"I'm scared"

A 220 lb vet whips a 3 kg cat on a concrete floor. He claims self-defence.

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Break-Off 2000: see the pictures, read the words > page 20 photos by Sabrina Thurlow

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National News

from the Canadian University Press newswire

Alberta millennium scholarships reduced due to high demand

EDMONTON (CUP) —The Alberta government is reducing the amount of money students receive in Canada Millennium Scholarship Foundation bursaries because of an increase in applications.

The national Foundation starts giving bursaries to students with the highest financial need and works its way down, eventually giving a bursary to every student with a student loan who has a financial need above \$8,000. According to the legal framework of the bursary, should the Foundation's money run out before all students fitting the bursary criteria are awarded, the provincial government pitches in the extra funding.

However, the Alberta government is not willing to put in the extra money. Instead, the amount of money students can receive will drop next year from \$4,000 to \$3,000. This year, 11,000 Albertan students applied for the bursaries.

Private University Debates Continue

MONTREAL (CUP)—Students and staff returning to classes at McGill University are still debating a defeated plan to make McGill the home of an American-style, for-profit private University.

A proposal, to look into the feasibility of a private university that would recruit international students willing to pay up to \$30,000 in annual tuition, was narrowly defeated by Faculty of Arts professors on May 9.

Recent events across the country suggest that the McGill plan is only part of a national trend. On April 28, Ontario Premier Mike Harris announced that his province would welcome private degree-granting institutions, which he claimed would provide relief to cash-strapped governments and better respond to demand for market-specific training. A former University of British Columbia president is also hard at work establishing Squamish University, a tuition-funded program that would "offer better schooling for those who can afford it." As well, several other provinces have undertaken legislative measures that would open the door to other MCI-like plans.

Dentistry students hit with \$7,000 clinic fee

EDMONTON (CUP) — Dentistry students starting first-year courses at the University of Alberta this fall will pay a \$7,000 clinic fee, on top of an existing \$16,645 in education costs.

Combined over a four-year program, students can now expect to pay a total of \$73,000 for a degree, including tuition, clinic fee, a dentistry kit, books and other fees.

Administrators say the new fee is necessary because education cutbacks have left the university with less money to cover the expense of operating a dentistry clinic.

Fourth-year dentistry student Kurt Young said the increased cost makes the program less accessible. "It's being made into a program for the wealthy and elite."

But Students' Union President Leslie Church said the cost of dentistry at her university is now comparable to tuition at many Canadian post-secondary schools.

Student association and McGill Daily set court date

MONTREAL (CUP) - The McGill Daily and the university's student association will be in Quebec Superior Court on Sept. 21 to decide whether the student newspaper can stay in its 30-year-old offices.

In June, the student association asked the newspaper to relocate to a smaller space and pay an increased rent, in order to make way for commercial space and improved disabled access. The Daily didn't go along with the student association's plans because the paper's student-run board of directors couldn't meet in the summer.

On Aug. 4, the Students' Society of McGill University locked the Daily out of its offices, following weeks of failed discussions. In the case now before the courts, the student association has said the newspaper's staff stood in the way of renovations, have no lease, and have been less than co-operative in compromising.

Judge Irving Halperin will preside over the case on Sept. 21. In the meantime, the newspaper's staff are still in their old offices due to an Aug. 15 Quebec Superior Court judge's temporary injunction against the student association and McGill University - which has also been named as a defendant in the case.

Concordia students veto bathroom ads

MONTREAL (CUP) - Concordia undergraduate students voted Thursday to oppose advertising on their campus.

About 250 students supported a motion calling for a ban on "all forms of advertisement space at Concordia University" and an end to "the practice of selling advertising in bathrooms."

While students overwhelmingly approved ousting Zoom Media and all forms of advertising, some students argued that every cent given to the university should be kept.

Opponents of on-campus advertising said washroom ads were just the tip of the iceberg. They added students should reclaim university space, forcing the government to reinvest into education.

"If we don't stop this right now, when people will learn the alphabet in kindergarten, the letter 'P' will be brought to them by Pepsi — a taste for a new generation," said student Christopher Schultz.

U of M students to protest tuition freeze

WINNIPEG (CUP) – On Sept. 21, the University of Manitoba's student association will be on the legislature steps protesting a tuition freeze, despite criticism from university administration.

Student association president Steven Fletcher and several other members of the association have been critical of the newly-elected NDP since last spring, when universities were ordered to freeze tuition to allow for a tuition rebate.

Fletcher says by not allowing the U of M to generate needed revenue by raising tuition, the NDP has forced the university into a near-crisis situation, despite increases to the university's operating grant.

The University of Manitoba president says she is "dumbfounded" by student association's intention to demonstrate against the province. She says it simply doesn't make sense to protest a government she believes is making an effort to increase funds to the university.

"What we got this year in the grant is the largest increase in 10 years," she said. "The province can't [immediately] rectify seven years of Tory cuts. You've got to be patient."

Preparing for the big move

Arts and Social Sciences split over new building

by ben maclean

the gazette

The late opening of the Faculty of Arts and Social Sciences (FASS) building has been received with both apathetic and furious responses.

The new 90,000 square foot facility, once expected to open this semester, is still months away from completion.

This has caused headaches for many departments. Some, such as French, packed up their things for a December move, only to be told they would have to wait. Even worse, the sociology and social anthropology offices have been temporarily relocated to four separate buildings.

But the delay has an upside. According to David Sutherland, chair of the history department, staff weren't looking forward to moving in the middle of the school year anyway.

In fact, some would rather stay where they are.

"We're not anxious to move," said Richmond Campbell, head of philosophy. Despite their dilapidated appearance and poor accessibility for people in wheelchairs, the department houses have a number of advantages. Lounges, for example, will generally be smaller in the new facility.

"The majority really love the [philosophy] house," said Campbell.

Yet while some people are happy to stay in their houses for another eight months, others remain concerned with the less than adequate state of these houses.

Raymond Mopoho, acting chair of French, says that health concerns such as ventilation and carpeting have topped the list.

Making sure that graduate students and secretaries have adequate space has also been a challenge.

Meanwhile, with the opening of the building in limbo, a shortage of classrooms has forced professors to improvise.

"We're hunting desperately to find rooms into which to put students," says Sutherland.

According to the history chair, his department has cut its course offerings because of the lack of teaching space.

Bill Lord, director of facilities management for the university, is quick to dismiss this supposed shortage.

"We have found alternative space for everyone."

He implies that instructors who claim otherwise might be grandstanding.

Lord believes the university is doing its best to ensure a smooth transition. He points to the steering committee for the building which has involved faculty members from the very start.

"I've never seen so much consulting," said Lord.

The departments aren't convinced they have all the information they require.

The administration, for instance, has only offered vague predictions of when the building

continued on page 5

Fire destroys apartments above Top Cuts

by jodi magliaro

the gazette

On the late afternoon of Tuesday September 19th a fire occurred in the apartments above Top Cuts Hair Salon on Spring Garden Road.

The fire started in the top apartment while Lindsay White and Holly MacLeod were sleeping.

When spoken to after the fire, both girls were clearly upset.

"Everything we own is gone, everything is burnt," said White. Another resident, Deanna

Hogan was also shocked.

"As soon as I saw my
apartment I started crying," said

The residents are temporarily staying at the Lord Nelson Hotel.

Top Cuts is temporarily

closed while the cause of the fire is being investigated.

No one was injured in the incident.



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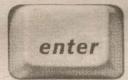
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We thank all who respond, but regret that only those applicants to be interviewed will be contacted: All references will be checked.

FASS slow

continued from page 3

will be finished.

'The official opening is in a state of flux," said Lord.

According to Mopoho, this uncertainty is cause for concern.

"If we could be given the specific information . . . people would be more optimistic.'

Lord states that while such frustration is "understandable," faculty members are generally taking the disruption in stride. He insists he has only received two or three letters from "the most disgruntled."

Clearly, the new building is not without its advantages.

By bringing the majority of arts and social science departments together in one location, the head of philosophy expects the building will create the "sense of a unit."

Mopoho agrees.

"My hope is that there will be a further sense of community."

According to the history chair, professors are also looking forward to using "all the bells and whistles" which are being incorporated into the building.

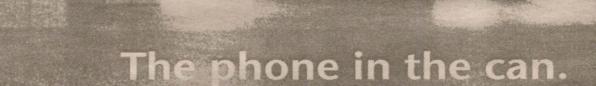
"The real asset is going to be the ability to have modern classes with all the audio-visual facilities," said Sutherland.

All things considered, the faculty remains divided.

'I am sure that every department is split. [In the existing houses] some people are in the master bedroom, some are in the kid's room," jokes Mopoho.

But the French chair believes the pros outweigh the

"People should try to adjust," he suggests.



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EDITORIAL

The Intrinsic Value of Animals

Everything that lives, wants to live. There are no exceptions.

Whether the passion for life takes the form of automated behaviours that allow life to continue, or a more sophisticated appreciation of life, like enjoying the feel of warm sun on our skin, we all, from bacteria to humans, want to live.

Humanity has convinced itself in recent history, that it is a species built on self-awareness, that our ability to percieve and think about our lives, like actors in a play, makes us better able to value life, and that this somehow makes our lives more valuable.

Anyone who has lived with a pet or wild animals for any length of time begins to doubt that there is much difference between the human appreciation of life and that of at least some of the larger animals. Perhaps it is true that as life forms become less complex their ability to experience life, as opposed to simply responding to it, also becomes simpler. Even so, some would argue that our sophisticated self-awareness does not inherently suggest a moral superiority, that there is no implication that our lives are worth more than that of any bacteria.

Forced to choose between a bacteria or a person, I wouldn't really have any hesitation deciding whose life to save.

Self-awareness ultimately offers us a couple of things; quality of life in that we are better able to enjoy the experience of existing, and/or the ability to find some spiritual value in the experience by assigning greater meaning and purpose to our presence here. Both of these options have been used to help define the heirarchy of animals, with humans at the top of the ladder of course.

I live with a dog. He's the best dog ever and forced to choose between my dog or a stranger, I wouldn't hesitate in saving him first. As anyone who has lived with a pet will understand; my dog is my friend. Not a stranger, not just an animal, but a close and valued member of my family. I also know from living with him that he loves to be alive just as much as I do. And he doesn't need self-conscious philosophy to help him rationalize it. He reminds me every day that living is just a great thing to be doing.

Animals that live with us, pets, or working animals like guard dogs, trust us to be there for them. They make the simple assumption that we will be as reliable for them, as they are for us. And we should be. Animals don't have the ability to survive well in our human environment. They count on us for shelter, food, healing, but in return, even when we let them down, they will do whatever they can for us.

It may be hard to find good help these days, but the animals we live with have always given us 110% effort.

We enter into relationships with our animals, partnerships, with expectations for each other. We contribute to their quality of life, and they do to ours. We care

for them all their lives as they take care of us. For most pets, their lives are shorter than ours, and we finally care for them in their old age, or when they are sick, coming eventually to a day when we must make a decision about their quality of life. The question we face is whether it is possible that a day can really arrive when it is truly better to die than live. And we make that decision for them, hoping that they will understand that we are trying to do the best thing for them. Hoping that we don't make the wrong decision.

When it does happen that we choose a peaceful death for our friends, usually knowing that the alternative is to let them live a while with pain and fear, it is one of the hardest choices anyone can face. And we always feel that somehow they know.

Turning to someone, usualy a veterinarian, for help, is the first act in a final series of actions, the last things you will ever do with your pet. The people who are trusted to become part of this last act have a responsibility to both the animal and the people involved. It is assumed that it will be a peaceful death, an act of caring.

When Dr. Boyd Taylor, by his own admission, chose to subdue a frightened and angry cat by slamming her head against a concrete floor twice, so that he could euthanize her without resistance, he forgot his most basic responsibility as a trusted caregiver. He claims now to have been afraid. I wonder if it occurred to him to wonder how the cat, Melanie, felt at that moment. Melanie wasn't being difficult, she was fighting for her life. And despite his fear, Taylor glosses over the fact that he was there to kill her.

Melame's owner, Don Steeves, had expected that it would be a humane death. If Taylor found himself unable to be humane at that moment, he owed it to both Steeves and Melanie to tell them he wasn't fit for their trust.

responsibility which many of us undertake without much thought. We learn as we go, slowly figuring out that that furball isn't just a fashion accessory, but actually has moods, favourite foods and dreams. It has identity, like us. If we dismiss the individual values of animals, we are ultimately dismissing our own. Our occassional ability to demonstrate a level of indifference to other people or animals should really just remind us that we aren't all that much different from any animal, and sometimes aren't any different from the simplest of living things which just react without thought. There are times when even a dog is a wiser ethical creature than us, as Boyd Taylor has taken the time to remind us by displaying a level of indifference unbecoming an animal, never mind a veterinarian.

Forced to choose between a strange dog and Taylor, I have to admit that as things stand, I'd rescue the better animal of the two.

vanessa owen

GAZETTE WEEKLY MEETING

Every Monday at 4:30pm

Room 312 SUB 494 2507

Writers, photographers, editors, and people who would like to bake cookies for the editors are all welcome.

Correction:

The Gazette apologizes to Richard Gilmore, and Sabrina Thurlow, for failing to properly credit their amazing photographic contributions for the Sept. 7th and 14th issues of The Gazette.

We love all our photographers and appreciate their invaluable contribution to this fine publication.

THE DALHOUSIE GAZETTE

editorial board

Volume 133, no. 3

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All submissions must be e-mailed, or on a Mac or IBM 3 1/2 inch disk, in a "text" format. The deadline is Mondays at 4:30 p.m.

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Fire?!

Dear Editor:

I realize that "Decorate Your Dorm Room", (2000 Student Guide to Halifax) was written in a somewhat tonguein-cheek fashion. No one would argue with a student who wants to hang up a picture of Mom (suggestion #15). But bringing candles, milk crates or patio lights into a residence are definitely verboten. As Dalhousie has an excellent Residence Fire Safety

Program, I am confident that we will not actually see any of your more worrisome suggestions in any of the University residences.

But students in general, and particularly those living in off-campus rooms, do face fire risks. Just two weeks ago, a fire destroyed a nearby lowrise apartment, forcing a number of our students out into the street. Although several students lost all of their possessions, no one was

injured in the fire. But the absence of injuries was really a matter of good luck.

I think that you would do your many readers a service by reminding them of some of the basics of fire safety. Surviving University means more than learning to produce brilliant papers at the very last minute.

Sincerely

William J.Louch, Ph.D. Environmental Health and Safety

Dodging and avoiding Atlantic Fringe Festival

What could be riskier than being an actor in the Fringe? Try being an audience member. When I was taking in the Atlantic Fringe Festival last weekend I hadn't realized the consequences I might have to face. I quickly found out I had just accepted an invitation for danger. When I started my journey to the Fringe I ran into a friend of mine. What I thought was going to be some idle chitchat turned into a horror story. He had gone to one of the plays at the Fringe and said that it was terrible.

"These people travel around the world showing people bad theatre," were his exact words.

He had paid hard-earned cash to watch crap and he was

Folks, this is where the danger comes in. I hadn't thought of the risk I was taking. I assumed I would be paying to see average theatre. At the very least, mediocre theatre. I was not prepared to see bad theatre. It wasn't the fact that I might waste my money on crappy plays that bothered me. No, there was something far worse that came along with the realization I might see bad theatre. Let me explain...

I do not like to see anyone suffer, especially actors on stage. One of the worst feelings is the uncomfortableness you get when you're watching a play that is horrible. You know it rots. The whole audience knows it sucks. The worst part is when the actors on stage know that you think it sucks. You feel so bad for them.

I didn't want to end up being stuck in a chair at the Khyber with 29 other people watching a horrible play where the actors know the audience thinks they suck, and they're onstage squirming and sweating, and you feel bad but you can't help but think — "Why did they do this to themselves?'

They should have known they sucked before entering this festival and humiliating themselves in front of 30 people who are uncomfortable and just want to get their money back and get the hell out of there! As you can tell, the notion of bad theatre made me nervous.

I worked up my courage and continued on my journey. I had come to the conclusion that the trick was in the selection of plays.

How did I decide which plays to go could do was laugh at their to? I was forced to see some plays because friends or acquaintances were involved in them, others I chose because of their posters, but for the most part, I listened to the grapevine. If a play is good, the word will get

Something I learned while traveling to different venues for the plays is that the audience was always the same. I didn't matter if you were at Buddies or the DuMaurier theatre, there were still the same type of people in the audience. Actually, it wasn't uncommon to see the exact same people in the audience. It was sort of like a family. There were different cliques in the audience, but everyone was accepting. It wasn't that hard to tell which group you belonged to.

First of all, there was the friends-of-the-theatre. These are people who are buddies, boy/girlfriends, and relatives of the people who are in the plays. Most likely, they had been suckered into forking over \$5 to see their daughter/co-worker/girlfriend in a production. Then there were the theatre people, made up of different types. You have the pretentious artsy-fartsy that sits in the back dressed all in black and never smiles. You have the hippielike theatre people who voice their war for the legalization of marijuana through theatre, and you have the fellow fringe-actors supporting other shows, and so on and so on. At times, the audience is more 'star-studded' then the cast. And we can not forget the people who had just wandered off the street into the Fringe festival. They came in to the venue not knowing what to expect. All I

innocence. They didn't know the danger they might have to face.

Reviewing the many programs that I acquired through my adventure, most of the actors have great credentials Some don't have any. The Fringe festival is probably the only place where you'll see a show with one guy who has an education from the Academy of Music and Dramatic Arts in London and another guy who works at the local Blockbuster. Either way, it doesn't really matter to me. As long as it's not bad theatre, I'm happy.

I saw eight shows out of the forty-five that I could have seen. In total, I spent \$43 in ticket prices. It might be cheap for a couple of shows, but it gets pricey when you overload on the Fringe. I should point out that one show at Neptune could cost you over \$30. I can't really complain about ticket prices. What's even better is that I did not waste any of that \$43 on crappy theatre. I am glad, and very relieved, to say that I did not see any bad theatre. My carefully selected plays did not fail me. I managed to bypass the bad spots of the Fringe. Actually, I saw some pretty impressive performances. My congratulations goes out to all the performers and productions at the Fringe, but I would especially like to congratulate Heaven, Shoot Felling, Striptease, and Ben Stone for my favorite production The Unnamable. Last, but certainly not least, I think that everyone who decided to take the challenge and went to the Fringe as part of the audience should congratulate himself or herself. Give yourself a pat on the back. I hope that we'll all take the same risk next year.

RANTARRAVE

The earth as an organism

Outside observers discover destructive virus on earth. Animals live in tune with nature and its natural cycles. Humans disassociate themselves as much as possible, food in stores, toilets, houses, TV video games.

What would an intelligent alien life form think if it came to visit the earth? Better yet, what would it think if it had followed the evolution of life on earth from the beginning to the present? Let's imagine: Many years ago the earth was apparently a large mass of rocks and chemical reactions. Eventually single celled organisms developed which led to the production of oxygen thus setting the stage for more advanced forms of life. Now I'm no historian nor am I well learned in evolutionary theories but I think I have enough of a grasp on the subject to put forward this article. Over the course of many years complex forms of life developed such as fish birds and

Not too long ago humans showed up on the scene. In comparison to the other organisms on earth humans were differen . We learned how to communicate with each other, fashioned tools for hunting and other proposes and eventually, farming. With the onset of agriculture or daily routines on the planet became less and less like those of the earth's other

I'm under the impression that farming gave people something they never really had before —free time. No longer did we have to toil day in and day out, living off of what could be hunted and gathered. We had time to sit around and chill. I suppose with this free time we started to reflect on things and eventually came up with better ides on how to farm and build shelters. Later we thought up math, astrology and, somewhere along the

A few thousand more years and "bang" here we are today. Now back to the aliens. Watching the evolution of life on earth over the years, an outside observer would probably be in a position that would allow for a view that sees life on earth as a collective, interrelated and balanced development. Every organism on the planet has its place and lives in delicate balance with other things.

You know what I'm talking about... the food chain, trees breath CO2 and put out 02 that animals breath in and the cycle continues... blah blah. The earth can be seen as a singular organism, much in the same way the human body is a singular organism. Different life forms serve various purposes and work together to maintain the balance of life. This seems to happen in much the same way that various cells in the body serve different functions and all work together to keep the entire system working properly.

Lets consider the body during illness. Some sort of foreign life form (virus) takes up residence in the body, and feeds off of the energy present within it. A virus sets up shop and disturbs the natural balance. Luckily our immune systems and medical science take measures to destroy the illness

It seems logical to conclude that from a collective perspective of life on earth the human race has recently begun acting like a virus. Everywhere we go we drain resources, cutting down trees, mining minerals, fishing etc. Take a look at large cities such as New York. Massive human settling has destroyed the natural environment. Lets not even get into massive amounts of sewage produced by such a concentrated population. It seems clear that products of our development and so-called "advances" are beginning to hinder the natural process of life on earth. Essentially we are making the planet sick. Humans behave like a cancer, multiplying and destroying the natural world in our ever-increasing thirst for energe and raw materials which support our towns and cities. I think that as a species we are pretty ignorant. A few fat bank accounts seem to be more important than a forest of ancient trees, a healthy ocean or even clean air. I think we have to change our attitudes toward our relationship with the natural world soon or we are going to be in trouble. I wonder if the earth organism has an immune system? Some way to rid itself of harmful life forms.

It's hard to say... I think Ill start keeping my eyes and ears open for word of increasing natural disasters such as earthquakes, tidalwave and freak weather occurrences.

Have an opinion! Got something to say! Tell somebody who cares.

Send email to: gazette@is2.dal.ca subject heading set to "FEEDBACK," or swing by the Gazette office before Tues noon to get in the next issue, room 312 SUB.

LIFESTYLES

Beautiful Curves



by johneen manning

the gazette

Important new developments are occurring in sectors of the fashion and modeling world that are helping to provide marketing that better reflect the over 62 million North American women that wear a size 12 and over. Due to several innovative companies, there are now more fashion options than ever for the "plus size" woman, that is women sizes 12 to 32.

Supermodel Emme is a major force on the North American fashion scene for the plus size woman. Once a 'waif,' a nutritionally-challenged supermodel, she herself is now a healthy plus size supermodel, modeling for numerous fashion houses. She has been selected twice as one of *People* magazines most beautiful people. Revlon chose Emme as one of their celebrity spokeswomen. *Glamour magazine* selected her as "Woman of the Year" and *Ladies' Home Journal*

chose her as one of their "Most Fascinating Woman of the Year" in 1997 and of their "Most Important Women in America" of

Emme is the driving force behind Mode magazine, a magazine dedicated to providing choices in fashion, style, beauty and life for the plus size woman. Mode Magazine provides an image of beauty that many women can relate to and

otherwise would not find in the fashion industry. A major part of Emme's philosophy includes feeling self-confident about the way you look, no matter what size you are.

She believes clothes that fit well and are fashionable, along with honesty and a sense of humor, are an active part of feeling great. Emme is an advocate for women of all ages to be fit and healthy. Her message is aimed at increasing awareness and raising funds to help treat eating and

body image disorders:.

"We live in a society that is based upon the attainment of unrealistic beauty," said Emme. "I want women to know their self-esteem is not contingent upon their dress size."

This month, Emme will release her own clothing line, a move she perceives to be an invaluable fashion resource for the plus size woman.

The line, called Emme Style designed especially for the sumptuous curvy lines of a plussize woman.

"I can't begin to tell you how thrilled I am about the launch of my clothing line," said Emme, "After years of meetings, researching the right fabrics and selecting a team of dedicated manufacturers, this vision which we share with millions of women has become a reality!"

Emme said she's actually been frightened by some of the plus size clothing she's had to wear professionally.

"Out of sheer frustration, I wanted to make clothes that were the pieces that have gotten me through the past ten years. You know the ones that if you ever lost them you'd feel completely lost."

Emme has created everything in short, average and tall cuts. There are 35 pieces for tops in sizes 10 to 24 and bottoms from 12 to 24. Emme's debut clothing line is sexy, fun, professional, and creative.

When asked what makes her clothing work for curvy women, Emme explained that "they make your tushy look fine, give your umph-ability and swish, accent your tummy so you feel sexy and look hip."

Many of the items are reportedly "tough travelers" in that they can be wrinkled in a ball and come out looking perfect. In designing this collection, the team worked with eight fit models from size 14 to 24, reconstructing patterns and even the way a garment was styled for 14, 16 and 18 compared

to 20, 22 and 24.

They've done their homework. The Emme collection can be found at www.alight.com, Bloomingdale's By Mail (1-800-777-0000), and www.Nordstrom.com, and several other American retailers. Yes, the line is new, but hopefully stores on this side of the border will be carrying the line as well.

Check out next week's issue of The Gazette for more information on Canadian plus-size fashions.

Food Review:

East Side Mario's (MicMac Mall Location)

by johneen manning

the gazette

I recently visited the newest East Side Mario's restaurant in the HRM, which opened this summer in the MicMac Mall in Dartmouth.

Although the new East Side Mario's is technically located in the MicMac Mall, there is no direct access from within the mall. This exterior access allows the restaurant to stay open on Sundays and later than the mall.

The doors of this East Side Mario's are appropriately framed by the signature logo: the crown of the Statue of Liberty and a giant red tomato. Flashing lights, upbeat pop music and casually yet brightly-dressed servers greet you once inside the restaurant. The decor places you in a New York neighborhood, complete with pictures of the Brooklyn Bridge, laundry hanging overhead from clotheslines, produce markets presenting a bright array of veggies and people screaming "taxi!" (food runners).

The menu at East Side's is fairly varied, offering Italian classics such as bruchetta, pizza pies, calzones, veal and chicken parmigiana, and lots of pastas. East Side Mario's also offers some typical "American" classics, including ribs, steak, and fish and chips. One of the great features about East Side Mario's is the "extras included" policy they have there. If you order something from either the Pasta, Specialty or Entrée menus, you get your choice of unlimited garden or Caesar salad or their hearty vegetable or Italian Wedding soup. You also get freshly baked garlic bread. To be guite honest, I'd go to East Side's just for that alone; the salad and bread were great!

Everyone seemed to be

having a good time.
Our waiter was a bit of a strange bird, though. He was really friendly, but perhaps best described as a bad stand-up comic. He seemed a little bit rattled; the place was really busy and he made it clear that he was having a long night as he sat down at the booth I shared with my two dinner guests. Aside from occasionally putting himself down for forgetting a straw with my drink, and initially forgetting to offer pepper and Parmesan

I was really hungry, so I was quite pleased that the food arrived quickly.

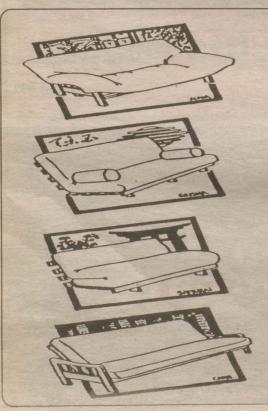
cheese, the service was decent.

I ordered the Angel Hair Primavera with chicken. This medley of bright, fresh, seasonal vegetables, sun-dried tomatoes, basil, olive oil, garlic and chicken was fantastic. The sauce was light and complimented the array of perfectly cooked vegetables and seasoned chicken. At only \$12.49, including the "extras," this pasta was really healthy and easy on the pocketbook.

One of my guests ordered the Split Roasted Chicken (one of several entrees recommended in the menu) a half chicken marinated in Italian herbs and seasonings then slow roasted to perfection. The skin was crispy and the meat was tender. Mario's potatoes served with the chicken looked kind of charred, but the flavor was fabulous.

Unfortunately, the presentation was ruined by serving the dipping sauce in a plastic take-out dish. Priced at

continued on page 10

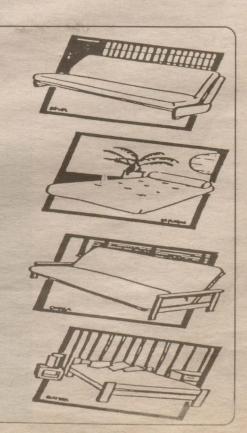


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PANIC! Oh my gawd, you are never going to be able to have sex again. Your life is over! Nah, I'm just joking. It could be a variety of things. Most likely it is prostitutes, which is a common bacterial infection in the prostate gland. It can be cleared up pretty easily with antibiotics. The important thing is to go see a physician as soon as possible, before the symptoms get any worse. As far as I know, you only have one pecker. So take care of it.

2) About two years ago, I drank too much wine and fooled around with my friend's boyfriend. I always felt guilty about it, but I never spilled the beans. Yesterday, she told me that she and this guy just got engaged and I suddenly feel obligated to say something. Should I tell her my secret?

Mea Culpa

Dear Mea,

Guilty, NOW? Girl you should have thought about that two years ago on that vino-soaked evening. To tell her now would be in bad taste. (I am assuming that the guy and you have not had a sequel.) Instead, give her massive congratulations and tell her how happy you are for the both of them. Then discreetly take the guy aside and tell him that if you ever hear about him tomcatting around, you will cough up that two year-old hairball.

3) I just can't decide what to do.

Wondering

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East Side Mario's

Review

continued from page 9

\$10.99, the Split Roasted Chicken was a great buy.

My other guest ordered Skilletini (\$12.49), a sizzling skillet of grilled chicken, peppers, onions, roasted garlic, tomato, and cracked black pepper, tossed

with linguine noodles in an olive oil sauce. This was a really original dish, packed with flavor and bursting with colour.

In general, the items we tried, and most of the other items on the menu, seemed to be quite healthy and reasonably priced.

For those of you with a sweet-tooth, East Side Mario's has some tempting desserts (although I was too full to give in). They

present their dessert menu in a Viewmaster, displaying pictures of delectable items such as Turtles Cake, a Blackout Cake, Chunky Peanut Butter Mousse, Manhattan Cheesecake, Brownie Cheesecake, and Chocolate Eruption.

East Side Mario's is a great place to get together and chowdown as a group.

On a scale of 1 to 5, East Side Mario's is a 3 1/2.

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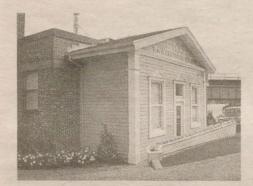
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A day at the Spa

Cascades Spa delivers



by vanessa owen

the gazette

Tranquility means calm, peaceful and quiet. These are the perfect words to describe Cascades Day Spa in Bedford. From the moment you pull up to the spa and hand the keys to the valet, you feel pampered.

As I walk into the heritage building, I can hear the signature water falling over the tiles behind the reception desk. No one speaks in a voice higher than a whisper as I am escorted into the lounge to sit in an over stuffed leather chair in front of a gas fireplace. The hardwood floors gleam, and



the remarkable blue walls set my soul free.

I have purposely arrived about 15 minutes early for my appointment. I wanted to feel like I had all the time in the world, I didn't want to feel rushed. This is exactly the atmosphere the staff at Cascades strives for. "Customer service is our number one priority," said Natasha Pavlinobie, the 24 year-old owner of the spa. "Even if our clients are only here for a one hour treatment, they can stay as long as they wish. Enjoying the hot tubs, decks and steam baths."

Cascades is styled after European spas that Pavlinobie visited prior to opening Cascades in December of 1998. "In Europe spas center on the tradition of 'taking a Kur' which is a series of rejuvenation and detoxification treatments over a period of 10-20 days four times a year. In Germany, for instance, companies actually send their employees to the spa for a month as part of their benefit packages."

It was in Europe that Pavlinobie discovered the Kerstin Florian product line.

"The Florian line is Swedish and is very popular in Europe. It is based on natural resources

such as mineral water, algae, herbs, Moor mud and essential oils. There are only 2 other spas in Canada that offer this line."

Cascades has proved to be so popular that Pavlinobie is planning a 5500 square foot expansion set to begin in late September.

"We will also be opening 6 new Cascades locations around Atlantic Canada by the year 2002. Our 2nd location will be opening in Moncton in December of this year."

As I watch the flames dance in the fireplace, a

charming young
woman comes into
the private lounge
and offers me
refreshments, before I
head downstairs to begin
my treatments. The freshly
squeezed orange juice hits
the spot.

"Come with me," she beckons, "I will show you the change rooms and the hot tubs."

"Hot tubs, "I wonder. "Is this part of the deal?"

Apparently it is. For all of the guests, Cascades offers complimentary valet services, fresh juices and fruits, use of their robes, slippers and other personal care amenities. They will even send a car to pick you up anywhere in the metro area. For the

female clients, hot tubs and steam baths are also

complimentary.

I have been scheduled to receive a refresher facial and a thermal mineral kur. The kur begins with a Moor mud wrap. Moor mud is over 20,000 years old and is mined at 6500 feet. The mud is pure, having no additives and is used to purify and moisturize the skin. It feels like silk being spread upon my skin. I am then wrapped up in a cocoon of plastic wrap and warm blankets.

This is followed by a Hungarian therapeutic



hydrotherapy bath, which uses 144 high-pressure jets to remove the mud, gently massage sore mussels and relieve stress. The bath is laden with thermal mineral crystals from Hungary. It was quite frankly the most enjoyable bath I have ever had.

The treatment finishes with a full body massage using thermal mineral cream mixed with essential oils.

My skin felt alive and fresh. I was calm, relaxed and rejuvenated. I could definitely get used to this kind of treatment.

As I conclude my day with a refresher facial, I can't help but reflect on my complete satisfaction with this experience. From the gracious and knowledgeable staff to the peaceful sanctuary of the spaitself, it will defiantly be a place I return to in the near future.

Recipe Showcase Spicy Italian Sausage Lasagna

by johneen manning

the gazette

A pan of hot, bubbly lasagna served with a tossed garden or Caesar salad is a classic meal that has universal appeal. In addition to tasting fantastic, this meal is an excellent source nutrients from all the major food groups. Because lasagna freezes beautifully, it makes a perfect make-ahead meal. Set aside a bit of time to make one, or several, pans of lasagna, freeze some, and you've got a healthy lunch or dinner for days or even weeks on end.

The following recipe features a spicy Italian sausage available at your local grocery store, but for those less carnivorous you can substitute a spicy turkey or chicken sausage, or even a soy or tofu-based sausage for those who don't eat meat.

You may have to experiment with the level of spice; I like a lot, so I kick it up with the HOT variety. If you're using a soy product you may want to slightly increase the amount of seasoning in the recipe since most soy products do not contain as much natural flavour as meat products. It is important, though, to make sure that you use some sort of sausage (rather than ground beef) in order to get chunks of meat throughout your lasagna.

Spicy Italian Sausage Lasagna Makes 8 Servings

1 pound spicy Italian sausage links

1 medium onion, chopped (1/2 cup) 4 cloves garlic, crushed or minced

2 tablespoons chopped fresh parsley

1 tablespoon chopped fresh or 1 teaspoon dried basil leaves

1 teaspoon sugar

1 teaspoon salt

1/2 teaspoon black pepper

1/2 pound small button mushrooms, cut in half 1 can (16 ounces) whole plum tomatoes, undrained

1 large can (28 ounces) tomato sauce

1 box oven-ready lasagna noodles

1 container (16 ounces) ricotta cheese or small curd creamed cottage cheese (2 cups)

1/2 cup grated Parmesan cheese

1 tablespoon chopped fresh parsley

1 tablespoon chopped fresh or 1 1/2 terspoons

dried oregano leaves

2 cups shredded mozzarella cheese

Remove sausage from casing, but pinch it off in 1-inch chunks. Cook sausage, onion, and garlic in a 10-inch skillet over medium-high heat, stirring occasionally, until sausage is no longer pink; drain fat. Stir in 2 tablespoons parsley, the basil, sugar, salt, pepper, tomatoes, mushrooms, and tomato sauce, breaking up the tomatoes with a wooden spoon. Heat to boiling, stirring occasionally; reduce heat to low. Simmer uncovered about 45 minutes (to allow flavours to mingle) or until slightly thickened.

Heat oven to 350° . Mix ricotta cheese, 1/4 cup of Parmesan cheese, 1 tablespoon parsley and the oregano.

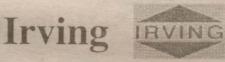
Bring your tomato sauce, cheese mixture, lasagna noodles, and an ungreased rectangular 13x9x2 inch baking dish to a clean work area where you can assemble the lasagna. Spread 1 cup of the sauce in the baking dish. Cover this layer with noodles; you may need to break off a portion of a few noodles so they can fit in the dish. (Don't worry if you have small gaps, the noodles will soften and the whole dish will come together during the baking process.) Layer the noodles with 1 cup of the cheese mixture (gently spread it out) and 1 cup of the sauce. Sprinkle with 2/3 of the mozzarella cheese. Repeat a layer of noodles, the remaining cheese mixture, 1 cup of the sauce and 2/3 cup of mozzarella cheese. Top with another layer of noodles and the remaining sauce mixture. Sprinkle with remaining mozzarella and Parmeson cheeses.

Cover with foil and bake or 30 minutes. Uncover and bake 15 minutes longer or until hot, bubbly and the cheese has melted nicely. Let stand for 15 minutes before cutting.

Each Serving Contains: 505 Calories; 26 g Fat; 80mg Cholesterol; 1250 mg Sodium; 37 g Carbohydrate; 33g Protein.



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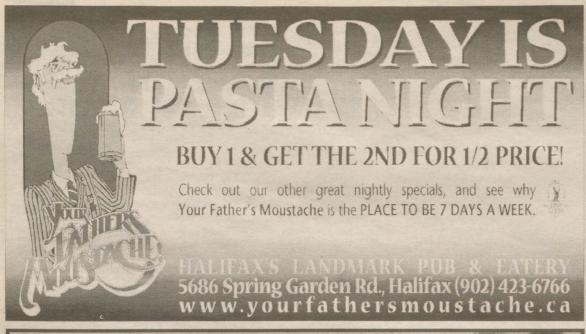


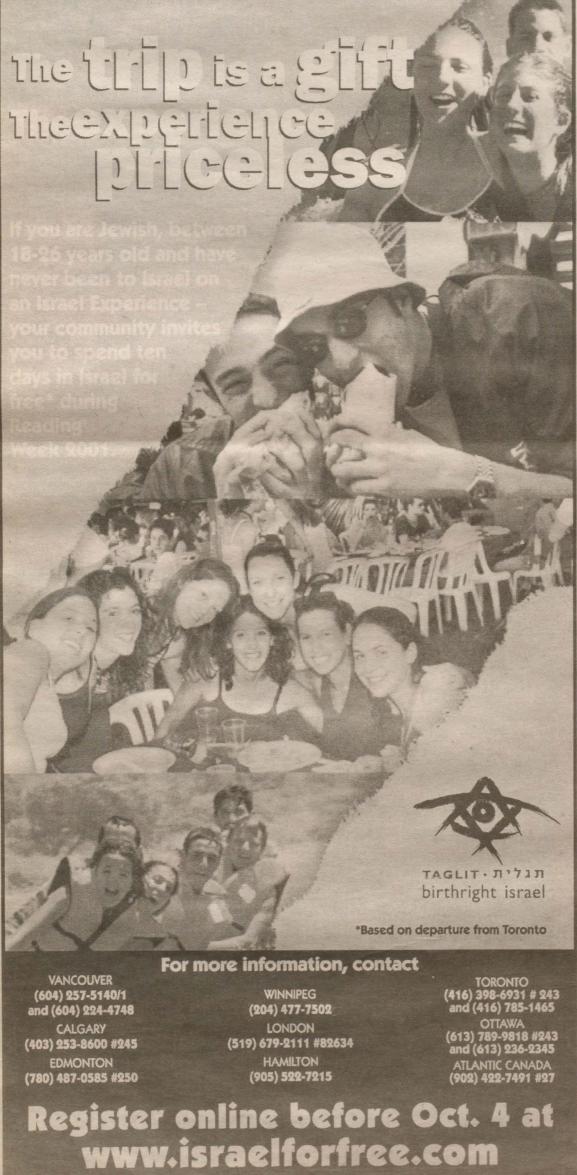
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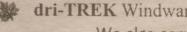
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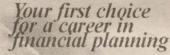
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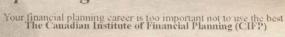
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INFORMATION SESSIONS

Future Electronics will be in the lobby of the SUB on September 27 from 10 am - 4 pm (See job postings for further details)

Procter & Gamble - If you are a Computer Science or an MBA student you are

encouraged to attend on Sept. 27, Room 307, SUB, 6:00 pm.

Ernst & Young -September 26/00, Room 307, 3rd floor, Student Union Building, 6:00 pm. If you are a Computer Science or Engineering student

you are encouraged to attend this Information Session.

HALIFAX JOINT CAREER FAIR

HALIFAX JOINT CAREER FAIR SEPTEMBER 29, 2000 - 10:00 am - 4:00 pm WORLD TRADE & CONVENTION CENTRE

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Last day to opt out of the HEALTH PLAN is October 2nd.
Health plan cards will not be activated until the 3rd week in October, so in the meantime keep all of your receipts. If you have any questions call 494 2850.

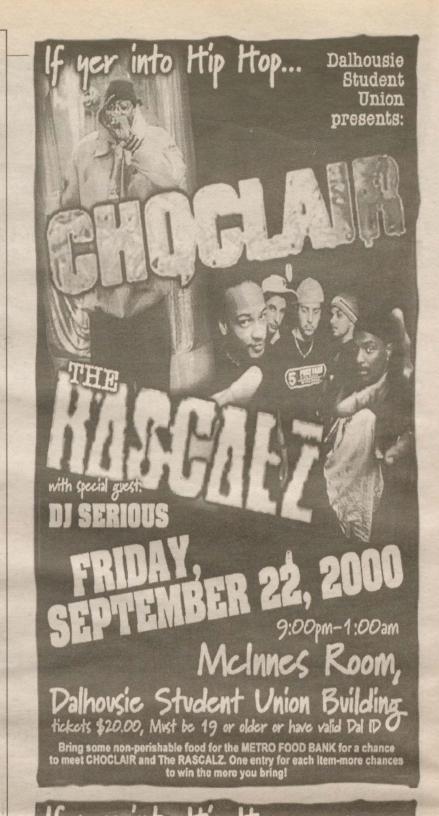
DONT FORGET: SOCIETY RATIFICATION FORMS ARE DUE ON FRIDAY, SEPTEMBER 29TH!!

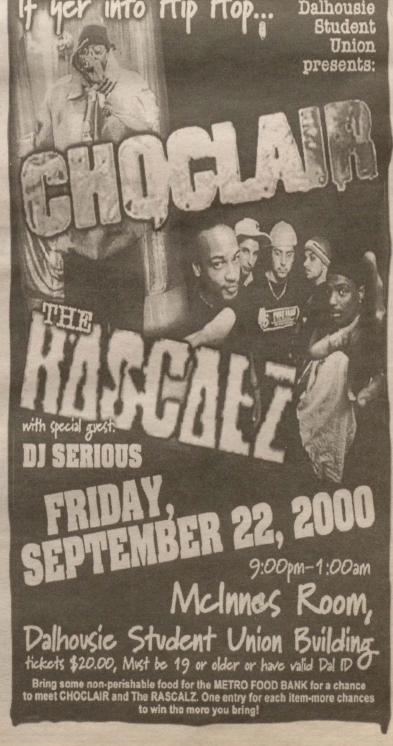
Anyone interested in participating in the AIDS WALK, Saturday, September 23? Call Shawn Tracey at 494 1281.

COUNCIL MEETING

Sunday, October 1, Council Chambers, 2nd floor, SUB.

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STREETER



This week
The Gazette
asks: what
the heck is
that thing
anyway?



"It is extremely phallic. Truth be told I have spent time looking at it. I have no where to begin, I am not that secure with my sexuality to get that close."

John Killawee

"Do you really think that qualifies as a statue? It is either an interesting cultural piece or a grotesque piece of anatomy. It is really a piece of trash, but depending on what building you stand infront of, you need a piece of trash!"

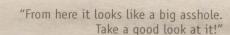
Dan Loucks





"Ahh the testicles, oh God, uh it is pretty self-explanatory, actually."

Jasmine Oore



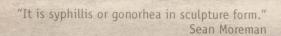
Bruce Harper





"Oh my God, the severed penis avec gonnorhea (it's French). Usually I run away from this thing!"

Joel Bates and Chris Hill



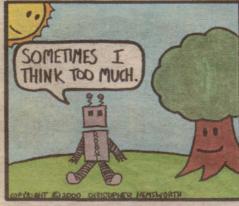
"An Inuit mother giving food but looks more like an exploding penis!"

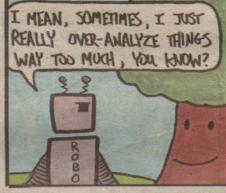
Devin Maxwell

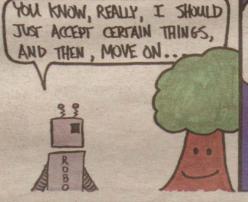




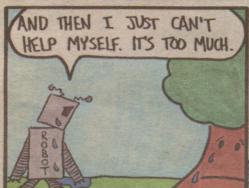


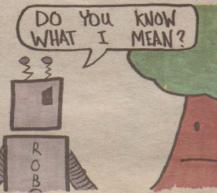


















Break-Off 2000

flip flop and fly, don't care if i die knock yourself out on page 20...

RASCAL

wascally wabbitz
hippity hop
on page 22.





Chixpiggit?

& Scantily Clad Women!

see more on page 21...

Wide Mouth Mason

opens up on page 19...





here as the outsiders. We didn't know what to expect," says Wells. "But it's been great." However, Newfoundland back for four shows since moving. Wells says, "we miss it like crazy," adding, "it wouldn't take anything to get us back. we can live in Newfoundland and do what we want to do, we would do that."

anything lacking in the Newfoundland music scene "It's kind of isolated to the

honestly say that I don't think Bucket Truck sounds like another band. I know every band says that about their music, but I really truly feel that we have a unique thing, different. We listen to such different things. I mean, how can you not have something kind of unique influences are like Paul Simon?"

What does the immediate future hold for Bucket Truck? In December, they head back home to visit family and play another show. In the meantime, they're planning a next autumn a live album. "You can probably expect to not see very much of us for the next six months

release will bear the name. "It basically at first was a business tool where we were calling and representing our band," he says. Haynes agrees, saying that they haven't actually done

that it was a way to and bands that they really liked, and by helping them out, Bucket Truck gained some valuable experience. "By

their heads to the band's high

of the guys work in the computer world, at www.buckettruck.nf.

Wide Mouth Mason struts the stage in style

Saturday evening's get-together with Saskatoon's Wide Mouth Mason was a funky affair. The Marquee was the perfect intimate venue for getting to know these prairie boys and singer/songwriter Emm Gryner, who did a great job starting things off.

by melanie hawkins

the gazette

Decked out in groovy threads and strutting around the stage like spring peacocks, the band indeed opened the eyes of front row voyeurs and had Marquee goers looking up from their drinks, which was exactly what Shaun Verreault wanted to accomplish.

Slapping that bass like a bad boy, Earl Pereira proved his ability to mix many genres of music efficiently while drummer Safwan Javen kept good beats during the new *Stew* songs, 'She's Alone' and 'Change'.

They definitely sound better

live.

The audience was a mix of students dressed-to-a-T, to funky smelling 40 year-olds with the infamous mullet and dirty jean jackets. Interesting mix, just like the music.

The band is a combination of rock, pop, soul, blues and funk, all mushed up in a frightful pot of stew, boiling and churning.

They were very energetic, bouncing and rocking out to their music, pogoing on the spot and

generally making the groupies, who were squished along the stage, scream and toss their ponytails.

The band mostly played new songs off of their latest album Stew.

"It just sort of made sense," says Verrault, "to call the new album Stew."

Stew is exactly that, a great big mix of different tastes, from bland potatoes to spicy meat balls. Getting by with a little help from friends like Gordie Johnson (Big Sugar) and Craig Northey (former Odds) all helping to mix the bubbling ingredients, it sure made dinnertime fun, or at least interesting.

This whole mixed-up ball of tastes reflects the cover art done by Tom Grommet, also hailing from Saskatchewan. The cover art is a cartoon drawing of the three Wide Mouth boys zapping—or being zapped—by a big meteor that is covered in gooey looking stuff. And you thought the prairies were boring!

"Saskatoon is interesting to the people that live there, there are nice sunrises and sunsets and touristy stuff," said Verrault.

As for the band, Saskatoon is only home three days a month. They use those days to visit family and maybe even skydive—"there is a lot of flat land to jump

The Wide Mouthers have had some perks in the rock 'n' roll business such as "running across" lots of heroes," explains Verrault,

"like Eric Clapton and the Rolling Stones." Opening for the Stones was an experience nothing can compare to" and even though some consider them gods, Verrault added that the stars "are really just normal people with weird experiences."

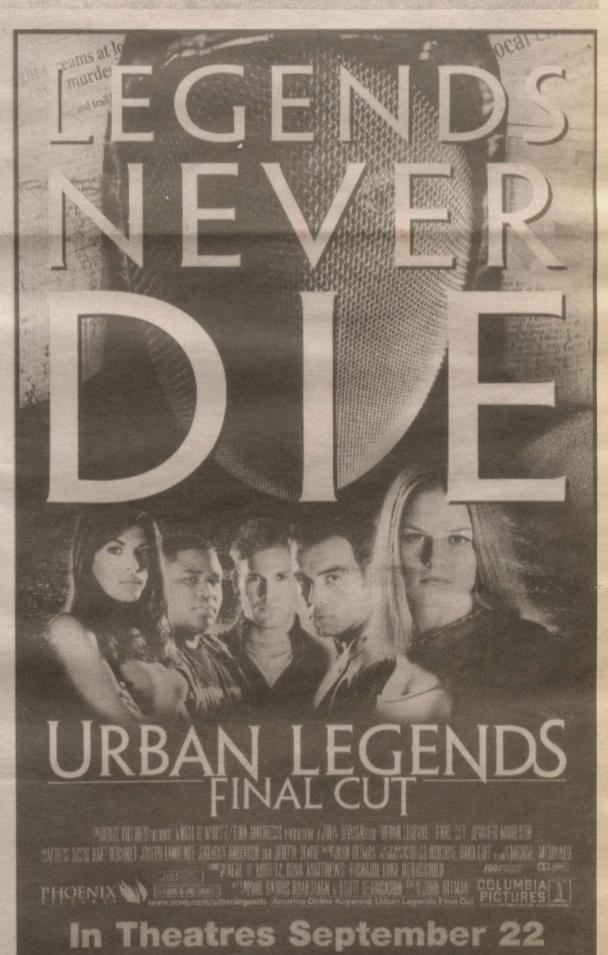
Starting out as a six-nighta-week cover band playing smoky R&B bars and having touring troubles with a van that continually broke down, they have learned a lot over the years.

The band did enjoy the crowd, or at least looked like it, not saying much between songs except acknowledging that "Halifax is the only audience that sweats after the first three songs!" As opposed to Saskatoon audiences that only sweat after the first eight songs!?

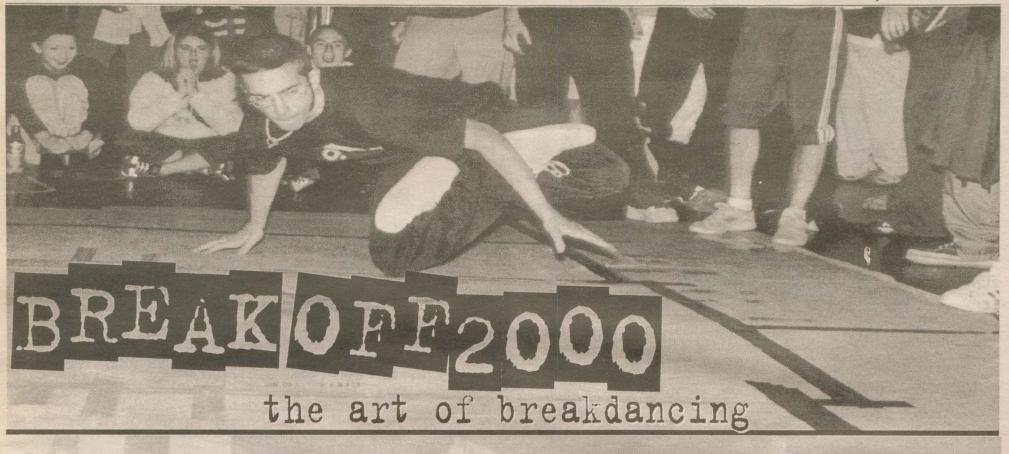
Personally, I did look up from my ginger ale when they

started an older, slower song Lay Me Down. Maybe I felt like turning the temperature down on the stove Jurner, but honestly that was the highlight of the show for me.

But don't get me wrong, the lead dude can sure wail. But I was hungry for something a little less diverse, more like a jelly donut. Mmmm doughnut.









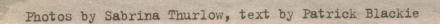
The amount of skill required to twist and contort and throw ones body around in the way that breakers do. It's fun to watch, almost unbelievable. Unlikely people to call tremendous athletes - it seems more style than sport - but it takes agility, flexibility and complete indifference to falling.

carboard mat for dancers. The evening was a pile of B-Boy mayhem.



Jumping, spinning, sliding, hopping, twisting, kicking and falling - the familiar scenes of breakdancing. Any opportunity to see an event involving such immense physical skill should be taken.

The breakdancing in Halifax is a good reminder of the various cultural eddies within the city. B-Boy/Girl posses like Armada exist, remaining primarily underground. Maybe underground is the





Smirnoff Skanks versus Chixdiggit and the Riff Randells

by caitlin kealey and melanie hawkins

the gazette

The Marquee was a bouncing mess of drunkards and partiers last Friday night. The mass of people showed up for the punk sounds of Vancouver's Riff Randells and Calgary's Chixdiggit.

The Riff Randells proved to have their own unique blend of punk and rock-hence punk-rock, but not your typical run of the mill punk-rock. They were a sassy blend of fun and punk. Although they were missing their normal bass player, Mar, they managed to pull off a tight set.

The Riff girls are interesting looking, with their own style and roadie-turned-bass-player look. These don't-fuck-around types are self-proclaimed Chixdiggit groupies-when not busy puking. Cathy, singer and guitarist, had had too much to drink that night and spent our interview puking her guts up in the bathroom.

This is what they claim is a somewhat typical evening although they had changed roles for the night because the drummer, Mary Anne, is usually the one praying to the porcelain gods. Not only was Cathy drunk, Mar unable to take the trip and Mary Anne was also so sick that

Chixdiggit style: 'If it's

not broke.

she needed a doctor.

Yet the show must go onand it did.

Chixdiggit followed with a high energy set almost predictable if you have seen a Chixdiggit show before. They stay true to form but don't fall far from it. It makes the saying 'If it's not broke, don't fix it' ring

That's not bad for a band that started out as a logo on a Tshirt as a way to make fun of

"So we were really low on the food chain," said KJ, the lead

The band formed after they had sold enough t-shirts to buy instruments (we don't believe him) and proceeded to fight over who got to play which instrument. Both KJ and Mike (bass) wanted to play drums, but since no one would sing KJ moved up front and grabbed a quitar and he now sees it as an extension of his penis.

"If you asked me to get up in front of a wedding and speak, I couldn't do it," said KJ. "There's nothing covering my private parts-if I went up there with a little cardboard guitar I could though.

That's hard to believe coming from the front man of a band. He has no shame on stage.

KJ and the other boys were so much fun that night amidst the smoke and beer-guzzling ruffians. They were rewarded for their hard workout on stage many times with Smirnoff vodka shots compliments of the house and hand poured into their awaiting mouths by three horribly dressed skanks with leopard print cowboy hats and tight black skirtstotally disgusting.

Overall, it was a great show (skanks and all) even if you weren't under the influence. looking for some of that...

covering mg private parts—if went up there with a little cardboard guitar I could though."

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The return of the Rascalz Misfit shares some insight

by patrick blackie

the gazette

On their second round through Halifax during their tour for their newest album *Global Warning*, The Rascalz are set to perform yet another energized evening of high calibre hip hop.

The Gazette had the opportunity to converse with Rascalz MC Misfit to discuss their new album and what the group has planned.

The 1999 release of *Global Warning* was complimented by the release of the first single, a

combination of the songs "Gametime" and "Sharpshooter (Best of the Best)." The single received a positive reaction from hip hop fans, but the two songs were the weakest of the album, and did not represent the exceptional quality of the CD.

The beats on Global Warning are well produced, the abilities of DJ Kenio are well complimented by the intelligent and skilled lyrics, and appearances from hip hop institutions KRS-ONE and the Beatnuts solidify this album's role as a major contribution to

hip hop.

"We were disapointed with how [the album] was handled," said Misfit. "We would have liked to have had more faith in the album in the industry. There were a lot of mistakes in the dealing with the album."

The Rascals have always been strong advocates of hip hop as an art form, and have always attested to being strong supporters of the four elements of hip hop; MCing, DJing, graffiti and break -dancing. The five-man group features two breakers, Zeb and Dedos, DJ and producer Kemo

and MCs Red-1 and Misfit. Dedos is also a member of the AA graffiti crew.

"It's not intentional, it's not a conscious thing — it's just the way we feel it needs to be done," added Misfit about the incorporation of the four elements of hip hop into the Rascalz music.

"It's what we do."

The Rascalz have been through a bit as artists since the five met at local break-dancing competitions in Vancouver (AKA

Van City) in the early '90s. They released *Really Livin*' in '91 on an independent label. In '94 they started Figure IV Records, and in

'97, they released Cash Crop.

The group stood up for their beliefs in 1998, when they declined to accept a Juno award. This was to protest the absence of urban music in the televised portion of the awards show.

With the single Northern Touch, teamed up with Choclair, Thrust, Kardinal Offishall and Checkmate, the group performed for the televised portion of the show, and the rap award was also featured.

"We've stayed the same. In terms of the business of it, and the label, things have changed a lot," said Misfit about the Rascalz gaining popularity. "On the street, some people see hip hop and the medium getting more coverage, but it's the same."

Break-dancing, MCing, DJing and graffiti — the four elements of hip hop. The Rascalz have always been advocates of hip hop as an art form, and their representation of this through their phenomenally well produced album or energetic live shows is a

"On the street, some people see hip hop and the medium getting more coverage, but it's the same."

good testament to that goal.

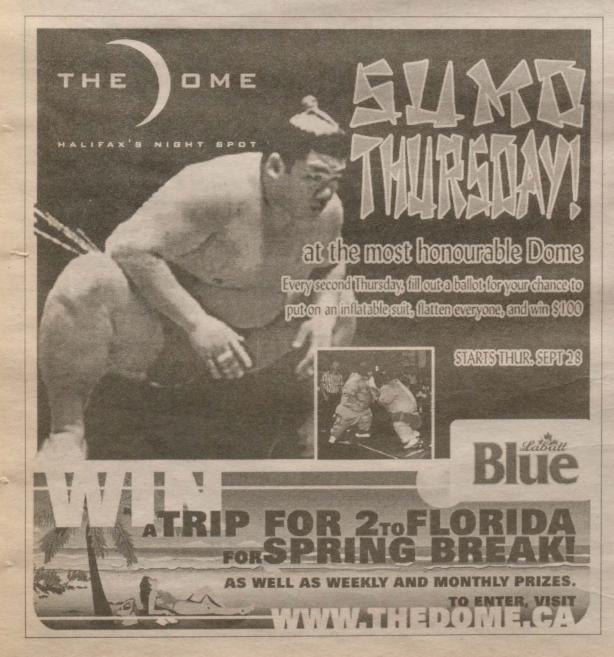
Whether or not the album was handled the way it should have been, *Global Warning* is a good representation of art.

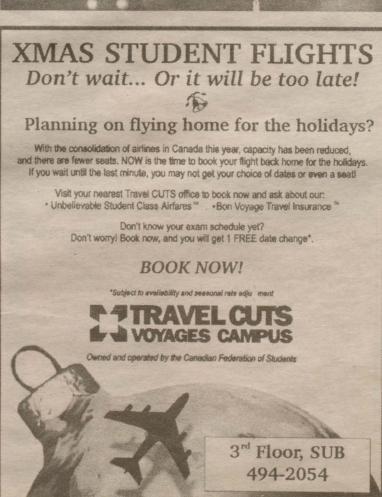
"I don't [break] anymore," said Misfit of his hip hop roots.
"It's cool to perfect it, but I don't want to be the jack of all trades and master of none."

Maybe each Rascal being the master of his trade is why the group is so good.

The Rascalz will be performing with Choclair in the McInnis room on Friday.







Classics, I says...

Each week we ask a different person to share their idea on a classic book, movie, and CD.

by patrick blackie

the gazette

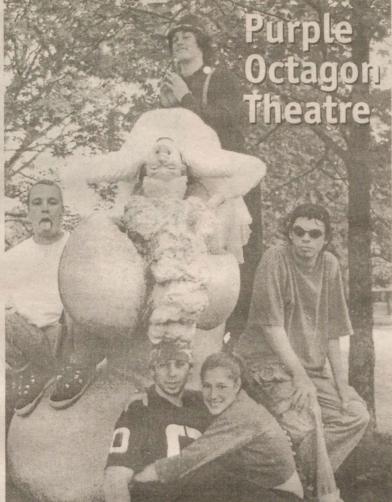
I picked my classic CD as the Beatnuts Musical Massacre, not because it is the best CD I have ever heard, but because it has remained one of my favorite CDs since I got it almost a year ago. The beats are solid, there are a few samples from children's CDs that are excellently mixed and the appearance from a few quest rappers, Bismarkie and Dead Prez to name a few, are a good addition to this solid album. "Turn it Out", "Watch Out Now" and "You're a Clown" are lyrically superior with crisp production, leading the way for a great album. JuJu and Pycho Les are highly qualified East Coast hiphoppers, demonstrating a sense of humor and bilingualism as well as lyrical physique.

Book

One of my favorite books of all time is Drive-By-Shootings by Michael Bradford, a New York City cabby who collected all the pictures he took in his career. The shots are not all particularily excellent or professional, but he uses some lenses, timedexposures and other tricks to make the book more interesting. The lack of text is compensated by the obivious and interesting shots on each page. As one could imagine, travelling the streets of NYC can provide many an interesting

Movie

Une word — Caddyshack. Being a fan of movies in general, this pick has to be looked at in context. It is a classic 80's movie and a classic comedy in general. It has so much pure, un-cut comedy in it that it is like a crack-head finding a garbage bag of pure cocaine on a street corner. Bill Murray's wonderjoints and cannonballs were and are institutions of pure genius. Rodney Dangerfeild always gets respect from me, because he is fuckin' hilarious. His non-stop barrage of quips and remarks make for a great movie. Chevy Chase and his ill-logic bound character beats even his Fletch work.



of talking penises and vaginas

by andrew gillis

the gazette

What happens when a group of friends get together to do something they love?

Naturally, they become talking penises and vaginas.

Wait, in order for you to truly understand that statement, you need to see a play produced by the Purple Octagon Theatre Company.

You could also talk to André Davey, co-director of Purple Octagon, or as he would prefer, insane captain at the helm.

"We're a theatre company that's risqué and raw," said Davey. "We like to be, and we're not afraid to be.

At the Halifax Fringe Festival 2000, Purple Octagon Theatre presented four plays, all to huge crowds and rave reviews.

Code Red, written by Octagon's Dave Roxborough, was a sharp and comedic look at the relationships between a young man and woman and their opposite-minded genitals. The

audience at the Fringe Festival visibly enjoyed the puns and quips written and deliciously executed by Purple Octagon.

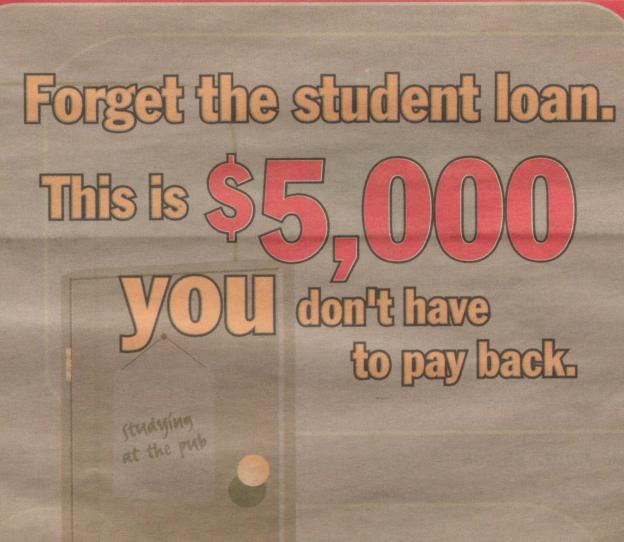
Heaven! was written by Davey, and was about his real-life extraordinary, drug-induced experience in London, England. Davey, playing himself, presented a performance full of energy and enthusiasm, characteristic of all performances he gives.

The other plays, Who's On First? and The Good Life were also met with enthusiastic crowds.

"We were the hit of the Fringe Festival," said Sean Jordan, actor and member of Purple Octagon. "We reached people that wouldn't really go to the theatre. We definitely got to the younger crowd; we speak in their language.

"We doubled what we expected," said Davey. "We doubled our expectations in profits, we were well reviewed, and received. Some people would come and see one, and then come back to see them all. As a small

continued on page 26



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the student place in cyberspace

American propoganda in a Wesley Snipes movie?

Get outta here!

by shawn kehoe

the gazette

Wesley Snipes' latest action film is a tired retread of action film cliches and thinly disguised American propaganda. The Art of War follows a UN secret agent, (Snipes) who ensures China's cooperation in trade talks.

When the Chinese ambassador is assassinated, Snipes is framed, and the film becomes a standard "One Man Alone Against All Odds" thrill ride. Wait, make that "One Man Alone, Except For His Cute, But Mouthy Sidekick."

So why see this film? If you like action flicks, (as I do) there are two main reasons to see Art Of War.

One is Wesley Snipes. Along with Nicholas Cage, Snipes is probably the inheritor of the action film legacy of Sylvester and Arnold. Snipes makes the most complicated fight scenes look about as challenging as walking an old lady across the

The second reason is Donald Sutherland. He is one of Canada's finest and is cast as the Secretary-General of the United

Nations. While every other character seems to have clear-cut motivations, Sutherland is torn between his desire for an accord with China and his disapproval of Snipes' tactics.

So those are the good points. Sadly, there are at least three reasons not to see 'Art of

The fight scenes are probably the core of any action film. While Snipes is an accomplished martial artist, that doesn't change the fact that 'Art of War' borrows a little too heavily from 'The Matrix'. In fact, one sequence seems virtually clipped from the latter film altogether, right down to signature physical effects that normal people just shouldn't be able to perform.

The cops and robbers are too predictable. Ugh. Why are the cops in these films always so stupid? Perhaps it's a staple of the genre, but the FBI agents in Art of War are exceptionally incompetent.

In the interests of equality, the criminals are almost as predictable as the boys in blue. They kill, they intimidate, they die by Snipes' hand. This brings

up an interesting question: Why does Hollywood portray the Italian Mafia as a romantic, complex organization, while the Chinese triads are inevitably presented as brutal and simple

Which brings us to our last point. American Propaganda, the filmmakers try to hide it, but it's there. When the trade accord appears to be in jeopardy, Sutherland's character is torn whether or not to call in the President. Sutherland wants the accord to be a UN victory, not an American one. The film seems to tell us that the President could solve the "China problem" at any time, he just hasn't gotten around to it yet.

More disturbing than the apparent omnipotence of the President is the portrayal of the Chinese government. The director and writers take every opportunity to link Chinese officials to moral decay and sexual perversion. From pornography to harems of young girls, the film takes a very definite stance on which government holds moral superiority.

Rather than spending \$6+



on Art of War, patronize your local video store and rent Blade (for Wesley Snipes) and The Matrix (for fight scenes done right.) And when Art of War does come out on video, consider skipping it in

favour of another Donald Sutherland film. My personal recommendation is Invasion of the Body Snatchers, but its hard to go wrong with this guy. It's your money. Spend it wisely.

A Super 8 performance

by louise matheson

the gazette

Film-artist John Porter had an all ages matinee at the Eyelevel Gallery on Barrington Street on September 17. There wasn't an empty seat as Porter projected his Super 8 films on documentaries. (Super 8 means to use a small camera to record the movie).

Applause filled the gallery after each film finished rolling.

Porter has been surrounded by artists since birth —his mother was a painter and father was an engineer. After graduating from Ryerson Polytechnical University, he enjoyed focusing his attention toward Super 8 films (8mm film). This proved to be rewarding for Porter, a clearly talented and interesting man.

Porter also does Super 8 "Filmbusking" during the "Big" Film Festival in Ontario. This involves projecting Super 8 films outside at night, onto the sidewalk, pedestrians, moving cars, and a screen attached to a

projector, which is held by hand. Porter is able to do this through a grant he received from the Canada Council Creation in Interdisciplinary and Performance

He also creates his own Cine Zine on personal film artists in Toronto.

A supporter of artists, the Eyelevel Gallery was the host of Porter's free Super 8 performance.

Walking in, I was immediately greeted with a smile. As I grabbed one of the last available seats, I could feel the excitement in the room. Porter began his matinee with his silent documentaries. Each film was from one to six minutes long and creatively done.

Next was the viewing of Super 8 films with sound.

After the show, Porter spoke about his experiences in making the films and answered questions.

The 15 films came to a total of 64 minutes and provided for a truly enjoyable Sunday afternoon in a comfo table atmosphere

Highlander reaches

new low

by jodi magliaro

the gazette

Christopher Lambert is getting old.

That's the first thing I thought of as I watched Highlander: End Game last Monday night. It is hard to believe that he is the same Conner MacLeod from the original Highlander. Now he still looks pretty good. I mean, there's just something about Christopher Lambert. He's sexy. But isn't Conner MacLeod supposed to be immortal and therefore shouldn't he still look young? Didn't anyone think of that? Highlander was made in the '80's and while it is timeless, Christopher Lambert isn't.

Ok, enough about that. On to the movie.

It had great potential to be as good as the original and make up for the pathetic sequels, but it just didn't try hard enough. The beginning was good. So was the end. I can't tell you how the middle was for a simple reason there wasn't one. It had a great opening and a satisfying ending but it had no middle point. I found myself waiting for

something to happen and it didn't. The movie didn't know whether it was about Conner (who wasn't in the movie enough to have his name on the poster) or Duncan (Adrian Paul from the T.V. series,) who was basically in the movie to show his arse.

Now, the movie did have its moments. The flashbacks, once again, were the most interesting and fun to watch, especially the ones with the same actress who played Heather in the original. Some of the fight scenes were amazing, but that didn't make up for the lack of story.

All I could think of was how I would have written the dialogue for a certain scene or how they should have showed this, not that.....blah, blah, blah.

Now, if you are not a Highlander fan and have never seen the original, please don't put yourself through this movie. But if you are, and you have, the movie will be tolerable and may give you a sense of closure whether you like the closure it gives or not

Remeinber: There can be only one (yeah one person in the theatre who actually feels they got their full money's worth.)

CD REVIEWS

Matthew Ryan - East Autumn

This little ditty would be a good CD for traveling a short distance on a train. I might consider it good as elevator music. The photographs on the sleeve are arty and boring, but I do like the fact that he included his lyrics. If you like Tom Cochrane maybe you will fancy this. There are some nice guitar bits, but honestly nothing special went into the thought of this. I think ol' Matthew is obsessed with his broken heart which he emphasizes with his scratchy Bryan Adams-wannabe voice. It is

almost painful listening to him strain. Read between the lines on the Thank-Yous if you do indeed buy this: he thanks Dayquil! Go figure! — Melanie

Wide Mouth Mason — Stew

The new Wide Mouth Mason CD, Stew, can be summed up in two words — it sucks. That may be a little, and I mean only a little, harsh. It was basically uninteresting and just plain annoying. At song 7, Watchewan, I was ready to leap from my balcony just to keep from hearing the word 'baby' one more time. It was like a bad N'Sync song. That's right, not even a GOOD N'Sync song. Is it too much to ask for a little originality? I started to understand why it only takes them an hour to write a

song. Give me a pen and 15 minutes and I could write a better song than Watchewan WITHOUT using the word "baby". Ok, this may seem mean, but hey, I'm the one who had to sit through that CD. Maybe

because I'm not a fan I don't appreciate their new CD, but maybe it's because I'm not a fan that I can judge the CD. impartially. My conclusion — it sucks. — Jodi

The Spooks — S.I.O.S.O.S.

These guys are pushing conceptual hip hop with much enthusiasm, and with a fair degree of success. Their spooky and unique style is well written and well produced. The lyrics of the four-man one-woman group are intelligently written, and songs like The Things I've Seen and Other Script show the groups intense skill and lyrical wit.

The only thing about this album is the fact that never in the songs do they talk about themselves, who they are, what they think, and so on. Most good hip hop albums give a good idea into the character of the members. Listening to it for a week, I like the beats, but I am more confused about the Spooks and what they are saying than anything. It's like if the Backstreet Boys started talking about jacking some asshole for kicks — all the morons who listen to them would be lost. The Spooks are either hardcore murders or missionaries. — Pat



Vet stands before committee

Charges of malpractice examined

by vanessa owen

the gazette

A veterinarian stands before the Nova Scotia Veterinary Medical Association for aledgedly assaulting a cat last year.

On July 21, 1999 Don
Steeves took his cat Melanie to an
Amherst veterinarian to be
euthanized. She did not receive
the humane treatment Steeves had
expected. After a series of painful
and terrifying events, Melanie was
grabbed by the tail and whipped
to the floor. Dr. Boyd Taylor
slammed her head onto the
concrete floor of the clinic.

It was only after the feline was stunned, that Dr. Taylor then administered the lethal injection that eventually killed her.

Taylor admits to doing these actions and says it was a clear case of self-defense.

"I was fearful this cat was going to inflict serious injury. I had no other alternative," said Steeves.

Dr. Taylor faced The Nova Scotia Veterinary Medical Association disciplinary committee on charges of malpractice and unprofessional conduct charges last Sunday.

Taylor described Melanie as the wildest and most uncontrollable cat he has had to work with in his 26 years as a vet. clinic after hearing "banging and thumping" noises from inside. As he opened the door, he saw Melanie acting wild and out of control.

Another vet and a technician tried to corner Melanie prior to Taylor's arrival, but they were unsuccessful.

"The cat went up and down every wall in that room," said Taylor.

The self-described cat lover then took over.

Taylor then put on thick welding gloves and grabbed one of Melanie's hind legs.

"My plan was to catch the cat and stretch (it) out over the table, and then do an abdominal injection," said Taylor.

But the terrified Melanie broke free after Taylor lost his grip on her leg.

on her leg.

She defended herself by using her claws to scratch the vet.

H e was able to grab her again.
"This time [I] got it by the

back leg and tail," said Taylor.

He then moved to a secluded part of the clinic, claiming he was protecting his staff members from the agitated cat. He was fearful that the frenzied animal would cause injury to the other veterinarian and technician still in

"I'm afraid (it) is going to

area at this point," said Taylor.

Taylor is six-feet tall and weighs 220 pounds; the cat was three kilograms.

Taylor still held Melanie in one hand and a needle in the other. He said his intentions were to still inject the animal with a lethal drug. That plan was changed due to Melanie's behavior. She was fighting and unruly.

However, Taylor did admit it was a conscious decision he made when he smashed Melanie's head onto the floor. The vet assaulted her not once, but twice using what he describes as "maximum force."

Don Steeves witnessed the entire event.

"That memory is etched into my mind forever," said Steeves, who then filed a complaint against Taylor.

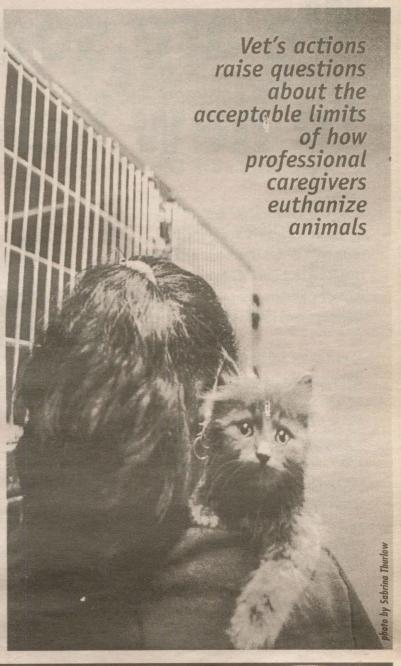
He had been standing outside the clinic in the parking lot waiting to collect Melanie's remains, when he saw the vet and the cat through a glass door.

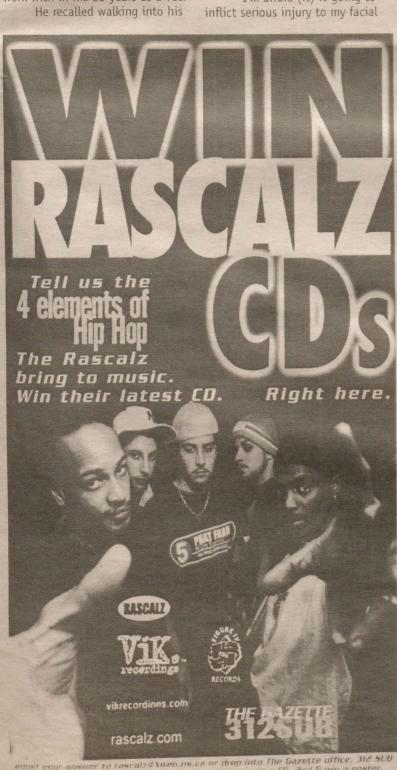
Taylor told Marjorie Hickey, lawyer for the veterinary association, that he feels his conduct was entirely appropriate under the circumstances.

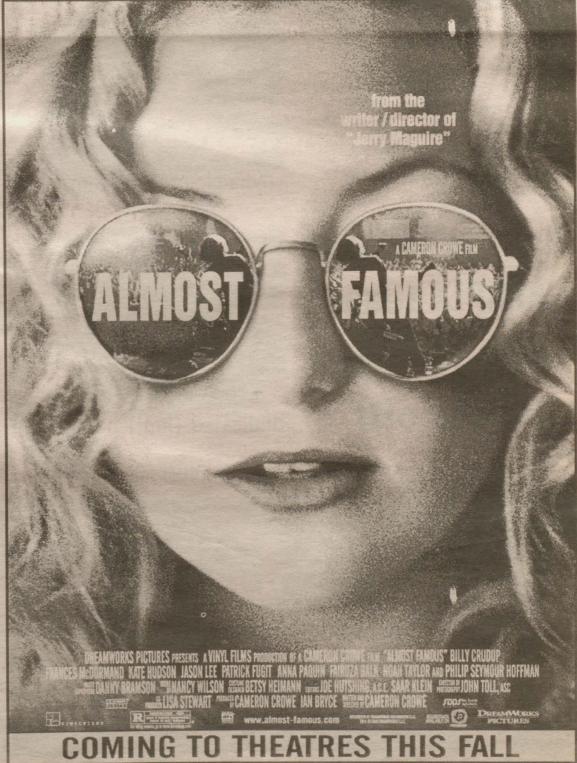
"My physical well-being was at risk, as well as my two staff."

The tribunal is expected to reach a decision about the case later in the week.

With files from the Daily News







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of talking penises and vaginas

continued from page 23

theatre company, we rely on word of mouth to help us."

"We also did it through shameless promotion," said Jordan.

Actually, they did it through talent, and a self-acknowledged bond that goes beyond the nuances and teamwork found in most theatre companies.

"We're a group of zany kids doing what we love. We are writing, acting and living what we love," said Davey.

The friendship and love of the theatre shows in the production. There is a comfort and ease with which Purple Octagon executes their performances. Such presence on stage is not seen in many new theatre groups, but it's very obvious with the Octagon.

Basically, all of the company has had involvement with the Dalhousie Theatre department. Davey graduated in 1996, while Jordan will graduate this year. Nadine Jackson, Myndi R. Carter, Greg Richardson and Dave Roxborough have all gone through, or will soon finish the Dal acting program.

The future looks bright for this young company, with plans for a cross-country tour in the works. They will still live up to their mandate of raw, on-the-edge and Canadian theatre that has made them a success so far.

"We are Canadian, and we want to showcase Canadian theatre," said Davey.

"We appeal to the masses," said Jordan. "We have sex, drugs and all that stuff. That's what people like!"

SCIENCE & ENVIRONMENT

Thoughts on material reasoning or fashion fabrications

by jason kun

the gazette

As the sun rises on another day in Halifax, thousands of University students will return for class and don their bright new shirts and sneakers with shining confidence. I can almost smell the pride permeating from underneath their freshly labeled and breathable fabric clothing.

This confidence stems from the basis that we look good, can afford to look good and therefore feel good about ourselves. After all this is said, I wonder where this confidence comes from and what causes this shining pride.

We sense a good feeling when we look in the mirror and see nice forms, complementary colors, labels associated with high fashion, high costs, and maybe most importantly, when we see likeness to our peers.

But what about our deeper reasons for feeling good? Should we feel so self-satisfied with those new khakis? Where have these garments come from? Do we approve of the activities and beliefs of these clothing companies that we so willingly support?

Here's the summary on the situation: the companies supplying us with these feel good clothes are concentrated on one thing: extracting 20 dollar bills from the wallets of the trendhungry consumers while looking for the cheapest way to produce them. They will discard any and all human rights and decency to achieve maximum profit. Several large companies take their production systems to Haiti where they can get away with paying 28 employees because they can't do that in America —the land of

vile foundations of such an industry by distracting oneself with the softness of that \$40 long

It is easy for us to put our morals and beliefs on the back burner when we are not directly involved in the activities of these companies. It is also much easier to ignore the misdeeds of such companies than it is to question our personal and societal values. It will also take much more effort to find a clothing company that will properly represent your morals and beliefs

I would consider this opinion piece a success if, you, the reader would question yourself and the companies that you support.

With a little research the facades of such companies are in fact revealed as being as shallow and easily removed as the newly laid grass beds in front of the

Another of my main points is that many of these trends are merely popularized ideals that serve as means for companies to make a dollar. Some important questions I think every consumer should ask are; Does this product and its production represent my beliefs? Do I wish to propagate and support the activities of these companies by purchasing their goods? Am I just a victim to another trend?

I think these are important questions for each and every one of us to ponder as we move towards becoming socially responsible and conscious individuals in these times of environmental and social turmoil

Students asking their own questions and discovering their university system where many of One can easily disregard the back of the book, I believe it

important for students to formulate their own conclusions about the world around us.

One of the reasons that many are not posing these questions in a serious manner is because of the nature of our experience in regards to what changes and transformations we can and cannot effect.

For instance, let us consider statistics—the all-important figures that we use to represent existing economic, social and environmental situations. I believe that statistics are an accurate form for the description of many situations and facts. However I disagree with the presentation of the statistic. In fact, I like to disbelieve such facts in the spirit of constant change and evolution. Figures of resource consumption and urban pollution are stated as if they were unchangeable facts of life.

Statistics are great for shocking us into realizing our folly but with out giving a proper perspective and avenues for affecting change and transformation the effect and momentum of the statistic is absorbed in its presentation as an unchangeable situation.

So as the sun sets on another day on the campuses in Halifax, I hope students will start to question the actions and products of the companies that surround us. As we question their morals, we will find that we can learn a lot about our own morals, the freedom of choice and it's

News Briefs

JAWS AUTHOR TO PROTECT SHARKS!

Peter Benchley, the creator of Jaws, is calling for the greater protection of sharks. His main concern is to save them from finning, where only the shark's fin is taken from a live animal. Some consider this a

We suggest cutting the feet off of them to see how they -like it-

COLORADO SCIENTISTS BUILD DEVICE TO PREDICT FUTURE

Colorado State University professors have designe a computerbased ecological model that they say is complex enough to predict five to 100 hundred years into the future.

We want to know if Peter Benchley's initiatives are going to work, and if so, next week's lottery numbers please. Contact Kip at the Dal

WTO SAYS FREE TRADE REDUCES POVERTY

This summer the WTO announced that in countries with liberal trade policies, poverty gaps are being reduced. Ooops, in liberal developed countries. They also admit that the poverty gap between developing countries and developed countries is widening. Maybe they're on crack

CLINTON SAYS SHOULDN'T DISCRIMINATE **BECAUSE OF POOR GENETICS**

Clinton has made a move to ban genetic discrimination in federal departments and agencies. He doesn't think they should be allowed to look at people's genetic records along with their resumes. More interns will be employable this way.

POST WAR SEX FRENZY CREATES RETIREMENT HAVOC

Because of aging boomers, the Japanese government would be required to raise the age of retirement to 78 if it wished to maintain current tax rates and benefits. Hip replacement clinics, moving sidewalks, and coleslaw will hopefully make their way into the workplace environment.

Some Environmentally-friendly clothing options.

EXTREDZ — A clothing line made exclusively from recycled inner tubes. A great way to promote the reuse of rubber, which can sit for hundreds of years in landfill sites.

DEJA —The environmental footwear company. This company makes shoes from recycled materials (such as diapers) and uses non-toxic adhesives. It supports rain forest communities and is an excellent alternative to leather foot wear. Also this company has received a United Nations award for helping, rather than taking advantage of developing nations.

HAVERSACK — Environmentally sensitive materials. This company makes guaranteed for life knapsacks, garments and footwear from durable hemp-synthetic fabric combinations.



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Misleading you: Feds on Kyoto promises

by kip keen

the gazette

We assume that the reason so many governments ratified the 1997 Kyoto agreement is because they all agreed that our environment is under serious threat.

As a beginning to reducing our impact on the environment, most industrialized countries, including Canada, agreed that reducing GHGs (Greenhouse Gases) to below 1990 levels by 2010 would be in our best interest. They signed these declarations for you and me.

How have we done since they signed?

Government reports available for the public paint a misleading picture. On the Department of Natural Resources website they list in detail all of the government's initiatives for meeting the Kyoto protocol's targets. They promote the fact that they have committed 200

million dollars each year to reducing GHGs. This money is earmarked for a variety of programs, business initiatives, education programs, etc.

Although this appears to be a good start, their words are misleading. Their statistics paint is a less rosy picture. They say that "Canada, with about 0.5 percent of the world's population, produces a relatively small portion-about 2 percent-of the world's total GHG emissions."

Certainly it is a small proportion of the world's total emissions, but they miss stressing the bigger picture. Our small population produces a grossly disproportionate amount of GHG gases, regardless of the total.

Facts they later use are much more telling of the Canadian situation. We are ranked fourth in the world as per capita emitters of GHGs. If all the people in the world were to flush the toilet, turn on the lights, and pump the A/C as much as we do, total output of

GHG would be many times more astronomic than it already is.

Reaching our Kyoto goals also seems very unlikely. The government boasts that by 2010 GHG emissions "would be" 8% higher if it weren't for their initiatives. Good going, but this is still 26% off the Kyoto mark.

Should we be mad at the government for this poor performance?

It is important for us to remember that the Feds aren't the big problem, it is you and I. Blaming them for the path of GHG emissions would be like blaming your parents for how messy your own kitchen is.

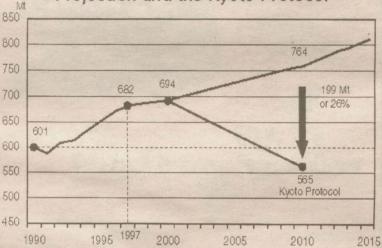
We treat elections as if they were trips to confession, we absolve ourselves of guilt when we cast a vote.

In reality it is you and your neighbors who are to blame for our predicament. Turning off the lights, turning down the heat and flushing the toilet less frequently will help more than shouting at MP:

At the same time the government should not be trying to hide from us how poorly we are

doing. Tell us we bite. Tell us we are energy gluttons. Show us some initiative by telling the truth—we need to grow up.

Figure 5: Canada's "Policy as Usual" Emissions
Projection and the Kyoto Protocol



Source: Canada's Emissions Outlook: An Update, 1999

Researcher to Attack First Year Depression

by jonathan dieli colburn

the gazette

Truro researcher Stephen Gleich is working on developing a program that will identify and prevent depression outbreaks among first year University students.

He was first inspired to look

into this kind of research after attending a workshop given on the subject by Dr. Edward Craighead at the University of Colorado, and in later readings, found several sources that list high rates of adult depression.

"I've learned that the lifetime prevalence of depression, and this is a clinical, serious level of depression, in adults is around 24% or 25%," said Mr. Gleich. "I really like the idea of being able to catch some of this early on in life, and prevent significant suffering by creating this type of a prevention program."

Mr. Gleich, who works a psychologist with adults in the Colchester Regional Hospital, received a \$10,000 development grant from the Nova Scotia Health Research Foundation this July, which will enable him to design a working model of a depression prevention program for an eventual pilot study.

"I'm interested in projects that use different screening programs to identify candidates,"

Schlumberger

anid Ma Clairle

Socio-economic factors will be considered. A similar depression program is in place at the University of Pennsylvania which includes more students from higher income families. Mr. Gleich may include the local community college in Truro in his pilot program, giving him a chance to compare two similar programs is different economic atmospheres.

The program at the University of Colorado sent out question sheets with school applications, which asked about any past incidents of depression, and then incorporated at risk students into their study.

"They interviewed applicants who were at risk, and they assigned some of them to receive this program and others did not receive it, so that they could make a comparison and say 'Does this program actually work?" said Mr. Gleich.

Colorado students met in groups of about a dozen on a regular basis, and were grouped together bised on such factors as age. Of the 69 students in the program, 34% of those who did not participate in the program had a serious episode of depression, while only 7% of those who did participate had serious episodes.

Mr. Gleich is not yet sure what form his pilot study will take. He will be spending part of the next year analysing the effectiveness of current programs and reading area literature on depression to plan for his pilot.

There are a number of stress factors involved in the move to University life, according to Mr. Gleich, who says that such a transition an be a point of vulnerability for a student with a high risk of depression. He lists financial difficulties, family separation, academic and social pressures as factors that can contribute to serious episodes.

"The idea of offering a program to help people through that first year and through those adjustments I think is really well targeted," said Dr. Gleich.



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Killam Library Orientation September II - October 6, 2000

Schedule of Events

LIBRARY TOURS

11:30 a.m. to 12 noon September 11 September 15 September 20 September 25 September 27 September 29 October 3 October 5 2:30 p.m. to 3:00 p.m. September 13 September 18 September 22 September 26 September 28 October 2 October 4 October 6

DEMOS (approx. 1/2 an hour each)

Web Pages

September 14, 11:30 a.m. October 4, 11:30 a.m.

Reserve / Renew

September 19, 11:30 a.m. September 21, 2:30 p.m. September 27, 2:30 p.m. October 3, 2:30 p.m.

Novanet / Novanet Express

September 25, 2:30 p.m. October 2, 11:30 a.m. Web of Science

September 26, 11:30 a.m.

Research Library

September 28, 11:30 a.m.

Electronic Journals September 29, 2:30 p.m.

September 29, 2:30 p.m. October 6, 11:30 a.m.

NewScan

October 5, 2:30 p.m.

InfoBooth

There will be an Information Booth in the Killam Library lobby during killamation! month with handouts and signup sheets for our free tours and demos. A friendly greeter will be on hand between 11 a.m. and 3 p.m. daily to answer all your questions. And don't forget to register for your email account and for Novanet at the Circulation Desk.

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SPORTS

by cj foote

the gazette

You dip yourself on a cool June morning into the cold waters of Lawrencetown and paddle out to the oncoming waves. Body adapting to the cold, you catch your first wave and the energy of the wave overtakes you. Enthralled in its energy, you come up near the shore more stoked than ever and paddle back out, harder this time, to the wave that's even larger than the last.

Now obsessed with the enormous surf, you keep coming back for more.

Honestly, at the beginning of this surfing season my knowledge of surfing was about as diverse as the adventures of Jeff Spicoli. To make matters worse, trying to get surfing secrets out of a veteran surfer is like pulling teeth from a wild bull. I still remember hitting the

The Thrill of Surfing

beach in Lawrencetown and asking one of the surfers where the best places in Nova Scotia were to surf.

"Dude man, no surfer gives away where the best places are because they get too packed. That's what's so good about this place. It isn't crowded all day long," he said.

This hurt my confidence in surfing but not for long.

After a few days of hitting the waves I can tell you it's like no other sport. Surfing has an undefinable relationship with mother earth that can only be realized through experience.

Nova Scotia surfing is especially like no other. Think of cold, crisp air on a rocky coast and insanely cold waters. Why do I say this? Well, unfortunately the best waves in Nova Scotia do not come in the summer. Winters, spring, and even falls produce waves of much greater magnitude and quality. In fall, you get large storms derived from hurricanes giving you warm surf and awesome waves. Winter is exactly what you think it is. It requires a dry suit and a lot of passion for

Picture icicles coming off your eyebrows, insanely huge

waves, and sometimes even water that turns to slush.

In summer, which tends to produce some descent waves, you can have water as high as 20 C. However, Labrador currents can come through in a night and drop this by more than 10 C.

To make this all seem clear to you, I asked some questions to a few veteran surfers around the

Gazette: What do you think about surfing in Nova Scotia?

Surfer: It produces some serious waves but you better realize that it's pretty damn cold. A thick suit is a must.

Gazette: What advice do you have to new surfers?

Surfer: None. It's not something you think about. You just do it.

Surfer: Nova Scotia is a quiet place to do what you love. If you love to surf in privacy, as I do, than this is the place of your

dreams.

But don't get the impression that there is only one place in Nova Scotia to go surfing because there are many places to do it here. Places like Rudy's Head and Cow Bay produce some solid waves. Being from Cape Breton, I'll even attest that there are places there that you can surf during some times in the year.

Surfing in Nova Scotia about 20 years ago was, to say the least, ronexistent. This has changed with time. Even this past Sunday Lawrencetown had a full throttled surfing competition that got lots of support from local

If you even stop into stores around Halifax, you'll see that they're filling up with surf and body board equipment; it's becoming so popular and word keeps on spreading.

See next week's Gazette for the full throttled surfing competition.



by mihira lakshman

the gazette

The Women's cross-country team may have had their 14-year winning streak snapped on Saturday, but nobody was upset.

Dal finished third in the team points behind host team St. FX and UNB. Dalhousie Assistant Coach Dan Hennigar isn't the least bit worried about his team's loss. He says they'll be competitive when it's time for the AUAA championships, which matters much more than the first race of

The A JAA conference is much stronger this season, with both St. FX and UNB. With all of this competition, it will certainly be interesting to see how Dalhousie does in this three way rivalry. Needless to say, Dal will have to expect that both St. FX and UNB will give them a run for their money at AUAA's.

Hennigar says a tough conference will help prepare them for nationals.

"We're a lot better off being in a strong conference, if this team makes [CIAU's,] they'll be ready."

St. FX won the race and was boosted by the outstanding run by All-Canadian Lavinia Gough, who's time was 16 31 — a full minute ahead of the second place finisher on the 4.2 km course.

Tonya Knopp was Dal's top runner, placing 9th with a time of 17:38. She had an exceptional run for her first race of the year. "It was pretty good," said Knopp. "But, it's not really where I want to be."

Knopp has aspirations of finishing top seven at AUAA's and being named All-Conference. She is in her first year of Biomedical Engineering at Dal, but is entering her fifth year of eligibility, after competing in soccer and crosscountry at Memorial.

Amy Higgins, Dal co-captain, said the race was a positive start to

the season.

"We're pleased to have one race underneath our belts," said Higgins who placed 23rd. "It gives us something to work towards, at AU's."



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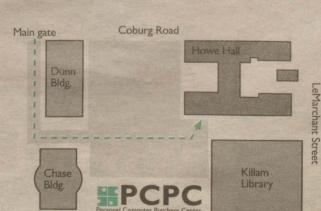
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