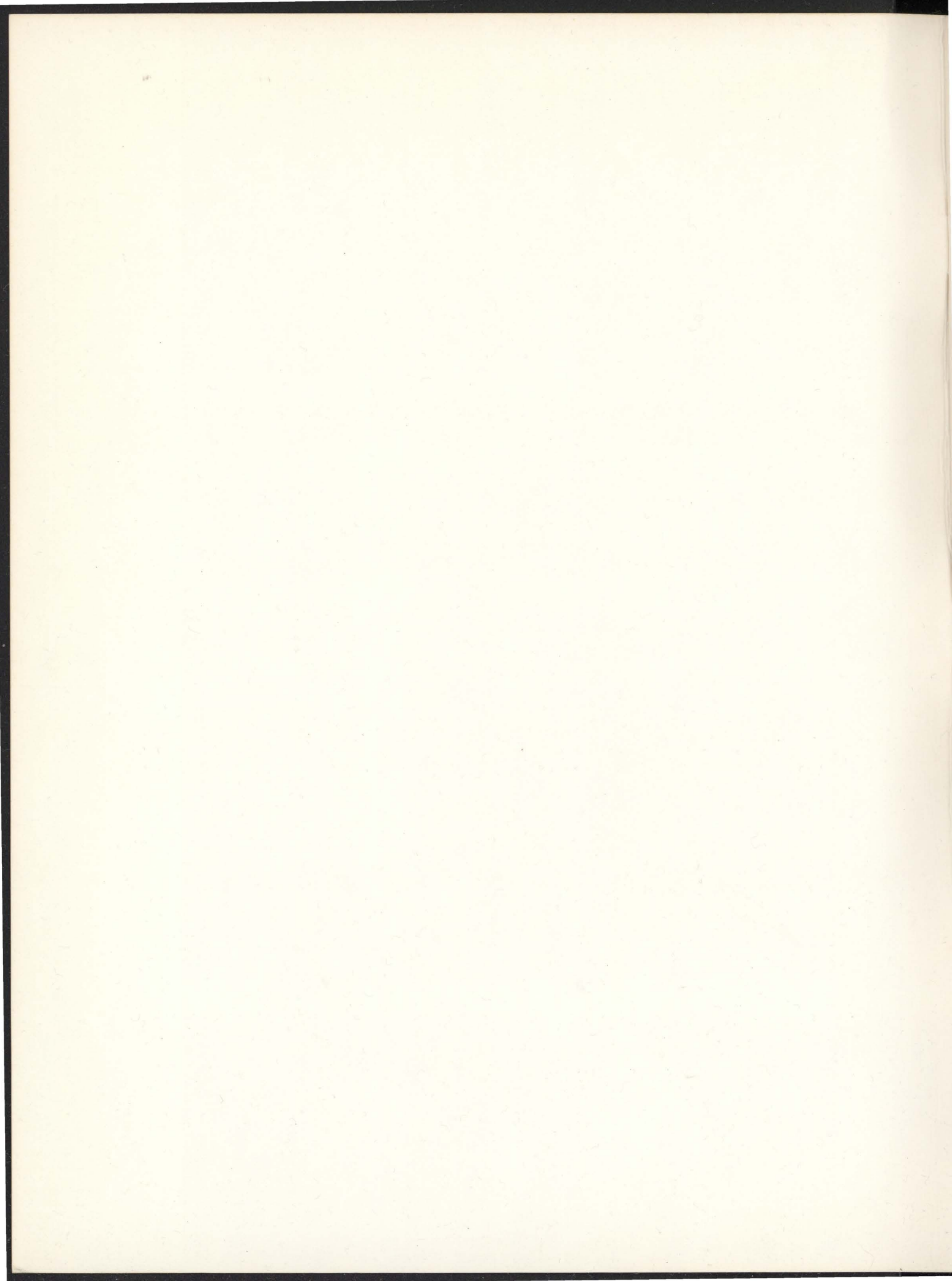


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1986-87

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1986-87



Dalhousie  
Physiotherapy  
Yearbook  
1986-1987

Halifax, Nova Scotia

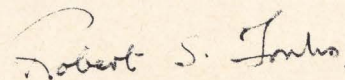
25th Anniversary of the Health Professions

Message from the Dean:

The academic year 1986/87 was a year of celebration to recognize the 25th anniversary of the Faculty of Health Professions of which the School of Physiotherapy is a senior and important part. Students went to the community Malls with poster demonstrations. Schools had their homecoming as did the Faculty as a whole. Professors went public with their expertise and student research days seemed to gain greater prominence. The Faculty hosted a successful symposium on Educating Health Professionals for the 21st Century, and the year culminated with your graduation and with our distinguished guest, the Hon. Monique Begin, former Federal Minister of Health and Welfare receiving a Doctor of Laws honours causa at your convocation.

What did we have to celebrate? Your graduation was a significant part of the celebration. The fact that you could receive your education in physiotherapy in Atlantic Canada would be reason enough to celebrate, but there is more. Faculty, therapists and students in Atlantic Canada are able to make their contribution to the body of knowledge in physiotherapy and such research will grow. The School and its graduates have the opportunity and with it an obligation to influence the quality of care in Atlantic Canada and elsewhere in the country. Such is so for the other Schools in the Faculty.

The School of Physiotherapy at Dalhousie University was opened in 1963 - the third School in the Faculty at that time. Miss Hazel Lloyd, later Professor Lloyd, established a diploma programme with the part-time Medical Director, Dr. Arthur Shears. Professor Hill joined the School within a few years of its inauguration. They set the pattern of physiotherapy education at Dalhousie until Professor Egan was appointed as Director with the specific task of creating a four year degree programme which he and his colleagues introduced in September 1976. The programme received full accreditation in September 1986. The School is now in its next phase of growth under the direction of Dr. Joan Walker and I look forward to a further increase in research and to the early introduction of a graduate programme. You have reasons to be proud of your School and I hope that you will keep in touch with it. May I wish you a challenging and rewarding career as a physiotherapist.



Robert S. Tonks, Ph.D., Dean  
Faculty of Health Professions

### Director's Message

The profession of physiotherapy can only benefit from individuals such as yourselves. You successfully and energetically participate in a wide variety of activities, "For the Health of It", Open House and the Yearbook to name a few, as well as mastering a difficult academic program. This is an indicator of your future roles and achievements in the profession. Physiotherapy needs individuals who, along with being innovative, problem-solving and critical practitioners, also will be involved in professional activities. I take this opportunity to encourage all students to become members of the Canadian Physiotherapy Association. I trust the graduates will continue their membership, now as registered physiotherapists and that you will continue to support the School through membership in the Physiotherapist Alumni group.

To the graduating class I wish you rewarding, challenging and successful careers. Keep in touch, let us know of your activities and achievements. To those students who will return in the Fall, have a happy and productive summer. We, the Faculty and staff, are proud of our students and their reputation at Dalhousie.

Joan Walker, Ph.D., Dip.P.T.  
Professor and Director

1987-3-29

### President's Message

As this was the 25th Anniversary of the Health Professions, there were many commemorative events, such as the Open House, the Mall Display, and the Library Display. I would like to thank all those people who volunteered their time and effort into making those events a success.

This year as President has been a learning experience for me. Trying to juggle classes, meetings and a husband has sure challenged my time management skills! For this opportunity, I would like to thank everyone.

It seems that the person at the "top" often gets all the credit. I believe that without many people dedicated to the function of the society, it just would not work. Special thanks go to Colette, Shelley, Jill, Heather, Kim and Wendy. The committees worked very hard this year providing excellent fund raising, great educational sessions and fun parties. Also, this year our section in the Tupper Times expanded. Thanks a million folks!

I would like to thank Professor David Egan, our faculty advisor, for his patience through many mixed communications. Thanks also to Dr. Joan Walker for her interest in the society and the students. Special appreciation goes to all the faculty for their time, dedication and enthusiasm.

To future graduates, I wish you well. It has been a pleasure getting to know you. I hope you make the best of your remaining time at Dal, and get involved.

To my classmates, I am going to miss you all. We were great together! I wish you success in the future and all the love and happiness a person can have.

Take care      Trish

# OUR FACULTY AND STAFF



Prof. Lydia Makrides

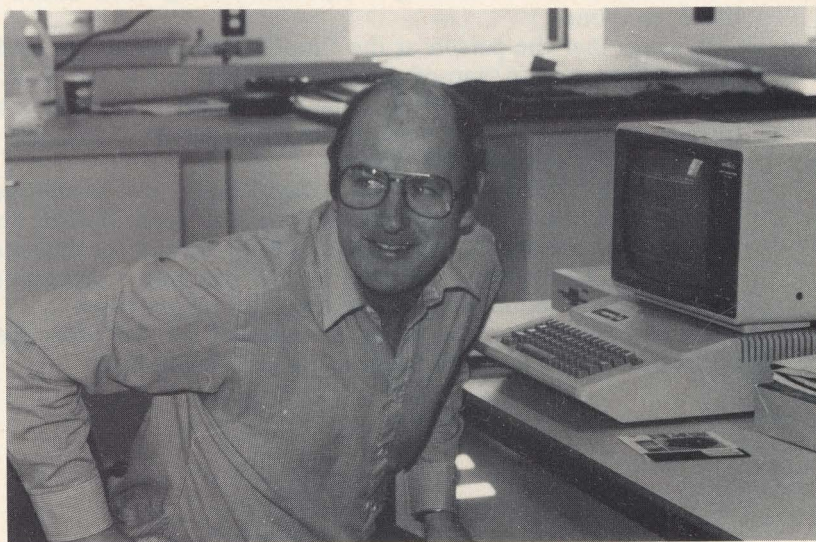


Prof. Ken Hill

Dr. Joan Walker



ON SABBATICAL:  
Prof. George Turnbull



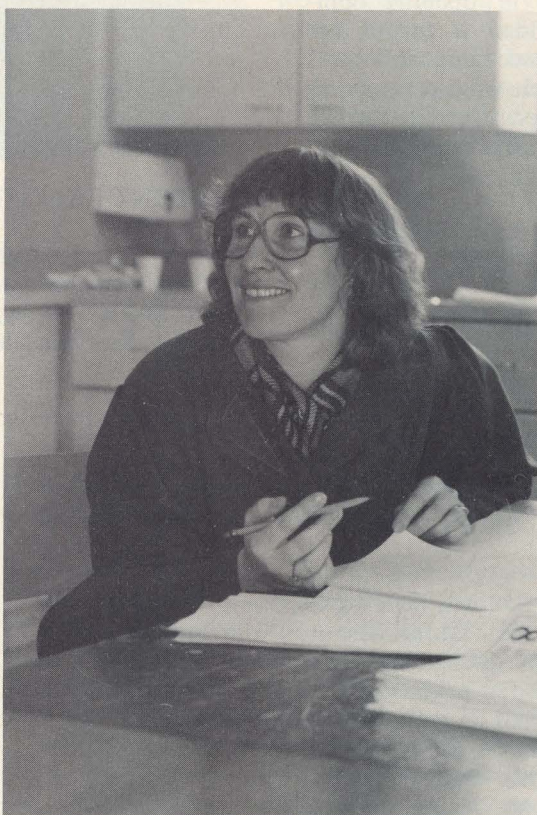
Dr. Jim Wall



Sheila Hirtle



Gaye Wishart



Prof. Cheryl Kozey



Prof. David Egan

ASSOCIATE FACULTY

- Karen Hill
- Rosemary Lane
- Brenda Myers
- Pauline MacDonald
- Linda Langley
- Gail Deckman
- Mike Sutton

# COMMITTEES

1986-87 was a busy year for the executive committee with meetings every two weeks. General meetings were well attended. Several amendments were made to the constitution, in particular the inclusion of the DSU Rep. and CPA Rep. on the executive committee. Several members attended a leadership workshop in Sept. The Alumni Reunion included an Open House, a banquet and a visit from the President of CPA, Jenneth Swinamer. Meetings with Dean Tonks and the presidents of other Health Profession Societies were helpful in opening communications and provided a forum for discussion of the stipend issue. I wish I had room to expound on what a great job each member of the executive did. Suffice it to say that without their efforts this year would not have been a success.

Trish Helm-Neima



## STUDENT EXECUTIVE

L to R: Front- Heather Yang, Trish Helm-Neima, Jill Henderson, Collette Parsons.  
Back- Shelley Potter, Wendy Jardine, Louise Boissonault.  
Missing- Kim Ruttan.

## BALL COMMITTEE

L to R: Front- Carla Butt, Cindy Bragg, Lisa Dunn.  
Back- Shelley Potter, Angela Frost, Maria Zerjav, Maureen Ashe.

The Winter Carnival Ball was held during one of Nova Scotia's classic sleet storms at the Halifax Sheraton, January 31, 1987. Despite major technical difficulties - no lights, no music, no chicken, just half an hour prior to arrival of the guests, N.S. Power pulled through, and an enjoyable evening was had by all.

Congratulations to Karen Brydges on winning the trip to the Quebec Winter Carnival and also Mrs. Brenda Coolen, on winning the painting donated by Peter Rankin.

Carla Butt  
Maria T. Zerjav







#### EDUCATION COMMITTEE

L to R: Front- Kim Furlong, Sandra Gosse.  
 Back- Bonnie Caldwell, Lee Davidson, Monica Stevens,  
 Maureen Ashe, Edith Rogers.

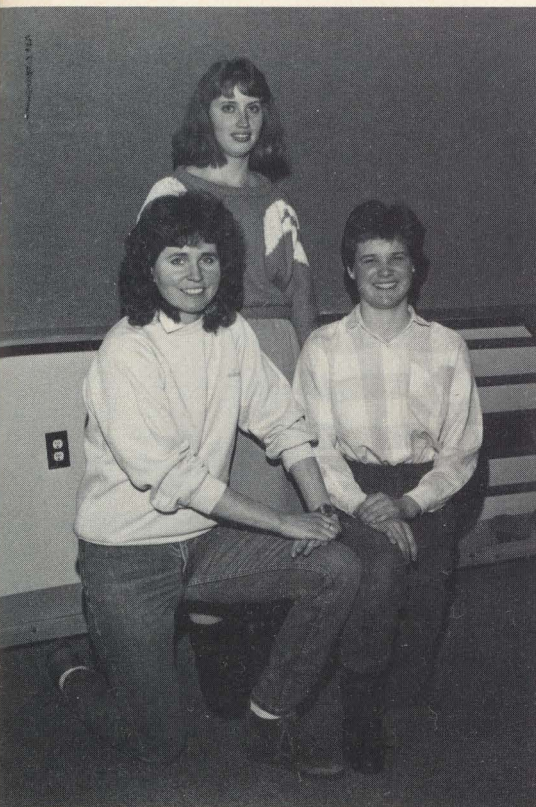
The Education Committee has had busy and successful year. In October, we had our article, "Physiotherapy, A Challenging Career", published in The Leader. In November, we put together a library display for the Kellogg and Killam libraries.

After Christmas we organized various educational clinics. Ann Grantmyer, a speech pathologist, spoke to us about her profession, we showed a film about the treatment of cerebral palsy, and finally two CPR courses were offered.

For "Physio Week", with everyone's help, we organized a very successful "Open House".

The clinical resource center is still in its beginning stages but hopefully our efforts will be continued in the forthcoming years.

Lee Davidson



#### TUPPER TIMES

L to R: Front- Michelle MacDougall, Felicity Goldring.  
 Back- Sandra Gosse.

This year the Tupper Times Committee had only to supply articles for three editions of the newspaper. Nonetheless, we had some good written and photographic coverage. The Tupper Times gives physiotherapy the opportunity to educate others regarding our role in the health professional community. It also lends the opportunity to express personal opinions and creativity.

I would like to thank those people who gave up some free time (when there was none!) to write an article for the paper, as it allowed for development of the physiotherapy section.

Michelle MacDougall

# COMMITTEES

The year started off with a well attended "Big Brother/Sister-Little Brother/Sister" party. October's "Friday at Four" was a big success.

Santa (Eddy Orrell) and the 2nd Year Class, stole the show at the Christmas party.

A Pool Party and Skating Party were held in January; these activities allowed us to display our aquatic and balancing skills.

Upcoming events include: Toga Party, Skiing at Martock, Grad Party.

I would like to thank my committee and others who helped to make the year a social and academic experience.

Jo-Ann Graham



## SOCIAL COMMITTEE

L to R: Front- Jo-Ann Graham, Janice Perry, Karen Brydges.  
Back- Michelle Quinlan, Frank O'Keefe.  
Missing- Brenda Gordon, Kim Cotter.

## FUNDRAISING COMMITTEE

L to R: Front- Kim Furlong, Louise Boissonault.  
Back- Susan Caldwell, Cindy Snow.

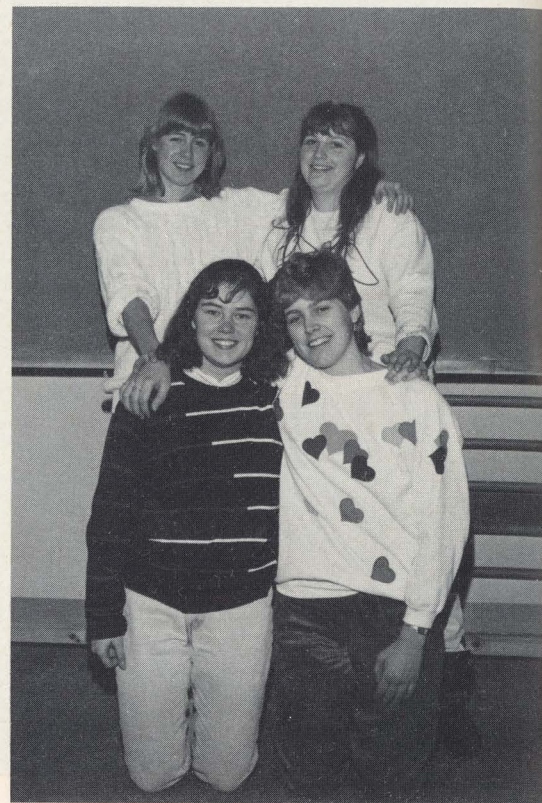
1986-87 has been a very \$ucce\$\$ful and productive year. Even with a small membership, the group was very enthusiastic in filling the year with activities.

The year began with a "bake sale". We sold reems and heaps of muffins, cookies, cakes and brownies, and more muffins. Next was a wild and wacky Halloween party at "The Office." A ghoulish time was had by all.

Winter '87 was marked with the committee's major fund raiser- "chocolate bar selling". Sales were great, with 3rd year selling the most bars and L.J. winning the 5lb bar.

On behalf of the Fund Raising Committee, I would like to extend our thanks to all the students, faculty, and executive for their patience, helpfulness, and support throughout the year. Special thanks to the committee members for volunteering their creative talents and determination in producing a successful year.

Kim Furlong





“Come on, I know you can do three more, two more, just one more time! SMILE!” It was a lot of hard work, but it paid off. What a show! On numerous occasions I thought I was going to lose my voice and I’m sure many people hoped I would.

The “King Of Oz” was a very successful production. The amount of participation from all years was phenomenal! And could they dance? By November 13, they could. The cyclone dance would blow anyone away. The Munchkins, in there puffy garbage bags, moved to “Greased Lightning”. The Charlestoners strutted down the Yellow Brick Road. And the finale, what a proud moment! With Elvis singing, who could stand still!

I would like to thank all the participants-dancers, choreographers, props people, writers. Everyone’s hard work made for a Great Show!!

Jill Henderson

#### FOR THE HEALTH OF IT

L to R: Front- Cindy Bragg, Jill Henderson, Lori Johnston.

Back- Daniella Megetto, Heather Yang, Janice Johnston.



Hooray! We have a yearbook! Anything can be done if we want it, and I think the yearbook is an excellent example. This yearbook was put together in several months, however it is a reflection of the entire year, that words alone cannot express.

A big thanks goes out to those who helped with layouts and pasting, taking pictures, selling the yearbook, and typing the copy. Thank-You to those who donated pictures and bought yearbooks. We hope this book is very treasurable for the present and future.

Jo-Ann Graham

#### YEARBOOK STAFF

L to R: Front- Carla Butt, Sue Keating, Jo-Ann Graham, Heather Yang, Lisa Dunn.

Back- Trish Helm-Neima, Tom Crowell, Audrey Dowe, Louise Boissonault, Michelle Hurley, Tim Parlee, Cindy Snow.

# INTRAMURAL SPORTS

## LADIES' SOCCER TEAM

L to R: Front- Sue Keating, Janice Perry, Jill Henderson.  
Back- Kim Ruttan, Angela Frost, Debbie Mayo, Trish Helm-Neima, Colette Parsons, Wendy Jardine, Bev Coolen.



## LADIES' VOLLEYBALL TEAM

L to R: Front- Michelle Hurley, Angela Frost, Allison Grant, Margaret Alenkirk.  
Back- Bev Coolen, Kim Furlong, Kim Ruttan, Louise Boissonault, Lori Johnston.



## MEN'S BASKETBALL TEAM

L to R: Francis Walsh, Barry Johnson, Randy Goodman, Greg Gaudet.





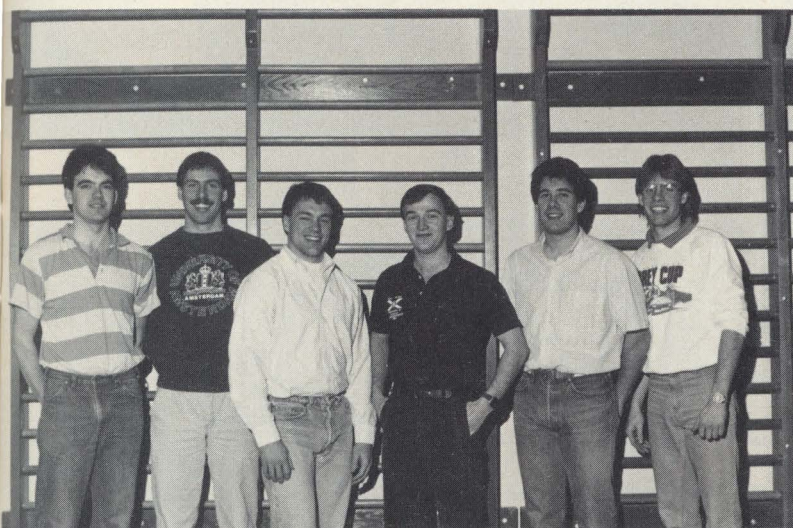
**CO-ED BASKETBALL TEAM**

L to R: Front- Kim Ruttan, Bev Coolen.  
 Back- Barry Johnson, Greg Gaudet, Francis Walsh, Randy Goodman.



**MEN'S VOLLEYBALL TEAM**

L to R: Front- Mike Landry, Francis Walsh.  
 Back- Greg Gaudet, Barry Johnson, Randy Goodman.



**MEN'S SOFTBALL TEAM**

L to R: Greg Gaudet, Barry Johnson, Mike Landry, Tim Parlee, Francis Walsh, Randy Goodman.

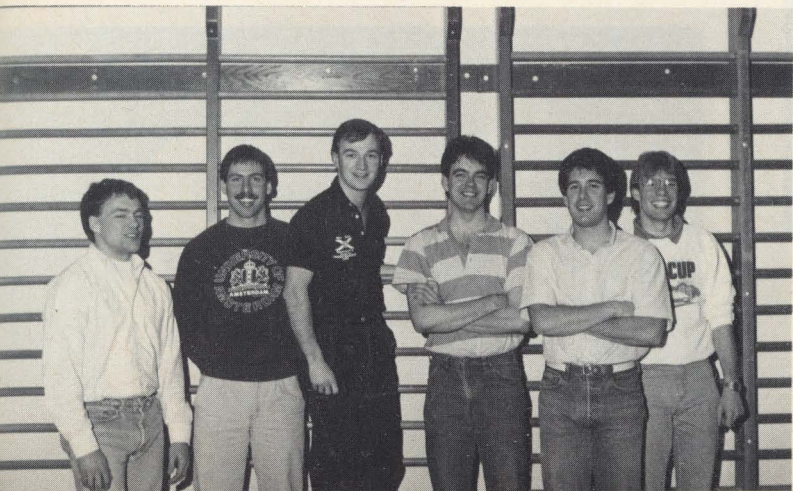
**SPORTS COMMITTEE REPORT**

1986-87 was not so much a successful year, as it was a fun year in terms of intramural sports.

Physiotherapy entered a team in almost every sport that was offered. For a small school, we were certainly competitive with the rest of the university. Congratulations to those who participated, and a special congratulations to those who went so far as to win their division: Men's Basketball ('B' Division), Francis Walsh (Men's Badminton), and Felicity Goldring (Women's Badminton).

I hope the enthusiasm for the intramural sports program continues to grow.

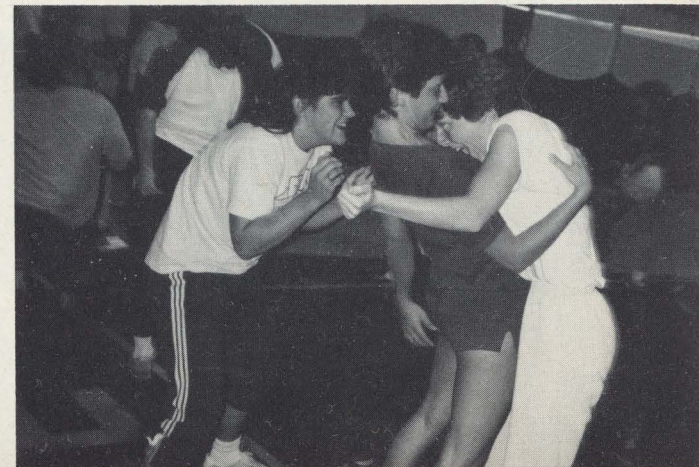
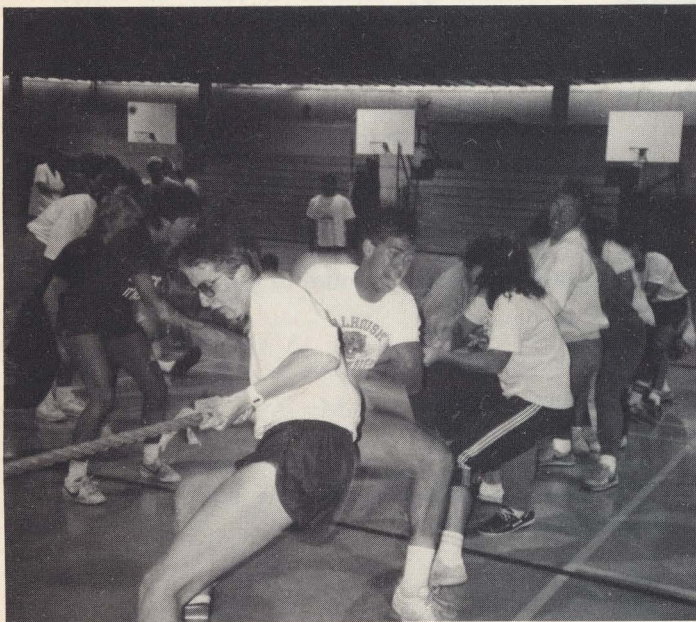
Bev Coolen



**MEN'S SOCCER TEAM**

L to R: Mike Landry, Barry Johnson, Tim Parlee, Greg Gaudet, Francis Walsh, Randy Goodman.

# PRESIDENT'S SPORTS FEST



## 2ND YEAR CLASS



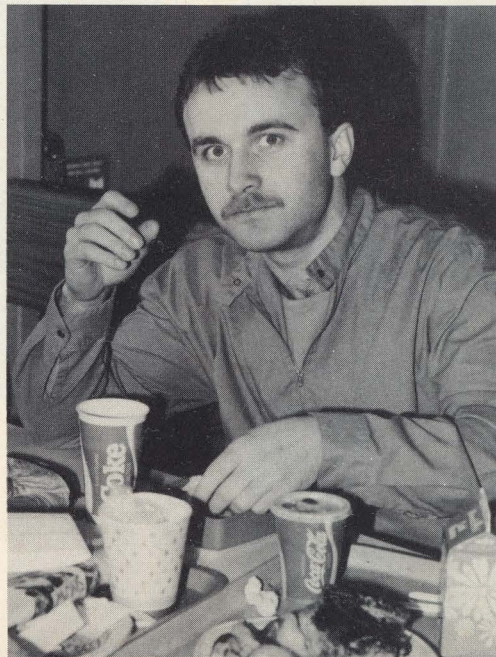
L to R: Front- Karen Burns, Chris Hyrtle, Joan Smith, Sandy Macbeath, Karen Ferguson, Liz Burke, Heather Yang.

L to R: 2nd- Karen Sheppard, Cindy Snow, Phyllis O'Reilly, Sally Pirie, Rhonda Jorden, Brenda Gordon, Todd Lewin, Bonnie Caldwell.

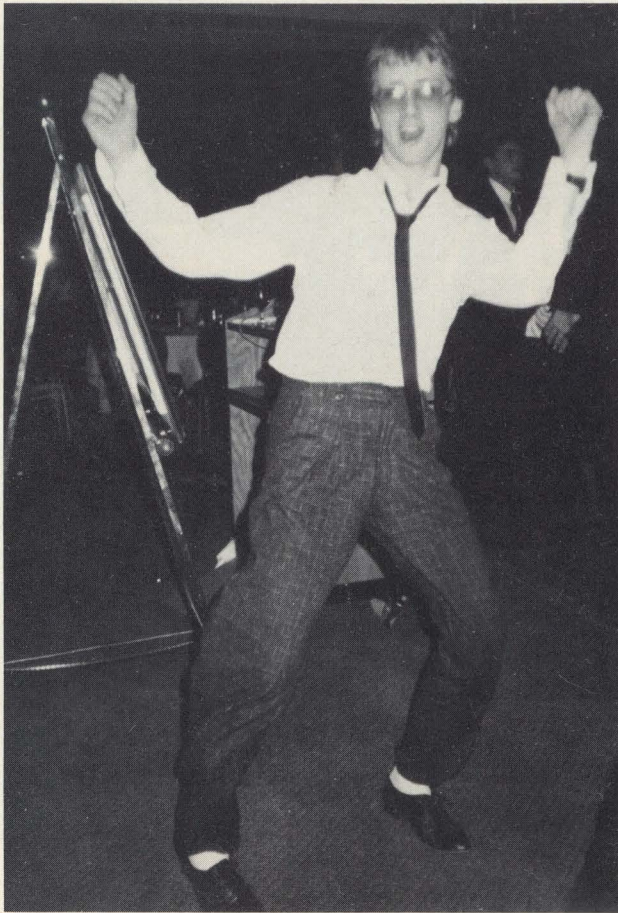
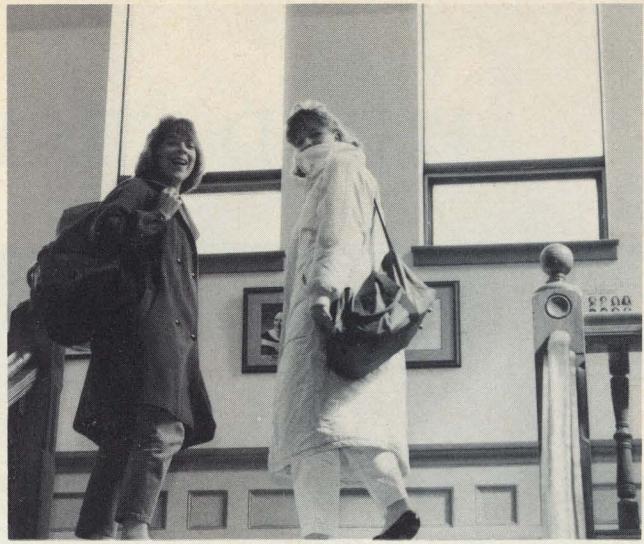
L to R: 3rd- Joanne Barnes, Ann Snow, Lisa Steeves, Marion Verboom, Darryl Tracy, Brenda Stafford, Dorothy Wilting, Britt Coady, Frank O'Keefe, Frank Knox.

L to R: 4th- Brenda McGill, Kiren Jaswal, Lynn Leger, Ann Raghavan, Lisa Deschenes, Lisa Humber, Edith Rogers.

Missing: Kim Chapman, Kim Colter, Bob Giffen, Scott Johnson, Janet Hurley, Cathy Tulk.







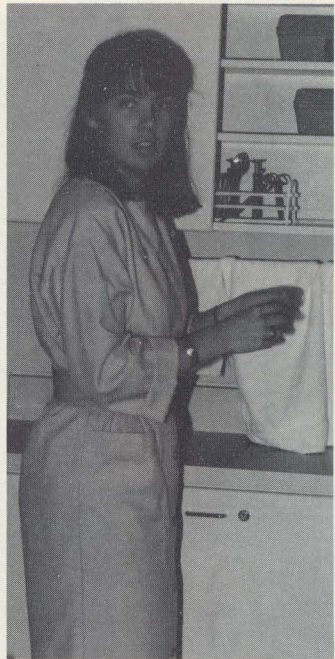
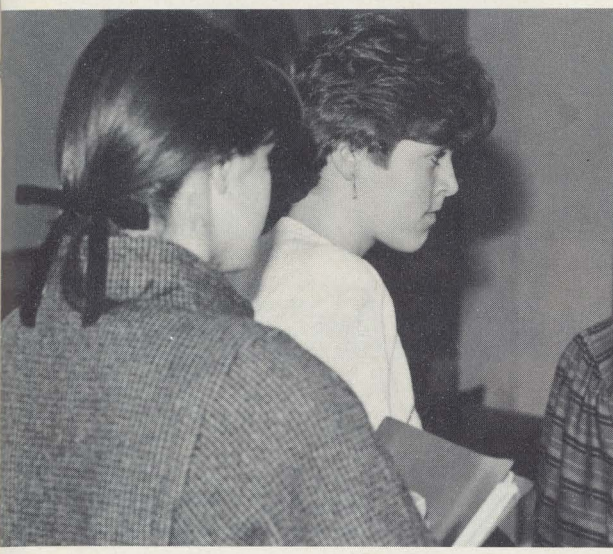
# THIRD YEAR CLASS

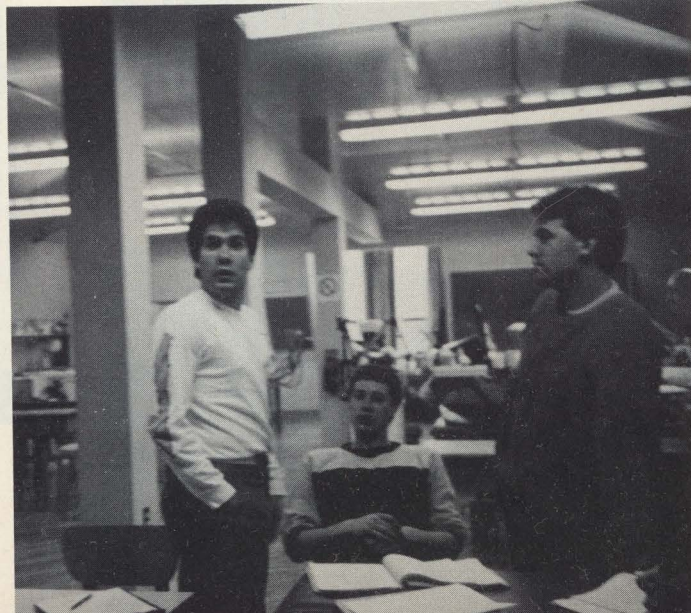
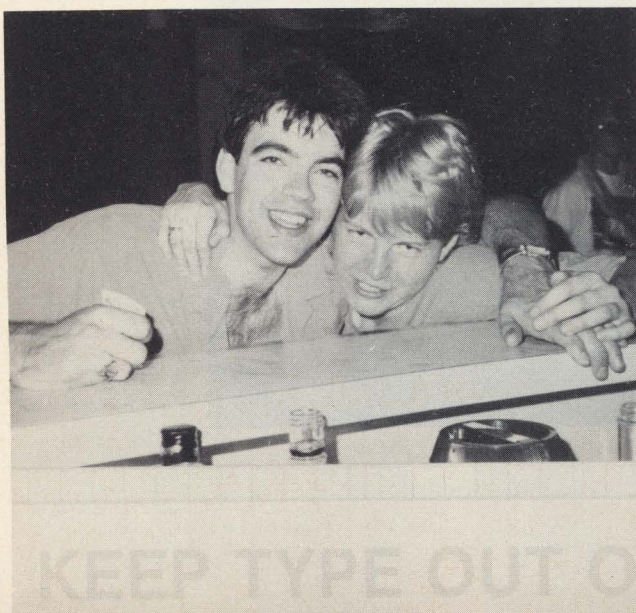
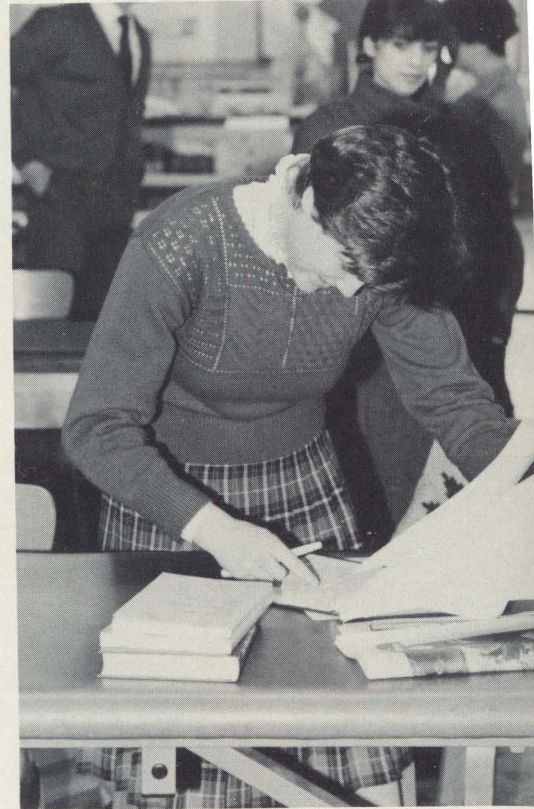
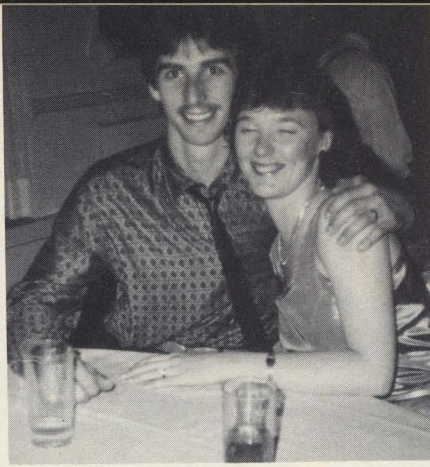


L to R: Row 1- Michelle MacDougall, Felicity Goldring, Kim Furlong, Susan Spargo.  
Row 2- Elaine Spurrell, Shelley Potter, Daniela Megetto, Lisa Dunn, Caroline Arab.  
Row 3- Elizabeth Blood, Barbara Southan, Gloria Russell, Debbie Mayo, Michelle Hurley, Deanna Worth, Lori Johnston.  
Row 4- Paul Martin, Angela Frost, Louise Boissonault, Colette Parsons, Janice Perry, Kim Whelan.  
Row 5- Roy Gillespie, Francis Walsh, Mike Landry, Greg Gaudet, Karen Champion, Theresa Grant.  
Row 6- Randy Goodman, Paola Megetto.  
Missing From Photo: Jane Mitchell-Quigley, Janice Johnston, Susan Johnson, Allison Grant, Margaret Altenkirk.

# 2<sup>ND</sup> ANNUAL PUNCH PARTY

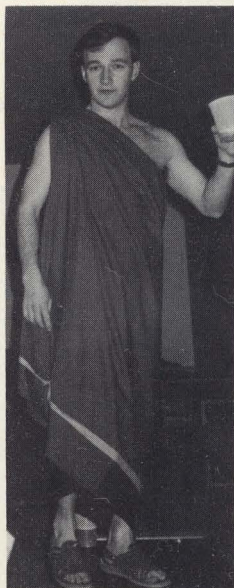
UP to the 2<sup>ND</sup> ANNUAL PUNCH PARTY  
DON'T MISS IT  
SATURDAY, APRIL 14, 1984  
7:00 PM - 11:00 PM  
SCHOOL GYMNASIUM





KEEP TYPE OUT O

# SOCIAL SCENES



# FOURTH YEAR CLASS



L to R: Row 1- Angela Young, Jackie Ingraham, Susan Caldwell, Lee Davidson, Annick DeGooyer, Michelle Quinlan.

Row 2- Susan Keating, Kim Ruttan, Monica Stevens, Sandra Gosse, Karen Brydges, Maureen Ashe, Bev Coolen.

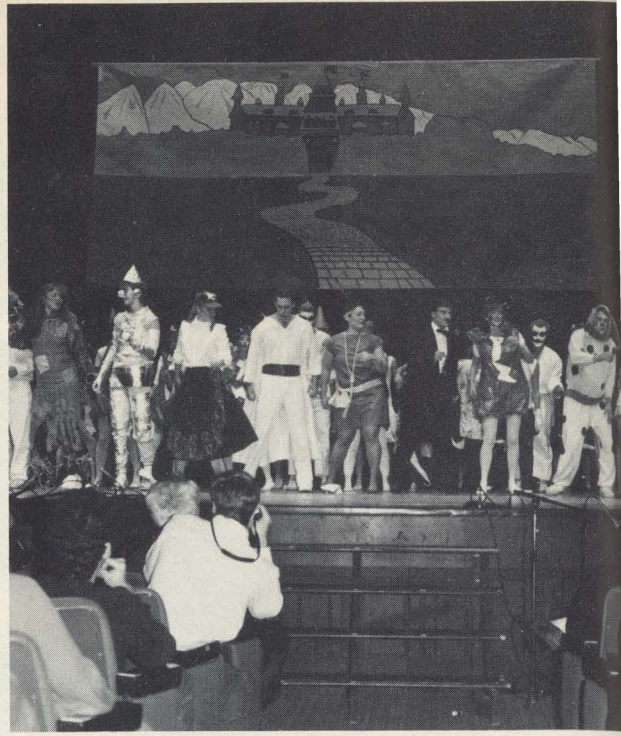
Row 3- Trish Helm-Neima, Sandy Singleton, Susan McDowell, Maria Zerjav, Carla Butt, Shelley Cosman, Wendy Jardine, Angela Steeves.

Row 4- Tom Crowell, Brian MacNeil, Audrey Dowe, Jill Henderson, Jo-Ann Graham, Tim Parlee, Barry Johnson.

Row 5- Eddy Orrell, Irene Khan.

Missing- Marcia Blanchard, Cindy Bragg, Sharon Burns, Brenda Rankin.









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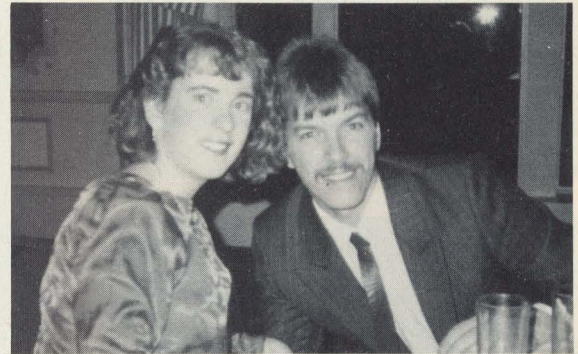


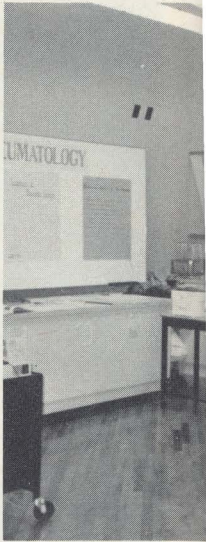
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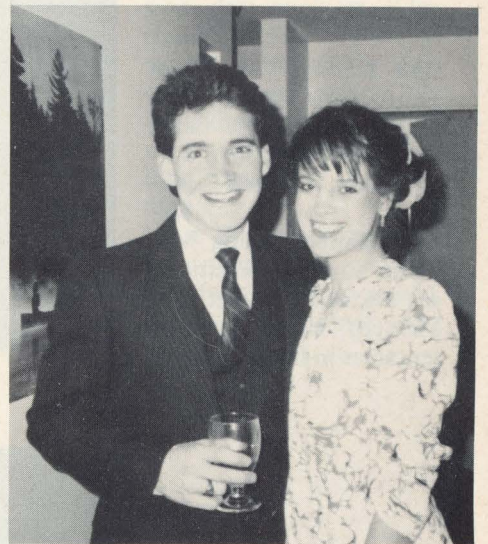


# WINTER CARNIVAL BALL





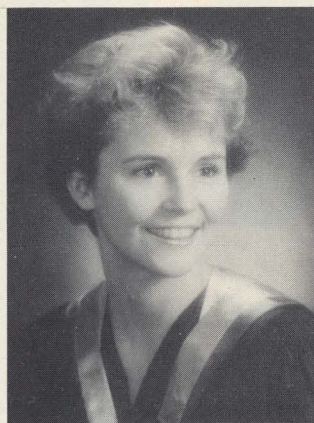




Maureen Ashe

Best Known For: dinner parties, manic behaviour, perfectionism, "he's not my type!"

Most Embarrassing Moment: crawling on her hands and knees on Waikiki Beach while begging, "Please Maria, stop the movie film!"



Marcia Blanchard

Best Known For: Always getting to the "Y" for her daily exercise despite the late hours she got out of class.

Most Embarrassing Moment: Attempting to walk sideways on a moving treadmill.



Cindy Bragg

Best Known For: facial sympathetic activity during presentations, being polite to professors during class, "roach" patrol.

Most Embarrassing Moment: abruptly ceasing to eat seafood spaghetti (in Mexico) when she felt tentacles in her mouth.



Karen Bridges

Best Known For: quick wit and slight sarcasm, winner of the Quebec Winter Carnival trip, having stubs for feet, being the dedicated Intramural Queen.

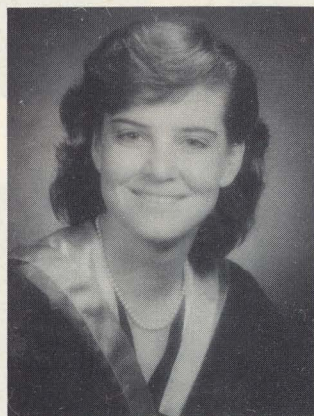
Most Embarrassing Moment: heading the soccer ball into her own net and scoring her only goal ever.



Sharon Burns

Best Known For: being shy and quiet on the surface but quick to voice her opinion when she was elected to use the apple computer for others.

Most Embarrassing Moment: It's too embarrassing to tell.



Carla Butt

Best Known For: "No Mr. Hill, I'm not writing the electro exam!", 4th year "sleep-overs", Raspberry Kuchen.

Most Embarrassing Moment: having to seek refuge in a patient's cubicle after fainting in the middle of "Question Period" in ortho clinic.

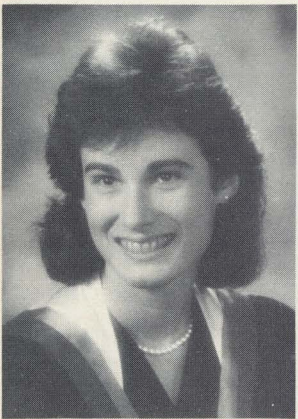






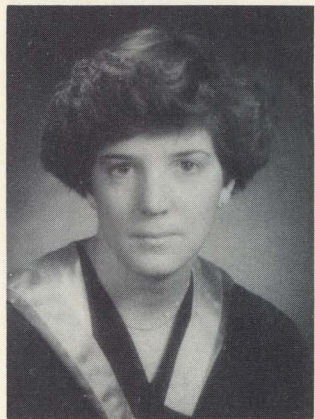
Susan Caldwell

**Best Known For:** being Basketball Queen, Juno Trip Winner, lying her way to the Ball  
**Most Embarrassing Moment:** trying to electrocute fellow classmates with FES.



Bev Coolen

**Best Known For:** warm and friendly smile, sports committee chairman, spending lots of time in the "training room", being red in the face.  
**Most Embarrassing Moment:** when asked to demonstrate her sympathetic nervous system.



Shelley Cosman

**Best Known For:** occasion day cookies, "designer" clothes, "Frenchmen", maintaining her sanity while trying to keep ahead on her assignments, the move to Hamilton, planning a wedding.  
**Most Embarrassing Moment:** perspiring profusely while being a model during a functional anatomy practical.



Tom Crowell

**Best Known For:** Not studying, member of the "Kuchen" club, "I'm sure there's a better way."  
**Most Embarrassing Moment:** Mis-informing the 4th year class regarding the presence or absence of age matched controls.



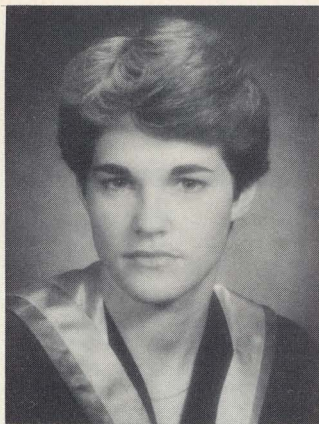
Lee Davidson

**Best Known For:** Losing her mittens, her hugs, repeating announcements twice, spectacular "Open House", making the world a better place.  
**Most Embarrassing Moment:** Making a sandwich and forgetting the filling.

Annick deGooyer

Best Known For: Super running ability, witting comments, 4th year class representative.

Most Embarrassing Moment: examining the contents of Tom's axilla in our first functional anatomy class.



Audrey Dowe

Best Known For: Coming to exams late, not completing the 2nd half of exams, tea times, coordinating sweaters with Jill, collecting MT&T memorabilia.

Most Embarrassing Moment: "Nurse, how do I deal with this poor man's bag?!"



Sandra Gosse

Best Known For: Her questions in class, calloused ears from taking blood pressures for research.

Most Embarrassing Moment: Palpation skills during Functional Anatomy exam.



JoAnn Graham

Best Known For: Her speech, impediment-Pacific or specific? unyielding enthusiasm, cheery giggles.

Most Embarrassing Moment: Difficult to choose one as she had so many.



Trish Helm-Neima

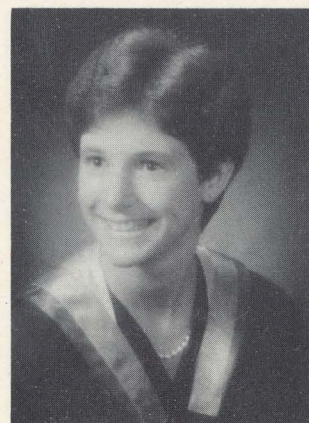
Best Known For: Announcements, parties, the colour "purple", interest in edible clothing, Mrs. President.

Most Embarrassing Moment: Giving two male students simultaneous whiplash while demonstrating bilateral shoulder abduction



Jill Henderson

Best Known For: Cokes, For The Health Of It, Wednesday night regular at the Midtown, Treasurer of the Physiotherapy Society, S.P.D. Most Embarrassing Moment: Jill's Mother!

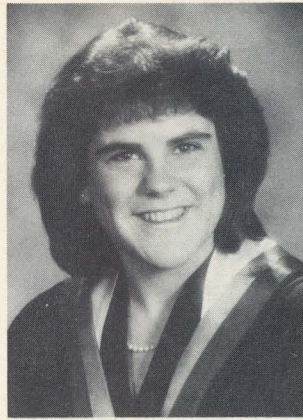




Jackie Ingraham

Best Known For: "Jack, where's Jill?", "Did you have to go to Toronto to find a Cape Bretoner?", Jackie-the french fry fiend.

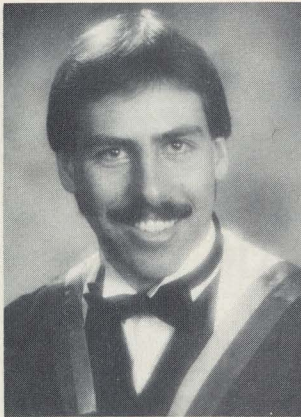
Most Embarrassing Moment: when the bartender at the Midtown says, "Do you want the regular, girls?"



Wendy Jardine

Best Known For: being a Miramichier, CHI, "Party of THE Century" selective memory.

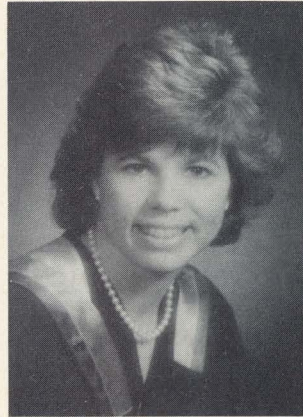
Most Embarrassing Moment: having no voice at the Ball!



Barry Johnson

Best Known For: serenading us for three years, devoted attention to Kathryn, "father" of our class.

Most Embarrassing Moment: wearing Angela's shorts in sports class ... backwards!



Susan Keating

Best Known For: Her sweet little ... smile, shooter parties, 3 year headaches, improved taste in men, "wallflower" come socialite.

Most Embarrassing Moment: Displaying her enduring "grip" in Gross Anatomy.



Irene Khan

Best Known For: missing the first 15 minutes of 8:30 classes, moving her car every 2 hours, maintaining her sanity 3rd year, great Indian food.

Most Embarrassing Moment: After graciously offering to drive your research group, you discover that only one door worked, you had no oil and no antifreeze in the car.



Brian McNeil

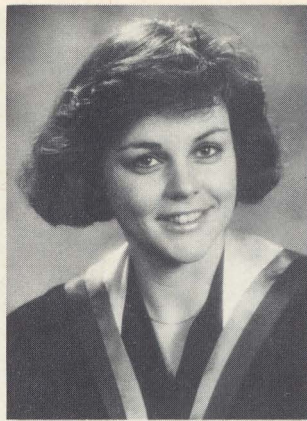
Best Known For: Dry sense of humour, love of clinical practice, sleepovers.

Most Embarrassing Moment: Revealing his underwear during a sports practical.

Susan McDowell

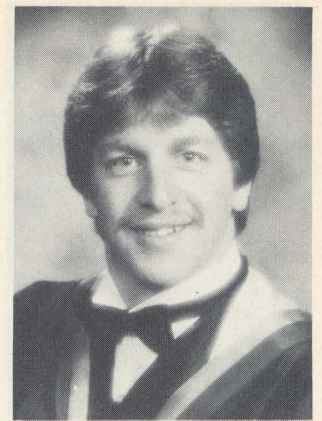
Best Known For: dry sense of humour, being a social butterfly, her voluptuous pendulous \_\_\_\_\_, "I'd rather be burnt with gas!"

Most Embarrassing Moment: lessons with the hearing impaired, playing "duck duck, goose" in Gerontology.



Eddie Orrell

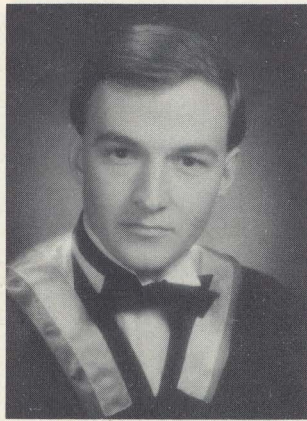
Best Known For: Tooth-picks, Santa OR pants.  
Most Embarrassing Moment: Having certain wet spots on his pants during the sail.



Tim Parlee

Best Known For: Perfectionism, AV man, Photography, never a hair out of place, best knees in functional anatomy.

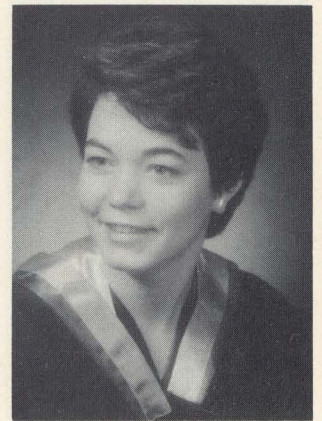
Most Embarrassing Moment: Teaching pelvic floor exercises to a female patient.



Michelle Quinlan

Best Known For: surviving a brain tumour in second year, organization + + +, compiling lists, profusely sweaty hands, faithfulness to Nfld. (and Jim).

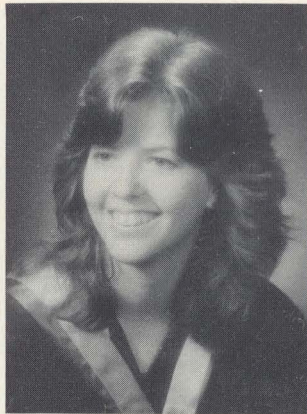
Most Embarrassing Moment: finishing an Amputee exam in half the time and not realizing Part 3 was on the back.



Brenda Rankin

Best Known For: Spending most of third year studying for "2", Hawaiian beach belly, sudden changes (hair and appearance).

Most Embarrassing Moment: Lydia's nutritional advice announcing Brenda's "maternal" status.

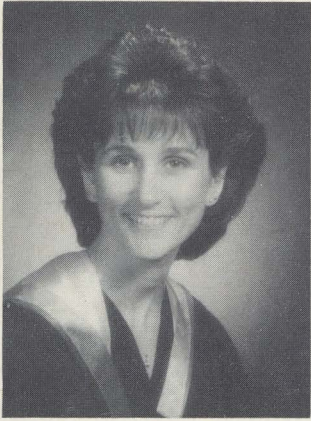


Kimberly Ruttan

Best Known For: sleeping in class, C.P.A. representative, intramural queen.

Most Embarrassing Moment: being told by a professor that she has something in common with plants





Sandy Singleton

**Best Known For:** Slow (but controlled) gait pattern, straight line dancing, having an even temper-if it makes Sandy mad, it makes us all mad!  
**Most Embarrassing Moment:** Walking to the beat of the "Metronome" at research presentation.



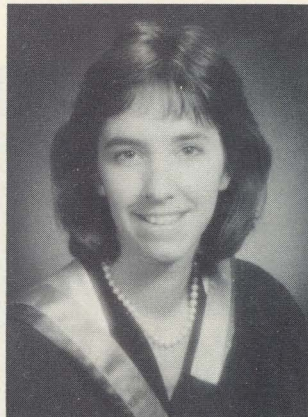
Angela Steeves

**Best Known For:** one of the tiniest girls in our class, but having a sweet tooth 3X her size, dazzling many Scottish blokes with her good looks and cooking.  
**Most Embarrassing Moment:** Seeing placebo results with an ultra-sound timer that needed a timer and an 'on' switch ON.



Monica Stevens

**Best Known For:** new white convertible, dependability, Strawberry Daiquiri Party, inviting lonely people to dinner.  
**Most Embarrassing Moment:** trying to teach sex education to our Amputee professor.



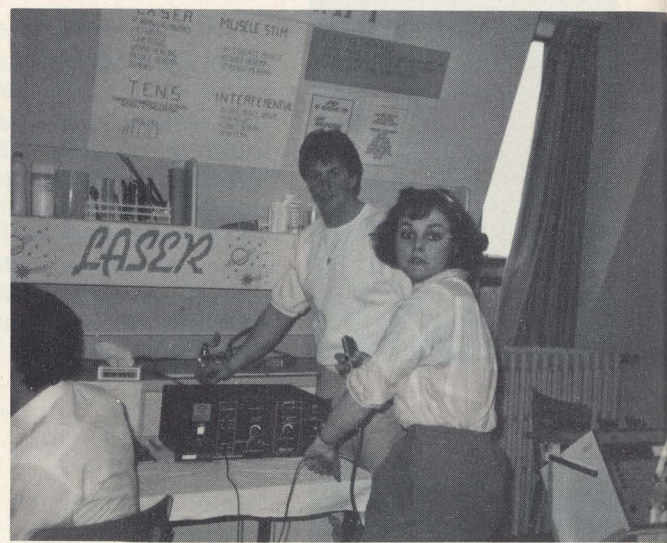
Angela Young

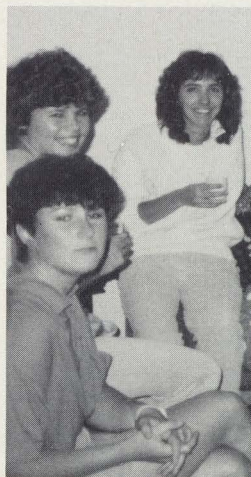
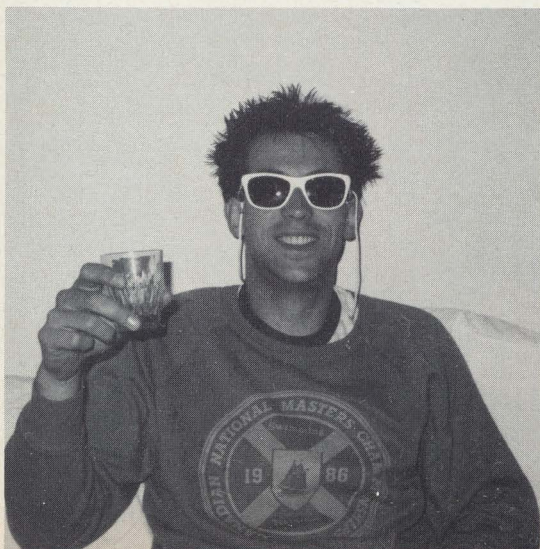
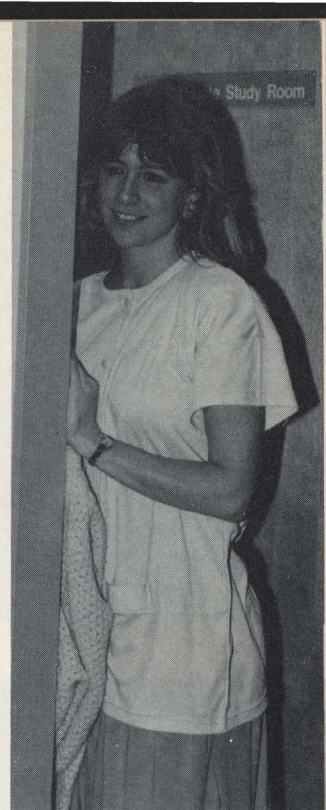
**Best Known For:** being Lydia's protege, super-supple synovial joints.  
**Most Embarrassing Moment:** It took Angela 4 years to find out what a fleet enema is - the hard way!

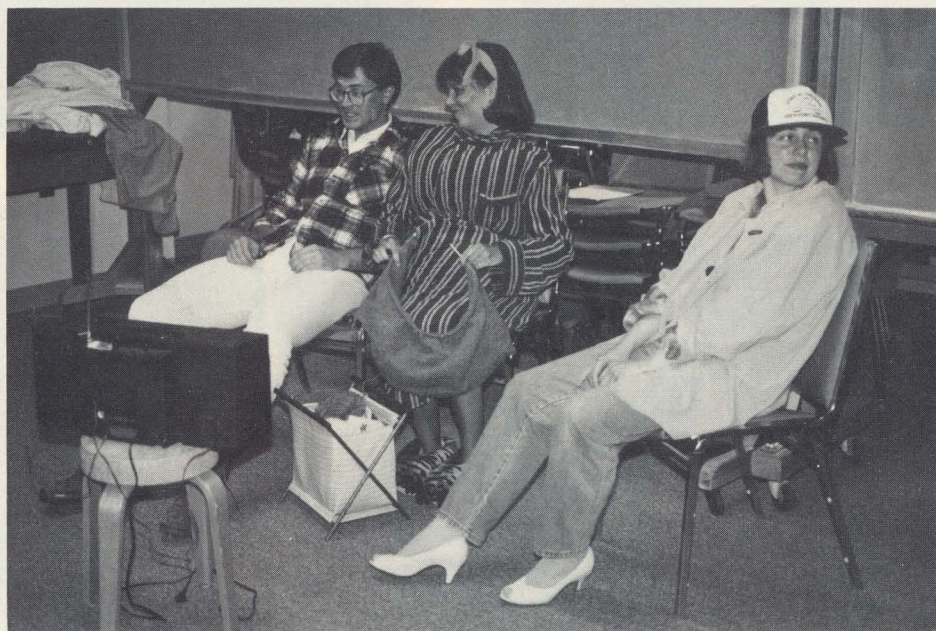


Maria Zerjav

**Best Known For:** Travel agents, smoking cigars, airborne "B52's", cooking chicken a variety of ways.  
**Most Embarrassing Moment:** modeling her black designer underwear at a class party.













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