Dalhousie College of Pharmacy

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# Dalbousie University College of Pharmacy

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George A. Burbidge

5968 College Street

Building



2006

# 2005





A HUGE thank you to everyone who helped make this year's yearbook possible! Memories captured from 2005/2006 include Frosh Week, Halloween, APAC, Christmas Ball, PDW, HPLs, Grad events, random nights with the pharmacy crew, and many more. We hope this yearbook adequately depicts the awesomeness of the Dalhousie Student Pharmacy Society and College of Pharmacy. It's easy to see that all of you pharmacy students definitely know how to have fun, and also know how to get the job done! To all of our unofficial photographers with their endless supply of awesome yearbook shots: thanks so much for lending your skills...this book would not have been the same without you! To the grads of 2006: we hope this helps you remember what a rockin-good-time you all had in you final year at the college. *"I cannot say good-bye to those whom I have grown to love, for the memories we have made will last a lifetime and never know a good-bye."* -Unknown.

Your 2005/2006 yearbook directors,

Ashley, Erika and Zainab

2 Yearbook Message





On behalf of Faculty and Staff, I am pleased to have the opportunity to extend our warmest congratulations to the Class of 2006.

It's hard to believe it was just four years ago you entered the College of Pharmacy and now it's time for you to move on to the challenges of your new careers in pharmacy or to continue on with your education.

The past four years have been an exciting time in the College's history. This year, the first MUN/ Dal Atlantic Pharmacy Advancement Conference (APAC) was held in St. John's, Newfoundland with an outstanding attendance from the College. The student career day EVOLVE moved to the Lord Nelson Hotel with a record attendance of students and participants.

These also are exciting times for our chosen profession of pharmacy. The scope of practice for pharmacists continues to expand and pharmacists are finding new roles within primary health care reform; even prescribing select medications in some provinces. Patient safety is one of the hottest topics in health care and pharmacists in both community and hospital settings are taking leading roles to improve the medication use system.

Our profession is not without it own challenges: the outdated payment schemes that focus on dispensing fees rather than service, our lack of access to patient information, and the lack of legislative changes to support prescriptive services are all things that will need to change. The debate over the educational requirements for entry to practice in Canada continues.

I am confident that as graduates of the Dalhousie College of Pharmacy, we have equipped you with the skills needed to meet any of these challenges and to take advantage of every opportunity. Be sure to become involved and help with the necessary changes to move our profession forward.

Congratulations and best wishes for the years ahead. Please be sure to keep in touch.

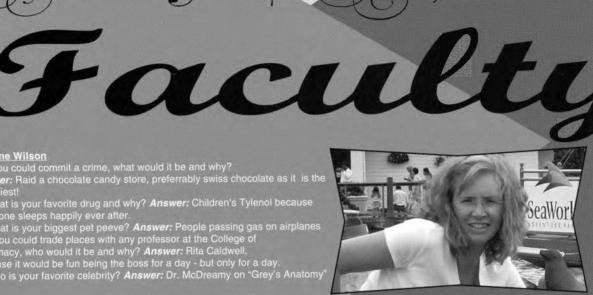
*Rita K. Caldwell, BSc(Pharm), MHSA Director* 

#### Jo-anne Wilson

1. If you could commit a crime, what would it be and why? Answer: Raid a chocolate candy store, preferrably swiss chocolate as it is the

ollege of

Answer: Nate a circle and a why? Answer: Children's Tylenol because everyone sleeps happily ever after.
What is your biggest pet peeve? Answer: People passing gas on airplanes 4. If you could trade places with any professor at the College of Pharmacy, who would it be and why? Answer: Rita Caldwell, because it would be fun being the boss for a day - but only for a day.
Who is your favorite celebrity? Answer: Dr. McDreamy on "Grey's Anatomy"



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#### Mary MacCara

 What is your favorite movie? Answer: Walk the Line.
 What is your middle name? Answer: Elizabeth
 What is your favorite word? Answer: Hi - because it's short and to the point!
 Who is your favorite celebrity? Answer: Queen Elizabeth.
 What is something that people would be surprised to learn about you? Answer: I partiicipated in the Guinness Book of World Records attempt of having the most number of people doing the 'highland fling' at the same time - 659 of us danced the fling for 6 minutes in Antigonish, July 2005.



#### **Danette Beechinor**

1. If you could commit a crime, what would it be and why? Answer: I think I would hit someone famous in the face with a pie. It would be worth getting a misdemeanor assault on my record just to see their face.

2. What is your favorite movie?

Answer: It is a toss up between Dead Poets Society and Shawshank Redemption.

3. If you could trade places with any professor at the College of Pharmacy, who would it be and why?

Answer: Tannis Jurgens; she's so smart.

4. Who is your favorite celebrity? Answer: Big Bird.

5. What is your middle name?

Answer: Danette (makes you wonder what my first name is, doesn't it?)



#### David Jakeman

1. If you could commit a crime, what would it be and why? Answer: A heist much likeOcean's eleven. 2. What is your favorite drug and why? Answer:

I'm teaching the second year students I'm teaching the second year students 3. What is your middle name? Answer: Llewellyn 4. If you could trade places with any professor at the College of Pharmacy, who would it be and why? Neil, he's on sabbatical (except that having twins sounds like a lot of work)

Tot of work) 5. Who is your favorite celebrity? David Beckham





#### Pat Farmer

- What is your middle name? Answer: Stew
   What is your biggest pet peeve? Answer: Buffy, but she was a dog, not a peeve.
   If you could trade places with any professor at the College of Pharmacy, who would it be and why? Answer: Susan Mansour; she's good at what she does and everyone loves her.

4. What is your favorite word? **Answer:** Llanfairpwllgwyngychgogerychwyrndrobwllllantysiliogogogoch, but I wouldn't want to live there.

5. Who is your favorite celebrity? Answer: Kermit - what's not to like about a talking frog only a pig wants to kiss?

#### Kathy Walsh

1. What is your favorite word? Answer: I think "Ice Cream" is cool ... pardon the pun <grin>

2. What is something that people would be surprised to learn about you? <u>Answer</u>: Maybe they would be surprise to know that I write music, poetry and am working on a novel.

3. What is your middle name? <u>Answer:</u> Elizabeth (you know, after the Queen of England)

4. Who is your favorite celebrity? Answer: Bono, for soor many reasons!

5. If you could trade places with any professor at the College of Pharmacy, who would it be and why? Answe David Jackman, because <dag nababit>... \*I\* wanna wear that funky molecular hat of his! Besides, I am really good with British accents!



#### **David Gardner**

1. What is your favorite drug and why? Answer: Uripas. You get to call people names and they don't even mind.

2. What is your favorite word? Answer: That's a no brainer: sesquapedalian 3. If you could commit a crime, what would it be and why?

Answer: Can it be one completed already or does it have to be a new one? 4. What is your middle name?

Answer: To know, you will have to decode by stringing the letters of the clues Answer. To know, you will have to decode by stringing the letters of the clues together; a) 1st letter of the initial goal of antidepressant treatment; b) Tom Cavanaugh's former character's name, c) the letter of the alphabet that some people (e.g., in Quebec and parts of PEI and Cape Breton) pronounce at the start when saying the letter while most others of the English speaking world do not, d) Jullianna Margulies left this show only to watch her career go down the tube (no pun intended), e) The New York Stock Exchange's symbol for Rinker Group Ltd, f) The first letter of the word that only fools believe is not in the dictionant. Did you have her alphabet did dictionary. Did you have fun?! I did.

5. Who is your favorite celebrity? Answer: Well it's not Tom Cruise. He's antipsychiatry, he's pompous, he's arrogant, and he's got crooked teeth (origi nally). Yeah, and he's short too. Wait a minute, other than the psychiatry thing, he's just like me!



Are you ready for it? Here is the year in review of the DSPS for 2005/06. I've said it before and I will say it again; the DSPS is one of the best student societies on campus and its success is owed to the students who come out to support events, your council members and the countless volunteers who help make our society go 'round.

The year started off with the ever popular Orientation Week where we welcomed the class of 2009 and reunited the rest of the College. Hatfield Farms was a popular alternative to the now banned pub crawls but the bus ride home seemed like an eternity with a full bladder. A solid week of social activities lead to some more professional activities like our 2<sup>nd</sup> annual White Coat Ceremony at the WTCC and our new and improved Evolve Career Fair, which was by far the most successful one to date. In November we headed to "The Rock" as the Dalhousie College of Pharmacy and Memorial University of Newfoundland held the first ever Atlantic Pharmacy Advancement Conference (APAC). MUN was an awesome host and screeched in over one hundred students and faculty from the mainland. This was certainly a highlight of the fall semester for many of us and we look forward to hosting the event next year in Halifax. Next up we worked a little magic at FTHOI as Harry Potter made his way to Pharmacy school and we ended 2005 dressed in our finest at a new venue for the Pharmacy Ball, the Lord Nelson hotel. Do I have to mention the HPL's and Pacifico nights? Well if you went to them maybe I do, just for the record.

The New Year saw a record number of students attend PDW in Montreal for the National CAPSI conference; we had another very successful Pharmacy Awareness Week, with a sobering influenza pandemic talk at the DSPS CE night. Pharmacy had another successful year in intramurals and again holds the reputation for always showing up. Things came to a close with a celebration of the College's finest at awards night and we wrapped up the year with skit night. I'll take O titties for \$500 Alex.

It goes without saying the proudest moments we have in the society is when we can give back to the community. This year was no exception as the DSPS again participated in the Run for the Cure, blood donor clinics, adopting families at Christmas, and raising thousands of dollars for local charities from our cupid/professor auctions and skit night. I'd also like to acknowledge the individual students who quietly volunteer their time and services to the community on their own.

A huge thanks to all members of this year's council: the outstanding DSPS executive, social directors, resource managers, class, SAC, CAPSI reps, Inpharmation, IPSF, FOHP and hospital reps, athletic, PR, fundraising, community service and FTHOI directors, and all the liaisons. You all made this a great year at the College of Pharmacy. And of course who could forget the beautiful, hardworking Yearbook directors!

Finally I want to thank DSPS advisors Kim Sponagle and Harriet Davies for their input this year and to the faculty and administration for their support of DSPS initiatives and students.

Enjoy what time you have left here at the College and all the best to you in your professional careers.

Craig Connolly DSPS President



(From Right) Secretary: Emily Black, President: Craig Connolly, Vice-President: Alistair Bursey, **Tre**asurer: Anna Tasiopoulous









DSPS Class reps: Mark Chambers, Ayisha Al-Wardian, Jennine Ersnt & Sarah Comeau

Social Directors: Jacqueline Gray, Michael Head, Valerie Murphy



Chair: Jessica Beattie

Inpharmation Editors: Adam McDowell, Sarah Comeau &

Community Service Directors: Lori Graham and Annick Gangon

Lindsay Cameron.



Senior Resource Manager: **Jordan** Clark Junior Resource Manager: Heather Goodland

IPSF Rep:

Tuffour

Michelle Amoako -

PR Directors: Stacey







Athletic Directors: Erika Maher & Drew McNeill



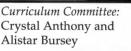
Greg Maichele: 4th year SAC Rep, DSU Rev

Pamela Edmunds: 3rd year SAC rep, Awards Committee

Malorie Holman: 1st Yr Sac Rep; photo unavailable



FTHOI Choreographer: Nicole Gallant FTHOI Props: Felicity Mitchell FTHOI Stage Director: Andrea Levesconte





Self-Assessment Committee: Jacqueline Mouris and Zainab Abidali





Awards Committee: Juanita MacDonald

Fundraising Directors: Lucy Wang and Jennifer Reynolds (photos unavailable)



Faculty Advisor: Harriet Davies

everyone on a





Promotions Committee: Felicity Mitchell

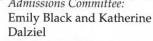


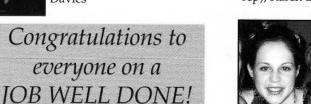
Hospital Directors: Erika Jones, Heather Goodland, Mary Elliot (3rd year rep), Crystal Anthony (2nd year rep), Karen Ling (1st year rep)











Faculty 7

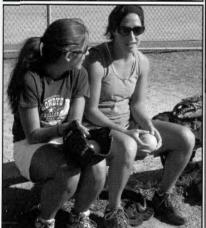
























Tuesday-Wal-mart BBQ, the Amazing Pharmacy Race, Big siblings potluck, T-room Wednesday-Pharmasave Luncheon, Softball Game, Interfaculty Karaoke Thursday-Keith's Brewery Tour and Dooly's Pool Night Friday-Harbour Boat Cruise Saturday-Picnic, Hatfield Farms, then Pacifico





Orientation Week 9









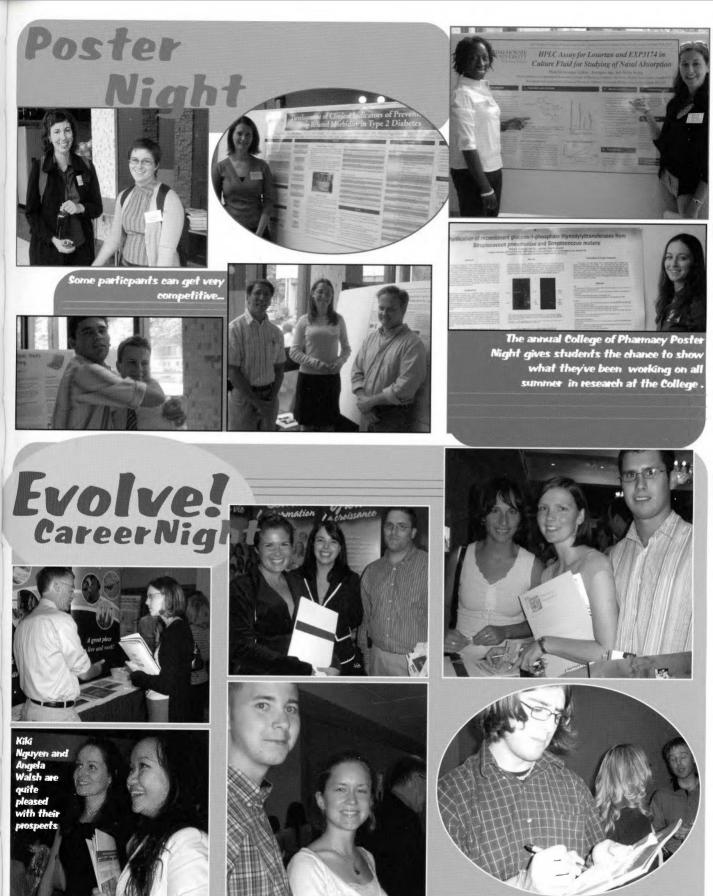
A big Thank You goes out to everyone who particpated! We were able to raise around \$3000 for the Canadian Breast Cancer Foundation. Thanks to Rochelle, Stacey, Marlene, and Lori for all of their hard work.



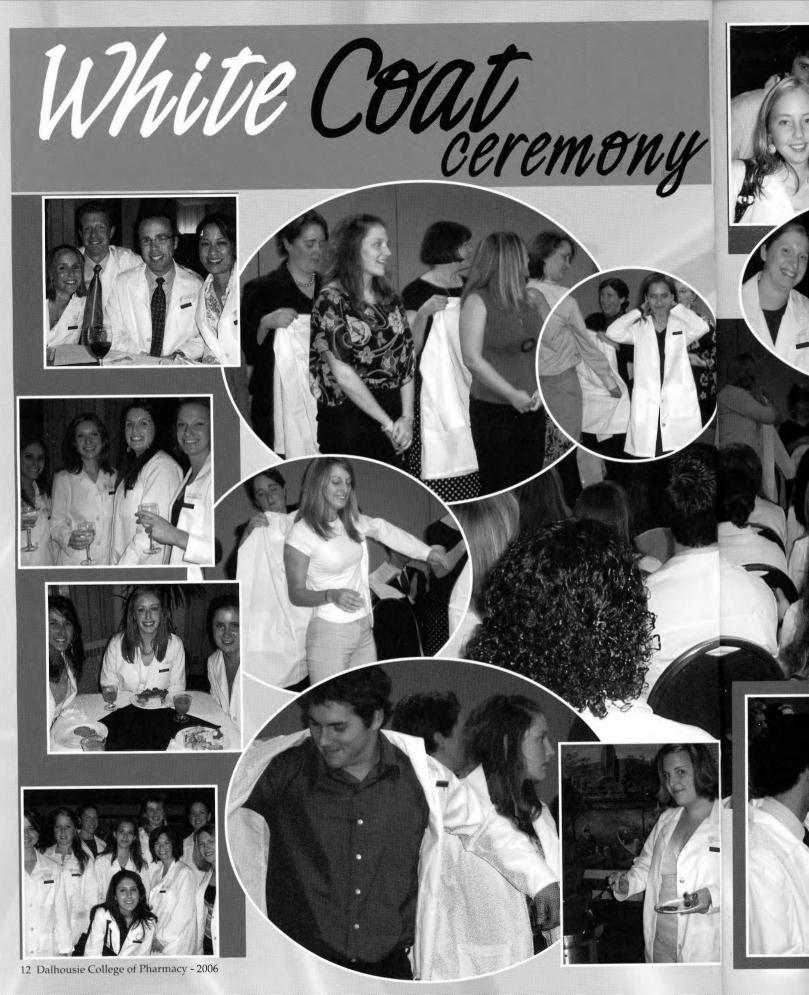




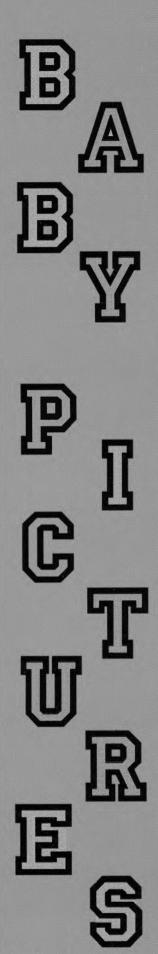
It was pretty cold to start out, but it definately warmed up as the morning went on!



Ryan Maltaïs is making some very important decisions.











































**Baby** Pictures



- 1. Adam McDowell
- 2. Adam Sommers
- 3. Alison Buckland
- 4. Amy Chisholm
- 5. Ruan Maltais
- 6. Samantha Covert
- 7. Sarah Comeau
- 8. Wesal Salih
- 9. Amy Halsell
- 10. Andrea Levesconte

- 11. Russ MacDonald
- 12. Rayleen Rantala
  - 13. Andrew Suh
  - 14. Angela Walsh
  - 15. Nicole Gallant
- 16. Nadine Pettipas
- 17. Nicole Bradley
- 18. Ben Gunter
- 19. Antonio Behno
- 20. Chris Dalseg

- 21. Lisa Wood
- 22. Melanie Parker
- 23. Jennifer MacDonald
- 24. Erika Jones
- 25. Jody Tapp
- 26. Jacqueline Mouris
- 27. Cynthia Sheppard
- 28. Katherine Dalziel
- 29. Janelle MacLean
- 30. Julie Selby

- 31. Lara Wilson
- 32. Gabrielle Richard
- 33. Krysta Gallivan
- 34. Katie Gammon
- 35. Krista Henderson
- 36. Erica Cooper
- 37. Felicity Mitchell
- 38. Jennifer Sears
- 39. John Farrell
- 40. Juanita MacDonald
- 41. Craig Connolly

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#### Reference Number : AU 05-2006 Pharmacist – Full-time Position

For more information about this position, log on to http://www.santeACADIE-BATHURSThealth.ca or dial (toll-free) 1-888-544-2373. Please quote the reference number. Interested applicants should send a detailed résumé (in complete confidence) to the following address:

> **Human Resources** ACADIE-BATHURST Health Authority 1750 Sunset Drive, Bathurst, N.B. E2A 4L7 Fax: (506) 544-2012 • E-mail: persne@reg6.health.nb.ca



Régie de la santé ACADIE-BATHURST Health Authority

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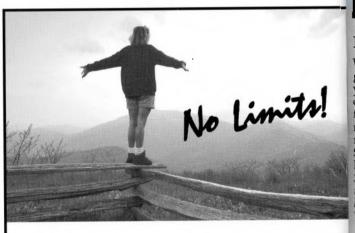
AVH is an organization with innovative plans for the future, we continue to update and expand our facilities and programs to make our organization a better place for clients, community partners and our employees. AVH is committed to the personal and professional development of our employees; we give our people every opportunity to expand their knowledge and skill development.

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#### Antonio Behno

Who would've thought four great years would go by this fast! I would like to wish everyone much happiness and success in our different paths. As I leave CoP and the city for another adventure, I take with me a lot of unforgettable memories and laughs.



**Jeff Boutilier** 

Dunns Labobe OUT!

I would just like to thank my family

and friends for making this the best 4

years of my life. I'll never forget all the goodtimes: Keggers at Tim and Ben's, The Teabag Lounge, PDW 2005/6.. stroke?.. "THE TRIO", HEME AWAY ME SONNY BOYS, D and Val..HollA, and of course the Alehouse with the Class 2008! I wish everyone all the best in the future and hopefully I will see a lot of you again. As a wise old man once said... "It's not the destination... IT'S THE RIDE'

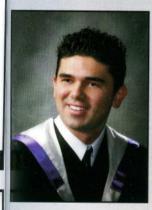


"It's

**Cheryl Boyer** Cheryl wishes the Class of 2006 the best of luck!

#### **Trevor Bourque**

Congratulations to the class of 2006. Wishing everyone success and happiness as you pursue your career path. Best of luck!



#### **Nicole Bradley**

Well... four years have come and gone so quickly! It seems like only vesterday we were walking into class for the first time. The past four years have been some of the most challenging but also the most rewarding. I would like to thank Shawn and my family for all their love and support. To the Class of 2006: "Go confidently in the direction of your dreams. Live the life you have imagined."- Henry David Thoreau





#### **Amy Cheverie**

"Congratulations! Today is your day. You're off to great places! You're off and away! You have brains in your head and you have feet in your shoes, you can steer yourself any direction you choose!" -Dr. Seuss. I wish all my classmates happiness in the future; to be happy is the ultimate achievement. I couldn't have asked for a better four years or better people to share them with. Thanks to my family and Tim, without you I wouldn't be me.



#### **Amy Chisholm**

I would like to wish everyone happiness, health and success in all you pursue. I would like to thank my family and friends for their constant love and support through all the ups and downs of the last couple years. Without you I would not be where I am today. To the Tuesday night crew - I had a great time (wish I had joined earlier!). If anyone happens to find themselves in Yellowknife - look me up!



#### **Allison Buckland**

"Do not follow where the path may lead. Go, instead, where the path may lead. Go, instead, where there is no path and leave a trail." In 1st year, 2006 seemed so far away. But while I was laugh-ing, crying, dancing, and partying, 4 years quickly passed by. Imade amaz-ing friends and was lucky to share this experience with all of you. We'll remember not the studying or Us but the time spent together. It's our choices that show what we truly are, far more than our abilities. Rmbr: FTHOI, skit nights, HPLs, DR, 'stent'. Thanks to family, Matt & friends, esp. CS, for your love & support. Gradu-ation is not the end; it's the beginning.



#### Erin Clarke

Wow! I feel like I blinked and 4 years whooshed by! It's been an interesting 4 years with an interesting bunch of people. I'm not sure the College will ever see another class quite like ours. I want to thank each and every one of you for being such great teachers! None of us could have pulled this off alone. I also want to thank you for the memories, and wish you all the best in whatever you do & wherever the road takes you. I know you'll all be great. I'd be lucky to work in a pharmacy practice with any one of you... and every time I counsel a girl for Plan B, I'll be thinking of you, Jacqueline!



**Craig Connolly** 

all

Here we are at the end of a four year

journey that seems to have passed quicker

than we could have imagined. No more

LI's, no more tutorials, no more PDW's or

trips to Memorial. Goodbye HPL's, skit

nights and the DSPS too, it's been a great

ride since 2002. To my family and friends

thanks for all your support. There are so

many of you that have made my time at the

College an enjoyable and rewarding expe-

rience and I can't thank you enough. I wish

you all the best in your pharmacy careers

and wherever life takes you. I'll miss you



#### Samantha Covert

Sam, a Dartmouth native, is finally ready to bid Dalhousie goodbye after two long degrees. Sam has enjoyed her time at the College of Pharmacy, and really appreciatedthehelp provided by many classmates, professors, and friends throughout her "horsey mishap". Fond memories of numerous social events (especially the crazy recruitment nights!) will not be soon forgotten. Sam would like to thank her family and Doug for their continued love and support. She wishes the class of 2006 the best of luck.





#### **Angela** Crichton

I'd like to thank my family for all the encouragement, and the emotional and financial support; to all my friends for keeping my mind off school so much of the time and a special shout out to my classroom pal for always making me laugh and class seem fun.



#### Erica Cooper

Erica came to the CoP from Weymouth, NS (where?) after a short stay at Mount Saint Vincent. She will fondly remember dancing mediocrely in FTHOIs and Pharmacoepias, living it up at PDWs and Christmas Balls, having fancy drink nights and other adventures with the Pharmacy girls, and singing away the summer in the CoP museum. Erica has many thanks for Brian, full of hugs and patience, the Mount girls and her families on both sides of the South Shore for their support.

Do not be too moral. You may cheat yourself out of much life so. Aim above morality. Be not simply good - be good for something. -Thoreau

#### Sarah Comeau

I wouldn't have wanted Pharmacy any I differently or with anyone else! Karaokeat is Oasis (We don't sound like Whitney?!?). & HPLs; Quebec City (Still un-freezing...), e parties for CEOs and office 'staff'; Cranium (Creative cat is the C-A-T-E-G-O-R-Y!!); and being 'Mama Sur' so all my kids made it to class on Fridays and took food out of the oven! I'm truly blessed to have i amazing friends I can count on-thanks for everything from the bottom of my hear (you know who you are!). Class of 2006, I thanks for being part of the memorable experience. "Live well, love much, and laugh often."



#### Carolyn Cox

Carolyn wishes the Class of 2006 the best of luck!



#### **Christopher Dalseg**

The past four years as part of the College of Pharmacy have given me so much more than just a career - I've traveled to cities from coast to coast, met colleagues from all nine faculties of pharmacy, and developed some of the best friendships I'll ever have. I would like to thank all of my family, friends, and classmates for contributing so much to these experiences, and I wish the Class of 2006 all the best for the future.



18 Class of 2006

#### Katherine Dalziel

It was a lot of fun while it lasted! It is incredible how fast four years in pharmacy school fly by! It is extremely exciting to be entering the real world and to finally accept full responsibility as a pharmacist. I want to congratulate all of my classmates and wish them the best of luck both with their career and their family life. Most importantly I want to thank my family for the tremendous love and support they have always shown me. I feel very fortunate to have such an amazing family that is always there for me when I need them most. To the Class of 2006, enjoy every moment of your new life as a health care professional; a new adventure starts now!



#### John Farrell

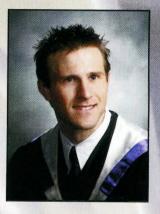
Four years have flown by, full of stories and friendships I'll keep forever. Two PDWs (I think), one MUNDAL (I'm told), and one pharmacy medal for excellence (MUNDAL). The guys: we've come out alive-thanks to you all for being good friends, roommates, pubcrawl teammates and keeping me out of trouble-kinda. I'll catch you on the flip side. Mom and Dad, I love you for being Mom and Dad. Special thanks to a special girl who always puts me in my place (and made me study)-I'd still be asleep in 109 without you. You are the best. "Thave never let my schooling interfere with my education". Mark Twain.



David Gallant Dave wishes the Class of 2006 the best of luck!

#### Susanna DeWolfe

Over the past four years, I have met great people, built lasting friendships, had the time of my life, and even learned a little along the way. I wish the best of luck to the entire class of 2006-we've made it, go out there and show 'em what you're made of! See you in 10!



#### Krysta Gallivan

Congratulations Class of 2006! We did it! I'll always remember my 4 years at the CoP as one of the best times of my life, in spite of endless LIs and evaluations!! I'll never forget skit nights, parties at Tim & Ben's (raspberries!) and "pre-drinking" at Al & Cyn's. Thanks to my family and Ryan for their unwaivering support. Thanks to all my "Rx girls"; you made it the ride of a lifetime. I'm so happy to have met you all. See you at fancy drink night!! "In the end, friends are what matter most...the years, the tears, the smiles, the miles, and all the things that happened while we avere out chasing our dreams." Unknown



#### Nicole Gallant

Wow! It's hard to believe 4 years have come & gone but they were filled with amazing memories. I'd like to thank all the people who made my stay at the College an unforgetable one, leaving me with enough laughs to last forever, tons of hilarious pictures and many life-long friends. I'll always remember HPLs, winning FTHOI, St.John's and trips home to good ol'PEI. Thanks to my family & friends for your continual love, support and encouragement. Congratulations & best of luck to all the grads of '06! Life is what you make it, so make every minute count.



#### Katie Gammon

Gammon was accustomed to the Halifax lifestyle, entering pharmacy after her 4year stint at SMU. No longer playing varsity basketball, Katie remained active in intramural sports representing pharmacy in basketball, broomball, soccer and ultimate Frisbee. Favorite memories include serving as social and sports directors, the many pharmacy functions, and her European adventure in summer '05. She'll miss everyone she's met over the years, but won't be missing the commute back and forth to the good ol' north shore. Katie would like to thank her family for their great support and wishes everyone the best in the future!



#### Natalie Gaudet

A small-town girl from St.Louis, PEI arrived in the big city after 2 years at UPEI. Nat aka "Goodie" is known for her bright smile and witty remarks. This girl is always the life of the party, sure knows how to 'dance dance dance', and has the best Halloween costumes ever! She'll miss the good ol' HPL's, late night basketball, soccer, frisbee, and the numerous class parties! She thanks her family and friends for the support along the way... x0x0...CoNGrAts tO aLL AnD bEsT oF LuCK



#### **Ben Gunter**

"Benji" fit right into the big city of Halifax coming from little Bear Island, NB. He will be remembered by his active involvement at the College - especially the many times at the old house on College St., always at maximum capacity! Ben could often be seen in the halls of Burbidge with his better half - Ripley. He'll never forget HPL's, Skit Nights (his famous video ... err ... reenactment), Social Director, Daytona Beach, PDW's, Pacifico nights, and all the fond memories of the College - Advice to the undergrads: Copy from one, it's plagiarism; copy from two, it's research. Congratulations and best of luck to the class of 20061



#### **Amy Halsall**

I would like to thank my Mom and Dad and the rest of my family for their love, guidance, and support. I'm where I am today because of it. To my Grams and Gramp –I know you'd be proud. My time at the College provided me with unforgettable memories and many invaluable adventures and experiences. Most importantly, it's where some of my strongest friendships were created, thanks girls! Best of luck to the class of 2006 and thanks for a great four years.



#### Krista Henderson

The road to this pharmacy degree has been a long one (~115,500 km and 1,386 hours of traveling) but it's finally complete! I couldn't have done it without the love and support of my parents. Thanks Mom & Dad! To my children, Rogan & Rylan, I hope that I've been able to teach you the value of education, determination and perseverance these last six years. Remember, anything is possible no matter what obstacles stand in your way. "We know what we are, but know not what we may be" - Shakespeare

#### **Christine Hager**

I can hardly believe that my time in the east coast has come to an end. I promise I only have good things to say about the Maritimes. The people I've met, the friends that I've made and the experinces I've had are unforgettable without a doubt. Remember to look me up if you are travelling my way, I love company! Best wishes everyone!!



#### Jill Hoffman

I came to the College of Pharmacy after attending 1 year at StFX, and all Ican remember is not wanting to leave, because I didn't think life could get much better than that. But these last four years have sure proven me wrong. I gained so many amazing friendships and experiences, which will be forever endured. I want to thank my parents for their love, patience and support, while also thanking my classmates for making these last four years unforgettable. Congratulations Class of 2006 and Good Luck with whatever your future holds.



#### Erika Jones

Over these past four years I've gained somuch more than I could have asked for...some amazing friends & memories, hundreds of hilarious pictures, mad CAS skills, and even that "special someone". The first PDW, dressing up in tin foil, dancing downtown with the crew, the big trip to St. John's, and presenting silly slideshows are among the many unforgettable experiences. Thanks so much to everyone for being so fun/nice/all-aroundawesome and for making this BSc Pharm experience such a super good time!



#### Jason Keddy

Four years later and another chapter in our lives has come to a close. It began with 'Law and Ethics' and ended with friendships and memories that will last a lifetime. In between were HPLs, karaoke and skit nights, along with a few late evenings spent studying too. None of it would have been possible without the support of my family and friends, so thank you. Congratulations and best of luck to the class of 2006.

#### **Holly Howell**

Wow, 4 years! It's hard to believe how fast the time has gone by. I'm thankful and proud to have been a part of such a wonderful class. Once licensed, I will be working as a community pharmacist somewhere in metro Halifax for Sobeys/Lawtons. So if any of you should see my head moving around behind one of their tall counters, please stop by and say hello. Congratulations and best of luck to you all!



Natasha Lantz

Natasha wishes the Class of 2006 the best of luck!



**Rachel LeBlanc** 

in touch always.

I would like to congratulate the

Class of 2006 and thank them for

a great four years! I hope that life

brings everyone happiness, health

and adventure. May we all be fortunate enough to achieve our

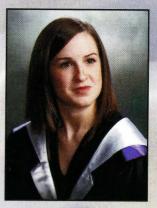
dreams and still have more

dreams to realize. Most impor-

tantly, to the girls: thank-you for

your friendship, for laughing, cry-

ing and always being there. Keep



#### Andrea LeVesconte

I just wanted to write one phrase: "Finished at last!" but Gab wouldn't let me. Where to begin? DSPS, Pharmacopoeia and FTHOL...what a talented group of people we have! Fun with the "Rx gals", PDWs (Fuzzy Monkeys, Ice Hotel), "Schreeched In" at APAC, the "vork" fiasco. Gab and Sue... memorable (and not so memorable) nights at The Oasis, feeling Shameless at the Penny, for always being there. Thanks to my family and friends who supported my decision to go back to school and always gave me encouraging words along the way. Congratulations Class of 2006 and God bless.

#### Angela LeBlanc

It seems as though in the blink of an eye, we have reached the end of our four years together at the College of Pharmacy...we made it through the tutorials, the studying, and oh SO MANY Learning Issues! To "the Girlies": Thanks for all the great memories; I am so happy to have made such wonderful friends. To everyone in the class of 2006: Good luck in your future pharmacy careers, and in all that the future holds for you!



#### Julia MacCormick

"Dream as if you'll live forever. Live as if you'll die today." - James Dean





#### Juanita MacDonald

Special thanks to Gregory, my parents and my family; your love, prayers, support and encouragement are the reason I am where I am today. A big thank-you to the "Snowbirds" for all the great laughs! Congratulations to the class of 2006. I wish you all the best as we leave Burbidge and begin our new careers and exciting futures.



#### **Russ MacDonald**

Hmm...how do you sum up 4 years? Let's see, I've met some of the best friends I'll ever have (including that "special someone"), became a world-class crib/poker/ xbox player, visited pubs across Canada spreading the good word of pharmacy, learned how to steam clean my carpet, memorized the stalker book annually, and avoided being arrested to boot. Oh yeah, and learned some helpful tidbits about pharmacy too. Thanks to my family for all of their support since "leaving the nest" and all of you for making these 4 years something I wouldn't trade for the world. *People rarely succeed unless they have fun in what they are doing.* -Andrew Carnegie



#### Jennifer MacDonald

Thanks to my parents and my sister. Without your support and encouragement this would not have been possible. Thanks to the class of 2006 for sharing the past four years, I wish the best of luck to all of you!



#### **Heather MacIsaac**

"Reality is a crutch for people who can't cope with drugs." Lily Tomlin





#### Jeanette MacQueen

On May 2nd, 1980, Jeanette was born in Kinkora, PEI. Prior to her pharmacy years, Jeanette attended Kinkora Regional High School and then UPEI where she earned her Bachelor of Science in Biology. During her years here at the College, Jeanette was involved in DSPS, Admissions, and CAPSI. Some of her most memorable moments over the past few years include the Stagette party with frequent kisses from "Bruce Frisky", special drink nights with the girls, sharing the Fallopian tube story with Suzanne, Krysta's berry attacks and laughing her butt off at Craig's jokes sent via MSN. Jeanette will never forget the friends that she has made over the past few years and wishes everyone in the Class of 2006 best of luck!



#### **Greg Maichele**

Congratulations class of 2006 and the best of luck to us all. Thanks to my fellow snow birds for being such good friends. Thank you to my parents for the all their help and special thanks to Lois without whose support this would not have been possible.



**Timothy MacLaggan** 

best of luck!

Tim wishes the Class of 2006 the

#### **Ryan Maltais**

"Many dreams come true and some have silver linings, I live for my dream and a pocketful of gold. Mellow is the man who knows what he's been missing, Many many men can't see the open road. Many is a word that only leaves you guessing, Guessing 'bout a thing you really ought to know, ooh! You really ought to know..." Ledd Zeppelin



#### Janelle McLean It has been a privilege to spend the last 4 years with the wonderful indi-

last 4 years with the wonderful individuals of this class of 2006. You have bright careers ahead & I wish you every bit of success & joy in life that you have worked so hard for as you begin your pharmacy practice. I will especially miss Thursday nights, weekend trips, baking issues & the wining & dining. I'm continually thankful for the support of Dan & my family, & for the lifelong friends from my time at Dalhousie. If you're visiting in Fredericton, look me up! All the best Class of 2006!



#### **Brodie McMurrer**

Brodie graduated from UPEI with a Biology Major before making the trip across the pond to Halifax. Pharmacy was 4 years of good times and expensive living. I'll always remember parties at Ben/Tim's, nachoes at the Shoe Shop (extremely Big Time), my beloved cane from the skills lab, Old Sam, and last but certainly not least Halo marathons as Brodivic finishing with Greek poutine from our good friend's at Alexandra's. All the best to my fellow classmates and friends.

#### Adam McDowell

Four years have come and gone so quickly, it's almost unbelievable that we're finished. We have accomplished a lot and have had some great times together. During my stay at the College, I have been an editor, a king, saved the world with my awesome powers, and still managed to receive an education. I leave here not only a pharmacist, but also a friend to some of the greatest people I will ever meet. The Roman playwright, Plautus once said, "Where there are friends, there is wealth," and they don't call me Bling for nothing. Congratulations everyone!



#### **Felicity Mitchell**

Being at the College of Pharmacy, these last 4 years has been the most awesome time of my life! I have had so many great experiences at PDWs, HPLs, and of course Tim and Ben's house parties! I like to give a special thanks to the Geoff for keeping me grounded when I stressed over exams and to Brody and Jono for the never-ending supply of candy!



Kiki Nguyen

we meet again!

It's hard to believe that four years has already gone by, and I couldn't imagine

sharing this time with a better group of

people. It's more than just a degree I'll be taking away from the College, but the lifelong friendships and memories as well. From PDWs to HPLs, random escalade

adventures and downtown craziness, to of course, the days spent living at the library-I would not change a single thing. I thank those who have brought love and laughter

into my life, and consider myself fortunate that our paths crossed. I will miss you guys

tremendously. I wish everyone the best of

luck in their future endeavours, and may



#### Terra O'Handley

Congrats class of 06! I can't believe how fast these 4 years have come and gone. So many great memories and stories to keep us laughing for years. Iwill neverforget: endless X roadtrips w/ KT & JH, late nights w/ Lur & Sur filled w dancing & randomness, 1406, skit night. Thank You -To my family: for the unconditional love and support xoxo. To the girls (and JF!): not sure how I would have done it without you. "I miss the tears, I miss the laughter, I miss the day we met and all that followed after"

#### **Jacqueline Mouris**

The past four years we have become classmates and friends. We set a goal, graduation, and we reached it. Today we are the Class of 2006, tomorrow we are individuals. To my classmates, teachers, friends and family: Thanks for advising me and having patience with me through all of the troubles and triumphs of tutorials, LI's, midterms and exams. Always give others your best, and they'll give you theirs. We will each go our own way but we will always stay together in our memories from Dalhousie's College of Pharmacy. "Learn from the past. Look to the future. Live every moment."



#### Melanie Parker

Congratulations and best wishes to the class of 2006! Our turn has finally come! Thank you fellow classmates for all the fond memories that'll last a lifetime. Ange, Jen, Kate, Nadine and Shannon – thank you for all the memorable shopping trips, pollucks and *a*-hole games at Tupper! To my wonderful parents and Rosetta – thank you for all your love and encouragement, and for always helping me believe in myself. And to Ryan, thank you for the endless love and support and for always giving me the motivation to keep going, I couldn't have made this journey without you!





#### Nadine Pettipas

I would like to thank my family, especially my parents and sister, for their love, support, and encouragement over the past seven years. Special thanks to Mark, for always being there for me, even from a distance. To my friends, the last four years at the college would not have been the same without you. Thank you for making it such a memorable experience. Finally, I would like to wish the class of 2006 all the best in the future.



#### Julia Paterson Julia wishes the Class of 2006 the best of luck!

Kelly Pitre Kelly wishes the Class of 2006 the best of luck!



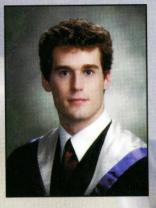
#### **Rebecca** Prince

Thank you to all the professors at the College of Pharmacy. All students recognize the dedication and support you have shown and our future achievements will be a reflection of your success as teachers. Thank you to my fellow students who have made this four-year journey a rich and fulfilling experience. As I head West I will carry with me the memories of the East and I will undoubtedly benefit from the education and friendships I have realized in Halifax. Good luck to everyone in all your future endeavours.



#### **Rayleen Rantala**

Thank you to my family and friends for all their support and encouragement during the past four years. Thanks to all the great people I've meet at the College, especially the 'Snowbirds.' Congratulations and all the best to the class of 2006!



#### **Moira Reiley**

WoW! It has been a busy but great four years. I have met a lot of great people and enjoyed many good times at the college. I would like to thank all my family and friends for their support and encouragement. Congratulations and Best of Luck to the Class of 2006!



Shannon Roach

Congratulations to the class of

2006 for all your dedication and achievements over the past four

years. Thanks a million to my fam-

ily and friends for your love, encouragement and support. Best of luck to everyone in the future!

#### Gabrielle Richard

I can't believe the 4 years have already come and gone—it has been fabulous! I would like to thank Mom, Dad, and Renee for listening, pushing me when I needed it, and learning right along with me:) Here's to "shameless" nights, one-eyed blinks, 3am badminton games, bathroom stalls, "funny little shapes," thunder and lightening storms. To the girls-it has been a pleasure! And to my adopted roommates D&SQ, thanks for the fantastic times (too many to mention). To all of my classmates—I wish you lots of luck, laughter, and sunsets! Cheers!



#### Wesal Salih

I would like to take this opportunity to thank my family for their love and support. I am grateful for all the friendships made in the past four years and I sincerely wish the best of luck to my classmates in their professional careers. Congratulations class of 2006.



#### **Jennifer Sears**

Four short years ago I arrived at the CoP for the very first time and bonded with strangers on the front step over shared nerves and excitement. Who would have thought that over such a short period of time, those strangers would become my best friends? I will always treasure the memories we have created together: potlucks, HPLs, FTHOI, skits, DR, PDW, APAC, MANY photos, and everything in between. A big thank you goes to my family and friends for your unwavering love and encouragement over the past four years. To the Class of 2006. It's been anamazing journey! Congratulations and best wishes for future success and happiness.



#### David Quinn

David wishes the Class of 2006 the best of luck!

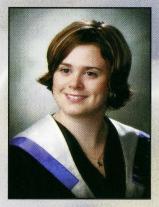
#### Julie Selby

Congratulations everyone! We finally made it. It has been a long road but it has been an amazing experience with many memories I am sure I will never forget. Who knew things would end the way they did? It only took 4 years to figure things out, but I am happier than ever. I couldn't have made it without you John. I want to wish everyone good luck with their careers and lives ahead and I hope to keep in touch with many of you. All the best Class of 2006!



#### **Adam Somers**

How does one say goodbye? Thanks to my family for all of the support through the years and to the friends I have made at the college, thanks for the memories. Big thanks especially to the back row, we all know why we were back there! I encourage everyone to get involved, whether you are in school or not, it made all the difference for me. Oh and wear brightly coloured Hawaiian shirts. And remember, not every thing that can be counted counts and not everything that counts can be counted. Congratulations Grads! Today is your day! Your mountain is waiting, so get on your way! ~Philippians 4:13~

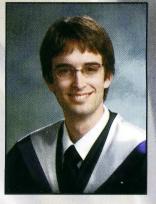


#### **Andrew Steeves**

"Listen, I don't know if they're dating or not, you'll have to ask John." Ah yes, the often employed and much enjoyed Johnny burn. Brodster, anytime you feel like golfing (day, night, summer, winter) give me a call and we'll make it happen. We're going to have to learn each others game if we'll be caddying for each other on the Senior's Tour. It's been a slice, and if anyone ever feels the need for an insightful/witty social commentary for life's awkward moments, give me a call.

#### **Cynthia Sheppard**

I arrived in Halifax from the Cape not knowing what to expect. 2006 seemed so far away...I guess time really does fly when you're having fun! I have made so many great friendships over the last four years and although I'm really excited to finally be finished school, I will miss the great times had at the College of Pharmacy. I would like to thank all my family and friends, especially Mom, Dad, and Ian, for all your love and support over the years. I would also like to wish all my classmates the best of luck in whatever the future may hold for you. "If you can imagine it, you can achieve it; if you can dream it, you can become it.



I have learned the secret of being

content in any and every situa-

tion, whether well fed or hungry, whether living in plenty or in

want. I can do every thing through

him who gives me strength. -Philippians 4:12b-13 Every man dies, not every man really lives. -

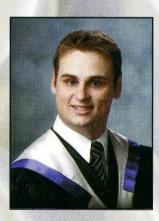
Willian Wallace -Best of luck ev-

Andrew Suh

ervone!

#### **Brad Steeves**

It has been a wild 4 years. I will have fond memories of everyone in my class, especially those who attempted and succeeded in corrupting me through drinking, gambling and general debauchery (you know who you are). I will endevour to utilize all the knowledge and skills gained at the various conferences I attended in my future pharmacy practice. Thanks for the memories and my best wishes to all.





#### **Renee Susin**

I enjoyed my time at Dalhousie University and it will be bitter sweet leaving to begin a new chapter in our lives, both exciting and a little sad. I wish everyone (students and faculty both) all the best in the years to come; whether it is in love, work, health, finance, or just plain old fun, ENJOY LIFE, we have earned it."

#### Kate Swetnam

Thanks to my friends for all the fun and memories and thanks to my family for their support. Best of luck in the future and congratulations to my classmates.



#### Jody Tapp

Congratulations to the Class of 2006! It's funny how you think four years will seem like an eternity but before you know it, you're posing for grad photos and studying for PEBC's! I'm so thankful for the friendships I've made here and the good times we've had. The memories and lessons learned will stay with me always. Thank you to my amazing family who've always pushed me to accomplish anything I set my sights on. I love you guys so much. ~Jeremiah 29:11 & Philippians 1:6~



#### Krista Tulkens

Alberta bound! WOW, it has been an awesome 4 years at the College of Pharmacy. So many great memories and so many new friends. I'll miss Halifax and hanging out with all you RXer's, especially you GIRLS (you know who you are). Love you all and keep in touch!. Good luck Class of 2006!



#### Gina Vaninetti

Whenever asked the highlight of my four years of pharmacy school my answer is always the same – the people I've met. Hard to believe it's all come to an end! So, thanks for making the past four years so amazing (with a special thanks to CH for breaking me in first year) and best of luck in whatever the future holds.

#### Jennifer Trecartin Congratulations and best wishes

to the class of 2006. The past four years have flown by! I would like to thank my family and friends for all of their love and support. Also, a special thank you to Clay. To great friendships made- SR, KS, AL, MP and NP- Hopefully there will be many AH games in the future!!



#### Angela Walsh

It's amazing how quickly the past 4 years have flown by and I couldn't have made it through without you guys! I'll always remember PDWs, pubcrawls, Nfld, Halloween 05, HPLs, spring break 06, the Escalade, random SG/DT adventures with KN, and all the late night library sessions with the crew. Thanks to my friends and family for all their love and support. To the Class of 2006, congratulations and I wish you all the best of luck!



Lisa Wood

I wish everyone the best of luck in the future. Thanks to my friends & family for all their love and support. xoxo



No Photo Available Andrew Marks Timothy Rees Jonathon Snow

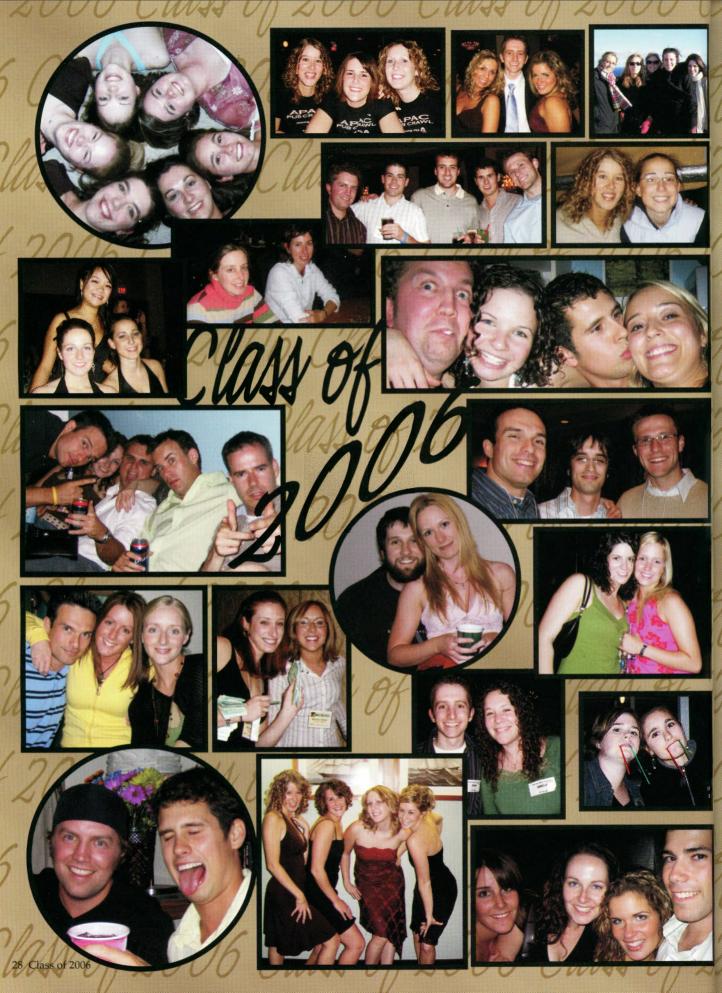
#### Lara Wilson

We did it! It's been a great 4 years filled with endless laughs, crazy adventures, and late nights! I wouldn't change a thing. Thanks to all my amazing friends, whose friendships will not end when we are handed our diplomas. It wouldn't have been the same without you! Never forget havin a blast at skit nights, hpls, balls, parties, random nights out, a year of free pizza, and makin a scene! Thanks to Tur, Sur, and my girls for gettin me into and out of A LOT of trouble! To my family, I can't thank you enough for your constant love and support. Always remember to play on playa!



## DALHOUSIE SCHOOL OF PHARMACY CLASS OF 2006

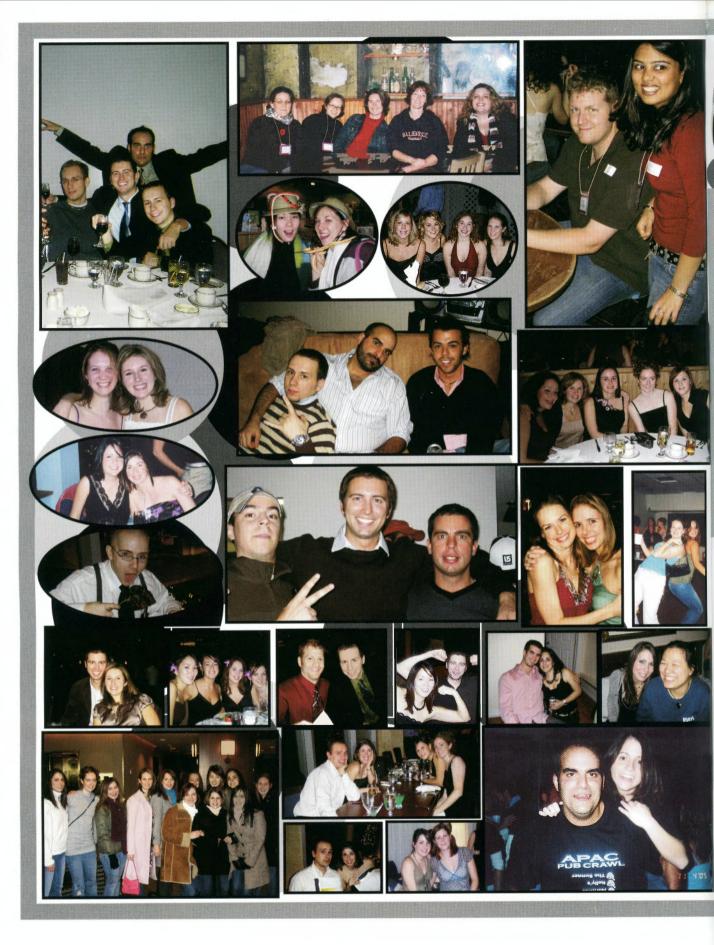
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### Class of 2007...3rd years already!

75% pharmacist. Is there really that much more to learn? Let's just say that 3<sup>rd</sup> year may involve just as much learning as the previous two combined. Where shall we begin? Women's Health-ah yes, the wonderful world of "The Pill" and breakthrough bleeding. A formidable and awkward topic to about 10% of our class, while nothing out of the ordinary to the other 90%. Then it was on to the most dreaded unit in all of pharmacy school: CARDIO. Let's just say to the 2<sup>nd</sup> years, you may want to book 7 weeks out of your life right now to be locked in your room reciting, "Endpoints and outcomes, endpoints and outcomes..." Although there was one thing that did help release a lot of stress: MUNDAL!! Among all the pharmacy advancement and seeing Cape Spear and Signal Hill, we managed to get SCREECHED in, visit about 15 bars in 15 minutes and spread the KTD fame to another province. OSCE memories, i.e. mute Dr. interactions and Vagifem. PseudoBall 2006, the first of its kind. Unfortunate exam scheduling lead to the creation of this event, where the CoP's finest were dressed to the nines while being wined and dined. The new year started with pain, where it was reinforced that sedation + old people = falls. PDW dans Mont-re-al came just in time; La Latini tip: don't order water. The term continued with NHPs and CYP "superstas!" galore. CAS picked up from its first term, "It sucks!" –Stripey opinion, when we all "voluntarily" joined Journal Club and critically appraised articles just for fun. As 3<sup>rd</sup> year draws to an end, we are frightfully close to the real deal, full-blown Pharmacists. Some might describe 3<sup>rd</sup> year as "scotch in a pill" and we may have worked harder than ever before, but we still manage to have a fun time together. Another amazing and memorable year. One more to go class of '007, let's make it even better! ~Marlene, I mean Jennine Ernst, Class of 2007~

PS: "Can I call you in a week to see how that worked out?"



Well it's hard to believe that another great year has come and gone. What's even harder to believe is that in 2 years we will all be pharmacists and forced to enter the real world! That doesn't mean that we can't and haven't been having fun in the mean time. Frosh week started our year off; with potlucks hosted by us for the new first year students. It was a great week of partying, reconnecting with friends we missed over the summer break and getting to know the newest arrivals at the College.

Our school year started off with our first dive into the world of kinetics. Next, we got onto the bus of Biopharmaceutics/Pharmaceutics, although I am sure that some of us felt like we had fallen off of the bus at times. Susan Mansour wowed us with DRPs, PAWs and

pharmacy care plans and we can't forget Dr. Jakeman, who introduced us all to the wonderful world of chemical structures, arrow pushing and SARs. Glenn Rodriguez, the new "Skills Lab Lady", taught us about prescription checking, patient counseling and also subjected us to those grueling calculations modules. Despite all of the schoolwork, we, of course, found time to socialize! Some of us had our first visit to George Street when the first annual Atlantic Pharmacy Advancement Conference (APAC) was hosted by Memorial University and many of us made the trip over to St. John's. We had the chance to practice our French and explore our bilingual sides with a trip to PDW 2006 in Montreal. Christmas Ball, HPLs, house parties and Skit Night all helped to make our second year a memorable one. Next year is shaping up to be just as memorable and exciting, with the highlight being the hosting of APAC 2006 here at Dalhousie this fall, along with many other events and good times to come!

Aiysha Al-Wardian Second Year Class Representative, Class of 2008









































36 Class of 2006

























38 Class of 2



Class of 2006 39





First Year Pharmacy, A year in review:

Wow! A year done already! Frosh week seems like it happened just yesterday! Hatfield farm, the harbour cruise, and various social events to kick start the year was a real treat that was a nice ice breaker for our first week. Then came the first semester of studies and with it a mountainous amount of work with very little breathing room. It is worth reflecting on some "memorable moments" in the first semester, such as the days of Anatomy, Organic, and Biochemistry. I am sure those on-line lectures for biochem and the midterm memories of anatomy will be with us for a long time to come! Hard to believe it, but next thing you know we are done our first year of classes and time for the summer.

In looking back at the many social events and gatherings, the first years always seemed to make a significant appearance and join in on the festivities. There have been so many fun memories that have made this year enriching and memorable thanks to everyone in our class and at the college. It has been a real privilege to be the class representative and I hope that we can all cherish our first "pharma-memories" and look forward to creating more in the years to come. Have a great summer everyone, I think we have earned it! Cheers.

Mark C. First Year Class Rep



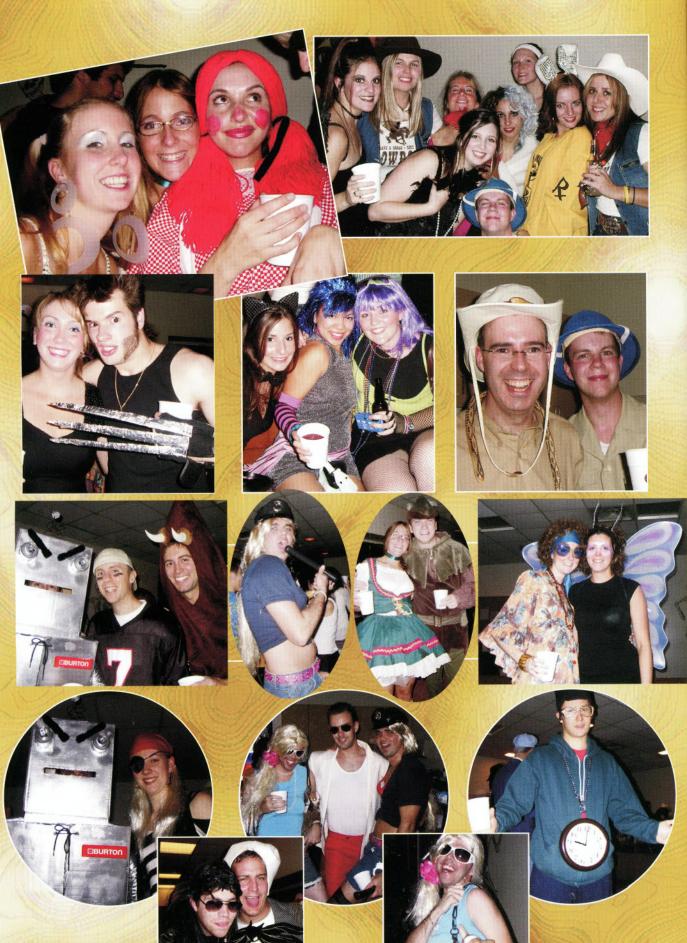


































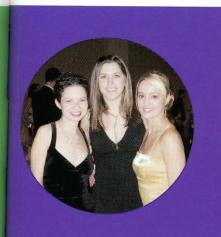


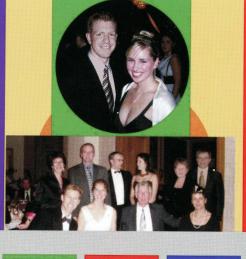














# Christmas Ball 2005



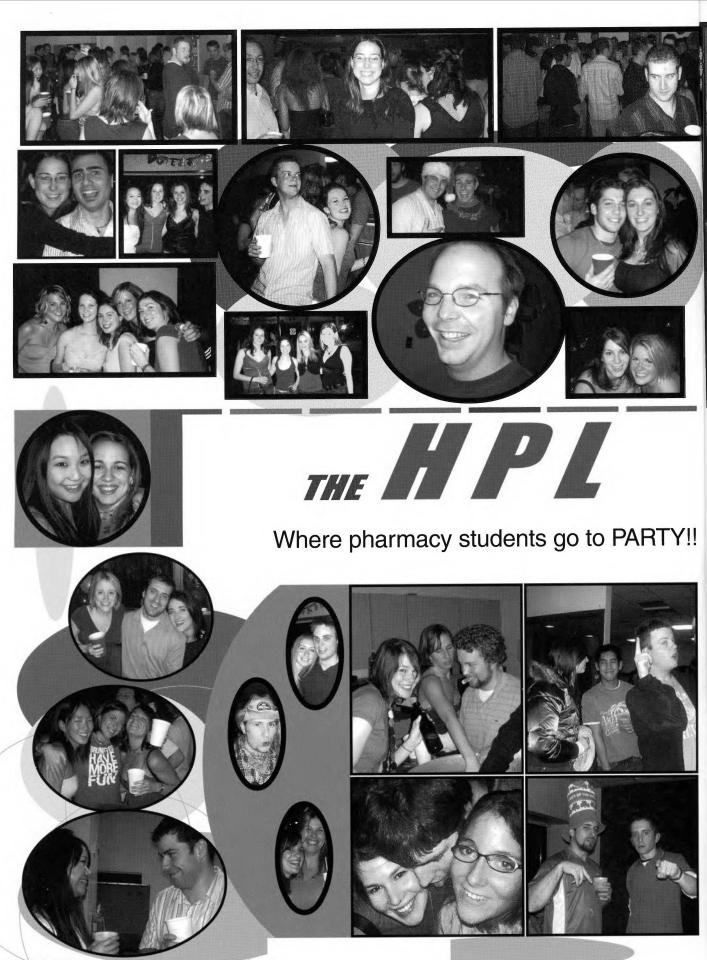












48 Christmas Ball



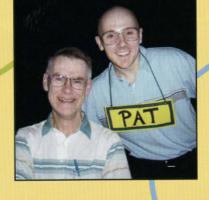


















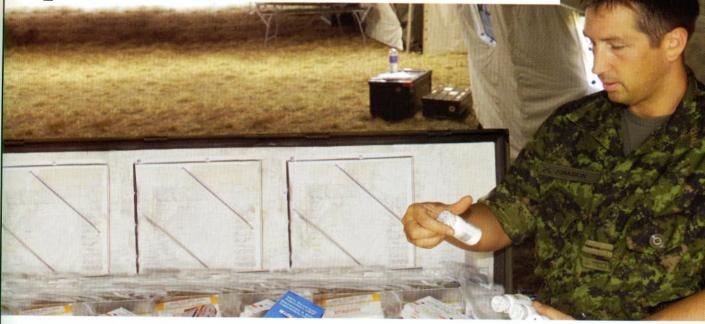


50 Skit Night



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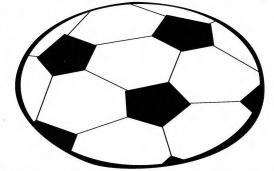
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Ran



# Intramural Award Winners

### Dalhousie College of Pharmacy

Male Athlete of the Year: Dustin Gavin Female Athlete of the Year: Jennine Ernst Most Dedicated Male Athlete of the Year: Dustin Gavin Most Dedicated Female Athlete of the Year: Ana Lees

### **MVP** Athlete Medals

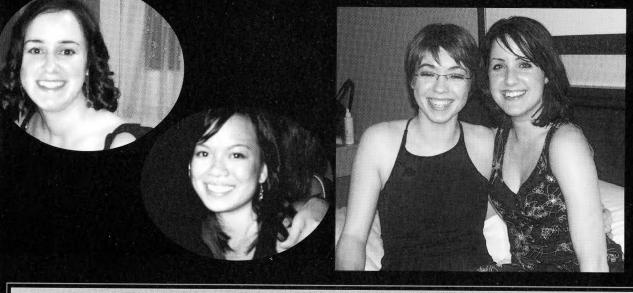
Volleyball Co-ed Male: Dustin Gavin Co-ed Female: Anna Lees Female: Ana Lees Frisbee Co-ed Male: Chris Dalseg Co-ed Female: Katie Gammon

Soccer Co-ed Male: Mark Karyacoubian Co-ed Female: Natalie Gaudet Male: David Gardner Female: Jennine Ernst

### Basketball

Co-ed Male: Dustin Gavin Co-ed Female: Jennine Ernst Female: Jennine Ernst Broomball Co-ed Male: Russ MacDonald Co-ed Female: Loreigh Hamilton Hockey Male: Al Bursey Flag Football Co-ed Male: Brian Kelly Co-ed Female: Taryn Thompson





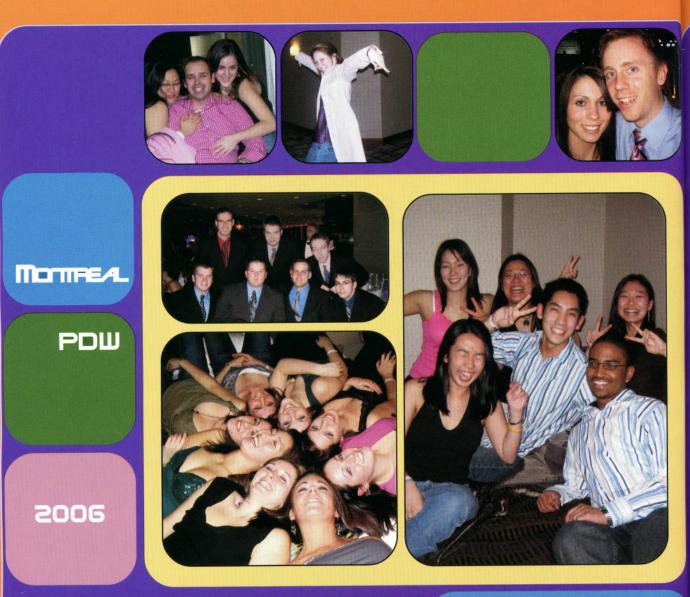
# CAPSI Eve nts

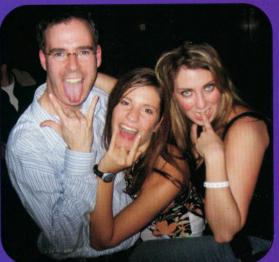
CAPSI Awareness Week: hosted CPhA's Annual Campus Book Tour Professional Development Week in Montreal

Patient Interview Competition Student Literary Challenge Plan B Symposium **OTC** Competition

Compounding Competition

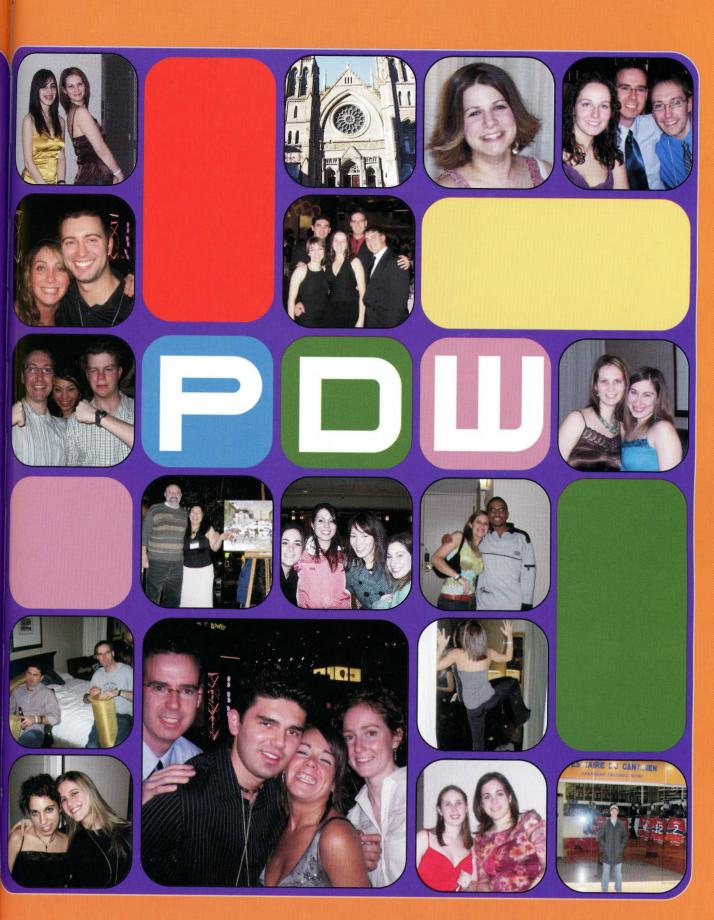
Apotex Backpack Presentation to 1st Years Novopharm Padfolio Presentation to 1st Years







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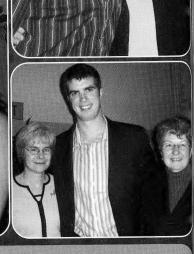












### The Night's Award Winners:

FTHOI Winners: Adam Somers, Allison Buckland

1<sup>st</sup> Year DSPS Award: Mark Chambers

1<sup>st</sup> Year Platinum P Award: Loreigh Hamilton

2<sup>nd</sup> Year DSPS Award: Michael Head

2<sup>nd</sup> Year Platinum P Award: Stacey Isenor

Senior Stick: Alistair Bursey

**3**<sup>rd</sup> **Year Platinum P Award**: Angela Dawn-Frankenne

**Doug Baker Good Sport Award**: Craig Connolly

4<sup>th</sup> Year Platinum P Award: Juanita MacDonald

Merck Frost Leadership Award: Craig Connolly

**4th Year Leadership Awards:** Gabrielle Richard,Sarah Comeau, Adam Somers, Craig Connolly, Chris Dalseg, Rachel LeBlanc, Andrea LeVesconte, Juanita MacDonald



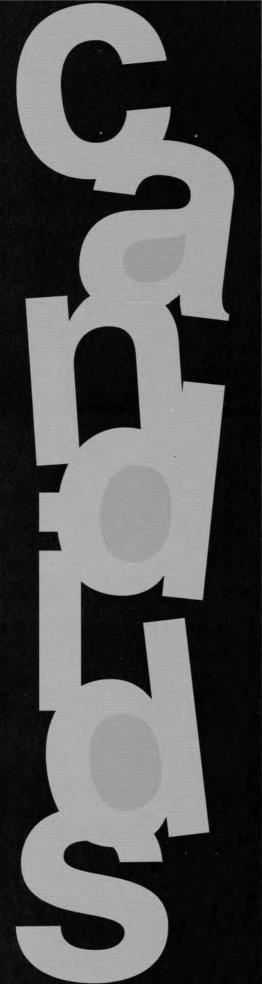




















College of Pharmacy 57































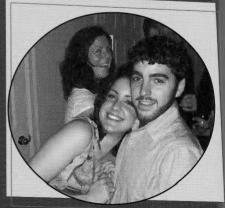


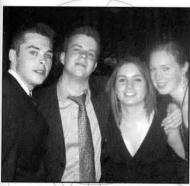












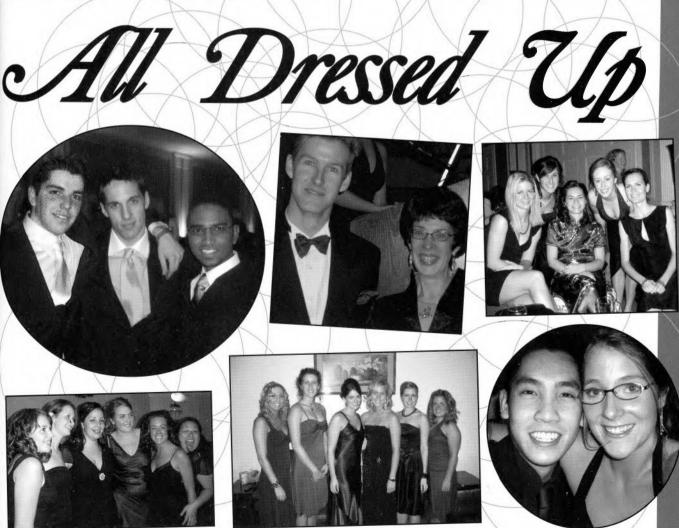












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# Franciation Ceremonies May 25, 2006

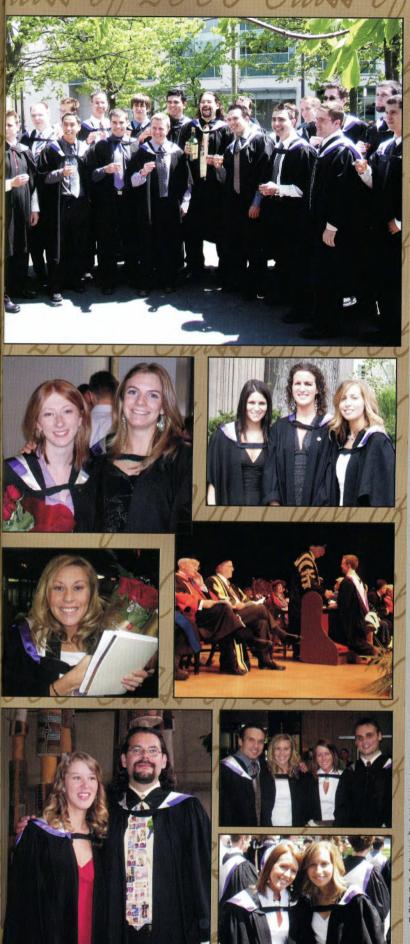
### Valedictory Address By Adam McDowell

Parents, relatives, faculty, and friends - I want to take this opportunity to once again welcome you all to our graduation and thank you for joining us in this momentous occasion. And fellow graduates, I cannot thank you enough for bestowing upon me this tremendous honour. I've gotta tell you, the view from up here is incredible; we really are a fantastic looking group of pharmacists, and the sense of admiration I am feeling right now is simply beyond words. It was about this time four years ago that I was sitting in a tutonal room before a group of interviewers, nervously trying to impress my way into a seat at the college of pharmacy. And I remember being asked to name a situation when I was faced with a challenge, how it made me feel, and what I did about it. If I were to have that opportunity again now, I would definitely say being valedictorian as that challenge.

Now don't get me wrong. When it was announced back in December that I would be delivering this year's address, I was truly honoured and humbled by the recognition of my fellow classmates. But the realization of my responsibilities did not really set in until I sat down to write this thing. Many times I found myself at the keyboard of my computer, watching the cursor blink on the blank page, and hoping that my fingers would unleash something deeply profound. That never actually happened, and I'd often end up looking through my digital photos and conversing on MSN instead. Trying to sum up the last four years in a ten minute speech soon proved to be more impossible than predicting what Pollen would ask for his 5-point question. But the aim of a valedictory address is to thank, to inspire, and above all to say farewell. So that, my friends, is what I shall do. Firstly, our faculty. What an expenience it has been to work with such a diverse, intelligent, and talented group of instructors. You have taught us more than simply "how to be a pharmacist," you taught us discipline, independence, hard-work, and the importance of life-long learning. *(antimed on mext page...)* 







Although the self-directed, problem based learning approach came as an ... adjustment to say the least, we soon adapted and because of your talents and accomplishments, we are leaving here today as some of the most skilled new graduates in the country. Although we each have a professor in mind who stands out as making a difference during our time here, I know that if every student were to stand up and declare their favourite, not one would be left unnamed. You made us laugh, sometimes made us cry, but always made us think, and for that I thank you.

Secondly, the parents. Although we are meeting for the first time today, I feel like I've known you for four years, as the hard-work you put into raising your children, the values you have strived to instill, are reflected in the determination, kindness, generosity, and fun-loving spirit that they have demonstrated each day. I have been blessed to spend the last four years with these incredible folks, and I am forever grateful to you for allowing me that opportunity. As bittersweet as this day is for us, it may just be more so for you parents. I can only imagine the feeling of watching your child all grown up, ready to enter the world: a combined sense of pride and sadness. But I'm sure there's also a sigh of relief knowing that as pharmacists, our financial security means no longer relying on you for money, and who knows - we may even have the means to support that retirement you have always dreamed of. I know I speak on behalf of all of us when I say thank you for your patience, thank you for your support, and above all, thank vou for you love.

Last, but certainly not least, you know who you are. My fellow graduates. As Dorothy said to the scarecrow in the Wizard of Oz, "I *think I'm going to miss you most of all.*" and although I may not be a dogtoting little girl in a blue dress (though after dancing across the stage in women's pants as Awesome Powers in our 3<sup>rd</sup> year skit, it may not be too far of a stretch), I do feel that Dorothy's words accurately convey my sentiments at this time. You know, writing this part of my speech took the most *time* and was, by far, the most difficult because seeing the words on paper meant that this incredible chapter in my life was another page closer to coming to an end, and I'm just not ready to put it down yet.

In 2001, I stood before the Cornwallis District High School graduating class as their valedictorian and I remember saying something about how our high school years have been some of the best times of our lives. Had I only known that 5 years later, I'd be standing before this phenomenal group of graduates, I would have said the best is yet to come. I realize it is said every year, but I honestly, honestly, could not have imagined spending these last four years with anybody else. And as the lyncs to one of our favounte songs go, "there's no need in asking cause I know, you feel the same way too." We first met as a group at the Walmart BBQ in the quad, and despite varying ages, backgrounds, interests, and personalities, we quickly became good friends, and spent the next 4 years growing ever closer and having some great times together. Although we may not realize it, it's going to be an adjustment to no longer see the same familiar faces day in and day out. the comfort of finding your usual seat in Room 109 or 318. It's true that "love knows not its own depth until the hour of separation," and I think we're all starting to grasp just how much being a member of this class has meant to us.

As discouraging as we may have found PBL at times, we should be thankful that it forced us to work together, learning from each other, and developing skills in teamwork and proactive learning that set us far ahead of the competition. And it is because of our PBL groups that we have had the opportunity to get to know more people that one could ever accomplish in a standard curriculum, and I know I am very thankful for the finends I have met through this program. You introduced me to the world of acting, taught me the true meaning of a good time, and I have you to thank for Bling – a pseudonym I will forever chensh. You are, without a doubt, some of the amazing individuals I know I will ever meet, and I could never thank you enough for the memones you have left with me. There's an old saying that goes, "where there are firends, there is wealth," and although our student loan debt may beg to differ, I truly feel we're all leaving here a heck-ofa-lot wealther than when we came.

As we prepare venture out on our chosen path, be it community, hospital, residency, or industry, we leave behind the safety net that is the college of pharmacy, and are now expected to carry own weight, making certain that the next generation of pharmacists can learn from and three on the advancements that we will help bring to the profession. Although this task may seem a little daunting, I feel we already know how to do this, which is why we were chosen out of the many who applied for the class of 2006. Each of us has the ability to do extraordinary things in our careers and our lives, and I encourage you all to take advantage of every challenge and opportunity that crosses your path. There's a quote by Pat Reily that reads, "if you have a positive attitude, and constantly strive to give your best effort, eventually you will overcome your immediate problems, and find you are ready for greater challenges." I urge to you always make the most of your life, each and every day, and to never settle for mediocre, as you are all capable and deserving of so much more. You have achieved a lot, and should feel very proud of your accomplishments. It has given me a tremendous sense of pride to speak before you today, and I wish you all the best, wherever your future may take you. And in the spirit of our upcoming OSCE, and if it's alight with you, I'd like to give you a call in a couple of years just to see how you're making out.

Thank you, and congratulations to the class of 2006.







Halifax hosted the 2006 Juno Awards with host Pamela Anderson Pump it louder!

College of Pharmacy 65

# FACT SHEET

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PHARMACY



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### Pharmacists

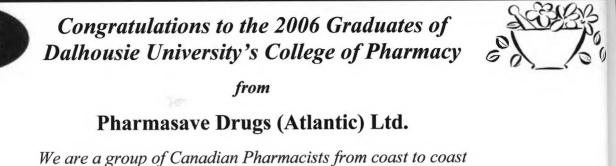
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This day marks a great achievement for you... and it's just the beginning. May all the potential within you be realized in your chosen profession.

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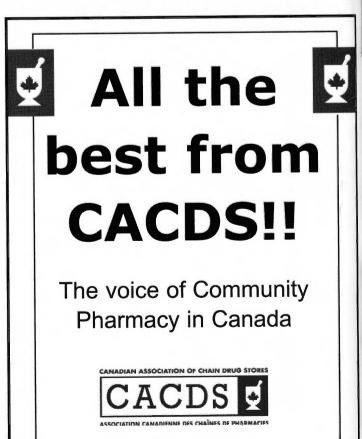
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# Hatfield Farm 2005













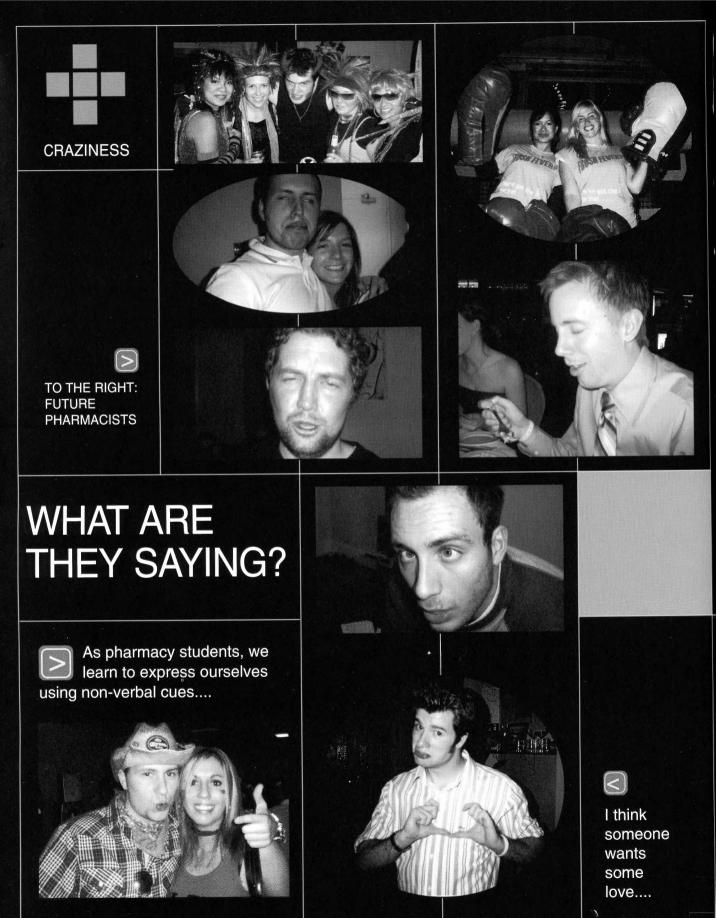


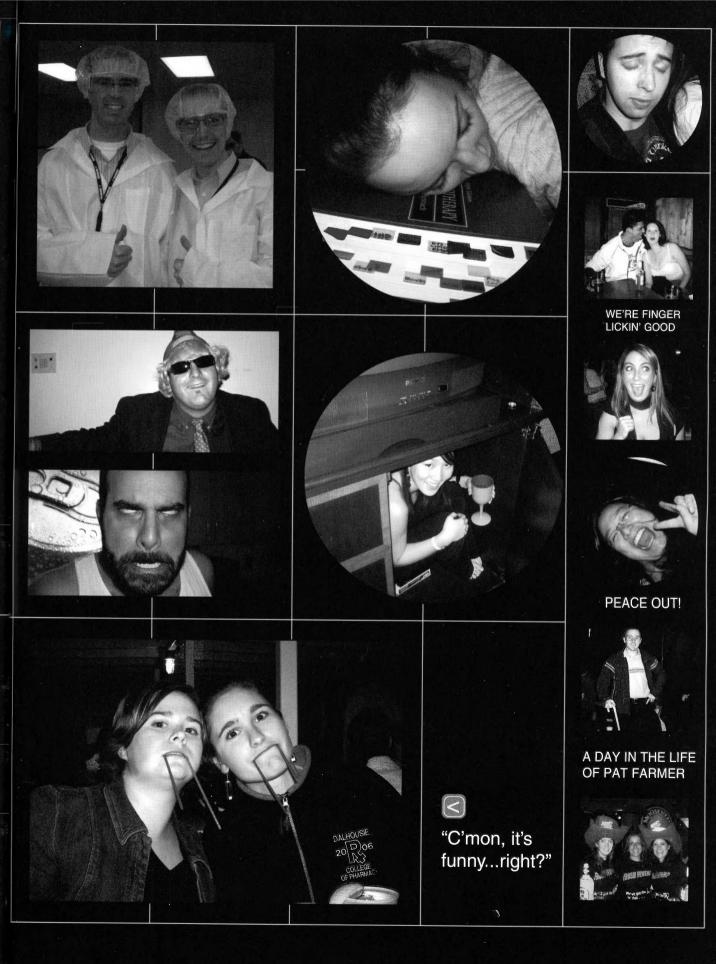






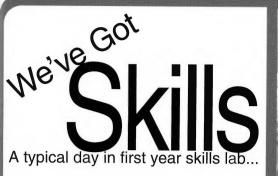






# Mustache Mania!!!











-61% of Canadian Pharmacists are women (vs approx. 99.9% of students at the college of pharmacy...)

-22% of pharmacies are classified as "independent" Technology in Canadian retail pharmacies:

-71% of Candian pharmacies have the Internet
-34% of retail pharmacists and 62% of hospital pharmacists use PDAs

Show me the money! -The average hourly wage of a staff pharmacist in retail pharmacies in Canada is \$40.53

Pharmacist shortage? -36% of pharmacy managers reported a shortage of pharmacists in their own pharmacy Multidicsiplinary care! -17% of community pharmacists and 79% of hospital pharmacists report regular collaboration with physicians

*Source:* Trends & Insights 2005. www.mckesson.ca

...where students learn how to be pharmacists!







