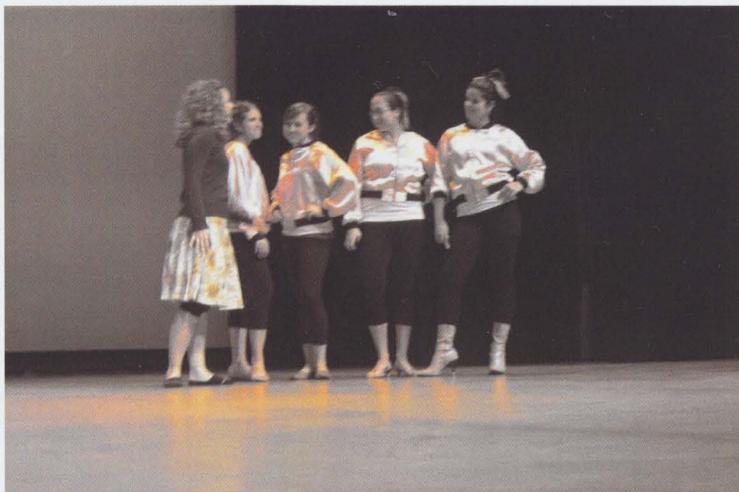
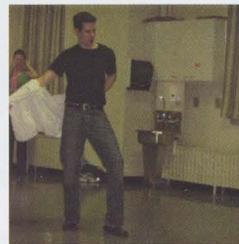






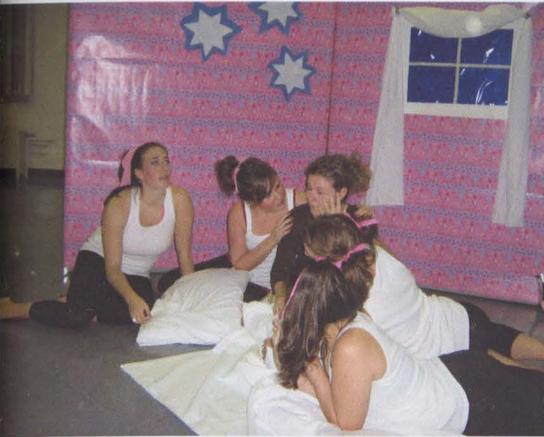
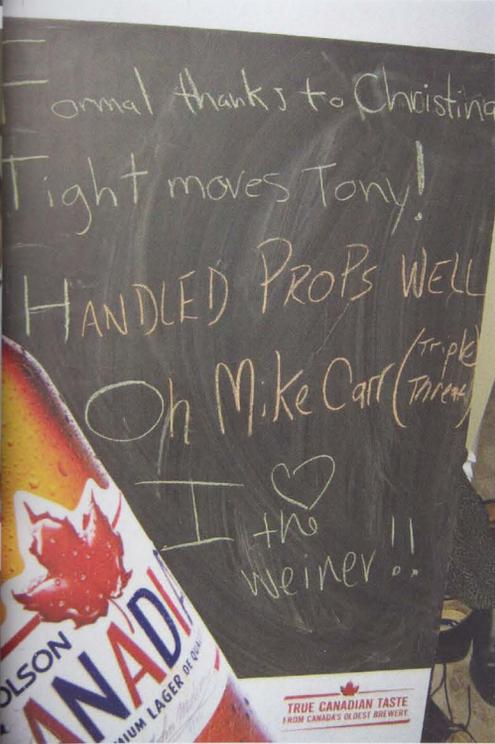
DAL TIGERS !

FOR THE HEALTH OF IT 2008 GREASE-UP YOUR JOINTS

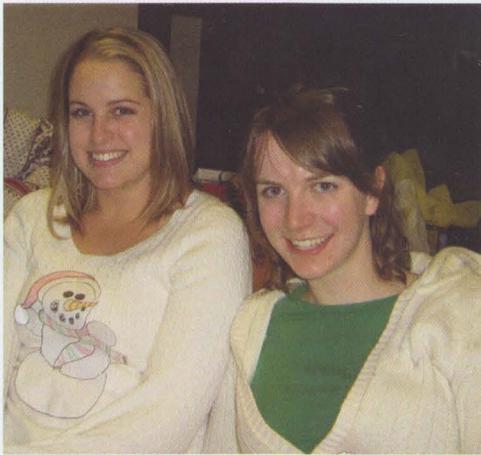
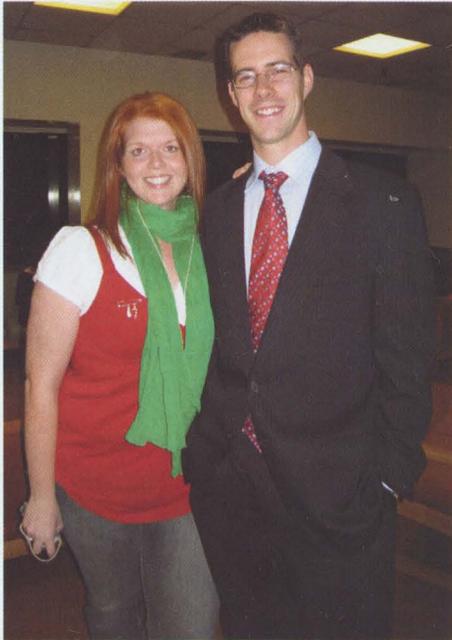


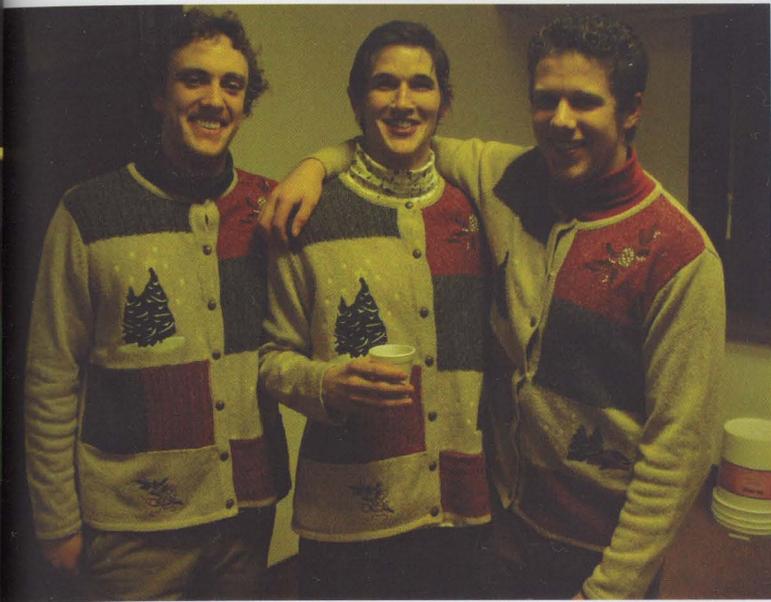
FTHOI 2008

"MOST TALENTED" "TOP FUNDRAISING"

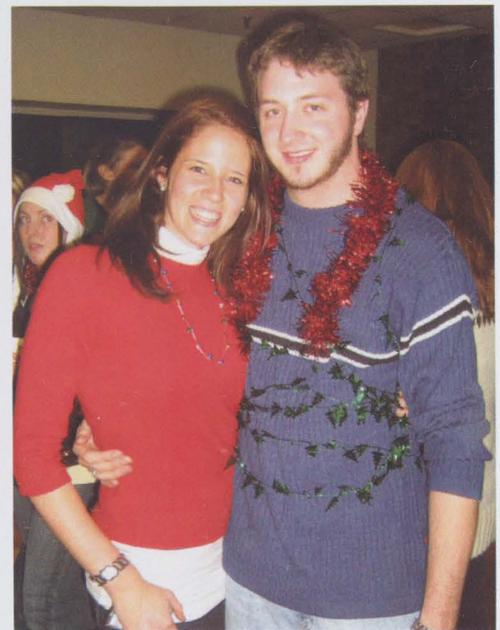
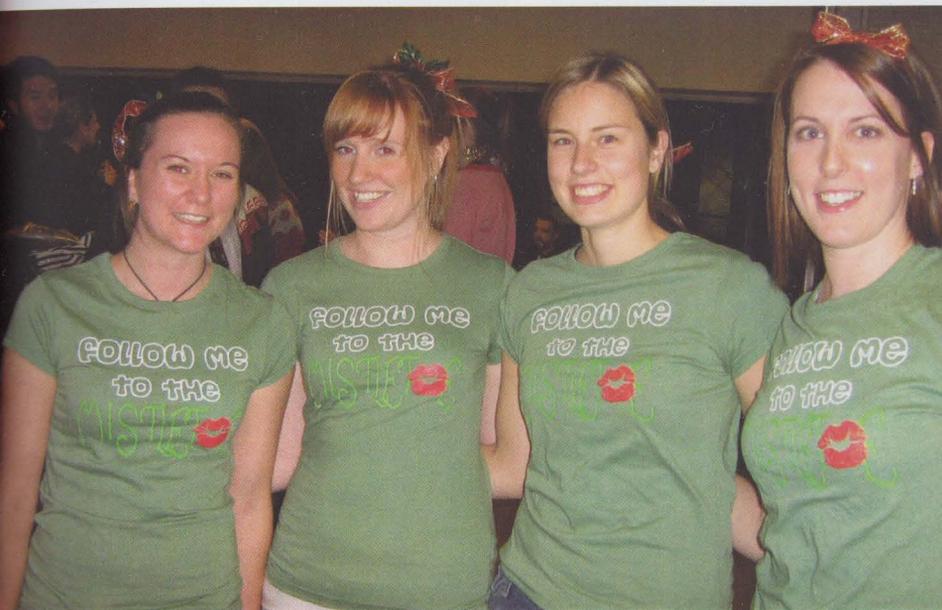


Christmas Potluck

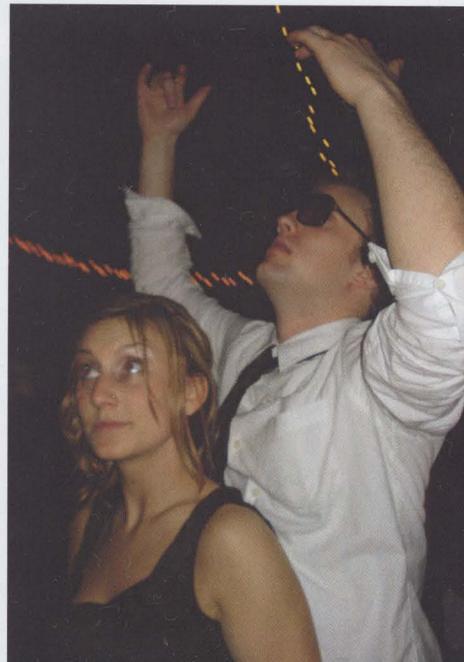




Merry
Christmas

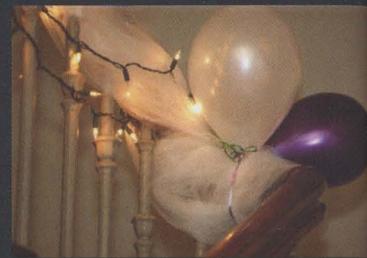


Physio Ball





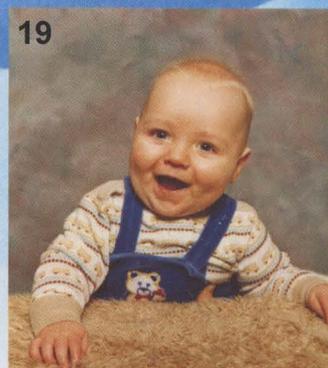
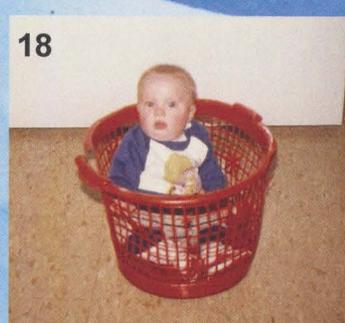
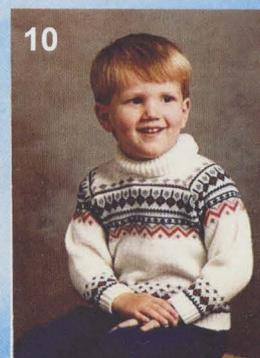
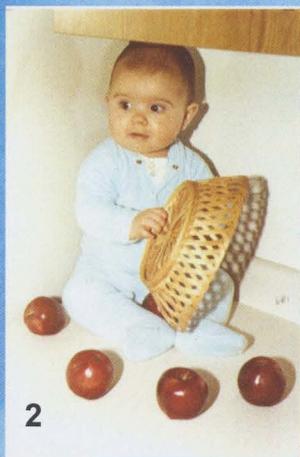
Physiotherapy Ball

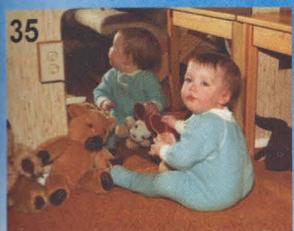
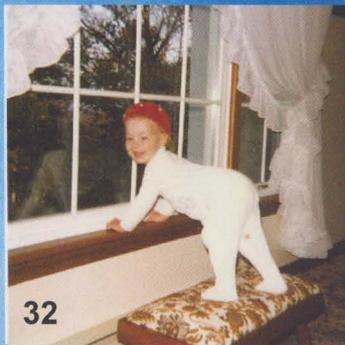




Class of 2008

Future Physiotherapists





1. Adam Bernard 2. Logan Kirkpatrick 3. Rebecca Doyle 4. Courtney Bartlett
 5. Sherry Lythgoe 6. Dana O'Brien 7. Darcie Wilson 8. Heidi McLellan
 9. Christina Connolly 10. Matt Mitchell 11. Jennifer Appleby 12. Natalie Matthews
 13. Andrew Trecartin 14. Pam Phillips 15. Julia Mitchell 16. Marcel Macdonald
 17. Bridget Mercer 18. Patrick March 19. Derek Kidd 20. Sarah Bradley
 21. Erin MacPherson 22. Lindsay Reid 23. Barbra Brown 24. Sarah McRae
 25. Jessica vonKummant 26. Rodeny Crocker 27. Katie Walsh 28. Jolie Gale
 29. Melanie Haire 30. Stephen Price 31. Adam Chambers 32. Michael Carr
 33. Stacey Blackmore 34. Rebecca Walker 35. Caroline Beairsto 36. Cecil Newman
 37. Dan Clarke 38. Meghan Bezanson

Dalhousie University's First MSc PT Graduating Class



To the Class of 2008...

'Beginnings are scary, endings are hard, it's the middle part that counts... thanks for a great middle part'

'Truly great friends are hard to find, difficult to leave, and impossible to forget.'

'You have brains in your head. You have feet in your shoes. You can steer yourself in any direction you choose. You're on your own. And you know what you know. You are the guy wholl decide where to go.'

- Dr.Seuss



Jennifer Appleby
Cole Harbour, NS
BKin, Acadia University

*"Mac & cheese with
weiner and ketchup
decorations"*

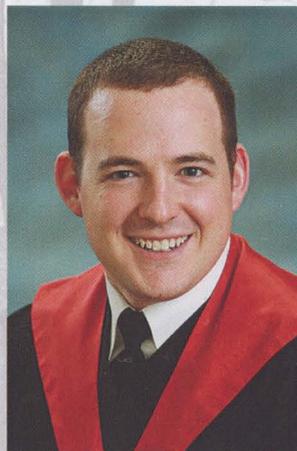
Courtney Bartlett
Milltown, Bay D Esprit, NL
BKin (Hons), MUN

*"Class Valedictorian"
"The leopard print bra,
and the Thong Girl
Halloween Costume"*



Caroline Beirsto
Vancouver, BC
BSc Kin (Hons), UW

*"Terry Mac's favorite
student"
"Her laugh... love it"*



Adam Bernard
Charlottetown, PEI
BSc Biology, UPEI

*"Cool, calm, and
collected under
pressure"
"Mr. B"*



Meghan Bezanson
Hammonds Plains, NS
BKin, Acadia

*"Lunch bags, freak
outs, and NO Flats!"*

Stacey Blackmore
Shoal Hr., NL
BSc Biology, DAL

*"Tequila!"
"The weiner to
Shauna's bun!"*



How the Class of 2008 will be remembered by classmates...



Sarah Bradley
Charlottetown, PEI
BSc Biology, UPEI

*"Party headquarters,
and the pole!"*
*"Her sarcastic humor.
One of the funniest
people I know"*

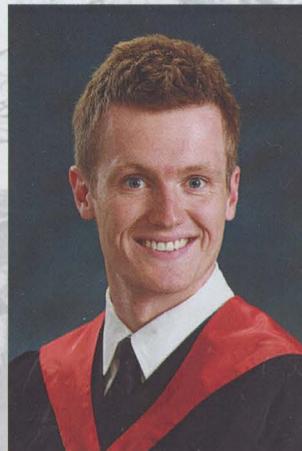
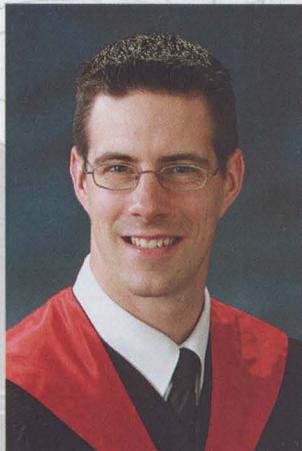
Barbara Brown
Hampton, NB
BSc Kin, UNB

*"Gin Barbie!!... I love
her!!"*
*"Her hilarious
pharmacy girl walk in
FTHOI"*



Michael Carr
Cole Harbour, NS
BSc Kin, DAL

*"Granola bars in
class; Debbie's
lunches; Dr. Mike
Carr; and, falling
asleep while sitting
in class"*



Adam Chambers
Blue Cove, NL
BKin (Hons), MUN

*"Popped Collar
Achievement Award"*
*"Penthouse award
for most time spent in
front of a mirror"*



Daniel Clarke
Benoit s Cove, NL
BSc HKin (Hons), STFX

*"Awesome... or, Wicked
Awesome"*
(self-proclaimed, haha)

Christina Connolly
Dartmouth, NS
BSc Kin, DAL

"Her zip-lock lunches"
"The wheezy laugh"





Rodney Crocker

Creston South, NL
BKin (Hons), MUN

"Quietest whisperer in class!"
"Close talker... watch out for spit... haha"
"The whole body laugh"

Rebecca Doyle

Halifax, NS
BSc HKin, STFX

"Cheese strings"
"Loudest spontaneous laugh"
"Biggest backpack"



Sarah Ernst

Yarmouth, NS
BKin, Acadia

"Sweet, studious girl with an unexpected wild side"



Shauna Forbes

Charlottetown, PEI
BSc Kin, UNB

"Class president"
"The bun to Stacey's weiner!"



Jolie Gale

Codroy Valley, NL
BSc HKin, STFX

"CPA Rep"
"The infamous cell phone ringing in class... then Jolie leaving to take the call"

Melanie Haire

Harbour Grace South, NL
BKin (Hons), MUN

"A friend to everyone"
"Always up for a time"



How the Class of 2008 will be remembered by classmates...

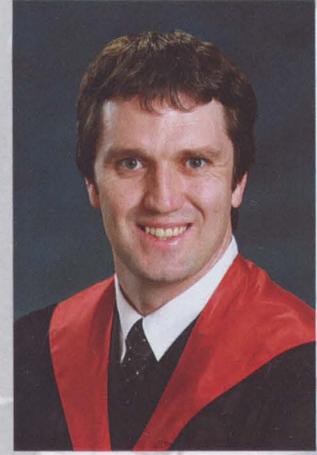


Derek Kidd
Winsloe, PEI
BSc Biology, UPEI

"The voice that could be heard anywhere... except when he spoke in class"
"The neverending compliments"

Harvey Killoran
Nash Creek, NB
BPE, UNB;
BEd, Brock University

"Most mature student"
Quote: *"Professional dress constitutes as jeans"*



Logan Kirkpatrick
North Sydney, NS
BSc Biology, DAL

"Spontaneous singing and dancing"
"Brother's track pants, or anything LuLu"



Kelly Loubert
Iqaluit, NU
BSc HKin, STFX

"Biking to school in one speed"
"Spontaneous laugh... remember 'digiti minimi' in anatomy class"

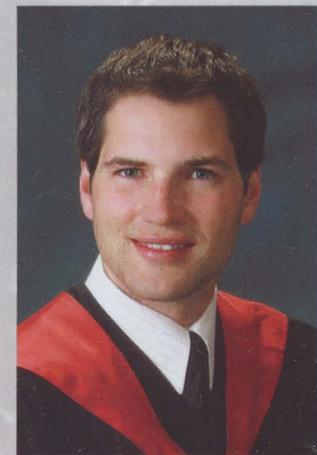


Sherry Lythgoe
Mount Pearl, NL
BSc Biology, MUN

"Seriously??"
"FTHOI"
"Hand talker"

Marcel Macdonald
Sherwood, PEI
BSc Biology, UPEI

"Marcella!!! You make one pretty lady!"





Erin MacPherson
Reserve Mines, Cape Breton
BSc Chemistry, DAL

*"Fries dressed in gravy"
"Most likely to be found
hiding in a corner if lost
on Georgestreet"*

Patrick March
Pictou, NS
BSc Biology, CBU

*"Google Scholar"
"Lumbar lordosis, and
the best behind in
class"*



Natalie Matthews
Big Marsh, Cape Breton
BSc HKin, STFX

*"Best impression of
an old lady... debates
'07"
"Very sincere person"*



Meghan McKay
Squamish, BC
BKin, Acadia

*"Biking her way
across Canada by
herself"
"Always up for a
dance"*



Heidi McLellan
Bathurst, NB
BSc Kin, UNB

*"Awesome class rep"
"Highest energy level
in class... never stops
moving"*

McRae, Sarah
Saint John, NB
BSc Kin, UNB

*"Best one liners during
any given PT night out"
"Ultimate prop
designer"*



How the Class of 2008 will be remembered by classmates...



Bridget Mercer

Thunder Bay, ON
BSc Biology & BPHE,
Queens University

*"Bree Van de Kamp
look-a-like, Halloween
'07"*

"Boiled eggs in class"

Julia Mitchell

Dartmouth, NS
BA HKin (Hons), STFX

*"Rower extraordinaire"
"Outdoor enthusiast"*

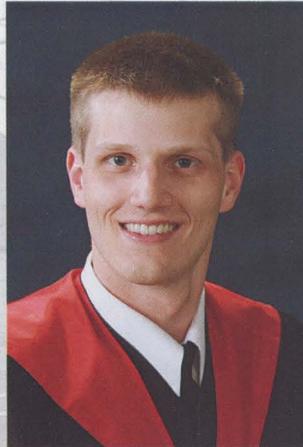


Matthew Mitchell

Brookside, NS
BSc Kin, DAL

*"Olympic fence
jumper"*

*"Future inventor
of the first manly
yogurt"*



Cecil Newman

Upper Island Cove, NL
BKin, MUN

*"Soft hands and a
healing personality!"
"Modest mouse"*



Dana O'Brien

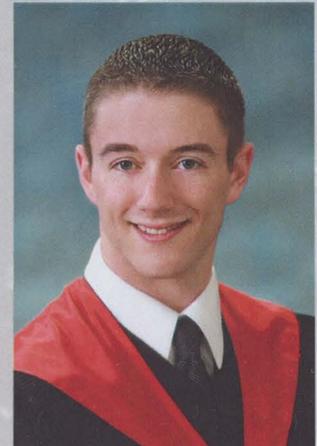
Torbay, NL
BKin (Hons), MUN

*"Her naturopathic
ways... remember the
stress tonic before
the anatomy exam,
and the chinese
suction cups"*

Justin Parsons

Wabush, NL
BSc HKin, STFX

*"COFFEE!!"
"Luigi"*





Pamela Phillips

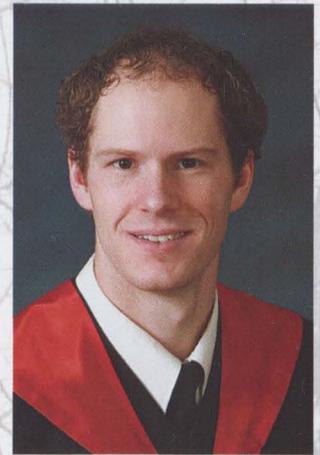
Sussex, NB
BSc Kin, UNB

*"Little ball of fury"
"The classmate
everyone wants to
party with"*

Stephen Price

Grand FallsWindsor, NL
BKin, Acadia

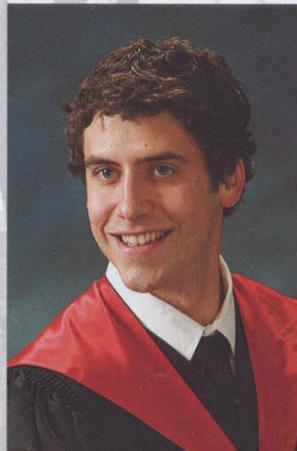
*"Squash pro"
"Biggest Montreal
Canadian's Fan"*



Lindsay Reid

Rothesay, NB
BSc Chemistry, DAL

*Best quote: "He is
not cute... you need
to ask him how much
money he makes
right now!"*



Andrew Trecartin

Saint John, NB
BSc Bio-Psych, UNB

*"Robert Goulet"
"Nancy Walker's
shadow in Anatomy
lab"*



Jessica vonKummant

West Bay, Cape Breton
BSc HKin, STFX

*"Someone that would
always greet you with a
smile"
"Animal lover and class
vegetarian"*

Rebecca Walker

Summerside, PEI
BSc Kin, DAL

*"Best legs in class"
"Calm and collected
before OSCEs
while everyone else
stressed out"*



How the Class of 2008 will be remembered by classmates...



Katrina Walsh
St. John's, NL
BKin (Hons), MUN

*"Funniest story of
life..."*
"Jager Bomb"

Darcie Wilson
Ottawa, ON
BSc Kin, DAL

*"Always knew our
schedule"*
*"Paparazzi at all of our
events"*



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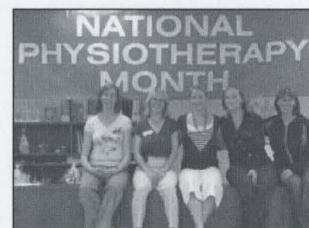
Check out our website at www.slmhc.on.ca for current openings within the Sioux Lookout Meno Ya Win Health Centre. For further information please email humanresources@slmhc.on.ca, mail at Human Resources P.O.Box 909 Sioux Lookout, Ontario P8T 1B4, fax (807)737-5138 or phone Human Resources at (807)737-3030 Extension 3249.

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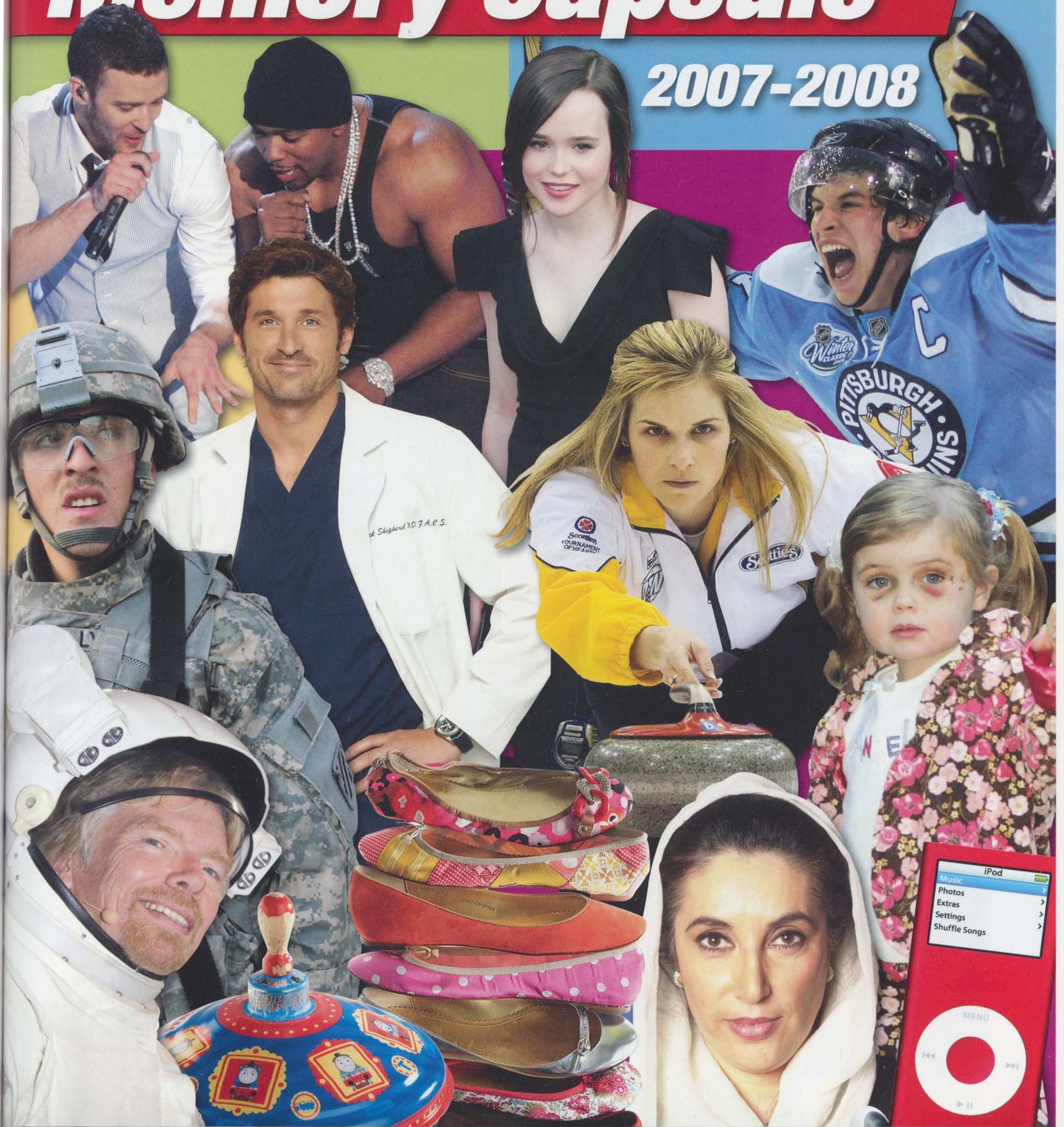
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The Canadian

MACLEAN'S
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Memory Capsule

2007-2008



World



▲ **IT TAKES A WORLD.** UNICEF, the international children's agency, announced that global childhood deaths hit a record low in 2006. Though 9.7 million children died before their fifth birthday, that statistic is down from nearly 13 million in 1990. While the worst rates came from nations plagued by war and violence, some Third World nations have used simple affordable measures to great success. The African country of Mozambique used inexpensive health tips on hydration and nutrition combined with mosquito nets that prevent malaria to drop its child mortality rate by 41 per cent. (Shashank Bengali/MCT)

► **TURNING A CORNER?** After four years of continuous bad news, life in Iraq started to get better last year following the deployment of an additional 30,000 U.S. troops. That effort, combined with deals that turned disaffected former insurgents into paid security forces, resulted in a plunge in the number of bombings and killings. While analysts debate whether Iraqi politicians can maintain the fragile new reality, particularly when the U.S. starts reducing its forces, civilians seized the drop in violence as an opportunity to start rebuilding their shattered country.

(Kuni Takahashi/
Chicago Tribune/MCT)



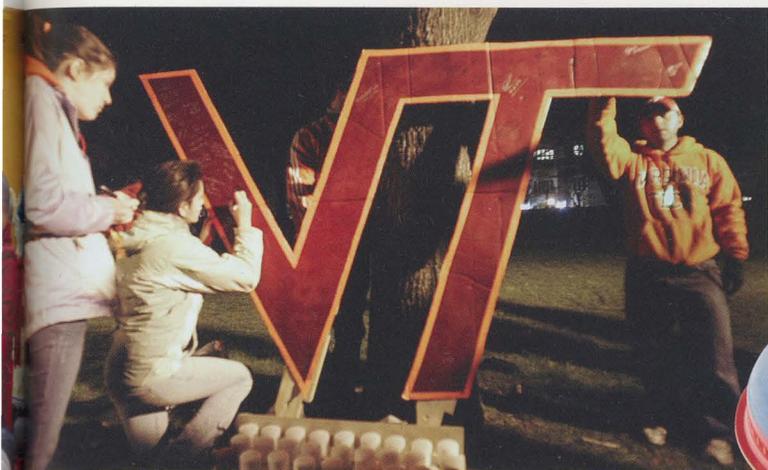
▲ **BRAVERY IN BURMA.** Dressed in vivid orange and red robes, thousands of Buddhist monks marched barefoot through the streets of Rangoon last September. They were joined by thousands of civilians, shouting "Democracy!" Burma has been ruled by a harsh military regime since 1962, which the massive street protests could not defeat. Within days, soldiers and police responded with a brutal crackdown. The government shut off all access to the outside world, including Internet service, and thus the fate of the protestors may never be known. (AP)



◀ **THE DYNAMIC DUO.** The passionate crowds of U.S. Democratic party members flocking to presidential candidates' rallies and debates know they are witnessing history in the making. At the party's convention in August, they will nominate either the first black, Barack Obama, or the first woman, Hillary Rodham Clinton to be their presidential hope on the November election ballot.

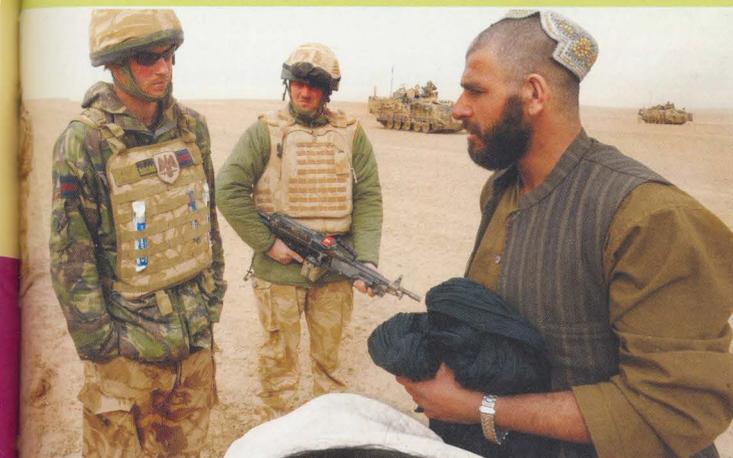


▲ **MUSEUM LOOT.** When Italy asked the Metropolitan Museum of Art in New York City to return a number of objects it claims were illegally lifted from ancient sites, it opened a huge debate in museums around the world: who really owns pieces looted in the past? The debate centred on one object in particular: the Euphronios krater, a Greek vase from the 6th century B.C., that was sold to the Met for \$1 million in 1972. Italy wanted it returned, and after 30 years of wrangling, a deal was reached. In a splashy homecoming celebration, the vase went on display in Rome in January. (Bebeto Matthews/AP)



▲ **CAMPUS HERO AMID THE HORROR.** On the morning of the Virginia Tech massacre, engineering professor and Holocaust survivor Liviu Librescu, 76, was presenting a slideshow to his class. When shots were heard in the corridor, Librescu pressed himself against the classroom door, blocking the gunman long enough for many of his students to jump to safety through second-floor windows. Librescu was killed that day by Cho Sueng-Hui, who shot 31 other students and professors and then himself in the worst school shooting in U.S. history. Librescu's students remember him as a hero.

(Ted Richardson/Raleigh News & Observer/MCT)



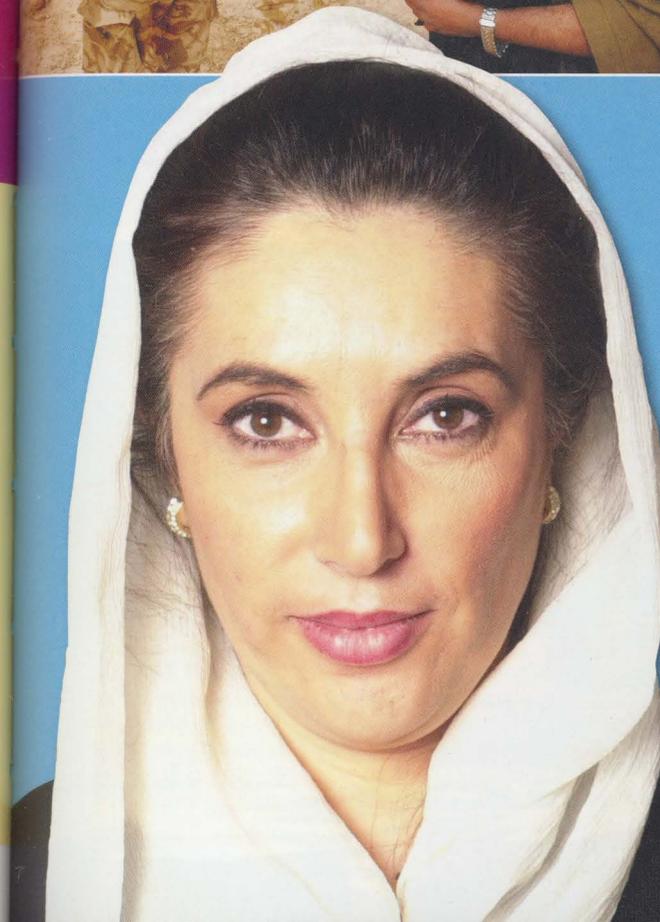
◀ **AN OFFICER AND A PRINCE.** It was Prince Harry's grandma, Queen Elizabeth II, who told the 23-year-old army officer that he was off for a tour of duty in the dangerous southern Afghanistan. While Harry, his recognizable red hair safely obscured by a helmet, called in air strikes and went on foot patrols, dozens of media outlets kept his location a secret for 10 weeks. This protected the self-described "bullet magnet" and his fellow soldiers from Taliban attacks. But after a U.S. website broke the news, Harry was forced to return home. He was met by his dad, Prince Charles and his elder brother William, who, because he's a future king of England, will never get to see action. (REX FEATURES)



◀ **CHINA SYNDROME.** From clothing and electronics to foodstuffs and toys, China is now the world's source for cheap imports. But in recent months, reports of contaminated products point to the downside of our growing dependence on Chinese suppliers. First there was the dog and cat food that killed family pets, next came toothpaste containing anti-freeze. And then came word that thousands of toys sold across North America were coated in lead-based paint. But China's most dangerous export could be its pollution.

Can we tie our desire for cheap goods to demands for environmentally responsible factories? The planet's future may hang in the balance.

(Bill Hogan/Chicago Tribune/MCT)



▲ **HOPING AND PRAYING.** Pictures of Madeleine McCann's chubby face, big round eyes and blond hair are plastered throughout Europe. The British toddler went missing from a Portuguese holiday resort just before her fourth birthday last May. When a huge hunt by police and volunteers combined with massive media coverage failed to turn up any clues, her parents launched a website looking for information. Weeks after Madeleine vanished, Quebec was stunned when 10-year-old Cédrika Provencher disappeared in Trois-Rivières while on a bike ride. Missing posters plastered store windows and a massive volunteer effort was organized. Though police continue to investigate, the girls are still missing. (Alistair Grant/AP)

◀ **PAKISTAN UNDER PRESSURE.** Reeling from crisis to crisis, Pakistan teetered on the brink of chaos. While al-Qaeda and other terrorists encroached from Afghanistan next door, homegrown militant Islamists at mosques in the capital, Islamabad, fought gun battles with security forces. Meanwhile former political leaders lined up to challenge President Pervez Musharraf, a general who had seized power in a 1999 coup. The main challenger was former prime minister Benazir Bhutto, whose triumphant homecoming after eight years in exile was cut short when she was assassinated in late December during the national election campaign. In February, after voters rejected Musharraf, the big question remained whether anyone could lead Pakistan into calmer waters.

(Balkis Press-Abaca Press/MCT)

Canada



▲ **ANGEL WISH.** When Maddie Babineau, dying of bone cancer, was offered anything she wanted by the Children's Wish Foundation, the 15-year-old Hamilton, Ont., teen passed on a Disney cruise or a shopping spree and instead asked for a new school in the poor Kenyan village of Enelerai. After the foundation granted her request, Babineau started raising the \$10,000 needed to build a well near the school, so kids could attend classes rather than spending hours hauling water for their families. Maddie Babineau died last May, but her mom and brother travelled to Kenya to see the school and the completed well. Her picture hangs in the Grade 7 classroom.

(Courtesy Sharon Babineau)



▲ **THE DOLLAR PUMPS IRON.** On Sept. 20, 2007 the loonie did something no one had seen for 31 years when it became worth more than the U.S. dollar. The loonie briefly soared above US\$1.10 before settling back to the US\$1 range. While northern manufacturers fretted that the high dollar was hurting their exports, delighted Canadian consumers flocked to American malls and Internet shopping sites to take advantage of the exchange rate. (KRT)



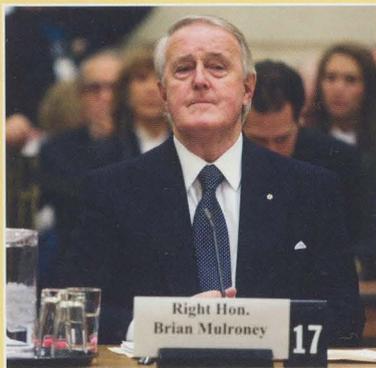
▲ **THE HONOUR GUARD.** For those concerned that the public, deeply divided over Canada's combat role in Afghanistan, wouldn't support its soldiers, the tributes on a stretch of highway in Ontario proved otherwise. Each time one of our war dead returned to CFB Trenton, thousands of Canadians lined Highway 401 to pay respects to the fallen as the cortège passed by. The spontaneous nature of the vigils led the province to rename that section of Highway 401 the Highway of Heroes. (Frank Gunn/CP)

▼ **TUSSLE FOR THE TUNDRA.** As ancient Arctic ice melts faster and faster—the Northwest Passage was fully open last summer—the international fight over who will control the potentially lucrative shipping lanes and natural resources of the Far North is intensifying. As well as bulking up its military forces in the area, Russia planted a flag on the seabed below the North Pole while the United States aggressively pushed its idea that the passage is an international waterway and not, as Canada believes, a domestic route. In response, Ottawa beefed up Canuck claims, announcing plans to build up to eight new icebreakers along with a new Far North military base and a deep-water port on Baffin Island. No word yet on how the true kings of the Arctic, the polar bears, will deal with the newcomers. (Vladimir Chistyakov/AP)





▲ **RED SERGE TROUBLES.** For the RCMP, the last few years have seen a litany of problems. In December 2006 commissioner Giuliano Zaccardelli resigned after giving incorrect testimony to politicians. Then an inquiry, looking into allegations senior officials had covered up problems in RCMP pension and insurance fund, sharply criticized the force's management. Then the focus shifted to policing policies themselves. First to be scrutinized was the habit of solitary policing in isolated settlements after two young officers were killed while responding to calls without back up. Then when a Polish immigrant died after being tasered and held down by RCMP officers at the Vancouver airport, the force faced detailed queries about its use of force. As their woes mount, it's no surprise that the RCMP faces a shortage of new recruits. (Don Denton/CP)



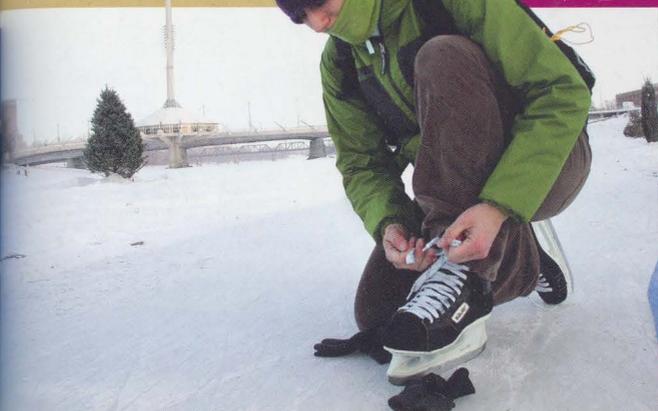
▲ **A LOBBYIST AND A PM.** As the economy slowed and the debate over the military's role in Afghanistan heated up during the winter, the biggest draw on Parliament Hill wasn't debates in the House of Commons but rather a committee hearing into the relationship between former PM Brian Mulroney and lobbyist Karlheinz Schreiber. The so-called Airbus Affair, which started two decades ago over allegations of kickbacks paid when Air Canada bought new Airbus planes, exploded back to life when PM Stephen Harper announced a public inquiry into the affair, hoping to shed light on the reported \$300,000 paid by Schreiber to Mulroney. Fascinated citizens watched as politicians, lobbyists and officials gave enough contradictory testimony to the committee to make a *Law & Order* plot look straightforward in comparison. (Fred Chartrand/CP)



▲ **CRIME ISN'T PAYING.** The last time the crime rate was this low, Pierre Trudeau was prime minister. Statistics Canada reported that the 2006 crime rate dropped three per cent, on top of a five per cent decline in 2005. Indeed, virtually all crimes had been trending downward in the past decade: breaking and entering rate was 43 per cent lower than it was in 1996, while murder was down 14 per cent. And, according to the experts, the decline was a coast-to-coast phenomenon. (Jonathan Hayward/CP)

► **CAR SEAT MIRACLE.** It was Canadian Forces rescuers who first realized three-year-old Kate Williams had survived the October crash of her grandfather's Cessna plane near Golden, B.C. The toddler had been hanging upside down by the straps of her car seat for more than five hours until the men reached the wreckage in the fading daylight and saved Kate. Though her pilot-grandfather, credited with saving her life by strapping her so carefully into the car seat, died in the crash, "Super Kate" had only minor cuts and bruises.

(Brendon Dlouhy/Edmonton Sun/CP)



▲ **WHEN THE GOING GETS COLD...** "Winterpeg" celebrated its cold-weather reputation by setting a new world record. Manitoba's capital city capitalized on its frigid weather when it groomed an 8.5-km stretch of ice along both the Assiniboine and Red rivers to snatch the title of the world's longest skating rink from Ottawa's 7.8-km Rideau Canal. (Ken Gigliotti/Winnipeg Free Press/CP)



Music

(Dick Clark Productions/Landov/MCT)



◀ ▼ **IDOLS NOT IDLE.** Former *American Idol* finalists Chris Daughtry (below) and Carrie Underwood (left) continue to ride the wave, with top-selling albums and singles. Underwood, named the No. 1 country artist for 2007 by *Billboard* magazine, was also honored at the Grammy Awards in February, winning the best female country vocal performance award for her song *Before He Cheats*.

(Francis Spivey/Landov/MCT)



▶ **HIT MEN.** Gifted songwriters and legendary music producers Timbaland (far right) and Nate "Danja" Hills have helped create many of the career-defining songs of such artists as Justin Timberlake (right), Nelly Furtado, Ludacris, Jay-Z and Britney Spears. Most recently Madonna turned to Timbaland, Danja and Timberlake for help on a number of tracks for her new album, *Hard Candy*. (Mark J. Terrill/AP)



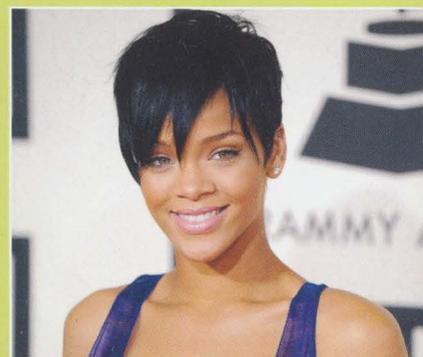
▶ **AMY SINGS THE BLUES.** With her heavy, winged eyeliner and her mile-high beehive hairdo, bluesy British singer Amy Winehouse has a retro look that matches her Motown musical style. She growls and purrs and swaggers through the numbers on her hit CD *Back to Black*, for which she won five Grammy Awards.

(Goff/INPhoto.com)



▲ **THEY ROCK THE HOUSE.** With their old-time rock 'n' roll style and its hard-driving beat, raucous choruses, dopey lyrics and pure enthusiasm, the Foo Fighters have numerous hummable hits. Their sixth studio album, *Echoes, Silence, Patience & Grace* earned two Grammy Awards, for best rock album and best hard rock performance for the hit song *The Pretender*.

(Kevork Djiansejian/AP)



▲ **LET'S DO A RAIN DANCE.** Rihanna, the green-eyed pop songstress from Barbados, had perhaps the catchiest hit of the year with *Umbrella*. Close your eyes and you can hear the robotic chant "ella, ella, ella, ay, ay, ay." Will weather protection ever be the same?

(Lionel Hahn-Abaca Press/MCT)

► **A MIXED YEAR FOR KANYE.** The rapper hitmaker (pictured right, with fiancée Alexis Phifer) had a bittersweet year. Releasing his third album, *Graduation*, on the same day—Sept. 11, 2007—as 50 Cent, Kanye West eclipsed his rival in sales, and scooped up four awards at the Grammys. But his trademark brash bravado took a serious blow with the death of his mom in November, bringing a new poignancy to his hit singles *Stronger* and *Hey Mama*.

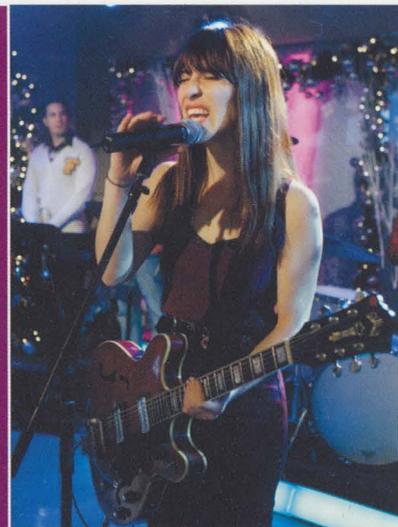
(Lionel Hahn-Abaca Press/MCT)

▼ **POP MUSIC'S CROONER.** Michael Bublé has a great voice and a smooth, easy style. The 32-year-old Canadian can sing like Frank Sinatra without making it feel dated. His big-band, breezy, big-voice sound is in full form on the love song *Everything* from his *Call Me Irresponsible* CD. It's music to swoon over.

(Steve Russell/The Canadian Press/ Toronto Star)



► **COUNT US IN.** Canadian indie pop darling Leslie Feist was nominated for four Grammy Awards, including best new artist and best female pop vocal, for her breakthrough single *1234*. The adorable hit was featured on a commercial for Apple's iPod Nano and soon exploded onto iTunes's Top Songs chart. Feist performed the hit song onstage at the Grammys, but alas, at the end of the night she'd been shut out of the hardware. (Richard Drew/AP)



Top 10 Albums • 07

1.	SOUNDTRACK	HIGH SCHOOL MUSICAL 2
2.	DAUGHTRY	DAUGHTRY
3.	MINUTES TO MIDNIGHT	LINKIN PARK
4.	HANNAH MONTANA 2 (soundtrack)	MILEY CYRUS
5.	THE DUTCHESS	FERGIE
6.	LONG ROAD OUT OF EDEN	EAGLES
7.	GRADUATION	KANYE WEST
8.	ALL THE RIGHT REASONS	NICKELBACK
9.	KONVICTED	AKON
10.	NOËL	JOSH GROBAN

▼ **RADIOHEAD'S BOLD MOVE.** When Radiohead decided to self-release a new album online and let fans set their own price for it, the record industry was shocked, fans cheered and fellow artists looked on with interest at the experiment. In *Rainbows* became a hot commodity without ever passing through a retail store. Actually, the band was just boldly acknowledging a growing trend. In 2007, Apple iTunes digital media store outsold both Best Buy and Target to become the second-largest U.S. music seller, behind Wal-Mart. Legal downloads now account for 10 per cent of the music market. Meanwhile, CD sales have slumped as a result.

(Apple Computer/MCT)

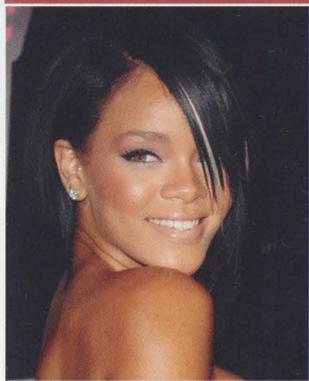
► **FERGIE RULES.** Named as a "breakthrough artist" of 2007 by *Entertainment Weekly*, Fergie (a.k.a. Stacy Ferguson) earned the honour with her first solo album, appropriately named *The Dutchess*. The CD had three No. 1 singles last year, including *Big Girls Don't Cry*, which took the No. 4 position on *Billboard's* Hot 100 year-end chart.

(Jeff Zevelansky/Landow/MCT)



Lifestyle

► **MAD ABOUT PLAID.** Remarkably, it isn't just golfers sporting this fashion trend. Plaid shorts are everywhere, often topped by layered polo shirts in vivid colours. As guys throw off their drab duds, girls: don't forget your shades. (Chris Walker/MCT)



◀ **CHOPPED AND CROPPED.** After tending their long tresses for years, some fashion-forward trendsetters have made a clean break and opted for blunt bob cuts or bangs. The shorter dos showed more attitude, especially the asymmetrical cuts worn by Rihanna (left) and Spice Girl Victoria Beckham.

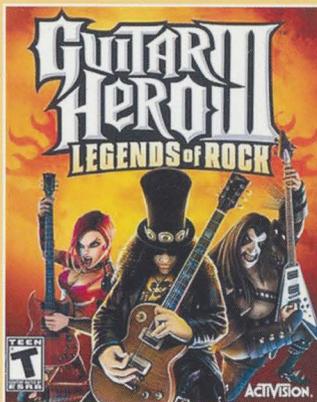
(Lionel Hahn/Abaca Press/MCT)

► **Wii LIKE IT.** With its innovative, motion-sensitive controller, Nintendo's Wii video system dominates the market, turning couch potatoes into active participants. Priced below the competition, the Wii system flew off store shelves, outselling the Xbox in 2007 and forcing many buyers to purchase units on eBay at premium prices.

(Itsu Inouye/AP)

▼ **HEY, BABY DOLL.** Ballet flats can turn the sassiest 16-year-old into a sweet angel. Add empire waists, puff sleeves and ruffles, and you've nailed the hottest fashion look of the year with style and comfort.

(J.Crew/MCT)



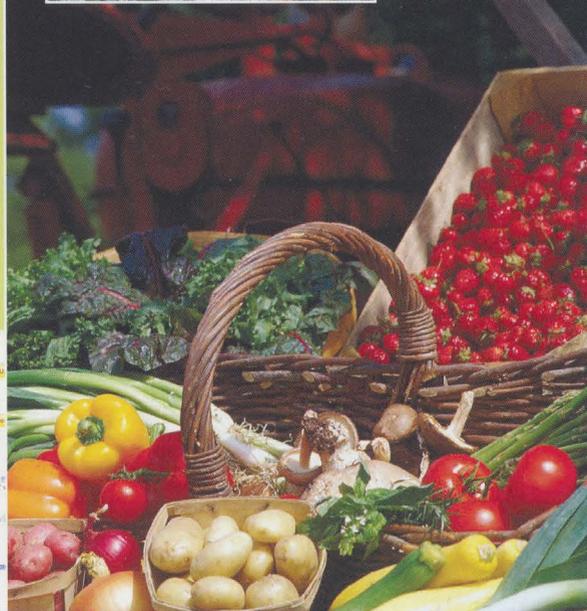
◀ **GAMERS ROCK.** The Nickelback song *Rockstar* says it best: "we all just wanna be big rockstars." And to help wannabes live that dream, video games such as *Rock Band* and *Guitar Hero III: Legends of Rock* let us lay down awesome tunes without actually having to learn to play an instrument. The co-operative spirit of *Rock Band's* multi-player mode makes it a huge hit at parties. But for hardcore gamers craving action, nothing beats *Halo 3*, the combat simulator that stocks an arsenal of weapons to wage complex battles amid gorgeous graphics. Pure gaming bliss. (MCT)

Top 10 GOOGLE SEARCHES •07

1. IPHONE
2. WEBKINZ
3. TMZ
4. TRANSFORMERS
5. YOUTUBE
6. CLUB PENGUIN
7. MYSPACE
8. HEROES
9. FACEBOOK
10. ANNA NICOLE SMITH



◀ **IT'S IN THE BAG.** Eco-friendly became a fashion statement when British handbag designer Anya Hindmarch introduced her unbleached cotton tote, stamped with "I am not a plastic bag." While Ireland, Thailand, China, South Africa, and a number of states in India have curbed the use of plastic bags by imposing extra taxes or outright bans, North America lags far behind. But shoppers don't need legislation to go green. They can just BYOB (bring your own bag). (Adrian Brooks/REX FEATURES)



◀ **THINK GLOBALLY, EAT LOCALLY.** When the average North American sits down to eat, many ingredients have travelled at least 2,400 km to reach the dinner plate. But a new movement is afoot: the 100-mile diet. The idea is that you eat food from within a two-hour drive of your home. It means visiting local farmers' markets, learning to prepare meals from scratch, and forgoing out-of-season produce, as much as possible. It also means fresher, better-tasting food with fewer additives, less sugar and less fuels used for shipping. And it sparked a recent entry in the *New Oxford American Dictionary*: "locavore," meaning one who eats locally. (Tony Berardi/MCT)



▲ **ONE BRIGHT IDEA.** A simple flick of a switch can make a huge difference, at least when it comes to saving energy. Compact fluorescent light bulbs use 75 per cent less energy than standard incandescents and last 10 times longer. In Canada, a group called Project Porchlight, has already convinced more than a million households to install at least one CFL bulb. If every household in the country made the switch, we would cut greenhouse gas equivalent to the emissions from 66,000 cars. (Philadelphia Inquirer/MCT)



▲ **IN CYBERSPACE, EVERYONE CAN HEAR YOU.** When a Washington, D.C.-area student phoned a school official's home to ask why he hadn't closed schools after a recent snowfall, the response set off an online storm. Student Devraj "Dave" Kori left his name and number, so the official's wife returned the call, but she apparently wasn't pleased. "How dare you call us at home!" she snapped in her message. She also used the phrase "snotty-nosed little brats," and said "Get over it kid, and go to school." Kori taped the voice-mail reply and posted an audio link to his Facebook page. The message was also uploaded to YouTube. Within days it had drawn more than 20,000 hits: a clear case of technology biting back.

▶ **ALL EYES ON THE IPHONE.** This sleek gadget can surf the Net, download music wirelessly, read a digital newspaper, take snapshots, resize photos, send text messages and, oh yeah, even make phone calls. Last June, when the iPhone went on sale in the United States, long lines formed outside Apple stores despite the \$499 price tag. And when the price dropped by \$200 in September, the gizmo became the "It Gift" for holiday shoppers south of the border. No word yet on when the most talked-about cell phone in history will be available in Canada.

(Sherry Lavars/MCT)



Entertainment

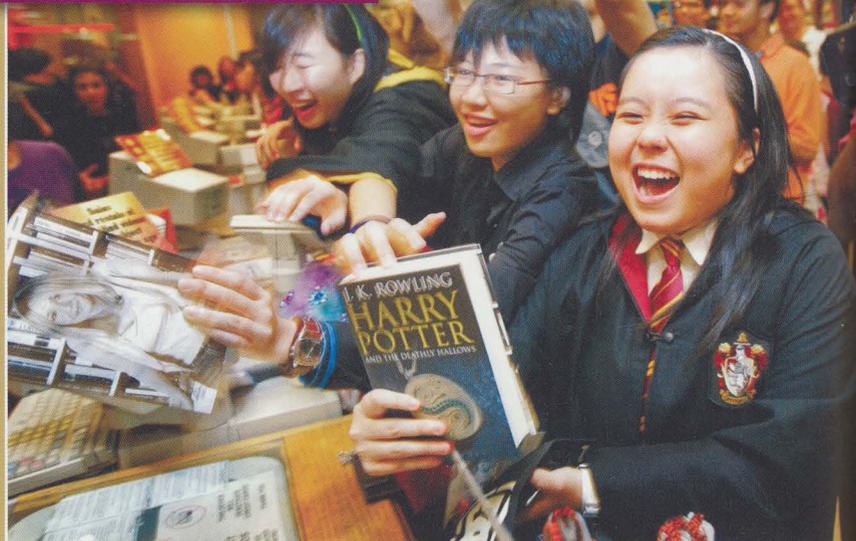


▲ **QBs LOVE BLONDS.** The path of true love is not always smooth, especially when hunky quarterbacks hook up with tall blond beauties. First fans accused singer/celebrity Jessica Simpson of jinxing the Dallas Cowboys every time she watched quarterback/boyfriend Tony Romo play. Never mind that she wasn't in the stadium to watch Romo and the Cowboys lose their last game of the season. Then, when the undefeated New England Patriots lost the Super Bowl, "blond curse" suspicions soon focused on QB Tom Brady's Brazilian supermodel girlfriend Gisele Bündchen (above with Brady), who'd watched from a skybox. But the handsome couple shrugged off the criticism and kept dating. (Thornton/Green/INPhoto.com Ref.: infusny-06/31/CP Photos)

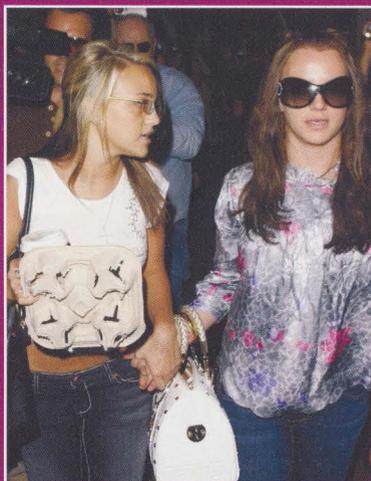
► **LIFE IMITATING ART.** They met on the set of *High School Musical* and their on-set chemistry has spilled over into real life. Zac Efron, 20, and Vanessa Hudgens, 19, are the cutest young couple in Hollywood. The two were on the cover of virtually every entertainment magazine as they discovered that singing and dancing on the small screen is a lot easier than dating in the full glare of the cameras. (Bob D'Amico/Disney Channel/MCT)



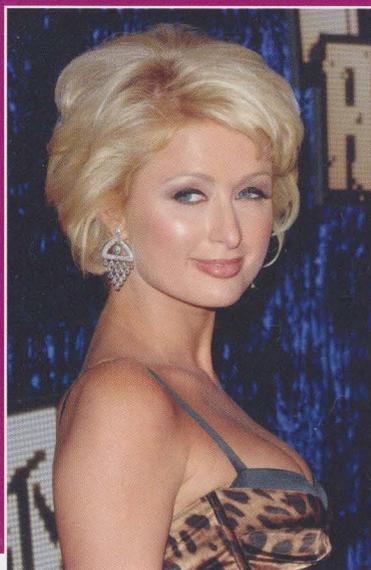
► **MUG SHOTS 'R US.** The trio of actress Lindsay Lohan and celebs Paris Hilton (right) and Nicole Ritchie found their hard-partying ways interrupted by visits to police stations or jail. After months in rehab, Lohan found that her promising movie career had stalled, at least temporarily. While Paris Hilton quickly returned to her role as the princess of the paparazzi after serving 22 days in jail, it was Hilton's *Simple Life* co-star Nicole Ritchie who snagged the "most improved" prize. She quietly settled down with her partner, musician Joel Madden. In January, she gave birth to a girl named Harlow, whom Hilton has already promised to spoil. (Lionel Hahn/Abaca Press/MCT)



▲ **BYE-BYE HOGWARTS.** Last July was a magical month for Muggles. In a span of 10 days, millions of non-wizarding folk watched the fifth movie in the Harry Potter series and then lined up in stores around the world to buy the seventh and final book in J.K. Rowling's epic tale, *Harry Potter and the Deathly Hallows*. In the first day on sale, a staggering 12 million copies flew off shelves in the United States, Britain and Canada. (Wong Maye-E/AP)



◀ **OOPS THEY DID IT AGAIN.** Shaving her head, performing a lackadaisical dance on MTV, losing custody of her two young sons, checking into a psychiatric ward by ambulance—it seemed that every second of singer Britney Spears' life was recorded by the media. Then in December, attention swivelled to her squeaky-clean sister, 16-year-old Jamie Lynn (far left), the star of the immensely popular *Zoey 101*, who announced she was pregnant. Needless to say, their mother's book of parenting advice has been put on hold indefinitely. (©Most Wanted Pictures (2006) All rights reserved.)



▲ **CAUGHT IN THE WEB.** Celebrities and ordinary people learned the power of the Internet as gossip sites such as *PerezHilton.com* and *TMZ.com* instantly spread "news" and videos around the world with the click of a button. Secrets, rumours, snarky rants—nothing was too trivial. It was all useless information that we find strangely compelling. But *YouTube.com* was still the go-to site for the best of what's cool on this planet, as viewers trolled through everything from mash-up videos to university lectures and even police pleas to locate wanted criminals.



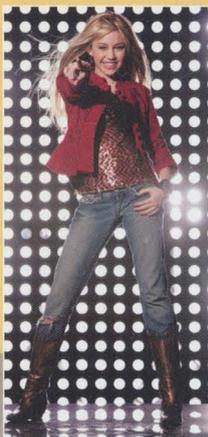
◀ **PICKETS STOP PLOTS.** When the Writers Guild of America went out on strike on Nov. 5, few thought the dispute, centred over payments for Internet viewings, would last. As TV shows ran out of new episodes and talk show hosts were forced to ad lib, strange phenomena were reported: networks observed skyrocketing ratings for

political debates while some parents discovered their kids' school marks were improving. But all those oddities were forgotten once a deal was reached in February and people realized the Oscars would go on as planned. (Goff/INPhoto.com)

▶ **HANNAH MONTANA RIDES THE WAVE.**

The tour name "Best of Both Worlds" fits the life of actress/singer Miley Cyrus to perfection. The 15-year-old actress stars in *Hannah Montana* playing a girl living a dual role: ordinary student Miley Stewart by day and pop star Hannah Montana at night. When not filming the series, Cyrus herself has been on a sold-out concert tour throughout North America. Oh, and a 3-D movie of her concert took in \$31 million on its first weekend.

(Bob D'Amico/Disney Channel)



◀ **LOST IN RIDDLES.**

What *hasn't* Ben done? Why can't outsiders find the island? Did Kate and Jack really make it back to Los Angeles? Millions of *Lost* viewers, hooked on the mystery of doomed Oceanic flight 815, spend hours trying to solve puzzles contained in the show, which follows survivors (including bad boy Sawyer, left) of a plane disaster trapped on a weird uncharted island. Since the creators signed a deal to wrap up the show in 2010, fans know there will be a proper conclusion to the series, though maybe not answers to every question.

(Reisig & Taylor/ABC)



▶ **THEY'RE SOARING...** Given the runaway success of *High School Musical* a sequel to the TV movie was inevitable and sure enough, last summer, the original cast, including hunky Zac Efron and sweetie-pie Vanessa Hudgens, returned with more song-and-dance productions. *H.S.M. 2* became the highest rated basic-cable broadcast in U.S. history.

Now the focus is turning to the third installment of *H.S.M.*, due to hit theatres this fall.

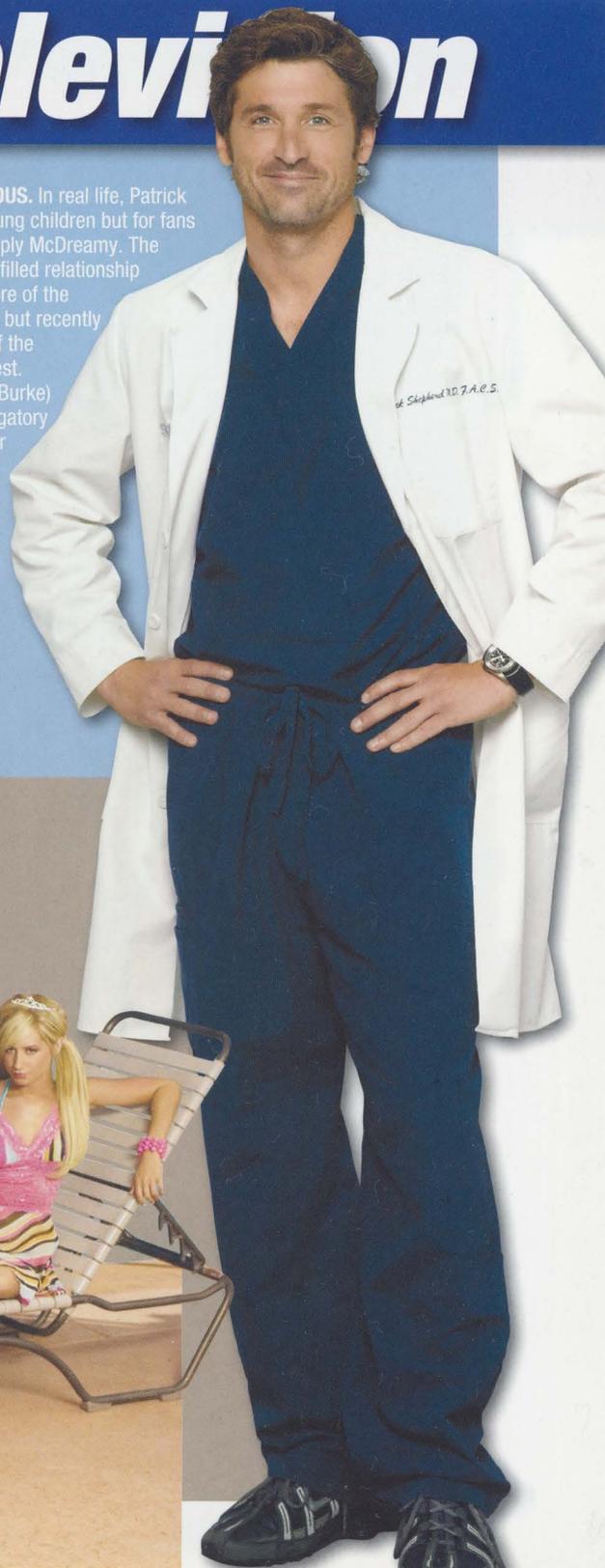


▶ **CUBICLE LIFE 101.** Michael Scott is the egotistic and socially awkward regional manager for the Dunder Mifflin Paper Co. who struggles to keep himself as the centre of attention among the misfits in *The Office*. The show's mock-documentary style reveals the sad truth about life at work—incompetent and bullying people like Scott (brilliantly played by comedian Steve Carell) do rise to power, some employees fall in love (like Jim and Pam, above) some turn into pathetic suck ups, while others rebel in spectacular fashion. *The Office* is a grimly hilarious look at how many people will spend four decades of their lives. (Justin Lubin/NBC)



Television

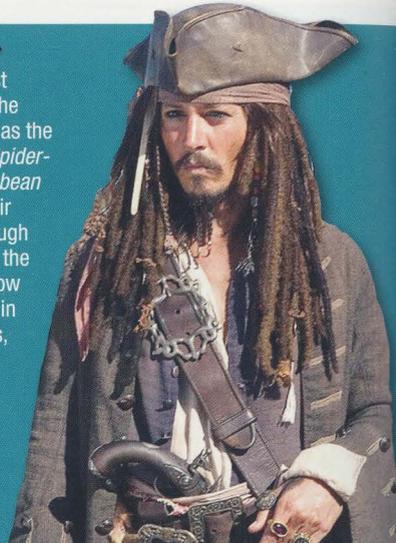
▶ **CAUTION: IT'S INFECTIOUS.** In real life, Patrick Dempsey is dad to three young children but for fans of *Grey's Anatomy*, he's simply McDreamy. The handsome surgeon's angst-filled relationship with Meredith Grey is the core of the blockbuster medical drama, but recently the off-screen adventures of the show's actors vied for interest. Isaiah Washington (Preston Burke) was fired after making derogatory comments about gay co-star T.R. Knight (George). Then actress Katherine Heigl (Izzy) was crowned queen of the box office for her hit film *Knocked Up*. By winter, McDreamy grabbed the crown for himself when he struck movie gold with *Enchanted*. (Bob D'Amico/ABC)



(©2007 Columbia Pictures Industries Inc. All Rights Reserved.)



◀ ▶ ▶ **TRIPLE PLAY.** Last summer was the season of the action-adventure three-peat as the third instalments of *Shrek*, *Spider-Man* and *Pirates of the Caribbean* kept fans enthralled with their dazzling special effects. Though the three weren't darlings of the critics, fans flocked to see how Jack Sparrow (Johnny Depp in *Pirates*) defeated Davy Jones, how Peter Parker (*Spider-Man*'s Tobey Maguire) dealt with the dark side, and how Shrek (Mike Myers) found a new king and fathered, wait for it, triplets



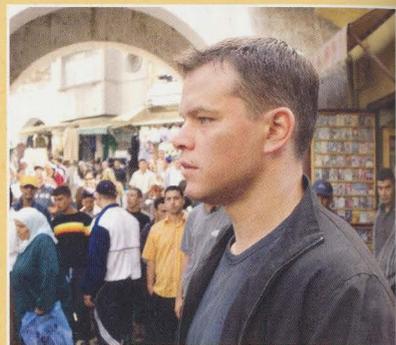
Movies

▼ **THE OSCAR SLAYER.** Before *No Country for Old Men* hit the big screen and got the Best Picture Oscar, sexy Spaniard Javier Bardem was known more for his relationship with Penélope Cruz, than his acting skills. But his portrayal of a ruthless hit man with a caveman haircut got him kudos from the critics and earned him a fancy gold statue for Best Supporting Actor.

(X17/CP)



▶ **SEXY, STRONG AND SUCCESSFUL.** Jason Bourne is a hero for modern times—conflicted yet deadly, kind yet ruthless, and efficient yet romantic. In his third film incarnation, *The Bourne Ultimatum*, actor Matt Damon proved that allowing viewers a peak inside Bourne's humanity didn't destroy him as an action figure and box-office gold. For Damon, the huge summer flick was the start of a few good months as his beloved Boston Red Sox captured the World Series while he energetically promoted his Third World charities. The happily-married-with-children star even landed *People* magazine's Sexiest Man Alive award.



▲ **STIRRING THE POT.** Pixar, the makers of *Toy Story* and *The Incredibles*, wowed critics and fans with another computer-animated masterpiece. *Ratatouille* focused on a French rat who abandons his garbage traditions for gastronomic fame in a Paris restaurant kitchen. What follows is culinary bliss mixed with cinematic bravado tossed liberally with humour.



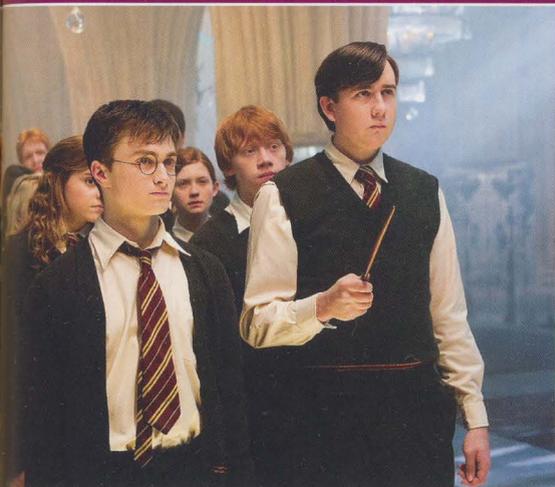
▲ **REWRITING HISTORY.** When the original Nicolas Cage history thriller earned nearly \$350 million around the world, a sequel was inevitable. This time the plot of *National Treasure: Book of Secrets* centred on Ben Gates' efforts to prove his great-great grandfather wasn't the mastermind of the Abraham Lincoln assassination plot. In the first movie, Gates stole the Declaration of Independence, so this time he ups the ante by kidnapping the President. The mixture of history and action worked once again, as the sequel topped the Christmas box office.

▶ **A STAR IS BORN.** Before *Juno*, most moviegoers only had a vague recollection that Ellen Page had played Kitty Pryde in the third *X-Men* film. But after *Juno*, a small witty independent film about a teen dealing with pregnancy, adoption and high school, everyone knew the 21-year-old Canadian actress. It seemed that she was on every magazine cover while directors scrambled to cast her in their movies. And through it all the petite actress dressed like the girl next door, smiled politely for the cameras and looked as though she wasn't letting the fuss get to her. (CP/Picture Perfect)



▲ **HEROIC HUNKS OF METAL.** The *Transformers* plot might have left all but the most stalwart fans bewildered, but the fight sequences between the two races of alien robots, the good Autobots and the villainous Decepticons, were the special-effects highlight of last summer. No wonder a sequel is planned for 2009.

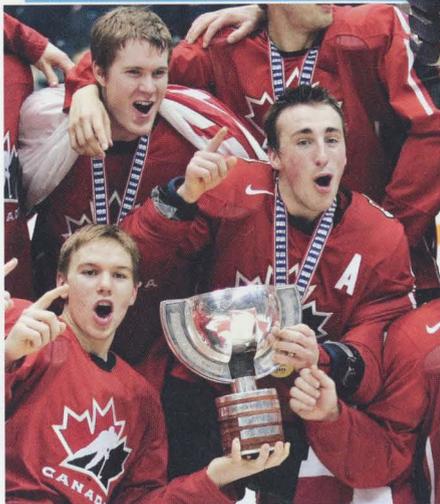
Top Movies • 07



◀ **THE HEROES OF HARRY POTTER.** For the actors at the heart of the Harry Potter series, the fifth movie, *The Order of the Phoenix*, was the film when they became full-blown teen pin ups. Producers have been shooting the series as fast as possible to keep a now-muscular Daniel Radcliffe (Harry, far left) and his fellow thespians close to their characters' ages, so stay tuned: film six is set for a November release.

1.	SPIDER-MAN 3	\$337 MILLION
2.	SHREK THE THIRD	\$323 MILLION
3.	TRANSFORMERS	\$319 MILLION
4.	PIRATES OF THE CARIBBEAN: AT WORLD'S END	\$309 MILLION
5.	HARRY POTTER AND THE ORDER OF THE PHOENIX	\$292 MILLION
6.	I AM LEGEND	\$255 MILLION
7.	THE BOURNE ULTIMATUM	\$227 MILLION
8.	NATIONAL TREASURE: BOOK OF SECRETS	\$216 MILLION
9.	ALVIN AND THE CHIPMUNKS	\$213 MILLION
10.	300	\$211 MILLION

Sports



▲ **FOUR IN A ROW.** Team Canada won its fourth consecutive gold medal at the world junior tournament in the Czech Republic in January. But the World Under-20 Championship was not handed to the Canadians. The final game against Sweden was tied 2-2 at the end of three periods. At three minutes and 36 seconds into overtime, Matt Halischuk (upper left) scored the most important goal of his young career and kept the team's winning streak alive.

(Jacques Boissinot/CP)

► **SPEED QUEENS.** Canadian women skiers have been in contention all season, and give every indication they'll be ready for prime time at the 2010 Vancouver Olympics. Kelly VanderBeek (left), Britt Janyk (centre), and Emily Brydon should be even more energized when they ski before the home crowd at Whistler's Olympic venues. (Marco Trovati/AP)

▼ **GIRL POWER AT THE RACETRACK.** Jockey Emma-Jayne Wilson rode into horse-racing's history books when she became the first woman to win the prestigious Queen's Plate. Her mount, three-year-old Mike Fox, was considered a 15-to-1 long shot, but in the final stretch he flew by the two front-runners to win by half a length in a thrilling victory. (Frank Gunn/CP)



► **THE CROSBY SHOW.** Sidney Crosby was the NHL's best player last season, even though he hadn't yet celebrated his 20th birthday. He won the scoring race with 120 points, plus the MVP trophy and the Lou Marsh Trophy, awarded by a panel of journalists to Canada's top athlete. Even after being sidelined for six weeks this winter with a badly sprained ankle, No. 87 still ranked in the top 25 for points. When Crosby plays, the NHL arenas are filled to capacity and TV ratings soar, so needless to say, his Pittsburgh Penguins were glad to have their captain back on the ice in March. (David Duprey/AP/CP)



▲ **QUEEN OF THE COURTS.** Smaller than many towering opponents on the tennis circuit, Belgium's Justine Henin still delivers a serve topping 200 km/h. It is her strength, finesse and a deadly accurate single-handed backhand that made her the No. 1 tennis player. She's won more than US\$19 million in prizes, and last year she won both the French and U.S. Opens without losing a set. Tennis legend John McEnroe calls her game "Federertennis," a reference to the No. 1 male player Roger Federer. Both players so dominated tennis that they won the Laureus awards as the top male and female athletes of the world.

(Louis Lanzano/Landov/MCT)



▲ **ROUGH RIDE FOR BLUE BOMBERS.** Saskatchewan's James Johnson set a Grey Cup record when he intercepted three passes, and returned one for a touchdown, as the Roughriders won the CFL championship in Toronto. With just over a minute left in the game, Johnson made his last interception, defeating Winnipeg 23-19. The Riders' green wave of fans partied it up all week, including head coach Kent Austin (above) who 18 years earlier, had quarterbacked the team to its last victory in the 1989 Grey Cup. (Ryan Remigier/CP)



◀ **GOLF'S GREATEST.** Mexican golf sensation Lorena Ochoa finished 2007 with eight victories and more than \$4 million in winnings. Ochoa, who was named LPGA player of the year for the second season in a row, smashed the LPGA Tour winnings record of \$2.86 million, set in 2002 by Annika Sorenstam. Meanwhile, Tiger Woods started his 2008 season with two wins, the second at the Accenture Match Play Championship in Arizona, the tournament that snapped his win streak last year. The win added up to 63 career tour victories for Woods. (Doug Duran/Contra Costa Times/MCT)

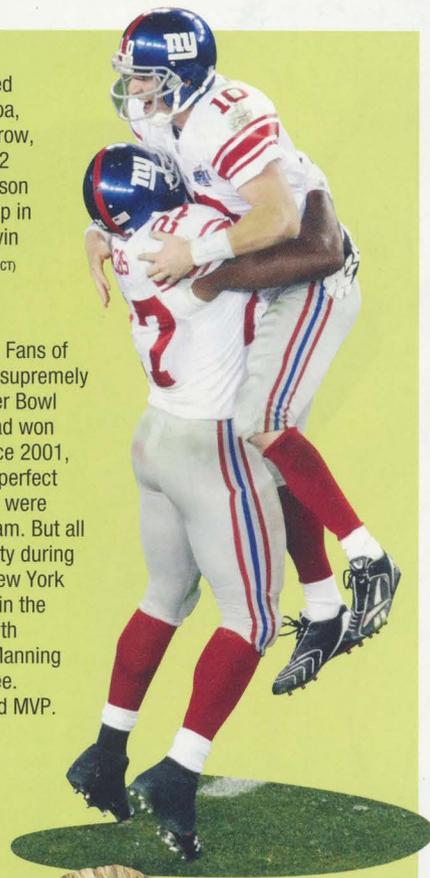
▶ **A TARNISHED RECORD.** For baseball fans, statistics are pieces of gold to be collected, molded and endlessly analyzed. But when Barry Bonds closed in on the all-time home-run record held by Hank Aaron, enthusiasm was muted to the extreme, because the slugger was under investigation for illegal steroid use. Baseball commish Bud Selig was absent when Bonds smashed his 756th home run on Aug. 7, 2007 and many fans labelled the Bond record tainted. Weeks later, the San Francisco Giants cut Bonds loose and in November he was indicted for lying under oath about his alleged use of steroids.

(Al Diaz/Miami Herald/MCT)



▶ **SHATTERING PERFECTION.** Fans of the New England Patriots were supremely confident heading into the Super Bowl in Phoenix, Ariz. The Patriots had won the Super Bowl three times since 2001, had finished the season with a perfect undefeated record of 18-0, and were facing an opposing wildcard team. But all that certainty collided with reality during a thrilling Super Bowl, as the New York Giants nipped past the Patriots in the closing seconds of the game with a spectacular throw by QB Eli Manning (far right) to receiver David Tyree. No wonder Manning was named MVP.

(Jim Prisching/MCT)



▶ **BAD NEWS FOR BASEBALL.** For 20 months, former U.S. senator George Mitchell worked on his independent investigation into illegal performance-enhancing drug use in baseball. When the report was released in December, he named 89 former and current players alleged to have taken drugs. On that list was pitcher Roger Clemens (right) and his good friend and former teammate Andy Pettitte. While Pettitte admitted the charges were true, Clemens, a seven-time Cy Young Award winner, vigorously denied the charges, and even marched up to Capitol Hill to say so in sworn testimony.

(Chuck Kennedy/MCT)



▼ **FANCY FOOTWORK.** The FIFA Under-20 2007 World Cup set attendance records at soccer fields across Canada, as 24 nations (including Mexico and Congo, below) competed in 52 games that culminated in Toronto last July. Argentina beat the Czech Republic 2-1 in the final that went 60 minutes before any goal was scored. The Czechs took the lead, but the back late in the game, tying things ahead with only four minutes left in regulation time. Touted as the favourite to win at the start of the tournament, Argentina successfully defended its world title with style and precision.

(Paul Chiasson/CP)

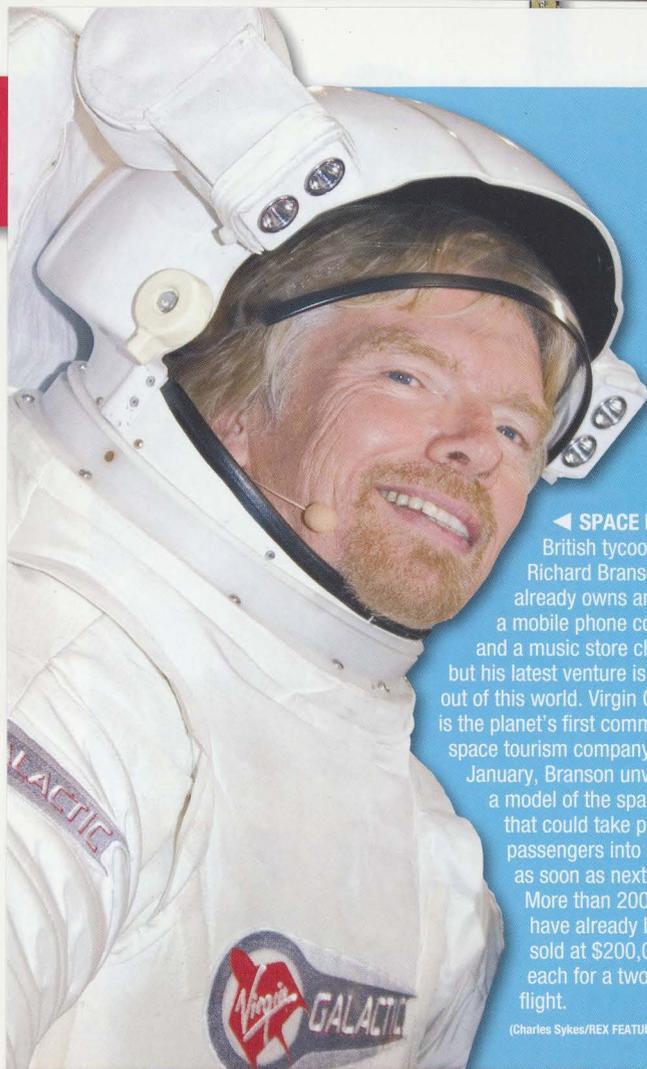


▶ **MANITOBA WOMEN ROCK.** Jennifer Jones and her Manitoba rink won their second Scotties Tournament of Hearts in four years with a nail-biter of a finish. The team stole a single point in the final end for a 6-4 win over Shannon Kleibrink of Alberta. The win earned the Manitoba team a spot in next year's Olympic curling trials, plus \$144,000 in funding from Sport Canada over the next two years. (Paul Chiasson/CP)



2007 Champions

GREY CUP	SASKATCHEWAN ROUGHRIDERS OVER WINNIPEG BLUE BOMBERS	23-19
SUPER BOWL XLII	NEW YORK GIANTS OVER NEW ENGLAND PATRIOTS	17-14
PGA	TIGER WOODS	\$10.9 MILLION
LPGA	LORENA OCHOA	\$4.4 MILLION
NBA	SAN ANTONIO SPURS OVER CLEVELAND CAVALIERS	4-0 SERIES
WORLD SERIES	BOSTON RED SOX OVER COLORADO ROCKIES	4-0 SERIES
WOMEN'S CURLING	JENNIFER JONES, MAN. OVER SHANNON KLEIBRINK, ALTA.	6-4
MEN'S CURLING	KEVIN MARTIN, ALTA. OVER GLENN HOWARD, ONT.	5-4
STANLEY CUP	ANAHEIM DUCKS OVER OTTAWA SENATORS	4-1 SERIES



(Christopher Langer/MCT)

◀ **SPACE RACE.**

British tycoon Richard Branson already owns an airline, a mobile phone company and a music store chain, but his latest venture is truly out of this world. Virgin Galactic is the planet's first commercial space tourism company. In January, Branson unveiled a model of the spaceship that could take paying passengers into space as soon as next year. More than 200 tickets have already been sold at \$200,000 each for a two-hour flight.

(Charles Sykes/REX FEATURES)



(Chuck Liddy/MCT)



▲ **FORECAST: CHANGEABLE.**

From raging wildfires in tinder-dry California and Greece, to heavy rains that submerged parts of Bangladesh, England, India and the U.S. Midwest, weird weather stalks the planet. Predicting Mother Nature's path has never been easy, but many scientists suspect that as global temperatures increase, more destructive weather is headed our way.

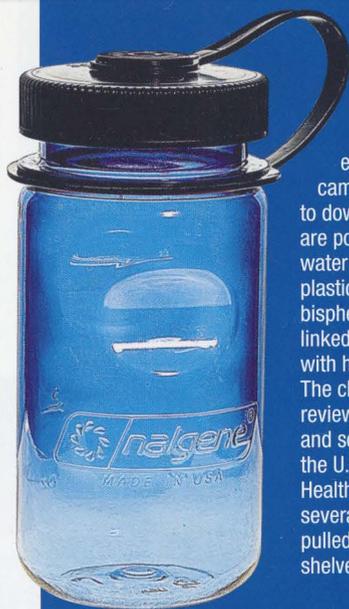


◀ **THE ENVIRONMENT TAKES CENTRE STAGE.**

Former U.S. vice president Al Gore (far left) made headlines throughout 2007 as he alerted the world to global warming. First his documentary *An Inconvenient Truth* won an Oscar. Then he promoted the Live Earth concerts that drew 27 million viewers around the world. And last fall he was summoned to Sweden to receive a Nobel Peace Prize. All of Gore's work may have finally convinced

the rest of us that the environment needs our full attention. It's time businesses and governments began looking for green solutions. (Heiko Junge/Scanpix/CP)

Science



◀ **WATER WORRIES.**

They're bright and colourful and seen everywhere from campsites to campuses, to downtown offices. But are polycarbonate Nalgene water bottles safe? The plastic bottles contain bisphenol A, which has been linked to illnesses connected with hormone disruption. The chemical is now under review by Health Canada, and south of the border, by the U.S. National Institutes of Health. But in the meantime, several retailers have pulled the bottles from their shelves. (Bill Hogan/Chicago Tribune/MCT)



◀ **HELPING HAND.** In an emergency the CPRGlove could save lives. Using sensors and an LCD screen, this neoprene device guides you through the steps of cardio-pulmonary resuscitation (CPR), monitoring how hard and fast you're pumping and providing feedback to improve your technique. Made by two students at McMaster University, in Hamilton, Ont., the gadget was named one of *Popular Science* magazine's Top 10 inventions of 2007. (Corey Centen)

▶ **SIZZLING SKATES.** Wayne Gretzky was so impressed when he tested Thermablades, that he invested in the company. The battery-powered hockey skate blades contain microprocessors to maintain a temperature of 5°C. The warm blade creates a tiny layer of water on the ice that inventor Tory Weber says will reduce friction and help skaters move faster. It will "revolutionize the game of hockey," the Great One claims. Of course, that's assuming players are willing to pay \$399 for the heated blades, skates not included. (Frank Gunn/CP)



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