



Dalhousie University  
PHYSIOTHERAPY  
2006-2007





School of Ph  
LEVEL 4 - Rec  
LEVEL 3 - Labor

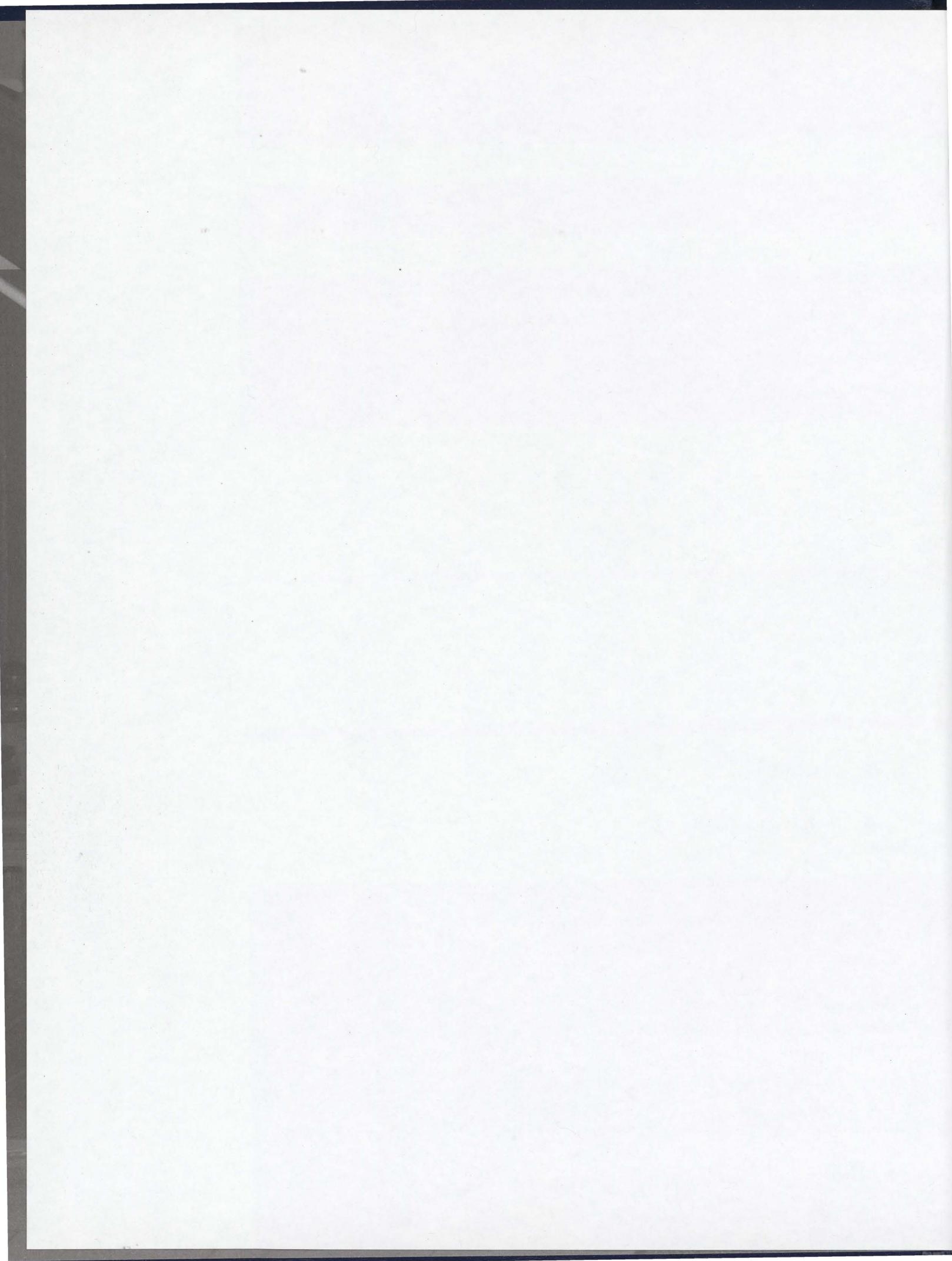
School of  
Occupational  
LEVEL 3 - Labor  
LEVEL 2 - Rec

DALHOUSIE UNIVERSITY  
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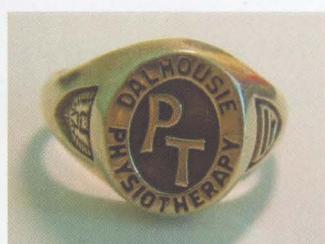




# DALHOUSIE SCHOOL OF PHYSIOTHERAPY

## YEARBOOK 2007

ARCY  
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D34  
2007



# *Letter from the Acting Director*

A yearbook is a special reminder of the life you all have shared while studying to become a physiotherapist. This year's book represents a unique period in the history of the Dalhousie School of Physiotherapy. In the following pages you will find stories of yourselves, senior students who are the final class of the B.Sc. (Physiotherapy) program along with the first class of the M.Sc. (Physiotherapy) program. And what a year it has been!

As Acting Director, I have overseen this transition year which had its challenges, but my lasting impression is of students, faculty and staff driven by an incredible Can-Do spirit that found solutions to foster the excellent learning environment we strive for.

Examples of our Vision Statement --

The School of Physiotherapy is a premier school for physiotherapists who excel in practice, research and professional matters. The School of Physiotherapy contributes to best practice standards and improves health care -- can be found all around the School:

"students are leaders in Dalhousie Student Organizations,

"student enrolment into the Canadian Physiotherapy Association is among the highest in the country,

"students actively participating in varsity and university sports,

"students wrote, choreographed, performed and WON For the Health of It!!

"preceptors in the Atlantic region, nationally and internationally welcome Dalhousie students to complete their clinical internships with them, indeed these experiences are pivotal in student development

"research projects conducted in the School and in collaboration with others outside the School are exploring important questions that will make a difference to physiotherapy practice;

"faculty have leadership roles in professional activities and health policy development at local and national levels

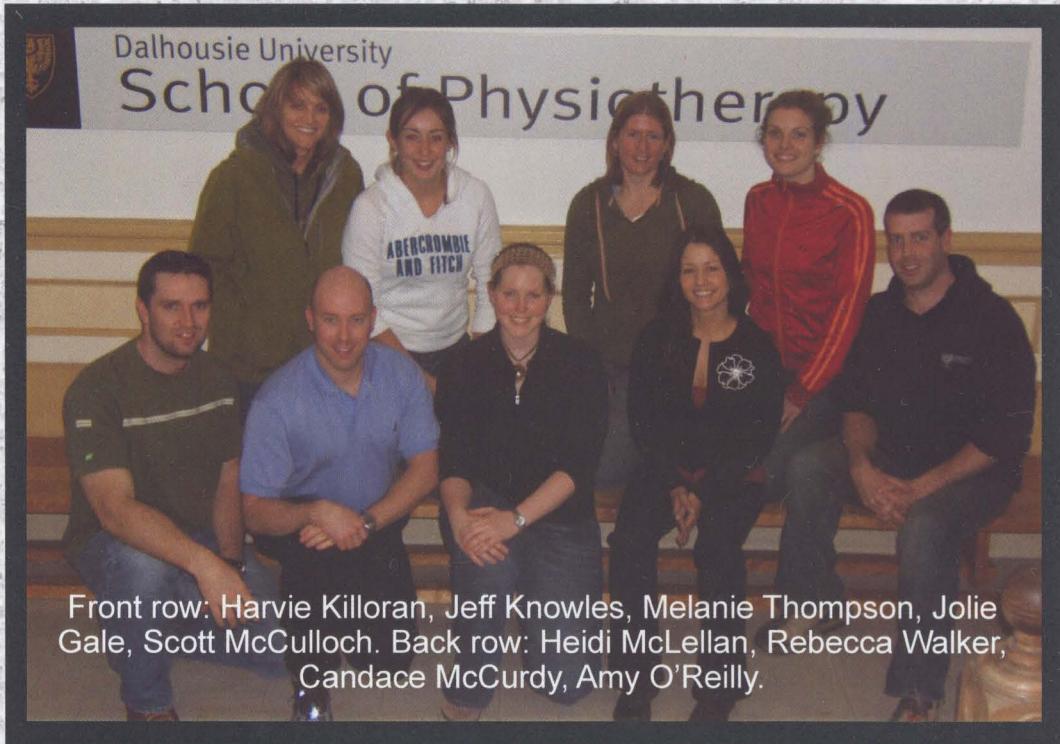
During the year that this book represents (2006/07) there have been so many changes to the profession that it is difficult to keep up. However, I feel confident that the preparation you have had at Dalhousie University will set you up well to continue to expand your knowledge, competence and influence within physiotherapy to improve health care for Canadians.

I congratulate all graduates; do not be strangers, as we are interested to know where you go and what you do. Welcome back to the others, one more year, and you'll be having your graduation plans to make.

Sincerely,

Katherine Harman, PT, Ph.D.  
Acting Director

# Dalhousie Physiotherapy Student Society



## Yearbook Committee



**309**

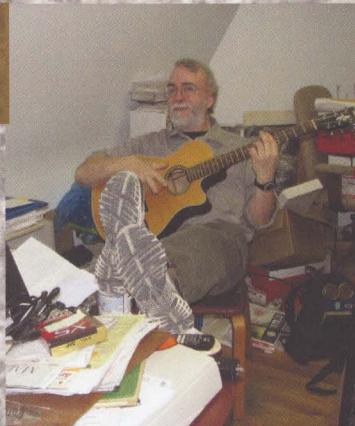
# Physiotherapy Teaching Lab

Remember, learning is a lifelong process. As physiotherapists we have a unique opportunity to learn hands on from the human body. The body has an innate intelligence; be open, be aware, and listen at all levels. Enjoy your journey!

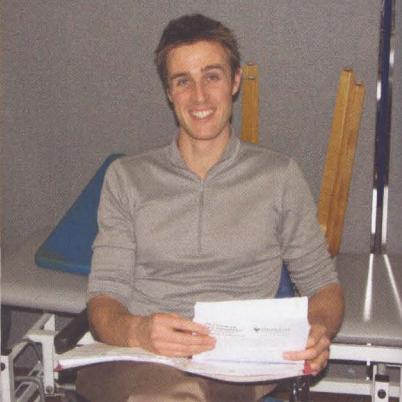
-Wendy Jardine



"alternative tunings rule!"  
- James Crouse



"When you become comfortable in your knowledge and stop asking 'why' - that is the day you have stopped doing good work"  
-Derek Rutherford

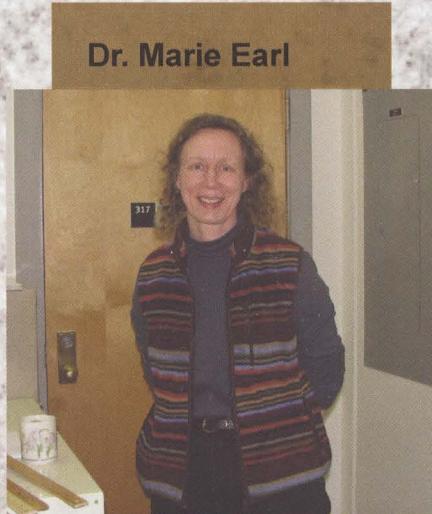


" and you thought that a moment was 60 seconds! All the best and I hope you enjoy all your moments as a physiotherapist!"  
-Dr. Cheryl Kozey



"There is no drug in current or prospective use that holds as much promise for sustained health as a lifetime program of physical exercise."  
(- Dr. W Bortz II)  
-Dr. Katherine Harm

"...and you can take THAT to the bank!" - Dr. Anne Fene



"Is it just me or is it really hot in here?"  
-Carolyn King



"I can't decide whether I'm a good example or a horrible warning..."  
-Dr. Gail Dechman



"...well...back in Q  
Saskatchewan..."  
-Cheryle Kelm



"Repeat after me,...  
'When I take  
students, I promise  
to take 2!'"  
-Gail Wainwright



"Stay committed  
or BE committed"  
-Nancy Walker



"the gait rite is good for inter-  
and intra- ...OH! Snowing!  
Out the window!...no...yes!  
Yes! Snowing out that window  
but still raining out that one!....  
where was I? I've lost it... -  
Gail Creaser



Please find (fill in the  
blank) in your mailbox.  
Complete (same) and  
return to me ASAP."  
Judith Hollett



"You never know  
When someone may catch  
a dream from you  
You never know when  
a little word or something  
you do may open up the  
windows of a mind that  
seeks the light the way you  
lived may not matter at all...  
But you never know - it  
might." (-Unknown)  
-Dr. Sandy Rennie

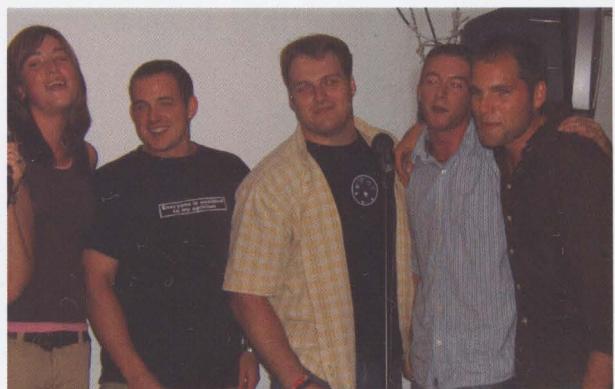
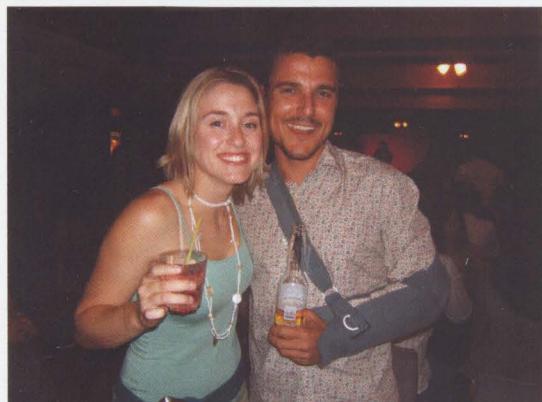
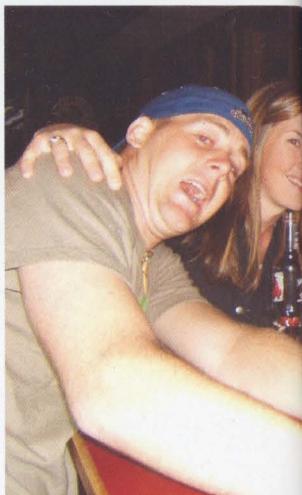


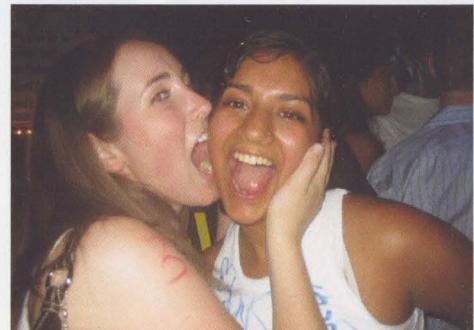
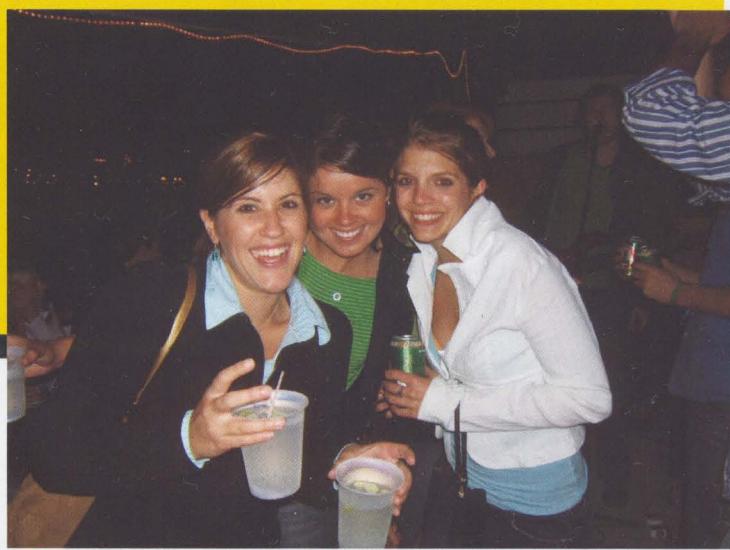
- Sarah Gordon



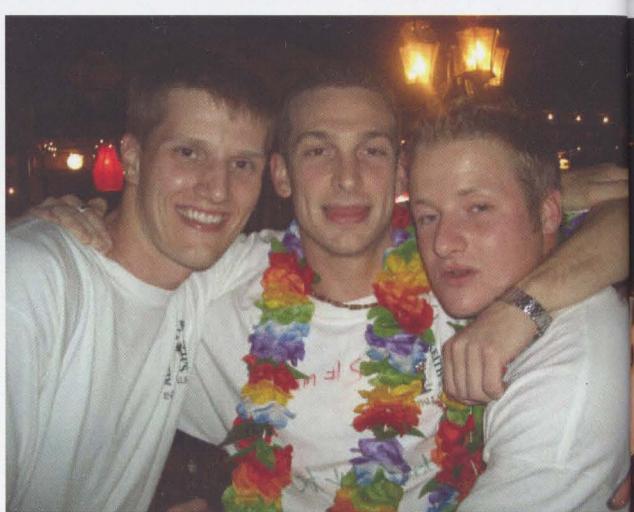
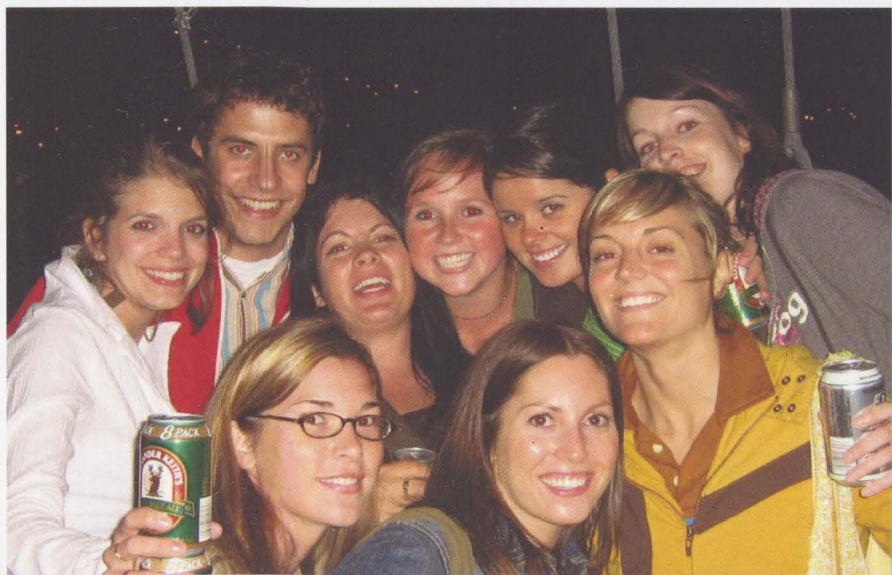
Dr. Marilyn MacKay-Lyons

# Orientation

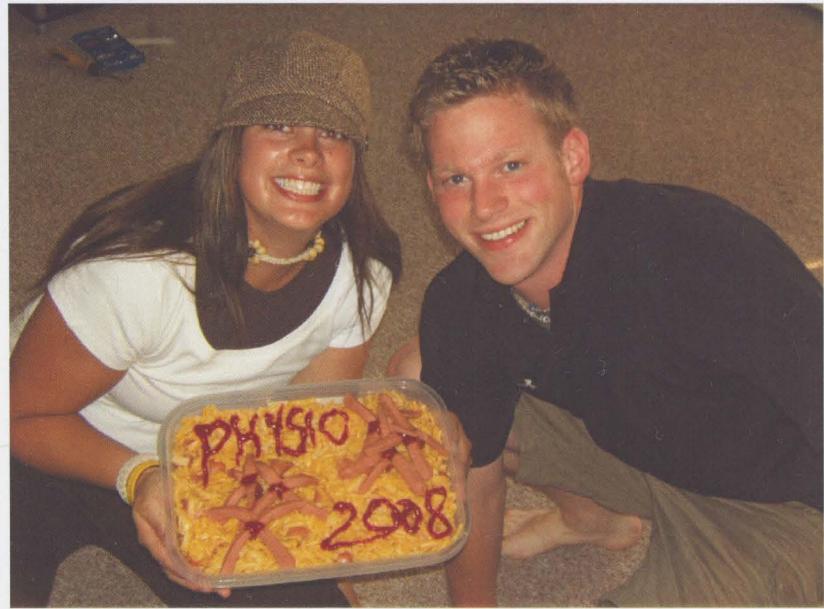




# *Physio Class 2008 ....*



# *Friends from the start.*

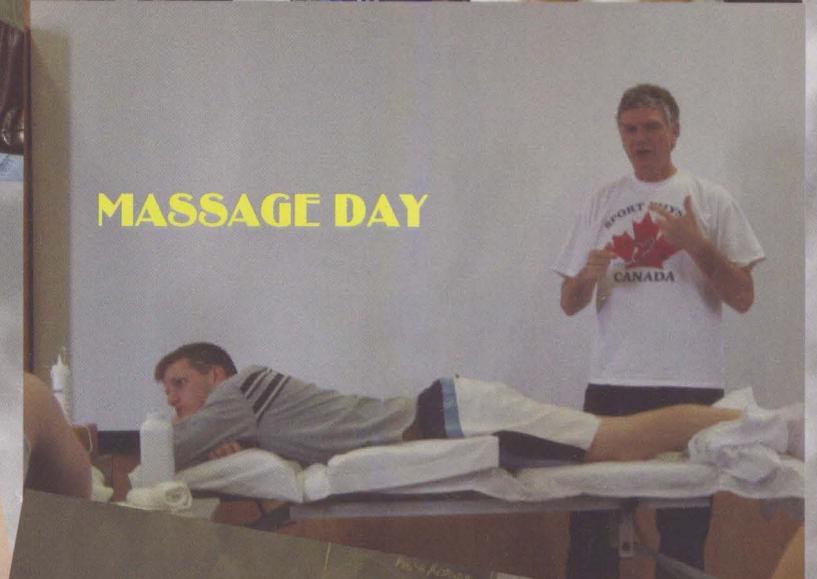
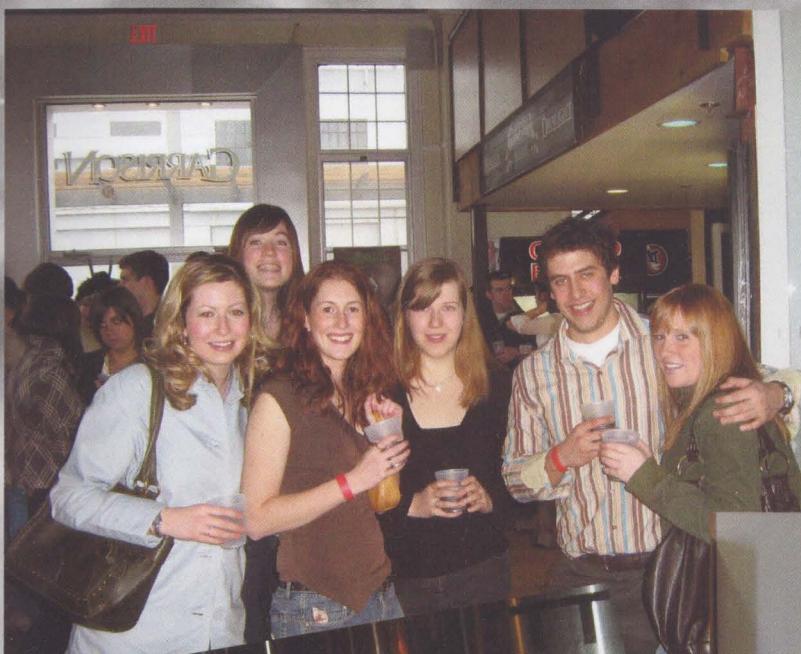


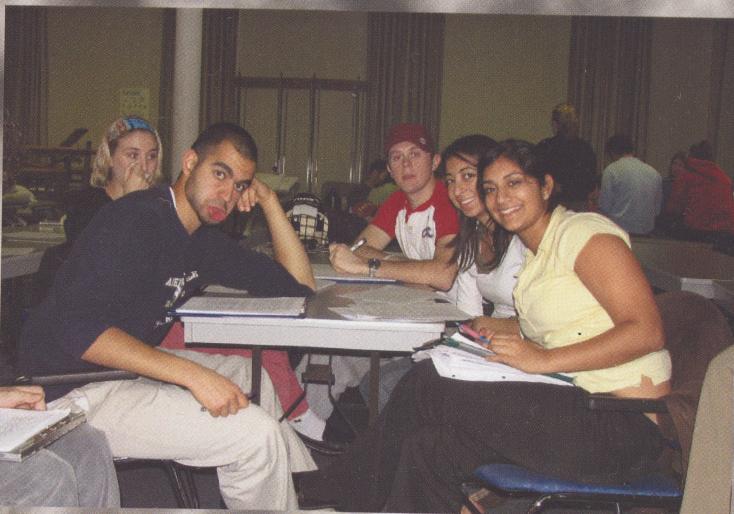
## BREWERY TOUR



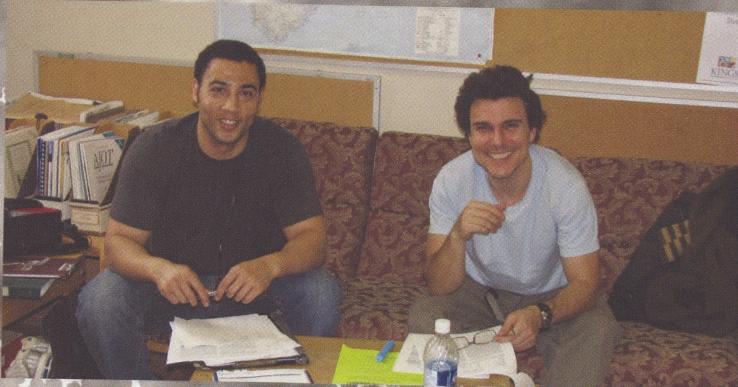
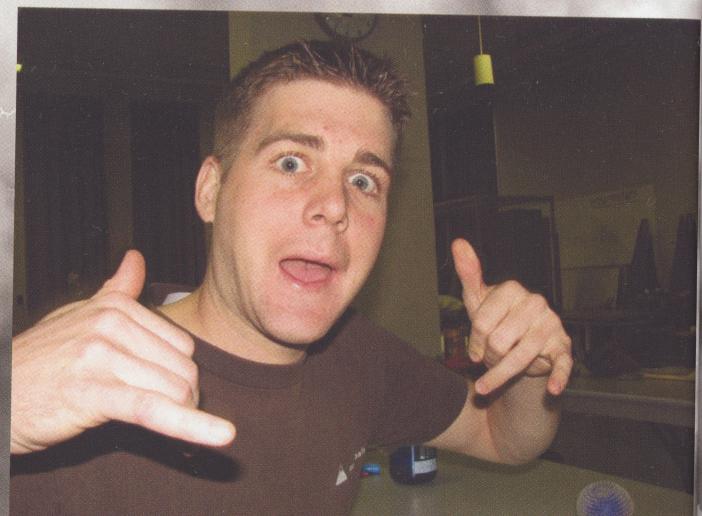
## PAEDS SKITS



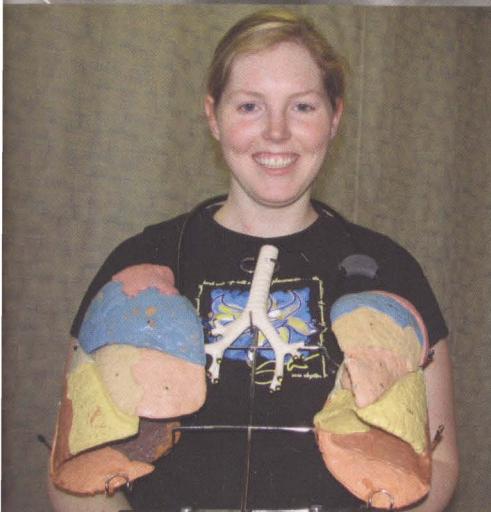




Labs, group work, clinical skills, g  
what physiotherapy school was m



Of course we can't forget about class sessions, site visits and actual clinical placements. These placements helped us develop into physiotherapists. Whether they were great....or not so great, placements helped us become what we are today and what we will be in the future.

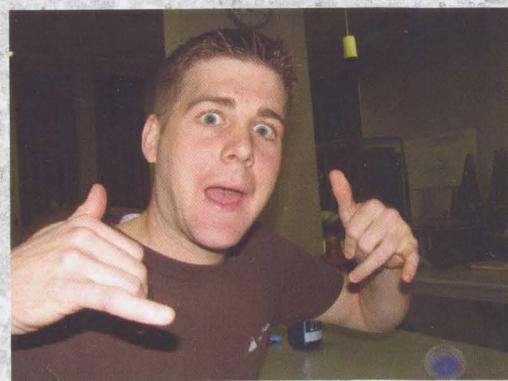
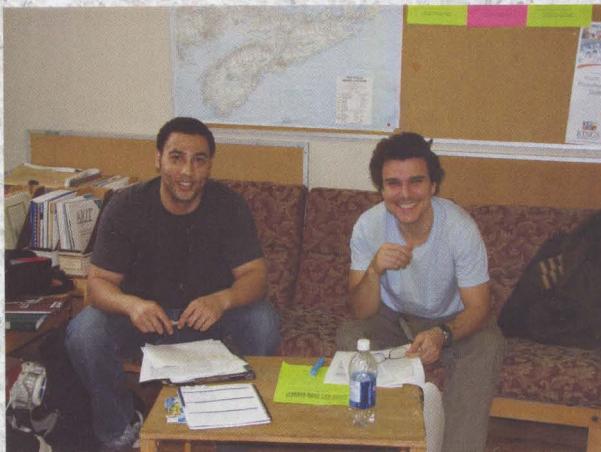
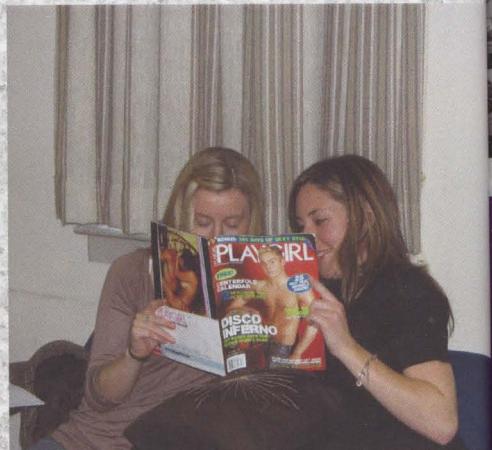


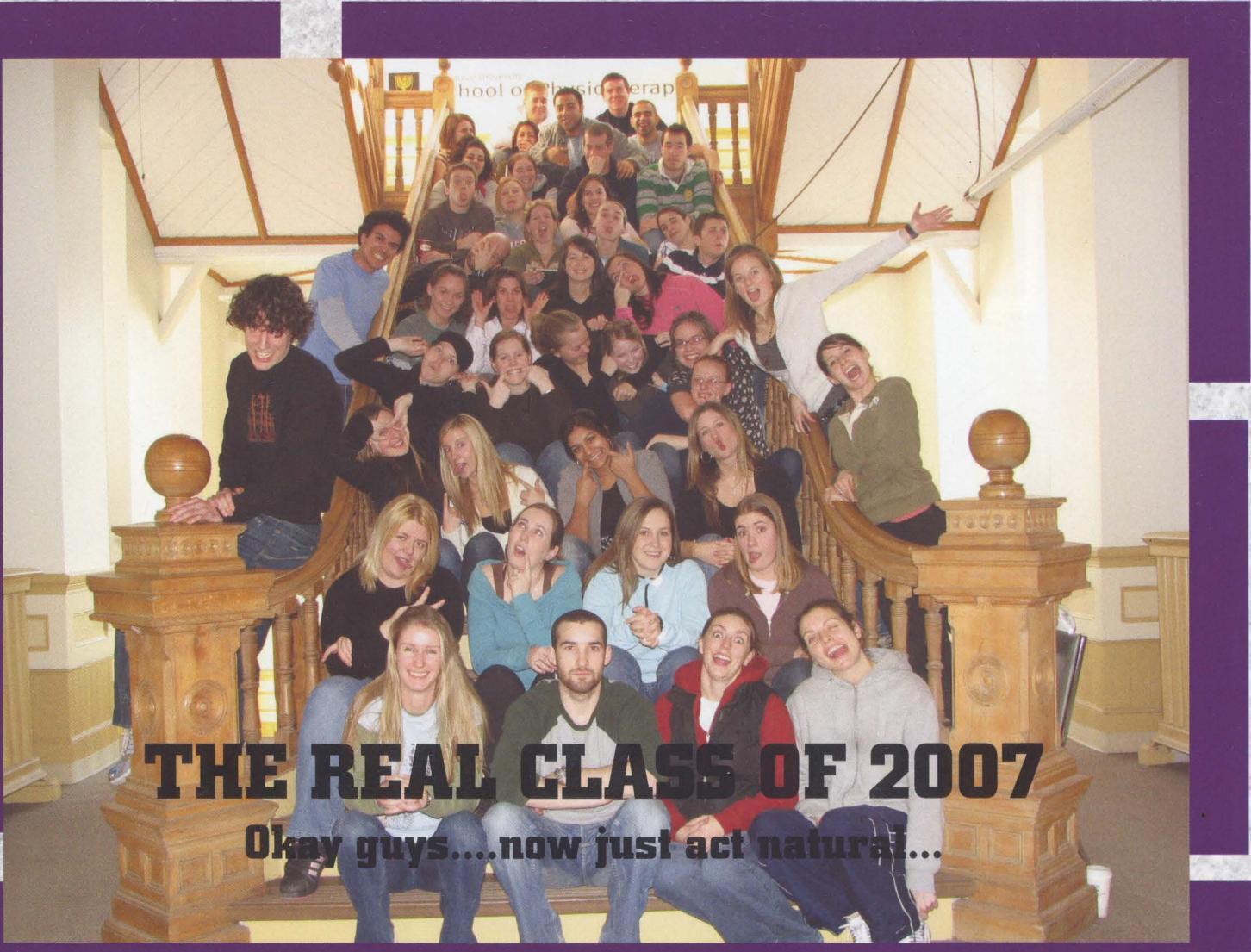
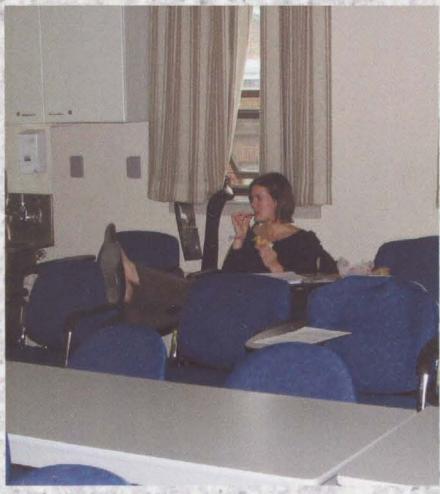
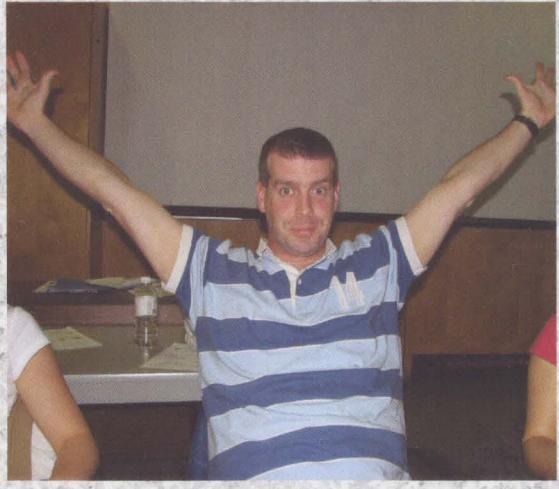
Guest speakers, practice, practice, practice....was  
mostly about.....



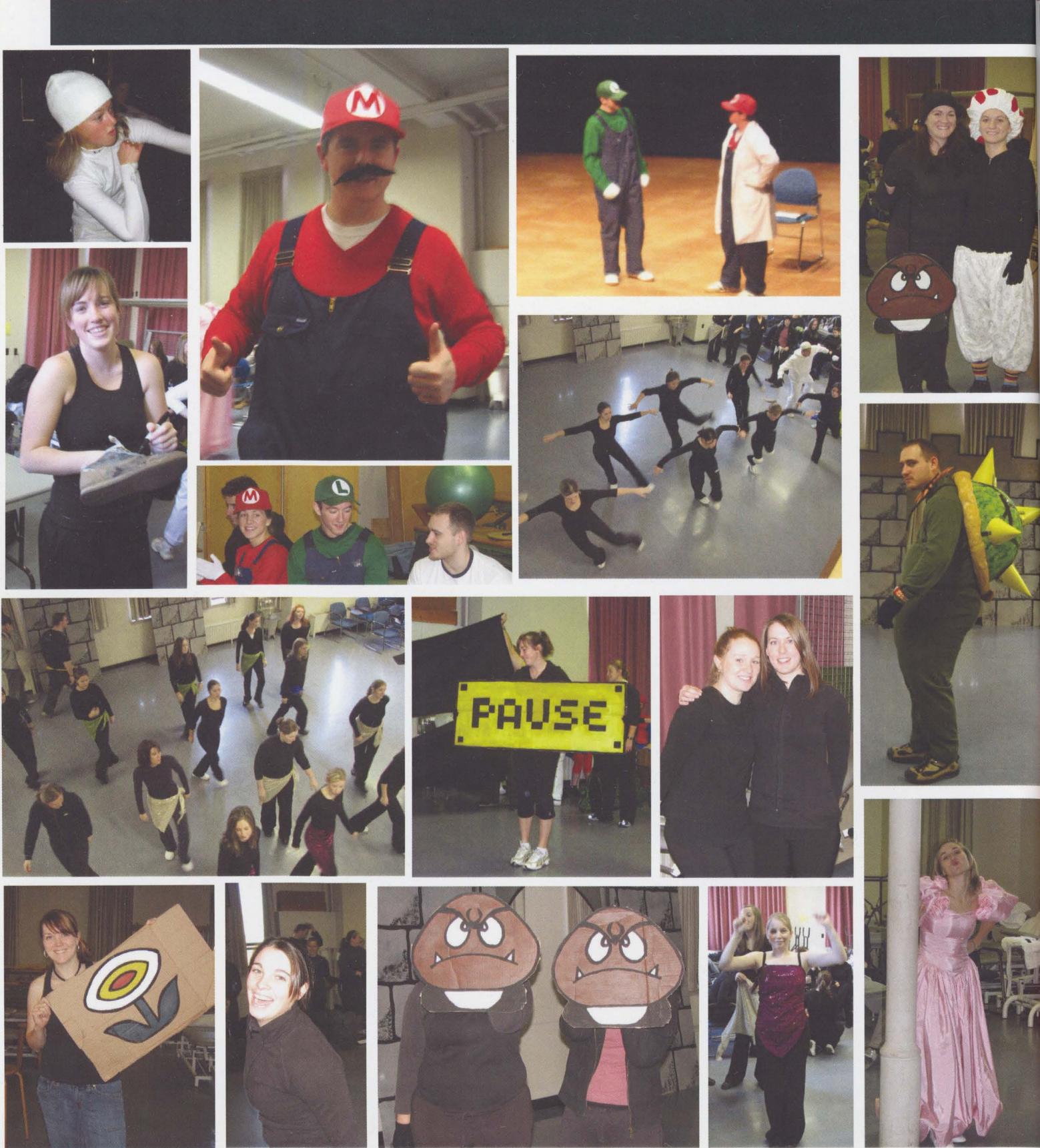


Three years have  
passed already!!! These  
past years have just  
flown by haven't they!





# FOR THE HEALTH OF IT !

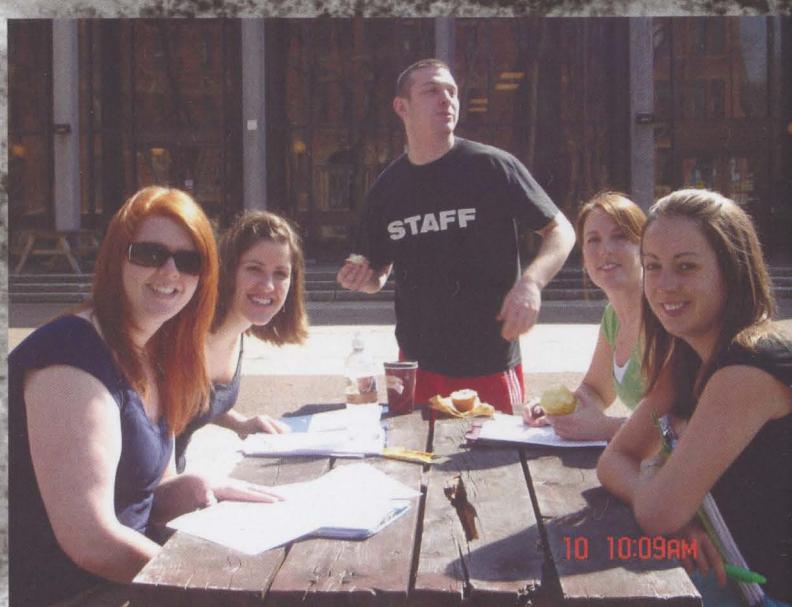
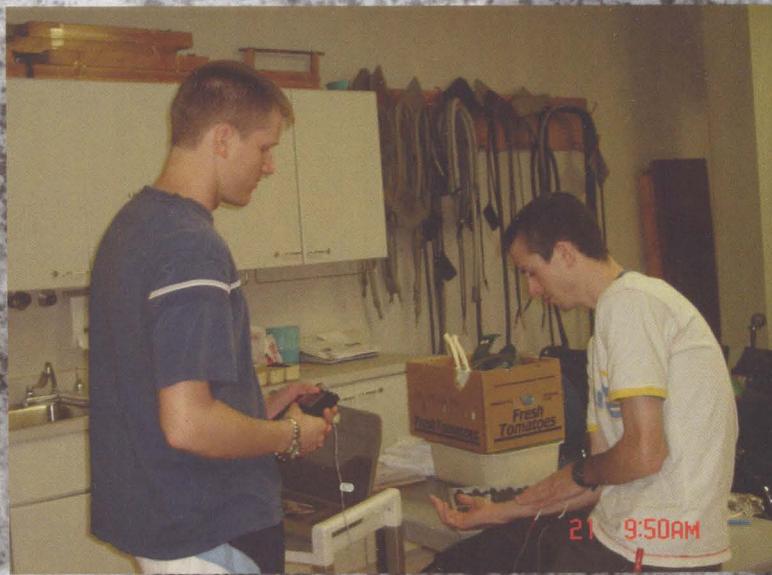
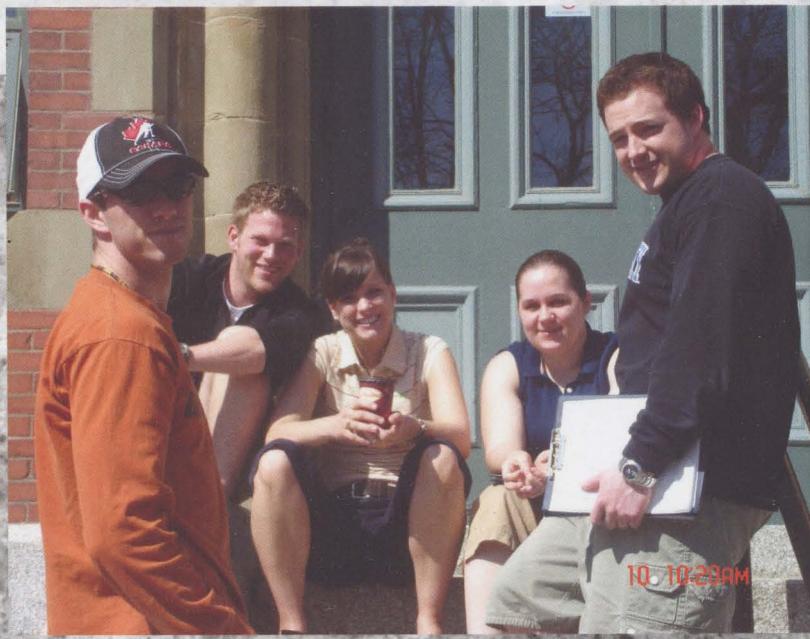




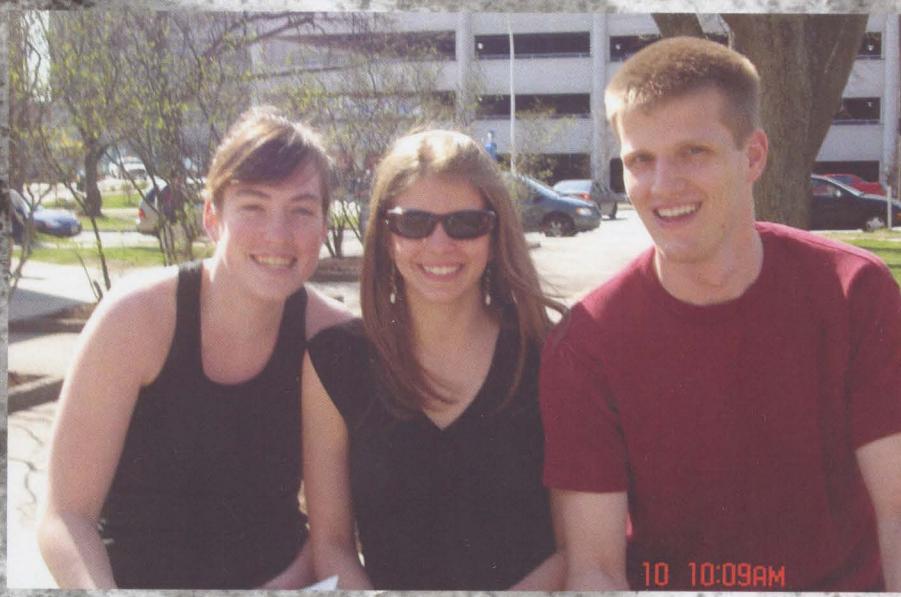
**BEST OVERALL SHOW, 2006...  
PHYSIOTHERAPY!!!!**



# WORKING HARD OR



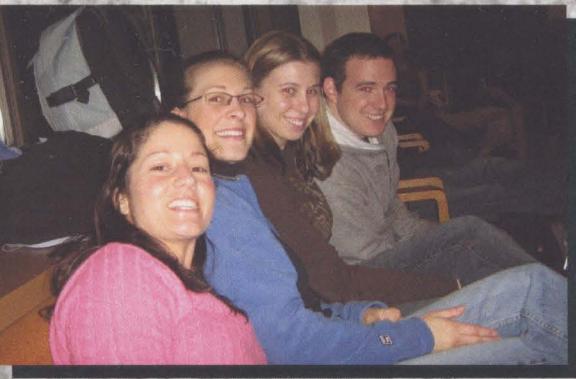
# HARDLY WORKING





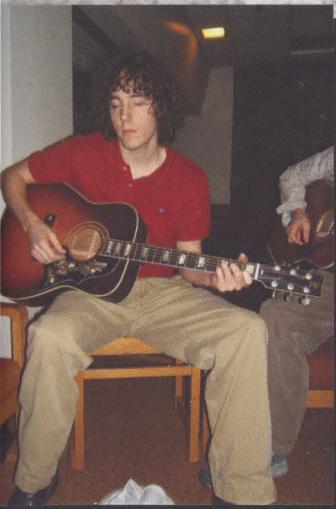
# CHRISTMAS POTLUCK

Every year the students of the school of physiotherapy organizes a potluck for all its students and staff.

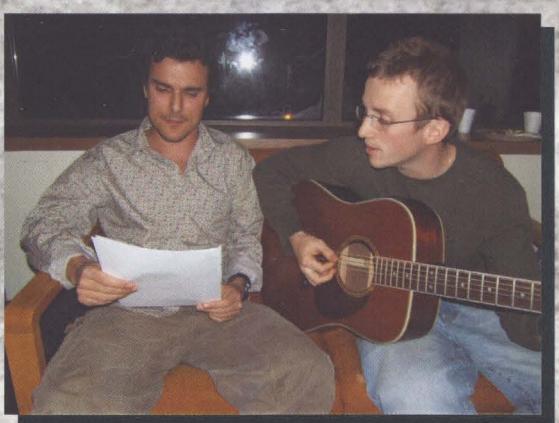


This dinner allows the secret santas to reveal themselves by giving a little present to the person which they picked out of a hat earlier that week.





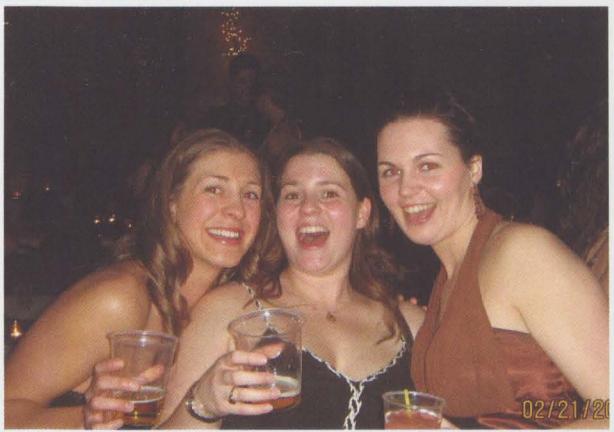
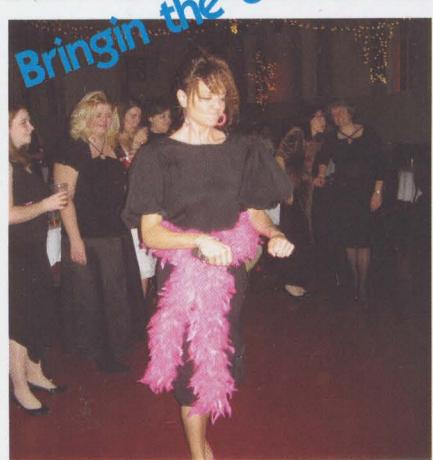
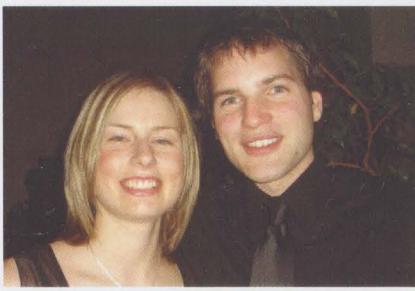
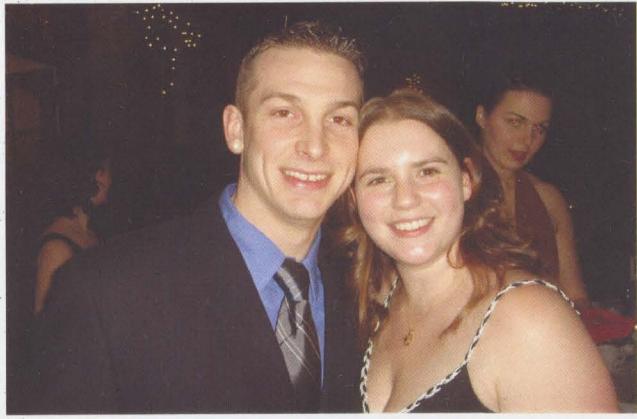
This year a christmas sweater contest was initiated which consisted of wearing the tackiest sweater you could find!!



After a good meal Jamie, Rob, Darren, entertained us by playing guitar and singing christmas carols. Lis also demonstrated her singing talent.



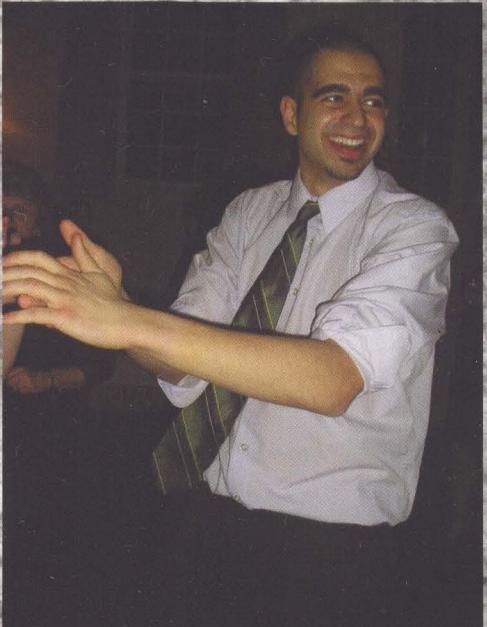
# *Physio Ball*



# *Class of 2008*



B  
A  
L  
L



We sure like  
to dance!





We dress  
casual in  
class but  
we sure  
can dress  
up!

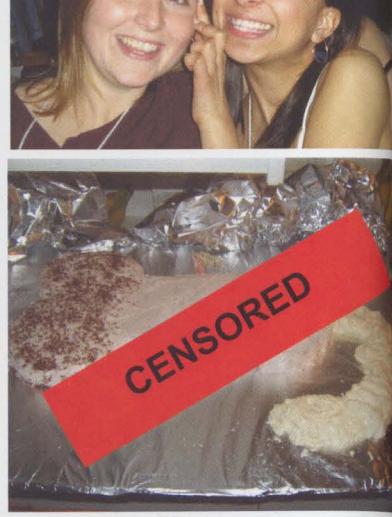
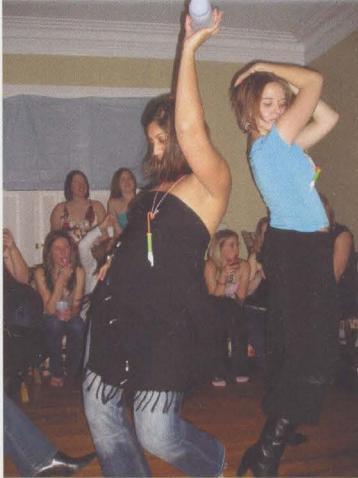
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# THE Bachelorette Party!!!!

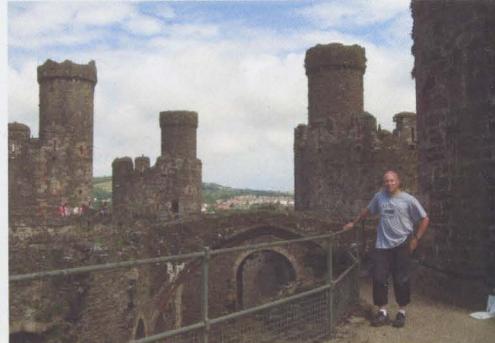
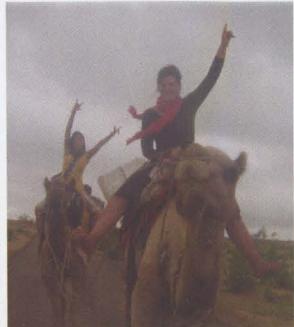
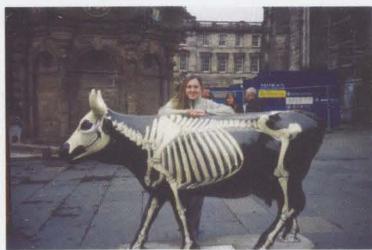
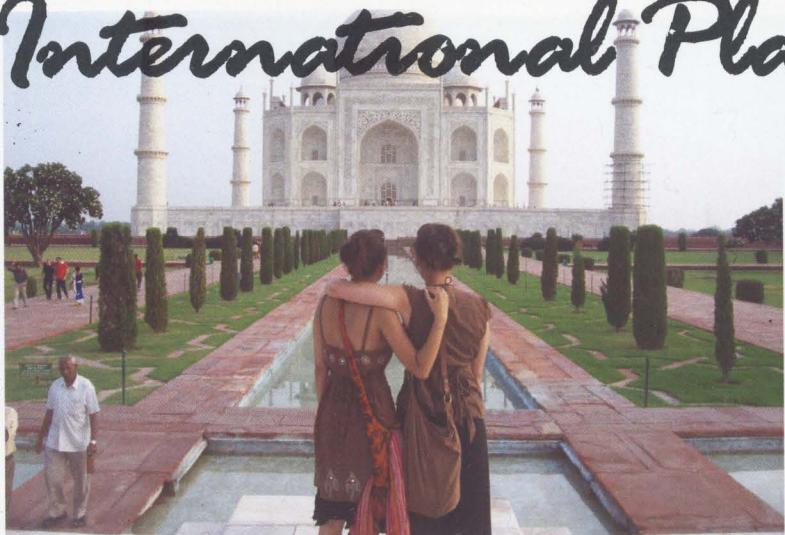


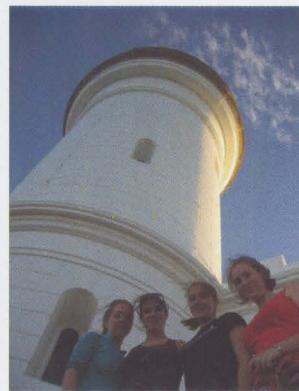
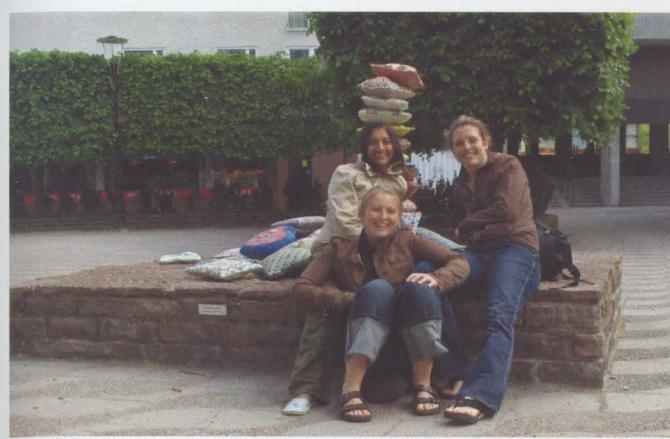
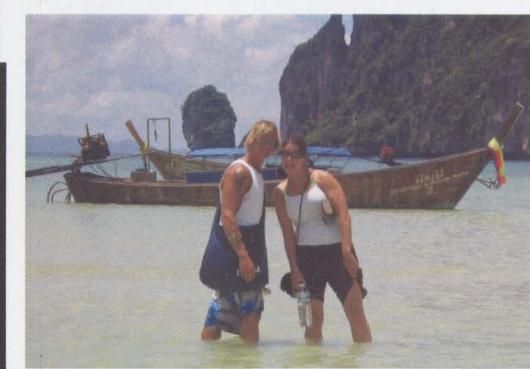
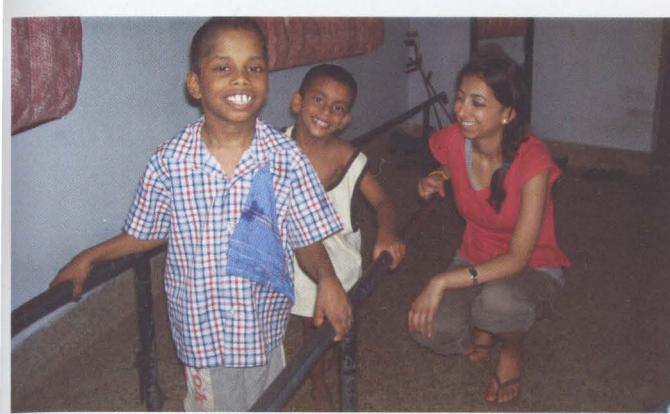
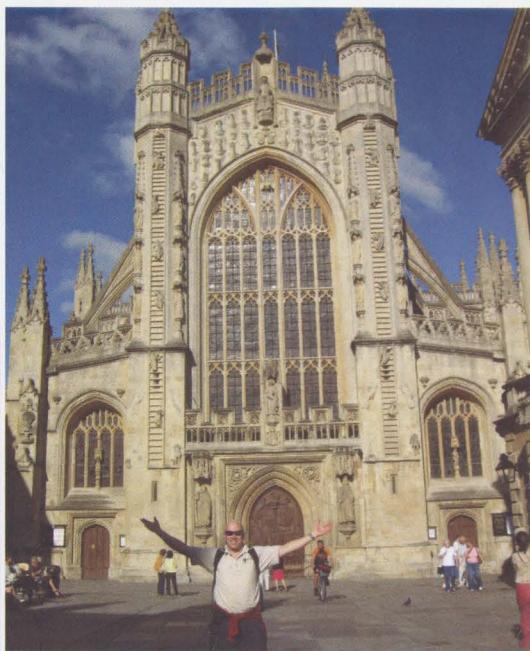




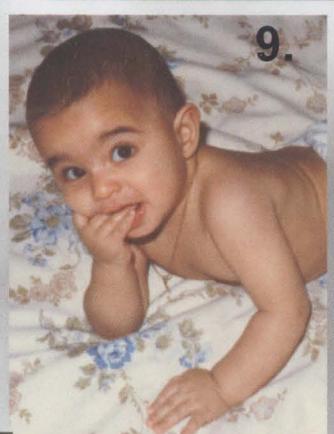


# International Placements





# Future Physiotherapists



1. Amy MacDougall 2. Elisabeth McLatchie 3. Melanie Sweeney 4. Lisa Michaud 5. Stephanie Isaacs 6. Jeff Knowles 7. Jan Boutilier 8. Julia Lomond 9. Yassir El-Tahan 10. Brandy Oliver 11. Josee Boulay 12. Christie Cameron 13. Lisa Campbell 14. Becky Purdy 15. Chris Morin 16. Christie Johnston 17. Jamie Bernatchez



1. Christine Boudreau 2. Sheila Spencer 3. Jodi MacPhail 4. Erin Shanahan 5. Melanie Thompson 6. Saba Chishti 7. Ben Bunin 8. Lauren Armstrong 9. Ryan Keeping 10. Tracy Rundle 11. Kyleigh Woods 12. Scott McCulloch 13. Aimee Roestenberg 14. Chris Murphy 15. Gilda Chisholm 16. Michelle Melanson 17. Steve Nicholle 18. Matt Sullivan 19. Melanie Fitzpatrick

## **Lauren Armstrong**

**Chester, NS**

This great girl is going to the big national capital city of Ottawa to practice her physio skills in a private practice. Known for her many questions in class and her soccer skills on the Dalturf during extra-mural, Lauren will be missed at get-togethers where she would be in the center of the crowd always having fun.



## **Christine Boudreau**

**New Maryland, NB**

Good work everyone! Potlucks, FTHOIs, orientation weeks and last exam parties were always very exciting to spend with all of you as you will see in this book. Hope you will enjoy your yearbook and best of luck in all of your adventures in the future! Je vous aime tous et a la prochaine!

## **Kimberley Barrett**

**Dominion, NS**

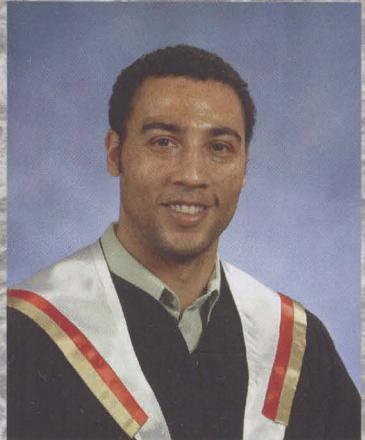
Calgary bound, Kim will be missed in class and especially on the Halifax concert scene where she could be found often during the weekends. Let's just hope that she doesn't return soon to a bat cave...we wouldn't want her to sprain her knee again!



## **Jan Boutilier**

**Halifax, NS**

Our little Martha won us over by baking her way into our hearts. When she's not in the kitchen Jan can be found in the tub drinking wine while daydreaming about having babies. Her caring nature will make her a great physio, but makes her an even better friend. We love our Jan Brady!



## **Dylan Baggott**

**Comox, BC**

*My fellow Brown Brother!  
Never forget the Hack!*

*Yassir*



## **Jamie Bernatchez**

**Valhousie, NB**

Jamie with a Football in his hands= bad things will happen.

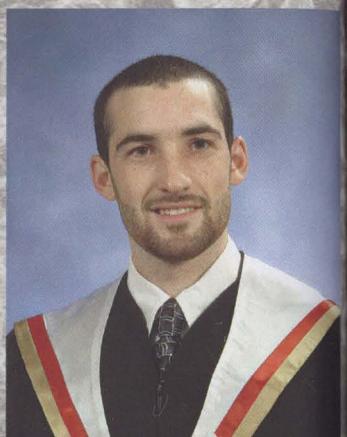
*Yassir*



## **Josée Boulay**

**Bouctouche, NB**

With a wildly contagious laugh and a genuinely amazing personality, Josée is great in every role-anatomy partner, travel companion, project member, party goer, athlete, shopper and MSNer! Her natural intelligence is admirable. Yeah, Yeah-she will never be forgotten! No, No-she will never be forgotten!



## **Ben Bunin**

**Frencheval, NS**

Besides being known for his good looks, his 13's, and the fact he can pull it all off in a pair of tights, Ben was most admired for his dedication towards school. Never once sleeping in or skipping class to play video games or the guitar. Best of luck in the future buddy.

## **Christie Cameron**

**Spry Bay, NS**

She'd rather be snowmobiling, or playing ball, napping with Nelix, but she was always focused and are 110%. Brains & beauty, ou showed 'em! While she was busy learning from the prof's, I was busy learning from her- u r gifted, girl. Just 1 more thing-how many speakers does 1 person need?



## **Lisa Campbell**

**Charlottetown, PEI**

So many things to say so little space! Lisa is known to be the positive energy in the class. Hacky sac, dancing, soccer, v-ball, gymnastic you name it this girl can do it all! She'll start her career in NS, but don't be surprised if she ends up back in Australia where she spent most of her '06 summer!

## **Silda Chisholm**

**Antigonish, NS**

It's a miracle this girl still has hair after all the stress-induced hair twirling. When not out dancing to the Boys Next Door or being pulled down the stairs after a night out (a broken heel = a long walk home), she can be found curling like a star. And always with a smile that's why we love her!



## **Saba Chishti**

**Charlottetown, NS**

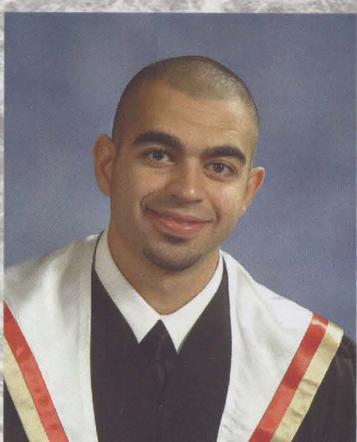
Saba Ristapackacelli Chishti will be remembered for her spunk! Always ready to join in & competitive to the core, this girl won't collect much dust wherever she goes! Saba leaves behind the FTHOI trophy and memories of her award winning dance moves that brought the house down... or at least the Pacifico table!



## **Jassir El-Tahan**

**St. John's, Nfld**

I will forever be Naked underneath my clothes



## **Melanie Fitzpatrick**

**New Glasgow, NS**

Three years have come and gone and it still feels like we just began. It has been a great time and the memories we have made will last forever. Thank-you to all my family and friends for supporting and helping me along the way. Good luck to everyone in the future!

## **Stephanie Issacs**

**Prospect, NS**

We made it! Thanks to everyone for making the past 3 years so memorable and best of luck to all of you. Mom and Dad, I could never have made it through without you, thank you for all your support, encouragement, and love. To the rest of my family and friends thanks for always being there when I needed U.



## **Sneha Jani**

**St. John's, Nfld**

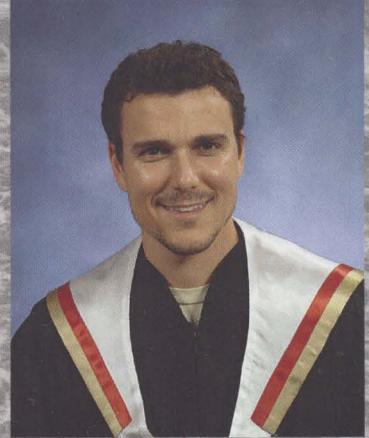
Miss Sneha Jani sadly left her homeland, India, to join PT007. She'll be remembered for her mad organizational skills and love of public speaking. Need your levator ani, I mean, longus colli strengthened? She's your girl! Sney will join Jodi in Labrador where they're sure to cause trouble.



### **Christie Johnson**

**New Glasgow, NS**

*Small but spunky! This little firecracker surprised us all at FTHOI '06 when she took the stage by storm with her wild highland dancing skills. Who knew feet could move that fast? Now Christie heads off to Digby for a hospital career & more dancing we're sure!!! Good luck in the future chick!!!*



### **Darren Kirk**

**Halifax, NS**

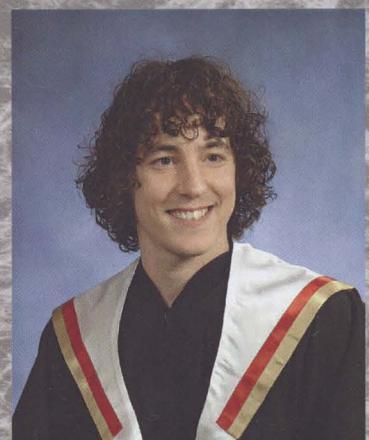
*Don't ever stop being "Dr. Kirk"*

*Yassir*

### **Julia Lemond**

**Gander, Nfld**

*Julia Goobie Caring, generous and thoughtful this gorgeous girl will be remembered for her creativity (FTHOI props director!), her kind heart, and her massive collection of homemade wine! Always up for a party, Hoolia now heads back to NL to be all grown up and professional. We'll miss you!!!*



### **Robert MacNeil**

**Stephenville, Nfld**

*Unforgettable to all who saw it, Rob made his acting debut as Kramer in FTHOI '05. And he's been Kramer to us ever since. One of the smartest, most modest guys in class (with the best hair), this instantly likeable guy and his wacky sense of humour will be greatly missed. Good luck with all you do Rob!*

### **Jodi MacPhail**

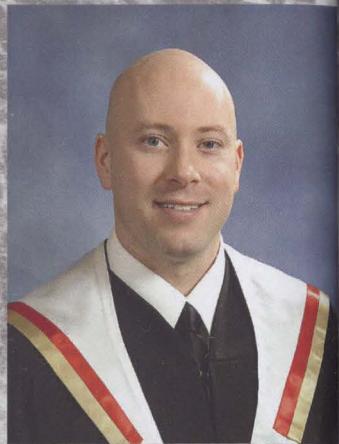
**Margaree, NS**

*The little lady from Margaree, Cape Breton travelled to Australia, India, and Nicaragua all within one year. When not backpacking the globe, Jodes could be found either sitting at the back of the class or rocking front row at Halifax's Split Crow!*

### **Ryan Keeping**

**Riverview, NB**

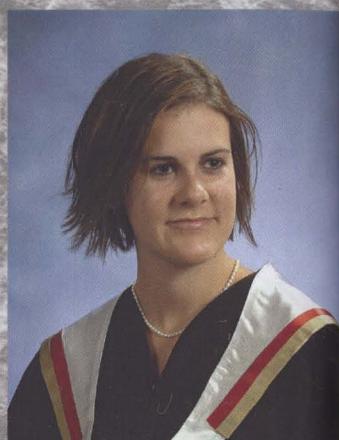
*Congratulations gang! We made it. It has been a roller coaster ride, covering the entire spectrum of emotions during these past three years. However, it's these shared experiences which brought us together. I extend my wishes of success and happiness to all of you in the coming years. Keep on keeping on.*



### **Amy MacDougall**

**Sydney, NS**

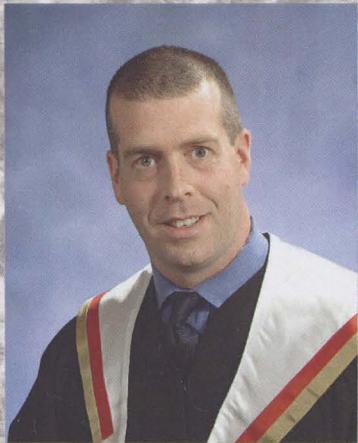
*This Big Mac doesn't come with fries but she sure can shake! If physio doesn't work out she can always fall back on dancing. She's a true Caper, always the first to get up when the Rankin's come on. Geographically confused, Amy wears flip flops even in the snow yet she still remains warm at heart.*



## **Scott McCulloch**

**Halifax, NS**

After 3 yrs of serious commitment involving 2 kids, a job and CPA, Scott has relocated to the Valley with his family. Starting out in private practice and quickly settling into the country life, they are all happy to have some down time, enjoy each other and all that they have been working so hard for!!



## **Candace McCurdy**

**Chester, NS**

CanCan took time off from her dull life of white water rafting, mountain climbing, kayaking, skiing and general thrill seeking to come to Dal PT and keep us in line. A hard workin girl with a heart of gold, Candace now heads out to conquer the world of orthopaedics. Thanks for everything girl!

## **Elisabeth McLatchie**

**Black's Harbour, NB**

You could always count on Lis for a hug to cheer you up! She's an amazing friend, crazy fast runner, and incredible singer! Lis will be remembered for her great personality and high energy in her FTHOI performances and in life. Lis goes back to her home province of NB to start her career.



## **Michelle Melanson**

**Moncton, NB**

Michelle will always have your back. From the figure skating championships, paragliding in Cuba, to those crazy physio pacifico nights its always been goodtimes with a great friend.



## **Lisa Michaud**

**Saint-Leonard, NB**

Full of 'tude & a heart of gold. Best dance partner ever. Step Aerobics-her nemesis, but she d' go-a testament of her friendship. Building biceps, walking to school-mmm, coffee. Lisa has spunk. Against all odds, she will persevere. French, beautiful, & smart- I hate people like that!



## **Christopher Morin**

**Saint-John, NB**

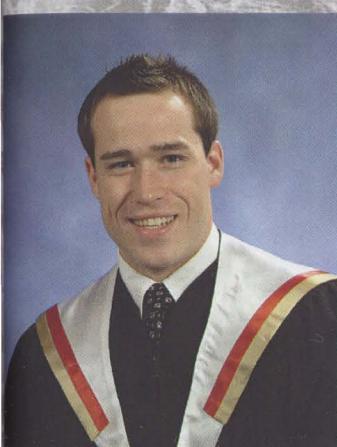
Chris "don't call me Christopher" (aka Alfie) will be remembered for his drafty dash down Spring Garden and the smelly bowling shoes proudly displayed in his apt. Known for his quotes (I'm all pennate) this easy-going guy now heads back to SJ to make the big bucks and marry cutey-pie Staicy.



## **Christopher Murphy**

**Charlottetown, PEI**

Chris will be remembered most for doing the little things. He always reminded you of how good you looked, recommended grinding lessons, and offered you to join him on naked Tuesday or even something as simple as keeping the safeties on. He always knew the right thing to do to brighten someone's day.



## **Stephen Nicholle**

**Halifax, NS**

Always up for a good time, Steve-O will be remembered for his parties, his bar-connections, and his wild hair. On the first day of school, Steve proclaimed that when he was done school, he wanted to move to Fiji and just surf everyday!" Good luck with that Steve!



## **Brandy Oliver**

**Le Grand Terre, Nfld**

Man where to start... the most awesome person ever, personality of gold, a little social butterfly, party goer, moral supporter and a best friend! Lets not forget her pretty smile, her stunning eyes and to top it all off she's the brainiest hottie you'll ever meet. Uh! I think we're missing something!!!



## **Amy O'Reilly**

**Freshwater, Nfld**

Always in trackpants, a hoodie and a ponytail, we knew it was a special day when Amy O' wore jeans. When not at the Dalplex coaching ball, Amy was planning the best PT pubcrawl the school has seen! Amy heads back to the Rock for a bit before exploring every nook and cranny of the world. Good luck Amy!

## **Becky Purdy**

**Turol, NS**

This night owl can be found at the movie theatres on any given night. If she's not eating a full bag of candy it's a kids pack upsized, her sweet tooth is matched only by the size of her heart. Becky's a loyal friend, and more importantly the undefeated Foose & Booze champion, for that we are proud.



## **Aimee Roestenberg**

**Paradise, Nfld**

Slower than cold molasses, little Aimee is famous for her exceptionally long stories that don't tell you anything but certainly make you laugh. Don't be fooled by her innocent appearance - she is brutally honest and an accomplished #!@\* disturber that's why we love her.



## **Tracy Rundle**

**Pictou, NS**

As likely to be at her anatomy texts as at a rodeo (The Pogue) chatting up a cowboy on the weekends, it's only fitting that she's taken a job in Medicine Hat, AB where there will be plenty of cowboys to tend to. This sincere girl will make a great PT, mother, and partner to lucky ppl who cross her path.



## **Erin Shanahan**

**Slace Bay, NS**

What a great Caper! She's an individual who definitely practices what we preach and always finds time to relax with a glass (or glasses) of red wine or to have a night out with the girls. She will also be remembered for her dance moves with FTHOI! Gonna miss this girl when she moves to the West!



## **Sheila Spencer**

**Kensington, PEI**

Sheila-Bo-Beila: a dear friend to many of the class of 2007. She is an individual who is always there to rely on if needed (unless she was home to celebrate Albert Day)! She will most certainly be remembered for all her hard work in co-directing the PT Mario Bros. FTHOI act that WON the show!

## **Marilena Stavrinou**

**Larnaca, Cyprus**

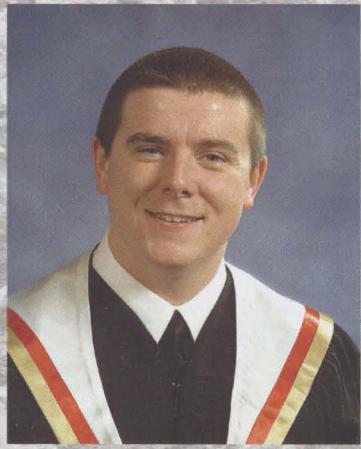
Marilena, Cuba's most popular Greek import, was the only true international student of the PT 2007 graduating class. When not dancing it up Latin style, she could be found studying and attempting to improve her English. The class of 2007 eagerly awaits invitations to her Big Fat Greek Wedding. OPA!



## **Matthew Sullivan**

**Labrador City, Nfld.**

*It is hard to believe it has been 3 years already. I can honestly say they have been some of the best years of my life. My school years may be behind me but the great friends and memories have made will last a lifetime. Thanks to my family and friends for their support. Best of luck to everyone in the future!*



## **Melanie Sweeney**

**Yarmouth, NS**

*What can you say about Mel Sweeney? With Mia by her side, she was always up for a good time. You could be sure she would meet you with her comforting smile, always ready to give 110%. Good luck in Yarmouth Mel, we'll miss you tons!*



## **Gillian Hatfield**

**Yarmouth, NS**

*Gill's the full meal deal: in fact, call her any day of the week and she knows the meal deal at McDonald's! Gill is Animal lover, Professional Student, and Wearer of Heart on Sleeve. Never boastful of her many accomplishments, Gill speaks her mind and for that deserves respect. Go Prof. Hatfield!*

## **Melanie Thompson**

**Moncton, NB**

*Mel T spends her time at the YMCA, the AIMS program and preparing meetings for the DPTSS but always has time to socialize with her friends and teaching her roommates how to make good guacamole! Her big caring heart will surely be missed as she heads to Ottawa to start her PT career!*

## **Kyleigh Woods**

**Bathurst, NB**

*Over the last 3 years we've all had a lot of laughs mixed with a lot of time spent cooped up in the library. Over all it was a great time and I would not change it for anything else. Thanks to all my family and friends who helped me get through. Good luck in the future to everyone!*



## **Tyson Sheaves**

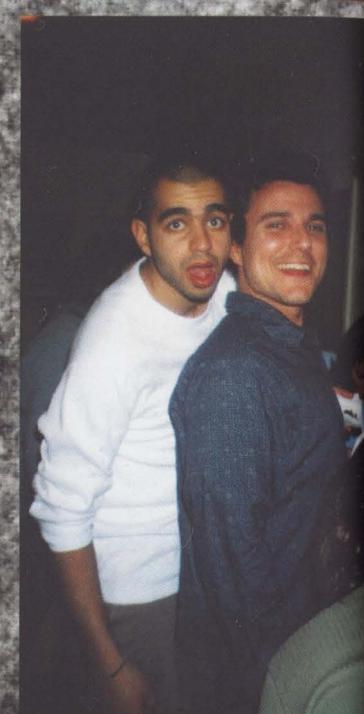
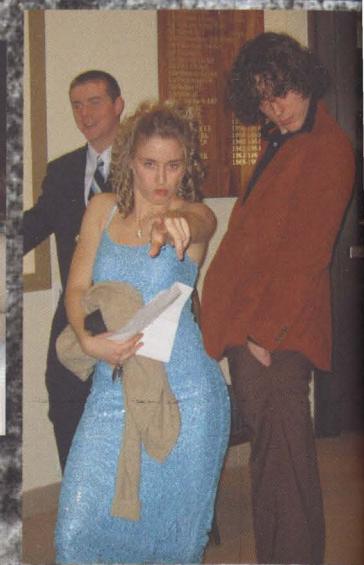
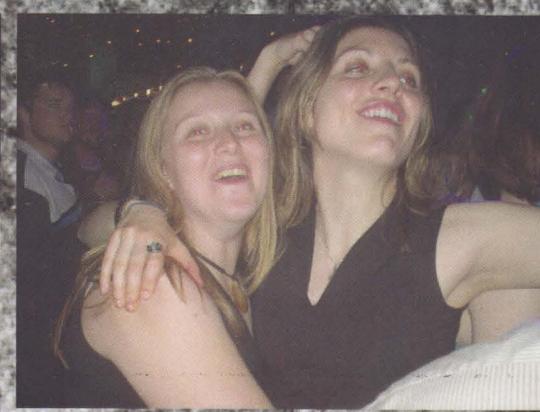
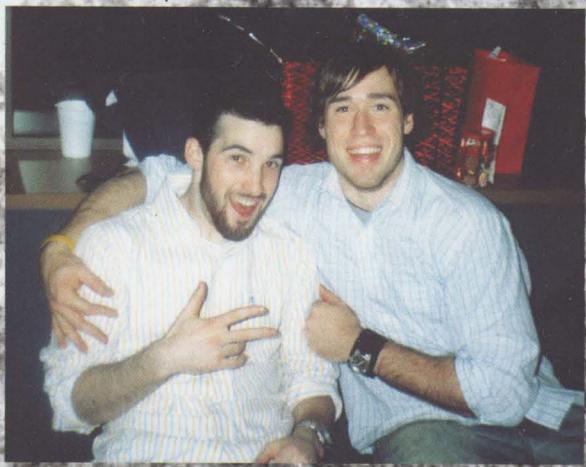
**Channel, Nfld**

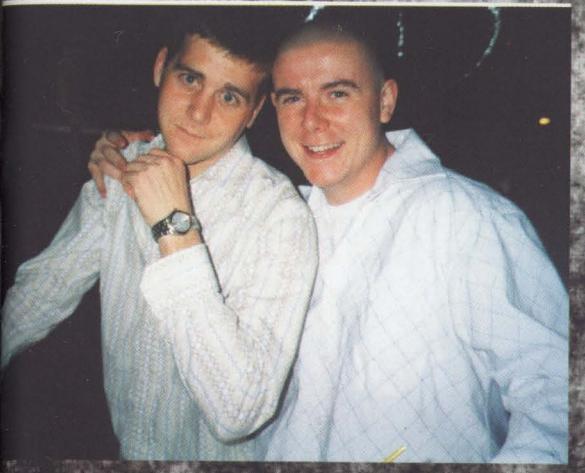
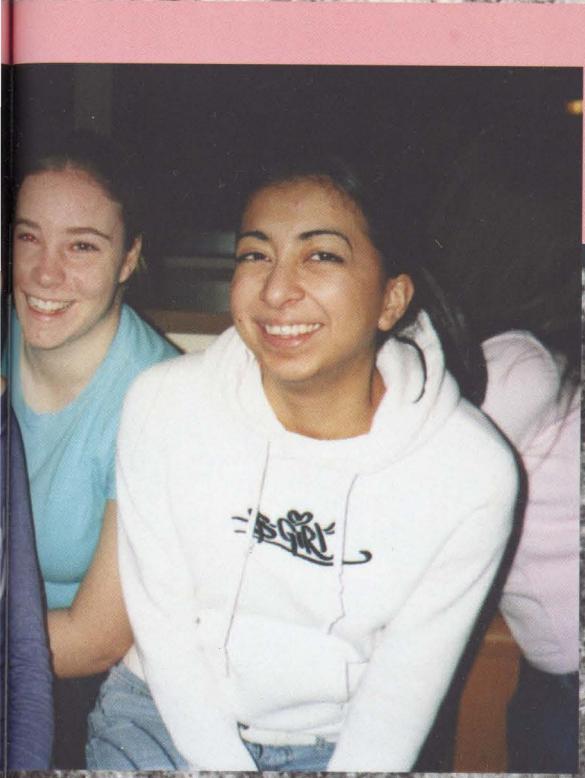
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# PAST TWO YEARS

## *Graduating Class*





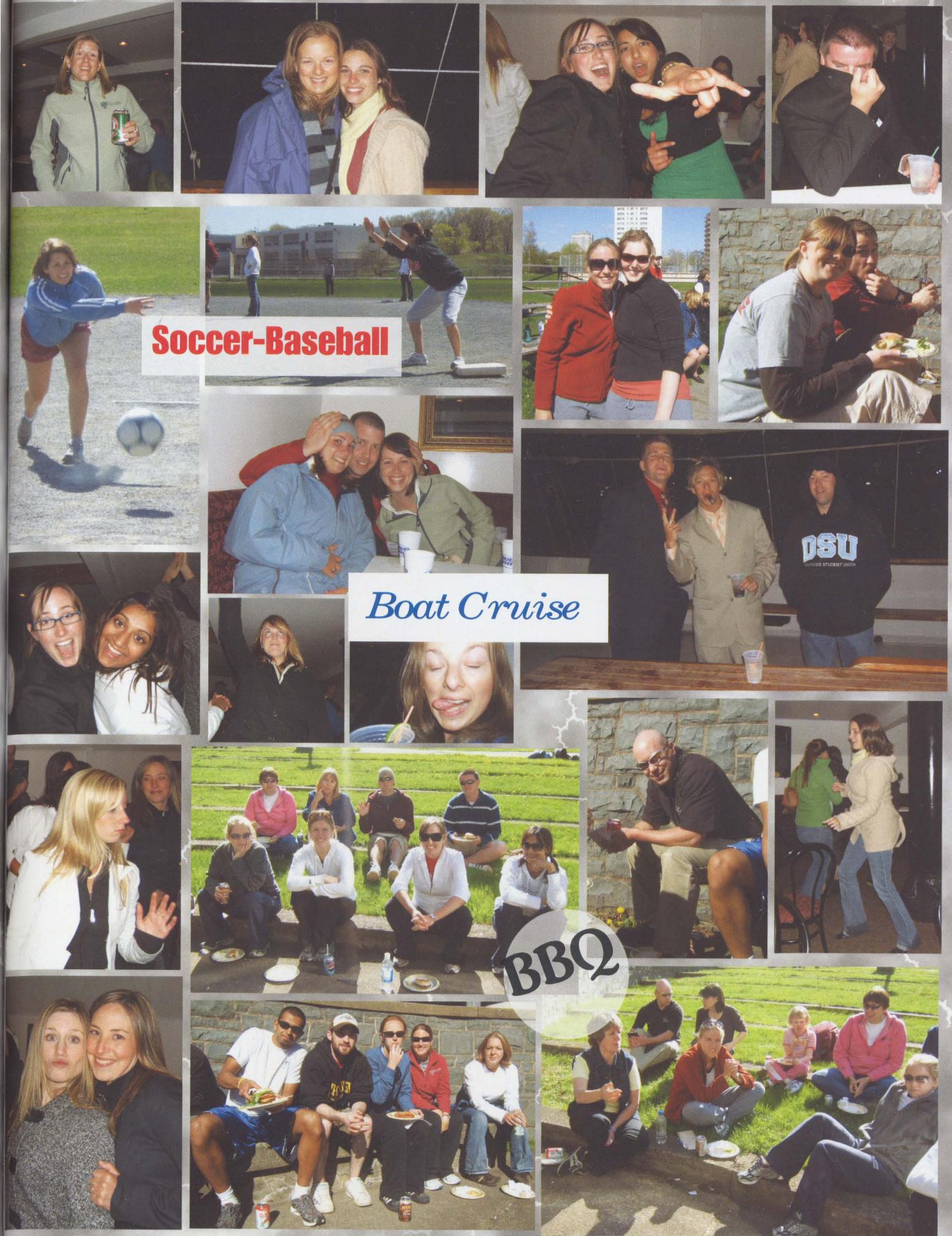


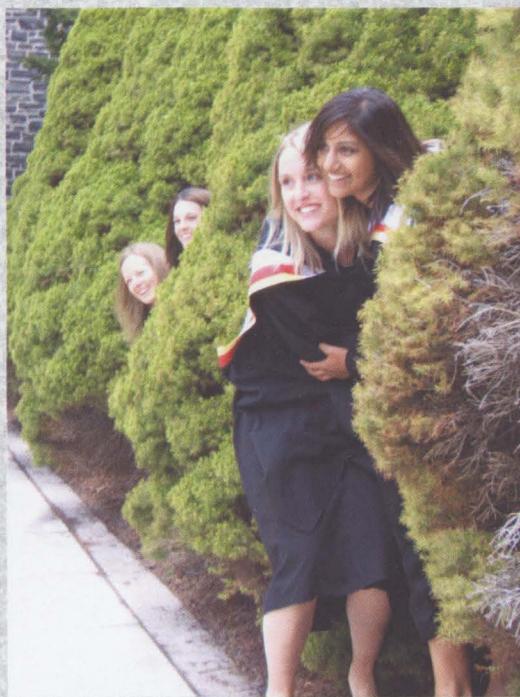
## Grad Week



A few more activities with our classmates and profs before we put on our gowns and walk accross that stage to receive our well deserved diplomas.







# convocation 2007

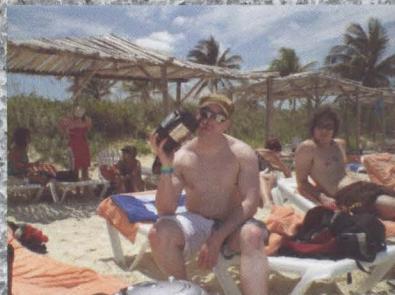


Good Luck  
Everyone!!!!

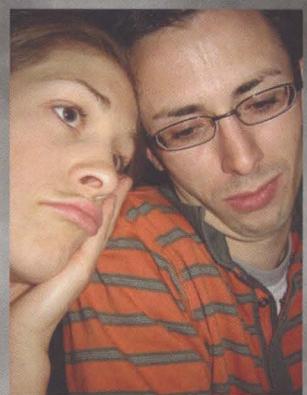


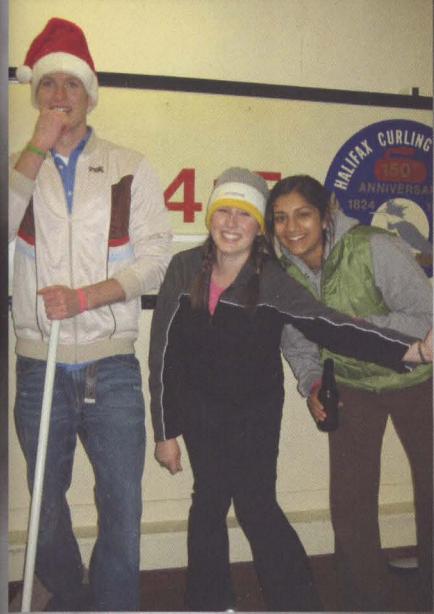
# GRAD TRIP

2007









# Remember When...

QUOTES, SLIP-UPS, AND  
MISHAPS

Rob MacNeil said, during clinical skills lab to his standardized client:  
"OK, I'm going to grab you from behind now"

Jeff brought a couple dozen cheeseburgers to Sulli's keg party

We kayaked down Candace's stairs

Jamie said during the acupuncture course:  
"One, Two Chi!"

Chris Morin (while working on Ex Phys) exclaimed out loud, "I don't like the penis"

Keeping beat Dr. Kozey at bowling and yelled "WHADDYA THINK OF ME NOW CHERYL!!!! WE'RE NOT IN SCHOOL ANY MORE CHERYL!!!!!"

Dr. Kozey: "Why aren't you doing the question Ryan?"  
Ryan: "Because the question is crap!"

Jamie and Darren always said:  
"Just think about it...."

Dylan said, during debates: "Just because it's the WHO doesn't make it all right!"

Lis said, "Yeah I had Gilda for my... Christmas...Daddies...thing... whatever (Secret Santa)

Lauren said, "Buffalo? Aren't they extinct? Oh no wait, that's Bison."

Saba danced SO hard, she managed to smash the table and cash register at the door at Pacifico...and then ran away!!!

A certain someone streaked down Spring Garden Road during a PMS party!!

**Dylan knew NO ONE'S name!!**

Dylan: "His name is Rob"

Sheila: "No, that's Ben"

Dylan: "YES! But he answers to Rob!"

..... "and her name is Shneeshnaw!"

(it was Sneha)

The chalkboard in 309 read, "I'd rather be home wacking off" Carolyn King said, "Me too"

Kyleigh said, while working on debates, "but if you go last, then I don't get to refute your buttal!"

Jamie broke the huge light fixture on 3rd floor by the stairs...with a football....after being told not to play football in the hallways....ps. the lights still aren't fixed

Josee fell ALL the way down the stairs at Sulli's keg party at the end of 2nd year!

Carolyn said, "Everybody look at your chin"  
Dylan replied, "I can't" (while trying!)

You had to 'palpate' in your classmates butt crack to landmark the sciatic acupuncture point!!

Lis said, "Have you ever been so hungover that when you're lying on your couch, you feel like you're in the middle of the ocean?.....

Saba said to Chris Morin in Anatomy Lab: "Oh, you guys have a girl?"  
Chris said: "No Saba, that's his ass"

Jeff said: "actually, the female gonads are significantly larger than the male's..."  
Ryan said: "Speak for yourself!!"

Erin said, to previous grads: "How long did it take to get your load up?....I mean your PATIENT load!!!!"

# I Will Miss...

Being able to come back late from vacation

Taking naps during the day

Gail Creaser's cookies

Judith's hats

Mike Sangster's pep-talks

GW bringing us food and water between stations at the CCE, and reminding us to BREATH!!!

Kyleigh-isms during presentations:  
'badder', 'cardio-respiratorily', and  
'totally good!'

Great pros

Being able to use the excuse "I need a treat" as a reason to leave the Tupper for 2 hours at a time...

Tupper Bake Sales

Playing hacky sac

Nancy Walker's treats that magically appear when we are studying/practicing

Gail Creaser's little sayings and sound effects,

# I Will Not Miss...

I will not miss Marie Earl's studies or extensive description of the research!

PT Matters

Tupper Library

Class decision-making (or the attempts...)

Feeling guilty for taking the elevator

Watching/hearing certain someones sleep all class

Having to force feed myself coffee to make it through the day...

Clinical skills labs on Friday afternoons (or wait, EVENINGS!)

Having a KABILLION exams in an 8 day period...

That 'feeling' before the CCE

Papers, assignments, exams, quizzes, practicals, labs, critiques, reviews, lectures, presentations,.....

3 hour classes

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All the Best!!

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Congratulations to the grads of 2007



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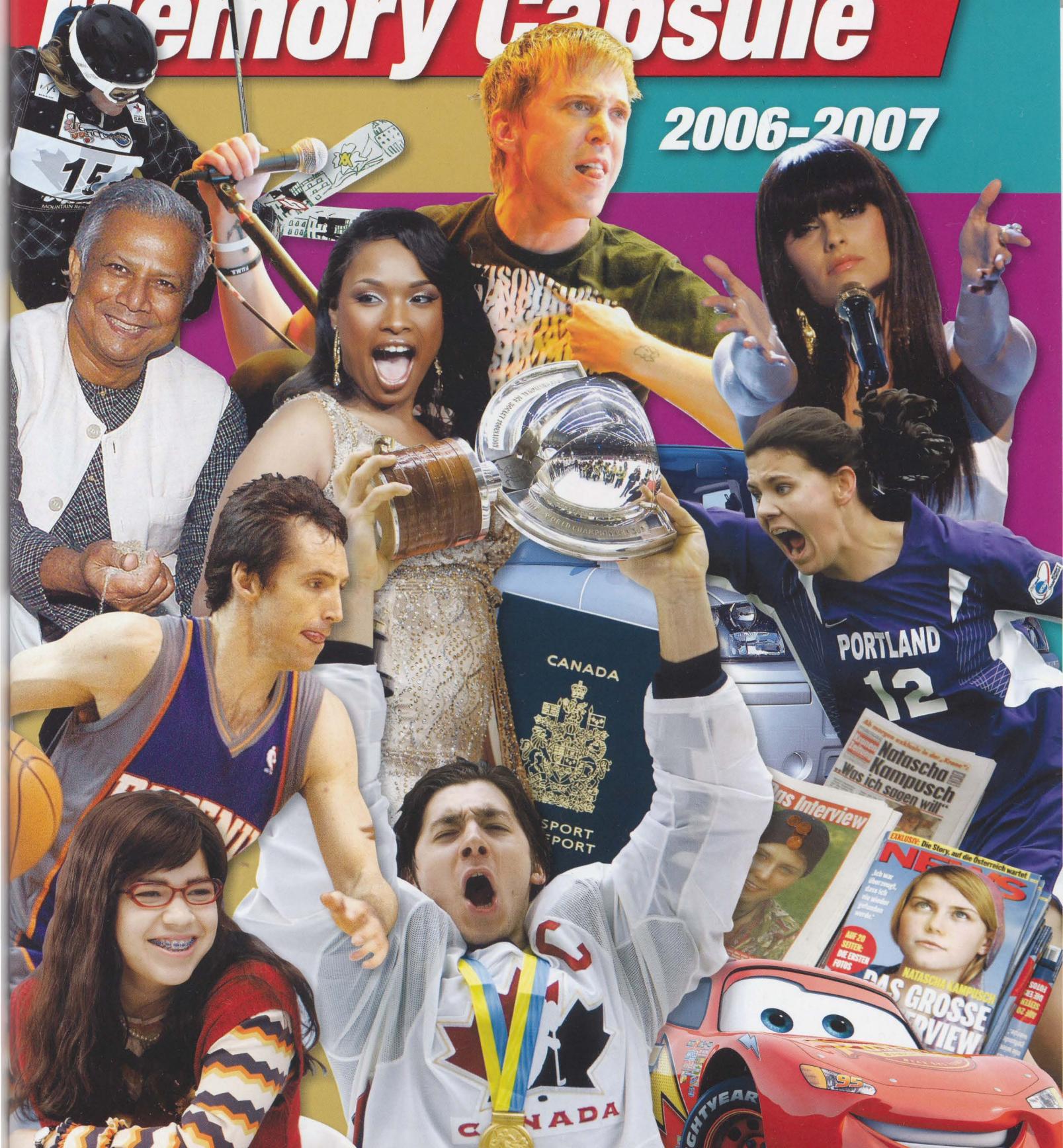
# The Canadian



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# Memory Capsule

2006-2007



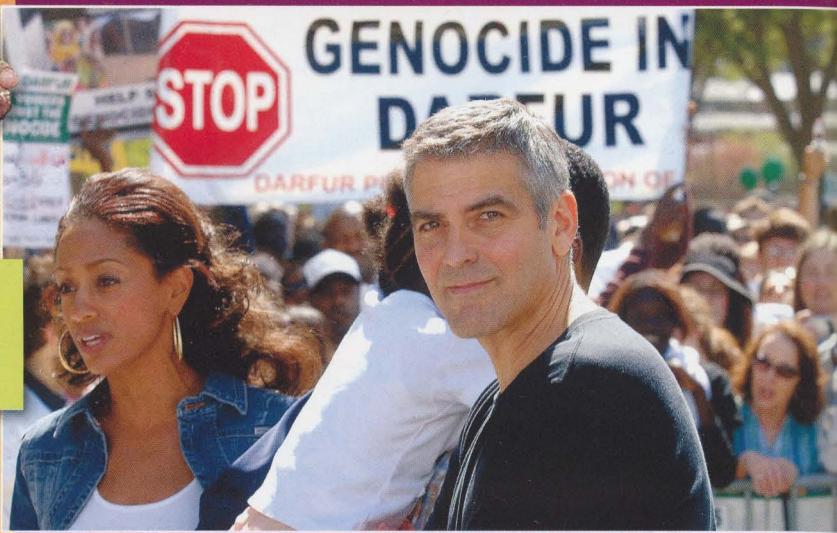


# World

▲ **SMALL BILLS PRODUCE BIG CHANGE.** Bangladeshi economist Muhammad Yunus was awarded a Nobel Peace Prize for his pioneering strategy of bankrolling poor people to enable them to start small businesses. Microcredit financing helps the poor to access loans without a down payment. The Grameen Bank was founded by Yunus in 1976 with \$27. It now boasts 6.6 million borrowers in 70,000 Bangladeshi villages. The average loan is \$227, and 97 per cent of the borrowers are women. (Kent Gilbert/AP)



▲ **IRAQ TEETERS.** While the trial and execution of former dictator Saddam Hussein should have been a sign of progress in Iraq, the steady flow of bad news continued. More than 60,000 Iraqi civilians are estimated to have died since the U.S. invaded in March 2003. And there was growing evidence that the country is spiraling into utter chaos, with car bombings, brutal death squads and mounting casualties a daily occurrence. The unrest has forced millions to flee their homes. The UN estimates there are 1.8 million internally displaced people and 2 million more who have left Iraq. Prime Minister Nuri al-Maliki has pledged to disband Shia and Sunni militias that have been fueling the violence and to restore basic government services. (Bruno Klein-Abaca Press/MCT)



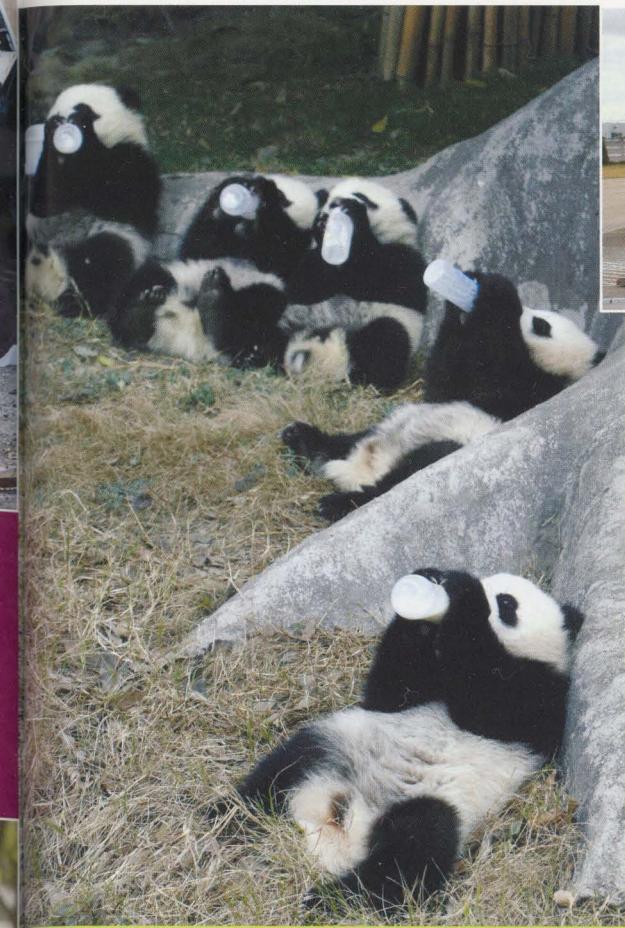
▲ **SPOTLIGHT ON DARFUR.** The United Nations renewed efforts to revive the stalled peace process in the war-torn Darfur region of Sudan. More than 200,000 people have been killed and at least two million others displaced since 2003 largely because of fighting between government forces, militias and rebel groups.

Almost 4 million people are dependent on humanitarian aid, but unstable conditions have led to the withdrawal of many relief workers. Meanwhile actor George Clooney uses star power to keep the world's attention focused on the crisis. He has traveled to the war-ravaged region, where he describes the situation as "ethnic cleansing," and produced a documentary of the horrors he saw. He has also lobbied China, Egypt and the UN for action to halt the violence. (Timothy Smith-U.S. Navy/KRT)



◀ **THE SUMMER WAR.** On July 12 the Lebanese militant group Hezbollah kidnapped two Israeli soldiers. Israel responded with a military assault to defeat the Shia organization. While Hezbollah launched hundreds of deadly missiles into Israel, that country flattened swathes of southern Lebanon and Beirut. Trapped international civilians, including 15,000 Canadians, fled Lebanon by ship. After 34 days, a shaky ceasefire was imposed but more than 1,000 civilians were dead, Hezbollah had survived and the two Israeli soldiers were still missing.

(Paul Assaker/MCT)



▲ PANDA PERFECTION. Eighteen panda cubs left their mothers and moved into a kindergarten at China's Wolong Nature Reserve in February. Aged between five and seven months, the endangered animals will be raised together until their first birthday when some could leave their outdoor school to join the estimated 1,600 pandas still found in the wild. (AP)



▲ SEE-THROUGH LUGGAGE. After the British government announced last August they'd foiled a plot to use liquid explosives to bomb a transatlantic flight, passengers around the world learned to cram "anything liquid or cream" into transparent ziplock bags. Immediately after the warning, authorities wouldn't even permit paper and pencils in airplane cabins, though they did make one exception—J.K. Rowling was allowed onboard clutching her unfinished manuscript for *Harry Potter and the Deathly Hallows*.

(Jonathan Buckmaster-Express Syndication/MCT)



▲ YOUNG, ROYAL AND HUNKY. With a murmured "I love the uniform...it's so sexy," Kate Middleton admired boyfriend Prince William as he graduated from Britain's Sandhurst military academy in December. The future king of England will spend time in all three services before starting royal duties. However, younger brother Prince Harry (right, with William and father Prince Charles) is making the army his career, with Iraq his first foreign tour. (NPA Rota-Express Syndication/KRT)

▼ FREE AT LAST. During the eight years of her confinement, largely in a windowless room under a house in Strasshof, Austria, Natascha Kampusch waited for an opportunity to run. On Aug. 23 the moment arrived when kidnapper Wolfgang Priklopil left her alone to get the phone. After reuniting with her joyful family, relatives and Austria that "they don't have to worry about where I am anymore." (Ronald Zak/AP)



▲ KING OF CROCS. The khaki-clad Crocodile Hunter from Down Under had a life-long love affair with animals and the natural world. And his enthusiasm was contagious. Fans of Steve Irwin's TV shows never tired of his buzzword "Crikey!" or his tendency to ham it up for the camera. Irwin, 44 and the father of two, was killed when a stingray's barb pierced his heart while he was filming off Australia's Great Barrier Reef.

(Bob Pepping)





◀ **STANDING IN LINE.** Passport applications skyrocketed after the U.S. started demanding the documents from everyone flying into their country. Delays of up to five weeks were reported for the blue document. One unexpected consequence was that thousands of residents discovered that they weren't Canadian citizens due to technicalities in old citizenship laws, thus creating yet another passport problem for Ottawa. (Tom Hanson/CP)

# Canada



► **TERROR COMES TO CANADA.** The charges last summer against 18 Canadians, all Muslim, are chilling. Police believe the Toronto-area men, including five teens, planned to behead the prime minister and attack Parliament. Their alleged goal was to get Canadian troops out of Afghanistan. Their arrests were triggered after the accused accepted delivery of a fertilizer, which can be used to make a bomb. Police reportedly learned of the plot in its early stages and had two informants telling of the group's every move. Family and friends stood by the accused, professing their innocence. (Frank Gunn/CP)



▲ **A CHILDREN'S CHAMPION.** For his decade-long fight to free children from poverty and forced labour, Craig Kielburger was awarded the World's Children's Prize for the Rights of the Child by Queen Silvia of Sweden in 2006. Back in 1995, Kielburger, then 12, founded Free the Children with a group of classmates. Since then the organization has built more than 450 schools in 21 countries as well as giving farm animals and sewing machines to 20,000 mothers, allowing their kids to be educated rather than being forced to work. (Gary Nylander-Kelowna Courier/CP)



◀ ▲ **THE BIGGEST BATTLES SINCE THE KOREA WAR.** When more than 2,000 Canadian troops poured into the Afghan province of Kandahar, a hotbed of terrorist activity, generals warned the public to prepare for both war and casualties. The soldiers fought ferocious battles with the Taliban while also building schools and clinics. By the end of 2006, 44 Canadian troops had died. Still soldiers' morale remained high, supplemented, no doubt, by the opening of a Tim Hortons on base. (Photo left: Capt Dave Murali) (Photo above: Sgt Dennis Schoink-Dutch Army)





◀ **THE POWER OF GREEN.** No one can accuse Elizabeth May of being a late convert to the environmental cause. For 17 years she was executive director of the Sierra Club of Canada and helped create a grassroots network devoted to protecting the Earth's ecosystems. Last August she was overwhelmingly elected leader of the Green Party of Canada and set about capitalizing on the electorate's new-found environmental zeal. By the spring, the Greens were within striking distance of the New Democratic Party in opinion polls—which is impressive considering the party doesn't have an MP in Parliament.

(Dave Chidley/CP)



▲ **WHAT IF HE'D STARTED WITH A COFFEE MUG?** Back in 2005, Kyle MacDonald of Belcarra, B.C., looked at a red paperclip and wondered if he could trade it for a house. He offered to exchange it online and within two days was the owner of a fish-shaped pen. More barter followed—including a generator and even a film role—until he got a two-storey house in Kipling, Sask., on July 12, 2006. (Troy Fleece/CP)

▼ **WHEN "SORRY" WASN'T ENOUGH.** A federal inquiry determined that, partially because of faulty information given by the RCMP linking Maher Arar to al-Qaeda, the Americans sent the dual-Syrian-Canadian citizen to Syria in 2002. He was imprisoned and tortured for 10 months before being released. RCMP commissioner Giuliano Zaccardelli resigned over the scandal. Then, in January, Prime Minister Stephen Harper apologized on behalf of the government and gave Arar more than \$10.5 million. Even so, Arar lamented, "I wish there was a way I could buy my life back." (Tom Hanson/CP)



▲ **RISING TO THE TOP.** Former environment and intergovernmental affairs minister Stéphane Dion is the new leader of the federal Liberal party, defeating frontrunner Michael Ignatieff in December. The geeky 51-year-old's quiet determination impressed party members at the Montreal convention and turned what looked like an Ignatieff coronation into a cliff-hanger. To heal party divides, Dion quickly appointed his defeated opponent as deputy Liberal leader and focused his, and the party's, attention on winning the next federal election. (Dimitri Papadopoulos/CP)



▲ **STOP IT!** A climatologist described the winter storms that slammed into British Columbia's Lower Mainland as "jumbo jets on the airport tarmac. You had one coming in right after another." In November, a huge wind-and-rain storm left more than 200,000 houses without power and around two million Vancouver-area residents under a "boil water" advisory. A month later, a mammoth windstorm uprooted at least 3,000 trees in Vancouver's historic Stanley Park, clear cutting swathes of the urban forest. The only upside to the storms: a great ski season in B.C.'s interior. (Ryan Remiorz/CP)

▼ **BIG STAGE FOR BIG TALENT.** Since releasing its 2003 self-titled album, Billy Talent's popularity has skyrocketed worldwide. The Mississauga, Ont. band's follow-up, 2006's *Billy Talent II*, earned five Juno nominations and spawned several hit singles including *Devil in a Midnight Mass*, *Red Flag* and *Fallen Leaves*. Although BT still enjoys playing smaller venues, like its longtime favourite the Horseshoe Tavern in Toronto, singer Ben Kowalewicz concedes that playing sold-out shows at the Air Canada Centre, home of the Toronto Maple Leafs, also feels pretty amazing. (Craig Robertson-Toronto Sun/CP)



## Music

▼ **TOUGH TEXAS TRIO.** Back in March 2003, Natalie Maines (centre) told a British audience her band was "ashamed the President of the United States is from Texas." The backlash from U.S. country music fans was fierce, and the Dixie Chicks' career went flat. But their 2006 CD *Taking the Long Way* struck a chord with more than just country fans, and earned them five Grammy awards including album and song of the year. Contrary to the title of their hit single, seems they just might be ready to make nice. (Amanda M. Parks-Abaca Press/MCT)



▲ **ROCK ON, ROSSI.** Toronto singer Lukas Rossi (right) beat long odds last fall to win the CBS TV show contest *Rock Star: Supernova*. Having missed the auditions in his hometown, the spiky-haired rocker borrowed money for a plane ticket to the Vancouver call, and continued on to beat out contestants from Iceland, Australia and Texas in the final round. (Richard Lam/CP)



▲ **RED HOT ROCK.** Within days of winning four Grammys for *Stadium Arcadium*, their first album to debut at No. 1, the Red Hot Chili Peppers announced they will take part in the July 7 Live Earth concerts that will include shows in China, South Africa, Australia, Britain, Japan, Brazil and the U.S. Event organizers hope to reach a two-billion-strong audience to address the global climate crisis. The Peppers, including singer Anthony Kiedis (above), have perfected a super-charged rock sound and crazed performing style that's guaranteed to wow the crowd at any venue. (Fabian Bimmer/AP)



◀ **BLUNT INSTRUMENT.** His intimate, confessional single *You're Beautiful*, which features a sweet, sparse falsetto, was inescapable listening on pop radio stations nationwide, riding the Billboard Hot 100 for 38 weeks. The track eclipsed the other nine songs on James Blunt's debut album *Back to Bedlam* and portrayed a vulnerable side that is at odds with the macho image of this former British army officer who served in Kosovo in the late 1990s. But a music career was always Blunt's goal, and he has happily swapped guns for guitars. (Jason DeCrow/AP)

# Top 10 Albums • 06

|                           |                     |
|---------------------------|---------------------|
| 1. SOUNDTRACK             | HIGH SCHOOL MUSICAL |
| 2. ME AND MY GANG         | RASCAL FLATTS       |
| 3. SOME HEARTS            | CARRIE UNDERWOOD    |
| 4. ALL THE RIGHT REASONS  | NICKELBACK          |
| 5. BACK TO BEDLAM         | JAMES BLUNT         |
| 6. FUTURE SEX/LOVE SOUNDS | JUSTIN TIMBERLAKE   |
| 7. TAKING THE LONG WAY    | DIXIE CHICKS        |
| 8. BREAKTHROUGH           | MARY J. BLIGE       |
| 9. NOW 21                 | VARIOUS ARTISTS     |
| 10. B'DAY                 | BEYONCÉ             |



▲ **MARY J. BLIGE.** *Be Without You*, the lead-off track from the R&B diva's seventh album, entitled *The Breakthrough*, topped the R&B singles chart for a record-setting 15 consecutive weeks. CD sales were brisk, making *Breakthrough* one of the top five selling albums of 2006. With all that momentum, it was no surprise when Blige carried off three Grammy awards.

(Amanda M. Parks-Abaca Press/MCT)



▲ **INSANE SUCCESS.** Their run-away hit single *Crazy* was arguably the most adventurous, irresistible song of 2006, blending soul and rock in a tune that appealed to just about everyone. Gnarls Barkley, the quirky duo that is DJ/producer Danger Mouse (Brian Burton) and rapper/singer Cee-Lo Green (Thomas Callaway), love to dress up in an ever-rotating roster of costumes — everything from airline flight crew uniforms to *Star Wars* characters. Nominated for four Grammys, the pair's *St. Elsewhere* won for best alternative album, and their wild antics earned the best urban/alternative performance Grammy for *Crazy*.

(Jeff Christensen/AP)



◀ **VEGAS VIBES.** Like their hometown city of Las Vegas, where everything is about excess and flash, the Killers want to be noticed. The foursome's second album, *Sam's Town*, and its hard-rocking hit *When You Were Young* won raves in Britain and in *Rolling Stone* magazine. While their first CD had a strong British pop feel, this time out lead singer Brandon Flowers added a touch of Bruce Springsteen for a more all-American sound.

(Michael Ansell/ABC/Everett Collection)



◀ **NELLY GETS LOOSE.** With help from hip-hop super producer Timbaland, the little girl from Victoria, B.C. created a slick, R&B-hip hop sound. Nelly Furtado's third album, *Loose*, with hit singles *Promiscuous*, *Maneater*, *Say It Right* and *All Good Things (Come to an End)*, reached No. 1 in North America. In April, the singer took time out from her five-continent world tour to host the Juno Awards in Saskatoon. (Kevork Djansezian/AP)



▲ **A DREAM DUET.** Imagine performing live, on stage with Justin Timberlake. That dream became a reality for Robyn Troup, 19, of Houston, Tex. After she won the "My Grammy Moment" contest, Troup sang Timberlake's recent No. 1 hit *My Love* with the man himself at the February awards show. Timberlake, meanwhile, took home two Grammy awards to add to his collection. (Mark J. Terrill/AP)

▶ **MOM'S THE WORD.** As the mother of two pre-schoolers, Winnipeg-born Chantal Kreviazuk realizes that at some point, her kids are going to have a good, hard listen to her music. So these days, she sees her songs as her gift to them. For instance her single *All I Can Do* (sample line: "All I can do is love you to pieces") is really about her children. Who knew? (Nathan Denette/CP)



# Lifestyle



► **BIG IS BEAUTIFUL.** First it was oversized sunglasses. Now the fashion industry has super-sized women's handbags. No more demure evening clutches. Today's stylemakers lug purses that resemble midsize duffle bags. At first glance it seems like a match made in heaven: fashion AND function in one accessory. The upside: these bags hold everything but the kitchen sink. The downside: they're causing a sharp increase in reported neck, shoulder and back problems. (Patrick Rideaux)



► **FLASHDANCE REDUX.** Hey, we liked the 1983 movie too, but not enough to parade in public wearing spandex leggings and baggy pullovers. Yet many continue to mine the '80s for these fashion faux pas. Skinny jeans and wide belts also fly off the racks. What's next? Shoulder pads?

(Fernando Salazar-Wichita Eagle/MCT)

► **WALKING SKELETONS AREN'T ROLE MODELS.** Wanting to project an image of beauty and health, organizers at top international fashion shows barred super skinny models from the runway. The Madrid show hired medics to check the catwalk queens, and those with a body mass index below 18 were turned away. BMI is a height-to-weight ratio. The normal range is between 18.5 and 25. Many designers insist on size 0 models, who typically have a BMI of 16 and often look gaunt, frail and sickly. But the World Health Organization says such a figure borders on starvation. Tah-tah to the toothpick trend.

(Steve Wood-Express Syndication/MCT)

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Men Are From Mars

From foregirl15 Views: 206200

01:53

Sasha, LeBron, Dwyane Howard All Star Dance-

From NBA 01:53

Reed Hernandez -

Chapter 1 06:59

From ReedHernandez

► **MADE YOU LOOK.** YouTube, the site that allows everyday folks to post video clips to the Internet, which the rest of us can't stop watching, was sold to Google for US\$1.65 billion. With 72 million visitors each month, YouTube's success shows how the Internet continues to evolve, as more and more people go online not just to work, but to amuse themselves. Google hopes this huge Web audience will attract new advertisers. Stay tuned for innovative ads and video clips.



► **BATTLE OF THE BULGE.** Fried food, sugary sweets and salty treats may soon be on the endangered species list. Across North America, local governments are banning unhealthy foods. New Brunswick banned junk food from elementary school cafeterias and is phasing it out of high schools, while Winnipeg is attempting to meet Manitoba's guidelines for school food that call for severe restrictions on the sale of fries and pizza pops, and the outright banning of chocolate bars and soda pop. Vending machines are also experiencing an extreme makeover, with the candy and chips giving way to trail mix and yogurt drinks. While young people pack on the pounds and obesity rates soar, city councils, school boards and legislatures opt for lean and green. Say goodbye to that side of fries and hello to a fruit cup.

(San Jose Mercury News)



**▲ ITUNES: TWO BILLION SERVED.** Music lovers in 22 countries around the globe have purchased more than 2 billion songs from the iTunes Music Store. Launched in April 2003, iTunes sold its first million tracks in just five days and since then it hasn't looked back. iTunes accounts for more than 80 per cent of legal music downloads in the United States. While digital music sales account for only 10 per cent of overall music sales, they total almost US\$2 Billion a year. And that's music to Apple CEO Steve Jobs's ears.

(Romain Blanquart-Detroit Free Press/KRT)

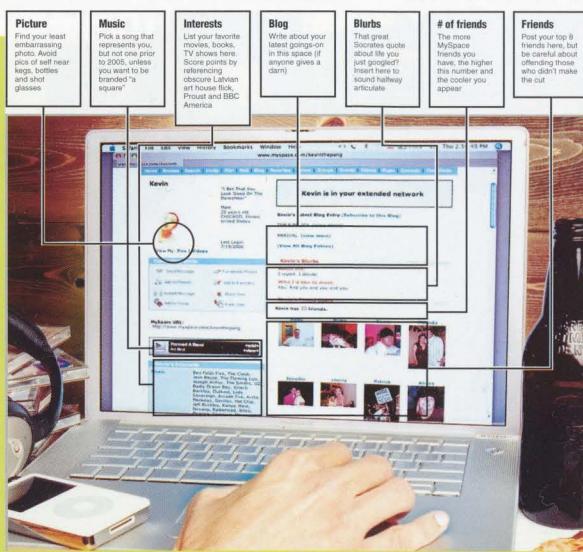
## Top 10 GOOGLE SEARCHES • 06

1. BEBO
2. MYSPACE
3. WORLD CUP
4. METACAFE
5. RADIOBLOG
6. WIKIPEDIA
7. VIDEO
8. REBELDE
9. MININOVIA
10. WIKI

**▼ TOO HOT TO HANDLE.** In the largest safety recall in the history of the consumer electronics industry, Dell Inc. agreed to replace 4.2 million notebook computer batteries made by Sony Corp. because they can burst into flames. After a number of laptops overheated and caught fire, other companies joined in with recalls of their own, swelling the number of batteries to be replaced to 9.6 million worldwide. Sony is feeling the heat. The burning issue now is whether the Japanese giant can recoup its reputation. (Matt Slocum/AP)

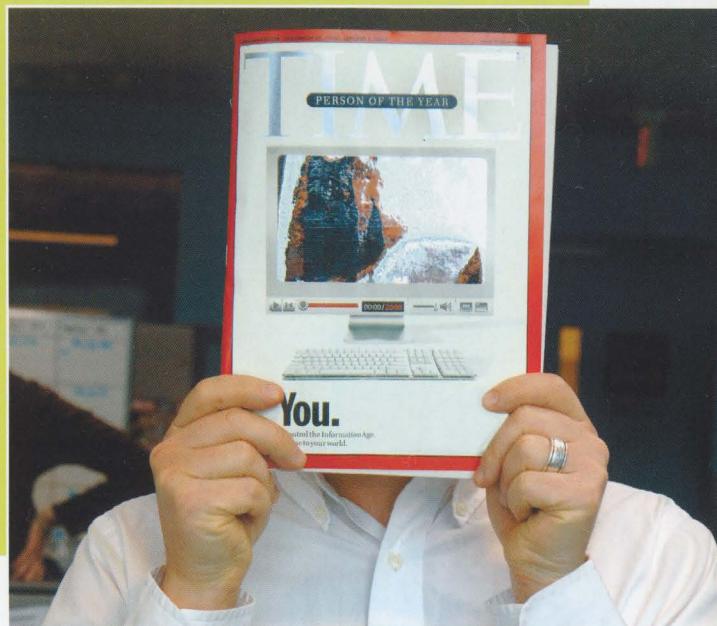


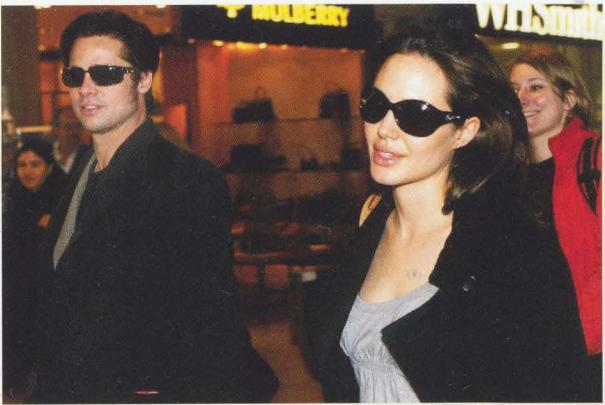
**▼ GAMING: THE NEXT GENERATION.** The much-anticipated launch of Sony's PlayStation 3 saw eager gamers jostling for the few consoles that were initially available. PS3 features awesome, high-rez graphics; a treat for all video fans. Meanwhile, Nintendo's Wii lures players off the couch with its motion-sensitive control panel. Some gamers got so caught up in the action that they lost their grip on the wands and sent them crashing into TVs or other players. Ouch! (PRNewsFoto/Nintendo)



**▲ ▼ IT'S ALL ABOUT US.** Web traffic statistics show social network site MySpace is wildly popular in North America, and Facebook is a hit particularly with 17- to 25-year-olds. While studying might slide, we all work hard at other forms of homework: upgrading our profiles, surveying news feeds from friends, and tagging our photos. Chances are that one or the other site is your first visit of the day and your last visit before bed. The trend toward user-generated content caught the eye of *Time* magazine editors who name "You" their Person of the Year.

(Peter Bregg)



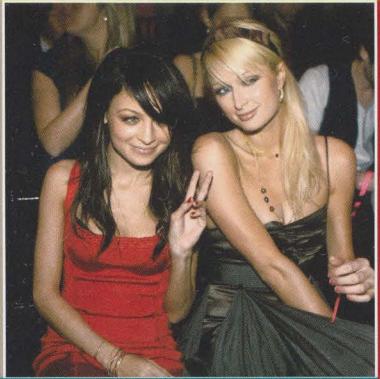


**▲ TAKING JET-SETTING TO A NEW LEVEL.** Angelina Jolie and Brad Pitt have been racking up frequent-flier points. After a stint in Paris, they decamped to Namibia for the May birth of Shiloh. They'd barely returned to Los Angeles when the household hit the road again, this time to India to shoot *A Mighty Heart*. By January they'd moved into a New Orleans mansion, no doubt with movers on standby. (Tim Ockenden)



**◀ REMEMBER WHAT HAPPENED TO PINOCCHIO!** After the pop singer's nose changed shape, Ashlee Simpson, 22, wouldn't confirm speculation she'd had a nose job, telling *People* magazine, "everybody's already saying it, so I just don't talk about it. I'm like, okay, whatever. It doesn't bother me." Better publicity came months later, ironically, when she played publicity-mad Roxie Hart in the musical *Chicago*.

(Al Diaz-Miami Herald/MCT)



**◀ BFF.** Paris Hilton's debut album failed but the party life of America's favourite heiress/celebrity continued unabated. In August, Las Vegas's mayor declared a Paris Hilton Day and two months later she ended her feud with *Simple Life* co-star Nicole Richie by being seen with the alarmingly thin author/celebrity. The show's fifth season will have the pair playing Malibu, Calif., camp counsellors. (Chris Carlson/AP)



**▲ WHAT WAS THAT LINE AGAIN?** After her divorce from Nick Lachey (above) was finalized last year, Jessica Simpson was rarely out of the headlines. In August, her appropriately titled album, *A Public Affair*, was released and then, years after Rosie O'Donnell inspired her by prophesizing "you're gonna be a star," she was O'Donnell's debut guest on *The View*. Her botched lyrics to Dolly Parton's "9 to 5" in a tribute to the singer are forgotten now that she's starring in a movie with Luke Wilson. The title says it all—*Blonde Ambition*.

(Lionel Hahn/Abaca Press/MCT)



**◀ MISSION: POSSIBLE.** Everyone wrote off Tom Cruise when his lucrative producer's contract was cancelled after his couch-jumping antics. But Cruise pulled his career out of the fire by signing a deal to resurrect the historic United Artists. Then in *Vanity Fair*, he and fiancée Katie Holmes introduced their baby daughter Suri to the world. "TomKat" finally tied the knot in a romantic Italian castle filled, naturally, with A-list celebrities. (Gregorio Borgia/AP)

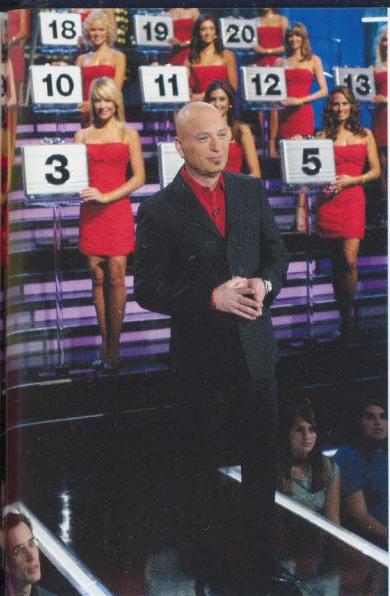
#### ▼ BACK ON THE SINGLES SCENE.

Another victim of the Best Actress curse (six in the past 10 years have left their significant others after embracing Oscar), Reese Witherspoon ended her marriage to Ryan Phillippe after, or so gossips say, discovering his infidelity. At the Oscars the actress wore a sculpted purple dress that screamed "I'm sooo over that *Flags of our Fathers* guy."

(Michael Goulding-Orange County Register/KRT)



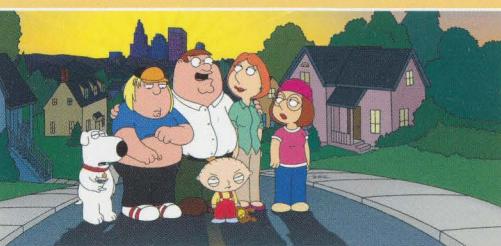
**▲ "SHAVED THAT MAN RIGHT OUT OF MY HAIR."** In November, after giving birth to second son Jaden, Britney Spears filed for divorce from dancer-turned-wannabe rapper Kevin Federline. The pop princess celebrated her decision with months of all-night partying. Her increasingly bizarre public appearances culminated with an impromptu hair shaving in February. Days later, a bald Britney entered rehab. (Danny Moloshok/AP)



#### ► DEAL...OR NO DEAL?

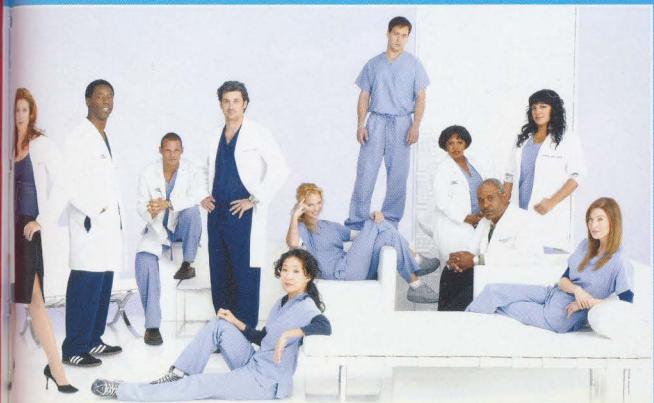
With no mentally challenging history questions, *Deal or No Deal* is the anti-*Jeopardy*. Contestants open cash-stuffed briefcases while gambling that they can "beat the bank" by cashing out just before opening one case too many. The show's immediate popularity was due not only to the game's simplicity but also Canadian-born host Howie Mandel, a game show master of suspense and drama. (Tracie Patton/NBC)

▼ GOING GREY. The Fray was just another band when *Grey's Anatomy* adopted their melancholy song, *How to Save a Life*. Downloads by the show's devoted fans catapulted the tune into the seventh most popular digital song of the year. Meanwhile, sites like *SeenOn.com* were overwhelmed as people purchased fashions seen draped over the show's actors. (Bob D'Amico/ABC)



▲ DRAWING THE LINE TO SUCCESS. Fox's *American Idol* might get all the attention but the network's domination of the TV animation schedule is equally impressive. *Family Guy* achieved the rare status of being brought back to life after cancellation by the strength of its fan base. Then there's *American Dad!*, the twisted tale of a CIA agent coping with his troubled home life and a German-speaking goldfish. But, duh!, nothing can match the subversive wit of *The Simpsons*, now closing in on two decades on air. (FOX)

# Television



► HOLA, BETTY! The season's hottest comedy, *Ugly Betty*, is about how a sweet Latina girl—and her signature braces, thick eyebrows and ghastly clothes—conquers the snake pit of a fashion magazine with intelligence and bravado. This family-friendly show proved that good writing and acting can lure viewers away from reality TV. (ABC/CRAIG SJODIN)



► THE LITTLE SHOW THAT COULD. *Heroes*' quirky premise of ordinary people with extraordinary skills worried NBC execs. But fans were instantly drawn to characters including a geeky Japanese office worker who can stop time and an un-killable cheerleader with the creepy "Horned-Rim Guy" as her father. When its slogan "Save the cheerleader, save the world" was uttered, *Heroes* rescued NBC's Monday ratings. (Chris Haston/NBC)



► THE BACKGROUND WAS WHITE, OF COURSE. Capitalizing on Apple's coolness quotient, its Spartan Mac commercials simply featured two men personifying computers. The dry wit of John Hodgman (PC guy) played off the hip Justin Long (Mac guy) and viewers' sympathy towards the geeky PC guy, desperately trying to finesse his product's finicky reputation, added to the ads' success—Apple was crowned "Marketer of the Year" and Mac sales shot through the roof.



► WALTZING HIS WAY TO THE TOP. Emmitt Smith led the NFL in career rushing yards, rushing touchdowns and rushing attempts. The retired athlete can add another honour to the list—*Dancing with the Stars* champion. With bespangled shoes carefully coordinated to his outfit, über-popular Smith won by getting the fan vote. (ABC/ADAM LARKEY)



► FRIDAY NIGHT TOUCHDOWN. The pressure on Roman gladiators couldn't have been as intense as that on high school athletes in football-obsessed Texas. *Friday Night Lights* graphically combined the triumphs and tragedies of players, including quarterback Jason Street (Scott Porter, centre), with the soap opera that is high school. Recognizing its cult status, NBC threw the show a Hail Mary and picked it up for the season. (Paul Drinkwater/NBC)



► **DIVA-LICIOUS.** Shrugging off her *American Idol* rejection, Jennifer Hudson displayed her impressive pipes as well as her acting skills in *Dreamgirls* by playing Effie, the Dreamettes' lead singer who is dumped so svelte Deanna (Beyoncé Knowles) can break the group into superstardom. Hudson's heartbreaking rendition of *And I Am Telling You (I'm Not Going)* was so powerful that one preview audience gave it a standing ovation.

At the Academy Awards, *The Departed* picked up the Best Picture prize, but the night belonged to Hudson as she walked off with the Best Supporting Actress honour.

(Daniel A. Anderson-Orange County Register/MCT)



► **ROMEO AND JULIET, GREASE, FOOTLOOSE and now...** Disney's *High School Musical* was about a jock (Zac Efron) and an academic (Vanessa Hudgen) who, drawn together by their love of singing, try out for the school musical. An instant hit, the made-for-TV movie spawned the year's No. 1 CD, a bestselling DVD and a blockbuster concert tour by the movie's stars. More than 2,000 amateur groups will stage their own versions of the show this year and a sequel will be out in the summer. It's truly the *Grease* of the iPod generation.

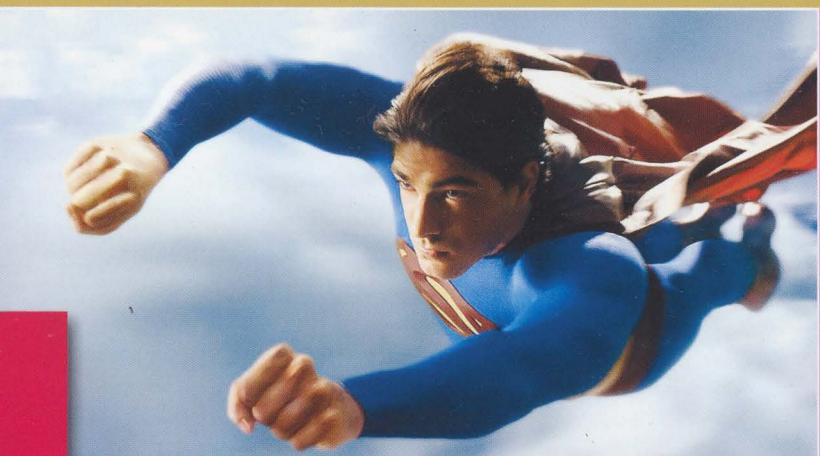
(Disney Channel / Everett Collection)



## Movies



► **"I'M JUST A BIG HAIRY AMERICAN WINNING MACHINE, YOU KNOW?"** Will Ferrell's sports satire, *Talladega Nights: The Ballad of Ricky Bobby*, was the comedic hit of the summer. His good-natured ode to the power of car racing included every cliché about the South, NASCAR and America; it also hit every funny bone in the theatre. (Sony Pictures/Everett Collection)



► **COMEBACK OF THE CAPED CRUSADER.** A lot can change in five years. When Superman (Brandon Routh) returned to Earth after searching for the destroyed Krypton, he discovered Lois Lane not only had a boyfriend but also a son. Oh, and Lex Luthor was cooking up another diabolical plot. *Superman Returns* returned to its comic book origins and rebuilt the legend, one magnificent rescue at a time. (© 2006 Warner Bros. Pictures)



► **THE JOKE'S ON US.** Kazakhstan's government spent millions trying to pitch their central Asian country as a tourist destination, but no marketing campaign could change the fact that their most famous citizen is the fictional Borat Sagdiyev. British comic Sacha Baron Cohen's explicit, demented comedy, *Borat: Cultural Learnings of America For Make Benefit Glorious Nation of Kazakhstan*, was packed with ethnic, religious and sexual stereotypes as it showed off unscripted encounters between Borat and unsuspecting Americans. Talk of a sequel started the minute after it killed the competition at the box office. (Paul Drinkwater/NBC/Everett Collection)



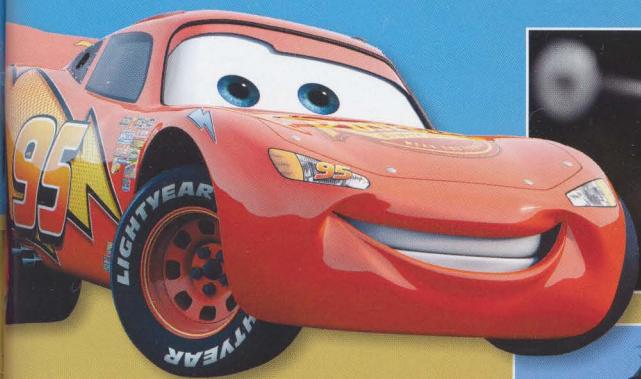
**A FASHION WORLD FOLLIES.** In *The Devil Wears Prada*, Andy Sachs (Anne Hathaway) was an average young woman wearing chain store clothes. Yet Miranda Priestly (Meryl Streep), the superciliously arrogant editor of "Runway" hired her as a new assistant, loading her down with impossible tasks such getting the unpublished Harry Potter book. Along the way Sachs got a killer wardrobe and realized what she wants out of life while viewers got a hilarious look inside the fashion world, set to a great soundtrack.

(Barry Wetcher/Fox)



**JACK IS BACK.** The second *Pirates of the Caribbean* film, *Dead Man's Chest* saved the summer movie season when fans plunked down more than US\$400 million to see the swashbuckling adventures of glam-rock Capt. Jack Sparrow (Johnny Depp, centre), and ever-separated sweethearts Will Turner (Orlando Bloom) and Elizabeth Swann (Keira Knightley). Whether the cute couple will ever get hitched will be revealed in the series' final installment, due this summer. Just in time to rescue another summer movie season.

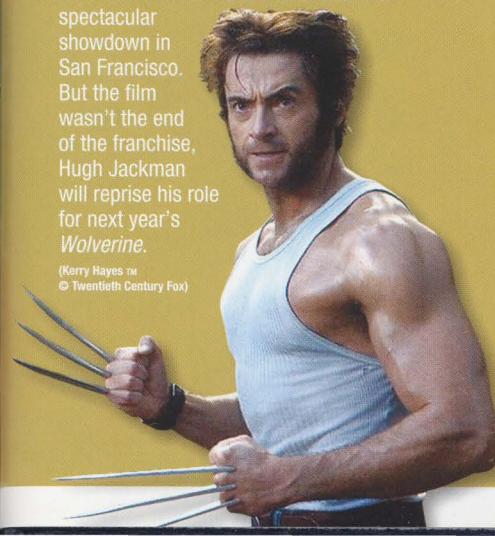
(Walt Disney/Everett Collection)



**VROOMING UP THE BOX OFFICE LIST.** Pixar has made hits such as *Toy Story*, *Monsters, Inc.*, *The Incredibles* and *Finding Nemo*, but an animated film about cars that have eyes made from windshields? In *Cars*, Lightning McQueen (Owen Wilson) detoured off the highway, parked in Radiator Springs and learned that his "I don't need help from no one" attitude needed a tune-up. The movie motored into last year's No. 2 spot, with a US\$244 million box office. (©Walt Disney/Everett Collection)

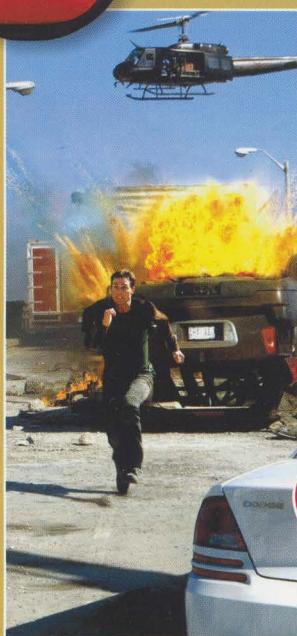
**THE MUTANTS TAKE SIDES.** If you had to choose whether to turn off alienating superpowers, such as Rogue's inability to touch anyone without hurting them, would you? That decision split the mutant community apart in *X-Men: The Last Stand* and lead to a spectacular showdown in San Francisco. But the film wasn't the end of the franchise, Hugh Jackman will reprise his role for next year's *Wolverine*.

(Kerry Hayes™  
© Twentieth Century Fox)



**A BUFF BOND.** Daniel Craig claimed the James Bond character as his own in the opening of *Casino Royale* when he made his first kill by bashing a man into a bloody pulp. Displaying an impressively-muscled body, the British actor turned the suave tuxedoed super-spy into a chillingly brutal assassin who, thank heavens, works for the good guys.

(©2006 Columbia Pictures/MGM)



**LOOK WHO'S COMING TO DINNER.** As Dupree in *You, Me and Dupree*, Owen Wilson perfected his slacker/Valley-boy act. Why newlyweds Carl (Matt Dillon, left) and Molly (Kate Hudson) allowed Dupree to crash at their house when he lost his job and apartment is the question that echoes through this comedy. They had to know trouble was moving in when Dupree brought not only a ukulele but also a moose head. (Universal/Everett Collection)

## Top Movies • 06 us\$

|   |               |
|---|---------------|
| 1. PIRATES OF THE CARIBBEAN: DEAD MAN'S CHEST | \$423 MILLION |
| 2. CARS                                       | \$244 MILLION |
| 3. X-MEN: THE LAST STAND                      | \$234 MILLION |
| 4. THE DA VINCI CODE                          | \$218 MILLION |
| 5. SUPERMAN RETURNS                           | \$200 MILLION |
| 6. ICE AGE: THE MELTDOWN                      | \$195 MILLION |
| 7. OVER THE HEDGE                             | \$155 MILLION |
| 8. HAPPY FEET                                 | \$149 MILLION |
| 9. TALLADEGA NIGHTS                           | \$148 MILLION |
| 10. CASINO ROYALE                             | \$138 MILLION |

**MISSION: SAVE TOM'S CAREER.** After the disappointing box office of *War of the Worlds*, Tom Cruise needed *Mission: Impossible III* to be a hit, a huge hit. This time the action-laden plot revolves around secret agent Ethan Hunt defeating a maniacal billionaire (Philip Seymour Hoffman) who wants to destroy the world with something called "rabbit's foot." Cruise swings, literally, around Shanghai's skyscrapers to save the day and his career. (© 2006 Paramount Pictures)

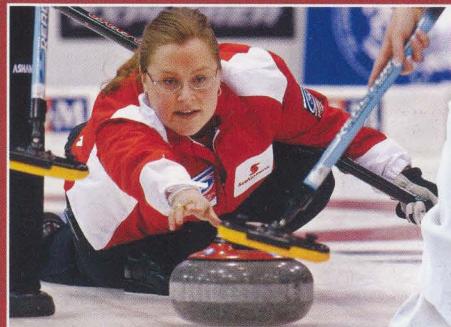
# Sports



## ◀ A DIZZING DISPLAY OF TALENT.

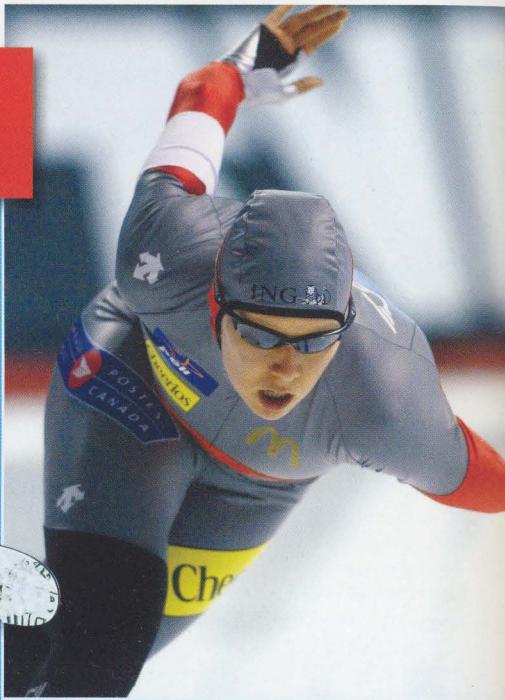
In practice for the skiing superpipe women's competition at the 2007 Winter X Games, Sarah Burke, 24, of Midland, Ont. (here at an earlier event in Penticton), crashed into the ice while attempting a "900"—rotating in the air two-and-a-half times. Undeterred by a broken nose and two black eyes, Burke unleashed a silky smooth 900 in the finals to beat Grete Eliassen for the gold. The victory is especially sweet for Burke, since she'd had to settle for silver in the past two games, behind her Norwegian rival. (Jacques Boissinot/CP)

► **FULFILLING THE PROMISE.** Living up to his pressure-filled moniker of "the next Wayne Gretzky," Sidney Crosby (left) became the youngest player in NHL history to record 100 points in a season and the first this year to reach 100 points. Together with fiery Russian Evgeni Malkin, the Nova Scotian has set the Pittsburgh Penguins on fire and filled arenas to capacity. (Gene J. Puskar/AP)

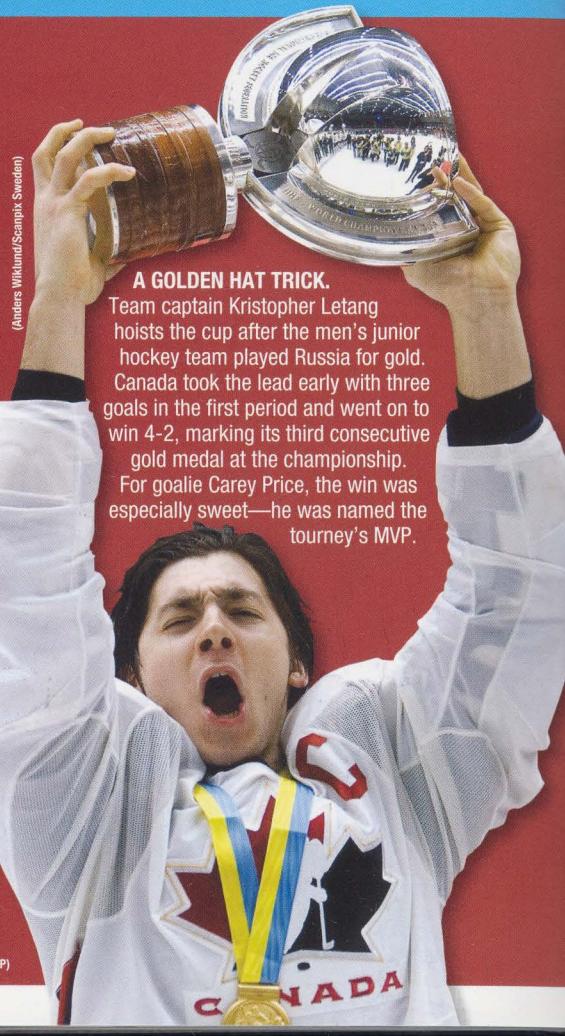


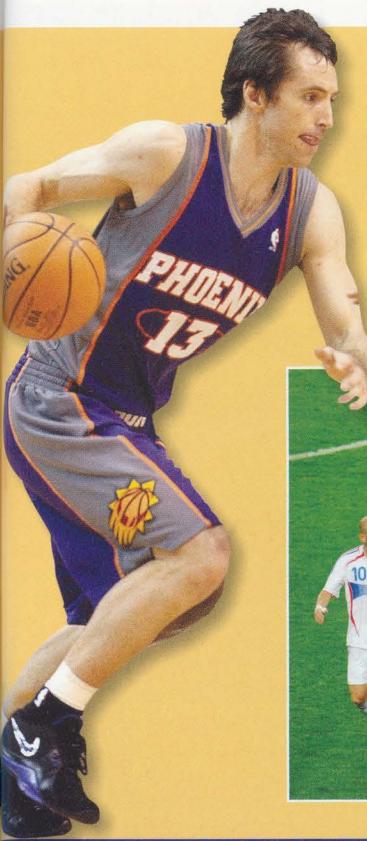
▲ **SWINGING STAR.** Justin Morneau was batting just .236 when his manager benched him. "It woke me up," recalled the Minnesota Twins' first baseman. "He lit a fire under me." After that, the New Westminster, B.C., native batted .362 with 23 homers and 92 RBIs. Not only did he become the first Canadian to be the American League's MVP but Morneau upped his salary as well—in February he inked a one-year deal worth US\$4.5 million. (John Sleezer-Kansas City Star/MCT)

▲ **TOO HOT SCOTT.** Going into the finals with a 10-1 round-robin record, Kelly Scott's Team Canada rink walloped Saskatchewan to capture their second consecutive Scotties Tournament of Hearts curling championship. Eligible for \$144,000 in Sport Canada funding over the next two years, the B.C. team's ambition of winning gold at Vancouver's 2010 Winter Olympics just got a whole lot easier. (Andrew Vaughan/CP)



▲ **SPEEDING HER WAY TO THE TOP.** Cindy Klassen beat out Steve Nash and Justin Morneau to win the 2006 Lou Marsh Award for Canada's top athlete. On top of winning five Olympic medals at the Turin Winter Games, the speed skater also set nine world records, won 11 world cup medals and earned the year's world all-round championship title. With her eye firmly on Vancouver's 2010 Games, the Winnipeg native trains at Calgary's Olympic Oval, home to the fastest ice in the world. (Larry MacDougal/CP)





**▲ STANDING GUARD.** Though short by NBA standards at six foot three, Victoria's Steve Nash makes up for it by being, arguably, the best point guard in the league. The Phoenix Sun set up play after play on his way to posting career highs in points and rebounds last season. No wonder Nash was named league MVP for the second year in a row. His on-court hustle is matched only by his volunteer work in promoting health for children. What can he teach kids? Former rebounding star Charles Barkley nailed it: "It pays to be selfless." (Harry E. Walker/MCT)



**▲ THE INSULT SEEN AROUND THE WORLD.** Italy should have dominated the headlines after defeating France to win the 2006 World Cup in a dramatic penalty-kick finale, but, instead, all the talk was about French captain Zinedine Zidane's head-but of Italian defender Marco Materazzi. After the great French player (in the No. 10 jersey) was expelled by the ref, his team's chances drained away. Zidane, named the tournament's best player, later apologized for his action, saying that Materazzi had insulted his sister. (Gouhier-Hahn-Orban-Abaca Press/MCT)

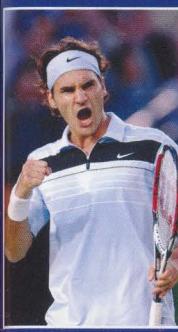


**▲ WHO'S GOT CRAZY GLUE?** The B.C. Lions were the best team in the CFL last season, so it was only fitting that they'd dominate the Grey Cup with a decisive 25-14 win over the Montreal Alouettes. What no one expected was that they'd break the trophy. "It just snapped in half," explained embarrassed 293-pound offensive lineman Kelly Bates. "What can you do?"

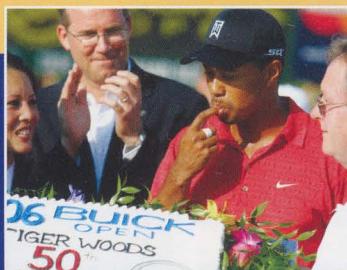
(Ryan Remiorz/CP)

**▲ A COMMANDING PRESENCE.** When Swiss tennis ace Roger Federer decimated Andy Roddick at the Australian Open, the American player said the match "sucked. It was terrible. Besides that, it was fine." That's the attitude opponents need as they meet and usually lose to 25-year-old Federer. In 2006, his record was 92-5, he's already passed Jimmy Connors' record for consecutive weeks at No. 1 and, with 10 grand slam wins, should pass that record of 14 by early 2008. No wonder tennis greats say he could be the best player that tennis has ever produced.

(Corinne Dubreuil-Abaca Press/MCT)

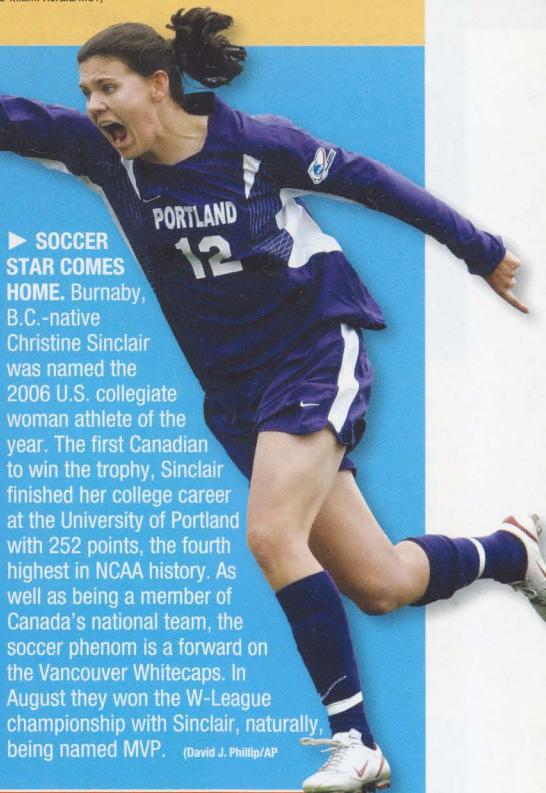


**▲ SO THERE!** Peyton Manning had a reputation as a choker—his impressive field performances always buckled under the pressure of fans' expectations. But the Indianapolis Colts quarterback consigned all choke talk to history when his team defeated the Chicago Bears in the Super Bowl. Manning, who passed for 247 yards and a touchdown, fittingly added the game's MVP award to his collection. (Al Diaz-Miami Herald/MCT)



**▲ KING OF THE LINKS.** After Tiger Woods won July's British Open—his first victory following the death of his beloved father, Earl—he sobbed uncontrollably on the shoulder of caddie Steve Williams. That win, his 11th major, set off an unbelievable string of wins, including his 50th PGA win in August, which he celebrated by sneaking a taste of his victory cake. His impressive streak of seven consecutive PGA tour wins ended at February's Accenture match play tourney.

(Julian H. Gonzalez-Detroit Free Press/MCT)



**► SOCCER STAR COMES HOME.** Burnaby, B.C.-native Christine Sinclair was named the 2006 U.S. collegiate woman athlete of the year. The first Canadian to win the trophy, Sinclair finished her college career at the University of Portland with 252 points, the fourth highest in NCAA history. As well as being a member of Canada's national team, the soccer phenom is a forward on the Vancouver Whitecaps. In August they won the W-League championship with Sinclair, naturally, being named MVP. (David J. Phillip/AP)

## 2006 Champions

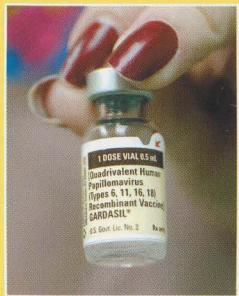
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| GREY CUP        | B.C. LIONS OVER MONTREAL ALOUETTES         | 25-14           |
| SUPER BOWL XLI  | INDIANAPOLIS COLTS OVER CHICAGO BEARS      | 29-17           |
| PGA             | TIGER WOODS                                | US\$9.9 MILLION |
| LPGA            | LORENA OCHOA                               | US\$2.6 MILLION |
| NBA             | MIAMI HEAT OVER DALLAS MAVERICKS           | 4-2 SERIES      |
| WORLD SERIES    | ST. LOUIS CARDINALS OVER DETROIT TIGERS    | 4-1 SERIES      |
| WOMEN'S CURLING | KELLY SCOTT, B.C. OVER JAN BETKER, SASK.   | 8-5             |
| MEN'S CURLING   | GLENN HOWARD, ONT. OVER BRAD GUSHUE, NFLD. | 10-6            |
| STANLEY CUP     | CAROLINA HURRICANES OVER EDMONTON OILERS   | 4-3 SERIES      |

# Science



▲ **BLAME IT ON EL NIÑO.** According to officials at the U.S. National Oceanic and Atmospheric Administration, last year was the warmest in the U.S. since record keeping began 112 years ago, due in large part to an unusually warm December. While the eastern half of North America basked in record-breaking warm temperatures well into January, leaving the ski industry there struggling, Denver dug out from multiple blizzards that dumped dozens of feet of snow. Meanwhile California's citrus crop was flash-frozen on the tree when the thermometer plummeted, and the Pacific coast suffered through wind storms, heavy snowfalls and torrential rain. The major cause of the wacky weather? El Niño, a condition that involves a periodic warming of Pacific Ocean waters near the equator. (Tom Fox-Dallas Morning News/MCT)

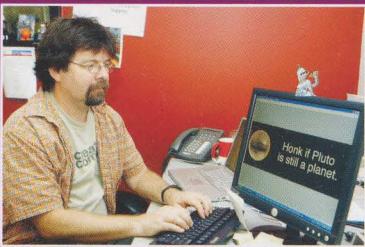
► **A CANCER VACCINE IS BORN.** Gardasil, a new vaccine from drug manufacturer Merck, prevents four of the most common strains of human papillomavirus (HPV), the virus that causes most cases of cervical cancer. The vaccine is approved for females aged 9 to 26, and is given in three injections over six months. Cervical cancer is the second-leading cause of cancer in women, therefore the arrival of this vaccine is a major medical breakthrough. (Sharon Gekoski-Kimmel/Philadelphia Inquirer/MCT)



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▲ **THE HOTTEST STORY.** From wildfires across the U.S. Southwest, to floods in India, to melting ice caps in Greenland and Antarctica, to drought in Africa, to Cyclone Larry, a category 5 storm that hammered Australia, the global warming crisis is upon us. Our CO<sub>2</sub> emissions, mostly from burning fuel — gasoline for cars and coal for electricity — trap heat from the sun and raise global temperatures. These greenhouse gases were the focus of former U.S. presidential candidate Al Gore's Oscar-winning movie *An Inconvenient Truth*. The film demonstrated that when temperatures rise, climatic disasters strike hard and will keep coming as planet Earth attempts to fight the fever. (Steve Ringman-Seattle Times/KRT)



◀ **AND THEN THERE WERE EIGHT.** When the world's professional stargazers, the International Astronomical Union, met to consider the fate of wannabe planet Xena, they hammered out a new definition of what constitutes a planet, and poor little Pluto didn't make the cut. The judging panel voted

to downgrade the tiny sphere to "dwarf planet" status, which for many earthlings, was the biggest news from space since the cow jumped over the moon. As for Xena, although her discovery in 2005 turned heads, she was tagged as a dwarf too, and her name was changed to Eris.

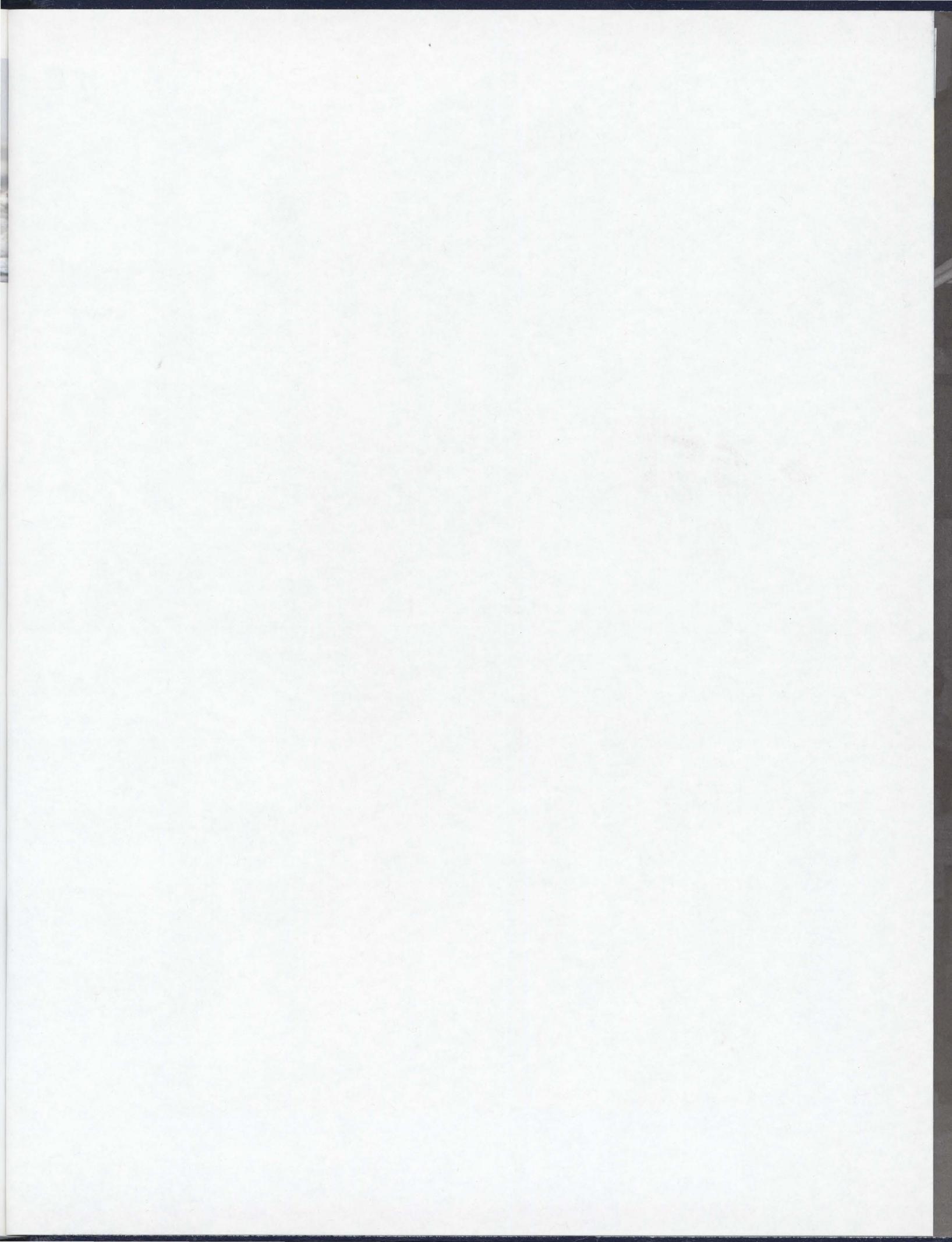
(Nick Ut/AP)



◀ **WALL-TO-WALL TV.** When it comes to flat-screen televisions, size matters. Sharp Electronics has produced a gargantuan, 108-inch liquid-crystal display (LCD) that probably won't even fit through the front door of most homes. That's nine feet, measured

diagonally corner to corner. With the introduction of high-definition digital broadcasting, sales of flat-screen TVs are booming, and three-quarters of those sales are LCD units. The rest are plasma. Monster screens come with monster price tags: Sharp's model isn't available yet, but Panasonic's 103-inch plasma TV retails for US\$70,000. (Jae C. Hong/AP)

◀ **URBAN WHEELS.** As gasoline prices soared to new highs at the pumps, Toronto-based Feel Good Cars rolled out the ZENN (Zero Emissions No Noise). The two-seat electric runabout is designed for short trips on city streets. It's designated as a low-speed vehicle (LSV) and has a top-rated speed of about 25 mph (40 km/h), perfect for congested downtown routes, quiet suburban communities or sprawling university campuses.



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